



University of Missouri Student-Athlete Newsletter

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Outside Competition

Per NCAA rules, if you compete on any outside team during the academic year, you may become ineligible for intercollegiate athletics. To protect your eligibility, you must complete and submit an Outside Competition Approval Form **PRIOR** to competing in ANY non-Mizzou sponsored events such as a summer teams, club teams and/or leagues, Show-Me State Games, road races, golf tournaments, tennis tournaments, track meets, etc. Please note the following:



- Student-athletes may compete on outside teams during designated vacation periods outside the playing season or as individuals at any time.
- Soccer and Volleyball may not compete on outside teams during the academic year, prior to May 1.
- Basketball may compete only on *approved* outside teams.
- Wrestling may not compete in outside competition between the start of the academic year and November 1.

The NCAA limits the number of student-athletes allowed to compete on an outside team from any one institution. The number of student-athletes that can compete on an outside team during the summer is:

Baseball: 4	Soccer: 5	Basketball: 2	Softball: 4	Golf: 2
Football: 5	Volleyball: 2	Gymnastics: 2	Wrestling: 5	Tennis: 2
Swim & Dive: 5	Track & Field: 7	Cross Country: 2		

Please submit an Outside Competition form on JumpForward **PRIOR** to participating in ANY outside competition!!
Protect your future eligibility at MU!

Student-Athletes Accepting Prize Money

In all sports, you may receive prize money based on place or finish in an approved outside event IF the prize money does not exceed the total actual and necessary expenses you incurred to participate in the event (lodging, meals, registration, transportation).

You must complete and submit an Outside Competition form and note if you are competing in an outside event where you could win prize money for placing in the event. If so, we will provide a form to assist you in tracking all of your expenses related to competition in the event and help the Compliance Office determine if it is permissible for you to receive the prize money.



Free Application for Federal Student Aid (FAFSA)

In order to determine your eligibility for state grants and federal loans and/or grants for the 2018-19 academic year, you must complete the Free Application for Federal Student Aid (FAFSA). The FAFSA application must be completed online (www.fafsa.ed.gov). All student-athletes

should complete the application by August 2018 to ensure timely packaging of available financial aid. The FAFSA uses tax returns from 2 years prior, meaning you will be asked about information from your 2016 tax returns.



Employment

If you are working this summer, it is important that you complete the "Employment Form" on JumpForward prior to starting your job. This form will allow us to follow up with your employer to make sure they understand the NCAA rules related to your employment, as well as confirm the information you reported to us.

Remember:

- You can only be paid the going rate for work actually performed.
- Do not accept benefits (transportation, meals) not available to other employees
- Your employer cannot use your name, image, or likeness to advertise and you cannot be paid extra due to your athletics reputation.

Camp and Clinic Employment

Do you have plans to make some extra cash this summer by working at a camp or clinic? If so, there are some NCAA regulations that you, should be aware of:

MIZZOU CAMPS:



If you are planning to work at a Mizzou Camp this summer, please make sure you visit the HR office in Mizzou Arena to be set up in the payroll system **BEFORE** the camp starts. If you are not set up in the payroll system before the start of camp, you may not work camp, receive any compensation, and may be restricted from working future camps.

OTHER NON-MU CAMPS:

You may not conduct your own camp or clinic. Additionally, you may not participate in organized practice activities during a camp. You may not receive an advance based on anticipated earnings in camp either. If you are planning on working at a non-MU camp, you must submit an employment form on JumpForward.



A non-MU camp may use your name, picture and institutional affiliation in its summer camp brochure only to identify you as a staff member. Your name or picture may not be used in any other way to directly advertise or promote the camp. If this were to occur, your eligibility will be negatively affected for competition at MU.

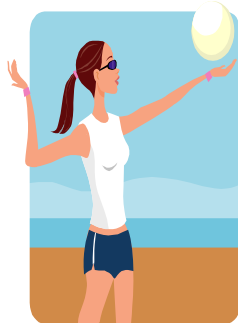
Summer Practice Regulations

- Individual Sports Only: In cross-country, golf, gymnastics, swimming, tennis, track & field and wrestling, a coach may participate in individual workout sessions with you, provided the request for assistance is initiated by the student-athlete.
- Team Sports: In baseball, soccer, softball, and volleyball, a coach may not participate in individual workout sessions with you during the summer, even at your request.
- It is not permissible for MU to pay fees (e.g., green fees at A.L. Nichols) for the use of a facility. However, facilities owned by MU that are normally used for practice and competition may be used, upon request, free of charge.
- In Football and Basketball, 8 hours of required athletics activity may occur (no more than 4 hours of skill instruction for Basketball or 2 hours of video review for Football) during an 8 week designated time-frame, provided the student-athletes are enrolled in summer school or meet academic benchmarks to opt out of summer enrollment.
- Voluntary weight training and conditioning may be directed by the strength and conditioning staff of a particular sport during times designated by the Athletics Performance staff.

