MEET INFORMATION

HOLIDAY OPENER

Friday December 8th, 2017
Hearnes Fieldhouse



ENTRY FEES

$35.00 per person up to $400 per team per gender

ENTRY DEADLINE

October 1st - Entries Open
Tuesday December 5th, Noon CT - Entries Close

Entries must be submitted prior to Dedember 5th at Noon Central Time. You may edit and update your entries online anytime before the entry deadline. Once entries close there will be no additional entries accepted. All submitted entries to Direct Athletics by the December 5th deadline will be considered **FINAL**.

There will be **NO** additions or substitutions on the day of the meet. **ONLY** scratches can be made.

GENERAL INFORMATION

FACILITY: Hearnes Fieldhouse Facility Page

ELEVATION: 758 feet
TRACK: 200-meter Martin ISS-2000 encapsulated surface; 6-39" lanes on the oval; 8-48" lanes on the straightaway.
LJ/TJ: Elevated Mondo Runway, 180 feet in total length
Men: 15' and 42' board locations
Women: 10' and 34' board locations
* Alternative boards may be used if needed in the triple jump competition.
HJ: Martin ISS-2000 encapsulated approach; UCS landing pit.
SP/WT: Inset ring, wood surface.
PV: Raised, Mondo Runway, UCS Landing Pit.

PLEASE NOTE: Locker facilities in the Hearnes building are very limited. Athletes should plan to arrive dressed to compete. If showers are used, your athletes must provide their own locks and towels.

SPIKES

Spikes with one-quarter (1/4") will be allowed

RUNNING EVENT CHECK-IN:

Report to the clerk and the clerking area, located at the Southwest corner of the track AT LEAST 20 MINUTES prior to the start of the event.

FIELD EVENT CHECK-IN:

Field participants must check in with the head judge of their event NO LATER THAN 30 MINUTES prior to the start of the event. They may be in the area of their event one hour prior to the competition.

SCORING: NCAA Scoring System

Individual Events: 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1
Relay Events: 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1

HEAT SHEETS AND RESULTS

Heat sheets will be posted on the wall at the Northwest end of the track. Complete results will be made available on the Missouri Athletics website (www.mutigers.com/sports/c-track/miss-c-track-body.html) and through TFRRS (www.tfrrs.org) following the completion of the meet.

IMPLEMENT CERTIFICATION

All throwing implements must be weighed and measured 45 minutes prior to the start of the event. Implement weigh-ins shall be in the Northeast corner of the track at the field official's table.

BIB NUMBERS / HIP NUMBERS

There will be NO bib numbers used in this competition. Hip numbers are to be worn on both hips of the athlete.

SPORTS MEDICINE

Athletic Trainers will be available prior to, during, and after the competition. The University of Missouri athletic trainers will set up in the Northwest area of the facility. Your trainers may also set up in this area. Training room is located on the Fieldhouse level, room 282.

WARM-UP

All warm-ups on the infield are prohibited. Only those competitors who are actually participating in field events will be allowed on the infield during the meet. The concourse around the arena will be closed for warm-ups due to a gymnastics competition.

MEET CONDUCT

The NCAA rules will be used exclusively for this meet, except where conduct of the meet necessitates changes. There will be no jury of appeals and the decision of the meet referee is final in all cases where he shall be called upon to rule.

THE USE OF PERSONAL STEREO DEVICES AS WELL AS CELL PHONES IS PROHIBITED IN THE OFFICIAL WARM-UP AND COMPETITIVE AREAS. VIOLATIONS CAN RESULT IN DISQUALIFICATION FROM THE MEET. THESE AREAS INCLUDE ANYWHERE INSIDE OR ON THE TRACK. DEVICES MAY BE USED IN THE BLEACHERS AND OUTSIDE THE FIELDHOUSE AREA.

UNIVERSITY OF MISSOURI STUDENTS

If you are currently enrolled at the University of Missouri and have an accepted entry, your entry fee will be waived.

