



# MIZZOU

2017-18 UNIVERSITY OF MISSOURI  
TRACK & FIELD MEET NOTES

📍 Des Moines, Iowa

📺 USATF.tv

📅 April 26-27

🌐 pttiming.com

🏟️ Drake Stadium

MEET  
**6**

## MIZZOU RETURNS TO THE DRAKE RELAYS, SCHWEIZER SEEKS 5000M DRAKE RELAYS RECORD ON THE BLUE OVAL

### 2018 INDOOR SCHEDULE

| DATE        | MEET                                 | LOCATION               |
|-------------|--------------------------------------|------------------------|
| <b>D 8</b>  | <b>Missouri Holiday Opener</b>       | <b>Hearnes Center</b>  |
| J 12        | Arkansas Invitational                | Fayetteville, Ark.     |
| J 19-20     | Vanderbilt Invitational              | Nashville, Tenn.       |
| J 26-27     | Columbia Challenge                   | New York City, N.Y.    |
| F 9-10      | Tyson Invitational                   | Fayetteville, Ark.     |
| F 9-10      | Music City Challenge                 | Nashville, Tenn.       |
| <b>F 16</b> | <b>Missouri Collegiate Challenge</b> | <b>Hearnes Center</b>  |
| F 24-25     | SEC Indoor Championships             | College Station, Texas |
| M 9-10      | NCAA Indoor Championships            | College Station, Texas |

### 2018 OUTDOOR SCHEDULE

|                |                                                |                                 |
|----------------|------------------------------------------------|---------------------------------|
| M 23-24        | Arkansas Spring Invitational                   | Fayetteville, Ark.              |
| M 30           | Stanford Invitational & SFSU Distance Carnival | Palo Alto, Calif.               |
| M 31           | Ole Miss Classic                               | Oxford, Miss.                   |
| A 13-14        | John McDonnell Invitational                    | Fayetteville, Ark.              |
| <b>A 20-21</b> | <b>Tom Botts Invitational</b>                  | <b>Audrey J. Walton Stadium</b> |
| A 26-28        | Drake Relays                                   | Des Moines, Iowa                |
| M 11-13        | SEC Outdoor Championships                      | Knoxville, Tenn.                |
| M 24-26        | NCAA West Preliminary                          | Sacramento, Calif.              |
| J 6-9          | NCAA Outdoor Championships                     | Eugene, Ore.                    |

**Bold** denotes home

### STORY LINES

- Mizzou Track & Field returns to the Drake relays presented by Hy-Vee for the third time in four seasons, as 29 student-athletes will don the Black & Gold on the Blue Oval in Des Moines, Iowa.
- A live stream of the meet will be available for a fee through usatf.tv, while live results of the meet will be available on pttiming.com.
- The meet will be a homecoming for four Tigers as associate head coach **Natasha Brown**, redshirt sophomore **Jordyn Kleve**, senior **Karissa Schweizer** and junior **Hannah Thomas** all have connections to the area. Brown, a Des Moines native, was the head coach of the Drake Track & Field and Cross Country programs for 16 seasons before returning to Mizzou, her alma mater, in August 2016. Schweizer and Thomas both attended nearby Dowling Catholic High School, where Schweizer was a 12-time IAHSAA All-State finisher and Thomas was a four-time All-State finisher in cross country. Kleve attended Johnson High School in Urbandale, where she was a seven-time All-State finisher and was named the 2014 Iowa Gatorade Athlete of the Year for cross country.
- Schweizer, the most decorated student-athlete in Mizzou history in terms of national titles, will take the track in the 5000m run on Thursday evening as she looks to set the 5000m Drake Relays record. The current record was set in 1985 by Wisconsin's Cathy Branta-Easker, who ran a 15:31.18. Schweizer owns a personal-best of 15:18.69, which she set at last summer's USA Track & Field Championships (June 23). Schweizer is coming off a school record performance at the Tom Botts Invitational (April 20), where she set her sixth school record by crossing the finish line at 4:12.83 in the 1500m run.
- In field events, Mizzou will have 13 entries in nine events as 10 Tigers look to build on an already impressive start to the 2018 outdoor season. Most recently, redshirt junior **Avery Carter** and junior **Landon Cuskelly** posted program top-10 marks with event wins at the Tom Botts Invitational (April 20-21). Carter provided the best hammer throw of his career at the meet, as he posted the third-best throw in program history at 64.18m (210-7), while Cuskelly became the first Tiger since 2009 to clear seven-feet in the high jump with his mark of 2.18m (7-1.75). Cuskelly's jump ranks fifth all-time in program history. Carter will throw the hammer and shot put in Iowa, while Cuskelly will be in the high jump. Redshirt junior **Gabi Jacobs** also had an impressive performance at the Tom Botts Invite, as she set a meet and facility record in the discus with a toss of 58.11m (190-8). Jacobs will throw the discus and shot put this weekend.
- Five other Mizzou throwers have already posted top-10 program marks this season. At the Ole Miss Classic (March 31), sophomore **Allie Webb** checked in at No. 8 all-time with a mark of 44.11m (144-9). At the Arkansas Spring Invitational (March 23-24), redshirt junior **Will Fife** joined the top-10 list at No. 7 in the shot put at 18.58m (60-11.5), while freshman **Megan Haley** set a top-10 mark in the javelin, checking in at No. 9 with a throw of 43.40 (142-5). Mizzou's other two top-10 marks came at the CMU Open (March 17), as junior **Becky Keating** posted the second-best mark in program history in the hammer throw at 63.87m (209-6) and redshirt sophomore **Patrick Kunza** posted the eighth-best mark in the men's hammer throw at 62.70m (205-8). All five Mizzou athletes will be in action in their respective events at the Drake Relays.

### MIZZOU ENTRIES

#### MEN - Track Events

| EVENT               | NAME (PR)                                                                                                                                                        |
|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>800m RUN</b>     | Chris Conrad (1:50.00)<br>Ben Goodman (1:52.01)<br>Robert Kuhlmann (1:54.34)<br>Mark Sheridan (1:52.18)<br>Cain Winebrenner (1:49.95)<br>Marc Dubrick (14:24.05) |
| <b>5000m RUN</b>    | Michael Widmann                                                                                                                                                  |
| <b>10,000m RUN</b>  | Jerrad Mason (51.24)                                                                                                                                             |
| <b>400m HURDLES</b> | Goodman, Conrad, Dubrick, Kuhlmann                                                                                                                               |
| <b>DMR</b>          | Goodman, Conrad, Kuhlmann, Sheridan, Winebrenner                                                                                                                 |
| <b>4x800m RELAY</b> |                                                                                                                                                                  |

#### MEN - Field Events

| EVENT               | NAME (PR)                                                                                |
|---------------------|------------------------------------------------------------------------------------------|
| <b>HIGH JUMP</b>    | Landon Cuskelly (2.18m/7-1.75)                                                           |
| <b>SHOT PUT</b>     | Avery Carter (17.02m/55-10.25)<br>Will Fife (18.58m/60-11.5)<br>Will Fife (52.14m/171-1) |
| <b>DISCUS</b>       | Avery Carter (64.18m/210-7)<br>Patrick Kunza (62.70m/205-8)                              |
| <b>HAMMER THROW</b> |                                                                                          |

#### WOMEN - Track Events

| EVENT                     | NAME (PR)                                                                                                                                       |
|---------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>100m DASH</b>          | Tsai-Anne Joseph (11.66*/11.91)                                                                                                                 |
| <b>800m RUN</b>           | Karina Liz (2:10.88)                                                                                                                            |
| <b>1500m RUN</b>          | Valeska Halamicek (4:26.59)                                                                                                                     |
| <b>5000m RUN</b>          | Jordyn Kleve (17:23.04)<br>Melissa Menghini (17:30.09)<br>Sophia Racette (17:30.09)<br>Karissa Schweizer (17:30.09)<br>Hannah Thomas (17:52.85) |
| <b>10,000m RUN</b>        | Megan Cunningham (36:46.41)                                                                                                                     |
| <b>3000m STEEPLECHASE</b> | Samantha Farmer (11:05.26)                                                                                                                      |

#### WOMEN - Field Events

| EVENT               | NAME (PR)                                                       |
|---------------------|-----------------------------------------------------------------|
| <b>HIGH JUMP</b>    | Valeria Kostiuik (1.76m/5-9.25)<br>Karissa Roman (1.75m/5-8.75) |
| <b>SHOT PUT</b>     | Gabi Jacobs (15.78m/51-9.25)                                    |
| <b>DISCUS</b>       | Gabi Jacobs (58.23m/191-0)                                      |
| <b>HAMMER THROW</b> | Becky Keating (63.87m/209-6)                                    |
| <b>JAVELIN</b>      | Megan Haley (43.40m/142-5)<br>Allie Webb (44.11m/144-9)         |

## QUICK FACTS

Location \_\_\_\_\_ Columbia, Mo.  
 Founded \_\_\_\_\_ 1839  
 Enrollment \_\_\_\_\_ 32,777  
 Nickname \_\_\_\_\_ Tigers  
 Colors \_\_\_\_\_ Old Gold and Black  
 Indoor Facility \_\_\_\_\_ Hearnes Center Fieldhouse  
 Outdoor Facility \_\_\_\_\_ Audrey J. Walton Stadium  
 Conference \_\_\_\_\_ Southeastern Conference

## THE MIZZOU TIGERS

Head Coach \_\_\_\_\_ Brett Halter (Eighth season)  
 Associate Head Coach (Sprints, Hurdles & Relays) \_\_\_\_\_  
 \_\_\_\_\_ Natasha Brown (Second season)  
 Assistant Coach (Distance, Mid-Distance) \_\_\_\_\_  
 \_\_\_\_\_ Marc Burns (Fourth season)  
 Assistant Coach (Jumps, Multi-Events) \_\_\_\_\_  
 \_\_\_\_\_ Iliyan Chamov (Third season)  
 Assistant Coach (Throws) \_\_\_\_\_  
 \_\_\_\_\_ Ross Richardson (Second season)  
 Assistant Coach (Distance, Mid-Distance) \_\_\_\_\_  
 \_\_\_\_\_ Stephen Smith (Fourth season)  
 Volunteer Assistant Coach (Distance, Mid-Distance) \_\_\_\_\_  
 \_\_\_\_\_ Teylar Adelsberger (First season)  
 Volunteer Assistant Coach (Distance, Mid-Distance) \_\_\_\_\_  
 \_\_\_\_\_ Will Crocker (Second season)  
 Volunteer Assistant Coach (Distance, Mid-Distance) \_\_\_\_\_  
 \_\_\_\_\_ Eileen Halter (Third season)  
 Volunteer Assistant Coach (Sprints, Hurdles & Relays) \_\_\_\_\_  
 \_\_\_\_\_ Laquisha Jackson (First season)  
 Volunteer Assistant Coach (Pole Vault) \_\_\_\_\_  
 \_\_\_\_\_ Mike Vani (First season)  
 Director of Operations \_\_\_\_\_ Celia M'Boua (Third season)

## MIZZOU ADMINISTRATION

System President \_\_\_\_\_ Dr. Mun Y. Choi  
 Phone \_\_\_\_\_ 573-882-2011  
 Chancellor \_\_\_\_\_ Dr. Alexander Cartwright  
 Phone \_\_\_\_\_ 573-882-3387  
 Athletic Director \_\_\_\_\_ Jim Sterk  
 Department Phone \_\_\_\_\_ 573-882-6501  
 Ticket Office Phone \_\_\_\_\_ 573-884-7297  
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## STRATEGIC COMMUNICATIONS

Senior Assoc. Athletics Director: \_\_\_\_\_ Nick Joos  
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 Assistant Director: \_\_\_\_\_ Patrick Crawford  
 Assistant Director: \_\_\_\_\_ Shawn Davis  
 Assistant Director: \_\_\_\_\_ R.J. Layton  
 Assistant Director: \_\_\_\_\_ Andy Oldenburg  
 Web Coordinator: \_\_\_\_\_ Kevin Fletcher  
 Digital Media: \_\_\_\_\_ Ali Fisher  
 Graphic Design: \_\_\_\_\_ Jacob Reeves  
 Twitter/Instagram/Facebook \_\_\_\_\_ @MIZ\_TrackField  
 Website: \_\_\_\_\_ mutigers.com

## NOTABLES

## SCHWEIZER SETS SCHOOL RECORD, MIZZOU WINS NINE EVENTS AT TOM BOTTS INVITATIONAL

- At the 21st annual Tom Botts Invitational, Mizzou recorded nine event wins, including a school record performance from five-time NCAA Champion senior **Karissa Schweizer** in the 1500m run.
- Schweizer stayed toe-to-toe with professional runner Megan Mansy throughout the entirety of the race up until the final 200 meters, where Schweizer kicked to cross the finish line at 4:12.83. The time is the fifth-fastest time set in the NCAA West Region this season, the eighth-fastest in the NCAA overall, and surpassed Laura Roxberg's 2013 mark of 4:13.53 as the fastest time in program history. Schweizer now holds six school records, as she previously set the program's top marks in the indoor mile, indoor 3000m, indoor 5000m, outdoor 5000m and outdoor 10,000m.
- In his first Tom Botts Invitational, junior **Landon Cuskelly** had a dominant high jump performance, as his clearance of 2.18m (7-1.75) ranks fifth in school history, matching Steve Herndon's 1966 mark. The jump will likely qualify Cuskelly for the NCAA West Preliminary meet, as it currently ranks seventh in the NCAA West Region and 19th overall in the NCAA this season. Mizzou took home the top spot in the women's high jump as well, as junior **Karissa Roman** cleared 1.72m (5-7.75) to take first.
- In the men's hammer throw, redshirt junior **Avery Carter** increased his personal record throw by nearly four meters, as he launched a throw of 64.18m (210-7) to win the event. Carter entered the meet with a personal best mark of 60.49m (198-5). His throw ranks third all-time in program history, and 13th in the NCAA West region this season. Setting a personal record for the second time in as many meets, Edwards placed first in the javelin with a mark of 53.69m (176-1).
- Reshirt junior **Gabi Jacobs** set a new meet and facility record in women's discus throw, as the 2017 NCAA All-American recorded an impressive season-best mark of 58.11m (190-7). The throw was an improvement from her mark of 55.42m (181-10) at the John McDonnell Invitational (April 14), and currently ranks eight in the NCAA West region this season.
- Freshman **Chris Conrad** took home two first-place finishes in his first Tom Botts Invite. In the 1500m run, Conrad crossed the finish line at 3:54.49, while in the 800m run, Conrad finished at 1:51.45. In the women's 800m run race redshirt senior **Valeska Halamicek** finished first at 2:10.14.
- Following the meet, Cuskelly was named the Male Most Outstanding Performer of the meet as his jump ranks in the top-20 in the NCAA this season. Schweizer was named the meet's Female Most Outstanding Performer after she set the school and meet record in the 1500m run.

## MIZZOU RECORDS FIVE EVENT WINS AT JOHN McDONNELL INVITATIONAL

- Mizzou produced five event wins, all in field events at the John McDonnell Invitational (April 13-14). Coming away with victories for the Tigers was redshirt junior **Gabi Jacobs** in the discus, junior **Becky Keating** in the hammer throw, junior **Karissa Roman** in the high jump, redshirt junior **Will Fife** in the shot put and sophomore **Allie Webb** in the javelin.
- In the women's discus, Jacobs recorded her third discus event win in four meets this season, as she recorded a season-best throw of 55.42m (181-10). Jacobs, the school record holder in the event, produced the throw in her sixth and final throw of the event. The Tiger junior, who entered the meet with the 20th-best discus throw (52.57m/172-6) in the west region, now ranks 12th in discus.
- Keating posted a throw of 58.58m (192-2) in the hammer throw with her fourth toss. It is Keating's third event win in four meets this season, as she also placed first in the hammer throw at the CMU Open (March 17) and Arkansas Spring Invitational (March 23).
- In the women's high jump, Roman place first as the lone competitor to clear 1.70m (5-7). The event win is her second of the season after she also won the high jump at the Ole Miss Classic (March 31).
- Mizzou finished first and third in the men's shot put, as Fife posted a mark of 17.82m (58-5.75) to finish first, while redshirt junior **Avery Carter** finished third at 16.46m (54-0). In the women's javelin, Mizzou first and second, as Webb produced a mark of 43.74m (143-6), while freshman **Megan Haley** finished second at 40.05m (131-4).

## SCHWEIZER SETS 10,000M SCHOOL RECORD AT STANFORD INVITATIONAL

- Making her collegiate debut in the 10,000m run, Mizzou Track & Field senior **Karissa Schweizer** set the school record in a third-place finish in the 10,000m run at the Stanford Invitational (March 30). Schweizer finished third in the invitational heat behind professional runners Gwen Jorgenson (Nike – Bowerman TC) and Carrie Dimoff (Bowerman TC), crossing the finish line at 32:00.55, the eighth-best all-time mark in NCAA history, according to the USTFCCA.
- Schweizer led for parts and stayed near the front pack for the majority of the race, as her third-place finish at 32:00.55 is the top collegiate performance this season, and is eighth all-time on the collegiate list as she checks in behind Anna Rohrer's (Notre Dame) 2017 time of 31:58.99. Schweizer surpassed teammate redshirt junior **Jamie Kempfer's** previous school record mark of 33:09.67 by more than a full minute, a mark which Kempfer set at last year's Stanford Invitational. Schweizer now holds five school records, as she already holds the outdoor 5000m run (15:18.69), indoor mile run (4:26.54), indoor 3000m run (8:41.60) and indoor 5000m run (15:17.31). Each of Schweizer's indoor marks rank in the top-10 all-time on the collegiate list, while her outdoor 5000m run time ranks 19th.

## FIVE SET PERSONAL RECORDS AT SFSU DISTANCE CARNIVAL

- Mizzou had five runners set personal record marks in the 5000m run at the San Francisco State University Distance Carnival (March 30). Three Tigers finished in the top-50 in the women's race, as redshirt sophomore **Jordyn Kleve** finished 24th at 17:23.04, redshirt sophomore **Sophia Racette** finished 35th at 17:32.52 and junior **Hannah Thomas** finished 50th at 17:45.58. Racette and Thomas each set personal records. In the men's race, redshirt junior **Zach Cook** and redshirt sophomore **Michael Widmann** each set personals bests, finishing at 14:50.69 and 14:59.24, respectively.



## NOTABLES

## WEBB AND FARMER POST PROGRAM TOP-10 MARKS AT OLE MISS CLASSIC

- Mizzou headed south for the Ole Miss Classic, where the Tigers recorded 19 top-five finishes, including 13 in field events, and two top-10 program marks. Sophomore **Allie Webb** and redshirt sophomore **Samantha Farmer** each produced program top-10 marks at the meet, as Webb improved her javelin personal record mark which ranks eighth all-time, while Farmer's time in the 3000m steeplechase was good enough to rank 10th.
- Webb notched a third-place finish in the javelin with a toss of 44.11m (144-9), improving on her previous personal best of 43.62m (143-1), which she set at the CMU Open (March 17). The mark is just two inches short of passing Sandra Hampton's 2013 mark of 44.18m (144-11) to rank seventh. In the steeplechase, Farmer shaved six seconds off her personal record to post a time of 11:05.26 to finish third, as she surpasses Carolyn Rauen's 2006 mark of 11:05.46 to join Mizzou's top-10.
- Three Tigers recorded event wins on the day, as redshirt senior **Jerrad Mason** won the 400m dash, junior **Maya Cody** and junior **Karissa Roman** won the high jump. Mason and Roman recorded personal records in their wins, as Mason crossed the finish line at 47.48 and Roman matched her personal best jump at 1.75m (5-8.75), while Cody crossed the finish line first at 11.76.

## THROWS GROUP SHINES FOR MIZZOU AT ARKANSAS SPRING INVITATIONAL

- Mizzou wrapped up competition at the Arkansas Spring Invitational with 10 top-three finishes and two top-10 program marks. Mizzou's throws group especially shined for the Tigers, as the group recorded four event wins and seven top-three finishes. In the men's shot put, redshirt junior **Will Fife** recorded the seventh-best throw in program history, while freshman **Megan Haley** posted the ninth-best program throw in the javelin.
- Fife recorded his second personal best in the shot put in as many meets, as the Tiger junior recorded a mark of 18.58m (60-11.5) with his last throw to seal his event win and enter the Mizzou top-10 list at No. 7. Fife's mark surpassed Gene Crews' 1965 mark of 18.44m (60-6) on the Mizzou top-10 list.
- In just her second collegiate meet, Haley posted a top-10 program mark once again in the javelin. Haley finished second in the event with a mark of 43.40m (142-5), which ranks ninth all-time in program history. In her collegiate debut at the CMU Open (March 17), Haley recorded a mark of 41.70m (136-10), which ranked tenth in school history.
- In the women's discus, redshirt junior **Gabi Jacobs** recorded her second event win in as many meets, as she recorded a mark of 47.56m (156-0). Mizzou swept the hammer throw, as redshirt sophomore **Patrick Kunza** posted a mark of 59.17m (194-1), and junior **Becky Keating** recorded a mark of 56.89m (186-7).

## MIZZOU SETS FORTOP-10 MARKS, EIGHT EVENT WINS AT CMU OPEN

- A group of Mizzou throwers opened the outdoor season March 17, as Mizzou recorded eight event wins and four program top-10 marks at the Central Methodist Open. On both the men's and women's side, the Tigers had first-place finishes in the shot put, discus, hammer throw and javelin.
- Joining the top-10 list was junior **Becky Keating** and redshirt sophomore **Patrick Kunza** in the hammer throw, as well as sophomore **Allie Webb** and freshman **Megan Haley** in the javelin.
- Keating posted the second-best hammer throw in program history, as the Tiger junior won the event with a mark of 63.87m (209-6). Keating entered the meet with

the fifth-best mark in program history, as she improved on her previous personal best of 58.59m (192-3) from the 2017 NCAA West Preliminary (May 25), and now only trails Kearsten Peoples' 2015 mark of 66.17m (217-1) on Mizzou's top-10 list. In the men's hammer throw, Kunza and redshirt junior **Avery Carter** finished first and second at 62.70m (205-8) and 60.49m (198-5), respectively. Both set personal records, while Kunza's mark was good enough to rank eighth on the top-10 list.

■ In the women's javelin, Webb and Haley went 1-2 with marks of 43.62m (143-1) and 41.70m (136-10), respectively. Webb's mark ranks eighth on the top-10 list, while Haley's mark ranks 10th.

■ Mizzou also recorded event wins in the men's shot put and discus from redshirt junior **Will Fife**, women's shot put and discus from redshirt junior **Gabi Jacobs**, and men's javelin from senior **Rauno Liitmaa**. Fife recorded a personal record in his performance, as he posted a mark of 17.68m (58-0.25).

## SCHWEIZER BECOMES DOUBLE CHAMPION AT NCAA INDOOR CHAMPIONSHIPS

- Mizzou senior **Karissa Schweizer** won her fourth and fifth career national titles at the NCAA Indoor Track & Field Championships, becoming the most decorated national champion in Mizzou history, as she surpassed former wrestler J'den Cox's three national titles. Schweizer became the fifth female in NCAA history to win the 3000m and 5000m national titles in the same NCAA Indoor meet, as she joins Notre Dame's Molly Seidel (2016), Dartmouth's Abbey D'Agostino (2013 & 2014), Texas Tech's Sally Kipyego (2007) and Providence's Kim Smith (2004).
- Schweizer's two national titles led Mizzou to a ninth-place finish with 20 points, its fourth-best finish in program history. The finish only trails Mizzou's seventh-place finish in 2001, and its eighth-place finishes in 1989 and 2017. The ninth-place finish marks the fourth time in the last five seasons Mizzou has finished in the top-20 at the NCAA Indoor Meet, a feat that only 11 female programs have accomplished.
- First, Schweizer led the 5000m race wire-to-wire, as she pulled away from 2017 NCAA Cross Country National Champion Ednah Kurgat (New Mexico) with two laps remaining to finish at 15:43.23 and secure her fourth national title. Schweizer's 2018 title is the fourth 5000m run national title in program history, as she is preceded by Sabrina Dornhoefer's 1985 outdoor title, as well as her own indoor and outdoor titles in 2017. With the win, the Tiger senior becomes the fifth female in NCAA history to win back-to-back indoor 5000m run national championships (event began in 1989), and the first since Dartmouth's Abbey D'Agostino won in 2013 and 2014.
- Next, Schweizer led the 3000m run for a vast majority of the race, as she took the lead a few laps into the 3000m race, and never looked back. Boise State's Allie Ostrander stayed near Schweizer for much of the race before the Tiger senior pulled away in the final lap to take the victory at 8:53.36, the third-fastest 3000m time at the NCAA Indoor meet. Schweizer's title is the first 3000m run national title in program history, and the eighth overall 3000m run All-America honor in program history, as Schweizer is preceded by a Sabrina Dornhoefer (second at 1984 indoor, fourth at 1984 outdoor), Susan Bliss (eighth at 1990 Indoor, ninth at 1990 outdoor, 11th at 1991 indoor), Ann Marie Brooks (second at 2001 indoor) and herself (second at 2017 indoor). Schweizer's eight overall All-America honors match Dornhoefer for the second-most in program history, regardless of gender, and only trails Kearsten Peoples' 10 All-America honors.

## HUNT FOR THE POSTSEASON

The top-48 declared student-athletes in individual events and top-24 marks in relays in the NCAA West region will be qualifying for the **NCAA West Preliminary**, May 24-26 in Sacramento, Calif.

## MEN

| Event        | Name            | Rank - Mark         |
|--------------|-----------------|---------------------|
| 800m Run     | Chris Conrad    | 38 - 1:50.00        |
| 400m Hurdles | Jerrad Mason    | 36 - 52.25          |
| High Jump    | Landon Cuskelly | 7 - 2.18m (7-1.75)  |
| Shot Put     | Will Fife       | 12 - 18.58m/60-11.5 |
| Hammer Throw | Avery Carter    | 14 - 64.18m (210-7) |
| Hammer Throw | Patrick Kunza   | 22 - 62.70m/205-8   |
| Javelin      | Rauno Liitmaa   | 47 - 60.40m (198-2) |

## WOMEN

| Event        | Name              | Rank - Mark           |
|--------------|-------------------|-----------------------|
| 1500m Run    | Karissa Schweizer | 5 - 4:12.83           |
| 5000m Run    | Megan Cunningham  | 19 - 16:03.20         |
| 10,000m Run  | Karissa Schweizer | 1 - 32:00.55          |
| High Jump    | Karissa Roman     | 29 - 1.75m (5-8.75)   |
| Shot Put     | Gabi Jacobs       | 37 - 15.26m (50-0.75) |
| Discus       | Gabi Jacobs       | 8 - 58.11m (190-8)    |
| Hammer Throw | Becky Keating     | 10 - 63.87m/209-6     |

## TOP-10 PROGRAM MARKS SET IN '18

## INDOOR

| MEN         | Name          | Rank - Mark       |
|-------------|---------------|-------------------|
| Event       |               |                   |
| 3000m Run   | Marc Dubrick  | 6 - 8:12.30       |
| 5000m Run   | Thomas George | 5 - 14:14.79      |
| Long Jump   | Ja'Mari Ward  | 1 - 7.97m/26-1.75 |
| Triple Jump | Ja'Mari Ward  | 6 - 15.66m/51-4.5 |
| Heptathlon  | Rauno Liitmaa | 5 - 5,573 pts     |

## WOMEN

| Event        | Name                             | Rank - Mark        |
|--------------|----------------------------------|--------------------|
| 60m Dash     | Maya Cody                        | 2 - 7.36           |
| 60m Dash     | Tsai-Anne Joseph                 | 6 - 7.66           |
| 200m Dash    | Tsai-Anne Joseph                 | 8 - 25.04          |
| 1 Mile Run   | Karissa Schweizer                | 1 - 4:27.54        |
| 3000m Run    | Karissa Schweizer                | 1 - 8:41.60        |
| 3000m Run    | Megan Cunningham                 | 5 - 9:19.07        |
| 5000m Run    | Karissa Schweizer                | 1 - 15:17.31       |
| 5000m Run    | Megan Cunningham                 | 2 - 15:53.20       |
| DMR          | Halamichek, Cody, Liz, Schweizer | 2 - 11:08.18       |
| High Jump    | Valeria Kostiuik                 | 1 - 1.83m/6-0      |
| High Jump    | Karissa Roman                    | 10 - 1.77m/5-9.75  |
| Shot Put     | Gabi Jacobs                      | 7 - 15.54m/51-0    |
| Shot Put     | Emily Stauffer                   | 8 - 15.53m/10-11.5 |
| Weight Throw | CeCe Johnson                     | 6 - 18.88m/61-11.5 |
| Weight Throw | Becky Keating                    | 9 - 18.50m/60-8.5  |

## OUTDOOR

| MEN          | Name            | Rank - Mark        |
|--------------|-----------------|--------------------|
| Event        |                 |                    |
| High Jump    | Landon Cuskelly | 5 - 2.18m/7-1.75   |
| Shot Put     | Will Fife       | 7 - 18.58m/60-11.5 |
| Hammer Throw | Avery Carter    | 3 - 64.18m/210-7   |
| Hammer Throw | Patrick Kunza   | 9 - 62.70m/205-8   |

## WOMEN

| Event        | Name              | Rank - Mark      |
|--------------|-------------------|------------------|
| 1500m Run    | Karissa Schweizer | 1 - 4:12.83      |
| 5000m Run    | Megan Cunningham  | 4 - 16:03.20     |
| 10,000m Run  | Karissa Schweizer | 1 - 32:00.55     |
| 3000m SC     | Samantha Farmer   | 10 - 11:05.26    |
| Hammer Throw | Becky Keating     | 2 - 63.87m/209-6 |
| Javelin      | Allie Webb        | 8 - 44.11m/144-9 |
| Javelin      | Megan Haley       | 9 - 43.40m/142-5 |





## NOTABLES

## WARD COLLECTS FIRST ALL-AMERICA HONOR

- Mizzou redshirt freshman **Ja'Mari Ward** finished seventh in the men's long jump at the NCAA Indoor Championships to earn his first career All-America honor.
- Ward posted a mark of 7.82m (25-8) with his fifth attempt to finish seventh in the men's long jump and earn First-Team All-America honors. The seventh-place finish is Mizzou's best long jump finish at the NCAA Indoor Championships since 1978 when Ajayi Agbebaku finished third. Ward's All-America honor is the fourth-ever indoor long jump All-America honor by a Mizzou male, the seventh overall, indoor or outdoor and the first since 2013 when Malcom Pennix finished 14th at the NCAA Indoor Meet.
- The All-America honor capped an impressive debut indoor season for Ward, who set the school record in the long jump, earned All-SEC Freshman Team honors and posted a program top-10 mark in the triple jump.
- Ward was named the Southeastern Conference Field Athlete of the Week, announced by the league office Feb. 20. Ward, who won was named the 2017 SEC Outdoor Field Athlete of the Year, set the indoor long jump school record at the Missouri Collegiate Challenge (Feb. 16), as the Tiger freshman recorded a jump of 7.97m (26-1.75) to set the school record, which surpassed Yussuf Alli's 1984 mark of 7.91m (25-11.75).
- Among program records, Ward now holds the school record in the indoor long jump, the second-best mark in the outdoor long jump (8.13m/26-8.25), the sixth-best indoor triple jump mark (15.66m/51-4.5) and the eighth-best outdoor triple jump mark (15.44m/50-8).

## ACCOLADES, AWARDS CONTINUE FOR SCHWEIZER

- The accolades and awards Mizzou senior **Karissa Schweizer** have not slowed down at all in 2018, as she continues to be named to The Bowerman Watch List, as announced by the USTFCCA. The Bowerman is annually awarded to the nation's top male and female student-athlete in NCAA Track & Field. Schweizer was also named the SEC Runner of the Year, USTFCCA Midwest Regional Women's Track Athlete of the Year and the USTFCCA Women's Track National Athlete of the Year.
- Schweizer's two national titles capped a dominant 2018 indoor campaign in distance running for Schweizer, who set collegiate top-five times in the mile run, 3000m run and 5000m run in 2018. Schweizer set the collegiate record in the 3000m run at the Millrose Games (Feb. 3), winning USTFCCA Division I Women's National Athlete of the Week and the Southeastern Conference Women's Runner of the Week honors in the process. Schweizer was the top collegiate finisher in the race, as she crossed the finish line fourth at 8:41.60. Schweizer's time surpassed the previous collegiate record from 2009 by Colorado's Jenny (Barringer) Simpson (8:42.03), as well as the Mizzou school record mark of 9:06.39, which was set by Sabrina Dornhoefer in 1984. She also clocked a time of 4:27.54 in the mile run at the Columbia Challenge (Jan. 27), the fifth-fastest time in NCAA history, and a 15:17.31 in the 5000m run at the BU Season Opener (Dec. 2, 2017), the fifth-fastest time in NCAA history.
- Schweizer continued her distance dominance at the 2018 SEC Indoor Championships, capturing her sixth and seventh conference titles in the 3000m run and distance medley relay. Schweizer set a conference meet record in the 3000m run, clocking a time of 9:00.56, while her 4:25.56 anchor leg split gave the Tigers the DMR title. The Tiger senior's seven career conference titles match Sabrina Dornhoefer for the most conference championships by a female in program history.

## EIGHT FROM MIZZOU EARN ALL-SEC HONORS

- Mizzou garnered eight honors as the Southeastern Conference announced its SEC Indoor. Senior **Karissa Schweizer** earned the SEC Women's Runner of the Year following conference titles in the 3000m run and distance medley relay. This is second consecutive season she's been named the league's top female indoor runner.
- Joining Schweizer with All-SEC first team honors was redshirt senior **Megan Cunningham**, who captured the 5000m SEC title, as well as Schweizer's DMR teammates, junior **Maya Cody**, redshirt senior **Valeska Halamicek** and sophomore **Karina Liz**. Three Tigers, distance runner **Austin Hindman**, jumper standout **Ja'Mari Ward** and thrower **Emily Stauffer** also earned All-SEC Freshman Team honors as the top freshman finisher in their event.
- Mizzou's freshmen set themselves up for a successful future at SEC meets in the Black & Gold, as the Tigers' three All-SEC Freshman Team honors are tied for the second-most in the conference. Ward led the way, as he finished fifth in the long jump (7.75m/25-5.25), while Stauffer finished 11th in the weight throw (17.81m/58-5.25) and Hindman finished 16th in the 3000m run (8:21.48). Ward, the 2017 SEC Outdoor Freshman Field Athlete of the Year, set the school record and posted a NCAA Indoor-qualifying mark at the Missouri Collegiate Challenge (Feb. 16), as he jumped 7.97m (26-1.75).

## CUNNINGHAM WINS 5000M SEC TITLE

- Mizzou redshirt senior **Megan Cunningham** claimed her first career conference title in the 5000m run at the SEC Indoor Championships.
- Cunningham jumped out to the front of the pack from the get-go and lead for the majority of the women's 5000m run race, as the Tiger senior claimed her first career conference title with a time of 15:56.76. The Tiger senior demolished the competition in the race, as she finished more than 25 seconds ahead of the runner-up. Kentucky's Katy Kunc (16:20.70). With the win, Cunningham records the first indoor 5000m run conference title in program history, and the fifth overall as Sabrina Dornhoefer (1983-84), Ann Marie Brooks (2001) and Schweizer (2017) captured outdoor 5000m run conference titles.

