GANS CREEK CROSS COUNTRY COURSE RECORDS

WOMEN'S 6K TOP PERFORMERS – *updated 10/30/2026*

1.	**18:25.4**	Doris Lemngole (Alabama) NCAA Championships 2025
2.	**18:38.9**	Jane Hedengren (BYU) NCAA Championships 2025
3.	**18:42.3**	Jane Hedengren (BYU) Pre-National Invitational 2025
4.	**18:46.4**	Hilda Olemomoi (Florida) NCAA Championships 2025
5.	**18:46.5**	Caren Kiplagat (Alabama) SEC Championships 2026
6.	**18:47.0**	Riley Chamberlain (BYU) NCAA Championships 2025
7.	**18:47.9**	Isca Chelangat (Arkansas) SEC Championships 2026
8.	**18:51.3**	Hannah Gapes (North Carolina State) NCAA Championships 2025
9.	**18:52.6**	Grace Hartman (North Carolina State) NCAA Championships 2025
10.	**18:56.1**	Isca Chelangat (Oklahoma State) NCAA Championships 2025
11.	**18:56.5**	Vera Sjoberg (North Carolina) NCAA Championships 2025
12.	**18:57.9**	Silan Ayyildiz (Oregon) NCAA Championships 2025
13.	**18:58.0**	Mary Bonner Dalton (Notre Dame) NCAA Championships 2025
	18:58.0	Salma Elbadra (South Carolina) SEC Championships 2026
15.	**18:58.4**	Isca Chelangat (Arkansas) Gans Creek Classic 2026
16.	**18:58.8**	Caren Kiplagat (Alabama) NCAA Championships 2025
17.	**18:59.6**	Joy Naukot (West Virginia) NCAA Championships 2025
	18:59.6	Sydney Thorvaldson (Arkansas) NCAA Championships 2025
19.	**19:00.6**	Florence Caron (Penn State) NCAA Championships 2025
20.	**19:00.7**	Judy Chepkoech (Florida) SEC Championships 2026
21.	**19:01.0**	Ann Lemirisho (Kentucky) SEC Championships 2026
22.	**19:01.4**	Betty Kipkore (Iowa State) NCAA Championships 2025
23.	**19:01.8**	Judy Chepkoech (Florida) NCAA Championships 2025
24.	**19:02.4**	Claire Stegall (Florida) SEC Championships 2026
25.	**19:02.7**	Pamela Kosgei (New Mexico) NCAA Championships 2025
26.	**19:03.6**	Elizabeth Khatevi (Texas A&M-Corpus Christi) Gans Creek Classic 2026
27.	**19:03.7**	Silvia Jelego (Clemson) NCAA Championships 2025
28.	**19:05.2**	Monica Wanjiku (Missouri) SEC Championships 2026
29.	**19:05.6**	Cynthia Jemutai (Alabama) NCAA Championships 2025
30.	**19:05.7**	Mercy Kibet (Iowa State) NCAA Championships 2025
	19:05.7	Ann Lemirisho (Kentucky) Gans Creek Classic 2026

