



MIZZOU

TRACK & FIELD

2016-17 UNIVERSITY OF MISSOURI
TRACK & FIELD MEET NOTES

- 📍 SEC Outdoor Championships
- 🏟️ Cregger Track
- 🕒 Thursday, May 11 - Saturday, May 13
- 📊 pttiming.com
- 📺 SEC Network
- 🐦📷 TWITTER / INSTAGRAM:
@MizzouTrackField

2017 INDOOR SCHEDULE

DATE	MEET	LOCATION
J 7	Border Battle	Iowa City, Iowa
J 13-14	Commodore Invitational	Nashville, Tenn.
J 20	Missouri Invitational	Columbia, Mo.
J 27-28	Razorback Invitational	Fayetteville, Ark.
F 10	Iowa State Classic	Ames, Iowa
F 10-11	Tyson Invitational	Fayetteville, Ark.
F 17	Missouri Collegiate Challenge	Columbia, Mo.
F 24-25	SEC Indoor Championships	Nashville, Tenn.
M 11-12	NCAA Indoor Championships	College Station, Texas

2017 OUTDOOR SCHEDULE

M 30-A 1	Stanford Invitational	Palo Alto, Calif.
M 30-A 2	Texas Relays	Austin, Texas
A 7-8	Crimson Tide Invitational	Tuscaloosa, Ala.
A 14-15	Tom Botts Invitational	Columbia, Mo.
A 21-22	John McDonnell Invitational	Fayetteville, Ark.
A 27-29	Drake Relays	Des Moines, Iowa
M 11-12	SEC Outdoor Championships	Columbia, S.C.
M 25-27	NCAA Regional Championships	Austin, Texas
J 7-10	NCAA Outdoor Championships	Eugene, Ore.

Bold denotes home

MIZZOU SET FOR SEC OUTDOOR TRACK & FIELD CHAMPIONSHIPS

- Mizzou Track & Field begins postseason competition with the Southeastern Conference Outdoor Track & Field Championships, which will be held May 11-13 at Cregger Track in Columbia, S.C. Action from the campus of South Carolina begins on Thursday with the multi-events and five finals (men's and women's 10,000m run, men's and women's hammer throw and men's javelin). Competition resumes Friday with a majority of the track prelims as well as six finals in the field events as well as the final for the men's and women's 3000m steeplechase. The conference meet will conclude on Saturday with all remaining events finishing up. The SEC Network will provide a stream of the meet for portions of Friday and Saturday through ESPN3.com and the WatchESPN app.
- Mizzou is coming off one of its more successful trips to the Drake Relays in recent history as three Tigers - redshirt senior **Drew White** (10,000m run), senior **Reinhard Van Zyl** (javelin) and senior **LaQuisha Jackson** (100m dash) - were crowned champions and took home the coveted white flags. The three champions were the most for Mizzou since 2003. Mizzou had three champions in 2006, but one was from Mizzou alum Christian Cantwell, who was competing as a professional.
- Returning to her homestate of Iowa, junior **Karissa Schweizer** was elevated to the professional "Rio Rematch" heat of the 1500m run at the Drake Relays. In the heat, Schweizer competed alongside 11 professionals and six Olympians, including 2016 bronze medalist in the 1500m, Jenny Simpson. Schweizer held her own in the race, finishing eighth with a time of 4:18.16.
- The SEC meet will serve as the last chance to post top-48 qualifying marks for the first round of the NCAA Championships, which will be held May 25-27 in Austin, Texas. Mizzou currently has had 24 individuals (11 men, 13 women) and two relay teams post qualifying marks in 30 events. Among the 30 top-48 marks, five rank in the top-10, including three marks which rank third in the region. Tigers with top-10 marks include Schweizer in the 5000m run (third - 15:39.75), redshirt sophomore **Jamie Kempfer** in the 10,000m run (third - 33:09.67), Van Zyl in the javelin (third - 73.13m/239-11), redshirt sophomore **Gabi Jacobs** in the discus (fifth - 56.35m/184-10) and freshman **Ja'Mari Ward** in the long jump (sixth - 7.88m/25-10). Last season, Mizzou had a program record 32 athletes (13 men, 19 women) qualify for 42 entries for the first round of the NCAA Championships.

MIZZOU ENTRIES

MEN - Track Events

EVENT	NAME (PR)
100m DASH	Jonathan Holder (10.64)
200m DASH	Jonathan Holder (21.69)
	Niager Mathis (21.20)
	Kahmari Montgomery (20.86)
400m DASH	Jerrad Mason (47.70)
	Niager Mathis (48.48)
	Kahmari Montgomery (45.13)
800m RUN	Ben Goodman (1:52.01)
	Mark Sheridan (1:52.18)
	Cain Winebrenner (1:49.95)
1500m RUN	Zach Cook (3:56.14)
	Marc Dubrick (3:51.78)
	Ben Goodman
	Luca Russo (3:46.47)
	Mark Sheridan (3:56.90)
5000m RUN	Jordan Cook (14:17.17)
	Zach Cook (14:58.84)
	Marc Dubrick (14:24.05)
	Sheldon Keence
	Ollie Lockley (14:14.78)
	Luca Russo
	Drew White (14:16.81)
10,000m RUN	Ollie Lockley (29:24.18)
400m HURDLES	Jerrad Mason (51.24)
3K STEEPLECHASE	Sheldon Keence (8:55.29)
4x400m RELAY	Mason, Mathis, Montgomery, Holder (3:30.30)

MEN - Field Events

EVENT	NAME (PR)
LONG JUMP	Ja'Mari Ward (7.88m/25-10)
TRIPLE JUMP	Ja'Mari Ward (15.44m/50-8)
SHOT PUT	Will Fife (17.31m/56-3.25)
DISCUS	Tanner Buschmann (50.99m/167-3.5)
	Will Fife (50.23m/164-9)
HAMMER THROW	Ahren Bohanan (60.89m/199-9.25)
	Patrick Kunza (60.37m/198-0.75)
JAVELIN	Alex Pascal (73.52m/241-2)
	Reinhard Van Zyl (75.91m/249-0)

MEN - Decathlon

EVENT	NAME (PR)
100m DASH	Rauno Liitmaa
400m DASH	Rauno Liitmaa
1500m RUN	Rauno Liitmaa
110m HURDLES	Rauno Liitmaa
POLE VAULT	Rauno Liitmaa
HIGH JUMP	Rauno Liitmaa
LONG JUMP	Rauno Liitmaa
SHOT PUT	Rauno Liitmaa
DISCUS	Rauno Liitmaa
JAVELIN	Rauno Liitmaa

WOMEN - Track Events

EVENT	NAME (PR)
100m DASH	Maya Cody (11.72/11.56*)
	Tsai-Anne Joseph (12.18/11.79*)
200m DASH	Maya Cody (23.99/23.68*)
	LaQuisha Jackson (23.10)
400m DASH	LaQuisha Jackson (53.50)
	Sydney Wells (56.12)
800m RUN	Valeska Halamiczek (2:07.57)
1500m RUN	Valeska Halamiczek (4:26.59)
	Karissa Schweizer (4:15.77)
5000m RUN	Taylor Adelsberger (16:36.08)
	Ellyn Atkinson (17:19.58)
	Megan Cunningham (16:45.48)
	Kaitlyn Fischer (16:33.50)
	Jordyn Kleve (17:15.20)
	Nicole Mello (16:22.17)
	Karissa Schweizer (15:39.75)
	Hannah Thomas
10,000m RUN	Ellyn Atkinson (35:21.46)
	Kaitlyn Fischer (33:12.37)
	Jamie Kempfer (33:09.67)
100m HURDLES	Valerie Thames (13.18)
400m HURDLES	Valerie Thames (57.16)
3K STEEPLECHASE	Taylor Adelsberger (10:12.39)
4x100m RELAY	Jackson, Cody, Joseph, Thames, Farquharson (45.00)
4x400m RELAY	Jackson, Cody, Wells, Thames, Farquharson (3:40.48)

WOMEN - Field Events

EVENT	NAME (PR)
HIGH JUMP	Karissa Roman (1.75m/5-8.75)
LONG JUMP	Lynnsey Brim (6.02m/19-9)
TRIPLE JUMP	Mollie Gribbin (12.46m/40-10.5)
	Shammai Ilis (12.31m/40-4.75)
SHOT PUT	Gabi Jacobs (15.03m/49-3.75)
	Emily Stauffer (15.17m/49-9.25)
DISCUS	Gabi Jacobs (56.35m/184-10)
HAMMER THROW	Rebecca Keating (58.50m/191-11)
JAVELIN	Jennifer Berilla (41.78m/137-1)

QUICK FACTS

Location _____ Columbia, Mo.
 Founded _____ 1839
 Enrollment _____ 32,777
 Nickname _____ Tigers
 Colors _____ Old Gold and Black
 Indoor Facility _____ Hearnes Center Fieldhouse
 Outdoor Facility _____ Audrey J. Walton Stadium
 Conference _____ Southeastern Conference

THE MIZZOU TIGERS

Head Coach _____ Brett Halter (Seventh season)
 Associate Head Coach (Women's Sprints, Hurdles and Relays) _____ Natasha Brown (First season)
 Assistant Coach (Distance, Mid-Distance) _____
 _____ Marc Burns (Third season)
 Assistant Coach (Jumps, Multi-Events) _____
 _____ Iliyan Chamov (Second season)
 Assistant Coach (Distance, Mid-Distance) _____
 _____ Eileen Halter (Second season)
 Assistant Coach (Men's Sprints, Hurdles and Relays) _____
 _____ Carjay Lyles (Fourth season)
 Assistant Coach (Throws) _____
 _____ Ross Richardson (First season)
 Recruiting Coordinator _____ Stephen Smith (Third season)
 Director of Operations _____ Celia M'Boua (Second season)

MIZZOU ADMINISTRATION

System President-Designate _____ Mun Y. Choi
 Phone _____ 573-882-2011
 Interim Chancellor _____ Hank Foley
 Phone _____ 573-882-3387
 Athletic Director _____ Jim Sterk
 Department Phone _____ 573-882-6501
 Ticket Office Phone _____ 573-884-7297
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STRATEGIC COMMUNICATIONS

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 Assistant Director: _____ Patrick Crawford
 Assistant Director: _____ Shawn Davis
 Assistant Director: _____ R.J. Layton
 Assistant Director: _____ Andy Oldenburg
 Web Coordinator: _____ Kevin Fletcher
 Digital Media: _____ Ali Fisher
 Twitter/Instagram/Facebook _____ @MizzouTrackField
 Website: _____ mutigers.com

MIZZOU NOTABLES

MIZZOU RECORDS MOST DRAKE RELAYS CHAMPIONS SINCE 2003

► At the 108th Drake Relays, Mizzou recorded three champions, its most champions at the famous meet since 2003 (Mizzou had three champions in 2006 with Chrisitan Cantwell winning as a professional). Claiming white flags for the Tigers was redshirt senior **Drew White** in the 10,000m run, senior **Reinhard Van Zyl** in the javelin and senior **LaQuisha Jackson** in the 100m dash.

► On the same day as his 23rd birthday, White delivered perhaps his biggest birthday present himself by winning the 10,000m run on April 27. With the win, White became the first Mizzou athlete to win the 10,000m run at the Drake Relays. White, who led the pack for a majority of the race, crossed the finish line with a personal record time of 29:41.10, a time which ranks eighth all-time in Mizzou history and is currently in the top-48 of the NCAA West regional. The Tiger senior held off a late rally from South Dakota State's Trevor Capra to preserve the victory, improving his personal best mark by more than a minute from his previous best time of 30:48.44.

► With the javelin victory on the second day of competition, Van Zyl recorded his second event win of the season and fourth top-three finish. The Tiger senior used his second throw to record a mark of 66.57m (218-5) and secure the white flag.

► Jackson captured the third white flag for Mizzou by winning the 100m dash on the final day of competition. After clocking in the sixth-fastest 100m dash time in the preliminary round, Jackson blazed past the competition in the finals, winning the event with a season-best time of 11.65.

"We fought hard all weekend through very tough conditions. The Drake Relays have been a staple for Mizzou dating back to the early 1900's. **We honored that tradition by winning three events.** The type of fight we saw across the board is a testament to the leadership that has developed on our team this year.

-HEAD COACH BRETT HALTER



SCHWEIZER GETS A GLIMPSE OF PROFESSIONAL LIFE

► After originally being slated to compete in collegiate 1500m run, junior **Karissa Schweizer** was elevated to the 1500m run "Rio Rematch" heat on at the Drake Relays, joining a field 11 professional runners and six Olympians. Among the notables in the field included Jenny Simpson, who captured the bronze medal in the 1500m this past summer in Rio.

► The 2016 NCAA Cross Country and 2017 NCAA Indoor Track & Field 5000m run National Champion held her own against some tough competition, placing eighth with a time of 4:18.16. Schweizer ran near the back of the pack for a majority of the race before using her signature kick to pace several competitors over the final 200 meters.

KEMPFER AND MELLO SET TOP-10 MARKS IN 5000m RUN AT DRAKE RELAYS

► In the women's 5000m race at the Drake Relays, redshirt sophomore **Jamie Kempfer** and redshirt junior **Nicole Mello** each finished in the top-10, placing third and ninth, respectively.

► Kempfer, who is the current school record holder in the 10,000m run, finished with a personal record time of 16:09.59, moving to No. 5 on the all-time top-10 list in the 5000m run.

► Mello crossed the finish line at 16:22.17, improving her personal record time by nearly 30 seconds to add her name to the all-time top-10 list at No. 7.

JACOBS WINS DISCUS & SHOT PUT AT JOHN McDONNELL INVITATIONAL

► Redshirt sophomore **Gabi Jacobs** was victorious twice on at the John McDonnell Invitational, winning the discus and shot put events.

► Jacobs began the day by throwing 56.35m (184-10) in the discus to record her first event win of the day. The throw was an improvement from her previous personal best of 55.69m (182-8), set on March 30 at the Bobcat Invitational, and now puts her under a meter away from the school record mark of 57.31m (188-0), set by Kearsten Peoples in 2014. The Tiger sophomore followed up the discus performance by winning the shot put with a personal best mark of 15.03m (49-3.75).

► The women's 4x400m relay team also had a solid showing at the meet, finishing at 3:40.08, the fourth-fastest time in program history. The 4x400m squad consisted of senior **Sandrae Farquharson**, senior **LaQuisha Jackson**, senior **Sydney Wells** and senior **Valerie Thames**.

WARD RECORDS ANOTHER NCAA REGIONAL QUALIFYING MARK

► At the John McDonnell Invitational, freshman **Ja'Mari Ward**, posted the eighth-longest triple jump in program history at 15.44m (50-8). Ward's jump currently ranks 29th in the NCAA West Region.

► Two weeks prior, Ward posted a long jump of 7.88m (25-10) at the Tom Botts Invitational, a mark which currently ranks seventh in the NCAA West Region.

MIZZOU NOTABLES

CODY LEADS MIZZOU WOMEN TO VICTORY AT TOM BOTTS INVITATIONAL

Behind first place finishes in seven women's events Mizzou finished first in the women's standings at the Tom Botts Invitational. Mizzou was led by sophomore **Maya Cody**, who was named the female Most Outstanding Performer of the meet following first place finishes in the 200m dash and 4x100m relay, as well as a second place finish in the 100m dash.

The women's team finished atop the team race with 153 points, finishing ahead of Nebraska (125 points) and Northern Iowa (121 points).

Cody's banner day began in the 4x100m relay, where she ran the opening leg for Mizzou, who finished first with a time of 45.61.

The Tiger sophomore then transitioned to individual events, starting with the 100m dash where Cody finished at 11.56 to earn the second place finish.

Not yet done for the day, Cody returned to the start line for the 200m dash. This time, she came out on top, finishing first with a time of 23.71.

Both of Cody's times in the 100m and 200m dash were recorded with a wind exceeding 2.0 m/s, making them ineligible for school records, but eligible for NCAA Championships round one qualifying.

WARD SHINES IN FIRST HOME MEET

Making his home debut at Audrey J. Walton Stadium, freshman **Ja'Mari Ward** provided a glimpse of the potential that made him one of the most sought-after jumping recruits in the nation.

Ward finished first in the long jump with a mark of 7.88m (25-10.25), nearly a full meter ahead of runner-up Charles Brown's mark of 6.95m.

Ward's jump currently ranks seventh in the west regional and will most likely hold up as a qualifying mark for the first round of the NCAA Championship, which is scheduled to take place May 25-27 in Austin, Texas.

Since the jump was recorded with a wind measurement of 3.2 m/s, the jump doesn't count for records, but counts towards NCAA qualifying.

FIVE TOP-10 MARKS SET AT CRIMSON TIDE INVITE

Five Tigers set top-10 program marks were set at the Crimson Tide Invite, including two No. 2 marks from junior **Karissa Schweizer** in the 1500m run and the women's 4x100m relay team of sophomore **Maya Cody**, senior **LaQuisha Jackson**, redshirt sophomore **Tsai Anne Joseph** and senior **Sandrae Farquharson**.

Schweizer finished second in the 1500m run with a personal record time of 4:15.77, improving from her previous best mark of 4:17.47. Her time still ranks second in program history on the list of 1500m outdoor times and currently ranks eighth in the nation this season.

In the women's 4x100m relay, Mizzou crossed the finish line with a time of 45.00, a mark that only trails last season's time of 44.54 in program history. The relay squad of Cody, Jackson, Joseph and Farquharson finished third in the event, finishing behind two Alabama teams.

Cody set a top-10 program mark of her own, finishing fourth in the 100m dash with a personal record time of 11.72. The sub-12 second time now ranks fifth in program history, as the Tiger sophomore passes six-time Mizzou All-American and current Associate Head Coach **Natasha Brown's** (formerly Natasha Kaiser) time of 11.75 on the

top-10 list.

Two top-10 marks were set in field events as redshirt senior **Mollie Gribbin** (Montpelier, Vt.) set the third-longest triple jump with a mark of 12.46m (40-10.5) and freshman **Emily Stauffer** the 10th-farthest shot put throw at 15.17m (49-9.25). Even though Gribbin posted the third-best triple jump in Mizzou history, she was still short of her personal record mark of 13.04m (42-9.5), set in 2015 while a member of the Nebraska Track & Field team.

SCHWEIZER AND KEMPFER SET SCHOOL RECORDS

Junior **Karissa Schweizer** and redshirt sophomore **Jamie Kempfer** each set school records at the Stanford Invitational on March 31, as Schweizer set the 5000m mark and Kempfer the 10,000m record.

Both competing in marquee invitational heats, Schweizer finished second with a time of 15:39.75, while Kempfer finished eighth with a time of 33:09.67.

Schweizer, who now holds both the indoor and outdoor 5000m school records, surpasses Sabrina Dornhoefer's 1985 5K outdoor mark of 15:42.22.

Kempfer passed teammate senior **Kaitlyn Fischer** (Pevely, Mo.) to earn the top-spot in program history at 10,000m. Fischer posted a time of 33:12.37 at the 2014 NCAA Championships.

VAN ZYL FINISHES RUNNER-UP IN JAVELIN

In the second day of competition at the Texas Relays, senior **Reinhard Van Zyl** shined for the Black & Gold, finishing second in the javelin.

After narrowly making the javelin finals, Van Zyl saved his best mark for his final throw, as the Tiger senior unleashed a throw of 73.13m (239-11) to place second.

The throw was just under two meters short of Van Zyl's personal record mark of 75.91m (249-0).

JACOBS RECORDS NATIONAL TOP-10 MARK IN DISCUS

Redshirt sophomore **Gabi Jacobs** made her mark in the discus at the Bobcat Invitational on March 30, recording a top-10 national mark in the discus. Jacobs recorded a personal-record and first place finish in the at the meet in San Marcos, Texas, posting a throw of 55.69m (182-8) The mark currently ranks 10th among all outdoor discus marks this season.

The Tiger sophomore's throw was the second time this season she has recorded a PR after she opened the outdoor season with a mark of 54.15m (177-7.75) at the CMU Open on March 18.

Jacobs' mark also ranks second all-time in outdoor program history, trailing only Kearsten Peoples' 2014 mark of 57.31m (188-0).

NCAA CHAMPIONSHIP ROUND ONE QUALIFYING MARKS (TOP-48)

MEN		
Event	Name	Rank - Mark
400m Dash	Kahmari Montgomery	45 - 46.86
800m Run	Cain Winebrenner	45 - 1:49.95
10,000m Run	Ollie Lockley	24 - 29:24.18
10,000m Run	Drew White	41 - 29:41.10
400m Hurdles	Jerrad Mason	17 - 51.24
3K Steeplechase	Sheldon Keence	24 - 8:55.29
Long Jump	Ja'Mari Ward	7 - 7.88m/25-10
Triple Jump	Ja'Mari Ward	29 - 15.44m/50-8
Hammer Throw	Ahren Bohanan	39 - 60.89m/199-9
Hammer Throw	Patrick Kunza	44 - 60.37m/198-1
Javelin	Reinhard Van Zyl	3 - 73.13m/239-11
Javelin	Alex Pascal	27 - 66.23m/217-3

WOMEN		
Event	Name	Rank - Mark
100m Dash	Maya Cody	47 - 11.56
400m Dash	LaQuisha Jackson	26 - 53.50
1500m Run	Karissa Schweizer	11 - 4:15.77
5000m Run	Karissa Schweizer	3 - 15:39.75
5000m Run	Jamie Kempfer	31 - 16:09.59
10,000m Run	Jamie Kempfer	3 - 33:09.67
10,000m Run	Kaitlyn Fischer	47 - 35:09.84
100m Hurdles	Valerie Thames	27 - 13.46
400m Hurdles	Valerie Thames	17 - 58.83
3K Steeplechase	Teylar Adelsberger	44 - 10:32.90
4x100m Relay	Cody, Jackson, Joseph, Farquharson	41 - 45.00
4x400m Relay	Farquharson, Jackson Wells, Thames	40 - 3:40.08
High Jump	Karissa Roman	41 - 1.75m/5-8.75
Triple Jump	Mollie Gribbin	36 - 21.46m/40-10.5
Shot Put	Emily Stauffer	36 - 15.17m/49-9.25
Shot Put	Gabi Jacobs	43 - 15.03m/49-3.75
Discus	Gabi Jacobs	5 - 56.35m/184-10
Hammer Throw	Rebecca Keating	37 - 58.50m/191-11

OUTDOOR TOP-10 PROGRAM MARKS SET IN 2017

MEN		
Event	Name	Rank - Mark
10,000m Run	Ollie Lockley	3 - 29:24.18
10,000m Run	Drew White	8 - 29:41.10
400m Hurdles	Jerrad Mason	4 - 51.24
3K Steeplechase	Sheldon Keence	8 - 8:55.29
4x100m Relay	Holder, Mathis, Montgomery, Mason	10 - 41.19
Triple Jump	Ja'Mari Ward	8 - 15.44m (50-8)

WOMEN		
Event	Name	Rank - Mark
100m Dash	Maya Cody	5 - 11.72
400m Dash	LaQuisha Jackson	3 - 53.50
1500m Run	Karissa Schweizer	2 - 4:15.77
5000m Run	Karissa Schweizer	1 - 15:39.75
5000m Run	Jamie Kempfer	5 - 16:09.59
5000m Run	Nicole Mello	7 - 16:22.17
10,000m Run	Jamie Kempfer	1 - 33:09.67
4x100m Relay	Cody, Jackson, Joseph, Farquharson	3 - 45.00
4x400m Relay	Farquharson, Jackson Wells, Thames	4 - 3:40.08
Triple Jump	Mollie Gribbin	3 - 12.46m/40-10.5
Shot Put	Emily Stauffer	10 - 15.17m/49-9.25
Discus	Gabi Jacobs	2 - 56.35m/184-10
Hammer Throw	Rebecca Keating	5 - 58.50m/191-11

MIZZOU NOTABLES

THAMES' QUICK START

- Senior **Valerie Thames** opened her 2017 outdoor season by qualifying for the finals in both the 100m and 400m hurdles at the Texas Relays.
- The Tiger senior opened the meet by posting a time of 58.83 in the preliminary round 400m hurdles on Friday, the first day of competition at the Texas Relays. Thames went on the finish ninth in the finals of the event on the second day of action, checking in with a time of 1:00.63.
- Also on the second day of competition, Thames would qualify for the 100m hurdles after finishing with a time of 13.46 in the prelims. She would end up finishing seventh in the finals heat with a time of 13.61.
- Thames is the current school record holder in both the 100m and 400m hurdles, clocking in times of 13.18 and 57.16, respectively. Both performances came last season at the 2016 SEC Outdoor Championships in Tuscaloosa, Ala.

WARD MAKES HIGHLY ANTICIPATED TIGER DEBUT

- Freshman **Ja'Mari Ward**, one of Mizzou's highest-ranked recruits in recent history, made his Tiger debut at the Bobcat Invitational and Texas Relays.
- Ward, a highly touted jumping recruit, made his debut in the Black & Gold in a sprints event, the 100m dash at the Bobcat Invitational on March 31. Ward did not disappoint, clocking a time of 10.56, the 10th-fastest outdoor 100m dash time in program history.
- After an impressive performance in San Marcos, the Tiger freshman returned to his comfort zone at the Texas Relays, competing in the long jump. Using a half approach, Ward posted a 10th place finish with a jump of 7.44m (24-5). It won't be long before Ward enters the top-10 list, as his mark is only four inches short of the 10th-longest outdoor long jump mark in program history, 7.54m (24-9).
- After winning four Illinois state titles in the long and triple jump at Cahokia High School, Ward went on to finish first in the long jump at the 2016 USATF Junior National Outdoor Track & Field Championships and sixth at the 2006 IAAF World U20 Championship.
- Ward's top high school marks in the long jump and triple jump are 26-1.5 and 53-7.5, respectively.

LOCKLEY AND KEENCE GET ON THE TOP-10 BOARD

- Senior **Ollie Lockley** and redshirt junior **Sheldon Keence** each opened their outdoor season on a high note, posting top-10 times at the San Francisco Distance Carnival on March 31.
- Lockley joined Mizzou history in the 10,000m run, posting the third-fastest time in school history at 29:24.18, while Keence set the eighth-fastest 3000m steeplechase time at 8:55.29.

TIGERS SWEEP THROWS EVENTS AT CMU OPEN

- Nine Mizzou throwers competed in the Central Methodist Open on March 18, with the Tigers sweeping first place finishes in all eight throwing events.
- Highlighting the day for the Tigers was redshirt sophomore **Gabi Jacobs**, who produced a throw of 54.15 (177-7.75) to record a first place finish in the discus. She also competed in the shot put, posting a first place throw of 14.51m (47-7.25).
- Also recording first place finishes for the women was redshirt senior **Jennifer Berilla** in the javelin and

freshman **Emily Stauffer** in the hammer throw. Berilla recorded a throw of 38.64m (126-9.25), while Stauffer a throw of 47.56m (156-0.25).

► For the men, redshirt senior **Ahren Bohanan** recorded a personal record throw in the hammer throw with a mark of 60.89, (199-9.25), finishing first in the event. Redshirt sophomore **Will Fife** finished first in the discus throw and shot put with throws of 46.45m (152-4.5) and 15.98m (52-5), respectively, while redshirt junior **Alex Pascal** placed first in the javelin throw with a mark of 59.30m (194-6.5).

► Making their Tiger debuts at the open was Stauffer and freshman **Allie Webb**. In addition to the first place finish in the hammer throw, Stauffer finished second in the shot put, while Webb finished third in the javelin throw and fourth in the hammer throw.