## TEAM SEASON-BESTS BY EVENT

| MEN                                            | INDOOR                         | WOMEN                                        | MEN                                           | OUTDOOR                       | WOMEN                                        |
|------------------------------------------------|--------------------------------|----------------------------------------------|-----------------------------------------------|-------------------------------|----------------------------------------------|
| Jerrad Mason - 6.93                            | <b>60m DASH</b>                | Maya Cody - 7.36                             | --                                            | <b>100m DASH</b>              | Maya Cody - 11.76                            |
| Jerrad Mason - 22.04                           | <b>200m DASH</b>               | Maya Cody - 24.32                            | Jerrad Mason - 21.69                          | <b>200m DASH</b>              | Tsai-Anne Joseph - 24.26                     |
| Jerrad Mason - 47.12                           | <b>400m DASH</b>               | Karina Liz - 59.79                           | Jerrad Mason - 47.48                          | <b>400m DASH</b>              | Maya Puller - 1:00.17                        |
| Chris Conrad - 1:49.84                         | <b>800m RUN</b>                | Valeska Halamicek - 2:10.72                  | Chris Conrad - 1:50.00                        | <b>800m RUN</b>               | Karina Liz - 2:10.08                         |
| Austin Hindman - 4:12.39                       | <b>MILE RUN</b>                | Karissa Schweizer - 4:27.54                  | Chris Conrad - 3:54.49                        | <b>1500m RUN</b>              | Karissa Schweizer - 4:12.83                  |
| Marc Dubrick - 8:12.30                         | <b>3000m RUN</b>               | Karissa Schweizer - 8:41.60                  | Zach Cook - 14:50.69                          | <b>5000m RUN</b>              | Megan Cunningham - 16:03.20                  |
| Thomas George - 14:14.79                       | <b>5000m RUN</b>               | Karissa Schweizer - 15:17.31                 | --                                            | <b>10,000m RUN</b>            | Karissa Schweizer - 32:00.55                 |
| Rauno Liitmaa - 8.39                           | <b>60m HURDLES</b>             | --                                           | Rauno Liitmaa - 14.91                         | <b>110m/100m HURDLES</b>      | --                                           |
| (Kuhlmann, Mason, Sheridan, Goodman) - 3:19.01 | <b>4x400m RELAY</b>            | (Puller, Shonekan, Forbis, Liz) - 4:08.14    | Jerrad Mason - 51.92                          | <b>400m HURDLES</b>           | --                                           |
| (Goodman, Mason, Conrad, Dubrick) - 9:53.73    | <b>DMR</b>                     | (Halamicek, Cody, Liz, Schweizer) - 11:08.18 | --                                            | <b>3K STEEPLECHASE</b>        | Samantha Farmer - 11:05.26                   |
| Landon Cuskelly - 2.10m (6-10.75)              | <b>HIGH JUMP</b>               | Valeria Kostiuik - 1.83m (6-0)               | (Kuhlmann, Conrad, Sheridan, Mason) - 3:19.00 | <b>4x100m RELAY</b>           | (Joseph, Cody, Shumaker, Mack) - 47.24       |
| Rauno Liitmaa - 4.50m (14-9)                   | <b>POLE VAULT</b>              | --                                           | Landon Cuskelly - 2.18m (7-1.75)              | <b>4x400m RELAY</b>           | (Liz, Shonekan, Puller, Halamicek) - 3:55.48 |
| Ja'Mari Ward - 7.97m (26-1.75)                 | <b>LONG JUMP</b>               | Arielle Mack 5.77m (18-11.25)                | --                                            | <b>HIGH JUMP</b>              | Karissa Roman - 1.75m (5-8.75)               |
| Ja'Mari Ward - 15.66m (51-4.5)                 | <b>TRIPLE JUMP</b>             | Arielle Mack - 11.31m (37-1.25)              | Rauno Liitmaa - 6.74m (22-1.5)                | <b>POLE VAULT</b>             | --                                           |
| Will Fife - 17.71m (58-1.25)                   | <b>SHOT PUT</b>                | Gabi Jacobs - 15.54m (51-0)                  | --                                            | <b>LONG JUMP</b>              | Keyoni Mbroh - 5.49m (18-0.25)               |
| Patrick Kunza - 19.58m (64-3)                  | <b>WEIGHT THROW</b>            | CeCe Johnson - 18.88m (61-11.5)              | Will Fife - 18.58m (60-11.5)                  | <b>TRIPLE JUMP</b>            | --                                           |
| Rauno Liitmaa - 5,573 pts                      | <b>HEPTATHLON / PENTATHLON</b> | --                                           | Will Fife - 52.14m (171-1)                    | <b>SHOT PUT</b>               | Gabi Jacobs - 15.26m (50-0.75)               |
|                                                |                                |                                              | Avery Carter - 64.18m (210-7)                 | <b>DISCUS THROW</b>           | Gabi Jacobs - 58.11m (190-8)                 |
|                                                |                                |                                              | Rauno Liitmaa - 60.40m (198-2)                | <b>HAMMER THROW</b>           | Becky Keating - 63.87m (209-6)               |
|                                                |                                |                                              | --                                            | <b>JAVELIN</b>                | Allie Webb - 44.11m (144-9)                  |
|                                                |                                |                                              |                                               | <b>DECATHLON / HEPTATHLON</b> | --                                           |



## NOTABLES

## SCHOOL RECORDS FALL AT MISSOURI COLLEGIATE CHALLENGE

- Two school records fell at the Missouri Collegiate Challenge (Feb. 16) as Mizzou hosted its final meet of the indoor regular season. Redshirt freshman **Ja'Mari Ward** set the top program mark in the long jump, while junior **Valeria Kostiuk** matched the high jump school record.
- Ward used his second jump to record a mark of 7.97m (26-1.75), surpassing Yussuf Alli's 1984 mark of 7.91m (25-11.75). The mark puts Ward in a position to qualify for the NCAA Indoor Track & Field Championships, as it currently ranks as the fourth-best jump in the NCAA this season (top-16 marks qualify). Among program records,
- In the high jump, Kostiuk matched Hanne Skei Andersen's 1993 mark of 1.83m (6-0) to finish first. Kostiuk, the 2017 NJCAA Indoor National Champion, needed just five jumps at the D-I collegiate level to reach Mizzou's school record. Her mark is on the bubble of qualifying for the NCAA meet, as it currently matches the 16th-best jump in the NCAA this season. Junior **Karissa Roman** (Kewanee, Ill.) finished just behind Kostiuk, palcing second with a jump of 1.75m (5-8.75).

## CUNNINGHAM WINS 5000M RUN AT MUSIC CITY CHALLENGE

- Mizzou redshirt senior **Megan Cunningham** posted an event win in the 5000m run at the Music City Challenge in Nashville on Feb. 9
- Cunningham continued her impressive start to the indoor season by posting her second program top-10 mark of the season. The Tiger senior won the 5000m run with a time of 15:53.20, finishing more than 23 seconds ahead of the runner-up while setting a new facility and meet record. The time ranks second all-time in Mizzou history, and currently stands as the 23rd-best time ran in the NCAA this season.

## SCHWEIZER SETS COLLEGIATE RECORD IN THE 3000M AT THE MILLROSE GAMES

- Mizzou senior **Karissa Schweizer** continued to add to her legacy as one of the most decorated student-athletes in Mizzou history on Feb. 3, setting the collegiate record in the 3000m run at the Millrose Games in New York City. Schweizer was the top collegiate finisher in the race, as she crossed the finish line fourth at 8:41.60.
- Schweizer's time surpassed Colorado's Jenny (Barringer) Simpson's 2009 mark of 8:42.03, as well as the Mizzou school record mark of 9:06.39, which was set by Sabrina Dornhoefer in 1984. The mark is also the seventh-fastest time in the world this season, according to iaaf.org.
- Schweizer now holds top-five all-time NCAA marks in the mile run, 3000m run and 5000m run, all set this season. The Urbandale, Iowa, native clocked a time of 4:27.54 in the mile run at the Columbia Challenge (Jan. 27), the fifth-fastest time in NCAA history, and a 15:17.31 in the 5000m run at the BU Season Opener (Dec. 2, 2017), the fifth-fastest time in NCAA history.
- For her collegiate record performance, Schweizer was named the USTFCCA Women's National Athlete of the Week for the second time this season, and the SEC Women's Runner of the Week for first time in 2018.

## TIGERS SET 5 PROGRAM TOP-10 MARKS AT COLUMBIA CHALLENGE

- Competing in the Big Apple, five Tigers posted program top-10 marks at the Columbia Challenge, led by senior **Karissa Schweizer's** school record performance in the mile run.
- Running in one of the world's most famous indoor track venues, the Armory, Schweizer continued her terrific senior campaign by finishing third in a race featuring numerous professionals. Schweizer's mile time of 4:27.54 was the fastest collegiate time recorded this season when ran (now second-fastest), and the fifth-fastest time overall in NCAA history. The Tiger senior obliterated the Mizzou school record in the race, surpassing Laura Roxberg's 2013 time of 4:34.59.
- Four other Tigers recorded top-10 program marks at the meet, as junior **Karissa Roman** posted a top-10 mark in the high jump, while redshirt sophomore **CeCe Johnson** and redshirt sophomore **Becky Keating** posted top-10 marks in the weight throw. In the heptathlon, senior **Rauno Liitmae** posted the sixth-best point total.
- Roman matched the tenth-best high jump in program history with a mark of 1.77m (5-9.75) to finish sixth. The jump was Roman's personal record mark and, is a 2.75 inch improvement from her previous best jump of 1.70m (5-7) entering this season.
- In the women's weight throw, the duo of Johnson and Keating finished fourth and seventh, respectively. Johnson's toss of 18.88m (61-11.5) ranks sixth all-time in program history, while Keating's mark of 18.50m (60-8.5) ranks ninth.
- Liitmae scored 5,397 points to place second in the heptathlon, a mark which ranks sixth all-time in program history. The Tiger senior placed in the top-three in six of the seven heptathlon events, including first place finishes in the shot put and high jump.

## CUNNINGHAM &amp; DUBRICK POST PROGRAM TOP-10 MARKS AT VANDERBILT INVITATIONAL

- Mizzou posted two top-10 program marks at the Vanderbilt Invitational on Jan. 20. Both top-10 marks came in the 3000m run, as redshirt senior **Megan Cunningham** clocked the fifth-fastest program time in the women's race, while redshirt senior **Marc Dubrick** notched the sixth-fastest program time in the men's race.
- Cunningham placed third in the 3000m run with a time of 9:19.07, surpassing teammate redshirt junior **Jamie Kempfer's** time of 9:26.36 to rank fifth in program history. The Tiger senior bested her previous best mark (9:47.83) by 28 seconds, a time which she recorded on Jan. 30, 2015, at the Armory Track Invitational.
- Dubrick clocked a time of 8:12.30 in the men's race to finish seventh and record the sixth-fastest men's indoor 3000m run time in program history. Dubrick surpassed Max Storms (8:12.99, 2014) to claim his first top-10 mark for Mizzou, and bested his previous personal best mark of 8:21.47, which he set at last season's SEC Indoor Championships (Feb. 24, 2017).

## USTFCCA TOP-25

## MEN

| Rank | Team               | Points |
|------|--------------------|--------|
| 1    | Florida            | 319.41 |
| 2    | Texas Tech         | 265.01 |
| 3    | Alabama            | 251.77 |
| 4    | Texas A&M          | 251.33 |
| 5    | Georgia            | 215.48 |
| 6    | Houston            | 202.45 |
| 7    | Florida State      | 162.97 |
| 8    | BYU                | 162.51 |
| 9    | USC                | 161.52 |
| 10   | Oregon             | 144.58 |
| 11   | Arkansas           | 144.43 |
| 12   | LSU                | 119.59 |
| 13   | Kansas             | 116.46 |
| 14   | TCU                | 115.91 |
| 15   | Texas              | 109.68 |
| 16   | Mississippi State  | 106.36 |
| 17   | Illinois           | 106.30 |
| 18   | North Carolina A&T | 103.60 |
| 19   | Ole Miss           | 99.12  |
| 20   | Stanford           | 97.17  |
| 21   | Baylor             | 96.45  |
| 22   | Kentucky           | 95.65  |
| 23   | South Carolina     | 93.90  |
| 24   | Ohio State         | 90.10  |
| 25   | Penn State         | 83.81  |

## WOMEN

| Rank | Team          | Points |
|------|---------------|--------|
| 1    | LSU           | 342.82 |
| 2    | USC           | 287.46 |
| 3    | Oregon        | 270.61 |
| 4    | Georgia       | 267.45 |
| 5    | Arkansas      | 253.39 |
| 6    | Kentucky      | 224.77 |
| 7    | Stanford      | 202.92 |
| 8    | Texas A&M     | 199.82 |
| 9    | Florida       | 183.92 |
| 10   | Minnesota     | 176.35 |
| 11   | Purdue        | 173.74 |
| 12   | Texas         | 140.79 |
| 13   | Kansas State  | 126.74 |
| 14   | Arizona State | 124.88 |
| 15   | Miami         | 105.51 |
| 16   | Tennessee     | 101.03 |
| 17   | Texas Tech    | 96.87  |
| 18   | Kansas        | 95.69  |
| 19   | Ole Miss      | 89.90  |
| 20   | Florida State | 89.68  |
| 21   | Virginia Tech | 88.92  |
| 22   | Baylor        | 83.47  |
| 23   | Alabama       | 83.26  |
| 24   | Akron         | 77.95  |
| 25   | Boise State   | 77.54  |



## NOTABLES

## MIZZOU CLAIMS SEVEN EVENT WINS AT MISSOURI HOLIDAY OPENER

- Mizou its indoor season as a team on Dec. 8, as the Tigers hosted the Missouri Holiday Opener at the Hearnes Center Fieldhouse. Six Tigers won seven events at the meet, including redshirt junior **Avery Carter**, who claimed first-place finishes in the weight throw and shot put.
- Carter began the day by posting a personal record in the weight throw, as the Tiger junior posted a mark of 16.75m (54-11.5) with his final throw of the event. Carter improved his personal record by more than meter with the throw, surpassing his previous best mark of 15.59m (51-1.75), which he set at the last year's Border Battle (Jan. 9, 2017). The Lee's Summit, Mo., native would then return a few hours later to compete in the shot put, where Carter finished first with a mark of 17.09m (56-1).
- Mizou swept the high jump, as junior **Landon Cuskelly** finished first for the men, while junior **Karissa Roman** and **Valeria Kostiuik** finished first and second, respectively, for the women. Making his Tiger debut, Cuskelly came within an inch of posting a top-10 program mark as he cleared 2.10m (6-10.75) to earn his first place finish. For the women, Roman and Kostiuik each cleared 1.75m (5-8.75), with Roman clearing the mark on her first jump to take first. Roman's leap was a personal record mark, and both marks were just an inch from top-10 program marks.
- In the women's shot put, redshirt junior **Gabi Jacobs** earned a first place finish with a mark of 14.91m (48-11). The 2017 SEC Outdoor discus champion's mark was just

0.04m from her personal record mark of 14.95 (49-0.75), which she set at the 2017 SEC Indoor Championships.

- In track events, freshman **Chris Conrad** finished first in the 600m run with a time of 1:19.82, while redshirt senior **Ben Goodman** won the mile run with a time of 4:26.25.

## SCHWEIZER RESTS 5K SCHOOL RECORD IN BOSTON

- For her impressive start to the indoor season, senior **Karissa Schweizer** was named the USTFCCA Division I Women's National Athlete of the Week on Dec. 5. The Tiger senior captured an event win in the 5,000m run at the Boston University Season Opener (Dec. 2) in Boston, Mass.
- Schweizer, who finished 11th at the NCAA Cross Country Championships on Nov. 18, bounced back to finish first in a field which featured the NCAA Cross Country National Champion, Ednah Kurgat (New Mexico) and six of the top-15 finishers at the NCAA Cross Country Championships. Schweizer earned the event win with a personal-best mark of 15:17.31, resetting her own school-record time of 15:19.14, which she set in a National Championship performance at the 2017 NCAA Indoor Track & Field Championships (March 10). Schweizer's time in the BU Season Opener victory is the fifth-fastest indoor 5,000m run time in NCAA history, and is just five seconds behind the top mark of 15:12.22, set by Providence's Emily Sission in 2015.

## DRAKE RELAYS CHAMPIONS

| MEN  |                     |                       |                  | WOMEN |                  |                       |                |
|------|---------------------|-----------------------|------------------|-------|------------------|-----------------------|----------------|
| Year | Name                | Event                 | Time/Mark        | Year  | Name             | Event                 | Time/Mark      |
| 1911 |                     | 4x1600m Relay         | 18:56.00         | 1989  | Felcia Allen     | Long Jump             | 20-9.25        |
| 1915 |                     | 4x400m Relay          | 3:23.8           | 1993  |                  | Sprint Medley Relay   | 3:55.25        |
| 1917 | Simpson             | 110m Hurdles          | 14.80            | 1996  | Rannevig Kvalvik | Heptathlon            | 5,160          |
| 1918 |                     | 4x400m Relay          | 3:39.00          | 1997  |                  | Distance Medley Relay | 11:13.67       |
| 1918 | Jackson Scholz      | 100yd Dash            | 9.80             | 1999  | Katie Meyer      | 1500m Run             | 4:28.46        |
| 1920 | Jackson Scholz      | 100yd Dash            | 9.80             | 2000  |                  | 4x800m Relay          | 8:34.76        |
| 1927 | Ken Farley          | 100yd Dash            | 10.00            | 2001  |                  | 4x800m Relay          | 8:34.76        |
| 1930 |                     | 4x400m Relay          | 3:17.00          | 2002  |                  | 4x1600m Relay         | 19:36.27       |
| 1938 |                     | 4x1600m Relay         | 17:34.70         | 2003  | Jennifer Bennett | Pole Vault            | 13-5.75        |
| 1939 |                     | Distance Medley Relay | 10:14.60         | 2008  | Kinsey Farren    | 10,000m Run           | 36:54.70       |
| 1939 | Waldram             | Javelin               | 202-0            | 2009  | Krishna Lee      | Hammer Throw          | 187-11         |
| 1942 | Aussieker           | Shot Put              | 49-9.75          | 2017  | LaQuisha Jackson | 100m Dash             | 11.65 (11.86q) |
| 1943 | Aussieker           | Shot Put              | 51-0             |       |                  |                       |                |
| 1943 |                     | 4x200m Relay          | 1:27.60          |       |                  |                       |                |
| 1943 |                     | 4x100m Relay          | 41.90            |       |                  |                       |                |
| 1943 | Shy                 | 100yd Dash            | 10.00            |       |                  |                       |                |
| 1944 | Bill Bangert        | Shot Put              | 47-11.00         |       |                  |                       |                |
| 1945 | Bill Bangert        | Discus                | 151.09           |       |                  |                       |                |
| 1945 | Bill Bangert        | Shot Put              | 51-5.5           |       |                  |                       |                |
| 1947 | Sheehan             | Discus                | 155-2            |       |                  |                       |                |
| 1947 | Dick Ault           | 400m Hurdles          | 54.50            |       |                  |                       |                |
| 1952 | Gorden              | High Jump             | 6-6              |       |                  |                       |                |
| 1954 | Dicke               | Pole Vault            | 13-6             |       |                  |                       |                |
| 1956 |                     | Shuttle Hurdle Relay  | 1:00.30          |       |                  |                       |                |
| 1957 |                     | Shuttle Hurdle Relay  | 58.4             |       |                  |                       |                |
| 1959 | Dick Cochran        | Discus                | 178-2.5          |       |                  |                       |                |
| 1960 | Dick Cochran        | Discus                | 168-2            |       |                  |                       |                |
| 1962 | Don Smith           | Shot Put              | 57-11            |       |                  |                       |                |
| 1962 |                     | Sprint Medley Relay   | 3:19.0           |       |                  |                       |                |
| 1962 |                     | 4x400m Relay          | 3:11.60          |       |                  |                       |                |
| 1964 | Younger             | Pole Vault            | 15-9.25          |       |                  |                       |                |
| 1964 |                     | 4x1600m Relay         | 16:52.00         |       |                  |                       |                |
| 1969 | Samones             | 400m Hurdles          | 51.90            |       |                  |                       |                |
| 1969 | Mel Gray            | 100yd Dash            | 9.40             |       |                  |                       |                |
| 1970 | Mel Gray            | 100yd Dash            | 9.50             |       |                  |                       |                |
| 1971 | Mel Gray            | 100yd Dash            | 9.20             |       |                  |                       |                |
| 1973 |                     | Distance Medley Relay | 9:41.80          |       |                  |                       |                |
| 1977 | Nat Page            | High Jump             | 7-3              |       |                  |                       |                |
| 1977 |                     | Shuttle Hurdle Relay  | 57.40            |       |                  |                       |                |
| 1979 | Whitaker            | Long Jump             | 25-1.25          |       |                  |                       |                |
| 1979 |                     | Shuttle Hurdle Relay  | 57.38            |       |                  |                       |                |
| 1979 | Obasogie            | 110m Hurdles          | 13.75            |       |                  |                       |                |
| 1980 |                     | Shuttle Hurdle Relay  | 56.50            |       |                  |                       |                |
| 1980 | Dan Lavitt          | 110m Hurdles          | 13.68            |       |                  |                       |                |
| 1981 |                     | 4x800m Relay          | 7:18.66          |       |                  |                       |                |
| 1985 | Daniel Ogidi        | 400m Hurdles          | 50.31            |       |                  |                       |                |
| 1986 | Victor Edet         | 100m Dash             | 10.82            |       |                  |                       |                |
| 1988 |                     | 4x200m Relay          | 1:21.46          |       |                  |                       |                |
| 1995 | Jared Wilmes        | 800m Run              | 1:48.49          |       |                  |                       |                |
| 1998 | Derrick Peterson    | 800m Run Invite       |                  |       |                  |                       |                |
| 1999 |                     | Sprint Medley Relay   | 3:18.07          |       |                  |                       |                |
| 1999 |                     | 4x800m Relay          | 7:24.02          |       |                  |                       |                |
| 2000 |                     | 4x800m Relay          | 7:16.23          |       |                  |                       |                |
| 2001 | Russ Bell           | Discus                | 181-1            |       |                  |                       |                |
| 2001 | Derrick Peterson*   | 800m Run Invite       |                  |       |                  |                       |                |
| 2002 | Russ Bell           | Discus                | 181-5            |       |                  |                       |                |
| 2002 | Russ Bell           | Shot Put              | 62-5.25          |       |                  |                       |                |
| 2002 | Christian Cantwell  |                       | Shot Put Special |       |                  |                       |                |
| 2003 | Russ Bell           | Shot Put              | 60-0.5           |       |                  |                       |                |
| 2003 | Christian Cantwell  |                       | Shot Put Special |       |                  |                       |                |
| 2004 | Christian Cantwell* |                       | Shot Put Special |       |                  |                       |                |
| 2005 | Conrad Woolsey      | Shot Put              | 61-2             |       |                  |                       |                |
| 2006 |                     | Distance Medley Relay | 9:41.82          |       |                  |                       |                |
| 2006 |                     | 4x800m Relay          | 7:20.91          |       |                  |                       |                |
| 2006 | Christian Cantwell* |                       | Shot Put Special |       |                  |                       |                |
| 2007 | Christian Cantwell* |                       | Shot Put Special |       |                  |                       |                |
| 2008 | Christian Cantwell* |                       | Shot Put Special |       |                  |                       |                |
| 2009 | Chris Rohr          | Hammer Throw          | 235-11           |       |                  |                       |                |
| 2012 | Pennix              | Long Jump             | 25-3.5           |       |                  |                       |                |
| 2012 |                     | 4x1600m Relay         | 16:47.87         |       |                  |                       |                |
| 2015 | Will Crocker        | 1500m Run             | 3:43.93          |       |                  |                       |                |
| 2015 | Macauley Garton     | Javelin               | 71.51m (234-7)   |       |                  |                       |                |
| 2017 | Reinhard Van Zyl    | Javelin               | 66.57m (218-5)   |       |                  |                       |                |
| 2017 | Drew White          | 10,000m Run           | 29:41.10         |       |                  |                       |                |





## KARISSA SCHWEIZER



KARISSA SCHWEIZER

EVENTS  
DistanceYEAR  
SeniorMAJOR  
Health SciencesHOMETOWN  
Urbandale, IowaHIGH SCHOOL  
Dowling Catholic HS

## CAREER ACCOLADES

## CROSS COUNTRY

- 2017 NCAA All-American (11th Place)
- 2017 NCAA All-Midwest Regional Champion
- 2017 SEC Cross Country Champion
- 2017 SEC Women's Runner of the Year
- 2016 NCAA Cross Country National Champion
- 2016 USTFCCCA Women's Cross Country Athlete of the Year
- 2016 NCAA Midwest Regional Champion
- 2016 USTFCCCA Midwest Regional Runner of the Year
- 2016 SEC Cross Country Champion
- 2016 SEC Women's Runner of the Year
- 2015 NCAA All-Midwest Regional Team (25th)
- 2014 NCAA Cross Country Championships qualifier
- 2014 NCAA All-Midwest Regional Team (7th)
- 2014 SEC Cross Country Freshman of the Year
- 2017 USTFCCCA Cross Country All-Academic Individual
- 2016 USTFCCCA Cross Country Scholar Athlete of the Year

## INDOOR TRACK &amp; FIELD

- 2018 NCAA Indoor National Champion (3000m Run)
- 2018 NCAA Indoor National Champion (5000m Run)
- 2017 NCAA Indoor National Champion (5000m Run)
- 2018 NCAA Indoor First-Team All-American (3000m Run – 1st)
- 2018 NCAA Indoor First-Team All-American (5000m Run – 1st)
- 2017 NCAA Indoor First-Team All-American (5000m Run – 1st)
- 2017 NCAA Indoor First-Team All-American (3000m Run – 2nd)
- 2018 SEC Indoor 3000m Champion
- 2018 SEC Indoor Distance Medley Relay Champion
- 2017 SEC Indoor 3000m Champion
- 2017 SEC Indoor Mile Champion
- 2018 USTFCCCA Women's Indoor Track National Athlete of the Year
- 2018 USTFCCCA Midwest Regional Women's Indoor Track Athlete of the Year
- 2018 SEC Runner of the Year
- 2017 USTFCCCA Midwest Regional Women's Indoor Track Athlete of the Year
- 2017 USTFCCCA Indoor Track Scholar Athlete of the Year
- School Record Holder in the Indoor Mile Run (4:27.54)
- School Record & Collegiate Record Holder in the Indoor 3000m Run (8:41.60)
- School Record Holder in the Indoor 5000m Run (15:17.31)
- No. 2 All-Time in the Indoor Distance Medley Relay (11:08.18)

## OUTDOOR TRACK &amp; FIELD

- 2017 NCAA Outdoor National Champion (5000m Run)
- 2017 NCAA Outdoor First-Team All-American (5000m Run – 1st)
- 2016 NCAA Outdoor First-Team All-American (5000m Run – 3rd)
- 2016 NCAA Outdoor First-Team All-American (5000m Run – 3rd)
- 2017 NCAA Championships qualifier (5000m Run)
- 2017 NCAA West Preliminary qualifier (5000m Run)
- 2016 NCAA Outdoor Championships qualifier (5000m Run)
- 2016 NCAA West Preliminary qualifier (5000m Run)
- 2017 SEC Outdoor 5000m Champion
- 2017 All-SEC Outdoor (1500m Run, 5000m Run)
- 2016 All-SEC Outdoor (1500m Run, 5000m Run)
- 2017 USTFCCCA Midwest Regional Women's Outdoor Track Athlete of the Year
- 2015 NCAA West Preliminary Round qualifier (5000m Run)
- School Record Holder in the Outdoor 5000m Run (15:18.69)
- School Record Holder in the Outdoor 10,000m Run (32:00.55)
- No. 2 All-Time in the Outdoor 1500m Run (4:15.77)

## MIZZOU PERSONAL RECORDS

## CROSS COUNTRY

- 5K - 16:09.83 // Chile Pepper Festival (10/1/16)
- 6K - 19:29.7 // Pre-National Invitational (10/14/17)

## INDOOR TRACK &amp; FIELD

- 800m - 2:12.95 // Border Battle (1/9/16)
- Mile Run - 4:27.54 // Columbia Challenge (1/27/18)
- 3000m Run - 8:41.60 // Millrose Games (2/3/18)
- 5000m Run - 15:17.31 // BU Season Opener (12/2/17)

## OUTDOOR TRACK &amp; FIELD

- 800m - 2:09.42 // Memphis Invitational (4/30/16)
- 1500m - 4:15.77 // Crimson Tide Invite (4/8/17)
- 5000m - 15:18.69 // USA Track & Field Championships (6/23/17)
- 10,000m - 32:00.55 // Stanford Invitational (3/30/18)

## 2017-18

## CROSS COUNTRY

- Was named the USTFCCCA Midwest Regional Women's Runner of the Year and the SEC Women's Runner of the Year, both for the second straight season
- Finished 11th at the NCAA Cross Country Championships (Nov. 18) to record her sixth career All-America honor.
- Won her second straight NCAA Midwest Regional title (Nov. 10) in her home state of Iowa, crossing the finish line at 19:50.9, 20 seconds ahead of Sharon Lokedi (Kansas).
- Captured her second consecutive SEC Conference title (Oct. 27), finishing a full 30 seconds ahead of the rest of the field at 19:36.3 to become the sixth runner in program history to repeat as cross country conference champion.
- Finished second at the Pre-National Invitational (Oct. 14), resetting her 6K personal record at 19:29.7 and earning SEC Runner of the Week honors.
- Set the course record at the Commodore Classic (Sept. 16), crossing the finish line in the 5K race at 16:25.4 and earning SEC Runner of the Week and USTFCCCA National Athlete of the Week nods.

## INDOOR TRACK

- Became the fifth 3K/5K double champion in NCAA history with National Championship performances in the 3000m run and 5000m run at the NCAA Indoor Championships (March 9-10). Schweizer's two national titles give her five career NCAA titles, the most of any Mizzou athlete, regardless of sport. Schweizer's eight career All-America honors rank second-most in program history, and only trail Kearsten Peoples' 10 podium finishes.
- Won two conference titles at the SEC Indoor Championships (Feb. 24-25), setting the meet record in the 3000m run (9:00.56) and anchoring the DMR with a split of 4:25.56.
- Set the collegiate record and school record in the 3000m run at the Millrose Games, finishing fourth in a field full of professionals with a time of 8:41.60.
- Ran the fifth-fastest collegiate time and set the school record in the mile run at the Columbia Challenge (Jan. 27), crossing the finish line at 4:27.54.
- Opened the indoor season by running the fifth-fastest indoor 5000m run time in collegiate history at the BU Season Opener (Dec. 2), crossing the finish line at 15:17.31.

## INDOOR TRACK

- Set the 10,000m run school record at the Stanford Invitational (March 30), crossing the finish line third in the invitational heat at 32:00.55.

## 2016-17

## CROSS COUNTRY

- Became the first women's NCAA Cross Country National Champion in program history with a first place finish at the NCAA Championships, passing up four runners in the final 400-meters to take home the crown and finish with a personal-record time of 19:41.60.
- Became the first regional champion in program history with a first-place finish at the NCAA Midwest Regional, helping Mizzou win its first regional title since 2004.
- Won the first individual conference championship since 1997 with an SEC Championship, finishing the 6K race at 20:10.6.
- Placed first in five of six meets on the season, setting and re-setting personal-records in each meet and winning the Commodore Classic, Chile Pepper Festival, SEC Championships, NCAA Midwest Regional and NCAA Championships.

## INDOOR TRACK

- Earned two All-America honors in the 5000m run and 3000m run at the NCAA Indoor Championships (March 10-11), winning the national title in the 5000m by setting the school record with a time of 15:19.14 and finishing runner-up in the 3000m run with a time of 9:09.33.
- Won the Cliff Harper Trophy at the SEC Indoor Championships (Feb. 24-25) for being the highest point scorer at the meet after claiming conference titles in the mile run (4:37.44) and 3000m run (9:18.32).
- Won the mile run again at the Razorback Invitational (Jan. 28), crossing the finish line at 4:35.61, the second-fastest time in program history.
- Started the season by setting the school record in the Boston University Season Opener (Dec. 3) in the 5000m run, crossing the finish line at 15:37.4.

## OUTDOOR TRACK

- Shattered the 5000m run school record at the USA Track & Field Championships, finishing fourth with a time of 15:18.69.
- Won her third NCAA Title at the NCAA Championships in the 5000m run (June 10), re-setting the school record in the race with a time of 15:38.93 and becoming the first female athlete in Mizzou Athletics history to win multiple NCAA Titles.
- Finished first in the 5000m run at the NCAA West Preliminary (May 27) at 16:24.07 to clinch second consecutive trip to the NCAA Championships.
- Captured her fourth career conference title at the SEC Outdoor Championships (May 12-13), finishing first in the 5000m run with a time of 15:51.76 and second in the 1500m run at 4:18.42.
- Was elevated to the 1500m run invitational at the Drake Relays (April 28), finishing eighth at 4:18.16 in a race which featured 11 professional runners and six Olympians.
- Finished second in the 1500m run at the Crimson Tide Invite (April 8) by running the second-fastest time in program history at 4:15.77.
- Opened the outdoor season by setting the then-school record in the 5000m run at the Stanford Invitational (March 31), crossing the finish line at 15:39.75.

## 2015-16

## CROSS COUNTRY

- Earned an NCAA All-Midwest Regional selection with a 25th-place finish, finishing at 20:59.10.
- Earned second-team All-SEC honors with a 14th-place finish at the SEC Championships, finishing the 6K at 20:23.10.
- Opened the season with a first-place finish at the Forest Park XC Festival, finishing the 5K race at 18:17.

## INDOOR TRACK

- Ran the then-second-fastest time in program history in the mile run at the Tyson Invitational, finishing third at 4:39.87.

## OUTDOOR TRACK

- Earned All-America honors by finishing third in the 5,000m at the NCAA Championships, finishing at 16:02.82.
- Finished third in the 1,500m and the 5,000m at the SEC Championships, crossing the finish line at 4:29.08 and 16:17.82, respectively.

## 2014-15

## CROSS COUNTRY

- She closed her season in Terre Haute, Ind., for the national championship meet, placing 155th in the elite field with a final crossing of 21:36.20.
- Karissa led the Tigers once again during the NCAA Midwest Region Championships, timing through in 20:25.60 to earn seventh overall, good for an All-Midwest Regional honor and qualification into the NCAA Championships.
- She was 17th overall, second for the Tigers, during the SEC Championships, crossing as the first freshman in the field with a final time of 20:41.20 on the 5000m course and earning SEC Freshman of the Year honors.

## INDOOR TRACK

- Karissa closed her season at the SEC Championships, where she was eighth in the 3000m run (9:40.20) and fifth for the DMR (11:30.08)

## OUTDOOR TRACK

- Karissa closed her freshman year with another NCAA Championships qualification, making the cut for the West Preliminary Round in the 5000m run with a 32nd-place finish (16:56.61).
- Karissa donned the black and gold for the SEC Championships, taking 14th in the 1500m and seventh in the 5000m in PR time (16:32.91)
- She was part of the 12th-place DMR team at the Drake Relays, and earned 21st as an individual in the 5000m run.
- She was second in the 1500m run at the Tom Botts Invitational, clocking a new PR of 4:26.34

## HIGH SCHOOL

- Karissa competed for Dowling Catholic HS under coaches Fr. James Kirby, Kelly Parriott, and Larry Weier
- She was a 12-time IAHSAA All-State athlete in cross country and track.
- Helped lead her team to three IAHSAA cross country titles in 2010-11, and 2013
- She was the IAHSAA Cross Country Championships runner-up in 2013, third in 2012, seventh in 2011, and fifth in 2010
- She was the 2011 IAHSAA Champion for 3000m, and took third in both the 1500m and 800m.



## MEN'S ENTRIES

**AVERY CARTER**

R-Junior | Throws  
Lee's Summit, Mo. | Lee's Summit West HS

Competing in: **Shot Put, Hammer Throw**

**OUTDOOR CAREER BESTS**

**Shot Put:** 17.02m (55-10.25) at Tom Botts Invitational, 4/21/18

**Hammer Throw:** 64.18m (210-7) at Tom Botts Invitational, 4/21/18

**OUTDOOR SEASON BESTS**

**Shot Put:** 17.02m (55-10.25) at Tom Botts Invitational, 4/21/18

**Hammer Throw:** 64.18m (210-7) at Tom Botts Invitational, 4/21/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**Shot Put:** 17.02m (55-10.25) - 109/59

**Hammer Throw:** 64.18m (210-7) - 37/14

**NOTES**

- Placed first in the weight throw and shot put at the Missouri Holiday Opener (Dec. 8).
- Finished first in the weight throw and second in the shot put at the Missouri Collegiate Challenge (Feb. 16).

**CHRIS CONRAD**

Freshman | Mid-Distance  
O'Fallon, Ill. | O'Fallon Township HS

Competing in: **800m Run, 4x800m Relay, DMR**

**OUTDOOR CAREER BESTS**

**800m:** 1:50.00 at Arkansas Spring Invitational, 3/24/18

**1500m:** 3:54.49 at Tom Botts Invitational, 4/20/18

**OUTDOOR SEASON BESTS**

**800m:** 1:50.00 at Arkansas Spring Invitational, 3/24/18

**1500m:** 3:54.49 at Tom Botts Invitational, 4/20/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**800m:** 1:50.00 - 78/38

**1500m:** 3:54.49 - 498/229

**NOTES**

- Less than a second (.79) away from cracking the top-10 list in the 800m run.
- 2017 Illinois State Champion in the 800m run.

**LANDON CUSKELLY**

(coo-skel-E)  
Junior | Jumps  
El Dorado, Kan. | Butler CC

Competing in: **High Jump**

**OUTDOOR CAREER BESTS**

**High Jump:** 2.18m (7-1.75) at Tom Botts Invitational, 4/21/18

**OUTDOOR SEASON BESTS**

**High Jump:** 2.18m (7-1.75) at Tom Botts Invitational, 4/21/18

**INDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**High Jump:** 2.18m (7-1.75) - 19/7

**NOTES**

- Finished first in the high jump at Missouri Holiday Opener (Dec. 8), clearing 2.10m (6-10.75)
- Three-time NJCAA All-American
- 2016 NJCAA Outdoor Runner-up in the High Jump
- 2016 NJCAA Region VI Field Athlete of the Year

**MARC DUBRICK**

(doo-brick)  
R-Senior | Distance  
DeKalb, Ill. | DeKalb HS

Competing in: **5000m Run, 4x800m Relay, DMR**

**OUTDOOR CAREER BESTS**

**1500m:** 3:51.78 at Crimson Tide Invite, 4/8/17

**5000m:** 14:24.05 at SEC Championships, 5/14/15

**3000m SC:** 9:14.76 at SEC Championships, 5/14/15

**OUTDOOR SEASON BESTS**

**1500m:** 4:07.07 at Tom Botts Invitational, 4/20/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**1500m:** 4:07.07 - 500+/500+

**NOTES**

- No. 6 all-time in the 3000m run (8:12.30)
- Finished 13th in the 3000m run (8:21.31) at the 2017 SEC Indoor Championships (Feb. 24)

**WILL FIFE**

R-Junior | Throws  
Jefferson City, Mo. | Helias Catholic HS

Competing in: **Shot Put, Discus**

**OUTDOOR CAREER BESTS**

**Shot Put:** 18.58m (60-11.5) at Arkansas Spring Invitational, 3/24/18

**Discus:** 52.14m (171-1) at John McDonnell Invitational, 4/13/18

**OUTDOOR SEASON BESTS**

**Shot Put:** 18.58m (60-11.5) at Arkansas Spring Invitational, 3/24/18

**Discus:** 52.14m (171-1) at John McDonnell Invitational, 4/13/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**Shot Put:** 18.58m (60-11.5) - 28/12

**Discus:** 52.14m (171-1) - 106/61

**NOTES**

- Finished first in the shot put 17.62m (57-9.75) at the Missouri Collegiate Challenge (Feb. 16).

