

# THE SOCIAL SUCCESS PLAN

**CLIENT:**

**DATE:**

## PURPOSE

The Social Success Plan is designed for parents who want to help their child develop social and play skills. This plan provides structured strategies for encouraging positive social interactions, fostering teamwork, and improving communication with peers and family members. Parents will learn how to support their child in building meaningful relationships while developing confidence in social settings.

## SPECIFIC NEEDS FOR THIS FAMILY:

(Use the space below to document the unique characteristics or challenges of the family you are working with.)



## FAMILY PROFILE

Typical Characteristics of Families Who Need This Plan:

- ☐ Child has difficulty engaging in social interactions or playing with peers.
- ☐ Parents want to encourage more cooperative play and teamwork.
- ☐ Child struggles with turn-taking, sharing, or initiating social interactions.
- ☐ Need strategies to help their child build social confidence in different settings.
- ☐ Want to strengthen sibling relationships and reduce conflict at home.

# GOAL SETTING

## RECOMMENDED AND EXAMPLE GOALS

### Select or Customize Goals

Choose from the recommended goals below or write your own to align with the family's specific needs.

#### Encouraging Social Interaction

- ☐ Parent will model and prompt their child to initiate social interactions at least once per play session.
- ☐ Parent will support their child in responding to peers or family members during social exchanges in 80% of opportunities.

#### Building Play and Turn-Taking Skills

- ☐ Parent will encourage their child to participate in at least one structured or unstructured play activity per day.
- ☐ Parent will model and reinforce turn-taking during shared play activities at least 3 times per day.

#### Strengthening Sibling and Family Relationships

- ☐ Parent will facilitate one structured sibling or family activity per week that promotes positive social interactions.
- ☐ Parent will use reinforcement and modeling to support cooperative interactions between siblings during shared activities.

#### Generalizing Social Skills

- ☐ Parent will help their child practice a learned social skill (e.g., greeting, sharing, conversation) in at least two different settings.
- ☐ Parent will track their child's progress with a specific social skill over two weeks and adjust strategies as needed.

**Customized Goals for This Family:** (Write additional or revised goals specific to the family.)

# RECOMMENDED LESSONS

Below is the recommended sequence of lessons for a family who fits this profile. As they gain skills and confidence, you can add new lessons or move to a different plan.

## **1. Teaching Social Skills**

This lesson provides parents with structured strategies for teaching and reinforcing social behaviors such as greetings, turn-taking, and reciprocal play. Parents will learn how to create natural social opportunities and use reinforcement to strengthen their child's interactions with peers and family members.

## **2. Building a Collaborative Relationship with Your Child**

A strong parent-child relationship serves as the foundation for developing positive social skills. This lesson teaches parents how to engage in interactive play, foster trust, and encourage communication, making social learning feel natural and enjoyable.

## **3. Navigating Sibling Relationships**

Sibling interactions provide valuable social learning opportunities but can also present challenges. This lesson helps parents facilitate positive sibling interactions, reduce conflict, and encourage cooperative play, promoting a supportive and connected family environment.

## **4. Play and Leisure Skills**

Play is essential for social and emotional development. This lesson teaches parents how to introduce, model, and reinforce play skills, helping their child engage in independent and interactive play in structured and unstructured settings.

## **5. Reinforcement**

Reinforcement is key to encouraging and maintaining positive social interactions. This lesson helps parents identify effective reinforcers for social behaviors and teaches how to use them to increase participation and engagement in social settings.

## **6. Responding to the Communication of Others (Intraverbals)**

Conversational skills are crucial for social success. This lesson teaches parents how to support their child in responding to others during conversations, increasing their ability to engage meaningfully in social exchanges with peers and adults.

# RECOMMENDED LESSONS

## 7. Emotional Regulation and Coping Strategies

Social interactions can be overwhelming, especially for children who struggle with communication or sensory challenges. This lesson helps parents teach their child emotional regulation strategies, ensuring they can navigate social interactions without becoming overwhelmed or frustrated.

**Additional Lessons to Include (if applicable):** (Add or adjust lessons to match family needs.)

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# Engagement Tips

## **Make Social Interactions Fun and Pressure-Free**

Parents may feel pressure to force social interactions, but children learn best when socialization happens naturally and playfully. Encourage parents to create low-pressure opportunities for their child to engage with siblings and peers through preferred activities and shared interests.

