



For Your Interpretation...

University of Missouri Athletics Compliance Office

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University of Missouri

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May 2018 Recruiting

Calendars

Men's Basketball

May 1-16 - Quiet Period

May 17-25 - Dead Period

May 26-31 - Quiet Period

Women's Basketball

May 1-6 - Quiet Period

May 7-13 - Recruiting Shutdown

May 14-31 - Quiet Period

Football

May 1-31 - Evaluation Period

168 evaluation days (excluding
Memorial Day and Sundays)
designated in writing.

May 1-31 - Quiet Period

Sundays and days not
designated for Evaluation.

May 28 - Quiet Period

Memorial Day

Volleyball

May 1-25 - Quiet Period

May 26-31 - Contact Period

Softball

May 1-28 - Evaluation Period

Scholastic Events only

May 29-31 - Dead Period

All Other Sports

May 1-31 - Contact Period



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Summer Workout Reminders

Voluntary athletics activities: Permitted during the summer vacation period, which begins May 12, 2018. Strength and conditioning coaches (not countable coaches) may conduct workout programs for student-athletes, but only if those workouts are voluntary as defined below.

Voluntary defined: An activity is voluntary when all the following are true:

- The student-athlete requests the activity;
- Coaches do not observe, supervise, or direct the activity;
- Attendance at the activity is not recorded for purposes of reporting to sport coaches;
- Information related to the activity is not reported to coaches; and
- No penalty for missing or no recognition/incentive for participating in the activity.

Safety exception: Coaches may be present and provide safety instruction when student-athletes participate voluntarily during the summer, but the coaches may not provide non-safety-related instruction. The safety exception applies to Wrestling, Gymnastics, Swimming and Diving, and Track and Field student-athletes practicing field events or hurdles.

Individual sport skill instruction: A student-athlete in an individual sport may voluntarily request a workout with a coach during the summer. Individual sports include Cross Country/Track and Field, Gymnastics, Golf, Swimming and Diving, Tennis, and Wrestling.

Team sports: Student-athletes in a team sport may not engage in skill instruction outside of permissible summer activities listed below:

Sport	Permissible Summer Activities
Basketball Only	• Required weight training and skill instruction for up to eight weeks. • Participation is limited to eight hours each week (only four of the eight hours may be skill instruction).
Football Only	• Required weight training and film review for up to eight weeks. • Participation is limited to eight hours each week (only two of the eight hours may be film review). • Any other time during the summer conditioning period is designated as discretionary time.

Incoming student-athletes: Before participating in any permissible summer activities, incoming student-athletes must (1) undergo a medical evaluation (including sickle cell test), (2) be enrolled in summer classes, and (3) receive Compliance Office approval.

Summer School Reminders

Returning student-athletes on aid planning to attend summer school must complete a summer school application form with their Mizzou Made Academic Advisor. Incoming student-athletes on aid for 2018-19 must be enrolled in 6 credit hours to receive aid per SEC rules.

From the Interpretations Files...

Question: We are very interested in monitoring the sleep of our student-athletes and are considering purchasing Fitbits or a similar device so that we can track the quality and duration of sleep among our student-athletes. Would this be permissible to purchase and utilize these devices with our student-athletes?



Answer: Yes, with conditions surrounding periods in which only voluntary activities may be performed by our student-athletes. The NCAA has made strong recommendations for institutions to better track the sleep habits of student-athletes. As such, the institution is comfortable with the use of a Fitbit or similar product to assess heart rate and sleep habits of student-athletes. However, to assure that we protect against compromising NCAA legislation surrounding voluntary activities, student-athletes will be encouraged to remove the device anytime they engage in voluntary activities. During summer months when voluntary workouts may not be monitored, it shall be requested student-athletes return the device prior to the week before finals in May of each academic year. The device may then be issued to the student-athletes at the start of preseason practice in August. Should student-athletes fail to remove their device during voluntary workouts, it shall be understood among the coaches that the Fitbit is not to be monitored and neither reprimand nor reward shall be provided to student-athletes as a result of any perceived increased activity during out-of-season/voluntary only time periods during the academic year. Lastly, please be sure to fully engage the MU Athletics integrated health team in the analysis of the sleep habits of our student-athletes.

Question: Would it be permissible to play golf with the father of a prospect who is making an official visit to campus?

Answer: Yes, so long as the prospect does not also participate in the activity, it would be permissible entertainment for a coaching staff member to play golf with the parent of a prospect who is making an official visit. Because the parent is not prospect aged, the provisions of Bylaw 13.11 Tryouts, would not be applicable. Bylaw 13.11 prohibits a coaching staff member from engaging in or observing a prospect participating in recreational activities while on campus for a visit. Please keep in mind that any entertainment of a prospect or prospect's parent must occur within the 48 hour time limit of the official visit, the cost of the entertainment should be paid out of the student host money, and the entertainment must take place within a 30 mile radius of campus.

New NCAA Social Media Interpretation- Comments Referencing Likelihood of Commitment of a Prospective Student-Athlete
Date Published: April 06, 2018

The NCAA academic and membership affairs staff determined that prior to written commitment, an institution may not comment (e.g., orally, via text, photograph, image or graphic), directly or indirectly referencing the likelihood of a specific prospective student-athlete's commitment to or signing with that institution.

Direct or indirect references include, but are not limited to the following:

- The prospective student-athlete's name or variation of the prospective student-athlete's name (e.g., "sounds like");
- The prospective student-athlete's nickname;
- The prospective student-athlete's location (e.g., home town, state, area code or address); or
- The prospective student-athlete's jersey number.

Such comments are subject to recruiting publicity legislation and are more than confirmation of recruitment prior to the prospective student-athlete's written commitment to the institution (i.e., signed a National Letter of Intent or institution's written offer of admission and/or financial aid or submitted a financial deposit in response to an offer of admission).

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