SCHWEIZER SHINES AT NCAA INDOOR CHAMPIONSHIPS

► Junior **Karissa Schweizer** shined at the 2017 NCAA Indoor Championships, recording two All-America honors, including her second National Championship of the 2016-17 athletic season on March 10 with a first place finish in the 5000m run. The Tiger junior followed up the National Championship performance with a second place finish in the 3000m run on March 11, her fourth career All-America recognition. The National title is her second of the year after she won the NCAA Cross Country National Championship in November.

► Schweizer ran the prototypical smart 5000m race, staying near the front of the pack before using her signature kick to separate herself from the rest of the field over the final 400 meters. She finished the race with a personal record and school record time of 15:19.14, resetting the school record which she set on Dec. 3, 2016 at the Boston University Season Opener, where she finished at 15:37.40. Schweizer finished eight seconds ahead of the second place finisher, as her time of 15:19.14 now ranks fifth all-time in indoor collegiate history.

► With the win, Schweizer becomes the **fourth female individual National Champion** and 16th overall in program history. The Tigers also had relay teams win distance medley relay national championships in 1974 (men) and 2001 (women). Among women's track and field individual national champions, she is preceded by Sabrina Dornhoefer (1985 outdoor 5,000m run), Natasha (Kasier) Brown (1989 Indoor 400m Dash) and Kearsten Peoples (2015 Indoor Weight Throw).

► Schweizer joins an exclusive list of two-time NCAA Champions in Mizzou Athletics history, becoming just the fifth student-athlete and the first ever female student-athlete to accomplish the feat. She joins Mizzou Track & Field two-time National Champions Dick Cochran (1959 and 1960 Outdoor Discus) and Derrick Peterson (1999 Indoor and Outdoor 800m Run), as well as Mizzou Wrestling's Ben Askren (2006 and 2007) and J'den Cox (2014 and 2016).

USTFCCA TOP-25 (MEN)

Rank	Team	Points
1	Texas A&M	316.03
2	Florida	293.97
3	Texas Tech	244.48
4	Georgia	224.74
5	Alabama	212.60
6	LSU	178.60
7	Oregon	176.15
8	USC	165.80
9	Arkansas	161.90
10	Texas	160.05
11	Virginia	134.97
12	Ole Miss	129.00
13	Baylor	128.86
14	Kansas	123.11
15	Colorado State	122.02
16	Nebraska	120.67
17	Penn State	117.96
18	Auburn	116.70
19	South Carolina	115.39
20	UCLA	112.75
21	Kentucky	99.68
22	Mississippi State	94.89
23	Tennessee	93.19
24	Oklahoma State	88.12
25	Houston	85.79

USTFCCA TOP-25 (WOMEN)

Rank	Team	Points
1	Texas A&M	306.75
2	Oregon	303.34
3	USC	291.54
4	LSU	277.27
5	Arkansas	276.30
6	Kentucky	229.35
7	Georgia	220.23
8	Florida	215.54
9	Texas	187.99
10	Alabama	148.43
11	Baylor	131.48
12	Kansas State	125.32
13	Auburn	122.37
14	Florida State	108.70
15	Purdue	105.73
16	Ole Miss	102.63
17	Stanford	102.24
18	BYU	100.53
19	Miami (Fla.)	100.00
20	Arizona State	95.59
21	Notre Dame	91.93
22	Tennessee	84.34
23	Washington	83.64
24	Penn State	81.59
25	South Carolina	78.52



MIZZOU NOTABLES

MIZZOU RECORDS THIRD TOP-10 FINISH

► Thanks to Schweizer's incredible performance at the 2017 NCAA Indoor Championships, Mizzou finished eighth in the women's team standings with 18 points

► The eighth place finish is its third top-10 finish at the NCAA Indoor meet in program history and its highest finish since 2001, when the Tigers finished seventh. Mizzou also finished eighth at the NCAA Indoor meet in 1989.

SCHWEIZER ADDED TO BOWERMAN'S WATCH LIST

► Following her second National Championship, junior **Karissa Schweizer** was named to the Bowerman Women's Watch List, announced by the USTFCCA on March 15. The Tiger junior added two All-America honors to her resume at the 2017 NCAA Indoor Track & Field Championships, finishing first at the 5,000m run and second in the 3,000m run.

► Schweizer, who first received votes towards the watch list for The Bowerman in January, was officially added to the list following her performance at the NCAA Indoor meet. With her national title in the indoor 5K, Schweizer became the first female student-athlete in Mizzou Athletics history and fifth overall to win two NCAA titles. Schweizer captured the 2016 NCAA Cross Country National Championship in November.

► Schweizer reset her own 5,000m run indoor school record by winning the 5K indoor national title with a time of 15:19.14, a full 12 seconds ahead of the runner-up. The time was fast enough to rank as the sixth fastest 5,000m run time in indoor collegiate history. Schweizer previously set the school record on Dec. 3, finishing with a time of 15:37.40 at the Boston University Season Opener. The time surpassed Susan Bliss' 1990 mark of 16:33.30.

► The next day, Schweizer recorded her fourth career All-America honor by finishing second in the 3,000m run,

recording a time of 9:09.33. With 18 points, Schweizer tied Oregon's Hannah Cunliffe as the top female scorer at the meet, and vaulted the Tigers to an eighth place finish, the third NCAA top-10 finish in program history.

SEC INDOOR CHAMPIONSHIPS RECAP

► Junior **Karissa Schweizer** was the highlight for the Mizzou Track & Field team at the 2017 Southeastern Conference Indoor Track & Field Championships, held Feb. 24-25 in Nashville, Tenn. Schweizer took home conference titles in the mile run and 3,000m run, becoming the **first double individual conference champion in program history since 1989** when Teri LeBlanc won the Big 8 Outdoor 100m hurdles and heptathlon.

► For her performance, Schweizer was awarded the Cliff Harper Trophy winner for being the top female scorer (20 points) at the meet. Schweizer is the first Mizzou athlete, male or female, to win the award.

► In the women's 5,000m run, redshirt sophomore **Jamie Kempfer** earned a podium finish by finishing third at 16:10.15 to earn All-SEC honors. Finishing behind Kempfer was redshirt junior **Nicole Mello**, who finished 11th at 16:31.56, the third-fastest time in program history.

► In the men's 5,000m run, two Tigers posted top-10 times in program history. Redshirt senior **Drew White** finished sixth with the third-fastest time in program history at 14:12.12, while senior **Ollie Lockley** finished 11th with the ninth-fastest time at 14:26.47.

► The women's 4x400m relay team of sophomore **Maya Cody**, senior **LaQuisha Jackson**, senior **Sydney Wells** and redshirt junior **Valerie Thames** posted a sixth place finish with a time 3:37.49, a mark which now ranks second in program history.

► Junior **Rauno Liitmaa** finished off his impressive heptathlon debut by finishing 10th, recording the seventh-highest heptathlon score in program history in the process with 5,296 points.

SEC MEET HISTORY (Joined in 2013)

MEN	INDOOR	OUTDOOR
2013	T-8th	9th
2014	11th	13th
2015	11th	13th
2016	10th	8th
2017	13th	

WOMEN	INDOOR	OUTDOOR
2013	9th	6th
2014	9th	7th
2015	9th	9th
2016	13th	12th
2017	10th	

SEC CHAMPIONS

MEN Name	Indoor/Outdoor	Event - Mark
2013		
Markesh Woodson	Indoor	60m Dash - 6.60
2016		
Kahmari Montgomery	Indoor	400m Dash - 45.78
Kahmari Montgomery	Outdoor	400m Dash - 45.13
WOMEN Name	Indoor/Outdoor	Event - Mark
2013		
Kearsten Peoples	Outdoor	Shot Put - 58-4.75
2014		
Kearsten Peoples	Indoor	Shot Put - 58-5.25
Jill Rushin	Outdoor	Shot Put - 56-4.75
2015		
Kearsten Peoples	Indoor	Weight Throw - 73-8
Jill Rushin	Outdoor	Shot Put - 56-8
Kearsten Peoples	Outdoor	Hammer Throw - 207-8
2017		
Karissa Schweizer	Indoor	Mile Run - 4:37.44
Karissa Schweizer	Indoor	3000m Run - 9:18.32

TEAM SEASON-BESTS BY EVENT

MEN	INDOOR	WOMEN	OUTDOOR
Kahmari Montgomery - 6.85	60m DASH	Maya Cody - 7.39	100m DASH
Kahmari Montgomery - 21.21	200m DASH	LaQuisha Jackson - 23.77	Maya Cody - 23.68*
Kahmari Montgomery - 46.57	400m DASH	LaQuisha Jackson - 54.20	200m DASH
Cain Winebrenner - 1:51.36	800m RUN	Valeska Halamiccek - 2:09.95	LaQuisha Jackson - 53.50
Luca Russo - 4:07.97	MILE RUN	Karissa Schweizer - 4:35.61	400m DASH
Drew White - 8:17.15	3000m RUN	Karissa Schweizer - 9:06.60	800m RUN
Drew White - 14:14.12	5000m RUN	Karissa Schweizer - 15:19.14	Karissa Schweizer - 4:15.77
--	60m HURDLES	Valerie Thames - 8.45	Karissa Schweizer - 15:39.75
(Sheridan, Kuhlmann, Winebrenner, Russo) - 9:52.17	DMR	(Halamiccek, Vickers, Liz, Adelsberger) - 11:46.93	Jamie Kempfer - 33:09.67
(Montgomery, Sweeney, Mason, Mathis) - 3:12.90	4x400m RELAY	(Jackson, Cody, Wells, Thames) - 3:37.49	Valerie Thames - 13.46
Rauno Liitmaa - 4.58m (12-0.25)	POLE VAULT	--	Valerie Thames - 58.83
Rauno Liitmaa - 1.94m (6-4.25)	HIGH JUMP	Karissa Roman - 1.70m (5-7)	Taylor Adelsberger - 10:32.90
Rauno Liitmaa - 6.67m (21-10.75)	LONG JUMP	Lynnsey Brim (5.63m (18-5.75)	(Cody, Jackson, Joseph, Farquharson) - 45.00
--	TRIPLE JUMP	Mollie Gribbin - 12.51m (41-0.5)	(Farquharson, Jackson, Wells, Thames) - 3:40.08
Avery Carter - 17.85m (58-6.75)	SHOT PUT	Gabi Jacobs - 14.95m (49-0.75)	Karissa Roman - 1.75m (5-8.75)
Patrick Kunza - 19.22m (63-0.75)	WEIGHT THROW	Rebecca Keating - 16.62m (54-6)	--
			4x100m RELAY
			Mollie Gribbin - 5.88m (19-3.25)
			Mollie Gribbin - 12.46m (40-10.5)
			Emily Stauffer - 15.17m (49-9.25)
			Gabi Jacobs - 56.35m (184-10)
			Rebecca Keating - 58.50m (191-11)
			JAVELIN
			Jennifer Berilla - 41.73m (136-10.75)
			DECATHLTON/HEPTATHLON

*-wind-aided mark



@MIZ_TrackField



MizzouTrack Field

15 INDOOR TOP-10 PROGRAM MARKS SET IN 2017

► During the 2017 indoor season, Mizzou posted 14 individual and one relay top-10 indoor marks in program history, including school records from junior **Karissa Schweizer** and 5,000m run and redshirt junior **Valerie Thames** in the 60m hurdles.

MEN

NAME	EVENT - RANK - TIME/MARK
Kahmari Montgomery	60m Dash - 9 - 6.85
Drew White	5000m Run - 3 - 14:14.12
Ollie Lockley	5000m Run - 9 - 14:26.47
Rauno Liitmaa	Heptathlon - 7 - 5,296 points

WOMEN

NAME	EVENT - RANK - TIME/MARK
Maya Cody	60m Dash - 2 - 7.39
Maya Cody	200m Dash - 3 - 24.07
LaQuisha Jackson	400m Dash - 3 - 54.20
Karissa Schweizer	Mile Run - 2 - 4:35.61
Karissa Schweizer	3000m Run - 2 - 9:06.60
Jamie Kempfer	3000m Run - 5 - 9:26.36
Karissa Schweizer	5000m Run - 1 - 15:19.14
Jamie Kempfer	5000m Run - 2 - 16:05.23
Nicole Mello	5000m Run - 3 - 16:31.56
Valerie Thames	60m Hurdles - 1 - 8.45
LaQuisha Jackson,	4x400m Relay - 2 - 3:34.45
Valerie Thames, Maya Cody,	
Sydney Wells	

THAMES SETS SCHOOL, MEET AND FACILITY RECORD IN 60m HURDLES

► Redshirt junior **Valerie Thames** stole the show at the Missouri Collegiate Challenge (Feb. 17), setting the school, meet and facility record with a first place finish in the 60m hurdles. Thames crossed the finish line at 8.45, .15 faster than her previous best and .05 faster than the previous school record, set by Alyssa Felton on Feb. 19, 2016 at last year's Collegiate Challenge.

THREE TOP-10 MARKS, FOUR PERSONAL RECORDS SET AT IOWA STATE CLASSIC

► The Mizzou women's distance runners had a remarkable night on the track at the Iowa State Classic (Feb. 10) as four runners set personal records while three set all-time top-10 times in program history.

► Junior **Karissa Schweizer** led the way for the Tigers, finishing first in the 3,000m run invitational with a time of 9:06.60, which currently stands as the second-fastest indoor 3,000m time in program history and the 10th-fastest time in the nation this season.

► In the 5,000m run invitational, redshirt sophomore **Jamie Kempfer** and redshirt junior **Nicole Mello** finished fifth and 22nd, respectively. Kempfer's time of 16:05.23 ranks second in program history and 25th in the nation this season, while Mello's time of 16:41.15 ranks eight in program history.

► Redshirt freshman **Jordyn Kleve** set a personal record in the 5,000m run, crossing the finish line at 17:10.62.

CODY SETS TOP-10 MARKS IN THE 60m DASH AND 200m DASH AT THE TYSON INVITATIONAL

► Sophomore **Maya Cody** set personal records and top-10 program marks on back-to-back days at the Tyson Invitational (Feb. 10-11).

► First, In the 60m dash, Cody set her personal-record in the qualifying heat with a time of 7.39, before recording a 7.44 in the preliminary round. The PR time for Cody improves on her already second-fastest indoor 60m dash time in program history of 7.40.

► Next, Cody recorded a personal record in the 200m dash, running a time of 24.31, improving her third-best indoor 200m dash time in program history by 0.21.

EIGHT TOP-10 FINISHES, 11 PERSONAL-RECORDS, TWO TOP-10 MARKS SET AT RAZORBACK INVITATIONAL

► Mizzou recorded eight top-10 finishes, 11 personal records and two top-10 all-time marks at the Razorback Invitational (Jan. 27-28).

► Junior **Karissa Schweizer** took home a first-place finish in the mile run, finishing at 4:35.61, the fourth-best collegiate time this season. The time eclipsed Schweizer previous personal-record by four seconds and ranks second all-time in program history, just behind Laura Roxberg's 2013 mark of 4:34.59.

► Senior **LaQuisha Jackson** posted the second top-10 all-time mark of the meet for the Tigers, running a 54.20 in a fifth-place finish in the 400m dash. Jackson, who already held the third-fastest indoor 400m dash time in school history, improved her previous best time by .20 seconds.

► Mizzou had six athletes record personal records in the mile run and 3,000m run. In the mile run, senior **Teylar Adelsberger** finished at 4:54.32 and senior **Bianca Mello** finished at 5:11.89 for the women, while senior **Luca Russo** finished ninth for the men at 4:07.97. In the 3,000m race, senior **Drew White** shaved 26 seconds off of his previous best mark, finishing 12th at 8:17.31. Redshirt junior **Marc Dubrick** finished at 8:21.64 and redshirt freshman **Jordyn Kleve** finished at 9:50.76.

CODY, THAMES, 4x400m RELAY TEAM SET TOP-10 MARKS AT MISSOURI INVITATIONAL

► At the Missouri Invitational (Jan. 20), Mizzou had three all-time top-10 marks set.

► Sophomore Maya Cody led the way for the Tigers, setting a personal record in the 60m dash for the second time this season by finishing first with a meet record time of 7.40. Cody, who already held the second-fastest 60m dash time in school history, improved her personal record by .08 from the Border Battle (Jan. 7).

► Finishing first in the 60m hurdles was redshirt junior **Valerie Thames**, who posted a personal record time at 8.60. Thames' time now stands alone for the fifth fastest 60m hurdles time in program history.

► Mizzou's 4x400m relay team of Cody, senior **LaQuisha Jackson**, Thames and senior **Sydney Wells** finished first with a meet record time of 3:47.64. The sub-four minute time was fast enough to rank second in program history.

SCHWEIZER NAMED USTFCCCA NATIONAL ATHLETE OF THE WEEK

► Just two weeks after winning a NCAA Cross Country National Championship, junior Karissa Schweizer set the indoor 5,000m run school record at the Boston University Season Opener (Dec. 3) with a time of 15:37.40, surpassing Susan Bliss' 1990 mark of 16:33.30.

► At the time, the time was the fastest in the nation this season and the 15th-fastest indoor 5K time in collegiate history.

► For her performance, Schweizer was named the USTFCCCA National Athlete of the Week on Dec. 6.





COMPETITION SCHEDULE

	Start Time	Gender	Event	Prelim/Final		Start Time	Gender	Event	Prelim/Final
Thursday - May, 11 2017									
Field Events					Running Events				
	10:15 AM	Men	100M	Decathlon		5:55 PM		National Anthem	
	10:30 AM	Women	100m Hurdles	Heptathlon		6:00 PM	Men	800m	Prelim
	11:00 AM	Men	Long Jump	Decathlon		6:20 PM	Women	800m	Prelim
	11:15 AM	Women	High Jump	Heptathlon		6:40 PM	Men	200m	Prelim
	12:30 PM	Men	Shot Put	Decathlon		7:05 PM	Women	200m	Prelim
Note Throw Complex	1:00 PM	Men	Hammer	Final		7:30 PM	Men	400m Hurdles	Prelim
	2:00 PM	Men	High Jump	Decathlon		7:50 PM	Women	400m Hurdles	Prelim
	2:00 PM	Women	Shot Put	Heptathlon		8:30 PM	Men	10,000m	Final
	3:30 PM	Women	200m	Heptathlon		9:10 PM	Women	10,000m	Final
	3:45 PM	Men	400m	Decathlon					
Note Throw Complex	4:00 PM	Women	Hammer	Final					
	5:30 PM	Men	Javelin	Prelim/Final					
Friday - May 12, 2017									
Field Events					Running Events				
	11:00 AM	Men	110m Hurdles	Decathlon		6:00 PM		Mayor's Welcome	
	11:30 AM	Women	Long Jump	Heptathlon		6:05 PM		First Responder Appreciation	
	11:45 AM	Men	Discus	Decathlon		6:10 PM		National Anthem	
Note Throw Complex	1:00 PM	Women	Javelin	Heptathlon		6:30 PM	Men	110m Hurdles	Prelim
	1:45 PM	Men	Pole Vault	Decathlon		6:50 PM	Women	100m Hurdles	Prelim
	2:30 PM	Men	Long Jump	Prelim & Final		7:10 PM	Men	1500m	Prelim
	3:00 PM	Women	800m	Heptathlon		7:30 PM	Women	1500m	Prelim
	4:00 PM	Men	Discus	Prelim & Final		7:55 PM	Men	400m	Prelim
Note Throw Complex	4:15 PM	Men	Javelin	Decathlon		8:20 PM	Women	400m	Prelim
	6:15 PM	Women	Pole Vault	Final		8:45 PM	Men	100m	Prelim
	6:20 PM	Men	1500m	Decathlon		9:10 PM	Women	100m	Prelim
	6:30 PM	Men	High Jump	Prelim & Final		9:35 PM	Men	3000m Steeplechase	Final
	6:45 PM	Women	Long Jump	Prelim & Final		9:55 PM	Women	3000m Steeplechase	Final
	7:00 PM	Women	Shot Put	Prelim & Final					
Saturday May 13, 2017									
Field Events					Running Events				
	11:00 AM	Women	Javelin	Prelim & Final		3:00 PM		USC Alumni Parade	
	1:00 PM	Men	Triple Jump	Prelim & Final		3:05 PM		Military Appreciation	
	1:30 PM	Women	Discus	Prelim & Final		3:10 PM		National Anthem	
	2:30 PM	Men	Pole Vault	Final		3:15 PM	Men	4 x 100m Relay	Final
	2:30 PM	Women	High Jump	Final		3:25 PM	Women	4 x 100m Relay	Final
	4:10 PM	Women	Triple Jump	Prelim & Final		3:35 PM	Men	1500m	Final
	4:30 PM	Men	Shot Put	Prelim & Final		3:45 PM	Women	1500m	Final
						3:55 PM	Men	110m Hurdles	Final
						4:05 PM	Women	100m Hurdles	Final
						4:15 PM	Men	400m	Final
						4:25 PM	Women	400m	Final
						4:35 AM	Men	100m	Final
						4:45 AM	Women	100m	Final
						4:55 PM	Men	800m	Final
						5:05 PM	Women	800m	Final
						5:15 PM	Men	400m Hurdles	Final
						5:25 PM	Women	400m Hurdles	Final
						5:35 PM	Men	200m	Final
						5:45 PM	Women	200m	Final
						5:55 PM	Men	5,000m	Final
						6:15 PM	Women	5,000m	Final
						6:40 PM	Men	4 x 400m Relay	Final
						6:50 PM	Women	4 x 400m Relay	Final

SEC CHAMPIONSHIPS SCHEDULE

TRACK EVENTS

THURSDAY

800m RUN, MEN (PRELIMS)	6:00 p.m.
Ben Goodman, R-Jr.	1:52.01
Mark Sheridan, Jr.	1:52.18
Cain Winebrenner, R-Jr.	1:49.95
800m RUN, WOMEN (PRELIMS)	6:20 p.m.
Valeska Halamicsek, R-Jr.	2:07.57
200m DASH, MEN (PRELIMS)	6:40 p.m.
Jonathan Holder, R-Jr.	21.69
Niager Mathis, R-Jr.	21.20
Kahmari Montgomery, So.	20.86
200m DASH, WOMEN (PRELIMS)	7:05 p.m.
Maya Cody, So.	23.99/23.68*
LaQuisha Jackson, Sr.	23.10
400m HURDLES, MEN (PRELIMS)	7:30 p.m.
Jerrad Mason, R-Jr.	51.24
400m HURDLES, WOMEN (PRELIMS)	7:50 p.m.
Valerie Thames, Sr.	57.16
10,000m RUN, MEN (FINAL)	8:30 p.m.
Ollie Lockley, R-Sr.	29:24.18
10,000m RUN, WOMEN (FINAL)	9:10 p.m.
Ellyn Atkinson, R-Jr.	35:21.46
Kaitlyn Fischer, Sr.	33:12.37
Jamie Kempfer, R-So.	33:09.67

* - Wind aided

FIELD EVENTS

THURSDAY

HAMMER THROW, MEN (FINAL)	1:00 p.m.
Ahren Bohanan, R-Sr.	60.89m // 199-9.25
Patrick Kunza, R-Fr.	60.37m // 198-0.75
HAMMER THROW, WOMEN (FINAL)	4:00 p.m.
Rebecca Keating, So.	58.50m // 191-11
JAVELIN, MEN (PRELIM/FINAL)	5:30 p.m.
Alex Pascal, R-Jr.	73.52m // 241-2
Reinhard Van Zyl, Sr.	75.91m // 249-0

DECATHLON

THURSDAY

100m DASH	10:15 a.m.
Rauno Liitmae, Jr.	
LONG JUMP	11:00 a.m.
Rauno Liitmae, Jr.	
SHOT PUT	12:30 p.m.
Rauno Liitmae, Jr.	
HIGH JUMP	2:00 p.m.
Rauno Liitmae, Jr.	
400m DASH	3:45 p.m.
Rauno Liitmae, Jr.	

HEPTATHLON

THURSDAY

100m HURDLES	10:30 a.m.
HIGH JUMP	11:15 a.m.
SHOT PUT	2:00 p.m.
200m DASH	3:30 p.m.

SEC CHAMPIONSHIPS SCHEDULE

TRACK EVENTS

FRIDAY

110m HURDLES, MEN (PRELIMS)	6:30 p.m.
100m HURDLES, WOMEN (PRELIMS)	6:50 p.m.
Valerie Thames, Sr.....	13.18
1500m RUN, MEN (PRELIMS)	7:10 p.m.
Zach Cook, R-So.....	3:56.14
Marc Dubrick, R-Jr.....	3:51.78
Ben Goodman, R-Jr.....	
Luca Russo, R-Sr.....	3:46.47
Mark Sheridan, Jr.....	3:56.90
1500m RUN, WOMEN (PRELIMS)	7:30 p.m.
Valeska Halamicek, R-Jr.....	4:26.59
Karissa Schweizer, Jr.....	4:15.77
400m DASH, MEN (PRELIMS)	7:55 p.m.
Jerrad Mason, R-Jr.....	47.70
Niager Mathis, R-Jr.....	49.48
Kahmari Montgomery, So.....	45.13
400m DASH, WOMEN (PRELIMS)	8:20 p.m.
LaQuisha Jackson, Sr.....	53.50
Sydney Wells, Sr.....	56.12
100m DASH, MEN	8:45 p.m.
Jonathan Holder, R-Jr.....	10.64
100m DASH, WOMEN	9:10 p.m.
Maya Cody, So.....	11.72/11.56*
Tsai-Anne Joseph, R-So.....	12.18/11.79*
3000m STEEPLECHASE, MEN	9:35 p.m.
Sheldon Keence, R-Jr.....	8:55.29
3000m STEEPLECHASE, WOMEN	9:55 p.m.
Teylar Adelsberger, Sr.....	10:12.39

* - Wind aided

FIELD EVENTS

FRIDAY

LONG JUMP, MEN	2:30 p.m.
Ja'Mari Ward, Fr.....	7.88m // 25-10
DISCUS, MEN	4:00 p.m.
Tanner Buschmann, R-Sr.....	50.99m // 167-3.5
Will Fife, R-So.....	50.23m // 164-9
POLE VAULT, WOMEN	6:15 p.m.
HIGH JUMP, MEN	6:30 p.m.
LONG JUMP, WOMEN	6:45 p.m.
Lynnsey Brim, R-Jr.....	6.02m // 19-9
SHOT PUT, WOMEN	7:00 p.m.
Gabi Jacobs, R-So.....	15.03m // 49-3.75
Emily Stauffer, Fr.....	15.17m // 49-9.25

DECATHLON

FRIDAY

110m HURDLES	11:00 a.m.
Rauno Liitmae, Jr.....	
DISCUS	11:45 a.m.
Rauno Liitmae, Jr.....	
POLE VAULT	1:45 p.m.
Rauno Liitmae, Jr.....	
JAVELIN	4:15 p.m.
Rauno Liitmae, Jr.....	
1500m RUN	6:20 p.m.
Rauno Liitmae, Jr.....	

HEPTATHLON

FRIDAY

LONG JUMP	11:30 a.m.
JAVELIN	1:00 p.m.
800m RUN	3:00 p.m.

