

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Chef's Scrambled Eggs	Homemade Pancakes with Margarine & Maple Syrup	Omelet with American Cheese	Cinnamon French Toast with Margarine & Maple Syrup	Chef's Scrambled Eggs with Cheddar Cheese	West View Denver Omelet Scramble	Farm-Style Sausage Gravy over Buttermilk Biscuit
Hickory-Smoked Bacon	Pork Sausage Patty	White or Wheat Toast with Margarine & Smucker's Jelly	Pork Sausage Patty	Hickory Smoked Bacon White or Wheat Toast with Margarine & Smuckers Jelly	Golden-Fried Hashbrown Patty	Chef's Scrambled Eggs
Fresh-Baked Banana Bread	Assorted Cold Cereal	Fresh Fruit of the Day	Assorted Cold Cereal	Fresh Fruit of the Day	Fresh-Baked Blueberry Coffee Cake	Fresh Fruit of the Day
Assorted Cold Cereal		Assorted Cold Cereal		Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hot & Cheesy Lasagna Bake	Garlic & Herb Crusted Pork Loin	Mom's Country Fried Steak	Asian Inspired Sweet & Sour Glazed Chicken Breast	Chef's Rotisserie Baked Chicken	Pub-Style Battered Cod Loin	Hearty Ham & Bean Soup
Steamed Italian Blend Vegetables	Traditional Rice Pilaf	Homestyle Mashed Potatoes with Brown Gravy	Steamed White Rice	Farm Fresh Baked Potato with Butter & Sour Cream	Homemade Baked Macaroni and Cheese	Cornbread/Margarine
White or Wheat Bread with Margarine	Steamed Broccoli with Butter	Steamed Mixed Vegetables with Butter	Peas & Carrots with Butter	Seasoned Spinach	Creamy Cole Slaw	Cherry Gelatin with Pears
Fruit Salad	Mandarin Oranges	White or Wheat Bread with Margarine	White or Wheat Bread with Margarine	Homeade Caramel Brownie	Gelatin Poke Cake with Whipped Vanilla Topping	
		Homemade Pear Upside Down Cake	Pineapple Cup			
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
German Bratwurst & Sauerkraut on Bun	Homestyle Chicken Cordon Bleu Casserole	Chef's Reuben Casserole Delight	Delicatessen-Style Roast Beef Sandwich with Cheddar Cheese	Hearty Salisbury Steak with Brown Gravy	Chef's Cheese Pizza	Delicatessen-Style Turkey Sandwich
Poached Carrots with Butter	Steamed Green Peas with Butter	Steamed Brussel Sprouts with Butter	West View Loaded Vegetable Soup	Scalloped Potatoes	Tossed Garden Salad with Dressing	Grandma's Macaroni Salad
Cinnamon Applesauce	White or Wheat Bread with Margarine	Oven Toasted Bread with Garlic Butter	Hot Spiced Apples	Steamed Sweet Corn with Butter	Seasoned Green Beans	Classic Pickled Beets
	Liz's Autumn Fruit Crisp	Fresh-Baked Chocolate Cream Cake		White or Wheat Bread with Margarine	Fresh-Baked Cookies	Mixed Fruit
				Fresh-Baked Frosted Cake		

Breakfast Oatmeal Chef's Scrambled Eggs Hickory Smoked Bacon Fresh Baked Banana Bread Assorted Cold Cereal	Breakfast Oatmeal Homemade Pancakes with Margarine & Maple Syrup Pork Sausage Patty Assorted Cold Cereal	Breakfast Oatmeal Chef's Egg & Bacon Scramble White or Wheat Toast with Margarine & Smucker's Jelly Fresh Fruit of the Day Assorted Cold Cereal	Breakfast Oatmeal Cinnamon French Toast with Margarine & Maple Syrup Pork Sausage Patty Assorted Cold Cereal	Breakfast Oatmeal Chef's Egg, Ham & Cheese Sandwich Hickory Smoked Bacon White or Wheat Toast with Margarine & Smucker's Jelly Fresh Fruit of the Day Assorted Cold Cereal	Breakfast Oatmeal West View Denver Omelet Scramble Golden Fried Hashbrown Patty Fresh-Baked Blueberry Coffee Cake Assorted Cold Cereal	Breakfast Oatmeal Farm-Style Sausage Gravy over Buttermilk Biscuit Chef's Scrambled Eggs Fresh Fruit of the Day Assorted Cold Cereal