Student-Athletes Providing Lessons

A student-athlete may receive compensation for teaching or coaching sport skills in their sport on a fee-for-lesson basis, provided :

- Mizzou facilities are NOT used for the lesson.
- Playing lessons shall not be permitted (e.g., playing a round of golf with the person receiving the lesson);
- MU must obtain and keep on file documentation of the recipient of the lesson(s) and the fee for the lesson(s) provided during any time of the year;
- The compensation must be paid by the lesson recipient (or the recipient's family) and not another individual or entity.
- Compensation must be reasonable for the duties performed and solely for the instruction received at the lesson;
- If providing lessons to more than one person at a time, each individual must receive comparable instruction to what they would be provided in an individual lesson; and
- You may not use your name, picture or appearance to promote the availability of fee-for-lesson sessions (NO ADVERTISING).



Your 2018-19 Athletics Scholarship

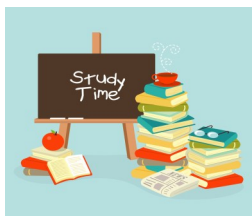
You will be receiving your Financial Aid Agreement via email by early July. Be sure to sign and return the 2018-19 Financial Aid Agreement Form to Nick Prewett, 11 Jesse Hall, 65211. Your athletics scholarship **WILL NOT** be credited to your account until the signed form is received by the MU Office of Financial Aid.

Outside Scholarships

NCAA regulations require student-athletes to report all sources of financial assistance other than that contained in an institutionally-approved financial aid package or that which is provided by parent(s) or legal guardian(s). Examples of outside financial aid include high school booster club scholarships, church scholarships, local civic club scholarships, etc.



You must submit the MU Fee-For-Lesson form **for each lesson** you give, indicating when and where the lesson took place, the cost of each lesson, and who paid for the lesson. The form can be completed on JumpForward.



NCAA Eligibility Rules To Remember During Summer 2018

Grade Point Average Reminder: You must maintain a certain minimum grade point average (GPA) based on your year in school in order to maintain your eligibility for the fall term. Keep in mind that any courses taken at MU during the summer will factor into your cumulative GPA, so it is absolutely necessary to take your summer coursework as seriously as you do during the regular academic year to ensure that your GPA does not suffer.

Progress Toward Degree Requirements: Please keep in mind that student-athletes entering their 5th semester of full-time collegiate enrollment are required to have 40% of their degree program completed. Those student-athletes entering their 7th and 9th semesters must meet 60% and 80% of their degree program, respectively. Therefore, it is very important if you are a rising sophomore to start thinking now about what you want to major in and ensuring your class schedule has enough degree applicable coursework to achieve 40% of your requirements by the beginning of Fall 2018.

As always, please feel free to contact your Mizzou Made Academics advisor or the Compliance Office for assistance.

SEC Class Attendance Policy

An unexcused absence is defined as when the student-athlete is not present at the time of an in-person class check or when the student-athlete is not present for attendance taken by instructor. Keep in mind that instructors may choose to take roll in any number of fashions at their discretion (i.e. in class quiz, clicker, sign-in). A student-athlete is subject to team rules for up to 3 unexcused absences in any one class. At the 4th unexcused absence in any one class, a mandatory meeting will be had with the head coach, Faculty Athletics Representative, Athletics Director and others. For each unexcused absence beyond 4, the student-athlete may face a suspension from 10% of the regular season competitions up to two contests, and the suspension will begin with the next available date of competition. Student-athletes have the right to appeal a sanction within two non-travel business days of the email notification of the suspension. An athletic director may modify a suspension upon a showing of meritorious academic achievement.

NCAA Year-Round Drug Testing

The NCAA conducts a year-round drug testing program, which includes the summer months, for all Division I institutions. If selected, MU will be notified no sooner than 48 hours prior to the test date and in some cases, only 24 hour notice will be given. MU is required to notify the selected student-athletes either in person or via direct telephone/cellular phone communication. Voice messages and/or email communication are not acceptable per the NCAA. Therefore, it is imperative that your coaches and trainers are given sufficient information so as to make contact with you throughout the summer months, regardless of whether you are staying in the Columbia area or not.

Be aware that even if you have returned home for the summer, but are randomly selected for drug testing, an NCAA appointed drug testing administrator will be sent to your location to obtain a urine specimen.

2018 Summer School Funding

In order to receive summer athletics aid you must fill out a summer school financial aid application with your Mizzou Made Academics advisor.