SEC CHAMPIONSHIPS SCHEDULE

TRACK EVENTS - FINALS

SATURDAY

4x100m RELAY, MEN	3:15 p.m.
4x100m RELAY, WOMEN	3:25 p.m.
Jackson, Cody, Joseph, Thames, Farquharson	45.00
1500m RUN, MEN	3:35 p.m.
1500m RUN, WOMEN	3:45 p.m.
110m HURDLES, MEN	3:55 p.m.
100m HURDLES, WOMEN	4:05 p.m.
400m DASH, MEN	4:15 p.m.
400m DASH, WOMEN	4:25 p.m.
100m DASH, MEN	4:35 p.m.
100m DASH, WOMEN	4:45 p.m.
800m RUN, MEN	4:55 p.m.
800m RUN, WOMEN	5:05 p.m.
400m HURDLES, MEN	5:15 p.m.
400m HURDLES, WOMEN	5:25 p.m.
200m DASH, MEN	5:35 p.m.
200m DASH, WOMEN	5:45 p.m.
5000m RUN, MEN	5:55 p.m.
Jordan Cook, R-Sr.	14:17.17
Zach Cook, R-So.	14:58.84
Marc Dubrick, R-Jr.	14:24.05
Sheldon Keence, R-Jr.	
Ollie Lockley, R-Sr.	14:14.78
Luca Russo, R-Sr.	
Drew White, R-Sr.	14:16.81
5000m RUN, WOMEN	6:15 p.m.
Teylar Adelsberger, Sr.	16:36.08
Ellyn Atkinson, R-Jr.	17:19.58
Megan Cunningham, R-Jr.	16:45.48
Kaitlyn Fischer, Sr.	16:33.50
Jordyn Kleve, R-Fr.	17:15.20
Nicole Mello, R-Jr.	16:22.17
Karissa Schweizer, Jr.	15:39.75
Hannah Thomas, So.	
4x400m RELAY, MEN	6:40 p.m.
Mason, Mathis, Montgomery, Holder	3:30.30
4x400m RELAY, WOMEN	6:50 p.m.
Jackson, Cody, Wells, Thames, Farquharson	3:40.48

FIELD EVENTS - FINALS

SATURDAY

JAVELIN, WOMEN	11:00 a.m.
Jennifer Berilla, R-Jr.	41.78m // 137-1
TRIPLE JUMP, MEN	1:00 p.m.
Ja'Mari Ward, Fr.	15.44m // 50-8
DISCUS, WOMEN	1:30 p.m.
Gabi Jacobs, R-So.	56.35m // 184-10
POLE VAULT, MEN	2:30 p.m.
HIGH JUMP, WOMEN	2:30 p.m.
Karissa Roman, So.	1.75m // 5-8.75
TRIPLE JUMP, WOMEN	4:10 p.m.
Mollie Gribbin, R-Sr.	12.46m // 40-10.5
Shammai Illis, So.	12.31m // 40-4.75
SHOT PUT, MEN	4:30 p.m.
Will Fife, R-So.	17.31m // 56-3.25



2017 OUTDOOR SCHEDULE

DATE	MEET	LOCATION
March 30-April 1	Texas Relays	Austin, Texas
March 30-April 1	Stanford Invitational	Palo Alto, Calif.
April 7-8	Crimson Tide Invitational	Tuscaloosa, Ala.
April 14-15	Tom Botts Invitational	HOME
April 21-22	John McDonnell Invitational	Fayetteville, Ark.
April 27-29	Drake Relays	Des Moines, Iowa
May 11-13	SEC Championships	Columbia, S.C.
May 25-27	NCAA Regional Championships	Austin, Texas
June 7-10	NCAA Championships	Eugene, Ore.

MEET-BY-MEET RESULTS

MEN'S RESULTS

CMU OPEN

March 18 // Fayette, Mo.

SHOT PUT

1. Will Fife (R-So.) 15.98m (52-5)

DISCUS

1. Will Fife (R-So.) 46.45m (152-4.5)

4. Tanner Buschmann (R-Sr.) 44.44m (145-9.5)

HAMMER THROW

1. Ahen Bohanan (R-Sr.) **60.89m (199-9.25) PR**

4. Sean Harrell (R-Jr.) 50.41m (165-4.5)

JAVELIN

1. Alex Pascal (R-Jr.) 59.30m (194-6.5)

WOMEN'S RESULTS

CMU OPEN

March 18 // Fayette, Mo.

SHOT PUT

1. Gabi Jacobs (R-So.) 14.51m (47-7.25)

2. Emily Stauffer (Fr.) 14.23m (46-8)

DISCUS

1. **Gabi Jacobs (R-So.) 54.15m (177-7.75) PR, #2**

HAMMER THROW

1. Emily Stauffer (Fr.) 47.56m (156-0.25)

4. Allie Webb (Fr.) 41.55m (126-3.75)

JAVELIN

1. Jennifer Berilla (R-Sr.) 38.64m (126-9.25)

3. Allie Webb (Fr.) 35.88m (117-8.5)

MEN'S RESULTS
TEXAS RELAYS
 March 30-April 1 // Austin, Texas

100-METER DASH

63. Niager Mathis (R-Jr.).....	10.70 // Wind: 2.5
70. Kahmari Montgomery (So.).....	10.76 // Wind: 2.5

400-METER HURDLES

19. Jerrad Mason (R-Jr.)	52.55
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4x100-METER RELAY

29. Montgomery, Mason, Mathis, Holder	41.62
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4x200-METER RELAY

10. Montgomery, Mason, Mathis, Holder	1:26.79
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4x400-METER RELAY

17. Montgomery, Mathis, Holder, Mason	3:13.30
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LONG JUMP

10. Ja'Mari Ward (Fr.)	7.44m (24-5) // Wind: 1.5
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SHOT PUT

12. Will Fife (R-So.).....	15.03m (49-3.75)
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DISCUS

11. Tanner Buschmann (R-Sr.)	47.72m (156-7)
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HAMMER THROW

19. Ahren Bohanan (R-Sr.).....	58.90m (193-3)
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JAVELIN

2. Reinhard Van Zyl (Sr.)	73.13m (239-11)
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MEN'S RESULTS
BOBCAT INVITATIONAL
 March 30-April 1 // San Marcos, Texas

100-METER DASH

14. Ja'Mari Ward (Fr.).....	10.56 PR* // Wind: 2.3
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SHOT PUT

1. Will Fife (R-So.).....	17.23m (56-6.5) PR
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DISCUS

6. Tanner Buschmann (R-Sr.)	49.71m (163-1)
9. Will Fife (R-So.)	47.12m (154-7)

HAMMER THROW

4. Ahren Bohanan (R-Sr.).....	58.08m (190-7)
5. Patrick Kunza (R-Fr.).....	57.63m (189-1)
15. Sean Harrell (R-Jr.).....	49.63m (163-5)

WOMEN'S RESULTS
TEXAS RELAYS
 March 30-April 1 // Austin, Texas

100-METER DASH

36. Maya Cody (So.).....	11.78 PR* // Wind: 2.4
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100-METER HURDLES

8. Valerie Thames (Sr.)	13.61 (13.46q) // Wind: -0.3(2.6q)
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400-METER HURDLES

7. Valerie Thames (Sr.)	1:00.63 (58.83q)
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4x200-METER RELAY

9. Cody, Farquharson, Joseph, Wells.....	1:37.11
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4x400-METER RELAY INVITATIONAL

6. Cody, Farquharson, Wells, Thames.....	3:47.96
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TRIPLE JUMP

Mollie Gribbin (R-Sr.).....	FOUL
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SHOT PUT

13. Gabi Jacobs (R-So.).....	13.01m (42-8.25)
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DISCUS

12. Gabi Jacobs (R-So.).....	48.25m (158-4)
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HAMMER THROW

14. Rebecca Keating (So.).....	54.67m (179-4)
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JAVELIN

13. Allie Webb (Fr.).....	34.80m (114-2)
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WOMEN'S RESULTS
BOBCAT INVITATIONAL
 March 30-April 1 // San Marcos, Texas

100-METER DASH

12. Tsai-Anne Joseph (R-So.).....	11.79 PR* // Wind: 4.1
43. Lynnsey Brim (R-Jr.).....	12.34 // Wind: 3.4

HIGH JUMP

2. Karissa Roman (So.)	1.70m (5-7) PR
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LONG JUMP

14. Lynnsey Brim (R-Jr.).....	5.38m (17-8) // Wind: 3.2
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TRIPLE JUMP

7. Shammai Ilis (So.)	11.97m (39-3.25) // Wind: 3.8
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SHOT PUT

4. Emily Stauffer (Fr.).....	13.93m (45-8.5)
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DISCUS

1. Gabi Jacobs (R-So.).....	55.69m (182-8) PR, #2
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MEN'S RESULTS
STANFORD INVITATIONAL

March 31-April 1 // Palo Alto, Calif.

800-METER RUN

 4. Cain Winebrenner (R-Jr.) **1:49.97 PR**
1500-METER RUN

 1. Luca Russo (R-Sr.) **3:46.47 PR**
5000-METER RUN

3. Drew White (R-Sr.) 14:18.13

MEN'S RESULTS
SAN FRANCISCO STATE DISTANCE CARNIVAL

March 31-April 1 // San Francisco, Calif.

800-METER RUN

9. Luca Russo (R-Sr.) 1:52.84

20. Mark Sheridan (Jr.) 1:53.84

1500-METER RUN

11. Cain Winebrenner (R-Jr.) 3:55.42

34. Mark Sheridan (Jr.) 3:57.55

5000-METER RUN

 22. Drew White (R-Sr.) **14:16.81 PR**

63. Jordan Cook (R-Sr.) 14:46.62

65. Marc Dubrick (R-Jr.) 14:48.37

90. Zach Cook (R-So.) 14:58.84

119. Thomas George (So.) 15:16.04

143. Michael Widmann (R-Fr.) 15:30.40

10,000-METER RUN

 3. Ollie Lockley (R-Sr.) **29:24.18 PR, #3**
3,000-METER STEEPLECHASE

 4. Sheldon Keence (R-Jr.) **8:55.29 PR, #8**
HAMMER THROW

 2. Rebecca Keating (So.) **58.50m (191-11) PR, #5**

18. Emily Stauffer (Fr.) 43.97m (144-3)

33. Allie Webb (Fr.) 35.19m (115-5)

JAVELIN

2. Jennifer Berilla (R-Sr.) 41.06m (134-8)

8. Allie Webb (Fr.) 33.66m (110-6)

WOMEN'S RESULTS
STANFORD INVITATIONAL

March 31-April 1 // Palo Alto, Calif.

800-METER RUN

33. Valeska Halamicek (R-Jr.) 2:12.21

1500-METER RUN

6. Valeska Halamicek (R-Jr.) 4:32.28

5000-METER RUN

 12. Nicole Mello (R-Jr.) **16:50.06 PR**
5000-METER RUN INVITATIONAL

 2. Karissa Schweizer (Jr.) **15:39.75 PR, SR**
10,000-METER RUN INVITATIONAL

 8. Jamie Kempfer (R-So.) **33:09.67 PR, SR**
WOMEN'S RESULTS
SAN FRANCISCO STATE DISTANCE CARNIVAL

March 31-April 1 // San Francisco, Calif.

5000-METER RUN

 2. Teylar Adelsberger (Sr.) **16:36.08 PR**

35. Megan Cunningham (R-Jr.) 17:09.88

37. Kaitlyn Fischer (Sr.) 17:11.54

40. Jordyn Kleve (R-Fr.) 17:15.20

61. Ellyn Atkinson (R-Jr.) 17:29.34

MEN'S RESULTS

CRIMSON TIDE INVITE
April 7-8 // Tuscaloosa, Ala.

100-METER DASH

13. Niager Mathis (R-Jr.)	10.78 // Wind: 1.9
15. Ja'Mari Ward (Fr.)	10.79 // Wind: 1.9
20. Jerrad Mason (R-Jr.)	10.96 // Wind: 1.1
25. Jonathan Holder (R-Jr.)	11.10 // Wind: 1.1

200-METER DASH

17. Niager Mathis (R-Jr.)	22.02 // Wind: -0.3
28. Jonathan Holder (R-Jr.)	22.69 // Wind: 0.8

800-METER DASH

3. Cain Winebrenner (R-Jr.)	1:49.95 PR
10. Mark Sheridan (Jr.)	1:54.13

1500-METER RUN

3. Luca Russo (R-Sr.)	3:48.38
7. Marc Dubrick (R-Jr.)	3:51.78 PR
13. Sheldon Keence (R-Jr.)	3:55.11 PR
14. Zach Cook (R-So.)	3:56.71 PR

400-METER HURDLES

3. Jerrad Mason (R-Jr.)	52.24
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4x400-METER RELAY

5. Mason, Mathis, Winebrenner, Holder	3:15.11
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TRIPLE JUMP

Ja'Mari Ward (Fr.)	Foul
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SHOT PUT

5. Will Fife (R-So.)	17.31m (56-3.25) PR
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DISCUS

8. Will Fife (R-So.)	50.23m (164-9) PR
9. Tanner Buschmann (R-Sr.)	49.47m (162-3)

HAMMER THROW

5. Ahren Bohanan (R-Sr.)	58.22m (191-0)
6. Patrick Kunza (R-Fr.)	57.91m (190-0) PR

JAVELIN

3. Reinhard Van Zyl (Sr.)	66.49m (218-2)
4. Alex Pascal (R-Jr.)	66.23m (217-3)

WOMEN'S RESULTS

CRIMSON TIDE INVITE
April 7-8 // Tuscaloosa, Ala.

100-METER DASH

4. Maya Cody (So.)	11.72 PR, #5 // Wind: 1.4
5. LaQuisha Jackson (Sr.)	11.73 // Wind: 1.4
12. Tsai-Anne Joseph (R-So.)	12.18 // Wind: 1.4

200-METER DASH

3. LaQuisha Jackson (Sr.)	23.87 // Wind: 0.3
11. Maya Cody (So.)	24.25 // Wind: 1.5
29. Emma Vickers (Sr.)	26.50 // Wind: 0.3

400-METER DASH

10. Sandrae Farquharson (Sr.)	55.87
13. Sydney Wells (Sr.)	56.41 PR
22. Emma Vickers (Sr.)	58.02

800-METER RUN

6. Valeska Halamicek (R-Jr.)	2:10.21
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1500-METER RUN

2. Karissa Schweizer (Jr.)	4:15.77 PR, #2
19. Hannah Thomas (So.)	4:45.84

5000-METER RUN

5. Nicole Mello (R-Jr.)	16:58.24
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100-METER HURDLES

3. Valerie Thames (Sr.)	13.54 // Wind: 0.6
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400-METER HURDLES

2. Valerie Thames (Sr.)	59.37
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3000-METER STEEPLECHASE

2. Teylar Adelsberger (Sr.)	10:32.90
7. Samantha Farmer (R-Fr.)	11:29.76

4x100-METER RELAY

3. Cody, Jackson, Joseph, Farquharson	45.00 PR, #2
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4x400-METER RELAY

6. Wells, Jackson, Cody, Thames	3:44.05
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HIGH JUMP

4. Karissa Roman (So.)	1.60m (5-3)
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LONG JUMP

17. Lynnsey Brim (R-Jr.)	5.33m (17-6) // Wind: 0.6
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TRIPLE JUMP

3. Mollie Gribbin (R-Sr.)	12.46m (40-10.5) #3 // Wind: 0.8
6. Shammai Iliis (So.)	12.02m (39-5.25) // Wind: -0.2

SHOT PUT

5. Emily Stauffer (Fr.)	15.17m (49-9.25) PR, #10
8. Gabi Jacobs (R-So.)	14.90m (48-10.75) PR

DISCUS

2. Gabi Jacobs (R-So.)	55.23m (181-2)
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MEN'S RESULTS

TOM BOTTS INVITATIONAL

April 14-15 // Columbia, Mo.

100-METER DASH

2. Jonathan Holder (R-Jr.) 10.85 // Wind: 2.5

200-METER DASH

4. Niager Mathis (R-Jr.) 21.47 // Wind: 4.1

9. Jonathan Holder (R-Jr.) 21.79 // Wind: 4.1

400-METER DASH

1. Kahmari Montgomery (So.) 46.86

800-METER RUN

6. Mark Sheridan (Jr.) 1:54.17

21. Taylor Stephen (R-So.) 1:59.24

27. Brian Hernan (R-Jr.) 2:05.15

1500-METER RUN

17. Brian Hernan (R-Jr.) 4:13.52

5000-METER RUN

1. Ollie Lockley (R-Sr.) 14:14.78 PR

3. Drew White (R-Sr.) 14:47.61

4. Marc Dubrick (R-Jr.) 14:56.54

400-METER HURDLES

1. Jerrad Mason (R-Jr.) 51.24 PR, #7

3000-METER STEEPLECHASE

2. Tim Johnson (R-Jr.) 9:48.66

4x100-METER RELAY

1. Holder, Mathis, Montgomery, Mason 41.19 PR, #10

4x400-METER RELAY

1. Mason, Mathis, Montgomery, Holder 3:13.38

LONG JUMP

1. Ja'Mari Ward (Fr.) 7.88m (25-10) PR* // Wind: 3.2

SHOT PUT

3. Will Fife (R-So.) 17.01m (55-9.5)

DISCUS

5. Tanner Buschmann (R-Sr.) 50.99m (167-3.5) PR

8. Will Fife (R-So.) 48.11m (157-10)

HAMMER THROW

2. Patrick Kunza (R-Fr.) 60.37m (198-0.75) PR

5. Ahren Bohanan (R-Sr.) 55.04m (180-6.75)

7. Sean Harrell (R-Jr.) 52.49 (172-2.5) PR

JAVELIN

1. Reinhard Van Zyl (Sr.) 65.31m (214-3.25)

HAMMER THROW

4. Rebecca Keating (So.) 57.89m (189-11)

17. Emily Stauffer (Fr.) 46.42m (152-3)

JAVELIN

5. Jennifer Berilla (R-Sr.) 39.00m (127-11)

7. Allie Webb (Fr.) 36.95m (121-2) PR

WOMEN'S RESULTS

TOM BOTTS INVITATIONAL

April 14-15 // Columbia, Mo.

100-METER DASH

2. Maya Cody (So.) 11.56 PR* // Wind: 3.3

200-METER DASH

1. Maya Cody (So.) 23.68 PR* // Wind: 4.4

16. Emma Vickers (Sr.) 25.88 // Wind: 3.8

400-METER DASH

1. LaQuisha Jackson (Sr.) 53.50 PR, #3

7. Sydney Wells (Sr.) 56.87

8. Emma Vickers (Sr.) 57.92

800-METER RUN

5. Valeska Halamicek (R-Jr.) 2:10.98

17. Faramola Shonekan (Fr.) 2:20.82

30. Elly DeTurris (So.) 2:27.56

1500-METER RUN

8. Hannah Thomas (So.) 4:43.36

18. Elly DeTurris (So.) 5:00.51

5000-METER RUN

4. Kaitlyn Fischer (Sr.) 17:18.96

8. Ellyn Atkinson (R-Jr.) 17:48.89

100-METER HURDLES

2. Valerie Thames (Sr.) 13.50 // Wind: 2.3

400-METER HURDLES

2. Valerie Thames (Sr.) 1:00.97

3000-METER STEEPLECHASE

1. Samantha Farmer (R-Fr.) 11:11.35 PR

4x100-METER RELAY

1. Cody, Jackson, Joseph, Farquharson 45.61

4x400-METER RELAY

1. Farquharson, Jackson, Wells, Thames 3:42.46

HIGH JUMP

3. Karissa Roman (So.) 1.75m (5-8.75) PR

LONG JUMP

1. Mollie Gribbin (R-Sr.) 5.88m (19-3.25) // Wind: 3.4

TRIPLE JUMP

Mollie Gribbin (R-Sr.) FOUL

MEN'S RESULTS

JOHN MCDONNELL INVITATIONAL

April 21-22 // Fayetteville, Ark.

100-METER DASH

15. Jerrad Mason (R-Jr.)	11.03 // Wind: 2.5
17. Jonathan Holder (R-Jr.)	11.14 // Wind: 2.5

200-METER DASH

6. Niager Mathis (R-Jr.)	21.64 // Wind: 1.4
7. Kahmari Montgomery (So.)	21.65 // Wind: 2.6

400-METER DASH

5. Kahmari Montgomery (So.)	47.61
14. Niager Mathis (R-Jr.)	49.48

1500-METER RUN

5. Luca Russo (R-Sr.)	3:47.46
20. Zach Cook (R-So.)	3:56.14 PR
23. Cain Winebrenner (R-Jr.)	3:58.45
28. Michael Widmann (R-Fr.)	4:09.42
29. Brian Hernan (R-Jr.)	4:17.62

400-METER HURDLES

3. Jerrad Mason (R-Jr.)	51.65
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3000-METER STEEPLECHASE

3. Tim Johnson (R-Sr.)	10:01.61
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TRIPLE JUMP

2. Ja'Mari Ward (Fr.)	15.44m (50-8) PR, #8 // Wind: 1.1
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SHOT PUT

4. Will Fife (R-So.)	16.77m (55-0.25)
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DISCUS

5. Tanner Buschmann (R-Sr.)	46.93m (154-0)
7. Will Fife (R-So.)	46.32m (152-0)

HAMMER THROW

1. Patrick Kunza (R-Fr.)	56.47m (195-1)
3. Ahren Bohanan (R-Sr.)	58.04m (190-5)
4. Sean Harrell (R-Jr.)	50.37m (165-3)

JAVELIN

2. Alex Pascal (R-Jr.)	65.18m (213-10)
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SHOT PUT

1. Emily Stauffer (Fr.)	15.01m (49-2.75)
2. Gabi Jacobs (R-So.)	14.83m (48-7.75)

DISCUS

1. Gabi Jacobs (R-So.)	53.82m (176-6.75)
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HAMMER THROW

2. Rebecca Keating (So.)	57.00m (187-0)
7. Emily Stauffer (Fr.)	47.31m (155-2.5)
13. Allie Webb (Fr.)	39.41m (129-3.5)

JAVELIN

1. Jennifer Berilla (R-Sr.)	41.73m (136-10.75)
5. Allie Webb (Fr.)	37.38m (122-7.5)

WOMEN'S RESULTS

JOHN MCDONNELL INVITATIONAL

April 21-22 // Fayetteville, Ark.

100-METER DASH

5. Tsai-Anne Joseph (R-So.)	11.86 // Wind: 3.2
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200-METER DASH

18. Emma Vickers (Sr.)	25.99 // Wind: 3.5
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400-METER DASH

5. LaQuisha Jackson (Sr.)	55.49
7. Sydney Wells (Sr.)	56.12 PR
14. Emma Vickers (Sr.)	58.67

800-METER RUN

12. Faramola Shonekan (Fr.)	2:21.30
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1500-METER RUN

16. Elly DeTurris (So.)	5:00.40
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3000-METER RUN

4. Hannah Thomas (So.)	10:06.88
7. Kaelyn Balch (R-Jr.)	10:24.01

100-METER HURDLES

3. Valerie Thames (Sr.)	13.91 // Wind: 2.8
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400-METER HURDLES

5. Valerie Thames (Sr.)	1:02.69
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3000-METER STEEPLECHASE

4. Samantha Farmer (R-Fr.)	11:17.80
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4x400-METER RELAY

1. Farquharson, Jackson, Wells, Thames	3:40.08, #4
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HIGH JUMP

2. Karissa Roman (So.)	1.70m (5-7)
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LONG JUMP

Lynnsey Brim	FOUL
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TRIPLE JUMP

2. Shammai Iliis (So.)	11.94m (39-2.25) // Wind: 1.9
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MEN'S RESULTS

DRAKE RELAYS

April 27-29 // Des Moines, Iowa

800-METER RUN

4. Cain Winebrenner (R-Jr.) 1:54.49

800-METER RUN OPEN

11. Mark Sheridan (Jr.) 1:53.79

17. Ben Goodman (R-Jr.) 1:55.66

1500-METER RUN

6. Luca Russo (R-Sr.) 3:55.03

5000-METER RUN

20. Jordan Cook (R-Sr.) 14:52.99

10,000-METER RUN

1. Drew White (R-Sr.) 29:41.10 PR, #8

3000-METER STEEPLECHASE

12. Sheldon Keence (R-Jr.) 9:20.24

400-METER HURDLES

6. Jerrad Mason (R-Jr.) 52.06

4x100-METER RELAY

11. Mason, Mathis, Montgomery, Holder 43.67

4x200-METER RELAY

3. Mason, Montgomery, Holder, Mathis 1:26.62

4x400-METER RELAY

12. Mason, Montgomery, Holder, Mathis 3:17.48

4x1600-METER RELAY

5. Russo, Dubrick, Keence, Z. Cook 16:45.45

DISTANCE MEDLEY RELAY

10. Dubrick, Montgomery, Sheridan, Z. Cook 10:03.62

SHOT PUT

16. Will Fife (R-So.) 15.57m (51-1)

DISCUS

11. Will Fife (R-So.) 49.66 (162-11)

15. Tanner Buschmann (R-Sr.) 48.67m (159-8)

HAMMER THROW

8. Patrick Kunza (R-Fr.) 58.32m (191-4)

12. Ahren Bohanan (R-Sr.) 54.86m (180-0)

JAVELIN

1. Reinhard Van Zyl (Sr.) 66.57m (218-5)

3. Alex Pascal (R-Jr.) 58.45m (191-9)

SHOT PUT

1. Gabi Jacobs (R-So.) 15.03m (49-3.75) PR

3. Emily Stauffer (Fr.) 14.49m (47-6.5)

DISCUS

1. Gabi Jacobs (R-So.) 56.35m (184-10) PR, #2

HAMMER THROW

1. Rebecca Keating (So.) 56.52m (185-5)

3. Emily Stauffer (Fr.) 46.87m (153-9)

6. Allie Webb (Fr.) 41.30m (135-6)

JAVELIN

6. Allie Webb (Fr.) 31.41m (103-1)

WOMEN'S RESULTS

DRAKE RELAYS

April 27-29 // Des Moines, Iowa

100-METER DASH

1. LaQuisha Jackson (Sr.) 11.65 (11.86q) // Wind: 2.0 (0.9q)

3. Maya Cody (So.) 11.77 (11.81q) // Wind: 2.0 (2.4q)

15. Tsai-Anne Joseph (R-So.) 12.18 // Wind: 0.5 PR

800-METER RUN

13. Valeska Halamicek (R-Jr.) 2:19.65

1500-METER RUN SPECIAL

8. Karissa Schweizer (Jr.) 4:18.16

5000-METER RUN

3. Jamie Kempfer (R-So.) 16:09.59 PR, #5

9. Nicole Mello (R-Jr.) 16:22.17 PR, #7

19. Megan Cunningham (R-Jr.) 16:45.48 PR

27. Jordyn Kleve (R-Fr.) 17:18.74

10,000-METER RUN

5. Kaitlyn Fischer (Sr.) 35:09.84

7. Ellyn Atkinson (R-Jr.) 35:31.87

100-METER HURDLES

4. Valerie Thames (Sr.) 13.50 (13.87q) // Wind: 2.3 (1.1)

400-METER HURDLES

11. Valerie Thames (Sr.) 1:02.67

3000-METER STEEPLECHASE

6. Teylar Adelsberger (Sr.) 10:30.27

4x100-METER RELAY

6. Cody, Jackson, Joseph, Farquharson 46.39q

4x400-METER RELAY

5. Farquharson, Jackson, Wells, Thames 3:44.88 (3:42.67q)

TRIPLE JUMP

14. Mollie Gribbin (R-Sr.) 11.82m (38-9.5) // Wind: 1.6



SHOT PUT

5. Gabi Jacobs (R-So.).....	14.82m (48-7.5)
7. Emily Stauffer (Fr.).....	14.64m (48-0.5)

DISCUS

7. Gabi Jacobs (R-So.).....	46.07m (151-1)
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HAMMER THROW

13. Rebecca Keating (So.).....	54.47m (178-8)
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JAVELIN

Jennifer Berilla (R-Sr.).....	FOUL
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2017 INDOOR SCHEDULE

