

— 5 - DAY —

CONSTRUCTION **MANAGEMENT**

C H A L L E N G E



INTRODUCTION

Welcome! Congratulations on accepting the the 5-Day Construction Management Challenge!

In this 5 day challenge, we will be working on cultivating the mindset of a construction manager, the roadmap to climbing the construction management ladder, and the skills needed to secure a management position you're proud of.

My name is Cory Fisk and I will be training and guiding you throughout this challenge.

I help hands-on site workers to transition into a construction management role so they can pursue a role that is less physically challenging, generate more income, and gain better job stability.

I've personally been in the construction arena for over 30 years, so you are in good hands. :)

This workbook will help guide you during the challenge and give you actionable homework.

Be sure to submit the homework in the group to qualify for prizes (plus to actually take action and get results).

Please print this workbook. If you would like to edit it digitally, click "file - make a copy".

Keep in touch with your accountability partner throughout the challenge. They are here to help you!

**Always in your corner,
Cory**



CHALLENGE SCHEDULE

- 📍 **DAY 1:**
Construction Management As A Career And Key Roles Of A Manager
- 📍 **DAY 2:**
Eight Pillars Of The Knowledge Transition Bridge
- 📍 **DAY 3:**
Life Mastery In Alignment With Project Mastery
- 📍 **DAY 4:**
Developing A Construction Mindset
- 📍 **DAY 5:**
Practical Application Of Construction Management Concepts

We will meet each day for about an hour and will have all replays available in our FB group.

All the content will be removed one week after the challenge is completed, so don't get behind!

This free challenge is intended to be more valuable than the last course you purchased.

DAY 1: Construction Management As A Career And Key Roles Of A Manager

Facts You Need to Know As of 2022: WHY you are where you are right now?

1. There are over 234,665 construction managers currently employed in the United States.
2. The average age of an employed construction manager is 46 years old.
3. Construction managers are 50% more likely to work at private companies in comparison to public companies.
4. 8.0% of all construction managers are women, while 92.0% are men.
5. In 2021, women earned 91% of what men earned.

WHY is this important to you?

1. You're going to open more _____ out of physical work
2. You'll be able to put to practice your current _____ knowledge
3. You have a higher earning _____
4. You'll feel a sense of personal gratification that your work will live on for years
5. You'll build long-lasting, _____ and _____ relationships

1. Perhaps you weren't aware of your learning style in high school, so you felt stupid like you weren't able to go to and/or complete college and it wouldn't take much mental capacity to run a jackhammer.
2. You weren't sure what you wanted to do after high school, so the easiest one to get was a laborer.
3. Somewhere down the line you may have taken a wrong turn, leaving you with a tarnished background, and driving you into the construction industry.

WHY the Transition-Bridge will be important for you to see yourself in management opportunities?

1. Give yourself kudos for your industry knowledge - a true graduate from the college of hard knocks.
2. Let's get a deeper understanding of the mindset language. (Scientific VS. Woo-Woo)

- Core Conflict
- Thoughts and Actions
- Choices and Decisions
- Intentional and Reactionary Emotion
- Protecting or Defending Behavior
- Clarity
- Awareness
- Self-Assessment
- Triggers
- Identification Patterns

Homework

Complete the following homework and share it in the FB Group.

A. Identify 3-5 things you think you're really good at. Write your answers below:

EXAMPLE: I'm a really good problem solver.

1. _____
2. _____
3. _____
4. _____
5. _____

B. Talk to 3-5 people and ask them what they think you're really good at. Write your answers below:

1. _____
2. _____
3. _____
4. _____
5. _____

Notes

DAY 2: Eight Pillars Of The Knowledge Transition Bridge

Understanding the 8 Foundation Skills to Transition from site to office:

1. _____

» The most important foundational skill you can have. It empowers you to make choices and decisions and helps you to understand how your impacting internal and outside factors.
» With your newfound awareness, you have the ability to change situations around you. (See / Swap / Stop).

2. _____

» In order to be a great student, by becoming a teacher, you are forced to figure out how to break things down, better understand the subject, and master your skill.
» You are always two steps behind and ahead of those around you.

3. _____

» Just like teaching, we lead by example, providing support and encouragement, and focusing on discovery and exploration.

4. _____

» The gathering of information and sectioning of it to be able to use for resolution later.

5. _____

» You are already a manager of your life. It's the individual manipulation of time and resources to complete tasks and accomplish an end goal.

6. _____

» Using measured time to predict the length of time it will take to complete a task, and assigning that task with aligning resources.

7. _____

» Almost nothing happens without money. This identifies sustainability (aka - Return on Investment)

8. _____

» Begins with listening (not just about talking). It's intentional, clear, concise sharing of ideas. Designed for openness and inclusion by all those participating.

DAY 2: Eight Pillars Of The Knowledge Transition Bridge

Complete the following homework and share it in the FB Group.

Rate yourself from 1 - 10 (1 = Not Confident In This Skill to 10 - Very Confident In This Skill).