## **Use Play as a Teaching Tool**

Play is a natural way to develop social skills. Teach parents how to embed learning into play, such as modeling turn-taking, practicing conversation during pretend play, or encouraging cooperation during interactive games.

## **Reinforce Small Steps Toward Social Success**

Some children may be hesitant to engage socially. Encourage parents to reinforce all attempts at interaction, whether it's making eye contact, sharing a toy, or greeting a peer. Even small steps deserve recognition and encouragement.

## **Model Social Skills in Everyday Interactions**

Parents play a key role in shaping social behaviors. Encourage them to model appropriate social skills—such as saying "please" and "thank you," engaging in friendly conversation, and demonstrating patience—so their child sees these behaviors in action.

## **Support Socialization in Different Settings**

Social skills should extend beyond the home. Guide parents to practice social interactions in a variety of environments (e.g., playdates, community outings, family gatherings) to help their child generalize social behaviors across different settings.

**Family-Specific Engagement Notes:** (Write strategies for engaging this family, considering their strengths and concerns.)



# COMMON OBJECTIONS AND SOLUTIONS

**Step 1: Identify Objections** (Check or write in objections that apply to the family.)

<input type="checkbox"/>	"I'm not sure how to teach this."	<input type="checkbox"/>	_____
<input type="checkbox"/>	"They should teach this in school."	<input type="checkbox"/>	_____
<input type="checkbox"/>	"I'm afraid I'll make things worse."	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

## Step 2: Write Solutions (Document strategies to address the identified objections.)

[illegible]

# PROGRESS TRACKER

**Parent Goals:** (Outline specific goals for parents based on the lessons and their needs.)

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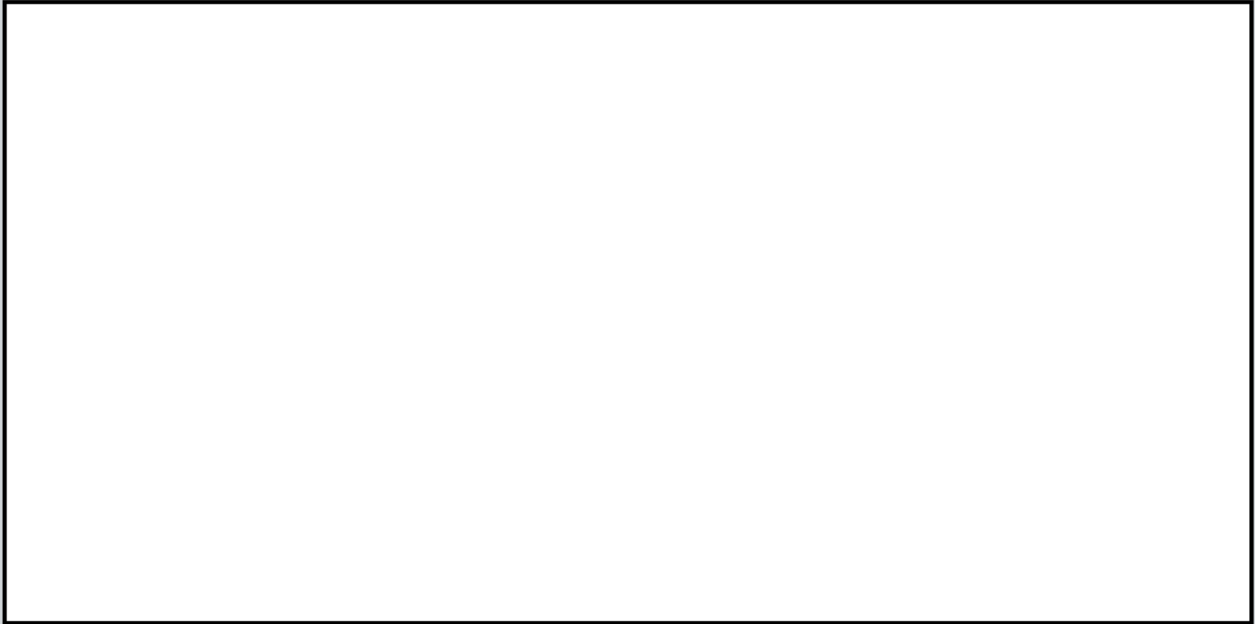
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**Weekly Progress Notes:**(Record observations and data to track parent engagement and skill implementation.)