**BEN GOODMAN**

R-Senior | Mid-Distance  
Colorado Springs, Colo. | Palmer HS

Competing in: **800m Run, 4x800m Relay, DMR**

**OUTDOOR CAREER BESTS**

**800m:** 1:52.01 at Tom Botts Invitational, 5/2/15

**1500m:** 3:55.12 at Tom Botts Invitational, 4/20/18

**OUTDOOR SEASON BESTS**

**800m:** 1:56.92 at Tom Botts Invitational, 4/21/18

**1500m:** 3:55.12 at Tom Botts Invitational, 4/20/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**800m:** 1:56.92 - 500+/348

**1500m:** 3:55.12 - 500+/250

**NOTES**

- Finished second in the 800m run (1:52.65) at the Tyson Invitational (Feb. 10)
- 2015 All-SEC in the DMR





## MEN'S ENTRIES

**ROBERT KUHLMANN**

(cool-man)  
R-Freshman | Mid-Distance  
Lake Villa, Ill. | Lake Community HS

Competing in: **800m Run, 4x800m Relay, DMR**

**OUTDOOR CAREER BESTS**

**800m:** 1:54.34 at Tom Botts Invitational, 4/21/18

**OUTDOOR SEASON BESTS**

**800m:** 1:54.34 at Tom Botts Invitational, 4/21/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**800m:** 1:54.34 - 471/212

**NOTES**

- Competed in the DMR at the 2017 SEC Indoor Championships (Feb. 25)

**PATRICK KUNZA**

R-Sophomore | Throws  
Wentzville, Mo. | Timberland HS

Competing in: **Hammer Throw**

**OUTDOOR CAREER BESTS**

**Hammer Throw:** 62.70m (205-8) at CMU Open, 3/17/18

**OUTDOOR SEASON BESTS**

**Hammer Throw:** 62.70m (205-8) at CMU Open, 3/17/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**Hammer Throw:** 62.70m (205-8) - 49/22

**NOTES**

- 2017 SEC Outdoor All-Freshman Team (Hammer Throw)

**JERRAD MASON**

(Ger-AHD)  
R-Senior | Sprints  
Bridgetown, Barbados | Harrison Prep

Competing in: **400m Hurdles**

**OUTDOOR CAREER BESTS**

**100m:** 10.73 at Arkansas Spring Invitational, 3/26/16

**200m:** 21.69 at Arkansas Spring Invitational, 3/24/18

**400m:** 47.48 at Ole Miss Classic, 3/31/18

**400mH:** 51.24 at Tom Botts Invitational, 4/15/17

**OUTDOOR SEASON BESTS**

**200m:** 21.69 at Arkansas Spring Invitational, 3/24/18

**400m:** 47.48 at Ole Miss Classic, 3/31/18

**400mH:** 51.92 at Tom Botts Invitational, 4/21/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**200m:** 21.69 - 388/168

**400m:** 47.48 - 116/57

**400mH:** 51.92 - 57/36

**NOTES**

- No. 2 all-time in the 400m dash (46.89)
- No. 7 all-time in the 200m dash (21.52)

**MARK SHERIDAN**

Senior | Mid-Distance  
Ballwin, Mo. | Marquette HS

Competing in: **800m Run**

**OUTDOOR CAREER BESTS**

**800m:** 1:52.18 at SEC Championships, 5/12/16

**1500m:** 3:56.90 at Tom Botts Invitational, 4/15/16

**OUTDOOR SEASON BESTS**

**800m:** 1:53.66 at Tom Botts Invitational, 4/21/18

**1500m:** 4:01.13 at Ole Miss Classic, 3/31/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**800m:** 1:53.66 - 385/181

**1500m:** 4:01.13 - 500+/447

**NOTES**

- Finished 18th in the 800m run (1:53.58) at the 2017 SEC Indoor Championships (Feb. 24).

**MICHAEL WIDMANN**

(WED-men)  
R-Sophomore | Distance  
Naperville, Ill. | Neuqua Valley HS

Competing in: **10,000m Run**

**OUTDOOR CAREER BESTS**

**1500m:** 4:09.42 at John McDonnell Invitational, 4/22/17

**5000m:** 14:59.24 at SFSU Distance Carnival, 3/30/18

**OUTDOOR SEASON BESTS**

**5000m:** 14:59.24 at SFSU Distance Carnival, 3/30/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**5000m:** 14:59.24 - 500+/255

**NOTES**

- 2016 SEC Cross Country All-SEC Freshman Team

**CAIN WINEBRENNER**

R-Senior | Mid-Distance  
Kansas City, Mo. | Park Hill HS

Competing in: **800m Run, 4x800m Relay**

**OUTDOOR CAREER BESTS**

**800m Run:** 1:49.95 at Crimson Tide Invite, 4/8/17

**1500m Run:** 3:55.42 at SFSU Distance Carnival, 3/31/17

**OUTDOOR SEASON BESTS**

**800m Run:** 1:53.38 at Tom Botts Invitational, 4/21/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**800m Run:** 1:53.38 - 342/163

**NOTES**

- Competed in the DMR at the 2017 SEC Indoor Championships (Feb. 25)



## WOMEN'S ENTRIES



## MEGAN CUNNINGHAM

R-Senior | Distance  
Eureka, Mo. | Eureka HS

Competing in: **10,000m Run**

## OUTDOOR CAREER BESTS

**1500m Run:** 4:57.44 at Beach Invitational, 4/19/2014

**5000m Run:** 16:03.20 at Gorilla Classic, 4/14/18

**10,000m Run:** 36:46.41 at Drake Relays, 4/22/2015

## OUTDOOR SEASON BESTS

**5000m Run:** 16:03.20 at Gorilla Classic, 4/14/18

## OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

**5000m Run:** 16:03.20 - 33/19

## NOTES

- 2017 NCAA All-Midwest Regional honoree in cross country
- No. 2 all-time in the 5000m run (15:53.20)
- No. 5 all-time in the 3000m run (9:19.07)



## SAMANTHA FARMER

R-Sophomore | Distance  
Columbia, Mo. | South Carolina | Rock Bridge HS

Competing in: **3000m Steeplechase**

## OUTDOOR CAREER BESTS

**1500m:** 4:53.13 at John McDonnell Invitational, 4/14/18

**5000m:** 17:47.34 at Tom Botts Invitational, 4/21/18

**3000m SC:** 11:05.26 at Ole Miss Classic, 3/31/18

## OUTDOOR SEASON BESTS

**1500m:** 4:53.13 at John McDonnell Invitational, 4/14/18

**5000m:** 17:47.34 at Tom Botts Invitational, 4/21/18

**3000m SC:** 11:05.26 at Ole Miss Classic, 3/31/18

## INDOOR SEASON NATIONAL/REGIONAL RANKINGS

**1500m:** 4:53.13 - 500+/500+

**5000m:** 17:47.34 - 500+/256

**3000m SC:** 11:05.26 - 222/107

## NOTES

- 2016 NCAA Outdoor Second Team All-American (4x100m relay)



## VALESKA HALAMICEK

(HAL-ah-MAH-check)

R-Senior | Mid-Distance  
Weldon Spring, Mo. | Francis Howell HS

Competing in: **1500m Run, DMR**

## OUTDOOR CAREER BESTS

**800m Run:** 2:07.57 at SEC Championships, 5/12/16

**1500m Run:** 4:26.59 at Georgia Spec Town Invitational (4/9/16)

## OUTDOOR SEASON BESTS

**800m Run:** 2:10.14 at Tom Botts Invitational, 4/21/18

**1500m Run:** 4:34.40 at John McDonnell Invitational (4/14/18)

## INDOOR SEASON NATIONAL RANKINGS

**800m Run:** 2:10.14 - 178/85

**1500m Run:** 4:34.40 - 458/182

## NOTES

- No. 10 all-time in the 800m run (2:09.25)



## MEGAN HALEY

Freshman | Throws  
Lancaster, Mo. | Schuyler R-1 HS

Competing in: **Javelin**

## OUTDOOR CAREER BESTS

**Javelin:** 43.40m (142-5) at Arkansas Spring Invitational, 3/24/18

## OUTDOOR SEASON BESTS

**Javelin:** 43.40m (142-5) at Arkansas Spring Invitational, 3/24/18

## INDOOR SEASON NATIONAL/REGIONAL RANKINGS

**Javelin:** 43.40m (142-5) - 120/64

## NOTES

- No. 10 all-time in the 800m run (2:09.25)



## GABI JACOBS

R-Junior | Throws  
Bloomington, Ill. | Normal University HS

Competing in: **Shot Put, Discus**

## OUTDOOR CAREER BESTS

**Shot Put:** 15.78m (51-9.25) at NCAA West Preliminary, 5/27/17

**Discus:** 58.23m (191-0) at NCAA West Preliminary, 5/27/17

## OUTDOOR SEASON BESTS

**Shot Put:** 15.26m (50-0.75) at Ole Miss Classic, 3/31/18

**Discus:** 58.11m (190-8) at Tom Botts Invitational, 4/21/18

## OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

**Shot Put:** 15.26m (50-0.75) - 74/37

**Discus:** 58.11m (190-8) - 8/8

## NOTES

- No. 7 all-time in the shot put (15.54m/51-0)
- 2017 NCAA Outdoor First Team All-American (Discus)
- 2017 SEC Outdoor Discus Champion



## TSAI-ANNE JOSEPH

(Sigh-anne)

R-Junior | Sprints  
St. Augustine, Trinidad & Tobago

Competing in: **100m Dash**

## OUTDOOR CAREER BESTS

**100m:** 11.91 at SEC Championships, 5/12/17

**200m:** 24.26 at Tom Botts Invitational, 4/21/18

## OUTDOOR SEASON BESTS

**100m:** 12.01 at Arkansas Spring Invitational, 3/24/18

**200m:** 24.26 at Tom Botts Invitational, 4/21/18

## OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

**100m:** 12.01 - 383/154

**200m:** 24.26 - 282/124

## NOTES

- No. 6 all-time in the 60m dash (7.66)



## WOMEN'S ENTRIES

**BECKY KEATING**

R-Sophomore | Throws  
Reading, England

Competing in: **Hammer Throw**

**OUTDOOR CAREER BESTS**

**Hammer Throw:** 63.87m (209-6) at CMU Open, 3/17/18

**OUTDOOR SEASON BESTS**

**Hammer Throw:** 63.87m (209-6) at CMU Open, 3/17/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**Hammer Throw:** 63.87m (209-6) - 13/10

**NOTES**

- No. 9 all-time in the weight throw (18.50m/60-8.5)

**JORDYN KLEVÉ**

R-Sophomore | Distance  
Urbandale, Iowa | Johnson HS

Competing in: **5000m Run**

**OUTDOOR CAREER BESTS**

**1500m:** 4:48.50 at Tom Botts Invitational, 4/20/18

**5000m:** 17:15.20 at SFSU Distance Carnival, 3/31/17

**OUTDOOR SEASON BESTS**

**1500m:** 4:48.50 at Tom Botts Invitational, 4/20/18

**5000m:** 17:23.04 at SFSU Distance Carnival, 3/30/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**1500m:** 4:48.50 - 500+/499

**5000m:** 17:23.04 - 365/166

**NOTES**

- Set 5000m run personal record (9:54.34) at 2017 SEC Indoor Championships (Feb. 25)

**VALERIA KOSTIUK**

(Cost-e-uk)  
Junior | Throws  
Kiev, Ukraine | Butler CC

Competing in: **High Jump**

**OUTDOOR CAREER BESTS**

**High Jump:** 1.76m (5-9.25) at Oklahoma John Jacobs Invitational, 4/23/16

**OUTDOOR SEASON BESTS**

**High Jump:** 1.67m (5-5.75) at Tom Botts Invitational, 4/21/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**High Jump:** 1.67m (5-5.75) - 193/101

**NOTES**

- School record holder in the high jump (1.83m/6-0)
- 2017 NJCAA Indoor National Champion - High Jump
- 2015 Ukraine National High Jump Champion

**KARINA LIZ**

R-Freshman | Mid-Distance  
Aurora, Ill. | Aurora Central Catholic HS

Competing in: **800m Run, DMR**

**OUTDOOR CAREER BESTS**

**800m:** 2:10.08 at Arkansas Spring Invitational, 3/24/18

**1500m:** 4:35.54 at Tom Botts Invitational, 4/20/18

**OUTDOOR SEASON BESTS**

**800m:** 2:10.08 at Arkansas Spring Invitational, 3/24/18

**1500m:** 4:35.54 at Tom Botts Invitational, 4/20/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**800m:** 2:10.08 - 176/83

**1500m:** 4:35.54 - 500+/199

**NOTES**

- Finished second in the 800m run (2:10.80) at the Tyson Invitational (Feb. 9)

**MELISSA MENGHINI**

(MEN-ge-nie)  
R-Freshman | Distance  
Fenton, Mo. | New Hampshire | Rockwood Summit HS

Competing in: **5000m Run, DMR**

**OUTDOOR CAREER BESTS**

**800m:** 2:16.62 at Tom Botts Invitational, 4/21/18

**1500m:** 4:35.59 at Tom Botts Invitational, 4/21/18

**3000m SC:** 11:29.69 at SFSU Distance Carnival, 3/30/18

**OUTDOOR SEASON BESTS**

**800m:** 2:16.62 at Tom Botts Invitational, 4/21/18

**1500m:** 4:35.59 at Tom Botts Invitational, 4/21/18

**3000m SC:** 11:29.69 at SFSU Distance Carnival, 3/30/18

**INDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**800m:** 2:16.62 - 500+/281

**1500m:** 4:35.59 - 500+/200

**3000m SC:** 11:29.69 - 336/149

**NOTES**

- Finished 10th in the mile run (5:04.46) at the Arkansas Invitational (Jan. 12)

**MAYA PULLER**

Freshman | Sprints  
San Antonio, Texas | San Antonio Brandeis HS

Competing in: **DMR**

**OUTDOOR CAREER BESTS**

**200m:** 25.95 at Tom Botts Invitational, 4/21/18

**400m:** 1:00.17 at Tom Botts Invitational, 4/21/18

**OUTDOOR SEASON BESTS**

**200m:** 25.95 at Tom Botts Invitational, 4/21/18

**400m:** 1:00.17 at Tom Botts Invitational, 4/21/18

**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS**

**200m:** 25.95 - 500+/500+

**400m:** 1:00.17 - 500+/403

**NOTES**

- Finished 10th in the mile run (5:04.46) at the Arkansas Invitational (Jan. 12)





## WOMEN'S ENTRIES

**SOPHIA RACETTE**

(Ra-set)

R-Sophomore | Distance

St. Louis, Mo. | Southern California | Nerinx Hall HS

Competing in: **5000m Run****OUTDOOR CAREER BESTS****800m:** 2:26.63 at California College Challenge, 4/2/16**1500m:** 4:49.54 at Beach Pacific Coast, 4/14/16**5000m:** 17:30.09 at Tom Botts Invitational, 4/20/18**OUTDOOR SEASON BESTS****5000m:** 17:30.09 at Tom Botts Invitational, 4/20/18**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS****5000m:** 17:30.09 - 447/204**NOTES**

- Finished 14th in the 3000m run (9:56.24) at the Music City Challenge (Feb. 10).

**KARISSA ROMAN**

(ROH-mane)

Junior | Jumps

Kewanee, Ill. | Wethersfield HS

Competing in: **High Jump****OUTDOOR CAREER BESTS****High Jump:** 1.75m (5-8.75) at Ole Miss Classic, 3/31/18**OUTDOOR SEASON BESTS****High Jump:** 1.75m (5-8.75) at Ole Miss Classic, 3/31/18**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS****High Jump:** 1.75m (5-8.75) - 53/29**NOTES**

- No. 10 all-time in the high jump (1.77m/5-9.75)
- 2017 NCAA West Preliminary qualifier (High Jump)

**HANNAH THOMAS**

Junior | Distance

Urbandale, Iowa | Dowling Catholic HS

Competing in: **5000m Run****OUTDOOR CAREER BESTS****1500m Run:** 4:41.78 at Georgia Spec Invitational, 4/9/16**5000m Run:** 17:52.85 at SEC Championships, 5/13/17**3000m SC:** 11:17.94 at Memphis Invitational, 4/30/16**OUTDOOR SEASON BESTS****1500m Run:** 4:44.37 at Arkansas Spring Invitational, 3/24/18**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS****1500m Run:** 4:44.37 - 500+/401**NOTES**

- Three-time NCAA National Champion
- Six-time NCAA All-American
- School record holder in mile run, 3000m run & 5000m run

**ALLIE WEBB**

Sophomore | Throws

Platte City, Mo. | St. James Academy HS

Competing in: **Javelin****OUTDOOR CAREER BESTS****Javelin:** 44.11m (144-9) at Ole Miss Classic, 3/31/18**OUTDOOR SEASON BESTS****Javelin:** 44.11m (144-9) at Ole Miss Classic, 3/31/18**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS****Javelin:** 44.11m (144-9) - 108/57**NOTES**

- Finished second in the 200m dash (26.24) in the 200m dash at the Missouri Collegiate Challenge (Feb. 16)



## DRAKE RELAYS SCHEDULE



## 2018 DRAKE RELAYS APRIL 25-28 DES MOINES, IA

## Sunday, April 22, 2018

|            |                           |                  |
|------------|---------------------------|------------------|
| 7:30 a.m.  | Half Marathon/10K         | Drake Road Races |
| 7:45 a.m.  | 5K                        | Drake Road Races |
| 12:30 p.m. | Beautiful Bulldog Contest | Knapp Center     |

## Tuesday, April 24, 2018

|           |                 |          |
|-----------|-----------------|----------|
| 6:00 p.m. | Grand Blue Mile | Downtown |
|-----------|-----------------|----------|

## Wednesday, April 25, 2018

|            |                         |              |
|------------|-------------------------|--------------|
| 11:30 a.m. | Decathlon               | Men, Day 1   |
| 12:30 p.m. | Heptathlon              | Women, Day 1 |
| 6:00 p.m.  | Vault at Capital Square | 4th/Locust   |

## Thursday, April 26, 2018

|            |            |              |
|------------|------------|--------------|
| 10:30 a.m. | Decathlon  | Men, Day 2   |
| 11:00 a.m. | Heptathlon | Women, Day 2 |

## Distance Carnival

|           |                  |                     |
|-----------|------------------|---------------------|
| 4:30 p.m. | 800m (Unseeded)  | UD/CD, Women, Final |
| 4:39 p.m. | 800m (Unseeded)  | UD/CD, Men, Final   |
| 4:46 p.m. | 1500m (Unseeded) | UD/CD, Women, Final |
| 4:59 p.m. | 1500m (Unseeded) | UD/CD, Men, Final   |
| 5:15 p.m. | 240 Yard Shuttle | ES, Youth, Final    |
| 5:25 p.m. | 3200m            | HS, Boys, Final     |
| 5:40 p.m. | 3000m            | HS, Girls, Final    |
| 5:55 p.m. | 10,000m          | Open, Women, Final  |
| 6:35 p.m. | 10,000m          | Open, Men, Final    |
| 7:08 p.m. | 3000m Steeple    | UD/CD, Women, Final |
| 7:22 p.m. | 3000m Steeple    | UD/CD, Men, Final   |
| 7:33 p.m. | 5000m (Unseeded) | Open, Women, Final  |
| 7:53 p.m. | 5000m (Seeded)   | Open, Women, Final  |
| 8:22 p.m. | 5000m (Unseeded) | Open, Men, Final    |
| 8:37 p.m. | 5000m (Seeded)   | Open, Men, Final    |
| 8:55 p.m. | Session Ends     |                     |

## Field Events

|           |           |                  |
|-----------|-----------|------------------|
| 4:00 p.m. | Discus    | HS, Boys, Final  |
| 4:30 p.m. | High Jump | HS, Girls, Final |
| 4:30 p.m. | Shot Put  | HS, Girls, Final |
| 5:00 p.m. | Long Jump | HS, Boys, Final  |

## Friday, April 27, 2018

|            |                 |                           |
|------------|-----------------|---------------------------|
| 8:00 a.m.  | 100mH           | HS, Girls, Prelim         |
| 8:15 a.m.  | 110mH           | HS, Boys, Prelim          |
| 8:30 a.m.  | 100m            | HS, Girls, Prelim         |
| 8:40 a.m.  | 100m            | HS, Boys, Prelim          |
| 8:50 a.m.  | 4x800m          | CD, Women, Final          |
| 9:04 a.m.  | 4x800m          | CD, Men, Final            |
| 9:15 a.m.  | 4x100m          | CD, Women, Prelim         |
| 9:33 a.m.  | 4x100m          | CD, Men, Prelim           |
| 9:49 a.m.  | 800m Medley     | HS, Girls, Final          |
| 10:02 a.m. | 1600m Medley    | HS, Boys, Final           |
| 10:21 a.m. | 800m            | Masters, Men/Women, Final |
| 10:31 a.m. | 100mH           | HS, Girls, Final          |
| 10:36 a.m. | 110mH           | HS, Boys, Final           |
| 10:42 a.m. | 4x1600m         | UD/CD, Women, Final       |
| 11:05 a.m. | Officials Break |                           |
| 11:40 a.m. | 4x1600m         | UD/CD, Men, Final         |
| 12:00 p.m. | 100mH           | UD/CD, Women, Prelim      |
| 12:13 p.m. | 110mH           | UD/CD, Men, Prelim        |
| 12:28 p.m. | 4x400m          | CD, Women, Prelim         |
| 12:52 p.m. | 4x400m          | CD, Men, Prelim           |
| 1:16 p.m.  | 4x100m          | UD, Women, Prelim         |
| 1:26 p.m.  | 4x100m          | UD, Men, Prelim           |

|           |                                  |                        |
|-----------|----------------------------------|------------------------|
| 1:36 p.m. | Special Olympics 4x100m          | Coed, Final            |
| 1:43 p.m. | 4x200m                           | HS, Girls, Final       |
| 1:55 p.m. | 4x200m                           | HS, Boys, Final        |
| 2:07 p.m. | 800m                             | HS, Girls, Final       |
| 2:13 p.m. | 800m                             | HS, Boys, Final        |
| 2:19 p.m. | 100m                             | Paralympic, Men, Final |
| 2:24 p.m. | 100m                             | HS, Girls, Final       |
| 2:29 p.m. | 100m                             | HS, Boys, Final        |
| 2:34 p.m. | 100m                             | UD/CD, Women, Prelim   |
| 2:49 p.m. | 100m                             | UD/CD, Men, Prelim     |
| 3:03 p.m. | 4x400m                           | UD, Women, Prelim      |
| 3:25 p.m. | 4x400m                           | UD, Men, Prelim        |
| 3:45 p.m. | Session Ends - Clear the Stadium |                        |

## Field Events

|            |             |                           |
|------------|-------------|---------------------------|
| 8:30 a.m.  | Shot Put    | HS, Boys, Final           |
| 9:00 a.m.  | Discus      | HS, Girls, Final          |
| 9:30 a.m.  | Long Jump   | (North), HS, Girls, Final |
| 9:45 a.m.  | High Jump   | HS, Boys, Final           |
| 10:00 a.m. | Long Jump   | UD/CD, Women, Final       |
| 10:00 a.m. | Javelin     | UD/CD, Men, Final         |
| 11:00 a.m. | Shot Put    | UD/CD, Men, Final         |
| 12:30 p.m. | Pole Vault  | UD/CD, Women, Final       |
| 1:00 p.m.  | High Jump   | UD/CD, Men, Final         |
| 1:00 p.m.  | Discus      | UD/CD, Women, Final       |
| 1:30 p.m.  | Javelin     | UD/CD, Women, Final       |
| 1:30 p.m.  | Triple Jump | UD/CD, Men, Final         |

## Hy-Vee Night at the Drake Relays

|           |                   |                          |
|-----------|-------------------|--------------------------|
| 5:00 p.m. | 1600m Medley      | MS, Girls, Final         |
| 5:07 p.m. | 1600m Medley      | MS, Boys, Final          |
| 5:13 p.m. | 200m              | UD/CD, Women, Final      |
| 5:21 p.m. | 200m              | UD/CD, Men, Final        |
| 5:29 p.m. | 100m              | Wheelchair, Women, Final |
| 5:33 p.m. | 4x100m            | HS, Girls, Prelims       |
| 6:03 p.m. | 4x100m            | MS, Girls, Final         |
| 6:16 p.m. | 4x100m            | MS, Boys, Final          |
| 6:29 p.m. | 4x100m            | HS, Boys, Prelims        |
| 6:59 p.m. | 1500m             | UD/CD, Women, Final      |
| 7:07 p.m. | 1500m             | UD/CD, Men, Final        |
| 7:13 p.m. | 100m - Age Graded | Masters, Men, Final      |
| 7:18 p.m. | Sprint Medley     | CD, Women, Final         |
| 7:38 p.m. | Sprint Medley     | CD, Men, Final           |
| 7:55 p.m. | 4x800m            | UD, Women, Final         |
| 8:08 p.m. | Two Mile          | Elite, Women, Final      |
| 8:22 p.m. | 4x800m            | UD, Men, Final           |
| 8:35 p.m. | 4x400m            | HS, Girls, Prelims       |
| 8:54 p.m. | 4x400m            | HS, Boys, Prelims        |
| 9:10 p.m. | Session Ends      |                          |

## Field Events

|           |            |                     |
|-----------|------------|---------------------|
| 5:30 p.m. | Shot Put   | UD/CD, Women, Final |
| 6:00 p.m. | Pole Vault | Elite, Men, Final   |
| 6:15 p.m. | High Jump  | Elite, Women, Final |

## Saturday, April 28, 2018

|           |                 |                       |
|-----------|-----------------|-----------------------|
| 8:30 a.m. | Shuttle Hurdle  | HS, Girls, Prelim     |
| 8:45 a.m. | Shuttle Hurdle  | HS, Boys, Prelim      |
| 9:00 a.m. | Distance Medley | Iowa CD, Women, Final |
| 9:15 a.m. | Distance Medley | Iowa CD, Men, Final   |
| 9:30 a.m. | Distance Medley | CD, Women, Final      |
| 9:45 a.m. | Distance Medley | CD, Men, Final        |
| 9:58 a.m. | 4x800m          | HS, Girls, Final      |

|            |        |                          |
|------------|--------|--------------------------|
| 10:13 a.m. | 4x800m | HS, Boys, Final          |
| 10:27 a.m. | 400m   | Wheelchair, Women, Final |
| 10:33 a.m. | 4x200m | UD/CD, Women, Final      |
| 10:48 a.m. | 4x200m | UD/CD, Men, Final        |

## Officials Break

|            |                                       |                     |
|------------|---------------------------------------|---------------------|
| 11:03 a.m. | Shuttle Hurdle                        | HS, Girls, Final    |
| 11:30 a.m. | Shuttle Hurdle                        | HS, Boys, Final     |
| 11:40 a.m. | Shuttle Hurdle                        | UD/CD, Women, Final |
| 11:56 a.m. | Shuttle Hurdle                        | UD/CD, Men, Final   |
| 12:00 p.m. | Beautiful Bulldog Winner/Recognitions |                     |

|            |                 |                  |
|------------|-----------------|------------------|
| 12:11 p.m. | Distance Medley | UD, Women, Final |
|------------|-----------------|------------------|

|            |                 |                |
|------------|-----------------|----------------|
| 12:25 p.m. | Distance Medley | UD, Men, Final |
|------------|-----------------|----------------|

|            |       |                  |
|------------|-------|------------------|
| 12:45 p.m. | 400mH | HS, Girls, Final |
|------------|-------|------------------|

|            |       |                 |
|------------|-------|-----------------|
| 12:52 p.m. | 400mH | HS, Boys, Final |
|------------|-------|-----------------|

|            |       |                     |
|------------|-------|---------------------|
| 12:58 p.m. | 400mH | UD/CD, Women, Final |
|------------|-------|---------------------|

|           |       |                   |
|-----------|-------|-------------------|
| 1:11 p.m. | 400mH | UD/CD, Men, Final |
|-----------|-------|-------------------|

|           |      |                        |
|-----------|------|------------------------|
| 1:26 p.m. | 200m | Paralympic, Men, Final |
|-----------|------|------------------------|

|           |               |                  |
|-----------|---------------|------------------|
| 1:33 p.m. | Sprint Medley | UD, Women, Final |
|-----------|---------------|------------------|

|           |               |                |
|-----------|---------------|----------------|
| 1:45 p.m. | Sprint Medley | UD, Men, Final |
|-----------|---------------|----------------|

|           |       |                   |
|-----------|-------|-------------------|
| 2:01 p.m. | 400mH | Elite, Men, Final |
|-----------|-------|-------------------|

|           |      |                     |
|-----------|------|---------------------|
| 2:07 p.m. | 100m | UD/CD, Women, Final |
|-----------|------|---------------------|

|           |      |                   |
|-----------|------|-------------------|
| 2:11 p.m. | 100m | UD/CD, Men, Final |
|-----------|------|-------------------|

|           |       |                     |
|-----------|-------|---------------------|
| 2:17 p.m. | 400mH | Elite, Women, Final |
|-----------|-------|---------------------|

|           |      |                          |
|-----------|------|--------------------------|
| 2:23 p.m. | Mile | Invitational, Men, Final |
|-----------|------|--------------------------|

|           |       |                     |
|-----------|-------|---------------------|
| 2:30 p.m. | 100mH | UD/CD, Women, Final |
|-----------|-------|---------------------|

|           |       |                     |
|-----------|-------|---------------------|
| 2:37 p.m. | 100mH | Elite, Women, Final |
|-----------|-------|---------------------|

|           |       |                   |
|-----------|-------|-------------------|
| 2:42 p.m. | 110mH | UD/CD, Men, Final |
|-----------|-------|-------------------|

|           |       |                   |
|-----------|-------|-------------------|
| 2:49 p.m. | 110mH | Elite, Men, Final |
|-----------|-------|-------------------|

|           |      |                   |
|-----------|------|-------------------|
| 2:56 p.m. | 100m | Elite, Men, Final |
|-----------|------|-------------------|

|           |      |                     |
|-----------|------|---------------------|
| 3:03 p.m. | 800m | UD/CD, Women, Final |
|-----------|------|---------------------|

|           |      |                   |
|-----------|------|-------------------|
| 3:08 p.m. | 800m | UD/CD, Men, Final |
|-----------|------|-------------------|

|           |        |                  |
|-----------|--------|------------------|
| 3:13 p.m. | 4x100m | UD, Women, Final |
|-----------|--------|------------------|

|           |        |                |
|-----------|--------|----------------|
| 3:18 p.m. | 4x100m | UD, Men, Final |
|-----------|--------|----------------|

|           |        |                  |
|-----------|--------|------------------|
| 3:22 p.m. | 4x100m | CD, Women, Final |
|-----------|--------|------------------|

|           |        |                |
|-----------|--------|----------------|
| 3:27 p.m. | 4x100m | CD, Men, Final |
|-----------|--------|----------------|

|           |        |                  |
|-----------|--------|------------------|
| 3:31 p.m. | 4x100m | HS, Girls, Final |
|-----------|--------|------------------|

|           |        |                 |
|-----------|--------|-----------------|
| 3:36 p.m. | 4x100m | HS, Boys, Final |
|-----------|--------|-----------------|

|           |        |                  |
|-----------|--------|------------------|
| 3:41 p.m. | 4x400m | UD, Women, Final |
|-----------|--------|------------------|

|           |        |                |
|-----------|--------|----------------|
| 3:48 p.m. | 4x400m | UD, Men, Final |
|-----------|--------|----------------|

|           |       |                  |
|-----------|-------|------------------|
| 4:00 p.m. | 1500m | HS, Girls, Final |
|-----------|-------|------------------|

|           |       |                 |
|-----------|-------|-----------------|
| 4:07 p.m. | 1600m | HS, Boys, Final |
|-----------|-------|-----------------|

|           |        |                  |
|-----------|--------|------------------|
| 4:14 p.m. | 4x400m | CD, Women, Final |
|-----------|--------|------------------|

|           |        |                |
|-----------|--------|----------------|
| 4:20 p.m. | 4x400m | CD, Men, Final |
|-----------|--------|----------------|

|           |        |                  |
|-----------|--------|------------------|
| 4:25 p.m. | 4x400m | HS, Girls, Final |
|-----------|--------|------------------|

|           |        |                 |
|-----------|--------|-----------------|
| 4:32 p.m. | 4x400m | HS, Boys, Final |
|-----------|--------|-----------------|

|           |                        |  |
|-----------|------------------------|--|
| 4:38 p.m. | 2018 Drake Relays Ends |  |
|-----------|------------------------|--|

## Field Events

|            |             |                          |
|------------|-------------|--------------------------|
| 9:00 a.m.  | Hammer      | UD/CD, Women, Final      |
| 9:30 a.m.  | Triple Jump | UD/CD, Women, Final      |
| 10:00 a.m. | Discus      | UD/CD, Men, Final        |
| 10:30 a.m. | Pole Vault  | UD/CD, Men, Final        |
| 12:45 p.m. | Long Jump   | UD/CD, Men, Final        |
| 1:00 p.m.  | Hammer      | UD/CD, Men, Final        |
| 1:30 p.m.  | High Jump   | UD/CD, Women, Final      |
| 1:30 p.m.  | Discus      | Invitational, Men, Final |
| 2:00 p.m.  | Pole Vault  | Elite, Women, Final      |
| 2:30 p.m.  | Shot Put    | Elite, Men, Final        |

## Hy-Vee Cup Events in Red

ES – Elementary School | MS – Middle School  
 HS – High School | CD – College | UD – University  
 Elite or Invitational Event | Masters – Masters Division (40+)



## DRAKE RELAYS SCHEDULE

## TRACK EVENTS

THURSDAY

|                                    |                  |
|------------------------------------|------------------|
| <b>800m RUN, WOMEN (unseeded)</b>  | <b>4:30 p.m.</b> |
| Karina Liz, R-Fr.....              | 2:10.08          |
| <b>800m RUN, MEN (unseeded)</b>    | <b>4:39 p.m.</b> |
| Ben Goodman, R-Sr.....             | 1:52.01          |
| Robert Kuhlmann, R-Fr.....         | 1:54.34          |
| Mark Sheridan, Sr.....             | 1:52.18          |
| <b>1500m RUN, WOMEN (unseeded)</b> | <b>4:46 p.m.</b> |
| Valeska Halamiccek, R-Sr.....      | 4:26.59          |
| <b>1500m RUN, MEN (unseeded)</b>   | <b>4:59 p.m.</b> |
| <b>10,000m RUN, WOMEN</b>          | <b>5:55 p.m.</b> |
| Megan Cunningham, R-Sr.....        | 36:46.41         |
| <b>10,000m RUN, MEN</b>            | <b>6:35 p.m.</b> |
| Michael Widmann, R-So.....         |                  |
| <b>3000m STEEPLECHASE, WOMEN</b>   | <b>7:08 p.m.</b> |
| Samantha Farmer, R-So.....         | 11:05.26         |
| <b>3000m STEEPLECHASE, MEN</b>     | <b>7:22 p.m.</b> |
| <b>5000m RUN, WOMEN (unseeded)</b> | <b>7:33 p.m.</b> |
| Sophia Racette, R-So.....          | 17:30.09         |
| Hannah Thomas, Jr.....             | 17:52.85         |
| <b>5000m RUN, WOMEN (seeded)</b>   | <b>7:53 p.m.</b> |
| Jordyn Kleve, R-So.....            | 17:23.04         |
| Melissa Menghini, R-Fr.....        |                  |
| Karissa Schweizer, Sr.....         | 15:18.69         |
| <b>5000m RUN, MEN (unseeded)</b>   | <b>8:22 p.m.</b> |
| Marc Dubrick, R-Sr.....            | 14:24.05         |
| <b>5000m RUN, MEN (seeded)</b>     | <b>8:37 p.m.</b> |