Other stipulations include:

- Summer scholarships are only awarded in proportions equal to what the student received during an academic year (i.e. students on 50% of a scholarship will receive 50% of their summer costs).
- Students enrolled in self-paced classes must make adequate progress in the course to receive a room and board stipend.
- If a student drops a course after the first day of classes, they are responsible for the late withdrawal fees.
- If a student changes a course after the first day of classes, they are responsible for any add/drop fees.
- If a student fails a course, they are responsible for the tuition and fees for the course.

The Mizzou Compliance Staff wishes you a great summer!!

Andy Humes	Exec. Assoc. A. D. - Compliance & Administration	(573) 882-2076	HumesA@missouri.edu
Mitzi Clayton	Associate A. D. - Compliance	(573) 882-2284	ClaytonMR@missouri.edu
Andrea Benna	Associate Director - Financial Aid	(573) 884-2960	BennaA@missouri.edu
Bob Nolte	Assistant Director - Education	(573) 882-0700	NolteRob@missouri.edu
Jake Toppel	Assistant Director - Eligibility & Recruiting	(573) 882-3240	ToppelJ@missouri.edu
Patti Peterson	Compliance Specialist	(573) 882-2076	Patti@missouri.edu

The Compliance Offices are located in the Mizzou Arena, Suite 200, Columbia, MO 65211.

2018 Summer School Costs

		<u>In-State</u>	<u>Out-of-State</u>
<u>Educational Fees -</u>		\$282.00/hour	\$870.72/hour
<u>Student Activity Fee</u> - \$17.93/hour up to six hours, then stays at:		\$107.58	
<u>Recreation Facility Fee</u> - If enrolled in 5 or more on-campus hours:		\$75.38	
<u>Information Technology Fee</u> -		\$13.49/hour	
<u>Student Health Fee</u> - If enrolled in six hours or more:		\$77.52	
<u>Books</u>	Undergraduate	\$288.00	
	Graduate	\$268.00	
		<u>Off-Campus</u>	<u>On-Campus</u>
<u>Room</u>	4-week session	\$745.40	\$649.14 (1st) \$605.86 (2nd)
	8-week session	\$1,490.80	\$1,255.00
<u>Board</u>	4-week session	\$213.95	\$477.50 (1st or 2nd session)
	8-week session	\$427.90	\$955.00
<u>Other</u>	4-week session	\$548.60	\$548.60
	8-week session	\$1,097.20	\$1,097.20

NOTE: Engineering & CompSci = additional \$90.00/credit hour
 A&S (over 2000 level) Fees = additional \$40.00/credit hour
 Human Envr. Science = additional \$56.80/credit hour
 Music Majors = applied music fee of \$250.60 flat rate
 CAFNR Course Fee = additional \$52.10/credit hour
 Business Courses (Grad) = additional \$108.40/credit hour

Business Courses = additional \$92.60/credit hour
 Health Professions Fee = additional \$98.10/credit hour
 Journalism Courses = additional \$79.10/credit hour
 Education Courses = additional \$50.90/credit hour
 Nursing Course Fee = additional \$99.30/credit hour
 Accountancy Fee = \$543.70 flat rate

Summer 2018 Important Dates

June 4 Eight-week session begins
June 4 First four-week session begins
June 29 First four-week session closes
July 2 Second four-week session begins
July 27 Second four-week session closes
July 27 Eight-week session closes

Hazing Question and Answers

“Hazing” refers to any activity expected of someone joining a group (or to maintain full status in a group) that humiliates, degrades or risks emotional and/or physical harm, regardless of the person's willingness to participate.

Q: But what if it isn't “Hazing”, but just a prank, stunt, tradition, etc.?

A: No matter what you call it, if the activity fits the above description, it is still hazing.

Q: What if the person wants to do the activity?

A: Missouri has laws against hazing, and consent of the victim can't be used as a defense in a civil suit. This is because even if someone agrees to participate in a potentially hazardous action it may not be true consent when considering the peer pressure and desire to belong to the group.

Q: If the hazing is harmless, what is the problem?

A: Because hazing involves humiliating, degrading, abusive, and dangerous activities, athletes who have been hazed may have negative psychological experiences. Psychological effects of hazing may include: Decrease in confidence, self-doubting, depression, helplessness, low self-esteem, and suicidal thoughts. These psychological experiences may result in athletes feeling like they are **unable to be friends** with people on the team and may even result in athletes **quitting their sport**. Additionally, these psychological experiences will probably affect other areas of athletes' lives, such as school and family.

Q: What kind of trouble can participating in hazing cause?

A: Hazing can cause different issues in multiple areas of a student's life, including:

Legal - Class A misdemeanor. If found guilty of “Substantial risk to those involved” it is a Class C Felony.

University - Expulsion from the Athletic Team and/or University.

NCAA - Suspension of scholarships and/or forfeit season.