

Dr. Goutam Dhali

MBBS, MD

Consultant Physician

Associated with Malda Medical College & Hospital
Regd. No.: 70146 WBMC



Cert. No: KDACQ202209052
ISO 9001:2015 CERTIFIED

myMD+

Polyclinic | Pharmacy | Diagnostics

690/A/3, Kankpul, Ground Floor, P.O - Kankpul, P.S -
Ashoknagar, Dist - North 24 Parganas - 743272.

For Appointment: 9147399420

Wednesday: 12.00 PM - 1:00 PM

Date: 21/5/25.

Name: Shefali Paik

Age: 50y

Sex: F

Mobile No.: 7409 29216

VITAL SIGNS

Weight: 56.8 Kg Height: 143 Cm Temp: 97.5° SpO2: 96% BP: 158/96 Pulse Rate: 90 b/m.

70° LBP

↓
Radiating.

- Tingling sensation
of both upper limb.

- ↓ Sleep.

K/UO - T2DM

- HTN

- Hypothyroid

} No medication
at present.

OE

BSP = 158/80 mm of Hg

Uml → 124 LVBS

1st report (19/5/25).

FBS → 180

PPBS → 268

T. Chol → 173

Cr → 0.54.

TSH → 5.094.

A T2DM + HTN

+ Spondylitis (lumbar)

১) ডায়াবেটিস রোগের কারণে

২) - স্ট্রোকের কারণে

৩) স্নায়ুর ব্যর্থতার কারণে

৪) অসুস্থতার কারণে

Adv

① Exercise $< M_E$ x 30 min.

② Dm heat = MUSCODAC gel to be
applied locally twice
daily

③ Im. Depopred (80mg) 1m stat

④ Tab. Fmlouhid (5) OD PC x cont

⑤ Tab. Glycomet-GR forte 2 1tbl BB
x C

⑥ Tab. Amixide - H 1/2 tbl ODHS x 4 day
↓
1tbl ODHS x cont

⑦ Tab. Zerodal - TH (4) OD PC x 10 day

⑧ Tab. CYRA-D OD AC x 10 day.

⑨ Tab. Pregaba - M (85) ODHS x Cont

P.T.O

*Patients are encouraged to get their medical diagnostic testing done by a NABL-accredited laboratory to ensure quality in reporting.

myMD Healthcare Private Limited

Regd. Office: Plot No. C-20, G Block, BKC Road, Bandra Kurla Complex, Bandra East Mumbai, MH - 400 051

Email: lab.info@mymdindia.com | www.mymdindia.com | Contact: 8062737777 | WhatsApp: +91 9903519999

CIN: U85300MH2019PTC327511

Im
✓ X-m La spine < AP view.
LA

✓
RIA - 20K1ERSOS.

✓
2/5/25