## DRAKE RELAYS SCHEDULE

## TRACK EVENTS

FRIDAY

|                                                       |              |
|-------------------------------------------------------|--------------|
| 4x800m RELAY, WOMEN (CD)                              | 8:50 a.m.    |
| 4x800m RELAY, MEN (CD)                                | 9:04 a.m.    |
| 4x100m RELAY, WOMEN                                   | 9:15 a.m.    |
| 4x100m RELAY, MEN                                     | 9:33 a.m.    |
| 4x1600m RELAY, WOMEN                                  | 10:42 a.m.   |
| 4x1600m RELAY, MEN                                    | 11:40 a.m.   |
| 100m HURDLES, WOMEN (prelims)                         | 12:00 p.m.   |
| 110m HURDLES, MEN (prelims)                           | 12:13 p.m.   |
| 4x400m RELAY, WOMEN (CD, prelims)                     | 12:28 p.m.   |
| 4x400m RELAY, MEN (CD, prelims)                       | 12:52 p.m.   |
| 4x100m RELAY, WOMEN (prelims)                         | 1:16 p.m.    |
| 4x100m RELAY, MEN (prelims)                           | 1:26 p.m.    |
| 100m DASH, WOMEN (prelims)                            | 2:34 p.m.    |
| Tsai-Anne Joseph, R-Jr.....                           | 11.66*/11.91 |
| 100m DASH, MEN (prelims)                              | 2:49 p.m.    |
| 4x400m RELAY, WOMEN (UD, prelims)                     | 3:03 p.m.    |
| 4x400m RELAY, MEN (UD, prelims)                       | 3:25 p.m.    |
| 200m DASH, WOMEN                                      | 5:13 p.m.    |
| 200m DASH, MEN                                        | 5:21 p.m.    |
| 1500m RUN, WOMEN                                      | 6:59 p.m.    |
| 1500m RUN, MEN                                        | 7:07 p.m.    |
| SPRINT MEDLEY, WOMEN                                  | 7:18 p.m.    |
| SPRINT MEDLEY, MEN                                    | 7:38 p.m.    |
| 4x800m RELAY, WOMEN (UD)                              | 7:55 p.m.    |
| 4x800m RELAY, MEN (UD)                                | 8:22 p.m.    |
| Goodman, Conrad, Kuhlmann, Sheridan, Winebrenner..... |              |

## FIELD EVENTS

FRIDAY

|                          |                   |
|--------------------------|-------------------|
| LONG JUMP, WOMEN         | 10:00 a.m.        |
| JAVELIN, MEN             | 10:00 a.m.        |
| SHOT PUT, MEN            | 11:00 a.m.        |
| Avery Carter, R-Jr.....  | 17.02m (55-10.25) |
| Will Fife, R-Jr.....     | 18.58m (60-11.5)  |
| POLE VAULT, WOMEN        | 12:30 p.m.        |
| HIGH JUMP, MEN           | 1:00 p.m.         |
| Landon Cuskelly, Jr..... | 2.18m (7-1.75)    |
| DISCUS, WOMEN            | 1:00 p.m.         |
| Gabi Jacobs, R-Jr.....   | 58.23m (191-0)    |
| JAVELIN, WOMEN           | 1:30 p.m.         |
| Megan Haley, Fr.....     | 43.40m (142-5)    |
| Allie Webb, So.....      | 44.11m (144-9)    |
| TRIPLE JUMP, MEN         | 1:30 p.m.         |
| SHOT PUT, WOMEN          | 5:30 p.m.         |
| Gabi Jacobs, R-Jr.....   | 15.78m (51-9.25)  |

\* - wind aided mark





## DRAKE RELAYS SCHEDULE

## FIELD EVENTS

SATURDAY

|                            |                   |
|----------------------------|-------------------|
| <b>HAMMER THROW, WOMEN</b> | <b>9:00 a.m.</b>  |
| Becky Keating, Jr. ....    | 63.87m (209-6)    |
| <b>TRIPLE JUMP, WOMEN</b>  | <b>9:30 a.m.</b>  |
| <b>DISCUS, MEN</b>         | <b>10:00 a.m.</b> |
| Will Fife, R-Jr. ....      | 52.14m (171-1)    |
| <b>POLE VAULT, MEN</b>     | <b>10:30 a.m.</b> |
| <b>LONG JUMP, MEN</b>      | <b>12:45 p.m.</b> |
| <b>HAMMER THROW, MEN</b>   | <b>1:00 p.m.</b>  |
| Avery Carter, R-Jr. ....   | 64.18m (210-7)    |
| Patrick Kunza, R-So. ....  | 62.70m (205-8)    |
| <b>HIGH JUMP, WOMEN</b>    | <b>1:30 p.m.</b>  |
| Valeria Kostiuk, Jr. ....  | 1.76m (5-9.25)    |
| Karissa Roman, Jr. ....    | 1.75m (5-8.75)    |

## TRACK EVENTS

SATURDAY

|                                                   |                   |
|---------------------------------------------------|-------------------|
| <b>DISTANCE MEDLEY RELAY, WOMEN (CD)</b>          | <b>9:30 a.m.</b>  |
| <b>DISTANCE MEDLEY RELAY, MEN (CD)</b>            | <b>9:45 a.m.</b>  |
| <b>4x200m RELAY, WOMEN</b>                        | <b>10:33 a.m.</b> |
| <b>4x200m RELAY, MEN</b>                          | <b>10:48 a.m.</b> |
| <b>SHUTTLE HURDLE, WOMEN</b>                      | <b>11:40 a.m.</b> |
| <b>SHUTTLE HURDLE, MEN</b>                        | <b>11:56 a.m.</b> |
| <b>DISTANCE MEDLEY RELAY, WOMEN (UD)</b>          | <b>12:11 p.m.</b> |
| Halamicek, Liz, Schweizer, Menghini, Puller ..... |                   |
| <b>DISTANCE MEDLEY RELAY, MEN (UD)</b>            | <b>12:25 p.m.</b> |
| Goodman, Conrad, Dubrick, Kuhlmann .....          |                   |
| <b>400m HURDLES, WOMEN</b>                        | <b>12:58 p.m.</b> |
| <b>400m HURDLES, MEN</b>                          | <b>1:11 p.m.</b>  |
| Jerrad Mason, R-Sr. ....                          | 51.24             |
| <b>SPRINT MEDLEY, WOMEN</b>                       | <b>1:33 p.m.</b>  |
| <b>SPRINT MEDLEY, MEN</b>                         | <b>1:45 p.m.</b>  |
| <b>100m DASH, WOMEN</b>                           | <b>2:07 p.m.</b>  |
| <b>100m DASH, MEN</b>                             | <b>2:11 p.m.</b>  |
| <b>100m HURDLES, WOMEN</b>                        | <b>2:30 p.m.</b>  |
| <b>110m HURDLES, MEN</b>                          | <b>2:42 p.m.</b>  |
| <b>800m RUN, WOMEN</b>                            | <b>3:03 p.m.</b>  |
| <b>800m RUN, MEN</b>                              | <b>3:08 p.m.</b>  |
| Chris Conrad, Fr. ....                            | 1:50.00           |
| Cain Winebrenner, R-Sr. ....                      | 1:49.95           |
| <b>4x100m RELAY, WOMEN (UD)</b>                   | <b>3:13 p.m.</b>  |
| <b>4x100m RELAY, MEN (UD)</b>                     | <b>3:18 p.m.</b>  |
| <b>4x100m RELAY, WOMEN (CD)</b>                   | <b>3:22 p.m.</b>  |
| <b>4x100m RELAY, MEN (CD)</b>                     | <b>3:27 p.m.</b>  |
| <b>4x400m RELAY, WOMEN (UD)</b>                   | <b>3:41 p.m.</b>  |
| <b>4x400m RELAY, MEN (UD)</b>                     | <b>3:48 p.m.</b>  |
| <b>4x400m RELAY, WOMEN (CD)</b>                   | <b>4:14 p.m.</b>  |
| <b>4x400m RELAY, MEN (CD)</b>                     | <b>4:32 p.m.</b>  |



## MEN'S PERSONAL RECORDS

BOLD - PR set in 2018 | D - Set during a Decathlon event | \* - School Record | ^ - Top-10 Program Mark

## RUNNING EVENTS

| Athlete                   | 100m    | 200m         | 400m         | 800m           | 1500m          | 5000m           | 10,000m | 110mH        | 400mH  | 3K SC   |
|---------------------------|---------|--------------|--------------|----------------|----------------|-----------------|---------|--------------|--------|---------|
| Jayson Ashford (Fr.)      | --      | --           | --           | --             | --             | --              | --      | --           | --     | --      |
| Chris Conrad (Fr.)        | --      | --           | --           | <b>1:50.00</b> | --             | --              | --      | --           | --     | --      |
| Zach Cook (R-Jr.)         | --      | --           | --           | --             | 3:54.71        | <b>14:50.69</b> | --      | --           | --     | --      |
| Marc Dubrick (R-Sr.)      | --      | --           | --           | --             | 3:51.78        | 14:24.05        | --      | --           | --     | 9:14.76 |
| Jason Edwards (Fr.)       | --      | --           | --           | --             | --             | --              | --      | <b>16.16</b> | --     | --      |
| Thomas George (Jr.)       | --      | --           | --           | --             | 3:51.16        | 15:16.04        | --      | --           | --     | --      |
| Ben Goodman (R-Sr.)       | --      | --           | --           | 1:52.01        | <b>3:55.12</b> | --              | --      | --           | --     | --      |
| Austin Hindman (Fr.)      | --      | --           | --           | --             | --             | --              | --      | --           | --     | --      |
| Patrick Kearns (R-Jr.)    | --      | --           | --           | --             | --             | 15:57.28        | --      | --           | --     | --      |
| Alfred Kimaiyo (R-Fr.)    | --      | --           | --           | --             | --             | --              | --      | --           | --     | --      |
| Robert Kuhlmann (R-Fr.)   | --      | --           | --           | <b>1:54.34</b> | --             | --              | --      | --           | --     | --      |
| Rauno Liitmaa (Sr.)       | 11.50 D | --           | --           | --             | --             | --              | --      | <b>14.91</b> | --     | --      |
| Justin Loquercio (R-Fr.)  | --      | --           | --           | --             | <b>4:11.52</b> | --              | --      | --           | --     | --      |
| Jerrad Mason (R-Sr.)      | 10.73   | <b>21.69</b> | <b>47.48</b> | --             | --             | --              | --      | --           | 51.24^ | --      |
| Stephen Mugeche (R-So.)   | --      | --           | --           | --             | 3:52.84        | 14:58.14        | --      | --           | --     | --      |
| Dylan Quisenberry (R-Fr.) | --      | --           | --           | --             | <b>4:06.64</b> | --              | --      | --           | --     | --      |
| Evan Schulte (R-Jr.)      | --      | --           | --           | --             | 4:00.03        | --              | --      | --           | --     | --      |
| Jacob Schweiss (R-Fr.)    | --      | --           | --           | --             | --             | <b>15:35.05</b> | --      | --           | --     | --      |
| Eric Scott (R-Fr.)        | --      | --           | --           | --             | --             | --              | --      | --           | --     | --      |
| Mark Sheridan (Sr.)       | --      | --           | --           | 1:52.18        | 3:56.90        | --              | --      | --           | --     | --      |
| Taylor Stephen (R-Jr.)    | --      | --           | --           | 1:56.28        | <b>4:03.92</b> | --              | --      | --           | --     | --      |
| Ja'Mari Ward (So.)        | 10.56   | --           | --           | --             | --             | --              | --      | --           | --     | --      |
| Michael Widmann (R-So.)   | --      | --           | --           | --             | 4:09.42        | <b>14:59.24</b> | --      | --           | --     | --      |
| Cain Winebrenner (R-Sr.)  | --      | --           | --           | 1:49.95        | 3:55.42        | --              | --      | --           | --     | --      |

## FIELD EVENTS

| Athlete               | HJ                    | PV | LJ                   | TJ           | SP                          | DT                  | HT                         | JT                       | DEC |
|-----------------------|-----------------------|----|----------------------|--------------|-----------------------------|---------------------|----------------------------|--------------------------|-----|
| Avery Carter (R-Jr.)  | --                    | -- | --                   | --           | <b>17.02m/<br/>55-10.25</b> | --                  | <b>64.18m/<br/>210-7 ^</b> | --                       | --  |
| Landon Cuskelly (Jr.) | <b>2.18m/7-1.75 ^</b> | -- | --                   | --           | --                          | --                  | --                         | --                       | --  |
| Jason Edwards (Fr.)   | --                    | -- | <b>6.57m/21-6.75</b> | --           | --                          | <b>31.72m/104-1</b> | --                         | <b>53.69m/<br/>176-2</b> | --  |
| Will Fife (R-Jr.)     | --                    | -- | --                   | --           | <b>18.58m/<br/>60-11.5</b>  | <b>52.14m/171-1</b> | --                         | --                       | --  |
| Ethan Hanson (Fr.)    | --                    | -- | --                   | --           | --                          | --                  | --                         | --                       | --  |
| Sean Harrell (R-Sr.)  | --                    | -- | --                   | --           | --                          | --                  | <b>52.66m/<br/>172-9</b>   | --                       | --  |
| Patrick Kunza (R-So.) | --                    | -- | --                   | --           | --                          | --                  | <b>62.70m/<br/>205-8^</b>  | --                       | --  |
| Rauno Liitmaa (Sr.)   | --                    | -- | <b>6.74m/22-1.5</b>  | --           | 12.70m/<br>41-8 D           | --                  | --                         | <b>60.40m/<br/>198-2</b> | --  |
| Ja'Mari Ward (So.)    | --                    | -- | 8.13m/<br>26-8.25^   | 15.44m/50-8^ | --                          | --                  | --                         | --                       | --  |
| Jake Wirthwein (Fr.)  | --                    | -- | --                   | --           | --                          | --                  | --                         | --                       | --  |



## WOMEN'S PERSONAL RECORDS

BOLD - PR set in 2018 | H - Set during a Heptathlon event | \* - School Record | ^ - Top-10 Program Mark

## RUNNING EVENTS

| Athlete                    | 100m               | 200m               | 400m               | 800m                 | 1500m           | 5000m                 | 10,000m          | 100mH | 400mH | 3K SC                       |
|----------------------------|--------------------|--------------------|--------------------|----------------------|-----------------|-----------------------|------------------|-------|-------|-----------------------------|
| Ellyn Atkinson (R-Sr.)     | --                 | --                 | --                 | --                   | --              | 16:21.61              | 35:21.46         | --    | --    | --                          |
| Richelle Bain (Fr.)        | --                 | --                 | --                 | --                   | --              | --                    | --               | --    | --    | --                          |
| Kaelyn Balch (R-Sr.)       | --                 | --                 | --                 | --                   | --              | 17:38.92              | --               | --    | --    | --                          |
| Shannon Browning (Fr.)     | --                 | --                 | --                 | --                   | <b>4:42.39</b>  | --                    | --               | --    | --    | --                          |
| Maya Cody (Jr.)            | 11.72 <sup>^</sup> | 23.99 <sup>^</sup> | 54.49 <sup>^</sup> | --                   | --              | --                    | --               | --    | --    | --                          |
| Megan Cunningham (R-Sr.)   | --                 | --                 | --                 | --                   | 4:57.44         | <b>16:03.20</b>       | 36:46.41         | --    | --    | --                          |
| Kiley Deain (R-Fr.)        | --                 | --                 | --                 | --                   | --              | --                    | --               | --    | --    | --                          |
| Elly DeTurris (Jr.)        | --                 | --                 | --                 | 2:27.56              | 4:51.23         | --                    | --               | --    | --    | --                          |
| Samantha Farmer (R-So.)    | --                 | --                 | --                 | --                   | --              | --                    | --               | --    | --    | <b>11:05.26<sup>^</sup></b> |
| Susan Forbis (R-Fr.)       | --                 | --                 | --                 | <b>2:23.95</b>       | <b>4:51.99</b>  | --                    | --               | --    | --    | --                          |
| Kayla Funkenbusch (R-So.)  | --                 | --                 | --                 | --                   | 4:39.17         | --                    | --               | --    | --    | --                          |
| Kayla Glowacki (Fr.)       | --                 | --                 | --                 | --                   | --              | --                    | --               | --    | --    | --                          |
| Michaela Hackbarth (R-Fr.) | --                 | --                 | <b>1:02.36</b>     | --                   | --              | --                    | --               | --    | --    | --                          |
| Emmie Hahn (R-So.)         | --                 | --                 | --                 | --                   | --              | --                    | --               | --    | --    | --                          |
| Valeska Halamicek (R-Sr.)  | --                 | --                 | --                 | 2:07.57 <sup>^</sup> | 4:26.59         | --                    | --               | --    | --    | --                          |
| Vivien Jepkemoi (R-Fr.)    | --                 | --                 | --                 | --                   | --              | --                    | --               | --    | --    | --                          |
| Tsai-Anne Joseph (R-Jr.)   | 11.91              | <b>24.26</b>       | --                 | --                   | --              | --                    | --               | --    | --    | --                          |
| Jamie Kempfer (R-Jr.)      | --                 | --                 | --                 | --                   | --              | 16:09.59 <sup>^</sup> | 33:09.67*        | --    | --    | --                          |
| Jordyn Kleve (R-So.)       | --                 | --                 | --                 | --                   | <b>4:48.50</b>  | 17:15.20              | --               | --    | --    | --                          |
| Karina Liz (R-Fr.)         | --                 | --                 | --                 | <b>2:10.08</b>       | <b>4:35.54</b>  | --                    | --               | --    | --    | --                          |
| Jenna Lutzow (Fr.)         | --                 | --                 | --                 | --                   | --              | --                    | --               | --    | --    | --                          |
| Arielle Mack (Fr.)         | <b>12.20</b>       | --                 | --                 | --                   | --              | --                    | --               | --    | --    | --                          |
| Lexi Maddox (Fr.)          | --                 | --                 | --                 | --                   | <b>5:03.26</b>  | --                    | --               | --    | --    | --                          |
| Melissa Menghini (R-Fr.)   | --                 | --                 | --                 | <b>2:16.62</b>       | <b>4:35.59</b>  | --                    | --               | --    | --    | <b>11:29.69</b>             |
| Maya Puller (Fr.)          | --                 | <b>25.95</b>       | <b>1:00.17</b>     | --                   | --              | --                    | --               | --    | --    | --                          |
| Sophia Racette (R-So.)     | --                 | --                 | --                 | 2:26.63              | 4:49.54         | <b>17:30.09</b>       | --               | --    | --    | --                          |
| Erica Rideout (Jr.)        | --                 | --                 | --                 | <b>2:24.34</b>       | --              | --                    | --               | --    | --    | --                          |
| Karissa Schweizer (Sr.)    | --                 | --                 | --                 | 2:09.42              | <b>4:12.83*</b> | 15:18.69*             | <b>32:00.55*</b> | --    | --    | --                          |
| Faramola Shonekan (So.)    | --                 | --                 | --                 | <b>2:16.78</b>       | --              | --                    | --               | --    | --    | --                          |
| Jazmyn Shumaker (Fr.)      | <b>12.20</b>       | <b>24.93</b>       | --                 | --                   | --              | --                    | --               | --    | --    | --                          |
| Kate Smith (R-So.)         | --                 | --                 | --                 | --                   | 4:43.15         | 17:29.38              | --               | --    | --    | --                          |
| Hannah Thomas (Jr.)        | --                 | --                 | --                 | --                   | 4:41.78         | <b>17:45.58</b>       | --               | --    | --    | 11:17.94                    |
| Carolyn White (R-So.)      | --                 | --                 | --                 | 2:19.22              | --              | --                    | --               | --    | --    | --                          |

## WOMEN'S PERSONAL RECORDS

BOLD - PR set in 2018 | H - Set during a Heptathlon event | \* - School Record | ^ - Top-10 Program Mark

## FIELD EVENTS

| <i>Athlete</i>         | <i>HJ</i>           | <i>PV</i> | <i>LJ</i>                 | <i>TJ</i>          | <i>SP</i>           | <i>DT</i>         | <i>HT</i>                 | <i>JT</i>                 | <i>HEPT</i> |
|------------------------|---------------------|-----------|---------------------------|--------------------|---------------------|-------------------|---------------------------|---------------------------|-------------|
| Megan Haley (Fr.)      | --                  | --        | --                        | --                 | --                  | --                | --                        | <b>43.40m/<br/>142-5^</b> | --          |
| Gabi Jacobs (R-Jr.)    | --                  | --        | --                        | --                 | 15.78m/<br>51-9.25^ | 58.23m/<br>191-0* | --                        | --                        | --          |
| CeCe Johnson (Jr.)     | --                  | --        | --                        | --                 | 11.31m/<br>37-1.25  | 53.41m/<br>175-3  | 51.99m/<br>170-7          | --                        | --          |
| Becky Keating (Jr.)    | --                  | --        | --                        | --                 | --                  | --                | <b>63.87m/<br/>209-6^</b> | --                        | --          |
| Valeria Kostiuk (Jr.)  | 1.76m/5-9.25        | --        | --                        | --                 | --                  | --                | --                        | --                        | --          |
| Arielle Mack (Fr.)     | --                  | --        | <b>5.34m/17-<br/>6.25</b> | --                 | --                  | --                | --                        | --                        | --          |
| Keyoni Mbroh (R-Jr.)   | --                  | --        | <b>5.49m/18-<br/>0.25</b> | 10.37m/<br>34-0.25 | --                  | --                | --                        | --                        | --          |
| Jordan McClendon (Jr.) | --                  | --        | --                        | --                 | 13.92m/45-8         | 45.77m/<br>150-2  | 57.02m/<br>187-1          | --                        | --          |
| Cameron Meyer (Fr.)    | --                  | --        | --                        | --                 | --                  | --                | --                        | --                        | --          |
| Sydney Oberdiek Fr.)   | --                  | --        | --                        | --                 | --                  | --                | --                        | --                        | --          |
| Karissa Roman (Jr.)    | <b>1.75m/5-8.75</b> | --        | --                        | --                 | --                  | --                | --                        | --                        | --          |
| Jordan Speer (Fr.)     | --                  | --        | --                        | --                 | --                  | --                | --                        | --                        | --          |
| Emily Stauffer (So.)   | --                  | --        | --                        | --                 | 15.25m/<br>50-0.5   | --                | 47.58m/<br>156-0.25       | --                        | --          |
| Allie Webb (So.)       | --                  | --        | --                        | --                 | --                  | --                | 41.55m/<br>126-3.75       | <b>44.11m/<br/>144-9^</b> | --          |
| Blair Widmer (Fr.)     | --                  | --        | --                        | -                  | --                  | --                | --                        | --                        | --          |





## MEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark  
M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

## JAYSON ASHFORD // FR

## AVERY CARTER // R-JR

## SHOT PUT

Previous PR - 15.01m (49-3)

| Meet                                   | Mark                        | Place |
|----------------------------------------|-----------------------------|-------|
| CMU Open (3/17/18)                     | 16.19m (53-1.5)             | 3rd   |
| Arkansas Spring Invitational (3/24/18) | 16.83m (55-2.75)            | 3rd   |
| Ole Miss Classic (3/31/18)             | 16.84m (55-3)               | 4th   |
| John McDonnell Invitational (4/14/18)  | 16.46m (54-0)               | 3rd   |
| Tom Botts Invitational (4/21/18)       | <b>17.02m (55-10.25) PR</b> | 7th   |

## HAMMER THROW

Previous PR - 42.85m (140-7)

| Meet                                   | Mark                         | Place |
|----------------------------------------|------------------------------|-------|
| CMU Open (3/17/18)                     | 60.49m (198-5)               | 2nd   |
| Arkansas Spring Invitational (3/23/18) | 57.57m (188-10)              | 4th   |
| Ole Miss Classic (3/31/18)             | 60.45m (198-4)               | 4th   |
| John McDonnell Invitational (4/14/18)  | 59.94m (196-8)               | 2nd   |
| Tom Botts Invitational (4/21/18)       | <b>64.18m (210-7) PR, #3</b> | 1st   |

## CHRIS CONRAD // FR

## 800 METER RUN

| Meet                                   | Mark    | Place |
|----------------------------------------|---------|-------|
| Arkansas Spring Invitational (3/24/18) | 1:50.00 | 1st   |
| Ole Miss Classic (3/31/18)             | 1:50.63 | 2nd   |
| John McDonnell Invitational (4/14/18)  | 1:51.26 | 3rd   |
| Tom Botts Invitational (4/21/18)       | 1:51.46 | 1st   |

## 1500 METER RUN

| Meet                             | Mark    | Place |
|----------------------------------|---------|-------|
| Tom Botts Invitational (4/20/18) | 3:54.49 | 1st   |

## ZACH COOK // R-JR

## 1500 METER RUN

Previous PR - 3:54.71

| Meet                             | Mark    | Place |
|----------------------------------|---------|-------|
| Tom Botts Invitational (4/20/18) | 3:55.62 | 4th   |

## 5000 METER RUN

Previous PR - 14:58.79

| Meet                             | Mark               | Place |
|----------------------------------|--------------------|-------|
| SFSU Distance Carnival (3/30/18) | <b>14:50.69 PR</b> | 56th  |

## LANDON CUSKELLY // JR

## HIGH JUMP

Previous PR - 2.17m (7-1.5)

| Meet                                  | Mark              | Place |
|---------------------------------------|-------------------|-------|
| Ole Miss Classic (3/31/18)            | 2.01 (6-7)        | 5th   |
| John McDonnell Invitational (4/13/18) | 2.11m (6-11)      | 3rd   |
| Tom Botts Invitational (4/21/18)      | 2.18m (7-1.75) #5 | 1st   |

## MARC DUBRICK // R-SR

## 1500 METER RUN

Previous PR - 3:51.78

| Meet                             | Mark    | Place |
|----------------------------------|---------|-------|
| Tom Botts Invitational (4/20/18) | 4:07.07 | 12th  |

## 5000 METER RUN

Previous PR - 14:24.05

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

## 3000 METER STEEPLECHASE

Previous PR - 9:14.76

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

## JASON EDWARDS // FR

## 110 METER HURDLES

| Meet                             | Mark            | Place |
|----------------------------------|-----------------|-------|
| Ole Miss Classic (3/31/18)       | 16.16 (W: 1.7)  | 8th   |
| Tom Botts Invitational (4/21/18) | 16.69 (W: -0.5) | 8th   |

## LONG JUMP

| Meet                             | Mark                     | Place |
|----------------------------------|--------------------------|-------|
| Ole Miss Classic (3/31/18)       | 6.57m (21-6.75) (W: 1.2) | 8th   |
| Tom Botts Invitational (4/20/18) | 6.61m (21-8.25) (W: 2.0) | 5th   |

## DISCUS

| Meet                             | Mark           | Place |
|----------------------------------|----------------|-------|
| CMU Open (3/17/18)               | 31.72m (104-1) | 17th  |
| Tom Botts Invitational (4/21/18) | 29.72m (97-6)  | 14th  |

## JAVELIN

| Meet                                  | Mark                     | Place |
|---------------------------------------|--------------------------|-------|
| CMU Open (3/17/18)                    | 47.38m (155-5)           | 5th   |
| John McDonnell Invitational (4/14/18) | 50.92m (167-1)           | 6th   |
| Tom Botts Invitational (4/20/18)      | <b>53.69m (176-2) PR</b> | 1st   |

## WILL FIFE // R-JR

## SHOT PUT

Previous PR - 17.31m (56-3.25)

| Meet                                   | Mark                           | Place |
|----------------------------------------|--------------------------------|-------|
| CMU Open (3/17/18)                     | 17.68m (58-0.25)               | 1st   |
| Arkansas Spring Invitational (3/24/18) | <b>18.58m (60-11.5) PR, #7</b> | 1st   |
| Ole Miss Classic (3/31/18)             | 17.08m (56-0.5)                | 3rd   |
| John McDonnell Invitational (4/14/18)  | 17.82m (58-5.75)               | 1st   |
| Tom Botts Invitational (4/21/18)       | 17.74m (58-2.5)                | 4th   |

## DISCUS

Previous PR - 50.23m (164-9)

| Meet                                   | Mark                     | Place |
|----------------------------------------|--------------------------|-------|
| CMU Open (3/17/18)                     | 49.36m (161-11)          | 1st   |
| Arkansas Spring Invitational (3/24/18) | 46.51m (152-7)           | 5th   |
| Ole Miss Classic (3/31/18)             | 49.13m (161-2)           | 4th   |
| John McDonnell Invitational (4/13/18)  | <b>52.14m (171-1) PR</b> | 2nd   |
| Tom Botts Invitational (4/21/18)       | 49.25m (161-7)           | 4th   |

## THOMAS GEORGE // JR

## 1500 METER RUN

Previous PR - 3:51.16

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

## 3000 METER RUN

Previous PR - 8:36.12

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

## 5000 METER RUN

Previous PR - 15:16.04

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|



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M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

**BEN GOODMAN // R-SR****800 METER RUN****Previous PR - 1:52.01**

| Meet                             | Mark    | Place |
|----------------------------------|---------|-------|
| Ole Miss Classic (3/31/18)       | 2:05.08 | 26th  |
| Tom Botts Invitational (4/21/18) | 1:56.92 | 17th  |

**1500 METER RUN****Previous PR - 4:05.38**

| Meet                                  | Mark              | Place |
|---------------------------------------|-------------------|-------|
| Ole Miss Classic (3/31/18)            | 4:01.99           | 14th  |
| John McDonnell Invitational (4/14/18) | 3:55.89           | 16th  |
| Tom Botts Invitational (4/20/18)      | <b>3:55.12 PR</b> | 2nd   |

**ETHAN HANSON // FR****SEAN HARRELL // R-SR****HAMMER THROW****Previous PR - 52.49m (172-2.5)**

| Meet                                   | Mark                     | Place |
|----------------------------------------|--------------------------|-------|
| Arkansas Spring Invitational (3/23/18) | 52.11m (170-11)          | 7th   |
| Ole Miss Classic (3/31/18)             | 52.47m (172-2)           | 8th   |
| John McDonnell Invitational (4/14/18)  | 50.99m (167-3)           | 6th   |
| Tom Botts Invitational (4/21/18)       | <b>52.66m (172-9) PR</b> | 6th   |

**AUSTIN HINDMAN // FR****PATRICK KEARNS // R-JR****800 METER RUN**

| Meet                             | Mark    | Place |
|----------------------------------|---------|-------|
| Tom Botts Invitational (4/21/18) | 2:04.49 | 23rd  |

**1500 METER RUN**

| Meet                                  | Mark    | Place |
|---------------------------------------|---------|-------|
| John McDonnell Invitational (4/14/18) | 4:19.83 | 26th  |

**3000 METER RUN****Previous PR - 9:12.26**

| Meet                                   | Mark    | Place |
|----------------------------------------|---------|-------|
| Arkansas Spring Invitational (3/24/18) | 9:18.72 | 12th  |

**5000 METER RUN**

| Meet                             | Mark     | Place |
|----------------------------------|----------|-------|
| Tom Botts Invitational (4/14/18) | 15:50.33 | 9th   |

**ALFRED KIMAIYO // R-FR****ROBERT KUHLMANN // R-FR****800 METER RUN**

| Meet                                   | Mark              | Place |
|----------------------------------------|-------------------|-------|
| Arkansas Spring Invitational (3/24/18) | 1:56.76           | 12th  |
| Ole Miss Classic (3/31/18)             | 2:00.39           | 20th  |
| John McDonnell Invitational (4/14/18)  | 1:57.71           | 10th  |
| Tom Botts Invitational (4/21/18)       | <b>1:54.34 PR</b> | 6th   |

**PATRICK KUNZA // R-SO****HAMMER THROW****Previous PR - 60.86m (199-8)**

| Meet                                   | Mark                         | Place |
|----------------------------------------|------------------------------|-------|
| CMU Open (3/17/18)                     | <b>62.70m (205-8) PR, #9</b> | 1st   |
| Arkansas Spring Invitational (3/23/18) | 59.17m (194-1)               | 1st   |
| Ole Miss Classic (3/31/18)             | 59.45m (195-8)               | 5th   |
| John McDonnell Invitational (4/14/18)  | 58.89m (193-2)               | 3rd   |
| Tom Botts Invitational (4/21/18)       | 58.99m (193-6)               | 3rd   |

**RAUNO LIITMAE // SR****100 METER DASH****Previous PR - 11.50 M**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**110 METER HURDLES**

| Meet                       | Mark           | Place |
|----------------------------|----------------|-------|
| Ole Miss Classic (3/31/18) | 14.91 (W: 2.1) | 8th   |

**LONG JUMP****Previous PR - 6.25m (20-6) M**

| Meet                       | Mark                              | Place |
|----------------------------|-----------------------------------|-------|
| Ole Miss Classic (3/31/18) | <b>6.74m (22-1.5) (W: 1.0) PR</b> | 5th   |

**SHOT PUT****Previous PR - 12.70m (41-8) M**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**DISCUS**

| Meet                             | Mark           | Place |
|----------------------------------|----------------|-------|
| Tom Botts Invitational (4/21/18) | 41.68m (136-9) | 9th   |

**JAVELIN**

| Meet               | Mark           | Place |
|--------------------|----------------|-------|
| CMU Open (3/18/17) | 60.40m (198-2) | 1st   |

**JUSTIN LOQUERCIO // R-FR****1500 METER RUN**

| Meet                                   | Mark    | Place |
|----------------------------------------|---------|-------|
| Arkansas Spring Invitational (3/24/18) | 4:11.52 | 25th  |

**JERRAD MASON // R-SR****100 METER DASH****Previous PR - 10.73**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**200 METER DASH**

| Meet                                   | Mark          | Place |
|----------------------------------------|---------------|-------|
| Arkansas Spring Invitational (3/24/18) | 21.69 (1.4)   | 8th   |
| John McDonnell Invitational (4/13/18)  | 21.47 W (6.0) | 13th  |

**400 METER DASH****Previous PR - 47.49**

| Meet                       | Mark            | Place |
|----------------------------|-----------------|-------|
| Ole Miss Classic (3/31/18) | <b>47.48 PR</b> | 1st   |

**400 METER HURDLES****Previous PR - 51.24, #4**

| Meet                                  | Mark  | Place |
|---------------------------------------|-------|-------|
| John McDonnell Invitational (4/14/18) | 52.25 | 3rd   |
| Tom Botts Invitational (4/21/18)      | 51.92 | 2nd   |



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**STEPHEN MUGECHÉ // R-SO****1500 METER RUN***Previous PR - 3:52.84*

| Meet                                   | Mark    | Place |
|----------------------------------------|---------|-------|
| Arkansas Spring Invitational (3/24/18) | 4:10.75 | 20th  |
| Tom Botts Invitational (4/20/18)       | 4:10.42 | 14th  |

**3000 METER RUN**

| Meet                                  | Mark    | Place |
|---------------------------------------|---------|-------|
| John McDonnell Invitational (4/14/18) | 9:11.40 | 12th  |

**5000 METER RUN***Previous PR - 14:58.14*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**DYLAN QUISENBERRY // R-FR****1500 METER RUN**

| Meet                                   | Mark              | Place |
|----------------------------------------|-------------------|-------|
| Arkansas Spring Invitational (3/24/18) | 4:10.88           | 21st  |
| Ole Miss Classic (3/31/18)             | 4:20.87           | 31st  |
| John McDonnell Invitational (4/14/18)  | 4:08.66           | 24th  |
| Tom Botts Invitational (4/20/18)       | <b>4:06.64 PR</b> | 11th  |

**EVAN SCHULTE // R-JR****1500 METER RUN***Previous PR - 4:00.03*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**JACOB SCHWEISS // R-FR****3000 METER RUN**

| Meet                                  | Mark    | Place |
|---------------------------------------|---------|-------|
| John McDonnell Invitational (4/14/18) | 9:16.67 | 13th  |

**5000 METER RUN**

| Meet                             | Mark     | Place |
|----------------------------------|----------|-------|
| Tom Botts Invitational (4/20/18) | 15:35.05 | 4th   |

**ERIC SCOTT // R-FR****3000 METER RUN**

| Meet                                   | Mark    | Place |
|----------------------------------------|---------|-------|
| Arkansas Spring Invitational (3/24/18) | 9:26.40 | 13th  |

**MARK SHERIDAN // SR****800 METER RUN***Previous PR - 1:52.18*

| Meet                                   | Mark    | Place |
|----------------------------------------|---------|-------|
| Arkansas Spring Invitational (3/24/18) | 1:55.76 | 9th   |
| Ole Miss Classic (3/31/18)             | 1:58.58 | 18th  |
| John McDonnell Invitational (4/13/18)  | 2:00.81 | 4th   |
| Tom Botts Invitational (4/21/18)       | 1:53.66 | 4th   |

**1500 METER RUN***Previous PR - 3:56.90*

| Meet                                  | Mark    | Place |
|---------------------------------------|---------|-------|
| Ole Miss Classic (3/31/18)            | 4:01.13 | 12th  |
| John McDonnell Invitational (4/14/18) | 4:03.18 | 20th  |

**TAYLOR STEPHEN // R-JR****800 METER RUN***Previous PR - 1:56.28*

| Meet                             | Mark    | Place |
|----------------------------------|---------|-------|
| Tom Botts Invitational (4/21/18) | 2:04.39 | 22nd  |

**1500 METER RUN***Previous PR - 4:05.17*

| Meet                                   | Mark              | Place |
|----------------------------------------|-------------------|-------|
| Arkansas Spring Invitational (3/24/18) | 4:07.84           | 16th  |
| Ole Miss Classic (3/31/18)             | <b>4:03.92 PR</b> | 15th  |
| Tom Botts Invitational (4/20/18)       | 4:19.11           | 18th  |