GANS CREEK CROSS COUNTRY COURSE RECORDS

MEN'S 8K TOP PERFORMERS – *updated 10/30/2026*

1.	**22:03.1**	Kelvin Cheruiyot (Florida) SEC Championships 2026
2.	**22:09.0**	Dismus Lokira (Alabama) SEC Championships 2026
3.	**22:11.5**	Rodgers Minatum (Alabama) SEC Championships 2026
4.	**22:16.3**	Dennis Kipruto (Alabama) SEC Championships 2026
5.	**22:24.7**	Solomon Kipchoge (Washington State) Gans Creek Classic 2025
6.	**22:25.3**	Nick Busienei (Arkansas) SEC Championships 2026
7.	**22:29.4**	Nelson Setek (Tennessee) SEC Championships 2026
8.	**22:31.6**	Ernest Cheruiyot (Arkansas) SEC Championships 2026
9.	**22:32.0**	Joash Ruto (Iowa State) Gans Creek Classic 2025
10.	**22:32.2**	Jean Kipchumba (Missouri) SEC Championships 2026
11.	**22:32.4**	Bernard Cheruiyot (Tulane) Gans Creek Classic 2025
12.	**22:32.8**	Ernest Cheruiyot (Arkansas) Gans Creek Classic 2026
13.	**22:33.9**	Zouhair Redouane (Tennessee) SEC Championships 2026
14.	**22:34.0**	Nick Busienei (Arkansas) Gans Creek Classic 2026
15.	**22:38.3**	Kidus Misgina (Ole Miss) SEC Championships 2026
16.	**22:40.5**	Eliud Muchiri (Florida) SEC Championships 2026
	22:40.5	Nicholas Kipchirchir (Wichita State) Gans Creek Classic 2026
18.	**22:42.6**	Kidus Misgina (Ole Miss) Gans Creek Classic 2026
19.	**22:43.3**	Collins Kiprop Kipngok (Kentucky) SEC Championships 2026
20.	**22:43.5**	Elkana Kipruto (Wichita State) Gans Creek Classic 2026
21.	**22:44.1**	Dismus Lokira (Alabama) Gans Creek Classic 2025
22.	**22:44.6**	Kelvin Cheruiyot (Florida) Pre-National Invitational 2025
	22:44.6	Duncan Gituku (Alabama) SEC Championships 2026
24.	**22:45.2**	Dominic Serem (Colorado) Gans Creek Classic 2025
25.	**22:45.6**	Elkana Kipruto (Wichita State) Pre-National Invitational 2025
26.	**22:46.5**	Michael Moiben (Texas A&M) SEC Championships 2026
27.	**22:46.9**	Stephen Maroro (Kansas) Gans Creek Classic 2026
28.	**22:47.2**	Bismack Kipchirchir (Alabama) SEC Championships 2026
29.	**22:48.6**	Brian Masai (Arkansas) SEC Championships 2026
30.	**22:49.5**	Edward Bird (Kentucky) SEC Championships 2026

GANS CREEK CROSS COUNTRY COURSE RECORDS

MEN'S 10K TOP PERFORMERS – *updated 11/24/2025*

1.	**28:33.9**	Habtom Samuel (New Mexico) NCAA Championships 2025
2.	**28:38.0**	Rocky Hansen (Wake Forest) NCAA Championships 2025
3.	**28:40.1**	Solomon Kipchoge (Washington State) NCAA Championships 2025
4.	**28:41.2**	Brian Musau (Oklahoma State) NCAA Championships 2025
5.	**28:42.8**	Fouad Messaoudi (Oklahoma State) NCAA Championships 2025
6.	**28:44.3**	Denis Kipngetich (Oklahoma State) NCAA Championships 2025
	28:44.3	Gary Martin (Virginia) NCAA Championships 2025
8.	**28:45.7**	Collins Kiprotich (New Mexico) NCAA Championships 2025
9.	**28:46.2**	Abdel Laadjel (Oregon) NCAA Championships 2025
10.	**28:47.4**	George Couttie (Virginia Tech) NCAA Championships 2025
11.	**28:48.5**	Dismus Lokira (Alabama) NCAA Championships 2025
12.	**28:49.7**	Adisu Guadia (Oklahoma State) NCAA Championships 2025
13.	**28:50.7**	Evans Kiplagat (New Mexico) NCAA Championships 2025
14.	**28:51.1**	Kelvin Cheruiyot (Florida) NCAA Championships 2025
15.	**28:51.5**	Robin Kwemoi Bera (Iowa State) NCAA Championships 2025
16.	**28:51.6**	Colin Sahlman (Northern Arizona) NCAA Championships 2025
17.	**28:51.9**	Evans Kurui (Washington State) NCAA Championships 2025
18.	**28:52.2**	Nickson Kogei (Cincinnati) NCAA Championships 2025
19.	**28:52.6**	Timothy Chesondin (Arkansas) NCAA Championships 2025
20.	**28:52.8**	Vincent Chirchir (New Mexico) NCAA Championships 2025
21.	**28:53.6**	Brian Kimutai (Eastern Kentucky) NCAA Championships 2025
22.	**28:54.4**	Meshack Kimutai (Iowa State) NCAA Championships 2025
23.	**28:56.5**	Rodgers Kiplimo (Iowa State) NCAA Championships 2025
24.	**28:57.0**	Elkana Kipruto (Wichita State) NCAA Championships 2025
25.	**28:57.2**	Aiden Smith (Oregon) NCAA Championships 2025
26.	**28:57.4**	Dennis Kipruto (Alabama) NCAA Championships 2025
27.	**28:58.0**	Meshack Kuyo (Boise State) NCAA Championships 2025
28.	**28:58.8**	Ethan Coleman (Notre Dame) NCAA Championships 2025
29.	**28:59.3**	Bernard Cheruiyot (Tulane) NCAA Championships 2025
30.	**29:00.5**	Taha Er Raouy (Eastern Kentucky) NCAA Championships 2025