8 Examples of
Task Analysis

for children with autism

Brush teeth

Eat

Bedtime routine

Set the table

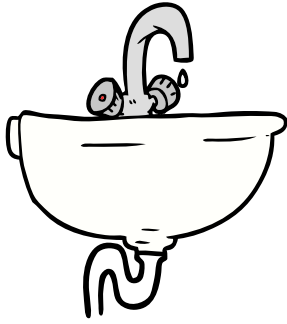Wash hands

Put on pants
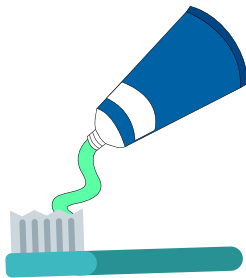
Tie shoes

Put on coat
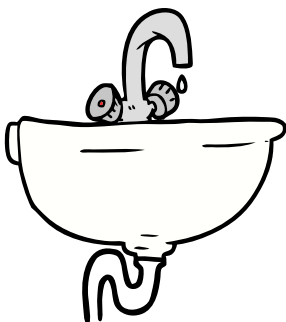
	Turn on water
	Get toothbrush
	Add toothpaste
	Brush teeth
	Turn off water

Name: Date				
Turn on water				
Get toothbrush				
Add toothpaste				
Brush teeth				
Turn off water				

Indicate the level of prompting needed for each step. Use the following abbreviations:
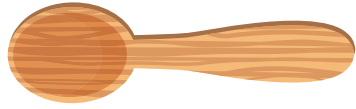
Full Physical (FP)
Partial Physical (PP)
Verbal (V)
Gestural (G)
Independent (I)

Pick up spoon

Scoop food

Put in mouth

Chew food

Name: Date				
Pick up spoon				
Scoop food				
Put in mouth				
Chew food				

Indicate the level of prompting needed for each step. Use the following abbreviations:
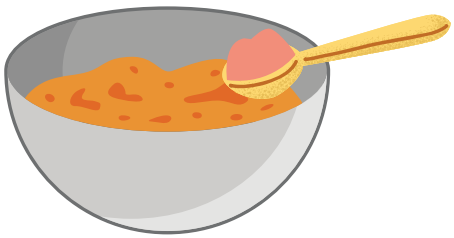
Full Physical (FP)
Partial Physical (PP)
Verbal (V)
Gestural (G)
Independent (I)
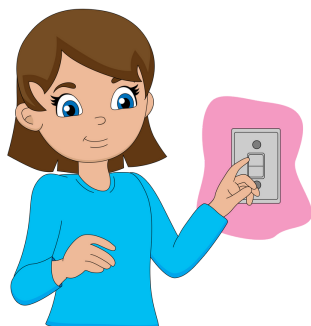
Put on pajamas

Go potty

Brush teeth

Read story

Kiss goodnight

Lights off

Name: Date				
Put on pajamas				
Go potty				
Brush teeth				
Read story				
Kiss goodnight				
Lights off				

Indicate the level of prompting needed for each step. Use the following abbreviations:
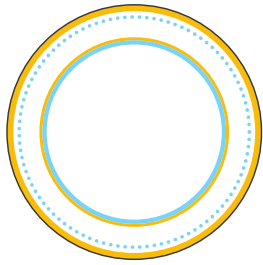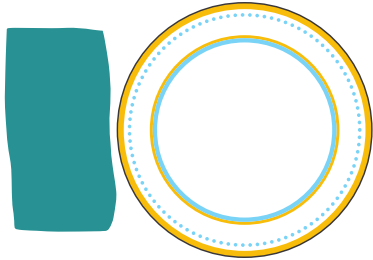
Full Physical (FP)
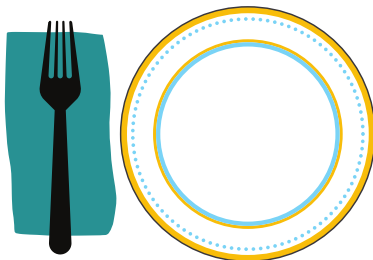Partial Physical (PP)
Verbal (V)
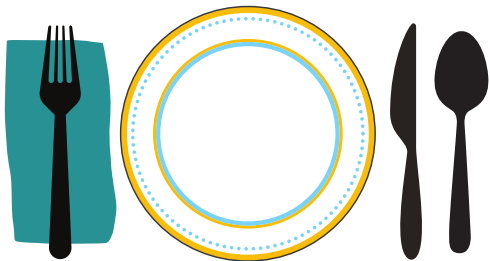Gestural (G)
Independent (I)

Put plate on table

Put napkin to the left of plate

Put fork on napkin

Put knife and spoon to the right of plate

Put cup by plate

Name: Date				
Put plate on table				
Put napkin to the left of plate				
Put fork on napkin				
Put knife and sppon to the right of plate				
Put cup by plate				

Indicate the level of prompting needed for each step. Use the following abbreviations:

Full Physical (FP)
Partial Physical (PP)
Verbal (V)
Gestural (G)
Independent (I)

- ☐ Turn on water
- ☐ Wet hands
- ☐ Squirt soap on hands
- ☐ Rub hands together
- ☐ Rub back of hands
- ☐ Rinse hands
- ☐ Turn off water
- ☐ Dry hands on towel