**JA'MARI WARD // SO****100 METER DASH***Previous PR - 10.56 (W: 2.3)*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**LONG JUMP***Previous PR - 8.13m (26-8.25) W: 0.0, #2*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**TRIPLE JUMP***Previous PR - 15.44m (50-8) W: 1.1, #8*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**MICHAEL WIDMANN // R-SO****1500 METER RUN***Previous PR - 4:09.42*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**5000 METER RUN***Previous PR - 15:30.40*

| Meet                             | Mark               | Place |
|----------------------------------|--------------------|-------|
| SFSU Distance Carnival (3/30/18) | <b>14:59.24 PR</b> | 84th  |
| Tom Botts Invitational (4/20/18) | 15:08.52           | 2nd   |

**CAIN WINEBRENNER // R-SR****800 METER RUN***Previous PR - 1:49.95*

| Meet                                  | Mark    | Place |
|---------------------------------------|---------|-------|
| John McDonnell Invitational (4/14/18) | 1:55.36 | 6th   |
| Tom Botts Invitational (4/21/18)      | 1:53.38 | 2nd   |

**1500 METER RUN***Previous PR - 3:55.42*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**JAKE WIRTHWEIN // FR****RELAYS****4x100-METER RELAY**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**4x400-METER RELAY**

| Meet                                                            | Mark    | Place |
|-----------------------------------------------------------------|---------|-------|
| (Robert Kuhlmann, Chris Conrad, Mark Sheridan, Jerrad Mason)    |         |       |
| Arkansas Spring Invitational (3/24/18)                          | 3:19.80 | 9th   |
| (Robert Kuhlmann, Chris Conrad, Mark Sheridan, Jerrad Mason)    |         |       |
| Ole Miss Classic (3/31/18)                                      | 3:21.19 | 6th   |
| (Robert Kuhlmann, Chris Conrad, Mark Sheridan, Jerrad Mason)    |         |       |
| Tom Botts Invitational (4/21/18)                                | 3:20.19 | 4th   |
| (Cain Winebrenner, Ben Goodman, Taylor Stephen, Patrick Kearns) |         |       |
| Tom Botts Invitational (4/21/18)                                | 3:38.62 | 6th   |



## MEN'S PERFORMANCE LIST (BY EVENT)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark  
M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

**100 METER DASH**

Mizzou Record: 10.00 - Chidi Imoh (1986)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|

**200 METER DASH**

Mizzou Record: 20.34 - Iziq Adeyanju (1988)

| Name         | Meet                                   | Mark    | Place |
|--------------|----------------------------------------|---------|-------|
| Jerrad Mason | John McDonnell Invitational (4/13/18)  | 21.47 W | 13th  |
| Jerrad Mason | Arkansas Spring Invitational (3/24/18) | 21:69   | 8th   |

**400 METER DASH**

Mizzou Record: 45.13 - Kahari Montgomery (2016)

| Name         | Meet                       | Mark     | Place |
|--------------|----------------------------|----------|-------|
| Jerrad Mason | Ole Miss Classic (3/31/18) | 47.48 PR | 1st   |

**800 METER RUN**

Mizzou Record: 1:45.18 - Derrick Peterson (2000)

| Name             | Meet                                   | Mark       | Place |
|------------------|----------------------------------------|------------|-------|
| Chris Conrad     | Arkansas Spring Invitational (3/24/18) | 1:50.00 PR | 1st   |
| Chris Conrad     | Ole Miss Classic (3/31/18)             | 1:50.63    | 1st   |
| Chris Conrad     | John McDonnell Invitational (4/14/18)  | 1:51.26    | 3rd   |
| Chris Conrad     | Tom Botts Invitational (4/21/18)       | 1:51.46    | 1st   |
| Cain Winebrenner | Tom Botts Invitational (4/21/18)       | 1:53.38    | 2nd   |
| Mark Sheridan    | Tom Botts Invitational (4/21/18)       | 1:53.66    | 4th   |
| Robert Kuhlmann  | Tom Botts Invitational (4/21/18)       | 1:54.34 PR | 6th   |
| Cain Winebrenner | John McDonnell Invitational (4/14/18)  | 1:55.36    | 6th   |
| Mark Sheridan    | Arkansas Spring Invitational (3/24/18) | 1:55.76    | 9th   |
| Robert Kuhlmann  | Arkansas Spring Invitational (3/24/18) | 1:56.76    | 12th  |
| Ben Goodman      | Tom Botts Invitational (4/21/18)       | 1:56.92    | 17th  |
| Robert Kuhlmann  | John McDonnell Invitational (4/14/18)  | 1:57.71    | 10th  |
| Mark Sheridan    | Ole Miss Classic (3/31/18)             | 1:58.58    | 18th  |
| Robert Kuhlmann  | Ole Miss Classic (3/31/18)             | 2:00.39    | 20th  |
| Mark Sheridan    | John McDonnell Invitational (4/13/18)  | 2:00.81    | 4th   |
| Taylor Stephen   | Tom Botts Invitational (4/21/18)       | 2:04.39    | 22nd  |
| Patrick Kearns   | Tom Botts Invitational (4/21/18)       | 2:04.49    | 23rd  |
| Ben Goodman      | Ole Miss Classic (3/31/18)             | 2:05.08    | 26th  |

**1500 METER RUN**

Mizzou Record: 3:41.89 - Will Crocker (2016)

| Name              | Meet                                   | Mark       | Place |
|-------------------|----------------------------------------|------------|-------|
| Chris Conrad      | Tom Botts Invitational (4/20/18)       | 3:54.49 PR | 1st   |
| Ben Goodman       | Tom Botts Invitational (4/20/18)       | 3:55.12 PR | 2nd   |
| Zach Cook         | Tom Botts Invitational (4/29/18)       | 3:55.62    | 4th   |
| Ben Goodman       | John McDonnell Invitational (4/14/18)  | 3:59.58    | 16th  |
| Mark Sheridan     | Ole Miss Classic (3/31/18)             | 4:01.13    | 12th  |
| Ben Goodman       | Ole Miss Classic (3/31/18)             | 4:01.99 PR | 14th  |
| Mark Sheridan     | John McDonnell Invitational (4/14/18)  | 4:03.18    | 20th  |
| Taylor Stephen    | Ole Miss Classic (3/31/18)             | 4:03.92 PR | 15th  |
| Dylan Quisenberry | Tom Botts Invitational (4/20/18)       | 4:06.64 PR | 11th  |
| Marc Dubrick      | Tom Botts Invitational (4/20/18)       | 4:07.07    | 12th  |
| Taylor Stephen    | Arkansas Spring Invitational (3/24/18) | 4:07.84    | 16th  |
| Dylan Quisenberry | John McDonnell Invitational (4/14/18)  | 4:08.66    | 24th  |
| Stephen Mugeche   | Tom Botts Invitational (4/20/18)       | 4:10.42    | 14th  |
| Stephen Mugeche   | Arkansas Spring Invitational (3/24/18) | 4:10.75    | 20th  |
| Dylan Quisenberry | Arkansas Spring Invitational (3/24/18) | 4:10.88    | 21st  |
| Justin Loquercio  | Arkansas Spring Invitational (3/24/18) | 4:11.52    | 25th  |
| Taylor Stephen    | Tom Botts Invitational (4/20/18)       | 4:19.11    | 18th  |
| Patrick Kearns    | John McDonnell Invitational (4/14/18)  | 4:19.83    | 26th  |
| Dylan Quisenberry | Ole Miss Classic (3/31/18)             | 4:20.87    | 31st  |

**5000 METER RUN**

Mizzou Record: 13:43.38 - Dan Quigley (2013)

| Name            | Meet                             | Mark        | Place |
|-----------------|----------------------------------|-------------|-------|
| Zach Cook       | SFSU Distance Carnival (3/30/18) | 14:50.69 PR | 56th  |
| Michael Widmann | SFSU Distance Carnival (3/30/18) | 14:59.24 PR | 84th  |
| Michael Widmann | Tom Botts Invitational (4/20/18) | 15:08.52    | 2nd   |
| Jacob Schweiss  | Tom Botts Invitational (4/20/18) | 15:35.05    | 4th   |
| Patrick Kearns  | Tom Botts Invitational (4/20/18) | 15:50.33    | 9th   |

**10,000 METER RUN**

Mizzou Record: 29:15.61 - Max Storms (2012)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|

**110 METER HURDLES**

Mizzou Record: 13.53 - Dan Lavitt (1980)

| Name          | Meet                             | Mark   | Place |
|---------------|----------------------------------|--------|-------|
| Rauno Liitmaa | Ole Miss Classic (3/31/18)       | 14.91w | 8th   |
| Jason Edwards | Ole Miss Classic (3/31/18)       | 16.16  | 13th  |
| Jason Edwards | Tom Botts Invitational (4/21/18) | 16.69  | 8th   |

**400 METER HURDLES**

Mizzou Record: 48.88 - Henry Amike (1985)

| Name         | Meet                                  | Mark  | Place |
|--------------|---------------------------------------|-------|-------|
| Jerrad Mason | Tom Botts Invitational (4/21/18)      | 51.92 | 2nd   |
| Jerrad Mason | John McDonnell Invitational (4/14/18) | 52.25 | 3rd   |

**3000 METER STEEPLECHASE**

Mizzou Record: 8:35.90 - Ryan Pirtle (2000)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|

**4x100 METER RELAY**

Mizzou Record: 39.32 (1985)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|

**4x400 METER RELAY**

Mizzou Record: 3:06.42 (1985)

| Name                                     | Meet                                   | Mark    | Place |
|------------------------------------------|----------------------------------------|---------|-------|
| Kuhlmann, Conrad,<br>Sheridan, Mason     | Arkansas Spring Invitational (3/24/18) | 3:19.00 | 9th   |
| Kuhlmann, Conrad,<br>Sheridan, Mason     | Tom Botts Invitational (4/21/18)       | 3:20.19 | 4th   |
| Kuhlmann, Conrad,<br>Sheridan, Mason     | Ole Miss Classic (3/31/18)             | 3:21.19 | 6th   |
| Winebrenner,<br>Goodman, Stephen, Kearns | Tom Botts Invitational (4/21/18)       | 3:38.62 | 6th   |

**HIGH JUMP**

Mizzou Record: 2.28m/7-5.75 - Nat Page (1979)

| Name            | Meet                                  | Mark              | Place |
|-----------------|---------------------------------------|-------------------|-------|
| Landon Cuskelly | Tom Botts Invitational (4/21/18)      | 2.18m (7-1.75) #5 | 1st   |
| Landon Cuskelly | John McDonnell Invitational (4/14/18) | 2.11m (6-11)      | 3rd   |
| Landon Cuskelly | Ole Miss Classic (3/31/18)            | 2.01m (6-7)       | 5th   |

**POLE VAULT**

Mizzou Record: 5.46m/17-11 - Matt Ludwig (2016)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|



## MEN'S PERFORMANCE LIST (BY EVENT)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark  
M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

## LONG JUMP

Mizzou Record: 8.27m/27-1.75 - Yussuf Alli (1990)

| Name          | Meet                             | Mark              | Place |
|---------------|----------------------------------|-------------------|-------|
| Rauno Liitmaa | Ole Miss Classic (3/31/18)       | 6.74m (22-1.5) PR | 5th   |
| Jason Edwards | Tom Botts Invitational (4/20/18) | 6.61m (21-8.25) w | 5th   |
| Jason Edwards | Ole Miss Classic (3/31/18)       | 6.57m (21-6.75)   | 8th   |

## TRIPLE JUMP

Mizzou Record: 16.96m/55-7.75 - Ajayi Agebaku (1984)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|

## SHOT PUT

Mizzou Record: 21.62m/70-11.25 - Christian Cantwell (2002)

| Name         | Meet                                   | Mark                    | Place |
|--------------|----------------------------------------|-------------------------|-------|
| Will Fife    | Arkansas Spring Invitational (3/24/18) | 18.58m (60-11.5) PR, #7 | 1st   |
| Will Fife    | John McDonnell Invitational (4/14/18)  | 17.82m (58-5.75)        | 1st   |
| Will Fife    | Tom Botts Invitational (4/21/18)       | 17.74m (58-2.5)         | 4th   |
| Will Fife    | CMU Open (3/17/18)                     | 17.68m (58-0.25)        | 1st   |
| Will Fife    | Ole Miss Classic (3/31/18)             | 17.08m (56-0.5)         | 3rd   |
| Avery Carter | Tom Botts Invitational (4/21/18)       | 17.02m (55-10.25) PR    | 7th   |
| Avery Carter | Ole Miss Classic (3/31/18)             | 16.84m (55-3)           | 4th   |
| Avery Carter | Arkansas Spring Invitational (3/24/18) | 16.83m (55-2.75)        | 3rd   |
| Avery Carter | John McDonnell Invitational (4/14/18)  | 16.46m (54-0)           | 3rd   |
| Avery Carter | CMU Open (3/17/18)                     | 16.19m (53-1.5)         | 3rd   |

## DISCUS THROW

Mizzou Record: 61.52m/201-10 - Ben Plunkett (1979)

| Name          | Meet                                   | Mark              | Place |
|---------------|----------------------------------------|-------------------|-------|
| Will Fife     | John McDonnell Invitational (4/13/18)  | 52.14m (171-1) PR | 2nd   |
| Will Fife     | CMU Open (3/17/18)                     | 49.36m (161-11)   | 1st   |
| Will Fife     | Tom Botts Invitational (4/21/18)       | 49.25m (161-7)    | 4th   |
| Will Fife     | Ole Miss Classic (3/31/18)             | 49.13m (161-2)    | 4th   |
| Will Fife     | Arkansas Spring Invitational (3/24/18) | 46.51m (152-7)    | 5th   |
| Rauno Liitmaa | Tom Botts Invitational (4/21/18)       | 41.68m (136-9)    | 9th   |
| Jason Edwards | CMU Open (3/17/18)                     | 31.72m (104-1)    | 17th  |
| Jason Edwards | Tom Botts Invitational (4/21/18)       | 29.72m (97-6)     | 14th  |

## HAMMER THROW

Mizzou Record: 71.92m/235-11 - Chris Rohr (2009)

| Name          | Meet                                   | Mark                  | Place |
|---------------|----------------------------------------|-----------------------|-------|
| Avery Carter  | Tom Botts Invitational (4/21/18)       | 64.18m (210-7) PR, #3 | 1st   |
| Patrick Kunza | CMU Open (3/17/18)                     | 62.70m (205-8) PR, #9 | 1st   |
| Avery Carter  | CMU Open (3/17/18)                     | 60.49m (198-5) PR     | 2nd   |
| Avery Carter  | Ole Miss Classic (3/31/18)             | 60.45m (198-4)        | 4th   |
| Avery Carter  | John McDonnell Invitational (4/14/18)  | 59.94m (196-8)        | 2nd   |
| Patrick Kunza | Ole Miss Classic (3/31/18)             | 59.65m (195-8)        | 5th   |
| Patrick Kunza | Arkansas Spring Invitational (3/24/18) | 59.17m (194-1)        | 1st   |
| Patrick Kunza | Tom Botts Invitational (4/21/18)       | 58.99m (193-6)        | 3rd   |
| Patrick Kunza | John McDonnell Invitational (4/14/18)  | 58.89m (193-2)        | 3rd   |
| Avery Carter  | Arkansas Spring Invitational (3/24/18) | 57.57m (188-10)       | 4th   |
| Sean Harrell  | Tom Botts Invitational (4/21/18)       | 52.66m (172-9)        | 6th   |
| Sean Harrell  | Ole Miss Classic (3/31/18)             | 52.47m (172-2)        | 8th   |
| Sean Harrell  | Arkansas Spring Invitational (3/24/18) | 52.11m (170-11)       | 7th   |
| Sean Harrell  | John McDonnell Invitational (4/14/18)  | 50.99m (167-3)        | 6th   |

## JAVELIN

Mizzou Record: 77.47m/254-2 - Macauley Garton (2015)

| Name          | Meet                                  | Mark              | Place |
|---------------|---------------------------------------|-------------------|-------|
| Rauno Liitmaa | CMU Open (3/17/18)                    | 60.40m (198-2)    | 1st   |
| Jason Edwards | Tom Botts Invitational (4/21/18)      | 53.69m (176-2)    | 1st   |
| Jason Edwards | John McDonnell Invitational (4/14/18) | 50.92m (167-1) PR | 6th   |
| Jason Edwards | CMU Open (3/17/18)                    | 47.38m (155-5)    | 5th   |

## DECATHLON

Mizzou Record: 8,018 points - Hans Uldal (2006)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|

## NON-NCAA EVENTS

## 3000 METER RUN

Mizzou Record:

| Name            | Meet                                   | Mark    | Place |
|-----------------|----------------------------------------|---------|-------|
| Stephen Mugeche | John McDonnell Invitational (4/14/18)  | 9:11.40 | 12th  |
| Patrick Kearns  | John McDonnell Invitational (4/14/18)  | 9:16.67 | 13th  |
| Patrick Kearns  | Arkansas Spring Invitational (3/24/18) | 9:18.72 | 12th  |
| Eric Scott      | Arkansas Spring Invitational (3/24/18) | 9:26.40 | 13th  |





## WOMEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark  
M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

**ELLYN ATKINSON // R-SR****3000 METER RUN****Previous PR - 10:27.87**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**5000 METER RUN****Previous PR - 16:21.61**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**10,000 METER RUN****Previous PR - 35:21.46**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**RICHELLE BAIN // FR****KAEYLN BALCH // R-SR****3000 METER RUN****Previous PR - 10:24.01**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                        |          |      |
|----------------------------------------|----------|------|
| Arkansas Spring Invitational (3/24/18) | 10:29.57 | 13th |
| John McDonnell Invitational (4/14/18)  | 10:26.55 | 8th  |

**5000 METER RUN****Previous PR - 17:38.92**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                  |          |      |
|----------------------------------|----------|------|
| Ole Miss Classic (3/31/18)       | 18:26.13 | 3rd  |
| Tom Botts Invitational (4/20/18) | 17:51.22 | 10th |

**SHANNON BROWNING // FR****800 METER RUN**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                  |         |      |
|----------------------------------|---------|------|
| Tom Botts Invitational (4/21/18) | 2:17.10 | 10th |
|----------------------------------|---------|------|

**1500 METER RUN**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                       |                   |      |
|---------------------------------------|-------------------|------|
| Ole Miss Classic (3/31/18)            | 4:43.73           | 18th |
| John McDonnell Invitational (4/14/18) | 4:44.50           | 23rd |
| Tom Botts Invitational (4/20/18)      | <b>4:42.39 PR</b> | 11th |

**MAYA CODY // JR****100 METER DASH****Previous PR - 11.42 (W: 2.8) // 11.72 (W: 1.4), #5**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                        |                |      |
|----------------------------------------|----------------|------|
| Arkansas Spring Invitational (3/24/18) | 11.81 (W: 1.6) | 12th |
| Ole Miss Classic (3/31/18)             | 11.76 (W: 0.9) | 1st  |

**200 METER DASH****Previous PR - 23.68 (W: 4.4) // 23.99, #6**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**400 METER DASH****Previous PR - 54.49, #8**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**MEGAN CUNNINGHAM // R-SR****1500 METER RUN****Previous PR - 4:57.44**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**5000 METER RUN****Previous PR - 16:45.48**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                           |                           |     |
|---------------------------|---------------------------|-----|
| Gorilla Classic (4/14/18) | <b>16:03.20 PR FR, #4</b> | 1st |
|---------------------------|---------------------------|-----|

**10,000 METER RUN****Previous PR - 36:46.41**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**KILEY DEAIN // R-FR****ELLY DETURRIS // JR****800 METER RUN****Previous PR - 2:27.56**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                  |         |      |
|----------------------------------|---------|------|
| Tom Botts Invitational (4/21/18) | 2:29.25 | 31st |
|----------------------------------|---------|------|

**1500 METER RUN****Previous PR - 4:51.23**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                        |         |      |
|----------------------------------------|---------|------|
| Arkansas Spring Invitational (3/24/18) | 4:59.42 | 18th |
|----------------------------------------|---------|------|

|                                       |         |      |
|---------------------------------------|---------|------|
| John McDonnell Invitational (4/14/18) | 5:01.66 | 37th |
|---------------------------------------|---------|------|

|                                  |         |      |
|----------------------------------|---------|------|
| Tom Botts Invitational (4/20/18) | 4:59.17 | 23rd |
|----------------------------------|---------|------|

**SAMANTHA FARMER // R-SO****1500 METER RUN**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                       |         |      |
|---------------------------------------|---------|------|
| John McDonnell Invitational (4/14/18) | 4:53.13 | 29th |
|---------------------------------------|---------|------|

**3000 METER RUN**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                        |          |      |
|----------------------------------------|----------|------|
| Arkansas Spring Invitational (3/24/18) | 10:29.77 | 14th |
|----------------------------------------|----------|------|

**5000 METER RUN**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                  |          |     |
|----------------------------------|----------|-----|
| Tom Botts Invitational (4/20/18) | 17:47.34 | 9th |
|----------------------------------|----------|-----|

**3000 METER STEEPLECHASE****Previous PR - 11:11.35**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                            |                         |     |
|----------------------------|-------------------------|-----|
| Ole Miss Classic (3/31/18) | <b>11:05.26 PR, #10</b> | 3rd |
|----------------------------|-------------------------|-----|

**SUSAN FORBIS // R-FR****800 METER RUN**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                            |         |      |
|----------------------------|---------|------|
| Ole Miss Classic (3/31/18) | 2:26.07 | 21st |
|----------------------------|---------|------|

|                                  |                   |      |
|----------------------------------|-------------------|------|
| Tom Botts Invitational (4/21/18) | <b>2:23.95 PR</b> | 26th |
|----------------------------------|-------------------|------|

**1500 METER RUN**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                        |         |      |
|----------------------------------------|---------|------|
| Arkansas Spring Invitational (3/24/18) | 5:00.13 | 22nd |
|----------------------------------------|---------|------|

|                            |         |      |
|----------------------------|---------|------|
| Ole Miss Classic (3/31/18) | 4:58.28 | 27th |
|----------------------------|---------|------|

|                                       |         |      |
|---------------------------------------|---------|------|
| John McDonnell Invitational (4/14/18) | 4:55.14 | 33rd |
|---------------------------------------|---------|------|

|                                  |                   |      |
|----------------------------------|-------------------|------|
| Tom Botts Invitational (4/20/18) | <b>4:51.99 PR</b> | 20th |
|----------------------------------|-------------------|------|

**KAYLA FUNKENBUSCH // R-SO****1500 METER RUN****Previous PR - 4:39.17**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**KAYLA GLOWACKI // FR****MICHAELA HACKBARTH // R-FR****400 METER RUN**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

|                                  |         |     |
|----------------------------------|---------|-----|
| Tom Botts Invitational (4/21/18) | 1:02.36 | 8th |
|----------------------------------|---------|-----|



## WOMEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark  
M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

**EMMIE HAHN // R-SO****3000 METER RUN**

| Meet                                   | Mark     | Place |
|----------------------------------------|----------|-------|
| Arkansas Spring Invitational (3/24/18) | 11:22.59 | 32nd  |

**VALESKA HALAMICEK // R-SR****800 METER RUN****Previous PR - 2:07.57, #10**

| Meet                             | Mark    | Place |
|----------------------------------|---------|-------|
| Ole Miss Classic (3/31/18)       | 2:17.21 | 8th   |
| Tom Botts Invitational (4/21/18) | 2:10.14 | 1st   |

**1500 METER RUN****Previous PR - 4:26.59**

| Meet                                   | Mark    | Place |
|----------------------------------------|---------|-------|
| Arkansas Spring Invitational (3/24/18) | 4:44.05 | 13th  |
| Ole Miss Classic (3/31/18)             | 4:40.52 | 13th  |
| John McDonnell Invitational (4/14/18)  | 4:34.40 | 8th   |

**MEGAN HALEY // FR****JAVELIN**

| Meet                                   | Mark                         | Place |
|----------------------------------------|------------------------------|-------|
| CMU Open (3/17/18)                     | 41.70m (136-10)              | 2nd   |
| Arkansas Spring Invitational (3/24/18) | <b>43.40m (142-5) PR, #9</b> | 1st   |
| Ole Miss Classic (3/31/18)             | 40.42m (132-7)               | 4th   |
| John McDonnell Invitational (4/14/18)  | 40.05m (131-4)               | 2nd   |
| Tom Botts Invitational (4/20/18)       | 43.06m (141-3)               | 3rd   |

**GABI JACOBS // R-JR****SHOT PUT****Previous PR - 15.78m (51-9.25), #7**

| Meet                                   | Mark             | Place |
|----------------------------------------|------------------|-------|
| CMU Open (3/17/18)                     | 15.07m (49-5.5)  | 1st   |
| Arkansas Spring Invitational (3/24/18) | 14.92m (48-11.5) | 2nd   |
| Ole Miss Classic (3/31/18)             | 15.26m (50-0.75) | 4th   |

**DISCUS THROW****Previous PR - 58.23m (191-0), SR**

| Meet                                   | Mark                  | Place |
|----------------------------------------|-----------------------|-------|
| CMU Open (3/17/18)                     | 52.57m (172-6)        | 1st   |
| Arkansas Spring Invitational (3/24/18) | 47.56m (156-0)        | 1st   |
| Ole Miss Classic (3/31/18)             | 52.03m (170-8)        | 3rd   |
| John McDonnell Invitational (4/14/18)  | 55.42m (181-10)       | 1st   |
| Tom Botts Invitational (4/21/18)       | 58.11m (190-8) MR, FR | 1st   |

**VIVIEN JEPKEMOI // R-FR****CECE JOHNSON // JR****SHOT PUT****Previous PR - 11.31m (37-1.25)**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**DISCUS****Previous PR - 53.41m (175-3)**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**HAMMER THROW****Previous PR - 51.99m (170-7)**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**TSAI-ANNE JOSEPH // R-JR****100 METER DASH****Previous PR - 11.79 (W: 4.1) // 11.91 (W: 1.7)**

| Meet                                   | Mark          | Place |
|----------------------------------------|---------------|-------|
| Arkansas Spring Invitational (3/24/18) | 12.01 w (2.8) | 15th  |
| Ole Miss Classic (3/31/18)             | 12.12 (0.9)   | 8th   |
| John McDonnell Invitational (4/13/18)  | 11.66 W (6.5) | 10th  |
| Tom Botts Invitational (4/21/18)       | 12.13 (-1.3)  | 3rd   |

**200 METER DASH**

| Meet                                   | Mark                    | Place |
|----------------------------------------|-------------------------|-------|
| Arkansas Spring Invitational (3/24/18) | 24.85 w (2.0)           | 15th  |
| Ole Miss Classic (3/31/18)             | 25.44 (1.3)             | 18th  |
| John McDonnell Invitational (4/13/18)  | 24.67 w (3.2)           | 18th  |
| Tom Botts Invitational (4/21/18)       | <b>24.26 w (2.2) PR</b> | 2nd   |

**BECKY KEATING // JR****HAMMER THROW****Previous PR - 58.59m (192-3), #5**

| Meet                                   | Mark                         | Place |
|----------------------------------------|------------------------------|-------|
| CMU Open (3/17/18)                     | <b>63.87m (209-6) PR, #2</b> | 1st   |
| Arkansas Spring Invitational (3/23/18) | 56.89m (186-7)               | 1st   |
| Ole Miss Classic (3/31/18)             | 60.75m (199-4)               | 4th   |
| John McDonnell Invitational (4/14/18)  | 58.58m (192-2)               | 1st   |
| Tom Botts Invitational (4/20/18)       | 60.18m (197-5)               | 2nd   |

**JAMIE KEMPFER // R-JR****5000 METER RUN****Previous PR - 16:09.59, #5**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**10,000 METER RUN****Previous PR - 33:09.67, #2**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**JORDYN KLEVE // R-SO****1500 METER RUN**

| Meet                             | Mark    | Place |
|----------------------------------|---------|-------|
| Tom Botts Invitational (4/20/18) | 4:48.50 | 15th  |

**5000 METER RUN****Previous PR - 17:15.20**

| Meet                             | Mark     | Place |
|----------------------------------|----------|-------|
| SFSU Distance Carnival (3/30/18) | 17:23.04 | 24th  |

**VALERIA KOSTIUK // JR****HIGH JUMP****Previous PR - 1.76m (5-9.25)**

| Meet                                  | Mark           | Place |
|---------------------------------------|----------------|-------|
| John McDonnell Invitational (4/14/18) | 1.65m (5-5)    | 4th   |
| Tom Botts Invitational (4/21/18)      | 1.67m (5-5.75) | 4th   |



## WOMEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark  
M - multi | p - prelim | f - final

**KARINA LIZ // R-FR****800 METER RUN**

| Meet                                   | Mark              | Place |
|----------------------------------------|-------------------|-------|
| Arkansas Spring Invitational (3/24/18) | <b>2:10.08 PR</b> | 2nd   |
| Ole Miss Classic (3/31/18)             | 2:11.11           | 3rd   |
| John McDonnell Invitational (4/14/18)  | 2:10.78           | 3rd   |
| Tom Botts Invitational (4/21/18)       | 2:13.97           | 3rd   |

**1500 METER RUN**

| Meet                             | Mark    | Place |
|----------------------------------|---------|-------|
| Tom Botts Invitational (4/20/18) | 4:35.54 | 3rd   |

**JENNA LUTZOW // FR****ARIELLE MACK // FR****100 METER DASH**

| Meet                                   | Mark           | Place |
|----------------------------------------|----------------|-------|
| Arkansas Spring Invitational (3/24/18) | 12.20 (W: 2.7) | 20th  |
| Ole Miss Classic (3/31/18)             | 12.27 (W: 1.6) | 11th  |

**LONG JUMP**

| Meet                       | Mark            | Place |
|----------------------------|-----------------|-------|
| Ole Miss Classic (3/31/18) | 5.34m (17-6.25) | 12th  |

**LEXI MADDOX // FR****1500 METER RUN**

| Meet                                   | Mark              | Place |
|----------------------------------------|-------------------|-------|
| Arkansas Spring Invitational (3/24/18) | 5:09.20           | 27th  |
| Tom Botts Invitational (4/20/18)       | <b>5:03.26 PR</b> | 25th  |

**RACHEL MARLAR // JR****KEYONI MBROH // R-JR****LONG JUMP****Previous PR - 5.33m (17-6)**

| Meet                             | Mark                      | Place |
|----------------------------------|---------------------------|-------|
| Ole Miss Classic (3/31/18)       | <b>5.49m (18-0.25) PR</b> | 8th   |
| Tom Botts Invitational (4/20/18) | 5.45m (17-10.75) (W: 1.9) | 7th   |

**TRIPLE JUMP****Previous PR - 10.37m (34-0.25)**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**JORDAN MCCLENDON // JR****SHOT PUT****Previous PR - 13.92m (45-8)**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**DISCUS****Previous PR - 45.77m (150-2)**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**HAMMER THROW****Previous PR - 57.02m (187-1)**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**MELISSA MENGHINI // R-FR****800 METER RUN**

| Meet                                  | Mark       | Place |
|---------------------------------------|------------|-------|
| John McDonnell Invitational (4/13/18) | 2:21.09    | 7th   |
| Tom Botts Invitational (4/21/18)      | 2:16.62 PR | 5th   |

**1500 METER RUN**

| Meet                                   | Mark              | Place |
|----------------------------------------|-------------------|-------|
| Arkansas Spring Invitational (3/24/18) | 4:41.51           | 1st   |
| John McDonnell Invitational (4/14/18)  | 4:39.34           | 12th  |
| Tom Botts Invitational (4/20/18)       | <b>4:35.59 PR</b> | 4th   |

**3000 METER STEEPLECHASE**

| Meet                             | Mark     | Place |
|----------------------------------|----------|-------|
| SFSU Distance Carnival (3/30/18) | 11:29.69 | 37th  |

**CAMERON MEYER // FR****SYDNEY OBERDIEK // FR****MAYA PULLER // FR****200 METER DASH**

| Meet                                   | Mark                  | Place |
|----------------------------------------|-----------------------|-------|
| Arkansas Spring Invitational (3/24/18) | 26.88 (1.7)           | 31st  |
| Ole Miss Classic (3/31/18)             | 27.01 w (2.4)         | 31st  |
| Tom Botts Invitational (4/21/18)       | <b>25.95 (0.8) PR</b> | 22nd  |

**400 METER DASH**

| Meet                             | Mark    | Place |
|----------------------------------|---------|-------|
| Tom Botts Invitational (4/21/18) | 1:00.17 | 7th   |

**SOPHIA RACETTE // R-SO****800 METER RUN****Previous PR - 2:26.63**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**1500 METER RUN****Previous PR - 4:49.54**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**3000 METER RUN****Previous PR - 10:39.36**

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**5000 METER RUN****Previous PR - 18:50.96**

| Meet                             | Mark               | Place |
|----------------------------------|--------------------|-------|
| SFSU Distance Carnival (3/30/18) | 17:32.52           | 36th  |
| Tom Botts Invitational (4/20/18) | <b>17:30.09 PR</b> | 5th   |

**ERICA RIDEOUT // JR****800 METER RUN**

| Meet                             | Mark    | Place |
|----------------------------------|---------|-------|
| Tom Botts Invitational (4/21/18) | 2:24.34 | 27th  |



## WOMEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark  
M - multi | p - prelim | f - final

**KARISSA ROMAN // JR****HIGH JUMP***Previous PR - 1.75m (5-8.75)*

| Meet                                  | Mark                     | Place |
|---------------------------------------|--------------------------|-------|
| Ole Miss Classic (3/31/18)            | <b>1.75m (5-8.75) PR</b> | 1st   |
| John McDonnell Invitational (4/14/18) | 1.70m (5-7)              | 1st   |
| Tom Botts Invitational (4/21/18)      | 1.72m (5-7.75)           | 1st   |

**KARISSA SCHWEIZER // SR****800 METER RUN***Previous PR - 2:09.42*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**1500 METER RUN***Previous PR - 4:15.77, #2*

| Meet                             | Mark                      | Place |
|----------------------------------|---------------------------|-------|
| Tom Botts Invitational (4/20/18) | <b>4:12.83 PR, SR, MR</b> | 1st   |

**5000 METER RUN***Previous PR - 15:18.69, SR*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**10,000 METER RUN**

| Meet                            | Mark                   | Place |
|---------------------------------|------------------------|-------|
| Stanford Invitational (3/30/18) | <b>32:00.55 PR, SR</b> | 3rd   |

**FARAMOLA SHONEKAN // SO****800 METER RUN***Previous PR - 2:20.82*

| Meet                                   | Mark              | Place |
|----------------------------------------|-------------------|-------|
| Arkansas Spring Invitational (3/24/18) | 2:21.72           | 8th   |
| Ole Miss Classic (3/31/18)             | 2:17.42           | 9th   |
| John McDonnell Invitational (4/13/18)  | 2:20.45           | 5th   |
| Tom Botts Invitational (4/21/18)       | <b>2:16.78 PR</b> | 6th   |

**JAZMYN SHUMAKER // FR****100 METER DASH**

| Meet                                   | Mark                    | Place |
|----------------------------------------|-------------------------|-------|
| Arkansas Spring Invitational (3/24/18) | <b>12.20 w (2.7) PR</b> | 19th  |
| Ole Miss Classic (3/31/18)             | 12.25 (1.6)             | 10th  |
| John McDonnell Invitational (4/13/18)  | 12.08 W (6.6)           | 16th  |
| Tom Botts Invitational (4/21/18)       | 12.48 (-1.3)            | 5th   |

**200 METER DASH**

| Meet                                  | Mark                    | Place |
|---------------------------------------|-------------------------|-------|
| Ole Miss Classic (3/31/18)            | 25.84 (1.3)             | 23rd  |
| John McDonnell Invitational (4/13/18) | 25.54 w (2.6)           | 30th  |
| Tom Botts Invitational (4/21/18)      | <b>24.93 w (2.0) PR</b> | 9th   |

**KATE SMITH // R-SO****1500 METER RUN***Previous PR - 4:43.15*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**3000 METER RUN***Previous PR - 9:54.79*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**5000 METER RUN***Previous PR - 17:29.38*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**JORDAN SPEER // FR****EMILY STAUFFER // SO****SHOT PUT***Previous PR - 15.25m (50-0.5)*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**HAMMER THROW***Previous PR - 47.58m (156-0.25)*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**RACHEL TAYLOR // JR****HANNAH THOMAS // JR****1500 METER RUN***Previous PR - 4:41.78*

| Meet                                   | Mark    | Place |
|----------------------------------------|---------|-------|
| Arkansas Spring Invitational (3/24/18) | 4:44.37 | 4th   |