DATE	MEET	LOCATION
January 6-7	Illinois-Iowa-Missouri Border Battle	Iowa City, Iowa
January 13-14	Commodore Invitational	Nashville, Tenn.
January 20	Tiger Invitational	HOME
January 27-28	Razorback Invitational	Fayetteville, Ark.
February 10-11	Iowa State Classic	Ames, Iowa
February 10-11	Tyson Invitational	Fayetteville, Ark.
February 17	Missouri Collegiate Challenge	HOME
February 24-25	SEC Championships	Nashville, Tenn.
March 11-12	NCAA Championships	College Station, Texas

MEET-BY-MEET RESULTS

MEN'S RESULTS

BORDER BATTLE

January 6-7 // Iowa City, Iowa

60-METER DASH

7. Kahmari Montgomery (So.) 6.91 (6.97p)

600-METER DASH

2. Cain Winebrenner (Sr.) 1:20.76
 7. Robert Kuhlmann (Fr.) 1:22.39
 9. Mark Sheridan (Jr.) 1:22.75
 11. Taylor Stephen (R-So.) 1:23.94
 12. Dylan Quisenberry (Fr.) 1:24.26
 13. Kahmari Montgomery (So.) 1:26.17

1,000-METER DASH

3. Thomas George (So.) 2:28.30
 4. Luca Russo (R-Sr.) 2:29.57
 8. Brian Hernan (Sr.) 2:35.41
 Justin Loquerio (Fr.) 2:40.11

MILE RUN

3. Ben Goodman (R-Jr.) 4:14.81
 8. Patrick Kearns (R-So.) 4:22.30
 11. Tim Johnson (R-Sr.) 4:28.11
 13. Tyler Gillam (R-Fr.) 4:39.21

4x400-METER RELAY

4. "A" (Sweeney, Montgomery, George, Quisenberry) 3:23.579
 7. "C" (Kuhlmann, Hernan, Gillam, Goodman) 3:32.649
 8. "B" (Sheridan, Stephen, Widmann, Loquerio) 3:36.249

SHOT PUT

4. Avery Carter (R-So.) 16.79m (55-1)
 6. Will Fife (R-So.) 15.18m (49-9.75)

WEIGHT THROW

3. Ahren Bohanan (R-Sr.) 17.32m (56-10)
 6. Patrick Kunza (R-Fr.) 16.55m (54-3.75)
 7. Sean Harrell (R-Jr.) 15.81m (51-10.5)
 8. Avery Carter (R-So.) 15.55m (51-0.25)

WOMEN'S RESULTS

BORDER BATTLE

January 6-7 // Iowa City, Iowa

60-METER DASH

1. LaQuisha Jackson (Sr.) 7.42 (7.50p)
 2. **Maya Cody (So.) 7.48 (7.62p) PR, #2**
 8. Tsai-Anne Joseph (R-So.) 7.98 (7.86p)

200-METER DASH

6. Sydney Wells (Sr.) 26.40
 10. Emma Vickers (R-Jr.) 26.98

600-METER DASH

2. Karina Liz (Fr.) 1:37.11

1,000-METER DASH

3. Bailey Hession (Sr.) 3:11.38

MILE RUN

5. Samantha Farmer (R-Fr.) 5:12.87
 7. Megan Cunningham (R-Jr.) 5:13.45
 9. Bianca Mello (Jr.) 5:23.50
 11. Elly DeTurris (So.) 5:51.20

3,000-METER RUN

4. Kaelyn Balch (R-Jr.) 10:47.97

4x400-METER RELAY

4. "A" (Wells, Cody, Jackson, Thames) 3:49.79
 7. "B" (Liz, Farmer, Cunningham, Mello) 4:21.75

HIGH JUMP

5. Karissa Roman (So.) 1.58m (5-5.25)

TRIPLE JUMP

4. Shammai Illis (Jr.) 11.53m (37-10.0)

SHOT PUT

1. **Gabi Jacobs (R-So.) 14.88m (48-10) PR**

MEN'S RESULTS

COMMODORE INVITATIONAL

January 13-14 // Nashville, Tenn.

60-METER DASH

20. Jerrad Mason (R-Jr.)	7.01
21. Kahmari Montgomery (So.)	7.05

200-METER DASH

5. Kahmari Montgomery (So.)	21.52
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400-METER DASH

5. Jerrad Mason (R-Jr.)	47.91
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800-METER DASH

9. Ben Goodman (R-Jr.)	1:52.17
12. Mark Sheridan (Jr.)	1:53.79
17. Taylor Stephen (R-So.)	1:55.19
21. Cain Winebrenner (R-Jr.)	1:56.66
26. Robert Kuhlmann (Fr.)	1:59.38
27. Justin Loquercio (Fr.)	1:59.78

MILE RUN

17. Drew White (R-Sr.)	4:13.43 PR
39. Brian Hernan (R-Jr.)	4:25.14

3,000-METER RUN

9. Luca Russo (R-Sr.)	8:17.69 PR
11. Ollie Lockley (R-Sr.)	8:18.74 PR
13. Thomas George (So.)	8:19.31 PR
15. Marc Dubrick (R-Jr.)	8:22.06 PR
26. Evan Schulte (R-So.)	8:37.52
31. Patrick Kearns (R-So.)	8:40.69
32. Tim Johnson (R-Sr.)	8:41.28 PR
38. Michael Widmann (R-Fr.)	8:36.60
47. Tyler Gillam (R-Fr.)	9:06.26

4,000-METER DMR

3. "A" (Winebrenner, Kuhlmann, Sheridan, Goodman)	10:08.88
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SHOT PUT

5. Avery Carter (R-So.)	16.23m (53-3)
12. Will Fife (R-So.)	14.66m (48-1.25)
18. Rauno Liitmaa (Jr.)	11.94m (39-2.25)

WEIGHT THROW

10. Ahren Bohanan (R-Sr.)	17.25m (56-7.25)
11. Patrick Kunza (R-Fr.)	16.64m (54-7.25)
13. Sean Harrell (R-Jr.)	15.86m (52-0.50)

WOMEN'S RESULTS

COMMODORE INVITATIONAL

January 13-14 // Nashville, Tenn.

60-METER HURDLES

10. Valerie Thames (R-Jr.)	8.76
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60-METER DASH

10. LaQuisha Jackson (Sr.)	7.50
13. Maya Cody (So.)	7.55
37. Tsai-Anne Joseph (R-So.)	8.00

200-METER DASH

11. LaQuisha Jackson (Sr.)	24.34
14. Maya Cody (24.55) (So.)	24.55 PR, #3
39. Tsai-Anne Joseph (R-So.)	25.80
56. Emma Vickers (R-Jr.)	26.61

400-METER DASH

18. Valerie Thames (R-Jr.)	57.46
44. Emma Vickers (R-Jr.)	1:02.53

800-METER RUN

10. Valeska Halamicek (R-Jr.)	2:13.59
22. Karina Liz (Fr.)	2:17.69
31. Faramola Shonekan (Fr.)	2:34.20

MILE RUN

1. Karissa Schweizer (Jr.)	4:41.86
15. Teylar Adelsberger (Sr.)	5:04.09
25. Hannah Thomas (So.)	5:09.85
29. Bianca Mello (Jr.)	5:14.41 PR
36. Bailey Hession (Sr.)	5:18.40
51. Elly DeTurris (So.)	5:36.16

3,000-METER RUN

3. Jamie Kempfer (R-So.)	9:26.36 PR, #5
4. Nicole Mello (R-Jr.)	9:39.18 PR
15. Kaitlyn Fischer (R-Jr.)	9:58.67
17. Megan Cunningham (R-Jr.)	10:05.85
19. Jordyn Kleve (R-Fr.)	10:07.91
23. Samantha Farmer (R-Fr.)	10:12.01
39. Kaelyn Balch (R-Jr.)	10:55.79

4,000-METER DMR

3. "A" (Halamicek, Wells, Liz, Adelsberger)	12:00.22
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HIGH JUMP

7. Karissa Roman (So.)	1.66m (5-5.25)
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SHOT PUT

8. Gabi Jacobs (R-So.)	14.34m (47-0.75)
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WEIGHT THROW

19. Rebecca Keating (So.)	15.20m (49-10.50)
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LONG JUMP

18. Lynnsey Brim (R-Jr.)	5.58m (18-3.75)
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MEN'S RESULTS

MISSOURI INVITATIONAL
January 20 // Columbia, Mo.

60-METER DASH

10. Jerrad Mason (R-Jr.)	7.02
11. Kahmari Montgomery (So.)	7.02
12. Jonathan Holder (R-Jr.)	7.05
32. Rauno Liitmaa (Jr.)	7.46

400-METER DASH

11. Robert Kuhlmann (Fr.)	51.58
12. Cain Winebrenner (Sr.)	51.73 PR

800-METER RUN

12. Michael Widmann (R-Fr.)	2:01.95
15. Patrick Kearns (R-So.)	2:02.37
16. Justin Loquercio (Fr.)	2:02.74
18. Brian Hernan (R-Jr.)	2:05.74 PR
19. Tim Johnson (R-Sr.)	2:07.73
21. Tyler Gillam (R-Fr.)	2:12.37

MILE RUN

5. Michael Widmann (R-Fr.)	4:24.58
6. Taylor Stephen (R-So.)	4:27.38 PR
12. Tim Johnson (R-Sr.)	4:39.69
16. Tyler Gillam (R-Fr.)	4:35.32 PR
19. Patrick Kearns (R-So.)	4:38.10

4x400-METER RELAY

8. "B" (Goodman, Stephen, Loquercio, Widmann)	3:32.15
11. "A" (Hernan, Kuhlmann, Sheridan, Gillam)	3:33.51

WEIGHT THROW

1. Patrick Kunza (R-Fr.)	17.71m (58-1) PR
2. Ahren Bohanan (R-Sr.)	16.90m (55-5)
5. Sean Harrell (R-Jr.)	16.17m (53-0) PR

HIGH JUMP

4. Rauno Liitmaa (Jr.)	1.90m (6-2.75)
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SHOT PUT

2. Will Fife (R-So.)	15.82m (51-11)
Avery Carter (R-So.)	FOUL

WOMEN'S RESULTS

MISSOURI INVITATIONAL
January 20 // Columbia, Mo.

60-METER HURDLES

1. Valerie Thames (R-Jr.)	8.60 (8.75p) PR, #5
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60-METER DASH

1. Maya Cody (So.)	7.40 (7.50p) PR, #2
3. LaQuisha Jackson (Sr.)	7.51
8. Tsai-Anne Joseph (R-So.)	7.82 (7.81p) PR

400-METER DASH

4. Sydney Wells (Sr.)	58.22
8. Karina Liz (Fr.)	1:00.61
11. Emma Vickers (R-Jr.)	1:01.05
23. Faramola Shonekan (Fr.)	1:07.22

800-METER RUN

4. Samantha Farmer (R-Fr.)	2:24.70
5. Bianca Mello (Jr.)	2:25.92
7. Bailey Hession (Sr.)	2:26.91
21. Elly DeTurris (So.)	2:32.80
26. Hannah Thomas (So.)	2:36.36

MILE RUN

2. Samantha Farmer (R-Fr.)	5:14.83
3. Hannah Thomas (So.)	5:17.87
12. Emmie Hahn (R-Fr.)	5:30.95

3000-METER RUN

14. Kaelyn Balch (R-Jr.)	11:11.01
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4x400-METER RELAY

1. "A" (Cody, Jackson, Wells, Thames)	3:47.64 MR
9. "C" (B. Mello, Farmer, DeTurris, Hahn)	4:21.30
12 "B" (Halamicek, Shonekan, Hession, Thomas)	4:29.01

WEIGHT THROW

1. Rebecca Keating (R-Fr.)	16.62m (54-6) PR
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LONG JUMP

2. Lynnsey Brim (Sr.)	5.63m (18-5.75)
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HIGH JUMP

2. Karissa Roman (So.)	1.70m (5-7) PR
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SHOT PUT

1. Gabi Jacobs (R-So.)	14.43m (47-4.25)
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TRIPLE JUMP

3. Mollie Gribbin (R-Sr.)	12.03m (39-5.75)
5. Shammai Iliis (Jr.)	11.85m (38-10.5)
Destiny Brown (Fr.)	FOUL



MEN'S RESULTS

RAZORBACK INVITATIONAL January 27-28 // Fayetteville, Ark.

60-METER DASH

28. Niager Mathis (R-Jr.)..... 7.18

60-METER HURDLES

15. Rauno Liitmae (Jr.) 8.66

200-METER DASH

12. Kahmari Montgomery (So.) 21.41

29. Niager Mathis (R-Jr.)..... 22.47

400-METER DASH

5. Kahmari Montgomery (So.) 46.57

13. Jerrad Mason (R-Jr.) 48.05

37. Niager Mathis (R-Jr.) 50.81 PR

800-METER RUN

12. Cain Winebrenner (Sr.) 1:52.02

16. Mark Sheridan (Jr.) 1:53.04

17. Ben Goodman (R-Jr.) 1:53.05

27. Taylor Stephen (R-So.) 1:55.46

MILE RUN

9. Luca Russo (R-Sr.) 4:07.97 PR

15. Thomas George (So.) 4:14.41

18. Zach Cook (R-So.) 4:15.86

3,000-METER RUN

12. Drew White (R-Sr.) 8:17.31 PR

18. Marc Dubrick (R-Jr.) 8:21.64 PR

24. Ollie Lockley (R-Sr.) 8:27.73

37. Michael Widmann (R-Fr.) 8:36.80

39. Evan Schulte (R-So.) 8:45.18

4,000-METER DMR

5. (George, Mason, Goodman, Russo) 9:54.80

4x400-METER RELAY

6. (Mason, Mathis, Sweeney, Montgomery) 3:14.72

WEIGHT THROW

10. Patrick Kunza (R-Fr.) 17.99m (59-0.25) PR

14. Ahren Bohanan (R-Sr.) 15.35m (50-4.25)

SHOT PUT

15. Rauno Liitmae (Jr.) 12.48m (40-11.5) PR

WOMEN'S RESULTS

RAZORBACK INVITATIONAL January 27-28 // Fayetteville, Ark.

60-METER HURDLES

18. Valerie Thames (R-Jr.) 9.23

200-METER DASH

15. LaQuisha Jackson (Sr.) 23.95

29. Maya Cody (So.) 24.68

400-METER DASH

9. LaQuisha Jackson (Sr.) 54.20 PR, #3

23. Valerie Thames (R-Jr.) 55.99

35. Sydney Wells (Sr.) 57.70

38. Maya Cody (So.) 59.48

800-METER RUN

26. Valeska Halamicek (R-Jr.) 2:16.84

27. Karina Liz (Sr.) 2:19.26

MILE RUN

1. Karissa Schweizer (Jr.) 4:35.61 PR, #2

13. Teylar Adelsberger (Sr.) 4:54.32 PR

26. Bailey Hession (Sr.) 5:07.35

29. Hannah Thomas (So.) 5:10.51

30. Bianca Mello (Sr.) 5:11.89 PR

3,000-METER RUN

10. Nicole Mello (R-Jr.) 9:44.69

14. Jordyn Kleve (R-Fr.) 9:50.76 PR

19. Megan Cunningham (R-Jr.) 9:58.31

24. Samantha Farmer (R-Fr.) 10:19.78

4x400-METER RELAY

7. (Cody, Jackson, Wells, Thames) 3:43.45 PR, #2

WEIGHT THROW

23. Rebecca Keating (R-Fr.) 14.79m (48-6.25)

LONG JUMP

18. Lynnsey Brim (Sr.) 5.59m (48-6.25)

HIGH JUMP

6. Karissa Roman (So.) 1.68m (5-6)

TRIPLE JUMP

15. Mollie Gribbin (R-Sr.) 11.82m (38-9.5)

SHOT PUT

6. Gabi Jacobs (R-So.) 14.52m (47-7.75)

MEN'S RESULTS
TYSON INVITATIONAL
 February 10-11 // Fayetteville, Ark.

60-METER DASH

31. Kahmari Montgomery (So.) 7.00

200-METER DASH

11. Kahmari Montgomery (So.) 21.25

11. Niager Mathis (R-Jr.) 22.35

400-METER DASH

18. Jerrad Mason (R-Jr.) 48.11

800-METER RUN

4. Mark Sheridan (Jr.) 1:53.47

5. Ben Goodman (R-Jr.) 1:53.53

11. Taylor Stephen (R-So.) 1:55.16

14. Dylan Quisenberry (Fr.) 1:57.51 PR
800-METER RUN INVITATIONAL

4. Cain Winebrenner (R-Jr.) 1:51.36

MILE RUN

1. Marc Dubrick (R-Jr.) 4:12.61

4. Zach Cook (R-So.) 4:19.67

MILE RUN INVITATIONAL
3. Thomas George (So.) 4:08.86 PR

6. Luca Russo (R-Sr.) 4:13.57

3,000-METER RUN
7. Sheldon Keence (R-Jr.) 8:34.87 PR

8. Tim Johnson (R-Sr.) 8:51.03

5,000 METER RUN
1. Ollie Lockley (R-Sr.) 14:33.22 PR

5. Patrick Kearns (R-So.) 15:17.97

6. Michael Widmann (R-Fr.) 15:29.95

4,000-METER DMR

2. (Goodman, Kuhlmann, Winebrenner, George) 9:57.55

3. (Russo, Quisenberry, Sheridan, White) 10:16.43

4x400-METER RELAY

10. (Montgomery, Sweeney, Mason, Mathis) 3:12.90

WEIGHT THROW
5. Patrick Kunza (R-Fr.) 18.42m (60-5.25) PR
SHOT PUT

13. Avery Carter (R-So.) 16.67m (54-8.25)

WOMEN'S RESULTS
IOWA STATE CLASSIC
 February 10 // Ames, Iowa

3000-METER RUN
1. Karissa Schweizer (Jr.) 9:06.60 PR, #2

23. Teylar Adelsberger (Sr.) 9:40.59

5000-METER RUN
13. Jordan Kleve (R-Fr.) 17:10.62 PR

17. Kaitlyn Fischer (Sr.) 17:39.34

5000-METER RUN INVITATIONAL
5. Jamie Kempfer (R-So.) 16:05.23 PR, #2
22. Nicole Mello (R-Jr.) 16:41.15 PR, #8
WOMEN'S RESULTS
TYSON INVITATIONAL
 February 10-11 // Fayetteville, Ark.

60-METER DASH
17. Maya Cody (So.) 7.44 (7.39 q) PR, #2
200-METER DASH
15. LaQuisha Jackson (Sr.) 23.99
20. Maya Cody (So.) 24.31 PR, #3
400-METER DASH

15. LaQuisha Jackson (Sr.) 54.78

33. Valerie Thames (R-Sr.) 56.32

800-METER RUN

4. Valeska Halamiccek (R-Jr.) 2:12.56

8. Karina Liz (Fr.) 2:16.27 PR
MILE RUN INVITATIONAL

7. Bianca Mello (R-Jr.) 5:13.25

8. Bailey Hession (Sr.) 5:16.98

3,000-METER RUN

6. Megan Cunningham (R-Jr.) 10:13.20

7. Samantha Farmer (R-Fr.) 10:21.07

9. Hannah Thomas (So.) 10:27.50

4,000-METER DMR

2. (Halamiccek, Vickers, Liz, Mello) 12:11.86

4x400-METER RELAY

8. (Jackson, Cody, Wells, Thames) 3:42.07 PR

WEIGHT THROW

12. Rebecca Keating (So.) 16.11m (52-10.25)

HIGH JUMP
3. Karissa Roman (So.) 1.70m (5-7) PR
TRIPLE JUMP

9. Mollie Gribbin (R-Sr.) 12.05m (39-6.5)

SHOT PUT

7. Gabi Jacobs (R-So.) 14.81m (48-7.25)



MEN'S RESULTS
MISSOURI COLLEGIATE CHALLENGE

February 17 // Columbia, Mo.

60-METER DASH

1. Kahmari Montgomery (So.)	6.85 PR, #9
2. Jerrad Mason (R-Jr.)	6.98 PR
3. Niager Mathis (R-Jr.).....	6.98
6. Jonathan Holder (R-Jr.).....	7.10
10. Beresford Sweeney	7.14 PR

600-METER RUN

2. Robert Kuhlmann (Fr.).....	1:23.93
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800-METER RUN

5. Dylan Quisenberry (Fr.)	1:59.49 PR
9. Justin Loquercio (Fr.).....	2:03.68

MILE RUN

5. Brian Hernan (R-Jr.).....	4:32.83
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3,000-METER RUN

2. Michael Widmann (R-Fr.).....	8:47.11
6. Tim Johnson (R-Sr.).....	9:12.15
7. Tyler Gillam (R-Fr.).....	9:19.30

POLE VAULT

6. Rauno Liitmae (Jr.)	4.58m (15-0.25) PR
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SHOT PUT

1. Avery Carter (R-So.).....	16.25m (53-3.75)
3. Will Fife (R-So.).....	15.36m (50-4.75)

WEIGHT THROW

1. Patrick Kunza (R-Fr.)	19.22m (63-0.75) PR
2. Ahren Bohanan (R-Sr.)	18.96m (62-2.5) PR
4. Sean Harrell (R-Jr.)	16.52m (54-2.5) PR

WOMEN'S RESULTS
MISSOURI COLLEGIATE CHALLENGE

February 17 // Columbia, Mo.

60-METER DASH

2. Tsai-Anne Joseph (R-So.)	7.77 PR
3. LaQuisha Jackson (Sr.).....	7.92

60-METER HURDLES

1. Valerie Thames (R-Jr.)	8.45 PR, SR
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200-METER DASH

2. Maya Cody (So.)	24.57
3. Tsai-Anne Joseph (R-So.).....	25.94

400-METER DASH

1. LaQuisha Jackson (Sr.).....	54.28 MR
2. Sydney Wells (Sr.)	56.84 PR
3. Emma Vickers (R-Jr.).....	58.82

600-METER RUN

1. Karina Liz (Fr.).....	1:37.70
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800-METER RUN

3. Faramola Shonekan (Fr.)	2:26.34 PR
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MILE RUN

1. Hannah Thomas (So.)	5:06.56 PR
2. Bailey Hession (Sr.).....	5:07.51
5. Samantha Farmer (R-Fr.).....	5:13.34
6. Bianca Mello (R-Jr.).....	5:17.85
9. Elly DeTurris (So.).....	5:32.70

3,000-METER RUN

2. Kaelyn Balch (R-Jr.).....	10:28.00
3. Emmie Hahn (R-Fr.).....	10:55.21

TRIPLE JUMP

3. Shammai Ilis (So.)	12.01m (39-5) PR
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SHOT PUT

3. Gabi Jacobs (R-So.).....	14.66m (48-1.25)
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MEN'S RESULTS

SEC INDOOR CHAMPIONSHIPS

February 24-25 // Nashville, Tenn.

60-METER DASH

23. Niager Mathis (R-Jr.)	6.98
26. Jonathan Holder (Jr.)	7.07

200-METER DASH

13. Kahmari Montgomery (So.)	21.21
21. Jerrad Mason (R-Jr.)	21.62
20. Niager Mathis (R-Jr.)	22.30
31. Jonathan Holder (Jr.)	22.50 PR

400-METER DASH

14. Kahmari Montgomery (So.)	46.80
21. Jerrad Mason (R-Jr.)	47.29

800-METER RUN

14. Cain Winebrenner (Sr.)	1:52.06
18. Mark Sheridan (Jr.)	1:53.58
21. Ben Goodman (R-Jr.)	1:58.31

MILE RUN

11. Thomas George (So.)	4:11.91
17. Zach Cook (R-So.)	4:16.95
19. Luca Russo (R-Sr.)	4:18.16

3,000-METER RUN

12. Drew White (R-Sr.)	8:17.15 PR
13. Marc Dubrick (R-Jr.)	8:21.31 PR

5,000-METER RUN

6. Drew White (R-Sr.)	14:14.12 PR, #3
11. Ollie Lockley (Sr.)	14:26.47 PR, #9

4,000-METER DMR

9. Sheridan, Kuhlmann, Winebrenner, Russo	9:52.17
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4x400-METER RELAY

9. Montgomery, Mason, Mathis, Holder	3:14.01
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SHOT PUT

10. Avery Carter (R-So.)	17.85m (58-6.75) PR
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WEIGHT THROW

14. Ahren Bohanan (R-Sr.)	19.13m (62-9.25) PR
16. Patrick Kunza (R-Fr.)	18.97m (62-5)

HEPTATHLON

10. Rauno Liitmaa (Jr.)	5,296 pts PR, #7
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60-METER DASH

14. Rauno Liitmaa (Jr.)	7.33 PR (769 pts)
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60-METER HURDLES

13. Rauno Liitmaa (Jr.)	8.61 PR (834 pts)
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WOMEN'S RESULTS

SEC INDOOR CHAMPIONSHIPS

February 24-25 // Nashville, Tenn.

