1 MONTH ALL-INCLUSIVE MUAY THAI FIGHT CAMP

Koh Phangan, Thailand

SOR SAKTAI
ส. ศักดิ์ใต้

TRAINING AND RECOVERY

group training 2x per day + unlimited acces to gym 24/7	15 000

included in price:

- *fight preparation in fighter-only gym*
- *structured fight camp with personalized approach*
- *weekly S&C sessions*
- *sparring day 2x week*
- *ice bath 3x week*
- *specialist boxing & clinching program available*
- *fight organization, professional corner team*
- *weight cut support*

ACCOMODATION

		low season 01.09 – 15.12 15.04 – 01.07	high season 15.12 – 15.04 01.07 – 31.08
ON-SITE	private bamboo hut with fan and shared bathroom	5 000	6 000
	bed in a shared fighter room with AC and shared bathroom	5 000	6 000
THONGSALA FIGHTER RESIDENCE	single room with AC and shared bathroom	13 000	15 000
	bamboo hut with AC and private bathroom	13 000	15 000
	electricity is charged additionally at 7 thb/kwh		
CHAI SEAVIEW RESIDENCE (best seaview on the island!)	single room with AC	19 000	21 000
	bed in double room with AC	12 000	14 000
	electricity is charged additionally at 7 thb/kwh		

FOOD

buffet-style thai healthy food 2x/day (served 10:00 and 18:00)	10 000
buffet-style thai healthy food 1x/day (10:00 or and 18:00)	5 000
buffet-style thai healthy food 1 food intake	200

TRANSPORT

honda 125cc or similair with helmet	4 000
bicycle rental with helmet	2 000

for shorter stays, weekly & daily rates apply

Build your Fight Camp your way. Only Training & Recovery is required. Accommodation, food and transport are optional.

**Limited spots - due to high demand, please try to book in advance*

***For different duration of fight camp please inquire individual price. For shorter stays, weekly & daily rates apply*