**3000 METER RUN***Previous PR - 10:06.88*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**5000 METER RUN***Previous PR - 17:52.85*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**3000 METER STEEPLECHASE***Previous PR - 11:17.94*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**ALLIE WEBB // SO****HAMMER THROW***Previous PR - 41.55m (126-3.75)*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**JAVELIN***Previous PR - 37.38m (122-7.5)*

| Meet                                   | Mark                         | Place |
|----------------------------------------|------------------------------|-------|
| CMU Open (3/17/18)                     | 43.62m (143-1)               | 1st   |
| Arkansas Spring Invitational (3/24/18) | 42.45m (139-3)               | 4th   |
| Ole Miss Classic (3/31/18)             | <b>44.11m (144-9) PR, #8</b> | 3rd   |
| John McDonnell Invitational (4/14/18)  | 43.74m (143-6)               | 1st   |
| Tom Botts Invitational (4/20/18)       | 43.52m (142-9)               | 2nd   |

**CAROLYN WHITE // R-SO****800 METER RUN***Previous PR - 2:19.22*

| Meet | Mark | Place |
|------|------|-------|
|------|------|-------|

**BLAIR WIDMER // FR****AMANDA WOOD // SO****SARA YOUNG // SR**

## WOMEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark  
M - multi | p - prelim | f - final

## RELAYS

## 4x100 METER RELAY

| Meet                                                         | Mark  | Place |
|--------------------------------------------------------------|-------|-------|
| (Tsai-Anne Joseph, Maya Cody, Jazmyn Shumaker, Arielle Mack) |       |       |
| Arkansas Spring Invitational (3/24/18)                       | 47.24 | 6th   |

## 4x400 METER RELAY

| Meet                                                                   | Mark    | Place |
|------------------------------------------------------------------------|---------|-------|
| (Maya Puller, Maya Cody, Karina Liz, Faramola Shonekan)                |         |       |
| Arkansas Spring Invitational (3/24/18)                                 | 3:55.99 | 5th   |
| (Maya Cody, Karina Liz, Maya Puller, Valeska Halamicek)                |         |       |
| Ole Miss Classic (3/31/18)                                             | 3:56.80 | 8th   |
| (Karina Liz, Faramola Shonekan, Maya Puller, Valeska Halamicek)        |         |       |
| Tom Botts Invitational (4/21/18)                                       | 3:55.48 | 3rd   |
| (Michaela Hackbarth, Melissa Menghini, Shannon Browning, Susan Forbis) |         |       |
| Tom Botts Invitational (4/21/18)                                       | 4:15.32 | 6th   |





## WOMEN'S PERFORMANCE LIST (BY EVENT)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark  
M - multi | p - prelim | f - final

## 100 METER DASH

Mizzou Record: 11.42 - Lorinda Richardson (1987)

| Name             | Meet                                   | Mark    | Place |
|------------------|----------------------------------------|---------|-------|
| Tsai-Anne Joseph | John McDonnell Invitational (4/13/18)  | 11.66 W | 10th  |
| Maya Cody        | Ole Miss Classic (3/31/18)             | 11.76   | 1st   |
| Maya Cody        | Arkansas Spring Invitational (3/24/18) | 11.81   | 12th  |
| Tsai-Anne Joseph | Arkansas Spring Invitational (3/24/18) | 12.01 w | 15th  |
| Jazmyn Shumaker  | John McDonnell Invitational (4/13/18)  | 12.08 W | 16th  |
| Tsai-Anne Joseph | Tom Botts Invitational (4/21/18)       | 12.13   | 3rd   |
| Tsai-Anne Joseph | Ole Miss Classic (3/31/18)             | 12.25   | 8th   |
| Jazmyn Shumaker  | Arkansas Spring Invitational (3/24/18) | 12.20 w | 19th  |
| Arielle Mack     | Arkansas Spring Invitational (3/24/18) | 12.20 w | 20th  |
| Jazmyn Shumaker  | Ole Miss Classic (3/31/18)             | 12.25   | 10th  |
| Arielle Mack     | Ole Miss Classic (3/31/18)             | 12.27   | 11th  |
| Jazmyn Shumaker  | Tom Botts Invitational (4/21/18)       | 12.48   | 5th   |

## 200 METER DASH

Mizzou Record: 23.10 - LaQuisha Jackson (2016)

| Name             | Meet                                   | Mark       | Place |
|------------------|----------------------------------------|------------|-------|
| Tsai-Anne Joseph | Tom Botts Invitational (4/21/18)       | 24.26 w PR | 2nd   |
| Tsai-Anne Joseph | John McDonnell Invitational (4/13/18)  | 24.67 w    | 18th  |
| Tsai-Anne Joseph | Arkansas Spring Invitational (3/24/18) | 24.85 w    | 15th  |
| Jazmyn Shumaker  | Tom Botts Invitational (4/21/18)       | 24.93 w PR | 9th   |
| Tsai-Anne Joseph | Ole Miss Classic (3/31/18)             | 25.44      | 18th  |
| Jazmyn Shumaker  | John McDonnell Invitational (4/13/18)  | 25.54 w    | 30th  |
| Jazmyn Shumaker  | Ole Miss Classic (3/31/18)             | 25.84      | 23rd  |
| Maya Puller      | Tom Botts Invitational (4/21/18)       | 25.95 PR   | 22nd  |
| Maya Puller      | Arkansas Spring Invitational (3/24/18) | 26.88      | 31st  |
| Maya Puller      | Ole Miss Classic (3/31/18)             | 27.01 w    | 31st  |

## 400 METER DASH

Mizzou Record: 50.86 - Nastasha (Kaiser) Brown (1989)

| Name               | Meet                             | Mark    | Place |
|--------------------|----------------------------------|---------|-------|
| Maya Puller        | Tom Botts Invitational (4/21/18) | 1:00.17 | 7th   |
| Michaela Hackbarth | Tom Botts Invitational (4/21/18) | 1:02.36 | 8th   |

## 800 METER RUN

Mizzou Record: 2:02.94 - Ashley Wysong (2000)

| Name              | Meet                                   | Mark       | Place |
|-------------------|----------------------------------------|------------|-------|
| Karina Liz        | Arkansas Spring Invitational (3/24/18) | 2:10.08    | 2nd   |
| Valeska Halamicek | Tom Botts Invitational (4/21/18)       | 2:10.14    | 1st   |
| Karina Liz        | John McDonnell Invitational (4/14/18)  | 2:10.78    | 3rd   |
| Karina Liz        | Ole Miss Classic (3/31/18)             | 2:11.11    | 3rd   |
| Karina Liz        | Tom Botts Invitational (4/21/18)       | 2:13.97    | 3rd   |
| Melissa Menghini  | Tom Botts Invitational (4/21/18)       | 2:16.62 PR | 5th   |
| Faramola Shonekan | Tom Botts Invitational (4/21/18)       | 2:16.78 PR | 6th   |
| Shannon Browning  | Tom Botts Invitational (4/21/18)       | 2:17.10 PR | 10th  |
| Valeska Halamicek | Ole Miss Classic (3/31/18)             | 2:17.21    | 8th   |
| Faramola Shonekan | Ole Miss Classic (3/31/18)             | 2:17.42    | 9th   |
| Faramola Shonekan | John McDonnell Invitational (4/13/18)  | 2:20.45    | 5th   |
| Melissa Menghini  | John McDonnell Invitational (4/13/18)  | 2:21.09    | 7th   |
| Faramola Shonekan | Arkansas Spring Invitational (3/24/18) | 2:21.72    | 8th   |
| Susan Forbis      | Tom Botts Invitational (4/21/18)       | 2:23.95    | 26th  |
| Erica Rideout     | Tom Botts Invitational (4/21/18)       | 2:24.34    | 27th  |
| Faramola Shonekan | Ole Miss Classic (3/31/18)             | 2:26.07    | 21st  |
| Elly DeTurris     | Tom Botts Invitational (4/21/18)       | 2:29.25    | 31st  |

## 1500 METER RUN

Mizzou Record: 4:12.83 - Karissa Schweizer (2018)

| Name              | Meet                                   | Mark               | Place |
|-------------------|----------------------------------------|--------------------|-------|
| Karissa Schweizer | Tom Botts Invitational (4/20/18)       | 4:12.83 PR, SR, MR | 1st   |
| Valeska Halamicek | John McDonnell Invitational (4/14/18)  | 4:34.40            | 8th   |
| Karina Liz        | Tom Botts Invitational (4/20/18)       | 4:35.54            | 3rd   |
| Melissa Menghini  | Tom Botts Invitational (4/20/18)       | 4:35.59 PR         | 4th   |
| Melissa Menghini  | John McDonnell Invitational (4/14/18)  | 4:39.34            | 12th  |
| Valeska Halamicek | Ole Miss Classic (3/31/18)             | 4:40.52            | 13th  |
| Melissa Menghini  | Arkansas Spring Invitational (3/24/18) | 4:41.51            | 1st   |
| Shannon Browning  | Tom Botts Invitational (4/20/18)       | 4:42.39 PR         | 11th  |
| Shannon Browning  | Ole Miss Classic (3/31/18)             | 4:43.73            | 18th  |
| Valeska Halamicek | Arkansas Spring Invitational (3/24/18) | 4:44.05            | 13th  |
| Hannah Thomas     | Arkansas Spring Invitational (3/24/18) | 4:44.37            | 4th   |
| Shannon Browning  | John McDonnell Invitational (4/14/18)  | 4:44.50            | 23rd  |
| Jordyn Kleve      | Tom Botts Invitational (4/20/18)       | 4:48.50            | 15th  |
| Susan Forbis      | Tom Botts Invitational (4/20/18)       | 4:51.99 PR         | 15th  |
| Samantha Farmer   | John McDonnell Invitational (4/14/18)  | 4:53.13            | 29th  |
| Susan Forbis      | John McDonnell Invitational (4/14/18)  | 4:55.14            | 33rd  |
| Susan Forbis      | Ole Miss Classic (3/31/18)             | 4:58.28            | 27th  |
| Elly DeTurris     | Tom Botts Invitational (4/20/18)       | 4:59.17            | 23rd  |
| Elly DeTurris     | Arkansas Spring Invitational (3/24/18) | 4:59.42            | 18th  |
| Susan Forbis      | Arkansas Spring Invitational (3/24/18) | 5:00.13            | 22nd  |
| Elly DeTurris     | John McDonnell Invitational (4/14/18)  | 5:01.66            | 37th  |
| Lexi Maddox       | Tom Botts Invitational (4/20/18)       | 5:03.26 PR         | 25th  |
| Lexi Maddox       | Arkansas Spring Invitational (3/24/18) | 5:09.20            | 27th  |

## 5000 METER RUN

Mizzou Record: 15:18.69 - Karissa Schweizer (2017)

| Name             | Meet                             | Mark            | Place |
|------------------|----------------------------------|-----------------|-------|
| Megan Cunningham | Gorilla Classic (4/14/18)        | 16:03.20 PR, #4 | 1st   |
| Jordyn Kleve     | SFSU Distance Carnival (3/30/18) | 17:23.04        | 24th  |
| Sophia Racette   | Tom Botts Invitational (4/20/18) | 17:30.09 PR     | 5th   |
| Sophia Racette   | SFSU Distance Carnival (3/30/18) | 17:32.52        | 35th  |
| Hannah Thomas    | SFSU Distance Carnival (3/30/18) | 17:45.58 PR     | 50th  |
| Samantha Farmer  | Tom Botts Invitational (4/20/18) | 17:47.34        | 9th   |
| Kaelyn Balch     | Tom Botts Invitational (4/20/18) | 17:51.22        | 10th  |
| Kaelyn Balch     | Ole Miss Classic (3/31/18)       | 18:26.13        | 3rd   |

## 10,000 METER RUN

Mizzou Record: 33:09.67 - Jamie Kempfer (2017)

| Name              | Meet                            | Mark        | Place |
|-------------------|---------------------------------|-------------|-------|
| Karissa Schweizer | Stanford Invitational (3/30/18) | 32:00.55 SR | 3rd   |

## 100 METER HURDLES

Mizzou Record: 13.18 - Valerie Thames (2016)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|

## 400 METER HURDLES

Mizzou Record: 57.16 - Valerie Thames (2016)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|

## 3000 METER STEEPLECHASE

Mizzou Record: 10:08.61 - Kerry Hils (2001)

| Name            | Meet                       | Mark             | Place |
|-----------------|----------------------------|------------------|-------|
| Samantha Farmer | Ole Miss Classic (3/31/18) | 11:05.26 PR, #10 | 3rd   |



## WOMEN'S PERFORMANCE LIST (BY EVENT)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark  
M - multi | p - prelim | f - final

**4x100 METER RELAY**

Mizzou Record: 44.54 - Maya Cody, LaQuisha Jackson, Alyssa Felton, Jacqueline Obi (2016)

| Name                            | Meet                                   | Mark  | Place |
|---------------------------------|----------------------------------------|-------|-------|
| Joseph, Cody,<br>Shumaker, Mack | Arkansas Spring Invitational (3/24/18) | 47.24 | 6th   |

**4x400 METER RELAY**

Mizzou Record: 3:35.97 - Maya Cody, Valerie Thames, LaQuisha Jackson, Ayo Adewole (2016)

| Name                                     | Meet                                   | Mark    | Place |
|------------------------------------------|----------------------------------------|---------|-------|
| Liz, Shonekan,<br>Puller, Halamicek      | Tom Botts Invitational (4/21/18)       | 3:55.48 | 3rd   |
| Puller, Cody,<br>Liz, Shonekan           | Arkansas Spring Invitational (3/24/18) | 3:55.99 | 5th   |
| Cody, Liz,<br>Puller, Halamicek          | Ole Miss Classic (3/31/18)             | 3:56.80 | 8th   |
| Hackbarth,<br>Menghini, Browning, Forbis | Tom Botts Invitational (4/21/18)       | 4:15.32 | 6th   |

**HIGH JUMP**

Mizzou Record: 1.86m/6-1.25 - Hanne Skei Anderson (1994)

| Name            | Meet                                  | Mark              | Place |
|-----------------|---------------------------------------|-------------------|-------|
| Karissa Roman   | Ole Miss Classic (3/31/18)            | 1.75m (5-8.75) PR | 1st   |
| Karissa Roman   | Tom Botts Invitational (4/21/18)      | 1.72m (5-7.75)    | 1st   |
| Karissa Roman   | John McDonnell Invitational (4/14/18) | 1.70m (5-7)       | 1st   |
| Valeria Kostiuk | Tom Botts Invitational (4/21/18)      | 1.67m (5-5.75)    | 4th   |
| Valeria Kostiuk | John McDonnell Invitational (4/14/18) | 1.65m (5-5)       | 4th   |

**POLE VAULT**

Mizzou Record: 4.35m/14-3.25 - Katrine Haarklau (2013)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|

**LONG JUMP**

Mizzou Record: 6.51m/21-4.25 - Lorinda Richardson (1986)

| Name         | Meet                             | Mark               | Place |
|--------------|----------------------------------|--------------------|-------|
| Keyoni Mbroh | Ole Miss Classic (3/31/18)       | 5.49m (18-0.25) PR | 8th   |
| Keyoni Mbroh | Tom Botts Invitational (4/20/18) | 5.45m (17-10.75)   | 7th   |
| Arielle Mack | Ole Miss Classic (3/31/18)       | 5.34m (17-6.25)    | 12th  |

**TRIPLE JUMP**

Mizzou Record: 12.71m/41-8.5 - Hedvig Glomsroed (2007)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|

**SHOT PUT**

Mizzou Record: 18.22m/59-9.5 - Kearsten Peoples (2012)

| Name        | Meet                                   | Mark             | Place |
|-------------|----------------------------------------|------------------|-------|
| Gabi Jacobs | Ole Miss Classic (3/31/18)             | 15.26m (50-0.75) | 4th   |
| Gabi Jacobs | CMU Open (3/17/18)                     | 15.07m (49-5.5)  | 1st   |
| Gabi Jacobs | Arkansas Spring Invitational (3/24/18) | 14.92m (48-11.5) | 2nd   |

**DISCUS THROW**

Mizzou Record: 58.23m/191-0 - Gabi Jacobs (2017)

| Name        | Meet                                   | Mark                  | Place |
|-------------|----------------------------------------|-----------------------|-------|
| Gabi Jacobs | Tom Botts Invitational (4/21/18)       | 58.11m (190-8) MR, FR | 1st   |
| Gabi Jacobs | John McDonnell Invitational (4/14/18)  | 55.42m (181-10)       | 1st   |
| Gabi Jacobs | CMU Open (3/17/18)                     | 52.57m (172-6)        | 1st   |
| Gabi Jacobs | Ole Miss Classic (3/31/18)             | 52.03m (170-8)        | 3rd   |
| Gabi Jacobs | Arkansas Spring Invitational (3/24/18) | 47.56m (156-0)        | 1st   |

**HAMMER THROW**

Mizzou Record: 66.17m/217-1 - Kearsten Peoples (2015)

| Name          | Meet                                   | Mark                  | Place |
|---------------|----------------------------------------|-----------------------|-------|
| Becky Keating | CMU Open (3/17/18)                     | 63.87m (209-6) PR, #2 | 1st   |
| Becky Keating | Ole Miss Classic (3/31/18)             | 60.75m (199-4)        | 4th   |
| Becky Keating | Tom Botts Invitational (4/20/18)       | 60.18m (197-5)        | 2nd   |
| Becky Keating | John McDonnell Invitational            | 58.58m (192-2)        | 1st   |
| Becky Keating | Arkansas Spring Invitational (3/23/18) | 56.89m (186-7)        | 1st   |

**JAVELIN**

Mizzou Record: 51.17m/167-10.5 - Hailey Twietmeyer (2014)

| Name        | Meet                                   | Mark                  | Place |
|-------------|----------------------------------------|-----------------------|-------|
| Allie Webb  | Ole Miss Classic (3/31/18)             | 44.11m (144-9) PR, #8 | 3rd   |
| Allie Webb  | John McDonnell Invitational (4/14/18)  | 43.74m (143-6)        | 1st   |
| Allie Webb  | CMU Open (3/17/18)                     | 43.62m (143-1)        | 1st   |
| Allie Webb  | Tom Botts Invitational (4/20/18)       | 43.52m (142-9)        | 2nd   |
| Megan Haley | Arkansas Spring Invitational (3/24/18) | 43.30m (142-5) PR, #9 | 1st   |
| Megan Haley | Tom Botts Invitational (4/20/18)       | 43.06m (141-3)        | 3rd   |
| Allie Webb  | Arkansas Spring Invitational (3/24/18) | 42.45m (139-3)        | 4th   |
| Megan Haley | CMU Open (3/17/18)                     | 41.70m (136-10)       | 2nd   |
| Megan Haley | Ole Miss Classic (3/31/18)             | 40.42m (132-7)        | 4th   |
| Megan Haley | John McDonnell Invitational (4/14/18)  | 40.05m (131-4)        | 2nd   |

**HEPTATHLON**

Mizzou Record: 5,805 points - Teri LeBlanc (1989)

| Name | Meet | Mark | Place |
|------|------|------|-------|
|------|------|------|-------|

**NON-NCAA EVENTS****3000 METER RUN**

Mizzou Record:

| Name            | Meet                                   | Mark     | Place |
|-----------------|----------------------------------------|----------|-------|
| Kaelyn Balch    | John McDonnell Invitational (4/14/18)  | 10:26.55 | 8th   |
| Kaelyn Balch    | Arkansas Spring Invitational (3/24/18) | 10:29.57 | 13th  |
| Samantha Farmer | Arkansas Spring Invitational (3/24/18) | 10:29.77 | 14th  |
| Emmie Hahn      | Arkansas Spring Invitational (3/24/18) | 11:22.59 | 32nd  |



## MEET-BY-MEET RESULTS

## 2018 OUTDOOR SCHEDULE

| DATE               | MEET                          | LOCATION           |
|--------------------|-------------------------------|--------------------|
| March 23-24        | Arkansas Spring Invitational  | Fayetteville, Ark. |
| March 30-31        | Stanford Invitational         | Stanford, Calif.   |
| March 31           | Ole Miss Classic              | Oxford, Miss.      |
| April 13-14        | John McDonnell Invitational   | Fayetteville, Ark. |
| <b>April 20-21</b> | <b>Tom Botts Invitational</b> | <b>HOME</b>        |
| April 26-28        | Drake Relays                  | Des Moines, Iowa   |
| May 11-13          | SEC Outdoor Championships     | Knoxville, Tenn.   |
| May 24-26          | NCAA West Preliminary         | Sacramento, Calif. |
| June 6-9           | NCAA Outdoor Championships    | Eugene, Ore.       |

## MEET-BY-MEET RESULTS

## MEN'S RESULTS

## CMU OPEN

March 17 // Fayette, Mo.

## SHOT PUT

|                         |                     |
|-------------------------|---------------------|
| 1. Will Fife (R-Jr.)    | 17.68m (58-0.25) PR |
| 3. Avery Carter (R-Jr.) | 16.19m (53-1.5) PR  |

## DISCUS

|                         |                 |
|-------------------------|-----------------|
| 1. Will Fife (R-Jr.)    | 49.36m (161-11) |
| 17. Jason Edwards (Fr.) | 31.72m (104-1)  |

## HAMMER THROW

|                          |                       |
|--------------------------|-----------------------|
| 1. Patrick Kunza (R-So.) | 62.70m (205-8) PR, #8 |
| 2. Avery Carter (R-Jr.)  | 60.49m (198-5) PR     |

## JAVELIN

|                        |                |
|------------------------|----------------|
| 1. Rauno Liitmaa (Sr.) | 60.40m (198-2) |
| 5. Jason Edwards (Fr.) | 47.38m (155-5) |

## WOMEN'S RESULTS

## CMU OPEN

March 17 // Fayette, Mo.

## SHOT PUT

|                        |                 |
|------------------------|-----------------|
| 1. Gabi Jacobs (R-Jr.) | 15.07m (49-5.5) |
|------------------------|-----------------|

## DISCUS

|                        |                |
|------------------------|----------------|
| 1. Gabi Jacobs (R-Jr.) | 52.57m (172-6) |
|------------------------|----------------|

## HAMMER THROW

|                          |                       |
|--------------------------|-----------------------|
| 1. Becky Keating (R-So.) | 63.87m (209-6) PR, #2 |
|--------------------------|-----------------------|

## JAVELIN

|                      |                         |
|----------------------|-------------------------|
| 1. Allie Webb (So.)  | 43.62m (143-1) PR, #8   |
| 2. Megan Haley (Fr.) | 41.70m (136-10) PR, #10 |



## MEET-BY-MEET RESULTS

**ARKANSAS SPRING INVITATIONAL**  
**March 23-24 // Fayetteville, Ark.**
**200 METER DASH**

8. Jerrad Mason (R-Sr.) ..... 21.69 (W: 1.4)

**800 METER RUN**

9. Mark Sheridan (Sr.) ..... 1:55.76

12. Robert Kuhlmann (R-Fr.) ..... 1:56.76

**800 METER RUN INVITATIONAL**

1. Chris Conrad (Fr.) ..... 1:50.00

**1500 METER RUN**

16. Taylor Stephen (R-Jr.) ..... 4:07.84

20. Stephen Mugeche (R-So.) ..... 4:10.75

21. Dylan Quisenberry (R-Fr.) ..... 4:10.88

25. Justin Loquercio (R-Fr.) ..... 4:11.52

**3000 METER RUN**

12. Patrick Kearns (R-Jr.) ..... 9:18.72

13. Eric Scott (R-Fr.) ..... 9:26.40

**4x400 METER RELAY**

9. Robert Kuhlmann (R-Fr.), Chris Conrad (Fr.),  
Mark Sheridan (Sr.), Jerrad Mason (R-Sr.) ..... 3:19.80

**SHOT PUT**

1. Will Fife (R-Jr.) ..... 18.58m (60-11.5) PR, #7

3. Avery Carter (R-Jr.) ..... 16.83m (55-2.75) PR

**DISCUS**

5. Will Fife (R-Jr.) ..... 46.51m (152-7)

**HAMMER THROW**

1. Patrick Kunza (R-So.) ..... 59.17m (194-1)

4. Avery Carter (R-Jr.) ..... 57.57m (188-10)

7. Sean Harrell (R-Jr.) ..... 52.11m (170-11)

**ARKANSAS SPRING INVITATIONAL**  
**March 23-24 // Fayetteville, Ark.**
**100 METER DASH**

12. Maya Cody (Jr.) ..... 11.81 (W: 1.6)

15. Tsai-Anne Joseph (R-Jr.) ..... 12.01 (W: 2.8)

19. Jazmyn Shumaker (Fr.) ..... 12.20 (W: 2.7)

20. Arielle Mack (Fr.) ..... 12.20 (W: 2.7)

**200 METER DASH**

15. Tsai-Anne Joseph (R-Jr.) ..... 24.85 (W: 2.0)

31. Maya Puller (Fr.) ..... 26.88 (W: 1.7)

**800 METER RUN**

8. Faramola Shonekan (So.) ..... 2:21.72

**800 METER INVITATIONAL**

2. Karina Liz (R-Fr.) ..... 2:10.08

**1500 METER RUN**

1. Melissa Menghini (R-Fr.) ..... 4:41.51

4. Hannah Thomas (Jr.) ..... 4:44.37

18. Elly DeTurris (Jr.) ..... 4:59.42

22. Susan Forbis (R-Fr.) ..... 5:00.13

27. Lexi Maddox (Fr.) ..... 5:09.20

**1500 METER RUN INVITATIONAL**

13. Valeska Halamicek (R-Sr.) ..... 4:44.05

**3000 METER RUN**

13. Kaelyn Balch (R-Sr.) ..... 10:29.57

14. Samantha Farmer (R-So.) ..... 10:29.77

32. Emmie Hahn (R-So.) ..... 11:22.59

**4x100 METER RELAY**

6. Tsai-Anne Joseph (R-Jr.), Maya Cody (Jr.),  
Jazmyn Shumaker (Fr.), Arielle Mack (Fr.) ..... 47.24

**4x400 METER RELAY**

5. Maya Puller (Fr.), Maya Cody (Jr.),  
Karina Liz (R-Fr.), Faramola Shonekan (So.) ..... 3:55.99

**SHOT PUT**

2. Gabi Jacobs (R-Jr.) ..... 14.92m (48-11.5)

**DISCUS**

1. Gabi Jacobs (R-Jr.) ..... 47.56m (156-0)

**HAMMER THROW**

1. Becky Keating (Jr.) ..... 56.89m (186-7)

**JAVELIN**

1. Megan Haley (Fr.) ..... 43.40m (142-5) PR, #9

4. Allie Webb (So.) ..... 42.45m (139-3)



## MEET-BY-MEET RESULTS

**SAN FRANCISCO STATE UNIVERSITY DISTANCE CARNIVAL**  
March 30 // San Francisco, Calif.**5000 METER RUN**

|                                   |             |
|-----------------------------------|-------------|
| 56. Zach Cook (R-Jr.) .....       | 14:50.69 PR |
| 84. Michael Widmann (R-So.) ..... | 14:59.24 PR |

**STANFORD INVITATIONAL**  
March 30 // Palo Alto, Calif.**10,000 METER RUN INVITATIONAL**

|                                  |                 |
|----------------------------------|-----------------|
| 3. Karissa Schweizer (Sr.) ..... | 32:00.55 PR, SR |
|----------------------------------|-----------------|

**SAN FRANCISCO STATE UNIVERSITY DISTANCE CARNIVAL**  
March 30 // San Francisco, Calif.**5000 METER RUN**

|                                  |             |
|----------------------------------|-------------|
| 24. Jordyn Kleve (R-So.) .....   | 17:23.04    |
| 36. Sophia Racette (R-So.) ..... | 17:32.52 PR |
| 50. Hannah Thomas (Jr.) .....    | 17:45.58 PR |

**3000 METER STEEPLECHASE**

|                                    |          |
|------------------------------------|----------|
| 37. Melissa Menghini (R-Fr.) ..... | 11:29.69 |
|------------------------------------|----------|





## MEET-BY-MEET RESULTS

**OLE MISS CLASSIC**  
**March 31 // Oxford, Miss.**
**400 METER DASH**

1. Jerrad Mason (R-Sr.) ..... 47.48 PR

**800 METER RUN**

2. Chris Conrad (Fr.) ..... 1:50.63  
 18. Mark Sheridan (Sr.) ..... 1:58.58  
 20. Robert Kuhlmann (R-Fr.) ..... 2:00.39  
 26. Ben Goodman (R-Sr.) ..... 2:05.08

**1500 METER RUN**

12. Mark Sheridan (Sr.) ..... 4:01.13  
 14. Ben Goodman (R-Sr.) ..... 4:01.99 PR  
 15. Taylor Stephen (R-Jr.) ..... 4:03.92 PR  
 31. Dylan Quisenberry (R-Fr.) ..... 4:20.87

**110 METER HURDLES**

8. Rauno Liitmaa (Sr.) ..... 14.91 (W: 2.1)  
 13. Jason Edwards (Fr.) ..... 16.16 (W: 1.7)

**4x400 METER RELAY**

6. Robert Kuhlmann (R-Fr.), Chris Conrad (Fr.),  
 Mark Sheridan (Sr.), Jerrad Mason (R-Sr.) ..... 3:21.19

**HIGH JUMP**

5. Landon Cuskelly (Jr.) ..... 2.01m (6-7)

**LONG JUMP**

5. Rauno Liitmaa (Sr.) ..... 6.74m (22-1.5) (W: 1.0) PR  
 8. Jason Edwards (Fr.) ..... 6.57m (21-6.75) (W: 1.2)

**SHOT PUT**

3. Will Fife (R-Jr.) ..... 17.08m (56-0.5)  
 4. Avery Carter (R-Jr.) ..... 16.84m (55-3) PR

**DISCUS**

4. Will Fife (R-Jr.) ..... 49.13m (161-2)

**HAMMER THROW**

4. Avery Carter (R-Jr.) ..... 60.45m (198-4)  
 5. Patrick Kunza (R-So.) ..... 59.65m (195-8)  
 8. Sean Harrell (R-Sr.) ..... 52.47m (172-2)

**OLE MISS CLASSIC**  
**March 31 // Oxford, Miss.**
**100 METER DASH**

1. Maya Cody (Jr.) ..... 11.76 (W: 0.9)  
 8. Tsai-Anne Joseph (R-Jr.) ..... 12.12 (W: 0.9)  
 10. Jazmyn Shumaker (Fr.) ..... 12.25 (W: 1.6)  
 11. Arielle Mack (Fr.) ..... 12.27 (W: 1.6)

**200 METER DASH**

18. Tsai-Anne Joseph (R-Jr.) ..... 25.44 (W: 1.3)  
 23. Jazmyn Shumaker (Fr.) ..... 25.84 (W: 1.3)  
 31. Maya Puller (Fr.) ..... 27.01 (W: 2.4)

**800 METER RUN**

3. Karina Liz (R-Fr.) ..... 2:11.11  
 8. Valeska Halamicek (R-Sr.) ..... 2:17.21  
 9. Faramola Shonekan (So.) ..... 2:17.42 PR  
 21. Susan Forbis (R-Fr.) ..... 2:26.07

**1500 METER RUN**

13. Valeska Halamicek (R-Sr.) ..... 4:40.52  
 18. Shannon Browning (Fr.) ..... 4:43.73  
 27. Susan Forbis (R-Fr.) ..... 4:58.28 PR

**5000 METER RUN**

3. Kaelyn Balch (R-Sr.) ..... 18:26.13

**3000 METER STEEPLECHASE**

3. Samantha Farmer (R-So.) ..... 11:05.26 PR, #10

**4x400 METER RELAY**

8. Maya Cody (Jr.), Karina Liz (R-Fr.),  
 Maya Puller (Fr.), Valeska Halamicek (R-Sr.) ..... 3:56.80

**HIGH JUMP**

1. Karissa Roman (Jr.) ..... 1.75m (5-8.75) PR

**LONG JUMP**

8. Keyoni Mbroh (R-Jr.) ..... 5.49m (18-0.25)  
 12. Arielle Mack (Fr.) ..... 5.34m (17-6.25)

**SHOT PUT**

4. Gabi Jacobs (R-Jr.) ..... 15.26m (50-0.75)

**DISCUS**

3. Gabi Jacobs (R-Jr.) ..... 52.03m (170-8)

**HAMMER THROW**

4. Becky Keating (Jr.) ..... 60.75m (199-4)

**JAVELIN**

3. Allie Webb (So.) ..... 44.11m (144-9) PR, #8  
 4. Megan Haley (Fr.) ..... 40.42m (132-7)



## MEET-BY-MEET RESULTS

JOHN MCDONNELL INVITATIONAL  
April 13-14 // Fayetteville, Ark.**200 METER DASH**

13. Jerrad Mason (R-Sr.) ..... 21.47 (W: 6.0)

**800 METER RUN**

4. Mark Sheridan (Sr.) ..... 2:00.81

**800 METER RUN INVITATIONAL**

3. Chris Conrad (Fr.) ..... 1:51.26

6. Cain Winebrenner (R-Sr.) ..... 1:55.36

10. Robert Kuhlmann (R-Fr.) ..... 1:57.71

**1500 METER RUN**

16. Ben Goodman (R-Sr.) ..... 3:59.58 PR

20. Mark Sheridan (Sr.) ..... 4:03.18

24. Dylan Quisenberry (R-Fr.) ..... 4:08.66 PR

26. Patrick Kearns (R-Jr.) ..... 4:19.83

**3000 METER RUN**

12. Stephen Mugeche (R-So.) ..... 9:11.40

13. Jacob Schweiss (R-Fr.) ..... 9:16.67

**400 METER HURDLES**

3. Jerrad Mason (R-Sr.) ..... 52.25

**HIGH JUMP**

3. Landon Cuskelly (Jr.) ..... 2.11m (6-11)

**SHOT PUT**

1. Will Fife (R-Jr.) ..... 17.82m (58-5.75)

3. Avery Carter (R-Jr.) ..... 16.46m (54-0)

**DISCUS**

2. Will Fife (R-Jr.) ..... 52.14m (171-1) PR

**HAMMER THROW**

2. Avery Carter (R-Jr.) ..... 59.94m (196-8)

3. Patrick Kunza (R-So.) ..... 58.89m (193-2)

6. Sean Harrell (R-Sr.) ..... 50.99m (167-3)

**JAVELIN**

6. Jason Edwards (Fr.) ..... 50.92m (167-1)

JOHN MCDONNELL INVITATIONAL  
April 13-14 // Fayetteville, Ark.**100 METER DASH**

10. Tsai-Anne Joseph (R-Jr.) ..... 11.66 (W: 6.5)

16. Jazmyn Shumaker (Fr.) ..... 12.08 (W: 6.6)

**200 METER DASH**

18. Tsai-Anne Joseph (R-Jr.) ..... 24.67 (W: 3.2) PR

30. Jazmyn Shumaker (Fr.) ..... 25.54 (W: 2.6) PR

**800 METER RUN**

5. Faramola Shonekan (So.) ..... 2:20.45

7. Melissa Menghini (R-Fr.) ..... 2:21.09

**800 METER RUN INVITATIONAL**

3. Karina Liz (R-Fr.) ..... 2:10.78

**1500 METER RUN**

8. Valeska Halamicek (R-Sr.) ..... 4:34.40

12. Melissa Menghini (R-Fr.) ..... 4:39.34 PR

23. Shannon Browning (Fr.) ..... 4:44.50

29. Samantha Farmer (R-So.) ..... 4:53.13

33. Susan Forbis (R-Fr.) ..... 4:55.14 PR

37. Elly DeTurris (Jr.) ..... 5:01.66

**3000 METER RUN**

8. Kaelyn Balch (R-Sr.) ..... 10:26.55

**HIGH JUMP**

1. Karissa Roman (Jr.) ..... 1.70m (5-7)

4. Valeria Kostyuk (Jr.) ..... 1.65m (5-5)

**DISCUS**

1. Gabi Jacobs (R-Jr.) ..... 55.42m (181-10)

**HAMMER THROW**

1. Becky Keating (Jr.) ..... 58.58m (192-2)

**JAVELIN**

1. Allie Webb (So.) ..... 43.74m (143-6)

2. Megan Haley (Fr.) ..... 40.05m (131-4)

GORILLA CLASSIC  
April 14 // Pittsburg, Kan.**5000 METER RUN**

1. Megan Cunningham (R-Sr.) ..... 16:03.20 PR, #4



## MEET-BY-MEET RESULTS

TOM BOTTS INVITATIONAL  
April 20-21 // Columbia, Mo.