60-METER DASH

17. Maya Cody (So.)	7.40
20. LaQuisha Jackson (Sr.)	7.45

60-METER HURDLES

15. Valerie Thames (R-Jr.)	8.46
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200-METER DASH

12. LaQuisha Jackson (Sr.)	23.77
20. Maya Cody (So.)	24.07 PR, #3

400-METER DASH

17. LaQuisha Jackson (Sr.)	54.50
23. Valerie Thames (R-Jr.)	55.12
29. Sydney Wells (Sr.)	55.91

800-METER RUN

10. Valeska Halamiccek (R-Jr.)	2:09.95
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MILE RUN

1. Karissa Schweizer (Jr.)	4:37.44 (4:45.33q)
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3,000-METER RUN

1. Karissa Schweizer (Jr.)	9:18.32
12. Teylar Adelsberger (Sr.)	9:38.85
20. Megan Cunningham (R-Jr.)	10:04.95

5,000-METER RUN

3. Jamie Kempfer (R-So.)	16:10.15
11. Nicole Mello (R-Jr.)	16:31.56 PR, #3
18. Jordyn Kleve (R-Fr.)	17:00.77 PR
30. Kaitlyn Fischer (R-Jr.)	17:43.13

4,000-METER DMR

10. Halamiccek, Vickers, Liz, Adelsberger	11:46.93
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4x400-METER RELAY

6. Cody, Jackson, Wells, Thames	3:37.49
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HIGH JUMP

11. Karissa Roman (So.)	1.69m (5-6.5)
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TRIPLE JUMP

15. Mollie Gribbin (R-Sr.)	12.51m (41-0.5) #2
20. Shammai Iliis (Jr.)	12.12m (39-9.25) PR, #6

SHOT PUT

8. Gabi Jacobs (R-So.)	14.95m (49-0.75) PR
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1,000-METER RUN
1. Rauno Liitmaa (Jr.)..... 2:43.41 PR (836 pts)
POLE VAULT
11. Rauno Liitmaa (Jr.) 4.30m (14-1.25) (702 pts)
HIGH JUMP
7. Rauno Liitmaa (Jr.)..... 1.94m (6-4.25) PR (749 pts)
LONG JUMP
10. Rauno Liitmaa (Jr.)..... 6.67m (21-10.75) PR (736 pts)
SHOT PUT
9. Rauno Liitmaa (Jr.)..... 13.05m (42-9.75) PR (670 pts)
WOMEN'S RESULTS
NCAA INDOOR CHAMPIONSHIPS

March 10-11 // College Station, Texas

5,000-METER RUN

1. Karissa Schweizer (Jr.)..... 15:19.14

3,000-METER RUN

2. Karissa Schweizer (Jr.)..... 9:09.33

2017 MEN'S OUTDOOR PERFORMANCE LIST

AHREN BOHANAN		R-SR	WILL FIFE		R-SO	TIM JOHNSON		R-SR
HAMMER THROW		(57.61m//189-0)	SHOT PUT		(16.45m // 53-11.75)	1500-METER RUN		(4:13.56)
March 18 (CMU Open)	60.89m (199-9.25) PR		March 18 (CMU Open)		15.98m (52-5)			
March 30 (Texas Relays)	58.90m (193-3)		March 31 (Texas Relays)		15.03m (49-3.75)	3000-METER RUN		(8:51.51)
March 31 (Bobcat Invitational)	58.08m (190-7)		April 1 (Bobcat Invitational)		17.23m (56-6.5) PR			
April 7 (Crimson Tide Invite)	58.22m (191-0)		April 8 (Crimson Tide Invite)	17.31m (56-3.25) PR		3000-METER STEEPLECHASE		(9:19.54)
April 14 (Tom Botts Invitational)	55.04m (180-6.75)		April 15 (Tom Botts Invitational)	17.01m (55-9.5)		April 14 (Tom Botts Invitational)	9:48.66	
April 21 (John McDonnell Invitational)	58.04m (190-5)		April 22 (John McDonnell Invitational)	16.77m (55-0.25)		April 22 (John McDonnell Invitational)	10:01.61	
April 29 (Drake Relays)	54.86m (180-0)		April 28 (Drake Relays)	15.57m (51-1)				
TANNER BUSCHMANN		R-SR	DISCUS		(47.71m // 156-6)	PATRICK KEARNS		R-SO
DISCUS		(50.34m // 165-2)	March 18 (CMU Open)		46.45m (152-4.5)	3000-METER RUN		(9:12.26)
March 18 (CMU Open)	44.44m (145-9.5)		March 30 (Bobcat Invitational)		47.12m (154-7)			
March 30 (Bobcat Invitational)	49.71m (163-1)		April 8 (Crimson Tide Invite)	50.23m (164-9) PR		SHELDON KEENCE		R-JR
March 31 (Texas Relays)	47.72m (156-7)		April 15 (Tom Botts Invitational)	48.11m (157-10)		1500-METER RUN		(4:00.46)
April 8 (Crimson Tide Invite)	49.47m (162-3)		April 22 (John McDonnell Invitational)	46.32m (152-0)		April 8 (Crimson Tide Invite)	3:55.11 PR	
April 15 (Tom Botts Invitational)	50.99m (167-3.5) PR		April 29 (Drake Relays)	49.66m (162-11)		3000-METER RUN		(8:52.48)
April 22 (John McDonnell Invitational)	46.93m (154-0)		THOMAS GEORGE		SO	3000-METER STEEPLECHASE		(9:05.18)
April 29 (Drake Relays)	48.67m (159-8)		1500-METER RUN		(3:51.16)	March 31 (SFSU Distance Carnival)	8:55.29 PR, #8	
HAMMER THROW		(50.37m//165-3)	3000-METER RUN		(8:36.12)	April 29 (Drake Relays)	9:20.24	
AVERY CARTER		R-SO	5000-METER RUN			ALFRED KIMAIYO		FR
SHOT PUT		(15.01m // 49-3)	March 31 (SFSU Distance Carnival)	15:16.04				
HAMMER THROW		(42.85m // 140-7)	BEN GOODMAN		R-JR	ROBERT KUHLMANN		FR
JORDAN COOK		R-SR	800-METER RUN		(1:52.01)	PATRICK KUNZA		R-FR
1500-METER RUN		(3:56.58)	April 29 (Drake Relays)	1:55.66		HAMMER THROW		
5000-METER RUN		(14:17.17)	SEAN HARRELL		R-JR	March 31 (Bobcat Invitational)	57.63m (189-1)	
March 31 (SFSU Distance Carnival)	14:46.62		HAMMER THROW		(50.56m // 165-10)	April 8 (Crimson Tide Invite)	57.91m (190-0)	
April 27 (Drake Relays)	14:52.99		March 18 (CMU Open)	50.41m (165-4.5)		April 14 (Tom Botts Invitational)	60.37m (198-0.75) PR	
ZACH COOK		R-SO	March 31 (Bobcat Invitational)	49.63m (163-5)		April 21 (John McDonnell Invitational)	56.47m (195-1)	
1500m RUN		(4:01.34)	April 14 (Tom Botts Invitational)	52.49m (172-2.5) PR		April 29 (Drake Relays)	58.32m (191-4)	
April 8 (Crimson Tide Invite)	3:56.71		April 21 (John McDonnell Invitational)	50.37m (165-3)		RAUNO LIITMAE		JR
April 22 (John McDonnell Invitational)	3:56.14 PR		BRIAN HERNAN		R-JR	OLLIE LOCKLEY		R-SR
5000-METER RUN			800-METER RUN		(1:53.05)	1500-METER RUN		(3:57.03)
March 31 (SFSU Distance Carnival)	14:58.84		April 15 (Tom Botts Invitational)	2:05.15		3000-METER RUN		(8:25.66)
MARC DUBRICK		R-JR	1500-METER RUN		(3:50.03)	5000-METER RUN		(14:29.11)
1500-METER RUN		(3:55.17)	April 14 (Tom Botts Invitational)	4:13.52		April 14 (Tom Botts Invitational)	14:14.78 PR	
April 8 (Crimson Tide Invite)	3:51.78 PR		April 22 (John McDonnell Invitational)	4:17.62		10,000-METER RUN		(29:41.88)
5000-METER RUN		(14:24.05)	JONATHAN HOLDER		R-JR	March 31 (SFSU Distance Carnival)	29:24.18 PR, #3	
March 31 (SFSU Distance Carnival)	14:48.37		100-METER DASH		(10.64)	JUSTIN LOQUERCIO		FR
April 14 (Tom Botts Invitational)	14:56.54		April 8 (Crimson Tide Invite)	11.10 // W: 1.1				
3000-METER STEEPLECHASE		(9:14.76)	April 15 (Tom Botts Invitational)	10.85 // W: 2.5				
			April 22 (John McDonnell Invitational)	11.14 // W: 2.5				
			200-METER DASH		(21.69)			
			April 8 (Crimson Tide Invite)	22.69 // W: 0.8				
			April 15 (Tom Botts Invitational)	21.79 // W: 4.1				

MIZZOU TRACK & FIELD

JERRAD MASON

100-METER DASH	(10.73)
April 8 (Crimson Tide Invite)	10.96 // W: 1.1
April 22 (John McDonnell Invitational)	11.03 // W: 2.5
400-METER DASH	(47.70)

400-METER HURDLES

March 30 (Texas Relays)	52.55
April 8 (Crimson Tide Invite)	52.24
April 15 (Tom Botts Invitational)	51.24 PR, #4
April 22 (John McDonnell Invitational)	51.65
April 29 (Drake Relays)	52.06

NIAGER MATHIS

100-METER DASH	(10.57)
March 31 (Texas Relays)	10.70 // W: 2.5
April 8 (Crimson Tide Invite)	10.78 // W: 1.9

200-METER DASH

April 8 (Crimson Tide Invite)	22.02 // W: -0.3
April 15 (Tom Botts Invitational)	21.47 // W: 4.1
April 22 (John McDonnell Invitational)	21.64 // W: 1.4

400-METER DASH

April 22 (John McDonnell Invitational)	49.48
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KAHMARI MONTGOMERY

100-METER DASH	(10.57)
March 31 (Texas Relays)	10.76 // W: 2.5

200-METER DASH

April 22 (John McDonnell Invitational)	21.65 // W: 2.6
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400-METER DASH

April 15 (Tom Botts Invitational)	46.86
April 22 (John McDonnell Invitational)	47.61

ALEX PASCAL

JAVELIN	(73.52m // 241-2)
March 18 (CMU Open)	59.30m (194-6.5)
April 8 (Crimson Tide Invite)	66.23m (217-3)
April 22 (John McDonnell Invitational)	65.18m (213-10)
April 28 (Drake Relays)	58.45m (191-9)

DYLAN QUISENBERRY

FR	
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LUCA RUSSO

800-METER RUN	
April 1 (SFSU Distance Carnival)	1:52.84

1500-METER RUN

March 31 (Stanford Invitational)	(3:52.90)
April 8 (Crimson Tide Invite)	3:46.47 PR
April 22 (John McDonnell Invitational)	3:48.38
April 29 (Drake Relays)	3:47.46
	3:55.03

EVAN SCHULTE

1,500-METER RUN	(4:00.03)
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JACOB SCHWEISS

FR	
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ERIC SCOTT

FR	
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MARK SHERIDAN

800-METER DASH	(1:52.18)
April 1 (SFSU Distance Carnival)	1:53.84
April 8 (Crimson Tide Invite)	1:54.13
April 15 (Tom Botts Invitational)	1:54.17
April 29 (Drake Relays)	1:53.79

1500-METER RUN

March 31 (SFSU Distance Carnival)	3:57.55
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TAYLOR STEPHEN

800-METER DASH	(1:56.28)
April 15 (Tom Botts Invitational)	1:59.24

1500-METER DASH

	(4:05.17)
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BERESFORD SWEENEY

200-METER DASH	(21.72)
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400-METER DASH

	(48.70)
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REINHARD VAN ZYL

JAVELIN	(75.91m // 249-0)
March 31 (Texas Relays)	73.13m (239-11)
April 8 (Crimson Tide Invite)	66.49m (218-2)
April 15 (Tom Botts Invitational)	65.31m (214-3.25)
April 28 (Drake Relays)	66.57m (218-5)

JA'MARI WARD

100-METER DASH	
March 31 (Bobcat Invitational)	10.56 PR* // W: 2.3
April 8 (Crimson Tide Invite)	10.79 // W: 1.9

LONG JUMP

April 1 (Texas Relays)	7.44m (24-5) // W: 1.5
April 14 (Tom Botts Invitational)	7.88m (25-10) PR* // W: 3.2

TRIPLE JUMP

April 8 (Crimson Tide Invite)	Foul
April 22 (John McDonnell Invitational)	15.44m (50-8) PR, #8 // W: 1.1

DREW WHITE

1500-METER RUN	(3:56.45)
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3000-METER RUN

	(8:44.16)
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5000-METER RUN

March 31 (Stanford Invitational)	(14:29.26)
April 1 (SFSU Distance Carnival)	14:18.13
April 14 (Tom Botts Invitational)	14:16.81 PR
	14:47.61

10,000-METER RUN

April 27 (Drake Relays)	(30:48.44)
	29:41.10 PR, #8

MICHAEL WIDMANN

1500-METER RUN	
April 22 (John McDonnell Invitational)	4:09.42

5000-METER RUN

March 31 (SFSU Distance Carnival)	15:30.40
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CAIN WINEBRENNER

800-METER RUN	(1:50.84)
April 1 (Stanford Invitational)	1:49.97
April 8 (Crimson Tide Invite)	1:49.95 PR
April 29 (Drake Relays)	1:54.49

1500-METER RUN

March 31 (SFSU Distance Carnival)	3:55.42
April 22 (John McDonnell Invitational)	3:58.45

RELAYS

4x100-METER RELAY	
March 31 (Texas Relays)	41.62
Montgomery, Mason, Mathis, Holder	
April 15 (Tom Botts Invitational)	41.19
Holder, Mathis, Montgomery, Mason	
April 28 (Drake Relays)	43.67
Mason, Mathis, Montgomery, Holder	

4x200-METER RELAY

April 1 (Texas Relays)	1:26.79
Montgomery, Mason, Mathis, Holder	
April 28 (Drake Relays)	1:26.62
Mason, Montgomery, Holder, Mathis	

4x400-METER RELAY

March 31 (Texas Relays)	3:13.30
Montgomery, Mathis, Holder, Mason	
April 8 (Crimson Tide Invite)	3:15.11
Mason, Mathis, Winebrenner, Holder	
April 15 (Tom Botts Invitational)	3:13.38
Mason, Mathis, Montgomery, Holder	
April 28 (Drake Relays)	3:17.48

4x1600-METER RELAY

April 27 (Drake Relays)	16:45.45
Russo, Dubrick, Keence, Z. Cook	

DISTANCE MEDLEY RELAY

April 29 (Drake Relays)	10:03.62
Dubrick, Montgomery, Sheridan, Z. Cook	



@MIZ_TrackField



MizzouTrack Field

2017 WOMEN'S OUTDOOR PERFORMANCE LIST

TEYLAR ADELSBERGER	SR	MEGAN CUNNINGHAM	R-JR	VALESKA HALAMICEK	R-JR
1500-METER RUN	(4:26.20)	1500-METER RUN	(4:57.44)	800-METER RUN	(2:07.57)
				April 1 (Stanford Invitational)	2:12.21
5000-METER RUN		5000-METER RUN	(17:26.90)	April 8 (Crimson Tide Invite)	2:10.21
March 31 (SFSU Distance Carnival)	16:36.08	March 31 (SFSU Distance Carnival)	17:09.88 PR	April 15 (Tom Botts Invitational)	2:10.98
		April 27 (Drake Relays)	16:45.48 PR	April 28 (Drake Relays)	2:19.65
3,000-METER STEEPLECHASE	(10:12.39)	10,000-METER RUN	(36:46.41)	1500-METER RUN	(4:26.59)
April 8 (Crimson Tide Invite)	10:32.90	KILEY DEAIN	FR	March 31 (Stanford Invitational)	4:32.28
April 29 (Drake Relays)	10:30.27				
ELLYN ATKINSON	R-JR	ELLY DETURRIS	SO	BAILEY HESSION	SR
3,000-METER RUN	(10:27.87)	800-METER RUN		1500-METER RUN	(4:46.77)
		April 15 (Tom Botts Invitational)	2:27.56		
5,000-METER RUN	(17:19.58)	1500-METER RUN	(4:51.23)	SHAMMAI ILIS	SO
March 31 (SFSU Distance Carnival)	17:29.34	April 14 (Tom Botts Invitational)	5:00.51	LONG JUMP	(5.27m // 17-3.50)
April 14 (Tom Botts Invitational)	17:48.89	April 22 (John McDonnell Invitational)	5:00.40		
10,000-METER RUN	(35:21.46)	SAMANTHA FARMER	R-FR	TRIPLE JUMP	(12.31m // 40-4.75)
April 27 (Drake Relays)	35:31.87	3,000-METER STEEPLECHASE		April 1 (Bobcat Invitational)	11.97m (39-3.25) // W: 3.8
		April 8 (Crimson Tide Invite)	11:29.76	April 8 (Crimson Tide Invite)	12.02m (39-5.25) // W: -0.2
KAEYLN BALCH	R-JR	April 14 (Tom Botts Invitational)	11:11.35 PR	April 22 (John McDonnell Invitational)	11.94m (39-2.25) // W: 1.9
3000-METER RUN		April 22 (John McDonnell Invitational)	11:17.80		
April 22 (John McDonnell Invitational)	10:24.01			KELLI JACKSON	R-FR
5000-METER RUN	(17:38.92)	SANDRAE FARQUHARSON	SR	LAQUISHA JACKSON	SR
		400-METER DASH	(53.70)	100-METER DASH	(11.47)
JENNIFER BERILLA	R-SR	April 8 (Crimson Tide Invite)	55.87	April 8 (Crimson Tide Invite)	11.73 // W: 1.4
JAVELIN	(41.78m // 137-1)	800-METER RUN	(2:18.16)	April 28-29 (Drake Relays)	11.65 (11.86q) // W: 2.0 (0.9)
March 18 (CMU Open)	38.64m (126-9.25)			200-METER DASH	(23.10)
April 1 (Bobcat Invitational)	41.06m (134-8)	KAITLYN FISCHER	SR	April 8 (Crimson Tide Invite)	23.87 // W: 0.3
April 7 (Crimson Tide Invite)	39.00m (127-11)	1500-METER RUN	(5:04.32)	400-METER DASH	(54.03)
April 15 (Tom Botts Invitational)	41.73m (136-10.75)	5000-METER RUN	(16:33.50)	April 15 (Tom Botts Invitational)	53.50 PR, #3
April 28 (Drake Relays)	FOUL	March 31 (SFSU Distance Carnival)	17:11.54	April 22 (John McDonnell Invitational)	55.49
		April 14 (Tom Botts Invitational)	17:18.96		
LYNNSEY BRIM	R-JR	10,000-METER RUN	(33:12.37)	GABI JACOBS	R-SO
100-METER DASH	(12.15)	April 27 (Drake Relays)	35:09.84	SHOT PUT	(14.68m // 48-2)
March 31 (Bobcat Invitational)	12.34 // W: 3.4	SUSAN FORBIS	FR	March 18 (CMU Open)	14.51m (47-7.25)
				March 31 (Texas Relays)	13.01m (42-8.25)
LONG JUMP	(6.02m // 19-9)	KAYLA FUNKENBUSCH	SO	April 8 (Crimson Tide Invite)	14.90m (48-10.75) PR
March 31 (Bobcat Invitational)	5.38m (17-8) // W: 3.2			April 15 (Tom Botts Invitational)	14.83m (48-7.75)
April 8 (Crimson Tide Invite)	5.33m (17-6) // W: 0.6	MOLLIE GRIBBIN	R-SR	April 22 (John McDonnell Invitational)	15.03m (49-3.75) PR
April 22 (John McDonnell Invitational)	FOUL	LONG JUMP	(6.07m // 19-11)	April 29 (Drake Relays)	14.82m (48-7.5)
DESTINY BROWN	FR	April 14 (Tom Botts Invitational)	5.88m (19-3.25) // W: 3.4	DISCUS	(53.24m // 174-8)
MAYA CODY	SO	TRIPLE JUMP	(13.04m // 42-9.5)	March 18 (CMU Open)	54.15m (177-7.75)
100-METER DASH	(11.84)	March 31 (Texas Relays)	FOUL	March 30 (Bobcat Invitational)	55.69m (182-8)
March 31 (Texas Relays)	11.78	April 8 (Crimson Tide Invite)	12.46m (40-10.5), #3 //W: 0.8	April 1 (Texas Relays)	48.25m (158-4)
April 8 (Crimson Tide Invite)	11.72 PR, #5 // W: 1.4	April 15 (Tom Botts Invitational)	FOUL	April 8 (Crimson Tide Invite)	55.23m (181-2)
April 15 (Tom Botts Invitational)	11.56 PR* // W: 3.3	April 29 (Drake Relays)	11.82m (38-9.5) // W: 1.6	April 15 (Tom Botts Invitational)	53.82m (176-6.75)
April 28-29 (Drake Relays)	11.77 (11.81q) // W: 2.0 (2.4q)	MICHAELA HACKBARTH	FR	April 22 (John McDonnell Invitational)	56.35m (184-10) PR, #2
200-METER DASH	(23.99)	EMMIE HAHN	R-FR	April 28 (Drake Relays)	46.07m (151-1)
April 8 (Crimson Tide Invite)	24.25 // W: 1.5			VIVIEN JEPKEMOI	FR
April 15 (Tom Botts Invitational)	23.68 PR* // W: 4.4				
400-METER DASH	(54.49)				

TSAI-ANNE JOSEPH	R-SO
100-METER DASH	
March 31 (Bobcat Invitational)	11.79 PR* // W: 4.1
April 8 (Crimson Tide Invite)	12.18 // W: 1.4
April 22 (John McDonnell Invitational)	11.86 // W: 3.2
April 28 (Drake Relays)	12.18 // W: 0.5

REBECCA KEATING	SO
HAMMER THROW	(57.07m // 187-3)
March 30 (Texas Relays)	54.67m (179-4)
March 31 (Bobcat Invitational)	58.50m (191-11) PR, #5
April 8 (Crimson Tide Invite)	57.89m (189-11)
April 14 (Tom Botts Invitational)	57.00m (187-0)
April 21 (John McDonnell Invitational)	56.52m (185-5)
April 29 (Drake Relays)	54.47m (178-8)

JAMIE KEMPFER	R-SO
5000-METER RUN	(16:33.69)
April 27 (Drake Relays)	16:09.59 PR, #5

10,000-METER RUN	(34:14.68)
March 31 (Stanford Invitational)	33:09.67 PR, SR

JORDYN KLEVE	R-FR
5000-METER RUN	
March 31 (SFSU Distance Carnival)	17:15.20
April 27 (Drake Relays)	17:18.74

KARINA LIZ	FR
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KEYONI MBROH	JR
LONG JUMP	(5.33m // 17-6)
TRIPLE JUMP	(10.37m // 34-0.25)

BIANCA MELLO	R-JR
1500-METER RUN	(4:59.74)

NICOLE MELLO	R-JR
1500-METER RUN	(4:39.11)

3000-METER RUN	(10:04.21)
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5000-METER RUN	(17:04.31)
March 31 (Stanford Invitational)	16:50.06 PR
April 8 (Crimson Tide Invite)	16:58.24
April 27 (Drake Relays)	16:22.17 PR, #7

SOPHIA RACETTE	SO
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KARISSA ROMAN	SO
HIGH JUMP	(1.70m // 5-7)
March 31 (Bobcat Invitational)	1.70m (5-7)
April 8 (Crimson Tide Invite)	1.60m (5-3)
April 15 (Tom Botts Invitational)	1.75m (5-8.75) PR
April 22 (John McDonnell Invitational)	1.70m (5-7)

KARISSA SCHWEIZER	
800-METER RUN	(2:09.42)
1500-METER RUN	(4:17.46)
April 8 (Crimson Tide Invite)	4:15.77 PR, #2
April 28 (Drake Relays)	4:18.16

5000-METER RUN	(15:58.09)
March 31 (Stanford Invitational)	15:39.75 PR, SR

FARAMOLA SHONEKAN	FR
800-METER RUN	
April 15 (Tom Botts Invitational)	2:20.82
April 22 (John McDonnell Invitational)	2:21.30

KATE SMITH	SO
1500-METER RUN	(4:43.15)

3000-METER RUN	(9:54.79)
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5000-METER RUN	(17:29.38)
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EMILY STAUFFER	FR
SHOT PUT	
March 18 (CMU Open)	14.23m (46-8)
April 1 (Bobcat Invitational)	13.93m (45-8.5)
April 8 (Crimson Tide Invite)	15.17m (49-9.25) PR, #10
April 14 (Tom Botts Invitational)	15.01m (49-2.75)
April 22 (John McDonnell Invitational)	14.49m (47-6.5)
April 29 (Drake Relays)	14.64m (48-0.5)

HAMMER THROW	
March 18 (CMU Open)	47.56m (156-0.25) PR
March 31 (Bobcat Invitational)	43.97m (144-3)
April 7 (Crimson Tide Invite)	46.42m (152-3)
April 15 (Tom Botts Invitational)	47.31m (155-2.5)
April 21 (John McDonnell Invitational)	46.87m (153-9)

VALERIE THAMES	SR
400-METER DASH	(58.05)

100-METER HURDLES	(13.18)
April 1 (Texas Relays)	13.61 (13.45q)
April 8 (Crimson Tide Invite)	13.54 // W: 0.6
April 15 (Tom Botts Invitational)	13.50 // W: 2.3
April 22 (John McDonnell Invitational)	13.91 // W: 2.8
April 28-29 (Drake Relays)	13.50 (13.87q) // W: 2.3 (1.1q)

400-METER HURDLES	(57.16)
March 31 (Texas Relays)	1:00.63 (58.83q)
April 8 (Crimson Tide Invite)	59.37
April 15 (Tom Botts Invitational)	1:00.97
April 22 (John McDonnell Invitational)	1:02.69
April 28 (Drake Relays)	1:02.67

HANNAH THOMAS	SO
1500-METER RUN	(4:41.78)
April 8 (Crimson Tide Invite)	4:45.84
April 14 (Tom Botts Invitational)	4:43.36

3000-METER RUN	
April 22 (John McDonnell Invitational)	10:06.88

3000-METER STEEPLECHASE	(11:17.94)
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EMMA VICKERS	R-JR
200-METER DASH	
April 8 (Crimson Tide Invite)	26.50 // W: 0.3
April 15 (Tom Botts Invitational)	25.88 PR* // W: 3.8
April 22 (John McDonnell Invitational)	25.99 // W: 3.5
400-METER DASH	(59.69)
April 8 (Crimson Tide Invite)	58.02
April 15 (Tom Botts Invitational)	57.92 PR

ALLIE WEBB	FR
HAMMER THROW	
March 18 (CMU Open)	41.55m (126-3.75) PR
March 31 (Bobcat Invitational)	35.19m (115-5)
April 14 (Tom Botts Invitational)	39.41m (129-3.5)
April 21 (John McDonnell Invitational)	41.30m (135-6)

JAVELIN	
March 18 (CMU Open)	35.88m (117-8.5)
March 30 (Texas Relays)	34.80m (114-2)
April 1 (Bobcat Invitational)	33.66m (110-6)
April 8 (Crimson Tide Invite)	36.95m (121-2) PR
April 15 (Tom Botts Invitational)	37.38m (122-7.5) PR
April 22 (John McDonnell Invitational)	31.41m (103-1)

SYDNEY WELLS	SR
200-METER DASH	(26.22)

400-METER DASH	(56.75)
April 8 (Crimson Tide Invite)	56.41 PR
April 15 (Tom Botts Invitational)	56.87
April 22 (John McDonnell Invitational)	56.12 PR

CAROLYN WHITE	SO
800-METER DASH	(2:19.22)

RELAYS

4x100-METER RELAY	
April 8 (Crimson Tide Invite)	45.00 PR, #2
Cody, Jackson, Joseph, Farquharson	
April 15 (Tom Botts Invitational)	45.61
Cody, Jackson, Joseph, Farquharson	
April 28 (Drake Relays)	46.39
Cody, Jackson, Joseph, Farquharson	

4x200-METER RELAY	
April 1 (Texas Relays)	1:37.11
Cody, Farquharson, Joseph, Wells	

4x400-METER RELAY	
March 31 (Texas Relays)	3:47.96
Cody, Farquharson, Wells, Thames	
April 8 (Crimson Tide Invite)	3:44.05
Wells, Jackson, Cody, Thames	
April 15 (Tom Botts Invitational)	3:42.46
Farquharson, Jackson, Wells, Thames	
April 22 (John McDonnell Invitational)	3:40.48 PR, #4
Farquharson, Jackson, Wells, Thames	
April 28-29 (Drake Relays)	3:44.88 (3:42.67q)
Farquharson, Jackson, Wells, Thames	

2017 MEN'S INDOOR PERFORMANCE LIST

AHREN BOHANAN

WEIGHT THROW (18.63m // 61-1.50)

Jan. 7 (Border Battle)	17.32m (56-10)
Jan. 14 (Commodore Invitational)	17.25m (56-7.25)
Jan. 20 (Missouri Invitational)	16.90m (55-5)
Jan. 28 (Razorback Invitational)	15.35m (50-4.25)
Feb. 17 (Missouri Collegiate Challenge)	18.96m (62-2.5)
Feb. 24 (SEC Indoor Championships)	19.13m (62-9.25) PR