Lunch Italian Meat Sauce over Spaghetti Tossed Garden Salad with Dressing Seasoned Green Beans Toasted Bread with Garlic Butter Fruit Cup	Lunch Chef's Homemade Meatloaf Mashed Potatoes with Brown Gravy Steamed Mixed Vegetables White or Wheat Bread with Margarine Freshly Baked Blonde Brownie	Lunch Grandma's Chicken & Noodles Pennsylvania Vegetable Blend Homemade Peach Cobbler	Lunch Southern-Fried Chicken Potato Wedges Buttermilk Biscuit with Margarine & Smucker's Jelly Cranberry Fluff Dessert	Lunch Oven-Roasted Turkey with Turkey Gravy Herbed Bread Dressing Steamed Capri Blend Vegetable Homemade Pumpkin Spice Cake with Vanilla Icing	Lunch Baked Garlic Butter Pollock Garden Blend Rice Pilaf Creamy Coleslaw Liz's Homemade Lemon Bars	Lunch Italian Wedding Soup Toasted Cheese Sandwich on White or Wheat Bread Sweet & Sour Cucumber Salad Baked Frosted Cake
Dinner Delicatessen-Style Ham Salad Hearty Chicken Noodle Soup Assorted Fruit Sorbet	Dinner Dad's Fried Bologna Sandwich West View Loaded Vegetable Soup Hot Cinnamon Applesauce	Dinner Mom's Homestyle Beef Stew Homemade Cornbread with Margarine Fresh-Baked Cookies	Dinner Barbecued Pulled Pork on Bun Glazed Market Fresh Sweet Potatoes Steamed Prince Edward Vegetable Baked Frosted Cake	Dinner Nonna's Johnny Marzetti Italian Cut Green Beans Baked Bread Stick Cinnamon Applesauce	Dinner Oven-Baked Macaroni & Cheese Tossed Garden Salad with Dressing Country-Style Stewed Tomatoes Fresh-Baked Cookies	Dinner Breaded Chicken Tenders Gold & Crispy French Fries Steamed Peas & Carrots Peanut Butter Banana Oat Bar

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Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Chef's Scrambled Eggs	Homemade Pancakes with Margarine & Maple Syrup	Omelet with American Cheese	Cinnamon French Toast with Margarine & Syrup	Chef's Scrambled Eggs with Cheddar Cheese	West View Denver Omelet Scramble	Farm-Style Sausage Gravy over Buttermilk Biscuit
Hickory Smoked Bacon	Pork Sausage Patty	White or Wheat Toast with Margarine & Smucker's Jelly	Pork Sausage Patty	Hickory Smoked Bacon White or Wheat Toast with Margarine & Smuckers Jelly	Golden Fried Hashbrown Patty	Fresh Fruit of the Day
Fresh-Baked Banana Bread	Assorted Cold Cereal	Fresh Fruit of the Day	Assorted Cold Cereal	Fresh Fruit of the Day	Fresh Baked Blueberry Coffee Cake	Chef's Scrambled Eggs
Assorted Cold Cereal		Assorted Cold Cereal		Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lasagna Roll Up with Italian Marinara Sauce	Smothered Chicken Breast	German-Style Pork and Sauerkraut	Oven-Roasted Sliced Turkey	Oven Roasted Breaded Pork Chop with Brown Gravy	Pub-Style Fried Fish Sandwich with American Cheese on a Bun	West View's Hearty Beef Chili
Steamed Brussel Sprouts	Homestyle Mashed Potatoes with Chicken Gravy	Steamed Green Peas with Butter	Homestyle Mashed Potatoes with Gravy	Scalloped Potatoes	Creamy Cole Slaw	Southern-Style Cornbread with Margarine
Oven-Toasted Bread with Garlic Butter	Seasoned Spinach	Granny's Apple Crisp	Herbed Bread Dressing	Steamed Broccoli with Butter	Mixed Fruit	Raspberry Gelatin with Peaches
Fruit Salad	Homemade Cream Cheese Brownie		Cream-Style Corn	White or Wheat Bread with Margarine		