1. Awareness / Assessment _____
2. Student / Teacher _____
3. Leadership _____
4. Organization _____
5. Management _____
6. Scheduling _____
7. Budget _____
8. Communication _____

Additional questions to consider:

1. What skills above do you need to improve on for Construction Management?

2. How do you intend on gaining these skills?

Homework

Complete the following homework and share it in the FB Group.

A. Describe the concept of the "Knowledge Transition Bridge" and its importance in construction management. Write your answer below:

B. Considering your experiences and skills, how do you envision building your own 'Knowledge Transition Bridge' in construction management? What specific skills or experiences do you see as foundational in this journey? Write your answer below.

Notes



Life Mastery In Alignment With Project Mastery

Understanding the Link Between Life and Project Management:

How do your personal life management skills impact the success of your projects?

Can you define the three skill set categories: Inherent, Learned, and Earned, and explain their importance in project management?

How have your life experiences, especially in childhood, influenced and shaped these skill sets?

Have you ever assessed your skill sets and their origins? What insights did you gain?

Why is continuous learning essential for your personal and professional growth in project management?

Homework

Complete the following homework and share it in the FB Group.

A. How do you envision finding a mentor could positively influence your path towards mastery in life, projects, or career development? Write your answer below:

B. What steps are you considering to seek out a mentor who can provide valuable guidance and support in your journey towards personal and professional growth? Write your answer below.

Notes



Developing A Construction Mindset

Define the terms below in your own words:

Primal Energy: _____

Powerful Energy: _____

Explain how having both masculine and feminine energies can be a benefit in the construction site:

Homework

Complete the following homework and share it in the FB Group.

A. How do you perceive the integration of more feminine energy could positively impact the dynamics and culture within the construction industry? Write your answer below:

B. In what ways do you think the introduction of feminine energy could contribute to fostering innovation, collaboration, and overall progress in the construction sector? Write your answer below.

Notes



Practical Application Of Construction Management Concepts

Where we will use everything that we've talked about and apply them to different Construction Management concepts that are used in the construction industry.

What is the Holy Trinity:

Explain the role of the Construction Trinity (contracts, specifications, drawings) in defining a project's scope and deliverables.

Homework

Complete the following homework and share it in the FB Group.

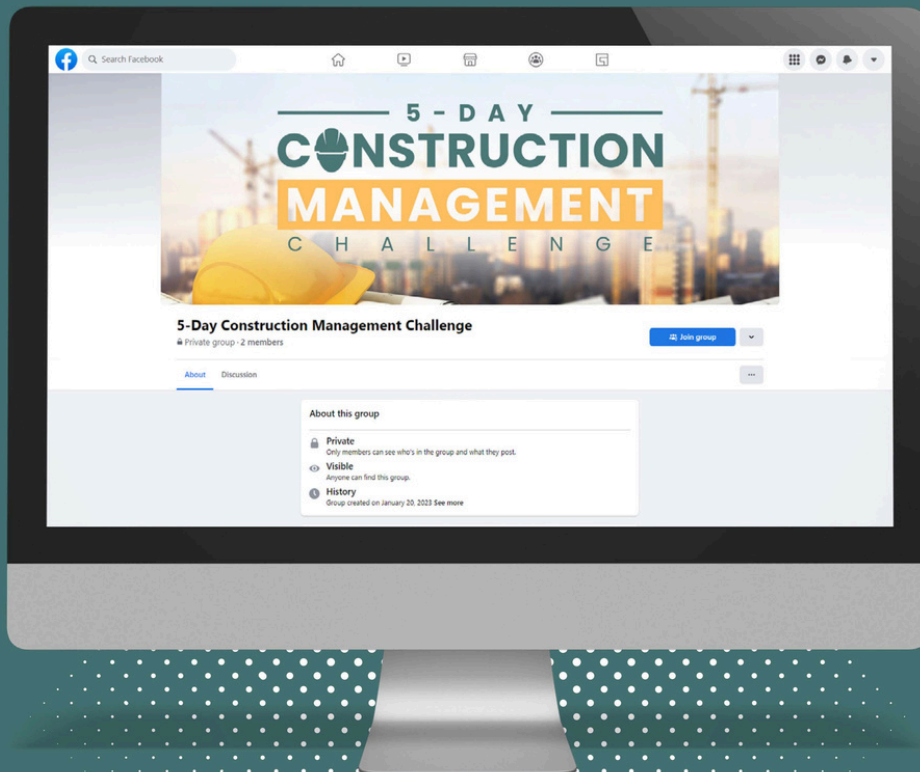
A. How do you think understanding the financial and economic value of prioritizing safety could influence individuals' perceptions and behaviors towards safety on construction sites? Write your answer below:

B. Can you identify any potential challenges or barriers that may arise in prioritizing safety as the number one concern on construction sites, particularly among those who may not fully grasp its financial and economic significance? Write your answer below.

Notes

LET'S CONNECT

Reach out to us with any questions or posts in the group!



VISIT THE GROUP