HAMMER THROW (57.61m//189-0)

TANNER BUSCHMANN

WEIGHT THROW (14.64m // 48-0.50)

HAMMER THROW (50.37m//165-3)

AVERY CARTER

WEIGHT THROW (15.59m // 51-1.75)

Jan. 7 (Border Battle)	15.55m (51-0.25)
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SHOT PUT (16.11m // 52-10.25)

Jan. 7 (Border Battle)	16.79m (55-1)
Jan. 14 (Commodore Invitational)	16.23m (53-3)
Jan. 20 (Missouri Invitational)	FOUL
Feb. 11 (Tyson Invitational)	16.67m (54-8.25)
Feb. 17 (Missouri Collegiate Challenge)	16.25m (53-3.75)
Feb. 25 (SEC Indoor Championships)	17.85m (58-6.75) PR

JORDAN COOK

MILE RUN (4:14.10)

3000-METER RUN (8:28.55)

5000-METER RUN (14:33.90)

ZACH COOK

MILE RUN

Jan. 28 (Razorback Invitational)	4:15.86 PR
Feb. 10 (Tyson Invitational)	4:19.67
Feb. 24 (SEC Indoor Championships)	4:16.95

1500m RUN (4:01.34)

MARC DUBRICK

MILE RUN (4:14.37)

Feb. 10 (Tyson Invitational)	4:12.61 PR
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3000-METER RUN (8:22.03)

Jan. 14 (Commodore Invitational)	8:22.06
Jan. 28 (Razorback Invitational)	8:21.64
Feb. 24 (SEC Indoor Championships)	8:21.47 PR

5000-METER RUN (14:50.25)

WILL FIFE

SHOT PUT (16.33m // 53-7)

Jan. 7 (Border Battle)	15.18m (49-9.75)
Jan. 14 (Commodore Invitational)	14.66m (48-1.25)
Jan. 20 (Missouri Invitational)	15.82m (51-11)
Feb. 17 (Missouri Collegiate Challenge)	15.36m (50-4.75)

THOMAS GEORGE

800-METER RUN (1:56.28)

1000-METER RUN

Jan. 7 (Border Battle)	2:28.30 PR
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MILE RUN (4:13.75)

Jan. 28 (Razorback Invitational)	4:14.41
Feb. 10 (Tyson Invitational)	4:08.86 PR
Feb. 24 (SEC Indoor Championships)	4:11.91

3000-METER DASH

Jan. 14 (Commodore Invitational)	8:19.31 PR
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TYLER GILLAM

800-METER RUN

Jan. 20 (Missouri Invitational)	2:12.37 PR
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MILE RUN

Jan. 7 (Border Battle)	4:39.21
Jan. 20 (Missouri Invitational)	4:35.32 PR

3000-METER RUN

Jan. 14 (Commodore Invitational)	9:06.26 PR
Feb. 17 (Missouri Collegiate Challenge)	9:19.30

BEN GOODMAN

600-METER RUN (1:22.95)

800-METER DASH (1:51.76)

Jan. 14 (Commodore Invitational)	1:52.17
Jan. 28 (Razorback Invitational)	1:53.03
Feb. 10 (Tyson Invitational)	1:53.53
Feb. 24 (SEC Indoor Championships)	1:58.31

1000-METER RUN (2:29.46)

MILE RUN

Jan. 7 (Border Battle)	4:14.81 PR
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SEAN HARRELL

WEIGHT THROW (14.61m // 47-11.25)

Jan. 7 (Border Battle)	15.81m (51-10.5)
Jan. 14 (Commodore Invitational)	15.86m (52-0.50)
Jan. 20 (Missouri Invitational)	16.17m (53-0)
Feb. 17 (Missouri Collegiate Challenge)	16.52m (54-2.5) PR

BRIAN HERNAN

800-METER RUN (2:08.13)

Jan. 20 (Missouri Invitational)	2:05.74 PR
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1000-METER RUN

Jan. 7 (Border Battle)	2:35.41 PR
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MILE RUN (4:24.97)

Jan. 14 (Commodore Invitational)	4:25.14
Feb. 17 (Missouri Collegiate Challenge)	4:32.83

3000-METER RUN (9:30.58)

JONATHAN HOLDER

60-METER DASH (6.97)

Jan. 20 (Missouri Invitational)	7.05
Feb. 17 (Missouri Collegiate Challenge)	7.10
Feb. 24 (SEC Indoor Championships)	7.07

200-METER DASH (23.09)

Feb. 24 (SEC Indoor Championships)	22.50
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400-METER DASH (52.96)

TIM JOHNSON

800-METER RUN

Jan. 20 (Missouri Invitational)	2:07.73 PR
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MILE RUN (4:22.82)

Jan. 7 (Border Battle)	4:28.11
Jan. 20 (Missouri Invitational)	4:39.69

3000-METER RUN (8:49.13)

Jan. 14 (Commodore Invitational)	8:41.28 PR
Feb. 11 (Tyson Invitational)	8:51.03
Feb. 17 (Missouri Collegiate Challenge)	9:12.15

PATRICK KEARNS

800-METER RUN

Jan. 20 (Missouri Invitational)	4:39.69
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MILE RUN (4:28.79)

Jan. 7 (Border Battle)	4:22.30 PR
Jan. 20 (Missouri Invitational)	4:38.10

3000-METER RUN (8:38.64)

Jan. 14 (Commodore Invitational)	8:40.69
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5000-METER RUN (15:57.28)

Feb. 11 (Tyson Invitational)	15:17.97
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SHELDON KEENCE

MILE RUN (4:21.66)

3000-METER RUN (8:39.13)

Feb. 11 (Tyson Invitational)	8:34.87 PR
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5000-METER RUN (15:26.43)

ALFRED KIMAIYO

ROBERT KUHLMANN

400-METER DASH

Jan. 20 (Missouri Invitational) **51.58 PR**

600-METER DASH

Jan. 7 (Border Battle) **1:22.39 PR**

Feb. 17 (Missouri Collegiate Challenge) 1:23.93

800-METER DASH

Jan. 14 (Commodore Invitational) **1:59.38 PR**

PATRICK KUNZA

WEIGHT THROW

Jan. 7 (Border Battle) 16.55m (54-3.75)

Jan. 14 (Commodore Invitational) 16.64m (54-7.25)

Jan. 20 (Missouri Invitational) 17.71m (58-1)

Jan. 28 (Razorback Invitational) 17.99m (59-0.25)

Feb. 10 (Tyson Invitational) 18.42m (60-5.25)

Feb. 17 (Missouri Collegiate Challenge) **19.22m**

(63-0.75) PR

Feb. 24 (SEC Indoor Championships) 18.97m (62-5)

RAUNO LIITMAE

60-METER DASH

Jan. 20 (Missouri Invitational) 7.46 PR

Feb. 24 (SEC Indoor Championships) **7.33 PR**

1,000-METER RUN

Feb. 25 (SEC Indoor Championships) **2:43.41 PR**

60-METER HURDLES

Jan. 28 (Razorback Invitational) 8.66

Feb. 25 (SEC Indoor Championships) **8.61 PR**

POLE VAULT

Feb. 17 (Missouri Collegiate Challenge) **4.58m**

(15-0.25) PR

Feb. 25 (SEC Indoor Championships) 4.30m (14-1.25)

HIGH JUMP

Jan. 20 (Missouri Invitational) 1.90m (6-2.75)

Feb. 25 (SEC Indoor Championships) **1.94m (6-4.25)**

PR

LONG JUMP

Feb. 24 (SEC Indoor Championships) **6.67m**

(21-10.75) PR

SHOT PUT

Jan. 14 (Commodore Invitational) 11.94m (39-2.25)

Jan. 28 (Razorback Invitational) 12.48m (40-11.5)

Feb. 24 (SEC Indoor Championships) **13.05m**

(42-9.75) PR

HEPTATHLON

Feb. 24-25 (SEC Indoor Championships) **5,296 pts**

PR, #9

OLLIE LOCKLEY

3000-METER RUN

(8:27.73)

Jan. 14 (Commodore Invitational) **8:18.74 PR**

Jan. 28 (Razorback Invitational) 8:27.73

5000-METER RUN

(14:43.54)

Feb. 11 (Tyson Invitational) 14:33.22

Feb. 25 (SEC Indoor Championships) **14:26.47 PR, #9**

JUSTIN LOQUERCIO

800-METER RUN

Jan. 14 (Commodore Invitational) **1:59.78 PR**

Jan. 20 (Missouri Invitational) 2:02.74

Feb. 17 (Missouri Collegiate Challenge) 2:03.68

1000-METER DASH

Jan. 7 (Border Battle) **2:40.11 PR**

JERRAD MASON

60-METER DASH

(6.99)

Jan. 14 (Commodore Invitational) 7.01

Jan. 20 (Missouri Invitational) 7.02

Feb. 17 (Missouri Collegiate Challenge) **6.98 PR**

200-METER DASH

(21.52)

Feb. 24 (SEC Indoor Championships) 21.62

400-METER DASH

(46.89)

Jan. 14 (Commodore Invitational) 47.91

Jan. 28 (Razorback Invitational) 48.05

Feb. 10 (Tyson Invitational) 48.11

Feb. 24 (SEC Indoor Championships) 47.29

600-METER DASH

(1:23.56)

800-METER DASH

(1:58.63)

NIAGER MATHIS

60-METER DASH

(6.89)

Jan. 28 (Razorback Invitational) 7.18

Feb. 17 (Missouri Collegiate Challenge) 6.98

Feb. 24 (SEC Indoor Championships) 6.98

200-METER DASH

(21.83)

Jan. 28 (Razorback Invitational) 22.47

Feb. 11 (Tyson Invitational) 22.35

Feb. 24 (SEC Indoor Championships) 22.30

400-METER DASH

(51.76)

Jan. 28 (Razorback Invitational) **50.81 PR**

KAHMARI MONTGOMERY

60-METER DASH

(6.86)

Jan. 7 (Border Battle) 6.91

Jan. 14 (Commodore Invitational) 7.05

Jan. 20 (Missouri Invitational) 7.02

Feb. 10 (Tyson Invitational) 7.00

Feb. 17 (Missouri Collegiate Challenge) **6.85 PR, #9**

200-METER DASH

(21.03)

Jan. 14 (Commodore Invitational) 21.52

Jan. 28 (Razorback Invitational) 21.41

Feb. 11 (Tyson Invitational) 21.25

Feb. 24 (SEC Indoor Championships) 21.21

400-METER DASH

(45.78)

Jan. 28 (Razorback Invitational) 46.57

Feb. 24 (SEC Indoor Championships) 46.80

600-METER DASH

(1:24.06)

Jan. 7 (Border Battle) 1:26.17

DYLAN QUISENBERRY

600-METER DASH

Jan. 7 (Border Battle) **1:24.26 PR**

800-METER DASH

Feb. 17 (Missouri Collegiate Challenge) **1:59.49 PR**

LUCA RUSSO

800m RUN

(1:54.95)

1000-METER RUN

Jan. 7 (Border Battle) 2:29.57

MILE RUN

(4:10.17)

Jan. 28 (Razorback Invitational) **4:07.97 PR**

Feb. 10 (Tyson Invitational) 4:13.57

Feb. 24 (SEC Indoor Championships) 4:18.16

3000-METER RUN

Jan. 14 (Commodore Invitational) **8:17.69 PR**

EVAN SCHULTE

1,500m RUN

(4:00.03)

3,000-METER RUN

Jan. 14 (Commodore Invitational) 8:37.52

Jan. 28 (Razorback Invitational) 8:45.18

JACOB SCHWEISS

ERIC SCOTT

MARK SHERIDAN

600-METER DASH

(1:22.11)

Jan. 7 (Border Battle) 1:22.75

800-METER RUN

(1:52.18)

Jan. 14 (Commodore Invitational) 1:53.79

Jan. 28 (Razorback Invitational) 1:53.04

Feb. 10 (Tyson Invitational) 1:53.47

Feb. 24 (SEC Indoor Championships) 1:52.58

TAYLOR STEPHEN

600-METER DASH

Jan. 7 (Border Battle) **1:23.94 PR**

800-METER DASH

Jan. 14 (Commodore Invitational) 1:55.19

Jan. 28 (Razorback Invitational) 1:55.46

Feb. 10 (Tyson Invitational) **1:55.16 PR**

MILE RUN

(4:38.51)

Jan. 20 (Missouri Invitational) **4:27.38 PR**

BERESFORD SWEENEY

600-METER DASH

Feb. 17 (Missouri Collegiate Challenge) **7.14 PR**

JA'MARI WARD

DREW WHITE
MILE RUN

 Jan. 14 (Commodore Invitational) **(4:17.87)**
4:13.43 PR
3,000-METER RUN

 Jan. 28 (Razorback Invitational) **(8:33.03)**
 Feb. 24 (SEC Indoor Championships) **8:17.31**
8:17.15 PR
5,000m RUN

 Feb. 25 (SEC Indoor Championships) **(14:28.07)**
14:14.12 PR, #3
MICHAEL WIDMANN
800-METER RUN

 Jan. 20 (Missouri Invitational) **2:01.95 PR**
MILE RUN

 Jan. 20 (Missouri Invitational) **4:24.58 PR**
 Feb. 17 (Missouri Collegiate Challenge) **8:47.11**
3000-METER RUN

 Jan. 14 (Commodore Invitational) **8:36.60 PR**
 Jan. 28 (Razorback Invitational) **8:36.80**
5000-METER RUN

 Feb. 11 (Tyson Invitational) **15:29.95 PR**
CAIN WINEBRENNER
400-METER DASH

 Jan. 20 (Missouri Invitational) **(52.57)**
51.73 PR
600-METER DASH

 Jan. 7 (Border Battle) **(1:20.38)**
1:20.76
800-METER RUN

 Jan. 14 (Commodore Invitational) **(1:48.97)**
 Jan. 28 (Razorback Invitational) **1:56.66**
 Feb. 10 (Tyson Invitational) **1:52.02**
 Feb. 24 (SEC Indoor Championships) **1:51.36**
1:52.06
1,000m RUN
(2:32.18)
RELAYS
4x400-METER RELAY

 Jan. 7 (Border Battle)
 Sweeney, Montgomery, George, Quisenberry 3:23.58
 Kuhlmann, Hernan, Gillam, Goodman 3:32.65
 (Sheridan, Stephen, Widmann, Goodman) 3:36.25

 Jan. 20 (Missouri Invitational)
 Goodman, Stephen, Loquercio, Widmann 3:32.15
 Hernan, Kuhlmann, Sheridan, Gillam 3:33.51

 Jan. 28 (Razorback Invitational)
 Mason, Mathis, Sweeney, Montgomery 3:14.72

 Feb. 11 (Tyson Invitational)
 Montgomery, Sweeney, Mason, Mathis 3:12.90

 Feb. 25 (SEC Indoor Championships)
 Montgomery, Mason, Mathis, Holder 3:14.01

4000-METER DMR

 Jan. 14 (Commodore Invitational)
 Winebrenner, Kuhlmann, Sheridan, Goodman 10:08.88

 Jan. 28 (Razorback Invitational)
 George, Mason, Goodman, Russo 9:54.80

 Feb. 11 (Tyson Invitational)
 Goodman, Kuhlmann, Winebrenner, George 9:57.55
 Russo, Quisenberry, Sheridan, White 10:16.43

 Feb. 25 (SEC Indoor Championships)
 Sheridan, Kuhlmann, Winebrenner, Russo 9:52.17

2017 WOMEN'S INDOOR PERFORMANCE LIST

TEYLAR ADELSBERGER

MILE RUN (4:55.19)
Jan. 14 (Commodore Invitational) 5:04.09
Jan. 28 (Razorback Invitational) **4:54.32 PR**

3,000-METER RUN (9:32.59)
Feb. 10 (Iowa State Classic) 9:40.59
Feb. 24 (SEC Indoor Championships) 9:38.85

ELLYN ATKINSON

3,000-METER RUN (10:08.92)

5,000-METER RUN (17:15.16)

KAEYLN BALCH

3,000-METER RUN (10:17.90)
Jan. 7 (Border Battle) 10:47.97
Jan. 14 (Commodore Invitational) 10:55.79
Jan. 20 (Missouri Invitational) 11:11.01
Feb. 17 (Missouri Collegiate Challenge) 10:28.00

5,000-METER RUN (17:38.42)

LYNNSEY BRIM

LONG JUMP (5.77m // 18-11.25)
Jan. 14 (Commodore Invitational) 5.58m (18-3.75)
Jan. 20 (Missouri Invitational) 5.63m (18-5.75)
Jan. 28 (Razorback Invitational) 5.59m (18-6.25)

DESTINY BROWN

TRIPLE JUMP
Jan. 20 (Missouri Invitational) FOUL

MAYA CODY

60-METER DASH (7.54)
Jan. 7 (Border Battle) 7.48 (7.62p)
Jan. 14 (Commodore Invitational) 7.55
Jan. 20 (Missouri Invitational) 7.40 (7.50p)
Feb. 10 (Tyson Invitational) **7.44 (7.39q), #2**
Feb. 24 (SEC Championships) 7.40

200-METER DASH (24.56)
Jan. 14 (Commodore Invitational) 24.55
Jan. 28 (Razorback Invitational) 24.68
Feb. 11 (Tyson Invitational) 24.31
Feb. 17 (Missouri Collegiate Challenge) 24.57
Feb. 24 (SEC Indoor Championships) 24.07 PR, #3

400-METER DASH (54.83)
Jan. 28 (Razorback Invitational) 59.48

MEGAN CUNNINGHAM

MILE RUN (5:05.39)
Jan. 7 (Border Battle) 5:13.45

3,000-METER RUN (9:47.83)
Jan. 14 (Commodore Invitational) 10:05.85
Jan. 28 (Razorback Invitational) 9:58.32
Feb. 11 (Tyson Invitational) 10:13.20
Feb. 24 (SEC Indoor Championships) 10:04.95

5,000-METER RUN (17:39.24)

KILEY DEAIN

ELLY DETURRIS

800-METER RUN
Jan. 20 (Missouri Invitational) **2:32.80 PR**

MILE RUN (5:33.10)
Jan. 7 (Border Battle) 5:51.20
Jan. 14 (Commodore Invitational) 5:36.16
Feb. 17 (Missouri Collegiate Challenge) 5:32.70

SAMANTHA FARMER

800-METER RUN
Jan. 20 (Missouri Invitational) **2:24.70 PR**

MILE RUN
Jan. 7 (Border Battle) **5:12.87 PR**
Jan. 20 (Missouri Invitational) 5:14.83
Feb. 17 (Missouri Collegiate Challenge) 5:13.34

3,000-METER RUN
Jan. 14 (Commodore Invitational) **10:12.01 PR**
Jan. 28 (Razorback Invitational) 10:19.78
Feb. 11 (Tyson Invitational) 10:21.07

KAITLYN FISCHER

3,000-METER RUN (9:40.59)
Jan. 14 (Commodore Invitational) 9:58.67

5,000-METER RUN (16:40.55)
Feb. 10 (Iowa State Classic) 17:39.34
Feb. 25 (SEC Indoor Championships) 17:43.13

SUSAN FORBIS

KAYLA FUNKENBUSCH

MOLLIE GRIBBIN

TRIPLE JUMP (12.54m // 41-1.75)
Jan. 20 (Missouri Invitational) 12:03m (39-5.75)
Jan. 28 (Razorback Invitational) 11.82m (38-9.5)
Feb. 11 (Tyson Invitational) 12.05m (39-6.5)
Feb. 25 (SEC Indoor Championships) 12.51m (41-0.5) #2

MICHAELA HACKBARTH

EMMIE HAHN

MILE RUN
Jan. 20 (Missouri Invitational) **5:30.95 PR**

3,000-METER RUN
Feb. 17 (Missouri Collegiate Challenge) **10:55.21 PR**

VALESKA HALAMICEK

400-METER RUN (59.25)

600-METER RUN (1:37.45)

800-METER RUN (2:09.25)
Jan. 14 (Commodore Invitational) 2:13.59
Jan. 28 (Razorback Invitational) 2:16.84
Feb. 10 (Tyson Invitational) 2:12.56
Feb. 24 (SEC Indoor Championships) 2:09.95

BAILEY HESSION

800-METER RUN
Jan. 20 (Missouri Invitational) **2:26.91 PR**

1,000-METER DASH
Jan. 7 (Border Battle) **3:11.38 PR**

MILE RUN (5:05.99)
Jan. 14 (Commodore Invitational) 5:18.40
Jan. 28 (Razorback Invitational) 5:07.35
Feb. 10 (Tyson Invitational) 5:16.98
Feb. 17 (Missouri Collegiate Challenge) 5:07.51

3,000-METER RUN (10:25.81)

SHAMMAI ILIS

TRIPLE JUMP (11.74m // 38-6.25)
Jan. 7 (Border Battle) 11.53m (37-10.0)
Jan. 20 (Missouri Invitational) 11.85m (38-10.5) PR
Feb. 17 (Missouri Collegiate Challenge) **12.01m (39-5) PR**
Feb. 25 (SEC Indoor Championships) 12.12m (39-9 PR, #6)

KELLI JACKSON

LAQUISHA JACKSON

60-METER DASH (7.31)
Jan. 7 (Border Battle) 6.91 (6.97p)
Jan. 14 (Commodore Invitational) 7.50
Jan. 20 (Missouri Invitational) 7.51
Feb. 17 (Missouri Collegiate Challenge) 7.92
Feb. 24 (SEC Indoor Championships) 7.45

200-METER DASH (23.57)
Jan. 14 (Commodore Invitational) 24.34
Jan. 28 (Razorback Invitational) 23.95
Feb. 11 (Tyson Invitational) 23.99
Feb. 24 (SEC Indoor Championships) 23.77

400-METER DASH (54.50)
Jan. 28 (Razorback Invitational) **54.20 PR, #3**
Feb. 10 (Tyson Invitational) 54.78
Feb. 17 (Missouri Collegiate Challenge) 54.28 MR
Feb. 24 (SEC Indoor Championships) 54.50

GABI JACOBS

SHOT PUT	(13.40m // 43-11.75)
Jan. 7 (Border Battle)	14.88m (48-10) PR
Jan. 14 (Commodore Invitational)	14.34m (47-0.75)
Jan. 20 (Missouri Invitational)	14.43m (47-4.25)
Jan. 28 (Razorback Invitational)	14.52m (47-7.75)
Feb. 11 (Tyson Invitational)	14.81m (48-7.25)
Feb. 17 (Missouri Collegiate Challenge)	14.66m (48-1.25)
Feb. 24 (SEC Indoor Championships)	14.95m (49-0.75) PR
WEIGHT THROW	(15.24m // 50-0)

VIVIEN JEPKEMOI

TSAI-ANNE JOSEPH

60-METER DASH	
Jan. 7 (Border Battle)	7.98 (7.86p)
Jan. 14 (Commodore Invitational)	8.00
Jan. 20 (Missouri Invitational)	7.82 (7.81p)
Feb. 17 (Missouri Collegiate Challenge)	7.77 PR
200-METER DASH	
Jan. 14 (Commodore Invitational)	25.80 PR
Feb. 17 (Missouri Collegiate Challenge)	25.94

REBECCA KEATING

WEIGHT THROW	
Jan. 14 (Commodore Invitational)	15.20m (49-10.50)
Jan. 20 (Missouri Invitational)	16.62m (54-6) PR
Jan. 28 (Razorback Invitational)	14.79 (48-6.25)
Feb. 10 (Tyson Invitational)	16.11m (52-10.25)

JAMIE KEMPFER

3,000-METER RUN	(9:43.81)
Jan. 14 (Commodore Invitational)	9:26.36 PR, #5
5,000-METER RUN	(16:42.22)
Feb. 10 (Iowa State Classic)	16:05.23 PR, #2
Feb. 25 (SEC Indoor Championships)	16:10.15

JORDYN KLEVE

3,000-METER RUN	
Jan. 14 (Commodore Invitational)	10:07.91
Jan. 28 (Razorback Invitational)	9:50.76 PR
5,000-METER RUN	
Feb. 10 (Iowa State Classic)	17:10.62
Feb. 25 (SEC Indoor Championships)	17:00.77 PR

KARINA LIZ

400-METER DASH	
Jan. 20 (Missouri Invitational)	1:00.61 PR
Feb. 17 (Missouri Collegiate Challenge)	1:37.70

600-METER DASH

Jan. 7 (Border Battle)	1:37.11 PR
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800-METER RUN

Jan. 14 (Commodore Invitational)	2:17.69
Jan. 28 (Razorback Invitational)	2:19.26
Feb. 10 (Tyson Invitational)	2:16.27 PR

KEYONI MBROH

BIANCA MELLO

800-METER RUN	
Jan. 20 (Missouri Invitational)	2:25.92 PR

MILE RUN

	(5:27.35)
Jan. 7 (Border Battle)	5:23.50
Jan. 14 (Commodore Invitational)	5:14.41
Jan. 28 (Razorback Invitational)	5:11.80 PR
Feb. 10 (Tyson Invitational)	5:13.25
Feb. 17 (Missouri Collegiate Challenge)	5:17.85

NICOLE MELLO

MILE RUN	(5:08.36)
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3,000-METER RUN

	(9:54.83)
Jan. 14 (Commodore Invitational)	9:39.18 PR
Jan. 28 (Razorback Invitational)	9:44.69

5,000-METER RUN

	(17:34.27)
Feb. 10 (Iowa State Classic)	16:41.15
Feb. 25 (SEC Indoor Championships)	16:31.56 PR, #3

SOPHIA RACETTE

KARISSA ROMAN

HIGH JUMP	(1.68m // 5-6)
Jan. 7 (Border Battle)	1.58m (5-5.25)
Jan. 14 (Commodore Invitational)	1.66m (5-5.25)
Jan. 20 (Missouri Invitational)	1.70m (5-7)
Jan. 28 (Razorback Invitational)	1.68m (5-6)
Feb. 11 (Tyson Invitational)	1.70m (5-7) PR
Feb. 25 (SEC Indoor Championships)	1.69m (5-6.5)

KARISSA SCHWEIZER

800-METER RUN	(2:12.95)
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1000-METER RUN

	(2:53.19)
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MILE RUN

	(4:39.87)
Jan. 14 (Commodore Invitational)	4:41.86
Jan. 28 (Razorback Invitational)	4:35.61 PR, #2
Feb. 24-25 (SEC Indoor Championships)	4:37.44
	(4:45.33q)

3,000-METER RUN

	(9:17.98)
Feb. 10 (Iowa State Classic)	9:06.60 PR, #2
Feb. 24 (SEC Indoor Championships)	9:18.32
March 11 (NCAA Indoor Championships)	9:09.33

5,000-METER RUN

Dec. 3 (BU Season Opener)	15:37.40
March 10 (NCAA Indoor Championships)	15:19.14 PR, #1 SR

FARAMOLA SHONEKAN

400-METER DASH	
Jan. 20 (Missouri Invitational)	1:07.22 PR

800-METER RUN

Jan. 14 (Commodore Invitational)	2:34.20
Feb. 17 (Missouri Collegiate Challenge)	2:26.34 PR

KATE SMITH

MILE RUN	(5:16.47)
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EMILY STAUFFER