			Apricots	Fresh Baked Applesauce Cake with Glazed Icing		
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Hot Roast Beef Sandwich with Cheddar Cheese	The West View Burger with Lettuce, Tomato & Mayonaise	Delicatessen Style Egg Salad Sandwich	Italian Meatballs & Marinara Sauce Over Pasta	Oven Roasted Chicken Thighs	Chef's Cheese Pizza	Grilled Ham & Swiss Sandwich
Oven Roasted Potatoes	Gold & Crispy French Fries	Grandma's Macaroni Salad	Seasoned Green Beans	Traditional Rice Pilaf	Tossed Garden Salad with Dressing	Creamy Potato Soup
Fresh Baked Cookies	Spiced Pears	Classic Pickled Beets	White or Wheat Bread with Margarine	Poached Carrots with Butter	Rice Krispie Bar	Market Fresh Italian Tomato Salad
		Fresh Baked Frosted Cake	Caramel Cake with Whipped Vanilla Topping	Fresh Baked Chocolate Brownie		Delectable Chocolate Cream Cake

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Chef's Scrambled Eggs	Homemade Pancakes with Margarine & Maple Syrup	Chef's Egg & Bacon Scramble	Cinnamon French Toast with Margarine & Maple Syrup	Chef's Egg, Ham & Cheese Sandwich	West View Cheese Omelet	Farm-Style Sausage Gravy over Buttermilk Biscuit
Hickory Smoked Bacon	Pork Sausage Patty	White or Wheat Toast with Margarine & Smucker's Jelly	Pork Sausage Patty	Fresh Fruit of the Day	Golden-Fried Hashbrown Patty	Chef's Scrambled Eggs
Fresh-Baked Banana Bread	Assorted Cold Cereal	Fruit of the Day	Assorted Cold Cereal	Assorted Cold Cereal	Fresh-Baked Blueberry Coffee Cake	Fresh Fruit of the Day
Assorted Cold Cereal		Assorted Cold Cereal			Assorted Cold Cereal	Assorted Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Sunday Pot Roast with Brown Gravy	Nonna's Italian Meat Sauce over Spaghetti	Brown Sugar Glazed Ham Steak	Chef's Grilled Chicken Breast	Oven Roasted Sliced Turkey	Baked Pollock with Garlic Butter	Unstuffed Pepper Soup
Homestyle Mashed Potatoes	Tossed Garden Salad with Dressing	Hashbrown Potatoes	Buttered Noodles with Parmesan Cheese	Homestyle Mashed Potatoes with Turkey Gravy	Garden Blend Rice	Toasted Cheese Sandwich on White or Wheat Bread
Steamed Prince Edward Vegetables	Oven-Baked BreadStick	Steamed Green Peas & Carrots	Sauteed Zucchini & Onions	Steamed Mixed Vegetables with Butter	Steamed Broccoli with Butter	Fresh Baked Frosted Cake
Liz's Homemade Peach Crisp	Fresh-Baked Frosted Cake	Southern Style Cornbread with Margarine	White or Wheat Bread with Margarine	Homemade Pumpkin Blonde Brownie	Zesty Lemon Cream Cake	
		Fresh Baked Cookies	Mandarin Oranges			
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Smoked Barbecue Pulled Pork Sandwiches	Chef's Oven-Roasted Chicken Breast	Mom's Homestyle Beef & Vegetable Stew	Italian-Style Sausage Patty Sandwich with Peppers & Onions	West View Sloppy Joe Sandwich	Baked Macaroni & Cheese	Breaded Chicken Tenders
Crispy Fried Onion Rings	Glazed Market Fresh Sweet Potatoes	White or Wheat Bread with Margarine	French Fried Potato Wedges	Golden Fried Tater Tots	Tossed Garden Salad with Dressing	Gold & Crispy French Fries
Rice Pudding	Seasoned Green Beans	Fruit Salad	Lime Gelatin with Pears	Pineapple Upside Down Cake	Country-Style Stewed Tomatoes	Italian-Cut Green Beans with Butter
	White or Wheat Bread with Margarine	Fresh Baked Chocolate Brownie			Fresh Baked Cookies	Peanut Butter Banana Oat Bar
	Cranberry Fluff					