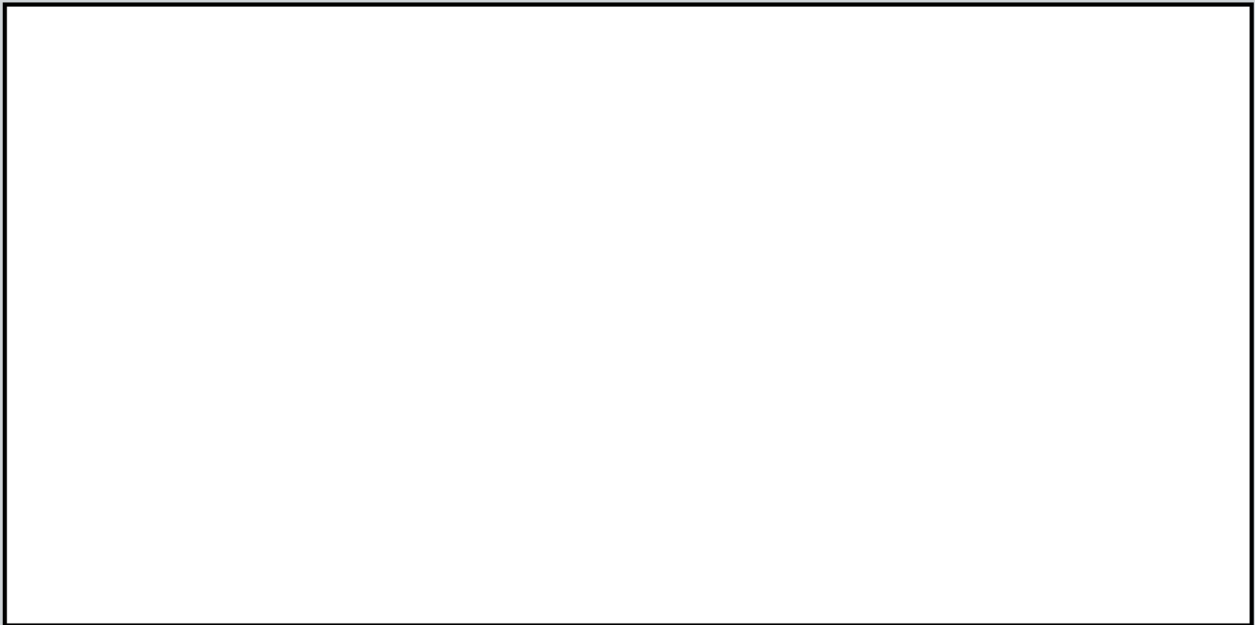
Week	Parent Goal	Progress	Notes
Week 1			
Week 2			
Week 3			

# Reflection Log

What went well this week?