QUESTIONS/COMMENTS: Contact: Stephen Smith
Phone: 816-776-9278
Email: smithstephe@missouri.edu
Website: www.mutigers.com

ENTRY PROCEDURE

Direct Athletics

All entries must be submitted online via Direct Athletics. Forgot Login?

New users, click here.

Important Notes Regarding Online Entries:

- For each relay squad, you must enter at least 4 and up to 8 relay athletes (4 + 4 alternatives).
- You must enter ALL athletes online in order for them to compete. This includes relay-only athletes and relay alternatives.
- All schools (colleges/junior colleges/high schools) must enter athletes through a TEAM account.
- Unattached athletes may only participate with approval from meet management. Entry is typically limited to professionally sponsored athletes, unattached collegiate athletes, or athletes with highly competitive performances achieved within the last calendar year. No unattached athletes may be entered into Direct Athletics. To be considered for entry, unattached athletes should email their entry directly to the meet management.

RELAY EVENT ENTRY PROCEDURE

Please enter actual relay marks that have been achieved in the 2015 season. Relay times may also be determined by adding the four best open/split times for athletes from either the 2014 or 2015 seasons. After entering your seed mark for each relay event online, you will have spaces to enter up to 8 athlete names per relay. Please include all 4 runners in order and any alternatives in spaces 5-8. You must enter each member of the relay team and any alternates for the relay so we may assign a bib number for each member. Any relay runners who may compete on a relay team must be entered into the meet and have a bib number to compete.

ENTRY LIMITATIONS:

Individual Events:	None
Relay Events:	"B" Teams will be accepted

Entries Note:

NCAA Rule 4-1: Misconduct is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law occurring at the locale of the competition or warm-up that discredits the event or intercollegiate athletics. Misconduct includes the intentional reporting of false marks for entry purposes. Acts of misconduct are subject to reprimand or ejection by the referee or meet management.

HOTEL & DINING INFORMATION

MIZZOU TIGERS TRAVEL CENTER

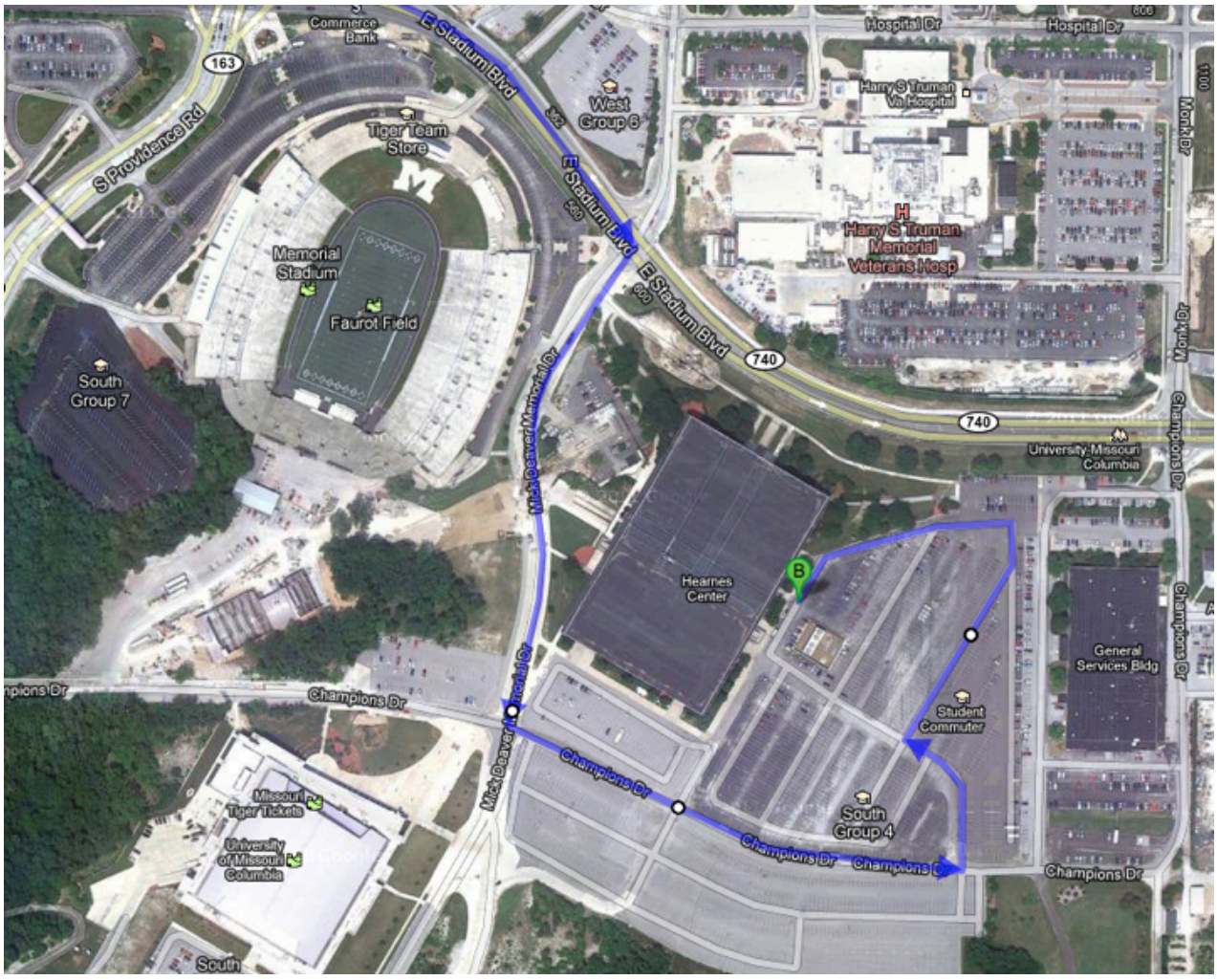
Or:

	Hotel listing guide and contact information: www.visitcolumbiamo.com/section/stay/
	Restaurant listing guide and contact information: www.voxmagazine.com/food/

LOCATION AND DIRECTIONS

Parking is available on the East side of the Hearnes Center. Parking is free of charge and open to the general public.

Driving Directions: www.maps.google.com/, enter "Hearnes Center Columbia, MO 65211".



HEARNES CENTER RECORDS

MEN				EVENT	WOMEN			
ATHLETE	MARK	AFFILIATION	DATE		ATHLETE	MARK	AFFILIATION	DATE
Blake Smith	6.64	Unattached	01/15/2016	60m Dash	LaQuisha Jackson	7.33	***MIZZOU***	2015
Jason Rouser	21.26	Oklahoma	1991	200m Dash	Ximena Restrepo	23.93	Nebraska	1991
Jason Rouser	46.59	Oklahoma	1991	400m Dash	Marsha Dawkins	53.59	Oral Roberts	2003
Ray Armstead	1:08.00	ATC	1987	600yd Run	Natasha Kaiser	1:19.52	***MIZZOU***	1988
Jared Wilmes	1:49.51	***MIZZOU***	1994	800m Run	Kristi Kloster	2:08.00	Kansas	1996
Neville Miller	2:23.34	NYAC	01/11/2008	1000m Run	Chris Mullen	2:43.83	Georgetown	1980
N. O'Shaughnessy	3:55.4h	Arkansas	01/28/1977	Mile Run	Collette Goudreau	4:38.21	Indiana	1988
Chris Powers	8:13.46	Indiana	2004	3000m Run	Kim Betz	9:19.80	Indiana	1988
Jonah Koech	14:04.64	Iowa State	1991	5000m Run	Eileen Hornberger	16:28.92	Westchester St.	1980
Aubrey Herring	7.77	Indiana St.	2001	60m Hurdles	Ladonna Richards	8.25	Lincoln (Mo.)	01/15/2016
	3:11.14	Iowa St.	1991	4x400m Relay		3:44.99	Texas-El Paso	1989
	9:50.60	***MIZZOU***	1973	DMR		11:29.30	Villanova	1980
Brian Brown	2.26m // 7-5	ANC	1991	High Jump	Sharon Burrill Gwen Wentland	1.88m // 6-2	Nebraska Kansas St.	1980 1995
Joe Dial	5.91m // 19-4.75*	AWTC	1986	Pole Vault	Vera Neuenswander	4.30m // 14-1.25	Unattached	2012
Yussaf Alli	8.02m // 26-3.75	***MIZZOU***	1984	Long Jump	Lorinda Richardson	6.38m // 20-11.5	***MIZZOU***	1985
Ajayi Agbebaku	16.28m // 53-5	***MIZZOU***	1978	Triple Jump	Krisztina Kovesi	12.88m // 42-3.25	Unattached	2004