## 800 METER RUN

|                             |            |
|-----------------------------|------------|
| 1. Chris Conrad (Fr.)       | 1:51.45    |
| 2. Cain Winebrenner (R-Sr.) | 1:53.38    |
| 4. Mark Sheridan (Sr.)      | 1:53.66    |
| 6. Robert Kuhlmann (R-Fr.)  | 1:54.34 PR |
| 17. Ben Goodman (R-Sr.)     | 1:56.92    |
| 22. Taylor Stephen (R-Jr.)  | 2:04.39    |
| 23. Patrick Kearns (R-Jr.)  | 2:04.49    |

## 1500 METER RUN

|                               |            |
|-------------------------------|------------|
| 1. Chris Conrad (Fr.)         | 3:54.49    |
| 2. Ben Goodman (R-Sr.)        | 3:55.12 PR |
| 4. Zach Cook (R-Jr.)          | 3:55.62    |
| 11. Dylan Quisenberry (R-Fr.) | 4:06.64 PR |
| 12. Marc Dubrick (R-Sr.)      | 4:07.07    |
| 14. Stephen Mugeche (R-So.)   | 4:10.42    |
| 18. Taylor Stephen (R-Jr.)    | 4:19.11    |

## 5000 METER RUN

|                            |          |
|----------------------------|----------|
| 2. Michael Widmann (R-So.) | 15:08.52 |
| 4. Jacob Schweiss (R-Fr.)  | 15:35.05 |
| 9. Patrick Kearns (R-Jr.)  | 15:50.33 |

## 110 METER HURDLES

|                        |                 |
|------------------------|-----------------|
| 8. Jason Edwards (Fr.) | 16.69 (W: -0.5) |
|------------------------|-----------------|

## 400 METER HURDLES

|                         |       |
|-------------------------|-------|
| 2. Jerrad Mason (R-Sr.) | 51.92 |
|-------------------------|-------|

## 4x400 METER RELAY

|                                                                                                     |         |
|-----------------------------------------------------------------------------------------------------|---------|
| 4. Robert Kuhlmann (R-Fr.), Chris Conrad (Fr.),<br>Mark Sheridan (Sr.), Jerrad Mason (R-Sr.)        | 3:20.19 |
| 6. Cain Winebrenner (R-Sr.), Ben Goodman (R-Sr.),<br>Taylor Stephen (R-Jr.), Patrick Kearns (R-Jr.) | 3:38.62 |

## HIGH JUMP

|                          |                   |
|--------------------------|-------------------|
| 1. Landon Cuskelly (Jr.) | 2.18m (7-1.75) #5 |
|--------------------------|-------------------|

## LONG JUMP

|                        |                          |
|------------------------|--------------------------|
| 5. Jason Edwards (Fr.) | 6.61m (21-8.25) (W: 2.0) |
|------------------------|--------------------------|

## SHOT PUT

|                         |                      |
|-------------------------|----------------------|
| 4. Will Fife (R-Jr.)    | 17.74m (58-2.5)      |
| 7. Avery Carter (R-Jr.) | 17.02m (55-10.25) PR |

## DISCUS

|                         |                |
|-------------------------|----------------|
| 4. Will Fife (R-Jr.)    | 49.25m (161-7) |
| 9. Rauno Liitmaa (Jr.)  | 41.68m (136-9) |
| 14. Jason Edwards (Fr.) | 29.72m (97-6)  |

## HAMMER THROW

|                          |                       |
|--------------------------|-----------------------|
| 1. Avery Carter (R-Jr.)  | 64.18m (210-7) PR, #3 |
| 3. Patrick Kunza (R-So.) | 58.99m (193-6)        |
| 6. Sean Harrell (R-Sr.)  | 52.66m (172-9) PR     |

## JAVELIN

|                        |                |
|------------------------|----------------|
| 1. Jason Edwards (Fr.) | 53.69m (176-2) |
|------------------------|----------------|

TOM BOTTS INVITATIONAL  
April 20-21 // Columbia, Mo.

## 100 METER DASH

|                             |                 |
|-----------------------------|-----------------|
| 3. Tsai-Anne Joseph (R-Jr.) | 12.13 (W: -1.3) |
| 5. Jazmyn Shumaker (Fr.)    | 12.48 (W: -1.3) |

## 200 METER DASH

|                             |                   |
|-----------------------------|-------------------|
| 2. Tsai-Anne Joseph (R-Jr.) | 24.26 (W: 2.2) PR |
| 9. Jazmyn Shumaker (Fr.)    | 24.93 (W: 2.0) PR |
| 22. Maya Puller (Fr.)       | 25.95 (W: 0.8)    |

## 400 METER DASH

|                               |         |
|-------------------------------|---------|
| 7. Maya Puller (Fr.)          | 1:00.17 |
| 8. Michaela Hackbarth (R-Fr.) | 1:02.36 |

## 800 METER RUN

|                              |            |
|------------------------------|------------|
| 1. Valeska Halamicek (R-Sr.) | 2:10.14    |
| 3. Karina Liz (R-Fr.)        | 2:13.97    |
| 5. Melissa Menghini (R-Fr.)  | 2:16.62 PR |
| 6. Faramola Shonekan (So.)   | 2:16.78 PR |
| 10. Shannon Browning (Fr.)   | 2:17.10    |
| 26. Susan Forbis (R-So.)     | 2:23.95 PR |
| 27. Erica Rideout (Jr.)      | 2:24.34    |
| 31. Elly DeTurris (Jr.)      | 2:29.25    |

## 1500 METER RUN

|                             |                    |
|-----------------------------|--------------------|
| 1. Karissa Schweizer (Sr.)  | 4:12.83 PR, SR, MR |
| 3. Karina Liz (R-Fr.)       | 4:35.54            |
| 4. Melissa Menghini (R-Fr.) | 4:35.59 PR         |
| 11. Shannon Browning (Fr.)  | 4:42.39 PR         |
| 15. Jordyn Kleve (R-So.)    | 4:48.50            |
| 20. Susan Forbis (R-Fr.)    | 4:51.99 PR         |
| 23. Elly DeTurris (Jr.)     | 4:59.17            |
| 25. Lexi Maddox (Fr.)       | 5:03.26 PR         |

## 5000 METER RUN

|                            |             |
|----------------------------|-------------|
| 5. Sophia Racette (R-So.)  | 17:30.09 PR |
| 9. Samantha Farmer (R-So.) | 17:47.34    |
| 10. Kaelyn Balch (R-Sr.)   | 17:51.22    |

## 4x400 METER RELAY

|                                                                                                          |         |
|----------------------------------------------------------------------------------------------------------|---------|
| 3. Karina Liz (R-Fr.), Faramola Shonekan (So.),<br>Maya Puller (Fr.), Valeska Halamicek (R-Sr.)          | 3:55.48 |
| 6. Michaela Hackbarth (R-Fr.), Melissa Menghini (R-Fr.),<br>Shannon Browning (Fr.), Susan Forbis (R-Fr.) | 4:15.32 |

## HIGH JUMP

|                           |                |
|---------------------------|----------------|
| 1. Karissa Roman (Jr.)    | 1.72m (5-7.75) |
| 4. Valeria Kostiuik (Jr.) | 1.67m (5-5.75) |

## LONG JUMP

|                         |                           |
|-------------------------|---------------------------|
| 7. Keyoni Mbroh (R-Jr.) | 5.45m (17-10.75) (W: 1.9) |
|-------------------------|---------------------------|

## DISCUS

|                        |                       |
|------------------------|-----------------------|
| 1. Gabi Jacobs (R-Jr.) | 58.11m (190-8) MR, FR |
|------------------------|-----------------------|

## HAMMER THROW

|                        |                |
|------------------------|----------------|
| 2. Becky Keating (Jr.) | 60.18m (197-5) |
|------------------------|----------------|

## JAVELIN

|                      |                |
|----------------------|----------------|
| 2. Allie Webb (So.)  | 43.52m (142-9) |
| 3. Megan Haley (Fr.) | 43.06m (141-3) |



## MEN'S OUTDOOR RECORDS

| EVENT           | ATHLETE            | MARK               | DATE       | MEET // LOCATION                                 |
|-----------------|--------------------|--------------------|------------|--------------------------------------------------|
| 100m Dash       | Chidi Imoh         | 10.00              | 08/15/1986 | Berlin ISATF // Berlin, Germany                  |
| 200m Dash       | Iziah Adeyanju     | 20.34c             | 05/14/1988 | Big 8 Championships // Ames, Iowa                |
| 400m Dash       | Kahmari Montgomery | 45.13              | 05/12/2016 | SEC Championships // Tuscaloosa, Ala.            |
| 800m Run        | Derrick Peterson   | 1:45.18            | 06/02/2000 | NCAA Championships // Durham, N.C.               |
| 1500m Run       | Will Crocker       | 3:41.89            | 06/18/2016 | Princeton Qualifier II // Princeton, N.J.        |
| 5000m Run       | Dan Quigley        | 13:43.38           | 04/18/2013 | Mt. SAC Relays // Walnut, Calif.                 |
| 10,000m Run     | Max Storms         | 29:15.61           | 04/19/2012 | Mt. SAC Relays // Walnut, Calif.                 |
| 110m Hurdles    | Dan Lavitt         | 13.53              | 04/18/1980 | Baylor Invitational // Waco, Texas               |
| 400m Hurdles    | Henry Amike        | 48.88              | 05/31/1985 | NCAA Championships // Austin, Texas              |
| 3k Steeplechase | Ryan Pirtle        | 8:35.90            | 05/21/2000 | Big 12 Championships // Columbia, Mo.            |
| High Jump       | Nat Page           | 2.28m // 7-5.75    | 06/01/1979 | USOC Olympic Festival // Colorado Springs, Colo. |
| Pole Vault      | Matt Ludwig        | 5.46m // 17-11     | 04/30/2016 | Memphis Tiger Invitational // Memphis, Tenn.     |
| Long Jump       | Yussuf Alli        | 8.27m // 27-1.75   | 08/01/1990 | African Championships // Cairo Egypt             |
| Triple Jump     | Ajayi Agbebaku     | 16.96m // 55-7.75  | 08/01/1984 | African Championships // Rabat, Morocco          |
| Shot Put        | Christian Cantwell | 21.62m // 70-11.25 | 07/15/2003 | Diputation de Salamanca // Salamanca, Spain      |
| Discus          | Ben Plunkett       | 61.52m // 201-10   | 05/29/1979 | USATF Championships // Eugene, Ore.              |
| Hammer Throw    | Chris Rohr         | 71.92m // 235-11   | 04/25/2009 | Drake Relays // Des Moines, Iowa                 |
| Javelin         | Macauley Garton    | 77.47m // 254-2    | 05/14/2015 | SEC Championships // Starkville, Miss.           |
| Decathlon       | Hans Uldal         | 8018w              | 04/14/2006 | Audrey Walton Combined Events // Columbia, Mo.   |
| 4x100m Relay    |                    | 39.32              | 05/31/1985 | NCAA Championships // Austin, Texas              |
| 4x400m Relay    |                    | 3:06.42            | 04/06/1985 | Texas Relays // Austin, Texas                    |



## MEN'S OUTDOOR TOP-10 LIST

## 100-METER DASH

|     |                    |        |          |
|-----|--------------------|--------|----------|
| 1.  | Chidi Imoh         | 10.00  | 08/15/86 |
| 2.  | Markesh Woodson    | 10.05  | 06/08/16 |
| 3.  | Victor Edet        | 10.14  | 04/22/88 |
|     | Iziah Adayanju     | 10.14c | 07/02/88 |
| 5.  | Ed Ofili           | 10.19  | 05/15/76 |
| 6.  | Peter Ifeduba      | 10.24c | 05/14/88 |
| 7.  | Chuks Olisah       | 10.41  | 1982     |
| 8.  | Greg Bracey        | 10.45  | 05/12/07 |
| 9.  | Tre Chambers       | 10.49  | 05/13/11 |
| 10. | Kahmari Montgomery | 10.57  | 03/26/16 |

## 1500-METER RUN

|     |                  |          |          |
|-----|------------------|----------|----------|
| 1.  | Will Crocker     | 3:41.89  | 06/18/16 |
| 2.  | Charles McMullen | 3:41.90  | 07/09/73 |
| 3.  | Robin Lingle     | 3:42.24c | 06/20/64 |
| 4.  | Brian Graybill   | 3:42.80  | 06/13/09 |
| 5.  | Bill Wells       | 3:43.6h  | 06/15/68 |
| 6.  | Tipper O'Brien   | 3:44.14  | 05/06/05 |
| 7.  | Tim Cornell      | 3:44.15  | 05/08/09 |
| 8.  | Mark Kennard     | 3:44.73  | 04/16/82 |
| 9.  | Ray Hughes       | 3:45.07  | 05/02/99 |
| 10. | Lars Stromo      | 3:45.23  | 05/01/84 |

## 400-METER HURDLES

|     |                     |              |                 |
|-----|---------------------|--------------|-----------------|
| 1.  | Henry Amike         | 48.88        | 05/31/85        |
| 2.  | Daniel Ogidi        | 49.96        | 03/23/85        |
| 3.  | Dean Fogarty        | 51.17        | 05/23/80        |
| 4.  | <b>Jerrad Mason</b> | <b>51.24</b> | <b>04/15/17</b> |
| 5.  | Chris Davis         | 51.34        | 05/26/11        |
| 6.  | Drake Stuedemann    | 51.73        | 05/16/15        |
| 7.  | Dele Udo            | 51.74c       | 05/19/78        |
| 8.  | Gladstone Agbamu    | 52.02        | 05/14/76        |
| 9.  | Kellyn Fogarty      | 52.17        | 05/13/11        |
| 10. | Victor Moore        | 52.28        | 05/11/85        |

## 200-METER DASH

|     |                    |        |          |
|-----|--------------------|--------|----------|
| 1.  | Iziah Adayanju     | 20.34c | 05/14/88 |
| 2.  | Chidi Imoh         | 20.36  | 05/18/86 |
| 3.  | Victor Edet        | 20.54c | 1985     |
| 4.  | Dan Fortune        | 20.71  | 05/09/81 |
| 5.  | Peter Ifeduba      | 20.74c | 05/14/88 |
| 6.  | Kahmari Montgomery | 20.80  | 06/28/16 |
| 7.  | Dan Lavitt         | 20.84c | 05/12/78 |
| 8.  | Ed Ofili           | 20.85  | 1976     |
|     | Markesh Woodson    | 20.85  | 05/12/16 |
| 10. | Marquis Davis      | 20.89  | 05/14/05 |

## 5000-METER RUN

|     |                 |          |          |
|-----|-----------------|----------|----------|
| 1.  | Dan Quigley     | 13:43.38 | 04/18/13 |
| 2.  | Ryan Hampton    | 14:05.66 | 03/25/05 |
| 3.  | Kerry Hogan     | 14:06.4h | 05/13/72 |
| 4.  | Tyler Schneider | 14:08.11 | 04/17/14 |
| 5.  | Garett Jeffries | 14:09.41 | 05/04/08 |
| 6.  | Max Storms      | 14:09.52 | 04/19/13 |
| 7.  | Dan Hedgecock   | 14:09.58 | 05/04/08 |
| 8.  | Tim Ross        | 14:12.23 | 03/26/04 |
| 9.  | Tim Cornell     | 14:13.09 | 03/26/10 |
| 10. | Steve Fisher    | 14:13.8h | 03/31/79 |

## 3000-METER STEEPLECHASE

|     |                |         |          |
|-----|----------------|---------|----------|
| 1.  | Ryan Pirtle    | 8:35.90 | 05/21/00 |
| 2.  | Ray Hughes     | 8:41.4h | 04/18/98 |
| 3.  | Ron Harmon     | 8:44.6h | 05/21/77 |
| 4.  | Paul Skei      | 8:46.0h | 05/12/84 |
| 5.  | Sam Dickerson  | 8:51.69 | 04/03/15 |
| 6.  | Steve Fisher   | 8:52.4h | 04/14/79 |
| 7.  | Matt Noonan    | 8:53.58 | 03/31/06 |
| 8.  | Sheldon Keence | 8:55.29 | 03/31/17 |
| 9.  | Brad Reese     | 8:59.7h | 05/01/77 |
| 10. | Jeff Dick      | 8:59.94 | 05/14/89 |

## 400-METER DASH

|     |                    |        |          |
|-----|--------------------|--------|----------|
| 1.  | Kahmari Montgomery | 45.13  | 05/14/16 |
| 2.  | Dele Udo           | 45.34c | 05/15/76 |
| 3.  | Mike Norman        | 46.14c | 05/20/72 |
| 4.  | Rob Collier        | 46.36  | 1988     |
| 5.  | John Okoye         | 46.54c | 05/16/87 |
| 6.  | Henry Amike        | 46.54c | 05/11/85 |
| 7.  | Michael King       | 46.84c | 05/20/90 |
| 8.  | Daniel Ogidi       | 46.98  | 03/22/85 |
| 9.  | Jesse Lane         | 47.02  | 05/18/93 |
| 10. | Scott Davis        | 47.28  | 05/09/81 |

## 10,000-METER RUN

|     |                |          |          |
|-----|----------------|----------|----------|
| 1.  | Max Storms     | 29:15.61 | 04/19/12 |
| 2.  | Nick Smith     | 29:20.27 | 04/27/00 |
| 3.  | Ollie Lockley  | 29:24.18 | 03/31/17 |
| 4.  | Josh Davis     | 29:27.99 | 03/31/06 |
| 5.  | Chase Hall     | 29:29.18 | 03/26/04 |
| 6.  | Steve Fisher   | 29:31.1h | 04/15/76 |
| 7.  | Tim Ross       | 29:32.41 | 04/15/05 |
| 8.  | Drew White     | 29:41.10 | 04/27/17 |
| 9.  | Adam MacDowell | 29:41.67 | 03/30/02 |
| 10. | Phillip King   | 29:42.39 | 03/26/10 |

## 4x100-METER RELAY

|     |                                                  |       |          |
|-----|--------------------------------------------------|-------|----------|
| 1.  |                                                  | 39.32 | 05/31/85 |
| 2.  |                                                  | 39.77 | 05/12/84 |
| 3.  | Woodson, Mathis, Montgomery, <b>Holder</b>       | 39.87 | 04/16/16 |
| 4.  |                                                  | 40.07 | 06/05/86 |
| 5.  |                                                  | 40.16 | 05/16/87 |
| 6.  |                                                  | 40.20 | 05/19/79 |
| 6.  |                                                  | 40.33 | 05/14/83 |
| 8.  |                                                  | 40.68 | 03/25/15 |
| 9.  | Woodson, Sweeney, Mathis, <b>Holder</b>          | 40.75 | 04/09/16 |
| 10. | <b>Holder</b> , Mathis, Montgomery, <b>Mason</b> | 41.19 | 04/15/17 |

## 800-METER RUN

|     |                  |         |          |
|-----|------------------|---------|----------|
| 1.  | Derrick Peterson | 1:45.18 | 06/02/00 |
| 2.  | Scott Davis      | 1:46.30 | 06/03/83 |
| 3.  | Scott Clark      | 1:46.40 | 06/20/81 |
| 4.  | Ricky West       | 1:46.47 | 06/08/12 |
| 5.  | Aaron Dixon      | 1:47.39 | 05/28/10 |
|     | Timothy Dunne    | 1:47.39 | 05/28/10 |
| 7.  | Craig Endicott   | 1:47.40 | 1969     |
| 8.  | Blake Irwin      | 1:47.53 | 05/28/10 |
| 9.  | Marcus Mayes     | 1:47.71 | 05/26/07 |
| 10. | Neville Miller   | 1:47.99 | 06/22/06 |

## 110-METER HURDLES

|     |                 |       |          |
|-----|-----------------|-------|----------|
| 1.  | Dan Lavitt      | 13.53 | 04/18/80 |
| 2.  | Malcolm Dixon   | 13.54 | 05/28/83 |
| 3.  | Godwin Obasogie | 13.55 | 05/15/76 |
| 4.  | Albert Lane     | 13.61 | 06/02/84 |
| 5.  | Bruce Cockrell  | 14.01 | 05/21/88 |
| 6.  | Cliff Mundy     | 14.06 | 05/11/85 |
| 7.  | Nick Adcock     | 14.07 | 04/30/10 |
| 8.  | Nat Page        | 14.09 | 04/20/79 |
| 9.  | Victor Moore    | 14.13 | 05/11/85 |
| 10. | Otto Nichols    | 14.2h | 05/01/70 |

## 4x400-METER RELAY

|     |  |         |          |
|-----|--|---------|----------|
| 1.  |  | 3:06.42 | 04/06/85 |
| 2.  |  | 3:07.43 | 05/16/81 |
| 3.  |  | 3:07.63 | 05/12/84 |
| 4.  |  | 3:08.25 | 05/23/98 |
| 5.  |  | 3:08.73 | 05/23/99 |
| 6.  |  | 3:08.88 | 05/17/98 |
| 7.  |  | 3:09.73 | 05/17/09 |
| 8.  |  | 3:09.83 | 05/15/05 |
| 9.  |  | 3:10.07 | 04/27/07 |
| 10. |  | 3:10.23 | 05/28/05 |





## MEN'S OUTDOOR TOP-10 LIST

## HIGH JUMP

|     |                        |                |                 |
|-----|------------------------|----------------|-----------------|
| 1.  | Nat Page               | 2.28m//7-5.75  | 06/01/79        |
| 2.  | Ben Lucero             | 2.25m//7-4.50  | 06/02/82        |
| 3.  | Jesse Sims             | 2.20m//7-2.50  | 04/13/02        |
|     | Jay Meystedt           |                | 05/12/01        |
| 5.  | Steve Herndon          | 2.18m//7-1.75  | 06/04/66        |
|     | <b>Landon Cuskelly</b> |                | <b>04/21/18</b> |
| 7.  | Daniel Hunter          | 2.15m//7-0.50  | 05/16/09        |
| 8.  | Jason Jones            | 2.14m//7-0.25  | 05/16/98        |
|     | Gene Hansbrough        |                | 05/01/74        |
| 10. | Jason Edmonds          | 2.13m//6-11.75 | 03/30/02        |

## SHOT PUT

|     |                    |                        |                 |
|-----|--------------------|------------------------|-----------------|
| 1.  | Christian Cantwell | 21.62m//70-11.25       | 07/15/03        |
| 2.  | Russ Bell          | 19.54m//64-1.25        | 05/11/02        |
| 3.  | Conrad Woolsey     | 19.41m//63-8.25        | 05/14/05        |
| 4.  | Nate Englin        | 19.04m//62-5.75        | 05/02/08        |
| 5.  | Rick Lyle          | 18.75m//61-6.25        | 05/17/83        |
| 6.  | Steve Moore        | 18.61m//61-0.75        | 05/20/78        |
| 7.  | <b>Will Fife</b>   | <b>18.58m//60-11.5</b> | <b>03/24/18</b> |
| 8.  | Gene Crews         | 18.44m//60-6           | 06/01/65        |
| 9.  | Dave Frieze        | 18.36m//60-3           | 05/20/72        |
| 10. | Harold Cronin      | 18.16m//59-7           | 04/19/96        |

## DECATHLON

|     |                   |       |          |
|-----|-------------------|-------|----------|
| 1.  | Hans Uldal        | 8018w | 04/14/06 |
| 2.  | Lars Rise         | 7942  | 06/10/11 |
| 3.  | Nick Adcock       | 7704  | 05/15/10 |
| 4.  | Knut Sommerfeldt  | 7685  | 05/17/03 |
| 5.  | Ser Whitaker      | 7488  | 05/13/16 |
| 6.  | Espen Strindeberg | 7355  | 05/16/98 |
| 7.  | Bjorn Sommerfeldt | 7337w | 05/13/06 |
| 8.  | Curt Brand        | 6835  | 05/14/88 |
| 9.  | Brandon Goebbert  | 6773  | 04/15/05 |
| 10. | Brad Hasler       | 6591  | 03/24/90 |

## POLE VAULT

|     |                 |                |          |
|-----|-----------------|----------------|----------|
| 1.  | Matt Ludwig     | 5.46m//17-11   | 04/30/16 |
| 2.  | Brian Hancock   | 5.36m//17-7    | 04/08/11 |
| 3.  | Tom Jordan      | 5.35m//17-6.50 | 05/20/93 |
| 4.  | Kyle Wessel     | 5.30m//17-4.50 | 05/25/13 |
| 5.  | Bryan Dwight    | 5.00m//16-4.75 | 04/02/94 |
|     | Stuart Hall     |                | 05/13/83 |
| 7.  | Andy Zawislak   | 4.98m//16-4    | 04/14/79 |
|     | Leland Fletcher |                | 05/17/75 |
| 9.  | Justin Calame   | 4.97m//16-3.50 | 05/02/98 |
| 10. | Hans Uldal      | 4.95m//16-2.75 | 04/14/06 |
|     | David Brodacker | 4.95m//16-2.75 | 05/01/83 |

## DISCUS

|     |                    |                |          |
|-----|--------------------|----------------|----------|
| 1.  | Ben Plunkett       | 61.52m//201-10 | 05/29/76 |
| 2.  | Russ Bell          | 60.28m//197-9  | 03/30/02 |
| 3.  | Christian Cantwell | 59.32m//194-7  | 04/07/01 |
| 4.  | Rob James          | 58.84m//193-0  | 04/21/84 |
| 5.  | Dick Cochran       | 58.40m//191-7  | 07/01/60 |
| 6.  | Phil Hartung       | 57.46m//188-6  | 04/11/81 |
| 7.  | Scott Harrell      | 57.18m//187-7  | 05/23/80 |
| 8.  | Bobby Musil        | 56.36m//184-11 | 05/06/06 |
| 9.  | Chris Rohr         | 55.97m//183-7  | 05/16/09 |
| 10. | Dave Borchardt     | 54.90m//180-1  | 05/26/06 |

## HAMMER THROW

|     |                      |                      |                 |
|-----|----------------------|----------------------|-----------------|
| 1.  | Chris Rohr           | 71.92m//235-11       | 04/25/09        |
| 2.  | Jason Morris         | 68.41m//224-5        | 04/26/08        |
| 3.  | <b>Avery Carter</b>  | <b>64.18m//210-7</b> | <b>04/20/18</b> |
| 4.  | Micah Shanks         | 64.04m//210-1        | 03/23/02        |
| 5.  | Russ Bell            | 63.74m//209-1        | 04/13/02        |
| 6.  | Bobby Musil          | 63.72m//209-0        | 05/12/06        |
| 7.  | Tyler Dailey         | 63.64m//208-9        | 05/31/08        |
| 8.  | Chris Holly          | 63.32m//207-9        | 04/27/11        |
| 9.  | <b>Patrick Kunza</b> | <b>62.70m//205-8</b> | <b>03/17/18</b> |
| 10. | Nate Englin          | 62.56m//205-3        | 04/12/08        |

## LONG JUMP

|     |                     |                       |                 |
|-----|---------------------|-----------------------|-----------------|
| 1.  | Yussuf Alli         | 8.27m//27-1.75        | 08/01/90        |
| 2.  | <b>Ja'Mari Ward</b> | <b>8.13m//26-8.25</b> | <b>05/12/17</b> |
| 3.  | Peppie Whitaker     | 8.04m//26-4.75        | 05/20/77        |
| 4.  | Ajayi Agbebeku      | 7.94m//26-0.75        | 08/02/79        |
| 5.  | Mel Gray            | 7.91m//25-11.50       | 05/15/70        |
| 6.  | Malcolm Pennix      | 7.82m//25-8           | 05/11/12        |
| 7.  | Yemi Alde'fa        | 7.74m//25-4.75        | 05/21/90        |
| 8.  | Bob Teel            | 7.65m//25-1.25        | 06/04/48        |
| 9.  | Gary Rainwater      | 7.62m//25-0           | 03/30/68        |
| 10. | John Warren         | 7.58m//24-10.50       | 05/12/16        |

## JAVELIN

|     |                  |               |          |
|-----|------------------|---------------|----------|
| 1.  | Macauley Garton  | 77.47m//254-2 | 05/14/15 |
| 2.  | Reinhard Van Zyl | 77.20m//253-3 | 05/11/17 |
| 3.  | Alex Pascal      | 75.38m//247-4 | 06/07/17 |
| 4.  | Darin File       | 74.56m//244-7 | 05/17/98 |
| 5.  | Lars Rise        | 71.71m//235-3 | 07/29/10 |
| 6.  | Gary File        | 69.60m//228-4 | 05/30/02 |
| 7.  | John Thies       | 65.41m//214-7 | 05/09/09 |
| 8.  | Knut Sommerfeldt | 65.28m//214-2 | 04/12/03 |
| 9.  | Jim Young        | 63.12m//207-1 | 04/22/86 |
| 10. | Hans Uldal       | 62.09m//203-8 | 05/14/05 |

## TRIPLE JUMP

|    |                     |                     |                 |
|----|---------------------|---------------------|-----------------|
| 1. | Ajayi Agbebeku      | 16.96m//55-7.75     | 08/01/84        |
| 2. | John Warren         | 16.27m//53-4.50     | 05/28/16        |
| 3. | Barry Davis         | 16.25m//53-3.75     | 1982            |
| 4. | Tony Carodine       | 16.14m//52-11.50    | 05/28/16        |
| 5. | Larry Gray          | 15.91m//52-2.50     | 05/18/73        |
| 6. | Jonathan Ilori      | 15.89m//52-1.75     | 05/31/14        |
| 7. | Jonathan Gentry     | 15.64m//51-3.75     | 04/06/74        |
| 8. | <b>Ja'Mari Ward</b> | <b>15.44m//50-8</b> | <b>04/22/17</b> |
| 9. | Chris Thomas        | 15.34m//50-4        | 05/17/98        |
|    | Jeremy Lampley      |                     | 05/24/12        |



## WOMEN'S OUTDOOR RECORDS

| EVENT              | ATHLETE                                                               | MARK                   | DATE              | MEET // LOCATION                                  |
|--------------------|-----------------------------------------------------------------------|------------------------|-------------------|---------------------------------------------------|
| 100m Dash          | Lorinda Richardson                                                    | 11.42                  | 05/16/1987        | Big 8 Championships // Lawrence, Kan.             |
| 200m Dash          | LaQuisha Jackson                                                      | 23.10                  | 04/01/2016        | Florida Relays // Gainesville, Fla.               |
| 400m Dash          | Natasha Kaiser                                                        | 50.86                  | 06/03/1989        | NCAA Championships // Provo, UT                   |
| 800m Run           | Ashley Wysong                                                         | 2:02.94                | 06/02/2000        | NCAA Championships // Durham, N.C.                |
| <b>1500m Run</b>   | <b>Karissa Schweizer</b>                                              | <b>4:12.83</b>         | <b>04/20/2018</b> | <b>Tom Botts Invitational // Columbia, Mo.</b>    |
| <b>5000m Run</b>   | <b>Karissa Schweizer</b>                                              | <b>15:18.69</b>        | <b>06/23/2017</b> | <b>USATF Championships // Sacramento, Calif.</b>  |
| <b>10,000m Run</b> | <b>Karissa Schweizer</b>                                              | <b>32:00.55</b>        | <b>03/30/2018</b> | <b>Stanford Invitational // Palo Alto, Calif.</b> |
| 100m Hurdles       | Valerie Thames                                                        | 13.18                  | 05/14/2016        | SEC Championships // Tuscaloosa, Ala.             |
| 400m Hurdles       | Valerie Thames                                                        | 57.16                  | 05/12/2016        | SEC Championships // Tuscaloosa, Ala.             |
| 3k Steeplechase    | Kerry Hils                                                            | 10:08.61               | 06/01/2001        | NCAA Championships // Eugene, Ore.                |
| High Jump          | Hanne Skei Anderson                                                   | 1.86m // 6-1.25        | 06/02/1994        | NCAA Championships // Boise, ID                   |
| Pole Vault         | Katrine Haarklau                                                      | 4.35m // 14-3.25       | 06/07/2013        | NCAA Championships // Eugene, Ore.                |
| Long Jump          | Lorinda Richardson                                                    | 6.51m // 21-4.25       | 05/03/1986        | National Invitational // Indianapolis, Ind.       |
| Triple Jump        | Hedvig Glomsroed                                                      | 12.71m // 41-8.50      | 05/13/2007        | Big 12 Championships // Lincoln, Neb.             |
| Shot Put           | Kearsten Peoples                                                      | 18.22m // 59-9.50      | 06/29/2012        | U.S. Olympic Trials // Eugene, Ore.               |
| <b>Discus</b>      | <b>Gabi Jacobs</b>                                                    | <b>58.23m // 191-0</b> | <b>05/26/2017</b> | <b>NCAA West Preliminary // Austin, Texas</b>     |
| Hammer Throw       | Kearsten Peoples                                                      | 66.17m // 217-1        | 05/01/2015        | Tom Botts Invitational // Columbia, Mo.           |
| Javelin            | Hailey Twietmeyer                                                     | 51.17m // 167-10.50    | 04/12/2014        | Missouri Relays // Columbia, Mo.                  |
| Heptathlon         | Teri LeBlanc                                                          | 5805                   | 06/14/1989        | TAC Championships // Houston, Texas               |
| 4x100m Relay       | <b>Maya Cody</b> , LaQuisha Jackson,<br>Alyssa Felton, Jacqueline Obi | 44.54                  | 04/23/2016        | John McDonnell Invitational // Fayetteville, Ark. |
| 4x400m Relay       | <b>Maya Cody</b> , Valerie Thames,<br>LaQuisha Jackson, Ayo Adewole   | 3:35.97                | 04/02/2016        | Florida Relays // Gainesville, Fla.               |



## WOMEN'S OUTDOOR TOP-10 LIST

## 100-METER DASH

|     |                    |              |                 |
|-----|--------------------|--------------|-----------------|
| 1.  | Lorinda Richardson | 11.42        | 05/16/87        |
| 2.  | Rufina Ubah        | 11.43        | 08/01/91        |
| 3.  | LaQuisha Jackson   | 11.47        | 03/31/16        |
| 4.  | Ramona Riley       | 11.54        | 04/03/82        |
| 5.  | <b>Maya Cody</b>   | <b>11.72</b> | <b>04/08/17</b> |
| 6.  | Natasha Kaiser     | 11.75        | 05/20/89        |
| 7.  | Alyssa Felton      | 11.85        | 04/09/16        |
| 8.  | Jessica Stockard   | 11.94        | 05/03/03        |
| 9.  | Avis Evans         | 11.96        | 05/20/00        |
| 10. | Angela Moore       | 11.96        | 05/02/87        |

## 200-METER DASH

|     |                    |              |                 |
|-----|--------------------|--------------|-----------------|
| 1.  | LaQuisha Jackson   | 23.10        | 04/01/16        |
| 2.  | Natasha Kaiser     | 23.53        | 05/17/86        |
| 3.  | Willette Page      | 23.76        | 05/05/79        |
| 4.  | Lorinda Richardson | 23.88        | 05/14/88        |
| 5.  | Rufina Ubah        | 23.98        | 03/24/84        |
| 6.  | <b>Maya Cody</b>   | <b>23.99</b> | <b>04/22/16</b> |
| 7.  | Teri LeBlanc       | 24.04        | 05/31/89        |
| 8.  | Pam Page           | 24.08        | 04/12/80        |
| 9.  | Lana Mims          | 24.09        | 04/30/10        |
| 10. | Rosalyn Dunlap     | 24.13        | 05/05/84        |

## 400-METER DASH

|     |                     |              |                 |
|-----|---------------------|--------------|-----------------|
| 1.  | Natasha Kaiser      | 50.86        | 06/03/89        |
| 2.  | Rosalyn Dunlap      | 52.20        | 06/02/82        |
| 3.  | LaQuisha Jackson    | 53.50        | 04/15/17        |
| 4.  | Rose Jackson        | 53.57        | 05/11/84        |
| 5.  | Sandrae Farquharson | 53.70        | 04/16/16        |
| 6.  | Ayo Adewole         | 54.08        | 05/03/15        |
| 7.  | Nicol Hodges        | 54.48        | 05/18/93        |
| 8.  | <b>Maya Cody</b>    | <b>54.49</b> | <b>04/16/16</b> |
| 9.  | Willette Page       | 55.0h        | 05/05/79        |
| 10. | Whitney Stuart      | 55.33        | 05/01/04        |

## 800-METER RUN

|     |                          |                |                 |
|-----|--------------------------|----------------|-----------------|
| 1.  | Ashley Wysong            | 2:02.94        | 06/02/00        |
| 2.  | Ashley Patten            | 2:04.04        | 05/15/05        |
| 3.  | Trisa Nickoley           | 2:04.07        | 06/22/07        |
| 4.  | Shannon Leinert          | 2:05.53        | 06/17/09        |
| 5.  | Dana Glidden             | 2:05.6h        | 05/26/79        |
| 6.  | Sunny Gilbert            | 2:06.03        | 05/06/00        |
| 7.  | Lynn Biggs               | 2:07.05        | 05/12/84        |
| 8.  | Nicki Webber             | 2:07.13        | 07/09/93        |
| 9.  | Cyd Thomas               | 2:07.53        | 04/18/86        |
| 10. | <b>Valeska Halamicek</b> | <b>2:07.57</b> | <b>05/12/16</b> |

## 1500-METER RUN

|     |                          |                |                 |
|-----|--------------------------|----------------|-----------------|
| 1.  | <b>Karissa Schweizer</b> | <b>4:12.83</b> | <b>04/20/18</b> |
| 2.  | Laura Roxberg            | 4:13.53        | 04/27/13        |
| 3.  | Ann Marie Brooks         | 4:18.66        | 05/04/01        |
| 4.  | Amanda Bales             | 4:18.79        | 05/15/05        |
| 5.  | Sabrina Dornhoefer       | 4:19.01        | 04/10/85        |
| 6.  | Rebecca Davis            | 4:19.76        | 04/20/97        |
| 7.  | Jessica Haremza          | 4:21.14        | 05/09/97        |
| 8.  | Erin Windler             | 4:23.13        | 04/20/97        |
| 9.  | Katie Meyer              | 4:23.65        | 05/20/00        |
| 10. | Cyd Thomas               | 4:24.02        | 05/03/86        |