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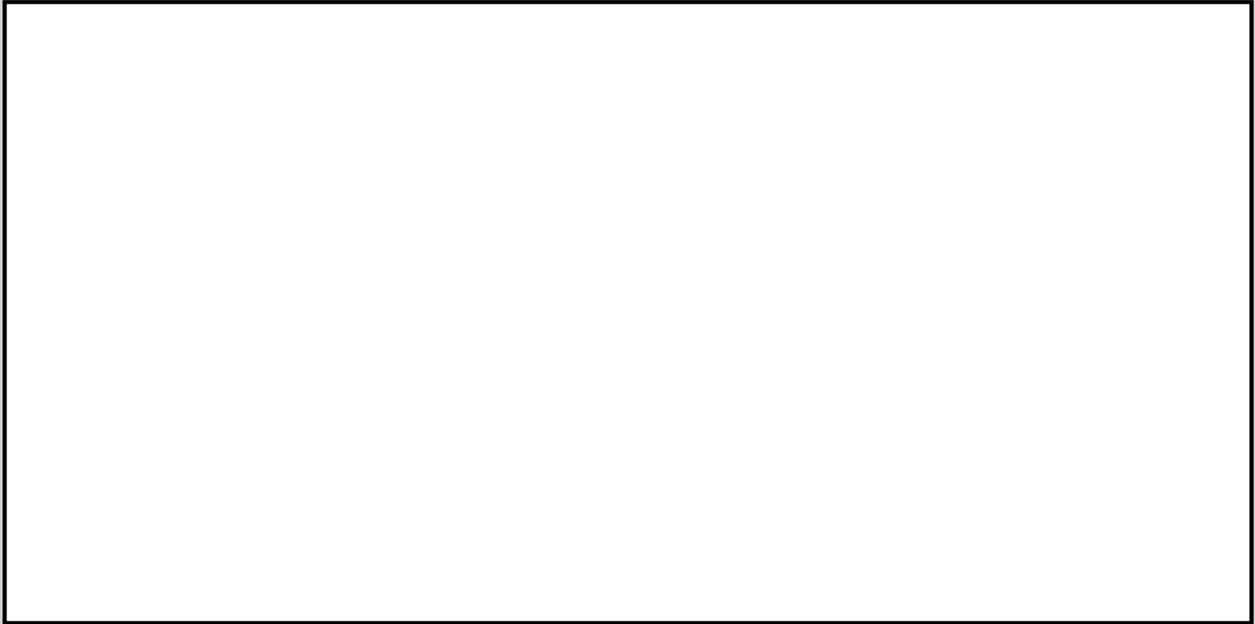
What challenges did you face?

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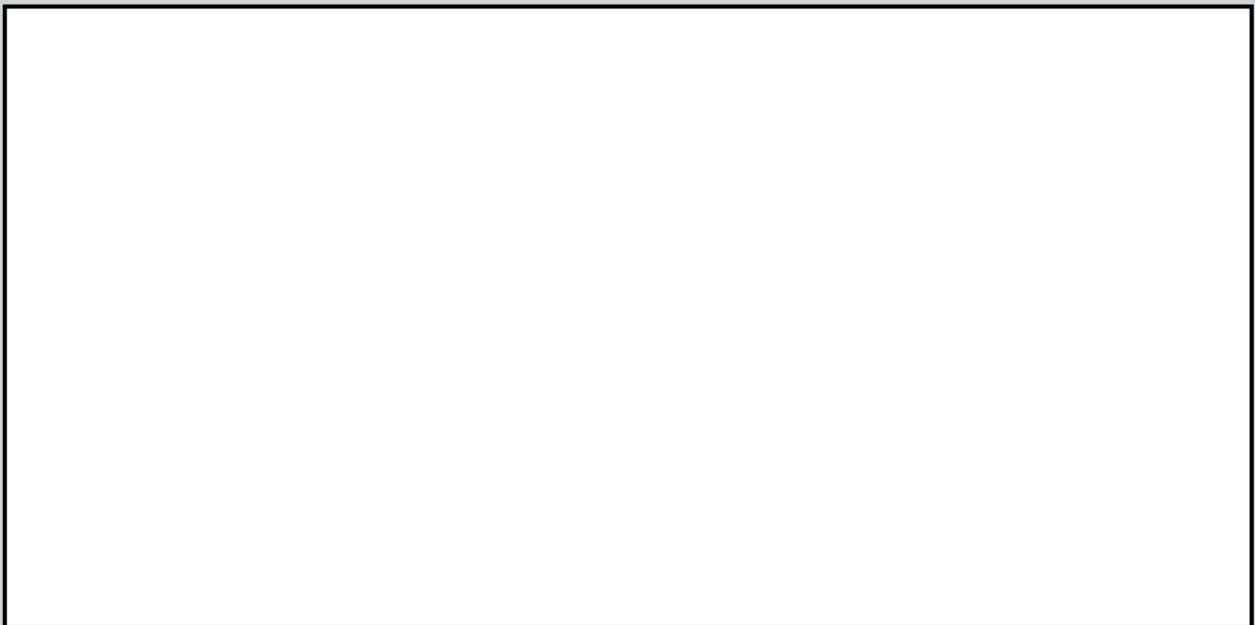


# Reflection Log

What adjustments need to be made?

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Additional Notes

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