Christian Cantwell	21.95m // 72-0.25	Nike	2004	Shot Put	Jill Rushin	16.90m // 55-5.50	***MIZZOU***	2014
Scott Russell	23.71m // 77-9.50	Kansas	2002	Weight Throw	Kearsten Peoples	22.84m//74-11.25**	***MIZZOU***	02/20/2015
Andy Morris	3891	Kansas	2001	Heptathlon/ Pentathlon	Themis Zambryzcki	4358	BYU	1979
Chidi Imoh Yemi Alade'fa Thomas Randolph	6.20	***MIZZOU*** ***MIZZOU*** Kansas St.	1980 1991 1991	55m Dash	Yolanda Johnson	6.74	NEMS	1978
N. O'Shaughnessy	2:05.50***	Arkansas	01/21/1977	1000yd Run				
Goodwin Obasogie Dan Lavitt	7.10	***MIZZOU*** ***MIZZOU***	1979 1980	55m Hurdles	Deb Carter	7.66	Colorado	1991

HOLIDAY OPENER

Meet Schedule

Friday December 8th, 2017
Hearnes Center Fieldhouse // Columbia, Mo.

FIELD EVENTS

2:00 p.m.	Men's Weight Throw	(Women to Follow)
	Women's Long Jump	(Men to Follow)
	Men's Pole Vault	(Women to Follow)
	Men's High Jump	(Women to Follow)
To Follow WT	Men's Shot Put	(Women to Follow)
To Follow LJ	Women's Triple Jump	(Men to Follow)

RUNNING EVENTS

Rolling Schedule

3:00 p.m.	4x800m Relay	Men will go first in all running events, women will follow
	600m Run	
	60m Hurdles - PRELIM	
	60m Dash - PRELIM	
	Mile Run	
	60m Hurdles - FINAL	
	400m Dash	
	60m Dash - FINAL	
	800m Run	
	200m Dash	
	3000m Run	
	Distance Medley Relay *Only if 2+ teams are entered	
	4x400m Relay	

Progressions

Men's High Jump	Women's High Jump	Men's Pole Vault	Women's Pole Vault
1.85m (*6-1*)	1.55m (*5-1*)	4.00m (*13-1.50*)	3.06m (*10-0.50*)
1.90m	1.60m	4.15m	3.21m
1.95m	1.65m	4.30m	3.36m
2.00m	1.70m	4.45m	3.51m
2.05m	1.75m	4.60m	3.66m
2.10m	1.80m	4.75m	3.81m
+ 3cm	+ 3cm	4.90m	3.96m
		5.05m	4.06m
		5.20m	+ 10cm
		+ 10cm	

Minimum Marks

* Use of minimum marks will be dependent on field size

Men's Shot Put
15.00m (*49-2.50*)
Women's Shot Put
13.00m (*42-8*)
Men's Weight Throw
16.00m (*52-6*)
Women's Weight Throw
14.00m (*45-11*)
Men's Long Jump/Triple Jump
6.75m (22-1.75) / 14.00m (45-11)
Women's Long Jump/Triple Jump
5.70m (18-8.5) / 11.60m (38-0.5)