## 5000-METER RUN

|     |                          |                 |                 |
|-----|--------------------------|-----------------|-----------------|
| 1.  | <b>Karissa Schweizer</b> | <b>15:18.69</b> | <b>06/23/17</b> |
| 2.  | Sabrina Dornhoefer       | 15:42.22        | 06/01/85        |
| 3.  | Ann Marie Brooks         | 15:50.36        | 06/22/02        |
| 4.  | <b>Megan Cunningham</b>  | <b>16:03.20</b> | <b>04/14/18</b> |
| 5.  | Jill Kinsbury            | 16:05.7h        | 04/25/85        |
| 6.  | <b>Jamie Kempfer</b>     | <b>16:09.59</b> | <b>04/27/17</b> |
| 7.  | Kaitie Vanatta           | 16:16.52        | 04/19/12        |
| 8.  | Nicole Mello             | 16:22.17        | 04/27/17        |
| 9.  | Serena Ramsey            | 16:22.67        | 04/27/06        |
| 10. | Amanda Bales             | 16:24.21        | 03/25/05        |

## 10,000-METER RUN

|     |                          |                 |                 |
|-----|--------------------------|-----------------|-----------------|
| 1.  | <b>Karissa Schweizer</b> | <b>32:00.55</b> | <b>03/30/18</b> |
| 2.  | <b>Jamie Kempfer</b>     | <b>33:09.67</b> | <b>03/31/17</b> |
| 3.  | Kaitlyn Fischer          | 33:12.37        | 06/12/14        |
| 4.  | Serena Ramsey            | 33:52.59        | 06/08/06        |
| 5.  | Valerie Lauver           | 34:07.04        | 03/25/05        |
| 6.  | Kinsey Farren            | 34:37.70        | 04/06/12        |
| 7.  | Andrea Fisher            | 34:39.90        | 05/19/83        |
| 8.  | Jill Kingsbury           | 34:47.3h        | 04/25/85        |
| 9.  | Brenda Saunders          | 34:55.1h        | 05/23/80        |
| 10. | Justa Dahl               | 34:58.55        | 03/29/99        |

## 100-METER HURDLES

|     |                  |       |          |
|-----|------------------|-------|----------|
| 1.  | Valerie Thames   | 13.18 | 05/14/16 |
| 2.  | Pam Page         | 13.48 | 04/19/80 |
| 3.  | Alyssa Felton    | 13.49 | 05/28/16 |
| 4.  | Fiona Asigbee    | 13.61 | 05/30/03 |
|     | Teri LeBlanc     |       | 04/28/89 |
| 6.  | Felecia Allen    | 13.68 | 04/27/91 |
| 7.  | Kaela Rorvig     | 13.79 | 05/15/09 |
| 8.  | Ja'Nay Woolridge | 13.82 | 04/18/09 |
| 9.  | Michelle Moran   | 13.96 | 05/19/00 |
| 10. | Rannveig Kvalvik | 14.09 | 04/10/99 |

## 400-METER HURDLES

|     |                   |         |          |
|-----|-------------------|---------|----------|
| 1.  | Valerie Thames    | 57.16   | 05/12/16 |
| 2.  | Leslie Farmer     | 57.80   | 05/11/12 |
| 3.  | Felecia Allen     | 1:00.54 | 04/17/87 |
| 4.  | Margaret Ibe      | 1:00.55 | 05/15/04 |
| 5.  | Comfort Ibe       | 1:00.80 | 05/07/04 |
| 6.  | Rannveig Kvalvik  | 1:01.17 |          |
| 7.  | Sha'Rone Greenlaw | 1:01.19 | 04/06/13 |
| 8.  | Rosalyn Dunlap    | 1:01.3h | 05/28/81 |
| 9.  | Erin Moses        | 1:01.43 | 04/15/06 |
| 10. | Andrea Seabaugh   | 1:01.73 | 05/14/89 |

## 3000-METER STEEPLECHASE

|     |                        |                 |                 |
|-----|------------------------|-----------------|-----------------|
| 1.  | Kerry Hils             | 10:08.61        | 06/01/01        |
| 2.  | Teylar Adelsberger     | 10:12.39        | 04/14/16        |
| 3.  | Courtney Wood          | 10:21.32        | 05/17/14        |
| 4.  | Jill Petersen          | 10:34.46        | 04/29/05        |
| 5.  | Katie Meyer            | 10:35.57        | 04/06/01        |
| 6.  | Angela Potrykus        | 10:42.11        | 04/30/10        |
| 7.  | Madison Waymire        | 10:49.26        | 05/03/15        |
| 8.  | Ellen Ries             | 10:51.81        | 04/05/08        |
| 9.  | Liz Reid               | 11:02.66        | 05/13/12        |
| 10. | <b>Samantha Farmer</b> | <b>11:05.26</b> | <b>03/31/18</b> |

## 4x100-METER RELAY

|     |                                           |              |                 |
|-----|-------------------------------------------|--------------|-----------------|
| 1.  | <b>Cody, Jackson, Felton, Farquharson</b> | 44.31        | 06/08/16        |
| 2.  | <b>Cody, Jackson, Felton, Obi</b>         | 44.54        | 04/23/16        |
| 3.  | <b>Cody, Jackson, Joseph, Farquharson</b> | <b>44.59</b> | <b>05/27/17</b> |
| 4.  |                                           | 45.02        | 04/30/88        |
| 5.  |                                           | 45.17        | 04/16/88        |
| 6.  | <b>Cody, Jackson, Felton, Obi</b>         | 45.12        | 04/09/16        |
| 7.  | <b>Cody, Jackson, Felton, Obi</b>         | 45.48        | 03/31/16        |
| 8.  |                                           | 45.59        | 04/25/79        |
| 9.  |                                           | 45.81        | 05/14/89        |
| 10. |                                           | 45.87        | 04/07/84        |



## WOMEN'S OUTDOOR TOP-10 LIST

## 4x400-METER RELAY

|     |                                            |         |          |
|-----|--------------------------------------------|---------|----------|
| 1.  | <b>Cody</b> , Thames, Jackson, Farquharson | 3:34.10 | 05/28/16 |
| 2.  | Farquharson, Thames, Jackson, Adewole      | 3:34.20 | 05/04/16 |
| 3.  | <b>Cody</b> , Thames, Jackson, Adewole     | 3:35.97 | 04/02/15 |
| 4.  | Farquharson, Jackson, Wells, Thames        | 3:37.00 | 05/13/17 |
| 5.  | Farquharson, Jackson, Obi, Thames          | 3:38.44 | 03/26/16 |
| 6.  | Thames, Farquharson, Wells, Adewole        | 3:40.11 | 04/16/16 |
| 7.  | Adewole, Lark, Jackson, Thames             | 3:40.68 | 05/16/15 |
| 8.  |                                            | 3:40.86 | 05/17/09 |
| 9.  |                                            | 3:41.12 | 05/21/00 |
| 10. |                                            | 3:41.16 | 05/03/03 |

## HIGH JUMP

|    |                     |                |          |
|----|---------------------|----------------|----------|
| 1. | Hanne Skei Andersen | 1.86m//6-1.25  | 06/02/94 |
|    | LaTonya Tatum       |                | 04/08/89 |
| 3. | Christi Myers       | 1.83m//6-0     | 05/11/02 |
| 4. | Helen Ogar          | 1.81m//5-11.25 | 03/20/82 |
| 5. | Jenny Bybee         | 1.80m//5-10.75 | 05/03/03 |
|    | Mary Cragoe         |                | 04/19/80 |
| 7. | Michelle Moran      | 1.79m//5-10.50 | 05/19/00 |
|    | Angela Beckett      |                | 05/18/92 |
| 9. | Teri LeBlanc        | 1.78m//5-10    | 04/16/88 |
|    | Morgan Whitson      |                | 03/28/14 |

## POLE VAULT

|     |                  |                |          |
|-----|------------------|----------------|----------|
| 1.  | Katrine Haarklau | 4.35m//14-3.25 | 06/07/13 |
| 2.  | Alyssa Applebee  | 4.22m//13-10   | 05/27/16 |
| 3.  | Jennifer Bennett | 4.12m//13-6.25 | 05/30/03 |
| 4.  | Heather Green    | 4.04m//13-3    | 05/29/14 |
|     | Rayce Albino     |                | 04/23/16 |
| 6.  | Maggie Givens    | 4.01m//13-1.75 | 05/15/15 |
| 7.  | Bri Gibbs        | 3.89m//12-9    | 04/23/16 |
| 8.  | Lyndsey Tait     | 3.80m//12-5.50 | 04/09/05 |
| 9.  | Liz Peterson     | 3.70m//12-1.50 | 04/17/04 |
| 10. | Tommie Powers    | 3.68m//12-0.75 | 05/02/08 |

## LONG JUMP

|     |                    |                 |          |
|-----|--------------------|-----------------|----------|
| 1.  | Lorinda Richardson | 6.51m//21-4.25  | 05/03/86 |
| 2.  | Felecia Allen      | 6.45m//21-2     | 04/06/91 |
| 3.  | Teri LeBlanc       | 6.36m//20-10.50 | 04/08/89 |
| 4.  | Lana Mims          | 6.27m//20-7     | 04/30/10 |
| 5.  | Kellee Eubanks     | 6.22m//20-5     | 04/24/82 |
| 6.  | JaNay Woolridge    | 6.20m//20-4.25  | 05/30/08 |
| 7.  | Linda Spent        | 6.12m//20-1     | 04/11/81 |
| 8.  | Rose Jackson       | 6.05m//19-10.25 | 04/13/84 |
| 9.  | Lynnsey Brim       | 6.02m//19-9     | 04/16/16 |
| 10. | Kaela Rorvig       | 6.01m//19-8.75  | 04/16/09 |

## TRIPLE JUMP

|     |                     |                  |          |
|-----|---------------------|------------------|----------|
| 1.  | Hedvig Glomsroed    | 12.71m//41-8.50  | 05/13/07 |
| 2.  | Mollie Gribbin      | 12.61m//41-4.5   | 05/27/17 |
| 3.  | Danielle Williams   | 12.51m//41-0.50  | 05/28/16 |
| 4.  | Lindsey Miller      | 12.38m//40-7.50  | 05/23/99 |
| 5.  | Shammai Ilis        | 12.31m//40-4.75  | 03/26/15 |
| 6.  | Dawn Huff           | 12.16m//39-10.75 | 04/04/92 |
| 7.  | Angela Monroe       | 12.06m//39-6.75  | 05/02/87 |
| 8.  | Shawnte Middlebrook | 12.00m//39-4.50  | 04/23/11 |
| 9.  | Eli Sommerfeldt     | 11.97m//39-3.25  | 05/05/01 |
| 10. | Felecia Allen       | 11.90m//39-0.50  | 05/20/91 |

## SHOT PUT

|     |                    |                        |                 |
|-----|--------------------|------------------------|-----------------|
| 1.  | Kearsten Peoples   | 18.22m//59-9.50        | 06/29/12        |
| 2.  | Jill Rushin        | 17.72m//58-1.75        | 05/02/15        |
| 3.  | Shernelle Nicholls | 17.14m//56-2.75        | 05/13/07        |
| 4.  | Janae Strickland   | 16.92m//55-6.25        | 05/01/04        |
| 5.  | Krishna Lee        | 16.29m//53-5.50        | 05/17/09        |
| 6.  | Katie Evans        | 15.96m//52-4.50        | 05/17/14        |
| 7.  | <b>Gabi Jacobs</b> | <b>15.78m//51-9.25</b> | <b>05/27/17</b> |
| 8.  | Cortni Ervin       | 15.65m//51-4           | 04/25/12        |
| 9.  | Elizabeth Robe     | 15.44m//50-8           | 03/25/06        |
| 10. | Elisha Hunt        | 15.27m//50-1.25        | 05/17/08        |

## DISCUS

|     |                    |                      |                 |
|-----|--------------------|----------------------|-----------------|
| 1.  | <b>Gabi Jacobs</b> | <b>58.23m//191-0</b> | <b>05/26/17</b> |
| 2.  | Kearsten Peoples   | 57.31m//188-0        | 04/23/14        |
| 3.  | Jill Rushin        | 53.39m//175-2        | 04/23/14        |
| 4.  | Shernelle Nicholls | 52.00m//170-7        | 03/29/08        |
| 5.  | Melanie Uher       | 50.77m//166-7        | 05/28/05        |
| 6.  | Krishna Lee        | 50.67m//166-3        | 04/24/09        |
| 7.  | Erica Brooks       | 50.50m//165-8        | 05/02/92        |
| 8.  | Mary Hyder         | 50.30m//165-0        | 05/15/82        |
| 9.  | Lindsey Markworth  | 50.07m//164-3        | 04/23/05        |
| 10. | Stephanie Stean    | 49.92m//163-9        | 04/11/92        |

## HAMMER

|     |                      |                      |                 |
|-----|----------------------|----------------------|-----------------|
| 1.  | Kearsten Peoples     | 66.17m//217-1        | 05/01/15        |
| 2.  | <b>Becky Keating</b> | <b>63.87m//209-6</b> | <b>03/17/18</b> |
| 3.  | Krishna Lee          | 63.77m//209-2        | 05/15/09        |
| 4.  | Holly Scherder       | 60.76m//199-4        | 04/29/04        |
| 5.  | Elisha Hunt          | 58.80m//192-11       | 05/16/08        |
| 6.  | Shernelle Nicholls   | 58.21m//190-11       | 04/19/07        |
| 7.  | Melissa Coil         | 57.18m//187-7        | 04/25/12        |
| 8.  | Cortni Ervin         | 56.92m//186-8        | 04/25/12        |
| 9.  | Bethany Pfeiffer     | 55.48m//182-0        | 04/20/13        |
| 10. | Megan Collins        | 55.19m//181-0        | 05/11/12        |

## JAVELIN

|     |                    |                      |                 |
|-----|--------------------|----------------------|-----------------|
| 1.  | Hailey Twietmeyer  | 51.17m//167-10.5     | 04/12/14        |
| 2.  | Katrine Haarklau   | 49.56m//162-7        | 04/27/13        |
| 3.  | Hope Harris        | 46.70m//153-2        | 04/05/08        |
| 4.  | Bethany Pfeiffer   | 45.67m//149-10       | 05/25/13        |
| 5.  | Eli Sommerfeldt    | 45.36m//148-10       | 05/17/01        |
| 6.  | Ally Zerbe         | 45.11m//148-0        | 03/26/15        |
| 7.  | Sandra Hampton     | 44.18m//144-11       | 04/13/13        |
| 8.  | <b>Allie Webb</b>  | <b>44.11m//144-9</b> | <b>03/31/18</b> |
| 9.  | <b>Megan Haley</b> | <b>43.40//142-5</b>  | <b>03/24/18</b> |
| 10. | Jennifer Berilla   | 41.78m//137-1        | 04/18/15        |

## HEPTATHLON

|     |                  |      |          |
|-----|------------------|------|----------|
| 1.  | Teri LeBlanc     | 5805 | 06/14/89 |
| 2.  | Rannveig Kvalvik | 5594 | 06/06/99 |
| 3.  | Michelle Moran   | 5590 | 05/20/00 |
| 4.  | Fiona Asigbee    | 5583 | 05/18/03 |
| 5.  | Eli Sommerfeldt  | 5463 | 05/17/01 |
| 6.  | Jessica Stockard | 5378 | 04/30/04 |
| 7.  | Katrine Haarklau | 5374 | 04/13/13 |
| 8.  | Kaela Rorvig     | 5372 | 05/16/09 |
| 9.  | Jill Aholt       | 5339 | 05/20/00 |
| 10. | Morgan Whitson   | 5273 | 04/16/14 |



## 2018 ROSTER

## Men's Roster

| Name              | Events            | ITF / OTF Year | Hometown / Last School                           |
|-------------------|-------------------|----------------|--------------------------------------------------|
| Jayson Ashford    | Sprints           | Fr. / Fr.      | Fairview Heights, Ill. / St. Louis University HS |
| Avery Carter      | Throws            | R-Jr. / R-Jr.  | Lee's Summit, Mo. / Lee's Summit West HS         |
| Chris Conrad      | Distance          | Fr. / Fr.      | O'Fallon, Ill. / O'Fallon HS                     |
| Zach Cook         | Distance          | R-Jr. / R-Jr.  | Columbia, Mo. / Rock Bridge HS                   |
| Landon Cuskelly   | Jumps             | Jr. / Jr.      | El Dorado, Kan. / Butler CC                      |
| Marc Dubrick      | Distance          | R-Sr. / R-Sr.  | DeKalb, Ill. / DeKalb HS                         |
| Jason Edwards     | Multi-Events      | Fr. / Fr.      | Eldon, Mo. / School of the Osage HS              |
| Will Fife         | Throws            | R-Jr. / R-Jr.  | Jefferson City, Mo. / Helias Catholic HS         |
| Thomas George     | Distance          | Jr. / Jr.      | Gloucester, England / Marling School             |
| Ben Goodman       | Mid-Distance      | R-Sr. / R-Sr.  | Colorado Springs, Colo. / Palmer HS              |
| Ethan Hanson      | Throws            | Fr. / Fr.      | Palatine, Ill. / Fremd HS                        |
| Sean Harrell      | Throws            | R-Sr. / R-Sr.  | Springfield, Mo. / Parkview HS                   |
| Austin Hindman    | Distance          | Fr. / Fr.      | Wildwood, Mo. / Lafayette HS                     |
| Jonathan Holder   | Sprints           | R-Sr. / --     | Trinidad & Tobago                                |
| Patrick Kearns    | Distance          | R-Jr. / R-Jr.  | New York City, N.Y./Fiorello H. LaGuardia HS     |
| Sheldon Keence    | Distance          | -- / R-Sr.     | St. Charles, Mo. / St. Charles West HS           |
| Alfred Kimaiyo    | Distance          | R-Fr. / R-Fr.  | Kenya                                            |
| Robert Kuhlmann   | Distance          | So. / R-Fr.    | Lake Villa, Ill. / Lakes Community HS            |
| Patrick Kunza     | Throws            | R-So. / R-So.  | Wentzville, Mo. / Timberland HS                  |
| Rauno Liitmaa     | Multi-Events      | Sr. / Sr.      | Estonia / Tallin University                      |
| Justin Loquercio  | Distance          | So. / R-Fr.    | Mt. Prospect, Ill. / Wheeling HS                 |
| Jerrad Mason      | Sprints / Hurdles | R-Sr. / R-Sr.  | Bridgetown, Barbados / Harrison College          |
| Stephen Mugeche   | Distance          | R-So. / R-So.  | Blue Springs, Mo. / Arkansas / Blue Springs HS   |
| Dylan Quisenberry | Distance          | So. / R-Fr.    | Wildwood, Mo. / Lafayette HS                     |
| Evan Schulte      | Distance          | R-Jr. / R-Jr.  | Columbia, Mo. / Rock Bridge HS                   |
| Jacob Schweiss    | Distance          | R-Fr. / R-Fr.  | St. Louis, Mo. / Festus HS                       |
| Eric Scott        | Distance          | R-Fr. / R-Fr.  | Kenya                                            |
| Mark Sheridan     | Mid-Distance      | Sr. / Sr.      | Ballwin, Mo. / Marquette HS                      |
| Taylor Stephen    | Distance          | R-Jr. / R-Jr.  | Nixa, Mo. / Nixa HS                              |
| Ja'Mari Ward      | Jumps             | R-Fr. / So.    | Cahokia, Ill. / Cahokia HS                       |
| Michael Widmann   | Distance          | R-So. / R-So.  | Naperville, Ill. / Neuqua Valley HS              |
| Cain Winebrenner  | Mid-Distance      | -- / R-Sr.     | Kansas City, Mo. / Park Hill HS                  |
| Jake Wirthwein    | Throws            | Fr. / Fr.      | Warrensburg, Mo. / Warrensburg HS                |

## Women's Roster

| Name               | Events            | ITF / OTF Year | Hometown / Last School                        |
|--------------------|-------------------|----------------|-----------------------------------------------|
| Ellyn Atkinson     | Distance          | R-Sr. / R-Sr.  | Springfield, Mo. / Glendale HS                |
| Richelle Bain      | Distance          | Fr. / Fr.      | St. Louis, Mo. / Parkway Central HS           |
| Kaelyn Balch       | Distance          | R-Sr. / R-Sr.  | Wichita, Kan. / Bishop Carroll Catholic HS    |
| Shannon Browning   | Distance          | Fr. / Fr.      | Burke, Va. / Lake Braddock HS                 |
| Maya Cody          | Sprints           | Jr. / Jr.      | St. Louis, Mo. / Lutheran South HS            |
| Megan Cunningham   | Distance          | R-Sr. / R-Sr.  | Eureka, Mo. / Eureka HS                       |
| Kiley Deain        | Distance          | R-Fr. / R-Fr.  | Peculiar, Mo. / South Florida                 |
| Elly DeTurris      | Distance          | Jr. / Jr.      | Naperville, Ill. / Naperville HS              |
| Samantha Farmer    | Distance          | R-So. / R-So.  | Columbia, Mo./South Carolina/Rock Bridge      |
| Kaitlyn Fischer    | Distance          | R-Sr. / --     | Pevely, Mo. / Herculaneum HS                  |
| Susan Forbis       | Distance          | R-Fr. / R-Fr.  | Lewisville, Texas / Lewisville HS             |
| Kayla Funkenbusch  | Distance          | R-So. / R-So.  | Columbia, Mo. / Kansas / Rock Bridge HS       |
| Kayla Glowacki     | Distance          | Fr. / Fr.      | Naperville, Ill. / Naperville North HS        |
| Michaela Hackbarth | Mid-Distance      | R-Fr. / R-Fr.  | Downers Grove, Ill. / Downers Grove HS        |
| Emmie Hahn         | Distance          | R-So. / R-So.  | Homer Glen, Ill. / Lockport Township HS       |
| Valeska Halamicek  | Mid-Distance      | R-Sr. / R-Sr.  | Weldon Spring, Mo. / Francis Howell HS        |
| Megan Haley        | Throws            | Fr. / Fr.      | Lancaster, Mo. / Schuyler R-1 HS              |
| Gabi Jacobs        | Throws            | R-Jr. / R-Jr.  | Bloomington, Ill. / Normal University HS      |
| Vivien Jekemoui    | Distance          | R-Fr. / R-Fr.  | Kenya                                         |
| CeCe Johnson       | Throws            | R-So. / Jr.    | St. Louis, Mo. / Tulsa                        |
| Tsai-Anne Joseph   | Sprints           | R-Jr. / R-Jr.  | St. Augustine, Trinidad & Tobago              |
| Rebecca Keating    | Throws            | R-So. / Jr.    | Reading, England                              |
| Jamie Kempfer      | Distance          | R-Jr. / R-Jr.  | Festus, Mo. / Festus HS                       |
| Jordyn Kleve       | Distance          | R-So. / R-So.  | Urbandale, Iowa / Johnson HS                  |
| Valeria Kostiuk    | Jumps             | Jr. / Jr.      | Kiev, Ukraine / Butler CC                     |
| Karina Liz         | Mid-Distance      | So. / R-Fr.    | Aurora, Ill. / Aurora Central Catholic HS     |
| Jenna Lutzow       | Distance          | Fr. / Fr.      | Belvidere, Ill. / Belvidere North HS          |
| Arielle Mack       | Jumps             | Fr. / Fr.      | El Paso, Texas / El Paso Burges HS            |
| Lexi Maddox        | Distance          | Fr. / Fr.      | Riverside, Mo. / Park Hill South HS           |
| Rachael Marlar     | Distance          | Jr. / Jr.      | Stigler, Okla. / Eufaula HS                   |
| Keyoni Mbroh       | Jumps             | R-Jr. / R-Jr.  | Oklahoma City, Okla. / Putnam City North HS   |
| Jordan McClendon   | Throws            | Jr. / Jr.      | Black Jack, Mo. / LSU / John Burroughs School |
| Melissa Menghini   | Distance          | R-Fr. / R-Fr.  | Fenton, Mo. / New Hamp. / Rockwood Summit HS  |
| Cameron Meyer      | Throws            | Fr. / Fr.      | California, Mo. / California HS               |
| Sydney Oberdiek    | Throws            | Fr. / Fr.      | Platte City, Mo. / West Platte HS             |
| Maya Puller        | Sprints / Hurdles | Fr. / Fr.      | San Antonio, Texas / San Antonio Brandeis HS  |
| Sophia Racette     | Distance          | R-So. / R-So.  | St. Louis, Mo. / Southern California          |
| Erica Rideout      | Distance          | Jr. / Jr.      | Chatham, Ill.                                 |
| Karissa Roman      | High Jump         | Jr. / Jr.      | Kewanee, Ill. / Wethersfield HS               |
| Karissa Schweizer  | Distance          | Sr. / Sr.      | Urbandale, Iowa. / Dowling Catholic HS        |
| Faramola Shonekan  | Distance          | So. / So.      | Columbia, Mo. / Rock Bridge HS                |
| Jazmyn Shumuker    | Sprints           | Fr. / Fr.      | Cedar Hill, Texas / Cedar Hill HS             |
| Kate Smith         | Distance          | R-So. / R-So.  | Ankeny, Iowa / Ankeny Centennial HS           |
| Jordan Speer       | Throws            | Fr. / Fr.      | Dighton, Kan. / Dighton HS                    |
| Emily Stauffer     | Throws            | R-Fr. / So.    | Reinholds, Penn. / Cocalico HS                |
| Rachel Taylor      | Distance          | Jr. / Jr.      | Portland, Maine                               |
| Hannah Thomas      | Distance          | Jr. / Jr.      | Urbandale, Iowa / Dowling HS                  |
| Allie Webb         | Javelin           | R-Fr. / So.    | Platte City, Mo. / St. James Academy          |
| Carolyn White      | Distance          | R-So. / R-So.  | Festus, Mo. / Festus HS                       |
| Blair Widmer       | Throws            | Fr. / Fr.      | Columbia, Mo. / Father Tolton HS              |
| Amanda Wood        | Distance          | So. / So.      | Valley Park, Mo. / Parkway South HS           |
| Sara Young         | Distance          | Sr. / Sr.      | Bristol, Minn.                                |

## Coaching Staff

Head Coach \_\_\_\_\_ Brett Halter (Eighth Season)  
 Associate Head Coach (Sprints, Hurdles and Relays) \_\_\_\_\_ Natasha Brown (Second Season)  
 Assistant Coach (Distance, Mid-Distance) \_\_\_\_\_ Marc Burns (Fourth Season)  
 Assistant Coach (Jumps, Multi-Events) \_\_\_\_\_ Iliyan Chamov (Third Season)  
 Assistant Coach (Throws) \_\_\_\_\_ Ross Richardson (Second Season)  
 Assistant Coach (Distance, Mid-Distance) \_\_\_\_\_ Stephen Smith (Fourth Season)

Volunteer Assistant Coach (Distance, Mid-Distance) \_\_\_\_\_ Teylar Adelsberger (First Season)  
 Volunteer Assistant Coach (Distance, Mid-Distance) \_\_\_\_\_ Will Crocker (Second Season)  
 Volunteer Assistant Coach (Distance, Mid-Distance) \_\_\_\_\_ Eileen Halter (Third Season)  
 Volunteer Assistant Coach (Sprints, Hurdles and Relays) \_\_\_\_\_ LaQuisha Jackson (First Season)  
 Volunteer Assistant Coach (Pole Vault) \_\_\_\_\_ Mike Vani (First Season)  
 Director of Operations \_\_\_\_\_ Celia M'Boua (Third Season)  
 Student Manager \_\_\_\_\_ Alex Pierce (Second Season)





## MEN'S ROSTER

**JAYSON ASHFORD**

FR / FR

Fairview Heights, Ill.  
St. Louis University HS**AVERY CARTER**

R-JR / R-JR

Lee's Summit, Mo.  
Lee's Summit West HS**CHRIS CONRAD**

FR / FR

O'Fallon, Ill.  
O'Fallon HS**ZACH COOK**

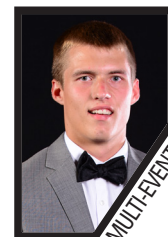
R-JR / R-JR

Columbia, Mo.  
Rock Bridge HS**LANDON CUSKELLY**

JR / JR

El Dorado, Kan.  
Butler CC**MARC DUBRICK**

R-SR / R-SR

DeKalb, Ill.  
DeKalb HS**JASON EDWARDS**

FR / FR

Eldon, Mo.  
School of the Osage HS**WILL FIFE**

R-JR / R-JR

Jefferson City, Mo.  
Helias Catholic HS**THOMAS GEORGE**

JR / JR

Gloucester, England  
Marling School**BEN GOODMAN**

R-SR / R-SR

Colorado Springs, Colo.  
Palmer HS**ETHAN HANSON**

FR / FR

Palatine, Ill.  
Fremd HS**SEAN HARRELL**

R-SR / R-SR

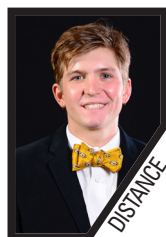
Springfield, Mo.  
Parkview HS**AUSTIN HINDMAN**

FR / FR

Wildwood, Mo.  
Lafayette HS**JONATHAN HOLDER**

R-SR / --

Trinidad &amp; Tobago

**PATRICK KEARNS**

R-JR / R-JR

New York City, N.Y.  
Fiorello H. LaGuardia HS**SHELDON KEENCE**

-- / R-SR

St. Charles, Mo.  
St. Charles West HS**ALFRED KIMAIYO**

R-FR / R-FR

Kenya

**ROBERT KUHLMANN**

SO / R-FR

Lake Villa, Ill.  
Lakes Community HS**PATRICK KUNZA**

R-SO / R-SO

Wentzville, Mo.  
Timberland HS**RAUNO LIITMAE**

SR / SR

Estonia  
Tallinn University**JUSTIN LOQUERCIO**

SO / R-FR

Mt. Prospect, Ill.  
Wheeling HS**JERRAD MASON**

R-SR / R-SR

Bridgetown, Barbados  
Harrison College**STEPHEN MUGECHÉ**

R-SO / R-SO

Blue Springs, Mo.  
Arkansas**DYLAN QUISENBERRY**

SO / R-FR

Wildwood, Mo.  
Lafayette HS**EVAN SCHULTE**

R-JR / R-JR

Columbia, Mo.  
Rock Bridge HS**JACOB SCHWEISS**

R-FR / R-FR

St. Louis, Mo.  
Festus HS**ERIC SCOTT**

R-FR / R-FR

Kenya

**MARK SHERIDAN**

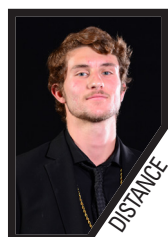
SR / SR

Ballwin, Mo.  
Marquette HS**TAYLOR STEPHEN**

R-JR / R-JR

Nixa, Mo.  
Nixa HS**JA'MARI WARD**

R-FR / SO

Cahokia, Ill.  
Cahokia HS**MICHAEL WIDMANN**

R-SO / R-SO

Naperville, Ill.  
Neuqua Valley HS**CAIN WINEBRENNER**

-- / R-SR

Kansas City, Mo.  
Park Hill HS**JAKE WIRTHWEIN**

FR / FR

Warrensburg, Mo.  
Warrensburg HS



## WOMEN'S ROSTER

**ELLYN ATKINSON**

R-SR / R-SR

Springfield, Mo.  
Glendale HS**RICHELLE BAIN**

FR / FR

St. Louis, Mo.  
Parkway Central HS**KAELYN BALCH**

R-SR / R-SR

Wichita, Kan.  
Bishop Carroll Catholic HS**SHANNON BROWNING**

FR / FR

Burke, Va.  
Lake Braddock HS**MAYA CODY**

JR / JR

St. Louis, Mo.  
Lutheran South HS**MEGAN CUNNINGHAM**

R-SR / R-SR

Eureka, Mo.  
Eureka HS**KILEY DEAIN**

R-FR / R-FR

Peculiar, Mo.  
South Florida**SAMANTHA FARMER**

R-SO / R-SO

Columbia, Mo.  
South Carolina**KAITLYN FISCHER**

R-SR / --

Pevely, Mo.  
Herculeaneum HS**SUSAN FORBIS**

R-FR / R-FR

Lewisville, Texas  
Lewisville HS**KAYLA FUNKENBUSCH**

R-SO / R-SO

Columbia, Mo.  
Kansas**KAYLA GLOWACKI**

FR / FR

Naperville, Ill.  
Naperville North HS**MICAHELA HACKBARTH**

R-FR / R-FR

Downers Grove, Ill.  
Downers Grove HS**EMMIE HAHN**

R-SO / R-SO

Homer Glen, Ill.  
Lockport Township HS**VALESKA HALAMICEK**

R-SR / R-SR

Weldon Spring, Mo.  
Francis Howell HS**MEGAN HALEY**

FR / FR

Lancaster, Mo.  
Schuyler R-1 HS**GABI JACOBS**

R-JR / R-JR

Bloomington, Ill.  
Normal University HS**VIVIEN JEPKEMOI**

R-FR / R-FR

Kenya

**CECE JOHNSON**

R-SO / JR

St. Louis, Mo.  
Tulsa**TSAI-ANNE JOSEPH**

R-JR / R-JR

St. Augustine, Trinidad &amp; Tobago

**BECKY KEATING**

R-SO / JR

Reading, England

**JAMIE KEMPFER**

R-JR / R-JR

Festus, Mo.  
Festus HS**JORDYN KLEVE**

R-SO / R-SO

Urbandale, Iowa  
Johnson HS**VALERIA KOSTIUIK**

JR / JR

Kiev, Ukraine  
Butler CC**KARINA LIZ**

SO / R-FR

Aurora, Ill.  
Aurora Central Catholic HS**JENNA LUTZOW**

FR / FR

Belvidere, Ill.  
Belvidere North HS**ARIELLE MACK**

FR / FR

El Paso, Texas  
El Paso Burges HS**LEXI MADDOX**

FR / FR

Riverside, Mo.  
Park Hill South HS**KEYONI MBROH**

R-JR / R-JR

Oklahoma City, Okla.  
Putnam City North HS**JORDAN MCCLENDON**

JR / JR

Black Jack, Mo.  
LSU**MELISSA MENGHINI**

R-FR / R-FR

Fenton, Mo.  
New Hampshire**CAMERON MEYER**

FR / FR

California, Mo.  
California HS**SYDNEY OBERDIEK**

FR / FR

Platte City, Mo.  
West Platte HS**MAYA PULLER**

FR / FR

San Antonio, Texas  
San Antonio Brandeis HS**SOPHIA RACETTE**

R-SO / R-SO

St. Louis, Mo.  
Southern California

WOMEN'S ROSTER



**KARISSA ROMAN**

JR / JR

*Kewanee, Ill.  
Wethersfield HS*



**KARISSA SCHWEIZER**

SR / SR

*Urbandale, Iowa  
Dowling Catholic HS*



**FARAMOLA SHONEKAN**

SO / SO

*Columbia, Mo.  
Rock Bridge HS*



**JAZMYN SHUMAKER**

FR / FR

*Cedar Hill, Texas  
Cedar Hill HS*



**KATE SMITH**

R-SO / R-SO

*Ankeny, Iowa  
Ankeny Centennial HS*



**JORDAN SPEER**

FR / FR

*Dighton, Kan.  
Dighton HS*



**EMILY STAUFFER**

R-FR / SO

*Reinholds, Pa.  
Cocalico HS*



**HANNAH THOMAS**

JR / JR

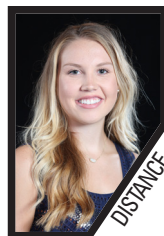
*Urbandale, Iowa  
Dowling Catholic HS*



**ALLIE WEBB**

R-FR / SO

*Platte City, Mo.  
St. James Academy HS*



**CAROLYN WHITE**

R-SO / R-SO

*Festus, Mo.  
Festus HS*



**BLAIR WIDMER**

FR / FR

*Columbia, Mo.  
Father Tolton HS*

COACHING & SUPPORT STAFF



**BRETT HALTER**  
Head Coach



**NATASHA BROWN**  
Associate Head Coach  
(Sprints, Hurdles  
& Relays)



**MARC BURNS**  
Assistant Coach  
(Distance, Mid-Distance)



**ILIYAN CHAMOV**  
Assistant Coach  
(Jumps, Multi-Events)



**ROSS RICHARDSON**  
Assistant Coach  
(Throws)



**STEPHEN SMITH**  
Assistant Coach  
(Distance, Mid-Distance)



**TEYLAR ADELSBERGER**  
Volunteer Assistant Coach  
(Distance, Mid-Distance)



**WILL CROCKER**  
Volunteer Assistant Coach  
(Distance, Mid-Distance)



**EILEEN HALTER**  
Volunteer Assistant Coach  
(Distance, Mid-Distance)



**LAQUISHA JACKSON**  
Volunteer Assistant Coach  
(Sprints, Hurdles  
& Relays)



**MIKE VANI**  
Volunteer Assistant Coach  
(Pole Vault)



**CELIA M'BOUA**  
Director of Operations



**ALEX PIERCE**  
Student Manager



**SARAH REESMAN**  
Sport Administrator



**ALEX WILLIAMS**  
Athletic Trainer



**LAUREN SHIPMAN**  
Athletic Trainer



**JUSTIN MIDYETT**  
Massage Therapist



**JEFF CURRY**  
Photographer



**ANDREW MELROE**  
Sports Information  
Director