Name: Date				
Turn on water				
Wet hands				
Squirt soap on hands				
Rub hands together				
Rub back of hands				
Rinse hands				
Turn off water				
Dry hands on towel				

Indicate the level of prompting needed for each step. Use the following abbreviations:

Full Physical (FP)
Partial Physical (PP)
Verbal (V)
Gestural (G)
Independent (I)
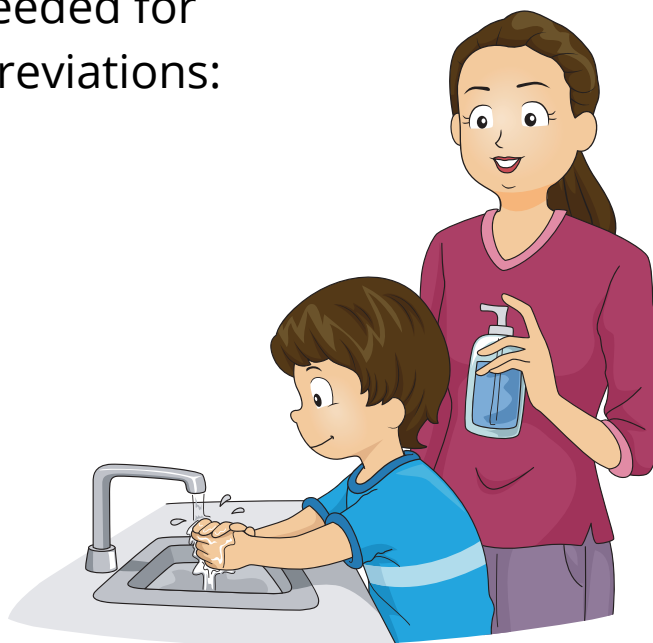
- [ ] Sit on floor
- [ ] Lay out pants
- [ ] Slide in one foot
- [ ] Pull pant leg up until foot comes out
- [ ] Slide in second foot
- [ ] Pull pant leg up until foot comes out
- [ ] Stand up
- [ ] Pull pants up
- [ ] Button pants
- [ ] Zip pants

Name: Date				
Sit on floor				
Lay out pants				
Slide in one foot				
Pull pant leg up until foot comes out				
Slide in second foot				
Pull pant leg up until foot comes out				
Stand up				
Pull pants up				
Button pants				
Zip pants				

Indicate the level of prompting needed for each step. Use the following abbreviations:

Full Physical (FP)
Partial Physical (PP)
Verbal (V)
Gestural (G)
Independent (I)
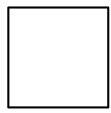
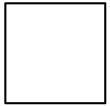- [ ] Pick up coat with inside facing you
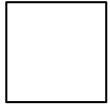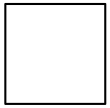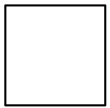
- [ ] Place right arm in right sleeve

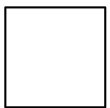- [ ] Push arm through sleeve until you can see your hand
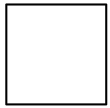
- [ ] Reach behind with left arm

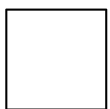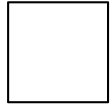- [ ] Place left arm in left sleeve

- [ ] Push arm through sleeve until you can see your hand

- [ ] Pull coat together in front

- [ ] Zip coat

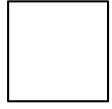| Name: Date				
Pick up coat with inside facing you				
Place right arm in right sleeve				
Push arm through sleeve until you can see your hand				
Reach behind with left arm				
Place left arm in left sleeve				
Push arm through sleeve until you can see your hand				
Pull coat together in front				
Zip coat				

Indicate the level of prompting needed for each step. Use the following abbreviations:

Full Physical (FP)
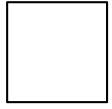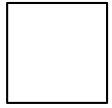Partial Physical (PP)
Verbal (V)
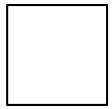Gestural (G)
Independent (I)

- [ ] Hold one lace in each hand
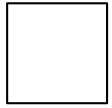- [ ] Cross laces to make an x with left lace over right
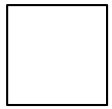- [ ] Pull right lace under left and pull through hole
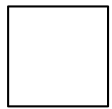- [ ] Pull laces tight to make know
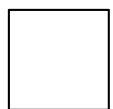- [ ] Make a loop with right lace using thumb and index finger to hold together
- [ ] Make a loop with left lace using thumb and index finger to hold together
- [ ] Cross the loops with right loop on top of left leaving a hole above the knot
- [ ] Wrap right loop around left loop and pull through hole
- [ ] Pull loops until they are tight

Name: Date				
Hold one lace in each hand				
Cross laces to make an x with left lace over right				
Pull right lace under left and pull through hole				
Pull laces tight to make know				
Make a loop with right lace using thumb and index finger to hold together				
Make a loop with left lace using thumb and index finger to hold together				
Cross the loops with right loop on top of left leaving a hole above the knot				
Wrap right loop around left loop and pull through hole				
Pull loops until they are tight				

Indicate the level of prompting needed for each step. Use the following abbreviations:

Full Physical (FP)
Partial Physical (PP)
Verbal (V)
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