VALERIE THAMES

60-METER HURDLES	(8.62)
Jan. 14 (Commodore Invitational)	8.76
Jan. 20 (Missouri Invitational)	8.60 (8.75)
Jan. 28 (Razorback Invitational)	9.23
Feb. 17 (Missouri Collegiate Challenge)	8.45 PR, SR
Feb. 24 (SEC Indoor Championships)	8.46

400-METER DASH

	(53.80)
Jan. 14 (Commodore Invitational)	57.46
Jan. 28 (Razorback Invitational)	55.99
Feb. 10 (Tyson Invitational)	56.32
Feb. 24 (SEC Indoor Championships)	55.12

600-METER RUN

	(1:41.40)
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HANNAH THOMAS

800-METER RUN	
Jan. 20 (Missouri Invitational)	2:36.36 PR

MILE RUN

	(5:07.55)
Jan. 14 (Commodore Invitational)	5:09.87
Jan. 20 (Missouri Invitational)	5:17.87
Jan. 28 (Razorback Invitational)	5:10.51
Feb. 17 (Missouri Collegiate Challenge)	5:06.56 PR

3,000-METER RUN

Feb. 11 (Tyson Invitational)	10:27.50 PR
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EMMA VICKERS

200-METER DASH	
Jan. 7 (Border Battle)	26.98
Jan. 14 (Commodore Invitational)	26.61 PR

400-METER DASH

	(57.36)
Jan. 14 (Commodore Invitational)	1:02.53
Jan. 20 (Missouri Invitational)	1:01.05
Feb. 17 (Missouri Collegiate Challenge)	58.82

ALLIE WEBB

SYDNEY WELLS

200-METER DASH	(26.08)
Jan. 7 (Border Battle)	26.40

400-METER DASH

	(57.00)
Jan. 20 (Missouri Invitational)	58.22
Jan. 28 (Razorback Invitational)	57.70
Feb. 17 (Missouri Collegiate Challenge)	56.84 PR
Feb. 24 (SEC Indoor Championships)	55.91

CAROLYN WHITE

RELAYS

4X400-METER RELAY

Jan. 7 (Border Battle)

Wells, Cody, Jackson, Thames 3:49.79

Liz, Farmer, Cunningham, Mello 4:21.75

Jan. 20 (Missouri Invitational)

Cody, Jackson, Wells, Thames 3:47.64 MR

B.Mello, Farmer, DeTurris, Hahn 4:21.30

Halamicek, Shonekan, Hession, Thomas 4:29.01

Jan. 28 (Razorback Invitational)

Cody, Jackson, Wells, Thames 3:43.45

Feb. 11 (Tyson Invitational)

Jackson, Cody, Wells, Thames 3:42.07

Feb. 25 (SEC Indoor Championships)

Cody, Jackson, Wells, Thames **3:37.49 PR, #2**

4,000-METER DMR

Jan. 14 (Commodore Invitational)

Halamicek, Wells, Liz, Adelsberger 12:00.22

Feb. 11 (Tyson Invitational)

Halamicek, Vickers, Liz, N. Mello 12:11.86

Feb. 25 (SEC Indoor Championships)

Halamicek, Vickers, Liz, Adelsberger 11:46.93



MEN'S OUTDOOR RECORDS

EVENT	ATHLETE	MARK	DATE	MEET // LOCATION
100m Dash	Chidi Imoh	10.00	08/15/1986	Berlin ISATF // Berlin, Germany
200m Dash	Iziaq Adeyanju	20.34c	05/14/1988	Big 8 Championships // Ames, Ia.
400m Dash	Kahmari Montgomery	45.13	05/12/2016	SEC Championships // Tuscaloosa, Ala.
800m Run	Derrick Peterson	1:45.18	06/02/2000	NCAA Championships // Durham, N.C.
1500m Run	Will Crocker	3:41.89	06/18/2016	Princeton Qualifer II // Princeton, N.J.
5000m Run	Dan Quigley	13:43.38	04/18/2013	Mt. SAC Relays // Walnut, Calif.
10,000m Run	Max Storms	29:15.61	04/19/2012	Mt. SAC Relays // Walnut, Calif.
110m Hurdles	Dan Lavitt	13.53	04/18/1980	Baylor Invitational // Waco, Tx.
400m Hurdles	Henry Amike	48.88	05/31/1985	NCAA Championships // Austin, Tx.
3k Steeplechase	Ryan Pirtle	8:35.90	05/21/2000	Big 12 Championships // Columbia, Mo.
High Jump	Nat Page	2.28m // 7-5.75	06/01/1979	USOC Olympic Festival // Colorado Springs, Colo.
Pole Vault	Matt Ludwig	5.46m // 17-11	04/30/2016	Memphis Tiger Invitational // Memphis, Tenn.
Long Jump	Yussuf Alli	8.27m // 27-1.75	08/01/1990	African Championships // Cairo Egypt
Triple Jump	Ajayi Agbebaku	16.96m // 55-7.75	08/01/1984	African Championships // Rabat, Morocco
Shot Put	Christian Cantwell	21.62m // 70-11.25	07/15/2003	Diputation de Salamanca // Salamanca, Spain
Discus	Ben Plunkett	61.52m // 201-10	05/29/1979	USATF Championships // Eugene, Ore.
Hammer Throw	Chris Rohr	71.92m // 235-11	04/25/2009	Drake Relays // Des Moines, Ia.
Javelin	Macauley Garton	77.47m // 254-2	05/14/2015	SEC Championships // Starkville, Miss.
Decathlon	Hans Uldal	8018w	04/14/2006	Audrey Walton Combined Events // Columbia, Mo.
4x100m Relay		39.32	05/31/1985	NCAA Championships // Austin, Tx.
4x400m Relay		3:06.42	04/06/1985	Texas Relays // Austin, Tx.

MEN'S OUTDOOR RECORDS

100-METER DASH

1.	Chidi Imoh	10.00	08/15/86
2.	Markesh Woodson	10.05	06/08/16
3.	Victor Edet	10.14	04/22/88
	Iziaq Adeyanju	10.14c	07/02/88
5.	Ed Ofili	10.19	05/15/76
6.	Peter Ifeduba	10.24c	05/14/88
7.	Chuks Olisah	10.41	1982
8.	Greg Bracey	10.45	05/12/07
9.	Tre Chambers	10.49	05/13/11
10.	Kahmari Montgomery	10.57	03/26/16

1500-METER RUN

1.	Will Crocker	3:41.89	06/18/16
2.	Robin Lingle	3:42.24c	06/20/64
3.	Brian Graybill	3:42.80	06/13/09
4.	Bill Wells	3:43.6h	06/15/68
5.	Tipper O'Brien	3:44.14	05/06/05
6.	Tim Cornell	3:44.15	05/08/09
7.	Mark Kennard	3:44.73	04/16/82
8.	Ray Hughes	3:45.07	05/02/99
9.	Lars Stromo	3:45.23	05/01/84
10.	Dan Quigley	3:45.50	04/07/12

400-METER HURDLES

1.	Henry Amike	48.88	05/31/85
2.	Daniel Ogidi	49.96	03/23/85
3.	Dean Fogarty	51.17	05/23/80
4.	Jerrad Mason	51.24	04/15/17
5.	Chris Davis	51.34	05/26/11
6.	Drake Stuedemann	51.73	05/16/15
7.	Dele Udo	51.74c	05/19/78
8.	Gladstone Agbamu	52.02	05/14/76
9.	Kellyn Fogarty	52.17	05/13/11
10.	Victor Moore	52.28	05/11/85

200-METER DASH

1.	Iziaq Adeyanju	20.34c	05/14/88
2.	Chidi Imoh	20.36	05/18/86
3.	Victor Edet	20.54c	1985
4.	Dan Fortune	20.71	05/09/81
5.	Peter Ifeduba	20.74c	05/14/88
6.	Kahmari Montgomery	20.80	06/28/16
7.	Dan Lavitt	20.84c	05/12/78
8.	Ed Ofili	20.85	1976
	Markesh Woodson	20.85	05/12/16
10.	Marquis Davis	20.89	05/14/05

5000-METER RUN

1.	Dan Quigley	13:43.38	04/18/13
2.	Ryan Hampton	14:05.66	03/25/05
3.	Kerry Hogan	14:06.4h	05/13/72
4.	Tyler Schneider	14:08.11	04/17/14
5.	Garett Jeffries	14:09.41	05/04/08
6.	Max Storms	14:09.52	04/19/13
7.	Dan Hedgecock	14:09.58	05/04/08
8.	Tim Ross	14:12.23	03/26/04
9.	Tim Cornell	14:13.09	03/26/10
10.	Steve Fisher	14:13.8h	03/31/79

3000-METER STEEPLECHASE

1.	Ryan Pirtle	8:35.90	05/21/00
2.	Ray Hughes	8:41.4h	04/18/98
3.	Ron Harmon	8:44.6h	05/21/77
4.	Paul Skei	8:46.0h	05/12/84
5.	Sam Dickerson	8:51.69	04/03/15
6.	Steve Fisher	8:52.4h	04/14/79
7.	Matt Noonan	8:53.58	03/31/06
8.	Sheldon Keence	8:55.29	03/31/17
9.	Brad Reese	8:59.7h	05/01/77
10.	Jeff Dick	8:59.94	05/14/89

400-METER DASH

1.	Kahmari Montgomery	45.13	05/14/16
2.	Dele Udo	45.34c	05/15/76
3.	Mike Norman	46.14c	05/20/72
4.	Rob Collier	46.36	1988
5.	John Okoye	46.54c	05/16/87
6.	Henry Amike	46.54c	05/11/85
7.	Michael King	46.84c	05/20/90
8.	Daniel Ogidi	46.98	03/22/85
9.	Jesse Lane	47.02	05/18/93
10.	Scott Davis	47.28	05/09/81

10,000-METER RUN

1.	Max Storms	29:15.61	04/19/12
2.	Nick Smith	29:20.27	04/27/00
3.	Ollie Lockley	29:24.18	03/31/17
4.	Josh Davis	29:27.99	03/31/06
5.	Chase Hall	29:29.18	03/26/04
6.	Steve Fisher	29:31.1h	04/15/76
7.	Tim Ross	29:32.41	04/15/05
8.	Drew White	29:41.10	04/27/17
9.	Adam MacDowell	29:41.67	03/30/02
10.	Phillip King	29:42.39	03/26/10

4x100-METER RELAY

1.		39.32	05/31/85
2.		39.77	05/12/84
3.	Woodson, Mathis, Montgomery, Holder	39.87	04/16/16
4.		40.07	06/05/86
5.		40.16	05/16/87
6.		40.20	05/19/79
6.		40.33	05/14/83
8.		40.68	03/25/15
9.	Woodson, Sweeney, Mathis, Holder	40.75	04/09/16
10.	Holder, Mathis, Montgomery, Mason	41.19	04/15/17

800-METER RUN

1.	Derrick Peterson	1:45.18	06/02/00
2.	Scott Davis	1:46.30	06/03/83
3.	Scott Clark	1:46.40	06/20/81
4.	Ricky West	1:46.47	06/08/12
5.	Aaron Dixon	1:47.39	05/28/10
	Timothy Dunne	1:47.39	05/28/10
7.	Blake Irwin	1:47.53	05/28/10
8.	Marcus Mayes	1:47.71	05/26/07
9.	Neville Miller	1:47.99	06/22/06
10.	Jared Wilmes	1:48.47	05/06/95

110-METER HURDLES

1.	Dan Lavitt	13.53	04/18/80
2.	Malcolm Dixon	13.54	05/28/83
3.	Godwin Obasogie	13.55	05/15/76
4.	Albert Lane	13.61	06/02/84
5.	Bruce Cockrell	14.01	05/21/88
6.	Cliff Mundy	14.06	05/11/85
7.	Nick Adcock	14.07	04/30/10
8.	Nat Page	14.09	04/20/79
9.	Victor Moore	14.13	05/11/85
10.	Otto Nichols	14.2h	05/01/70

4x400-METER RELAY

1.		3:06.42	04/06/85
2.		3:07.43	05/16/81
3.		3:07.63	05/12/84
4.		3:08.25	05/23/98
5.		3:08.73	05/23/99
6.		3:08.88	05/17/98
7.		3:09.73	05/17/09
8.		3:09.83	05/15/05
9.		3:10.07	04/27/07
10.		3:10.23	05/28/05

MEN'S OUTDOOR ALL-TIME TOP TEN

HIGH JUMP

1.	Nat Page	2.28m//7-5.75	06/01/79
2.	Ben Lucero	2.25m//7-4.50	06/02/82
3.	Jesse Sims	2.20m//7-2.50	04/13/02
	Jay Meystedt		05/12/01
5.	Steve Herndon	2.18m//7-1.75	06/04/66
6.	Daniel Hunter	2.15m//7-0.50	05/16/09
7.	Jason Jones	2.14m//7-0.25	05/16/98
	Gene Hansbrough		05/01/74
9.	Jason Edmonds	2.13m//6-11.75	03/30/02
10.	Nick Adcock	2.12m//6-11.50	07/19/08

SHOT PUT

1.	Christian Cantwell	21.62m//70-11.25	07/15/03
2.	Russ Bell	19.54m//64-1.25	05/11/02
3.	Conrad Woolsey	19.41m//63-8.25	05/14/05
4.	Nate Englin	19.04m//62-5.75	05/02/08
5.	Rick Lyle	18.75m//61-6.25	05/17/83
6.	Steve Moore	18.61m//61-0.75	05/20/78
7.	Gene Crews	18.44m//60-6	06/01/65
8.	Dave Frieze	18.36m//60-3	05/20/72
9.	Harold Cronin	18.16m//59-7	04/19/96
10.	Brooks Mosier	17.96m//58-11.25	05/12/12

DECATHLON

1.	Hans Uldal	8018w	04/14/06
2.	Lars Rise	7942	06/10/11
3.	Nick Adcock	7704	05/15/10
4.	Knut Sommerfeldt	7685	05/17/03
5.	Ser Whitaker	7488	05/13/16
6.	Espen Strindeberg	7355	05/16/98
7.	Bjorn Sommerfeldt	7337w	05/13/06
8.	Curt Brand	6835	05/14/88
9.	Brandon Goebbert	6773	04/15/05
10.	Brad Hasler	6591	03/24/90

POLE VAULT

1.	Matt Ludwig	5.46m//17-11	04/30/16
2.	Brian Hancock	5.36m//17-7	04/08/11
3.	Tom Jordan	5.35m//17-6.50	05/20/93
4.	Kyle Wessel	5.30m//17-4.50	05/25/13
5.	Bryan Dwight	5.00m//16-4.75	04/02/94
	Stuart Hall		05/13/83
7.	Andy Zawislak	4.98m//16-4	04/14/79
	Leland Fletcher		05/17/75
9.	Justin Calame	4.97m//16-3.50	05/02/98
10.	Hans Uldal	4.95m//16-2.75	04/14/06
	David Brodacker	4.95m//16-2.75	05/01/83

DISCUS

1.	Ben Plunkett	61.52m//201-10	05/29/76
2.	Russ Bell	60.28m//197-9	03/30/02
3.	Christian Cantwell	59.32m//194-7	04/07/01
4.	Rob James	58.84m//193-0	04/21/84
5.	Dick Cochran	58.40m//191-7	07/01/60
6.	Phil Hartung	57.46m//188-6	04/11/81
7.	Scott Harrell	57.18m//187-7	05/23/80
8.	Bobby Musil	56.36m//184-11	05/06/06
9.	Chris Rohr	55.97m//183-7	05/16/09
10.	Dave Borchardt	54.90m//180-1	05/26/06

HAMMER THROW

1.	Chris Rohr	71.92m//235-11	04/25/09
2.	Jason Morris	68.41m//224-5	04/26/08
3.	Micah Shanks	64.04m//210-1	03/23/02
4.	Russ Bell	63.74m//209-1	04/13/02
5.	Bobby Musil	63.72m//209-0	05/12/06
6.	Tyler Dailey	63.64m//208-9	05/31/08
7.	Chris Holly	63.32m//207-9	04/27/11
8.	Nate Englin	62.56m//205-3	04/12/08
9.	Brian Duncan	62.55m//205-2	03/22/13
10.	Jacob Bullinger	61.50m//201-9	05/11/12

LONG JUMP

1.	Yussuf Alli	8.27m//27-1.75	08/01/90
2.	Peppie Whitaker	8.04m//26-4.75	05/20/77
3.	Ajayi Agbebeku	7.94m//26-0.75	08/02/79
4.	Mel Gray	7.91m//25-11.50	05/15/70
5.	Malcolm Pennix	7.82m//25-8	05/11/12
6.	Yemi Alde'fa	7.74m//25-4.75	05/21/90
7.	Bob Teel	7.65m//25-1.25	06/04/48
8.	Gary Rainwater	7.62m//25-0	03/30/68
9.	John Warren	7.58m//24-10.50	05/12/16
10.	Jonathan Gentry	7.54m//24-9	06/01/74

JAVELIN

1.	Macauley Garton	77.47m//254-2	05/14/15
2.	Reinhard Van Zyl	75.91m//249-0	05/13/16
3.	Darin File	74.56m//244-7	05/17/98
4.	Alex Pascal	73.52m//241-2	04/23/16
5.	Lars Rise	71.71m//235-3	07/29/10
6.	Gary File	69.60m//228-4	05/30/02
7.	John Thies	65.41m//214-7	05/09/09
8.	Knut Sommerfeldt	65.28m//214-2	04/12/03
9.	Jim Young	63.12m//207-1	04/22/86
10.	Hans Uldal	62.09m//203-8	05/14/05

TRIPLE JUMP

1.	Ajayi Agbebeku	16.96m//55-7.75	08/01/84
2.	John Warren	16.27m//53-4.50	05/28/16
3.	Barry Davis	16.25m//53-3.75	1982
4.	Tony Carodine	16.14m//52-11.50	05/28/16
5.	Larry Gray	15.91m//52-2.50	05/18/73
6.	Jonathan Ilori	15.89m//52-1.75	05/31/14
7.	Jonathan Gentry	15.64m//51-3.75	04/06/74
8.	Ja'Mari Ward	15.44m//50-8	04/22/17
9.	Chris Thomas	15.34m//50-4	05/17/98
	Jeremy Lampley		05/24/12



WOMEN'S OUTDOOR RECORDS

EVENT	ATHLETE	MARK	DATE	MEET // LOCATION
100m Dash	Lorinda Richardson	11.42	05/16/1987	Big 8 Championships // Lawrence, Kan.
200m Dash	LaQuisha Jackson	23.10	04/01/2016	Florida Relays // Gainesville, Fl.
400m Dash	Natasha Kaiser	50.86	06/03/1989	NCAA Championships // Provo, UT
800m Run	Ashley Wysong	2:02.94	06/02/2000	NCAA Championships // Durham, N.C.
1500m Run	Laura Roxberg	4:13.53	04/27/2013	Drake Relays // Des Moines, Ia.
5000m Run	Karissa Schweizer	15:39.75	03/31/2017	Stanford Invitational // Palo Alto, Calif.
10,000m Run	Jamie Kempfer	33:09.67	03/31/2017	Stanford Invitational // Palo Alto, Calif.
100m Hurdles	Valerie Thames	13.18	05/14/2016	SEC Championships // Tuscaloosa, Ala.
400m Hurdles	Valerie Thames	57.16	05/12/2016	SEC Championships // Tuscaloosa, Ala.
3k Steeplechase	Kerry Hils	10:08.61	06/01/2001	NCAA Championships // Eugene, Ore.
High Jump	Hanne Skei Anderson	1.86m // 6-1.25	06/02/1994	NCAA Championships // Boise, ID
Pole Vault	Katrine Haarklau	4.35m // 14-3.25	06/07/2013	NCAA Championships // Eugene, Ore.
Long Jump	Lorinda Richardson	6.51m // 21-4.25	05/03/1986	National Invitational // Indianapolis, Ind.
Triple Jump	Hedvig Glomsroed	12.71m // 41-8.50	05/13/2007	Big 12 Championships // Lincoln, Neb.
Shot Put	Kearsten Peoples	18.22m // 59-9.50	06/29/2012	U.S. Olympic Trials // Eugene, Ore.
Discus	Kearsten Peoples	57.31m // 188-0	04/23/2014	ESU Mid-Week Open // Emporia, Kan.
Hammer Throw	Kearsten Peoples	66.17m // 217-1	05/01/2015	Tom Botts Invitational // Columbia, Mo.
Javelin	Hailey Twietmeyer	51.17m // 167-10.50	04/12/2014	Missouri Relays // Columbia, Mo.
Heptathlon	Teri LeBlanc	5805	06/14/1989	TAC Championships // Houston, Tx.
4x100m Relay	Maya Cody, LaQuisha Jackson, Alyssa Felton, Jacqueline Obi	44.54	04/23/2016	John McDonnell Invitational // Fayetteville, Ark.
4x400m Relay	Maya Cody, Valerie Thames, LaQuisha Jackson, Ayo Adewole	3:35.97	04/02/2016	Florida Relays // Gainesville, Fl.



MIZZOU TRACK & FIELD

WOMEN'S OUTDOOR ALL-TIME TOP TEN

100-METER DASH

1.	Lorinda Richardson	11.42	05/16/87
2.	Rufina Ubah	11.43	08/01/91
3.	LaQuisha Jackson	11.47	03/31/16
4.	Ramona Riley	11.54	04/03/82
5.	Maya Cody	11.72	04/08/17
6.	Natasha Kaiser	11.75	05/20/89
7.	Alyssa Felton	11.85	04/09/16
8.	Jessica Stockard	11.94	05/03/03
9.	Avis Evans	11.96	05/20/00
10.	Angela Moore	11.96	05/02/87

200-METER DASH

1.	LaQuisha Jackson	23.10	04/01/16
2.	Natasha Kaiser	23.53	05/17/86
3.	Willetta Page	23.76	05/05/79
4.	Lorinda Richardson	23.88	05/14/88
5.	Rufina Ubah	23.98	03/24/84
6.	Maya Cody	23.99	04/22/16
7.	Teri LeBlanc	24.04	05/31/89
8.	Pam Page	24.08	04/12/80
9.	Lana Mims	24.09	04/30/10
10.	Rosalyn Dunlap	24.13	05/05/84

400-METER DASH

1.	Natasha Kaiser	50.86	06/03/89
2.	Rosalyn Dunlap	52.20	06/02/82
3.	LaQuisha Jackson	53.50	04/15/17
4.	Rose Jackson	53.57	05/11/84
5.	Sandrae Farquharson	53.70	04/16/16
6.	Ayo Adewole	54.08	05/03/15
7.	Nicol Hodges	54.48	05/18/93
8.	Maya Cody	54.49	04/16/16
9.	Willetta Page	55.0h	05/05/79
10.	Whitney Stuart	55.33	05/01/04

800-METER RUN

1.	Ashley Wysong	2:02.94	06/02/00
2.	Ashley Patten	2:04.04	05/15/05
3.	Trisa Nickoley	2:04.07	06/22/07
4.	Shannon Leinert	2:05.53	06/17/09
5.	Dana Glidden	2:05.6h	05/26/79
6.	Sunny Gilbert	2:06.03	05/06/00
7.	Lynn Biggs	2:07.05	05/12/84
8.	Nicki Webber	2:07.13	07/09/93
9.	Cyd Thomas	2:07.53	04/18/86
10.	Valeska Halamicek	2:07.57	05/12/16

1500-METER RUN

1.	Laura Roxberg	4:13.53	04/27/13
2.	Karissa Schweizer	4:15.77	04/08/17
3.	Ann Marie Brooks	4:18.66	05/04/01
4.	Amanda Bales	4:18.79	05/15/05
5.	Sabrina Dornhoefer	4:19.01	04/10/85
6.	Rebecca Davis	4:19.76	04/20/97
7.	Jessica Haremza	4:21.14	05/09/97
8.	Erin Windler	4:23.13	04/20/97
9.	Katie Meyer	4:23.65	05/20/00
10.	Cyd Thomas	4:24.02	05/03/86

5000-METER RUN

1.	Karissa Schweizer	15:39.75	03/31/17
2.	Sabrina Dornhoefer	15:42.22	06/01/85
3.	Ann Marie Brooks	15:50.36	06/22/02
4.	Jill Kinsbury	16:05.7h	04/25/85
5.	Jamie Kempfer	16:09.59	04/27/17
6.	Kaitie Vanatta	16:16.52	04/19/12
7.	Nicole Mello	16:22.17	04/27/17
8.	Serena Ramsey	16:22.67	04/27/06
9.	Amanda Bales	16:24.21	03/25/05
10.	Bailey Belvis	16:30.03	04/21/13

10,000-METER RUN

1.	Jamie Kempfer	33:09.67	03/31/17
2.	Kaitlyn Fischer	33:12.37	06/12/14
2.	Serena Ramsey	33:52.59	06/08/06
3.	Valerie Lauver	34:07.04	03/25/05
5.	Kinsey Farren	34:37.70	04/06/12
6.	Andrea Fisher	34:39.90	05/19/83
7.	Jill Kingsbury	34:47.3h	04/25/85
8.	Brenda Saunders	34:55.1h	05/23/80
9.	Justa Dahl	34:58.55	03/29/99
10.	Marty Stinson	35:17.9h	05/23/80

100-METER HURDLES

1.	Valerie Thames	13.18	05/14/16
2.	Pam Page	13.48	04/19/80
3.	Alyssa Felton	13.49	05/28/16
4.	Fiona Asigbee	13.61	05/30/03
	Teri LeBlanc		04/28/89
6.	Felecia Allen	13.68	04/27/91
7.	Kaela Rorvig	13.79	05/15/09
8.	JaNay Woolridge	13.82	04/18/09
9.	Michelle Moran	13.96	05/19/00
10.	Rannveig Kvalvik	14.09	04/10/99

400-METER HURDLES

1.	Valerie Thames	57.16	05/12/16
2.	Leslie Farmer	57.80	05/11/12
3.	Felecia Allen	1:00.54	04/17/87
4.	Margaret Ibe	1:00.55	05/15/04
5.	Comfort Ibe	1:00.80	05/07/04
6.	Rannveig Kvalvik	1:01.17	
7.	Sha'Rone Greenlaw	1:01.19	04/06/13
8.	Rosalyn Dunlap	1:01.3h	05/28/81
9.	Erin Moses	1:01.43	04/15/06
10.	Andrea Seabaugh	1:01.73	05/14/89

3000-METER STEEPLECHASE

1.	Kerry Hils	10:08.61	06/01/01
2.	Teylar Adelsberger	10:12.39	04/14/16
3.	Courtney Wood	10:21.32	05/17/14
4.	Jill Petersen	10:34.46	04/29/05
5.	Katie Meyer	10:35.57	04/06/01
6.	Angela Potrykus	10:42.11	04/30/10
7.	Madison Waymire	10:49.26	05/03/15
8.	Ellen Ries	10:51.81	04/05/08
9.	Liz Reid	11:02.66	05/13/12
10.	Carolyn Rauen	11:05.46	04/22/06

4x100-METER RELAY

1.	Cody, Jackson, Felton, Farquharson	44.31	06/08/16
2.	Cody, Jackson, Felton, Obi	44.54	04/23/16
3.	Cody, Jackson, Joseph, Farquharson	45.00	04/08/17
4.		45.02	04/30/88
5.		45.17	04/16/88
6.	Cody, Jackson, Felton, Obi	45.12	04/09/16
7.	Cody, Jackson, Felton, Obi	45.48	03/31/16
8.		45.59	04/25/79
9.		45.81	05/14/89
10.		45.87	04/07/84



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WOMEN'S OUTDOOR ALL-TIME TOP TEN

4x400-METER RELAY

1.	Cody, Thames, Jackson, Farquharson	3:34.10	05/28/16
2.	Farquharson, Thames, Jackson, Adewole	3:34.20	05/04/16
3.	Cody, Thames, Jackson, Adewole	3:35.97	04/02/15
4.	Farquharson, Jackson, Obi, Thames	3:38.44	03/26/16
5.	Farquharson, Jackson, Wells, Thames	3:40.08	04/22/17
6.	Thames, Farquharson, Wells, Adewole	3:40.11	04/16/16
7.	Adewole, Lark, Jackson, Thames	3:40.68	05/16/15
8.		3:40.86	05/17/09
9.		3:41.12	05/21/00
10.		3:41.16	05/03/03

HIGH JUMP

1.	Hanne Skei Andersen	1.86m//6-1.25	06/02/94
	LaTonya Tatum		04/08/89
3.	Christi Myers	1.83m//6-0	05/11/02
4.	Helen Ogar	1.81m//5-11.25	03/20/82
5.	Jenny Bybee	1.80m//5-10.75	05/03/03
	Mary Cragoe		04/19/80
7.	Michelle Moran	1.79m//5-10.50	05/19/00
	Angela Beckett		05/18/92
9.	Teri LeBlanc	1.78m//5-10	04/16/88
	Morgan Whitson		03/28/14

POLE VAULT

1.	Katrine Haarklau	4.35m//14-3.25	06/07/13
2.	Alyssa Applebee	4.22m//13-10	05/27/16
3.	Jennifer Bennett	4.12m//13-6.25	05/30/03
4.	Heather Green	4.04m//13-3	05/29/14
	Rayce Albino		04/23/16
6.	Maggie Givens	4.01m//13-1.75	05/15/15
7.	Bri Gibbs	3.89m//12-9	04/23/16
8.	Lyndsey Tait	3.80m//12-5.50	04/09/05
9.	Liz Peterson	3.70m//12-1.50	04/17/04
10.	Tommie Powers	3.68m//12-0.75	05/02/08

LONG JUMP

1.	Lorinda Richardson	6.51m//21-4.25	05/03/86
2.	Felecia Allen	6.45m//21-2	04/06/91
3.	Teri LeBlanc	6.36m//20-10.50	04/08/89
4.	Lana Mims	6.27m//20-7	04/30/10
5.	Kellee Eubanks	6.22m//20-5	04/24/82
6.	JaNay Woolridge	6.20m//20-4.25	05/30/08
7.	Linda Spent	6.12m//20-1	04/11/81
8.	Rose Jackson	6.05m//19-10.25	04/13/84
9.	Lynnsey Brim	6.02m//19-9	04/16/16
10.	Kaela Rorvig	6.01m//19-8.75	04/16/09

TRIPLE JUMP

1.	Hedvig Glomsroed	12.71m//41-8.50	05/13/07
2.	Danielle Williams	12.51m//41-0.50	05/28/16
3.	Mollie Gribbin	12.46m//40-10.5	04/08/17
4.	Lindsey Miller	12.38m//40-7.50	05/23/99
5.	Shammi Ilis	12.31m//40-4.75	03/26/15
6.	Dawn Huff	12.16m//39-10.75	04/04/92
7.	Angela Monroe	12.06m//39-6.75	05/02/87
8.	Shawnte Middlebrook	12.00m//39-4.50	04/23/11
9.	Eli Sommerfeldt	11.97m//39-3.25	05/05/01
10.	Felecia Allen	11.90m//39-0.50	05/20/91

SHOT PUT

1.	Kearsten Peoples	18.22m//59-9.50	06/29/12
2.	Jill Rushin	17.72m//58-1.75	05/02/15
3.	Shernelle Nicholls	17.14m//56-2.75	05/13/07
4.	Janae Strickland	16.92m//55-6.25	05/01/04
5.	Krishna Lee	16.29m//53-5.50	05/17/09
6.	Katie Evans	15.96m//52-4.50	05/17/14
7.	Cortni Ervin	15.65m//51-4	04/25/12
8.	Elizabeth Robe	15.44m//50-8	03/25/06
9.	Elisha Hunt	15.27m//50-1.25	05/17/08
10.	Emily Stauffer	15.17m//49-9.25	04/08/17

DISCUS

1.	Kearsten Peoples	57.31m//188-0	04/23/14
2.	Gabi Jacobs	56.35m//184-10	04/22/17
3.	Jill Rushin	53.39m//175-2	04/23/14
4.	Shernelle Nicholls	52.00m//170-7	03/29/08
5.	Melanie Uher	50.77m//166-7	05/28/05
6.	Krishna Lee	50.67m//166-3	04/24/09
7.	Erica Brooks	50.50m//165-8	05/02/92
8.	Mary Hyder	50.30m//165-0	05/15/82
9.	Lindsey Markworth	50.07m//164-3	04/23/05
10.	Stephanie Stean	49.92m//163-9	04/11/92

HAMMER

1.	Kearsten Peoples	66.17m//217-1	05/01/15
2.	Krishna Lee	63.77m//209-2	05/15/09
3.	Holly Scherder	60.76m//199-4	04/29/04
4.	Elisha Hunt	58.80m//192-11	05/16/08
5.	Rebecca Keating	58.50m//191-11	03/31/17
6.	Shernelle Nicholls	58.21m//190-11	04/19/07
7.	Melissa Coil	57.18m//187-7	04/25/12
8.	Cortni Ervin	56.92m//186-8	04/25/12
9.	Bethany Pfeiffer	55.48m//182-0	04/20/13
10.	Megan Collins	55.19m//181-0	05/11/12

JAVELIN

1.	Hailey Twietmeyer	51.17m//167-10.5	04/12/14
2.	Katrine Haarklau	49.56m//162-7	04/27/13
3.	Hope Harris	46.70m//153-2	04/05/08
4.	Bethany Pfeiffer	45.67m//149-10	05/25/13
5.	Eli Sommerfeldt	45.36m//148-10	05/17/01
6.	Ally Zerbe	45.11m//148-0	03/26/15
7.	Sandra Hampton	44.18m//144-11	04/13/13
8.	Jennifer Berilla	41.78m//137-1	04/18/15
9.	Rannveig Kvalvik	40.38m//132-5	06/04/99
10.	Lindsey Boldt	40.11m//131-7	04/26/07

HEPTATHLON

1.	Teri LeBlanc	5805	06/14/89
2.	Rannveig Kvalvik	5594	06/06/99
3.	Michelle Moran	5590	05/20/00
4.	Fiona Asigbee	5583	05/18/03
5.	Eli Sommerfeldt	5463	05/17/01
6.	Jessica Stockard	5378	04/30/04
7.	Katrine Haarklau	5374	04/13/13
8.	Kaela Rorvig	5372	05/16/09
9.	Jill Aholt	5339	05/20/00
10.	Morgan Whitson	5273	04/16/14

2017 ROSTER

Men's Roster

Name	Events	ITF / OTF Year	Hometown / Last School
Ahren Bohanan	Throws	R-Sr. / R-Sr.	St. Charles, Mo. / St. Charles West HS
Tanner Buschmann	Throws	R-Sr. / R-Sr.	Westphalia, Mo. / Fatima HS
Avery Carter	Throws	R-So. / R-So.	Lee's Summit, Mo. / Lee's Summit West HS
Jordan Cook	Distance	R-Sr. / R-Sr.	Columbia, Mo. / Rock Bridge HS
Zach Cook	Distance	R-So. / R-So.	Columbia, Mo. / Rock Bridge HS
Marc Dubrick	Distance	R-Jr. / R-Jr.	DeKalb, Ill. / DeKalb HS
Will Fife	Throws	R-So. / R-So.	Jefferson City, Mo. / Helias Catholic HS
Thomas George	Distance	So. / So.	Gloucester, England / Marling School
Ben Goodman	Mid-Distance	R-Jr. / R-Jr.	Colorado Springs, Co. / Palmer HS
Sean Harrell	Throws	R-Jr. / R-Jr.	Springfield, Mo. / Parkview HS
Brian Hernan	Distance	Sr. / R-Jr.	Manchester, Mo. / Parkway South HS
Jonathan Holder	Sprints	Jr. / R-Jr.	Trinidad & Tobago
Tim Johnson	Distance	R-Sr. / R-Sr.	Palatine HS / Palatine HS
Patrick Kearns	Distance	R-So. / R-So.	New York City, N.Y./Fiorello H. LaGuardia HS
Sheldon Keence	Distance	Sr. / R-Jr.	St. Charles, Mo. / St. Charles West HS
Alfred Kimaioy	Distance	Fr. / Fr.	Kenya
Robert Kuhlmann	Distance	Fr. / Fr.	Lake Villa, Ill. / Lakes Community HS
Patrick Kunza	Throws	R-Fr. / R-Fr.	Wentzville, Mo. / Timberland HS
Rauno Liitmaa	Decathlon	Jr. / Jr.	Estonia / Tallinn University
Ollie Lockley	Distance	R-Sr. / R-Sr.	Colby, Isle of Man
Justin Loquercio	Distance	Fr. / Fr.	Mt. Prospect, Ill. / Wheeling HS
Jerrad Mason	Sprints	R-Jr. / R-Jr.	Bridgetown, Barbados / Harrison College
Niager Mathis	Sprints	R-Jr. / R-Jr.	Philadelphia, Penn./Swenson Arts &Tech HS
Kahmari Montgomery	Sprints	So. / So.	Plainfield, Ind. / Plainfield Central HS
Alex Pascal	Javelin	-- / R-Jr.	Cayman Islands / Clifton Hunter HS
Dylan Quisenberry	Distance	Fr. / Fr.	Wildwood, Mo. / Lafayette HS
Luca Russo	Distance	R-Sr. / R-Sr.	Kent, England
Evan Schulte	Distance	R-So. / R-So.	Columbia, Mo. / Rock Bridge HS
Jacob Schweiss	Distance	Fr. / Fr.	St. Louis, Mo. / Festus HS
Eric Scott	Distance	Fr. / Fr.	Kenya
Mark Sheridan	Mid-Distance	Jr. / Jr.	Ballwin, Mo. / Marquette HS
Taylor Stephen	Distance	R-So. / R-So.	Nixa, Mo. / Nixa HS
Beresford Sweeney	Sprints	R-Fr. / So.	Kingston, Jamaica / Ardenne HS
Reinhard Van Zyi	Javelin	-- / Sr.	Hoedspruit, South Africa
Ja'Mari Ward	Jumps	Fr. / Fr.	Cahokia, Ill. / Cahokia HS
Drew White	Distance	R-Sr. / R-Sr.	Crystal City, Mo. / Festus HS
Michael Widmann	Distance	R-Fr. / R-Fr.	Naperville, Ill. / Neuqua Valley HS
Cain Winebrenner	Mid-Distance	Sr. / R-Jr.	Kansas City, Mo. / Park Hill HS

Women's Roster

Name	Events	ITF / OTF Year	Hometown / Last School
Teylar Adelsberger	Distance	Sr. / Sr.	O'Fallon, Mo. / Ft. Zumwalt South HS
Ellyn Atkinson	Distance	R-Jr. / R-Jr.	Springfield, Mo. / Glendale HS
Kaelyn Balch	Distance	R-Jr. / R-Jr.	Wichita, Kan. / Bishop Carroll Catholic HS
Jennifer Berilla	Javelin	-- / R-Sr.	Ballwin, Mo. / Parkway South HS
Lynnsey Brim	Jumps	Sr. / R-Jr.	Gahanna, Oh. / Gahanna Lincoln HS
Destiny Brown	Jumps	Fr. / Fr.	Florissant, Mo. / Hazelwood Central HS
Maya Cody	Sprints	So. / So.	St. Louis, Mo. / Lutheran South HS
Megan Cunningham	Distance	R-Jr. / R-Jr.	Eureka, Mo. / Eureka HS
Kiley Deain	Distance	Fr. / Fr.	Peculiar, Mo. / South Florida
Elly DeTurris	Distance	So. / So.	Naperville, Ill. / Naperville HS
Samantha Farmer	Distance	R-Fr. / R-Fr.	Columbia, Mo./South Carolina/Rock Bridge
Sandrae Farquharson	Sprints	Sr. / Sr.	St. Elizabeth, Jamaica
Kaitlyn Fischer	Distance	R-Jr. / Sr.	Pevely, Mo. / Herculeaneum HS
Susan Forbis	Distance	Fr. / Fr.	Lewisville, Texas / Lewisville HS
Mollie Gribbin	Jumps	R-Sr. / R-Sr.	Montpelier, Vt. / Nebraska
Michaela Hackbarth	Mid-Distance	Fr. / Fr.	Downers Grove, Ill. / Downers Grove HS
Emmie Hahn	Distance	R-Fr. / R-Fr.	Homer Glen, Ill. / Lockport Township HS
Valeska Halamicek	Mid-Distance	R-Jr. / R-Jr.	Weldon Spring, Mo. / Francis Howell HS
Bailey Hession	Distance	Sr. / Sr.	Willard, Mo. / Willard HS
Shammai Ilis	Jumps	Jr. / So.	Houston, Texas / Fort Bend Hightower HS
Kelli Jackson	Distance	R-Fr. / R-Fr.	Hudsonville, Mich. / Hudsonville HS
LaQuisha Jackson	Sprints	Sr. / Sr.	Chattanooga, Tenn. / San Diego State
Gabi Jacobs	Throws	R-So. / R-So.	Bloomington, Ill. / Normal University HS
Tsai-Anne Joseph	Sprints	R-So. / R-So.	St. Augustine, Trinidad & Tobago
Rebecca Keating	Throws	R-Fr. / So.	Reading, England
Jamie Kempfer	Distance	R-So. / R-So.	Festus, Mo. / Festus HS
Jordyn Kleve	Distance	R-Fr. / R-Fr.	Urbandale, Iowa / Johnson HS
Karina Liz	Mid-Distance	Fr. / Fr.	Aurora, Ill. / Aurora Central Catholic HS
Keyoni Mbroh	Jumps	Jr. / Jr.	Oklahoma City, Okla. / Putnam City North HS
Bianca Mello	Distance	Sr. / R-Jr.	Columbia, Mo. / Hickman HS
Nicole Mello	Distance	R-Jr. / R-Jr.	Columbia, Mo. / Hickman HS
Sophia Racette	Distance	So. / So.	St. Louis, Mo. / Southern California
Karissa Roman	High Jump	So. / So.	Kewanee, Ill. / Wethersfield HS
Karissa Schweizer	Distance	Jr. / Jr.	Urbandale, Iowa. / Dowling Catholic HS
Faramola Shonekan	Distance	Fr. / Fr.	Columbia, Mo. / Rock Bridge HS
Kate Smith	Distance	So. / So.	Ankeny, Iowa / Ankeny Centennial HS
Emily Stauffer	Throws	Fr. / Fr.	Reinholds, Penn. / Cocalico HS
Valerie Thames	Hurdles	R-Jr. / Sr.	Milwaukee, Wis. / Southern University
Hannah Thomas	Distance	So. / So.	Urbandale, Iowa / Dowling HS
Emma Vickers	Sprints	R-Jr. / R-Jr.	Kansas City, Kan. / Shawnee Mission East HS
Allie Webb	Javelin	-- / Fr.	Platte City, Mo. / St. James Academy
Sydney Wells	Sprints	Sr. / Sr.	Fort Smith, Ark. / Ft. Smith Southside HS
Carolyn White	Distance	R-Fr. / So.	Festus, Mo. / Festus HS

Coaching Staff

Head Coach	Brett Halter (Seventh season)
Associate Head Coach (Women's Sprints, Hurdles and Relays)	Natasha Brown (First season)
Assistant Coach (Distance, Mid-Distance)	Marc Burns (Third season)
Assistant Coach (Jumps, Multi-Events)	Iliyan Chamov (Second season)
Assistant Coach (Distance, Mid-Distance)	Eileen Halter (Second season)
Assistant Coach (Men's Sprints, Hurdles and Relays)	Carjay Lyles (Fourth season)
Assistant Coach (Throws)	Ross Richardson (First season)
Recruiting Coordinator	Stephen Smith (Third season)
Director of Operations	Celia M'Boua (Second season)



MEN'S TEAM



THROWS

AHREN BOHANAN

R-SR

St. Charles, Mo.
St. Charles West HS



THROWS

TANNER BUSCHMANN

R-SR

Westphalia, Mo.
Fatima HS



THROWS

AVERY CARTER

R-SO

Lee's Summit, Mo.
Lee's Summit West HS



DISTANCE

JORDAN COOK

R-SR

Columbia, Mo.
Rock Bridge HS



DISTANCE

ZACH COOK

R-SO

Columbia, Mo.
Rock Bridge HS



DISTANCE

MARC DUBRICK

R-JR

DeKalb, Ill.
DeKalb HS



THROWS

WILL FIFE

R-SO

Jefferson City, Mo.
Helias Catholic HS



DISTANCE

THOMAS GEORGE

SO

Gloucester, England
Marling School



MID-DISTANCE

BEN GOODMAN

R-JR

Colorado Springs, Colo.
Palmer HS



THROWS

SEAN HARRELL

R-JR

Springfield, Mo.
Parkview HS



DISTANCE

BRIAN HERNAN

R-JR

Manchester, Mo.
Parkway South HS



SPRINTS

JONATHAN HOLDER

JR

Trinidad & Tobago



DISTANCE

TIM JOHNSON

R-SR

Palatine, Ill.
Palatine HS



DISTANCE

PATRICK KEARNS

R-SO

New York, N.Y.
Fiorello H. LaGuardia HS



DISTANCE

SHELDON KEENCE

R-JR

St. Charles, Mo.
St. Charles West HS



DISTANCE

ALFRED KIMAIYO

FR

Kenya



DISTANCE

ROBERT KUHLMANN

FR

Lake Villa, Ill.
Lakes Community HS



THROWS

PATRICK KUNZA

R-FR

Wentzville, Mo.
Timberland HS



DECATHLON

RAUNO LIITMAE

JR

Estonia
Tallin University



DISTANCE

OLLIE LOCKLEY

R-SR

Colby, Isle of Man

MEN'S TEAM



DISTANCE

JUSTIN LOQUERCIO

FR

*Mt. Prospect, Ill.
Wheeling HS*



SPRINTS

JERRAD MASON

R-JR

*Bridgetown, Barbados
Harrison College*



SPRINTS

NIAGER MATHIS

R-JR

*Philadelphia, Penn.
Swenson Arts & Tech. HS*



SPRINTS

KAHMARI MONTGOMERY

SO

*Plainfield, Ill.
Plainfield Central HS*



JAVELIN

ALEX PASCAL

R-JR

*Cayman Islands
Clifton Hunter HS*



DISTANCE

DYLAN QUISENBERRY

FR

*Wildwood, Mo.
Lafayette HS*



DISTANCE

LUCA RUSSO

R-SR

Kent, England



DISTANCE

EVAN SCHULTE

R-SO

*Columbia, Mo.
Rock Bridge HS*



DISTANCE

JACOB SCHWEISS

FR

*St. Louis, Mo.
Festus HS*



DISTANCE

ERIC SCOTT

FR

Kenya



MID-DISTANCE

MARK SHERIDAN

JR

*Ballwin, Mo.
Marquette HS*

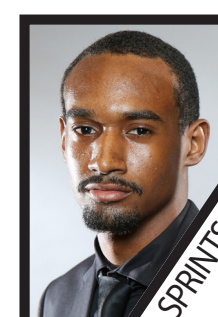


DISTANCE

TAYLOR STEPHEN

R-SO

*Nixa, Mo.
Nixa HS*



SPRINTS

BERESFORD SWENNEY

SO

*Kingston, Jamaica
Ardenne HS*



JAVELIN

REINHARD VAN ZYL

SR

Hoedspruit, South Africa



JUMPS

JA'MARI WARD

FR

*Cahokia, Ill.
Cahokia HS*



DISTANCE

DREW WHITE

R-SR

*Crystal City, Mo.
Festus HS*



DISTANCE

MICHAEL WIDMANN

R-FR

*Naperville, Ill.
Neuqua Valley HS*



MID-DISTANCE

CAIN WINEBRENNER

R-JR

*Kansas City, Mo.
Park Hill HS*

WOMEN'S TEAM



DISTANCE

TEYLAR ADELSBERGER
SR
*O'Fallon, Mo.
Ft. Zumwalt South HS*



DISTANCE

ELLYN ATKINSON
R-JR
*Springfield, Mo.
Glendale HS*



DISTANCE

KAELYN BALCH
R-JR
*Wichita, Kan.
Bishop Carroll Catholic HS*



JAVELIN

JENNIFER BERILLA
R-SR
*Ballwin, Mo.
Parkway South HS*



JUMPS

LYNNSEY BRIM
R-JR
*Gahanna, Ohio
Gahanna Lincoln HS*



JUMPS

DESTINY BROWN
FR
*Florissant, Mo.
Hazelwood Central HS*



SPRINTS

MAYA CODY
SO
*St. Louis, Mo.
Lutheran South HS*



DISTANCE

MEGAN CUNNINGHAM
R-JR
*Eureka, Mo.
Eureka HS*



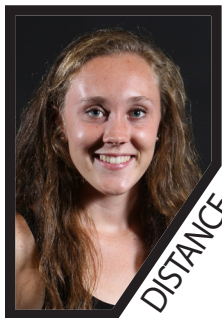
DISTANCE

KILEY DEAIN
FR
*Peculiar, Mo.
Raymore-Peculiar HS*



DISTANCE

ELLY DETURRIS
SO
*Naperville, Ill.
Naperville North HS*



DISTANCE

SAMANTHA FARMER
R-FR
*Columbia, Mo.
Rock Bridge HS*



SPRINTS

SANDRAE FARQUHARSON
SR
St. Elizabeth, Jamiaca



DISTANCE

KAITLYN FISCHER
SR
*Pevely, Mo.
Harculaneum HS*



DISTANCE

SUSAN FORBIS
FR
*Lewisville, Texas
Lewisville HS*



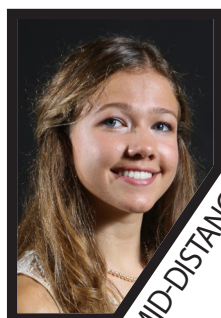
DISTANCE

KAYLA FUNKENBUSCH
SO
*Columbia, Mo.
Rock Bridge HS*



JUMPS

MOLLIE GRIBBIN
R-SR
*Montpelier, Vt.
Nebraska*



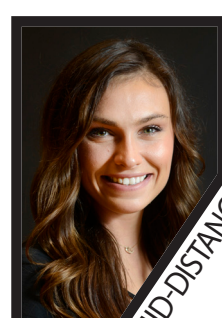
MID-DISTANCE

MICHAELA HACKBARTH
FR
*Downers Grove, Ill.
Downers Grove HS*



DISTANCE

EMMIE HAHN
R-FR
*Homer Glen, Ill.
Lockport Township HS*



MID-DISTANCE

VALESKA HALAMICEK
R-JR
*Weldon Spring, Mo.
Francis Howell HS*



DISTANCE

BAILEY HESSION
SR
*Willard, Mo.
Willard HS*

WOMEN'S TEAM

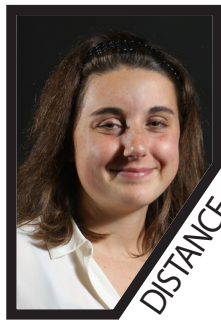


JUMPS

SHAMMAI ILIS

SO

Houston, Texas
Fort Bend Hightower HS



DISTANCE

KELLI JACKSON

SR

Hudsonville, Mich.
Hudsonville HS



SPRINTS

LAQUISHA JACKSON

SR

Chattanooga, Tenn.
San Diego State



THROWS

GABI JACOBS

R-SO

Bloomington, Ill.
Normal University HS



DISTANCE

VIVIEN JEPKEMOI

FR

Kenya



SPRINTS

TSAI-ANNE JOSEPH

R-SO

St. Augustine, Trinidad & Tobago



THROWS

REBECCA KEATING

SO

Reading, England



DISTANCE

JAMIE KEMPFER

R-SO

Festus, Mo.
Festus HS



DISTANCE

JORDYN KLEVE

R-FR

Urbandale, Iowa
Johnson HS



MID-DISTANCE

KARINA LIZ

FR

Aurora, Ill.
Aurora Central Catholic HS



JUMPS

KEYONI MBROH

JR

Oklahoma City, Okla.
Putnam City North HS



DISTANCE

BIANCA MELLO

R-JR

Columbia, Mo.
Hickman HS

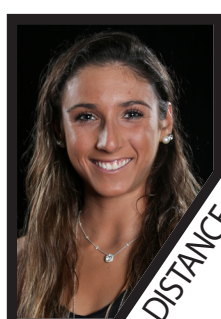


DISTANCE

NICOLE MELLO

R-JR

Columbia, Mo.
Hickman HS



DISTANCE

SOPHIA RACETTE

SO

St. Louis, Mo.
Nerinx Hall HS

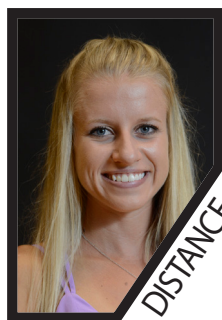


JUMPS

KARISSA ROMAN

SO

Kewanee, Ill.
Wethersfield HS



DISTANCE

KARISSA SCHWEIZER

JR

Urbandale, Iowa
Dowling Catholic HS



DISTANCE

FARAMOLA SHONEKAN

FR

Columbia, Mo.
Rock Bridge HS



DISTANCE

KATE SMITH

SO

Ankeny, Iowa
Ankeny Centennial HS



THROWS

EMILY STAUFFER

FR

Reinholds, Penn.
Cocalico HS



HURDLES

VALERIE THAMES

SR

Milwaukee, Wisc.
Southern University

WOMEN'S TEAM



HANNAH THOMAS

SO

*Urbandale, Iowa
Dowling Catholic HS*



EMMA VICKERS

R-JR

*Kansas City, Mo.
Shawnee Mission East HS*



ALLIE WEBB

FR

*Platte City, Mo.
St. James Academy*



SYDNEY WELLS

SR

*Fort Smith, Ark.
Fort Smith Southside HS*



CAROLYN WHITE

SO

*Festus, Mo.
Festus HS*

TRACK & FIELD STAFF



HC

BRETT HALTER

Head Coach



AHC

NATASHA BROWN

Associate Head Coach
(Women's Sprints,
Hurdles & Relays)



AC

MARC BURNS

Assistant Coach
(Distance, Mid-Distance)



AC

ILIYAN CHAMOV

Assistant Coach
(Jumps, Multi-Events)



AC

EILEEN HALTER

Assistant Coach
(Distance, Mid-Distance)



AC

CARJAY LYLES

Assistant Coach
(Men's Sprints,
Hurdles & Relays)



AC

ROSS RICHARDSON

Assistant Coach
(Throws)



RC

STEPHEN SMITH

Recruiting Coordinator



OPS

CELIA M'BOUA

Director of Operations



AD

SARAH REESMAN

Sport Administrator



AT

ALEX WILLIAMS

Athletic Trainer



AT

LAUREN SHIPMAN

Athletic Trainer



MR

ALEX PIERCE

Student Manager



MR

SARAH JACOBSEN

Student Manager



MT

JUSTIN MIDYETT

Massage Therapist



PH

JEFF CURRY

Photographer



SID

ANDREW MELROE

Sports Information
Director