

BALAVIN KURAL

A publication from Sri Balambika Divya Sangam Trust®



- **by** Smt. Roopa V Rajan..
- Thirumeeyachur Lalithambikai Temple
 by Smt. Indumathi

INTRODUCING NEW : CROSSWORD CORNER !! See Page: 08



Featuring this Month :

Know your mythology : Sanjana Written by Thulasinathan, this month's mythological feature focuses on the personality of Sanjana and how it affected Surya-Shani's father son relationship **See page 04**

Science Snippets: Vedic Mathematics Written by Latha, science snippets highlights the advancements made by our ancestors in the field of numeric error corrections, concepts of "pi", 0 and infinity.. page 06

 Malur Sri Balambika

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FROM THE EDITOR'S DESK



Dear BDS Members,

Namaskaram.

In this month's newsletter, we continue with the commentary on the Bala Sahasranamam, where our President Smt. Asha Manoharan provides the context and meaning behind the word "Pesala".

The Science Snippets section talks about the advances made in ancient Vedic Mathematics in the areas of numeric-alphabetic error correction in shlokas, calculating the value of "pi", and the concepts of 0 and infinity.

Moving on to Know Your Mythology, the character of Sanjana (wife of the Sun God Surya) is portrayed, and how she influenced the relationship between Surya and their son Shani.

The Devotee Speaks section consists of an audio clip that describes the significance of Thirumeeyachur Lalithambikai Temple, and an article on the reasoning behind erecting "Dwarapalakas" on both sides of the temple entrance.

In addition to the above, we are also excited to introduce a new section "Crossword Corner" to tease the brain. This month's topic is Mythology.

We plan to bring out new sections in the upcoming months, and hope that you enjoy them and provide your feedback.

Sarvejana Sukhinobhavanthu.

BALA SAHASRANAMAM : പ്രോസ് (PESALA)

இனிமையானவள் இதன் பொருள் அல்லது சுந்தரமானவள். இவ்வாறு நாம் அம்பாளை சொல்ல காரணம் மும்மலம் என்பது அவளிடத்தில் இல்லை. கர்ம பந்தம் அவளுக்கு இல்லவே இல்லை. நிர்மல ரூபிணி அவள். நித்யை எனப்படுபவளும் அவளே. உருவம் இல்லாத அவள் சமவித் ஆவாள். அதனுடைய மூன்று குணங்களான சாத்விக, ராஜஸ, பொருள் தாமஸ குணங்கள் அவள் முன் நிற்காது. கலை என்னும் ஜீவ அம்சம் கருணையும், இல்லவே இல்லை. சாந்தியும் அவளுக்கு அவள் அடைய விரும்பும் ஆசையும் உடையவள் அவளுக்கு இல்லவே இல்லை அழிவு என்பது இல்லை. அவளுக்கு என்பதுதான் அதற்கு பொருள்.

கோபமும் இல்லை. அடுத்தது அற்பமும், அவளுக்கு அழிப்பவள் கோபத்தையும் அவள். நம்முடைய லோபம் நம்மிடம் எரிப்பாள். இல்லாதவள். இருந்தால் அதனை பக்தர்களை தயையுடன் காப்பாள். அம்பாள் எல்லாவற்றிற்கும் அதனால் அவளுக்கு ஆதாரமே கிடையாது. ஆதாரம். தான் நிராதாரம் என்கிந்ற பூஜை ரூபத்தின் விசேஷமாக இருப்பாள். பூஜை இரண்டு வகைப்படும், நிராதாரம் என்கின்ற பாக்கியம் மற்றும் அந்தரம். இப்பாக்கியத்தில் வைதீக மற்றும் தாந்த்ரீக ஆந்த்ரத்திலோ, சாதாரம். பூஜைகள் இடம்பெறும். நிராதாரம் ஆகிய இருவகையான பூஜைகள் உள்ளன.

இப்பூஜை விதிகளைப் பற்றி சூத சம்ஹிதையில் அழகாக சொல்லப்பட்டிருக்கிறது. சாதார பூஜையில் ஒரு குருவின் உபதேசப்படி மந்திர மயமான மூர்த்தியாக அம்பாளை ஆராதனை செய்வது. நிராதாரம் என்பது ஞானத்தில் ஏறபடும் ஏறபடும் அம்பாளின் குணத்தை ஆராய்ந்து அதில் ரூபத்தை மனதில் லயம் செய்வது. இதுதான் மிகவும் சிரேஷடம் என்றும். போவதற்கு பந்தம் சர்வ சாகூறிணியாகவும், சம்சார அற்று ரூபிணியாகவும் இருக்கும் பராசக்தியை ஆராதனை ஆத்ம செய்வதுதான் உபாயம் என்றும் சொல்லப்பட்டிருக்கிறது. அதைத்தான் நாம் இங்கு செய்ய முற்படுகிறோம்.

நிர்குணா என்று நாம் சொல்லுகையில் அம்பாளை நிர்குணமாக பாவனை செய்து நாம் தியானிப்பதால், அந்த தியானத்திற்கு நிஷ்கலா தியானம்[,] என்று பெயர்.

தியானம் யா நிஷ்கலா

சித்தா நிராகாரா நிராஷ்ரயா

நதுத்தியானம் சரீரஸ்ய

முகஹஸ்தாதி கல்பனா

அம்பாளுடைய சுந்தரமான குணத்திற்கும் அவளுடைய இனிமைக்கும் காரணம் அவளுடைய சாந்த ஸ்வரூபம் தான்.

ஸ்' என்ற அக்ஷரத்தை அந்தமாக உடைய அம்ருத பீஜத்தின் ஸ்வரூபமாக இருப்பவள் அவள்.இப்படியாக அம்பாளின் இந்த அற்புத குணத்தை பற்றி சொல்லிக்கொண்டே போகலாம்.

சாந்தி என்னும் மனஅமைதியே போற்றி

ஸ்வஸ்தி என்னும் நித்ய ச்ரத்தையே போற்றி

இந்து அக்னி ரவிவின்மின் மின்னல்

இவைகளுக்கு எட்டா ஒளியே போற்றி.

அவள் குணம் மட்டுமா அழகு, அவள் திருமேனியும் அழகே. சந்தன அங்கங்கள் மணம் கமழும் உடையவள். சண்பக அழகி. மலர்கள் மீதென் சிந்துர கோமள வடிவினை குடை உடையவள் என்று போற்றுகின்றனர் நம் தாயை. இப்படியாக குணத்திலும் சுந்தரியாக இனிமையானவளாக அழகிலும், இருக்கும் நம் தாயை 'பேஷலா' என்று அழைப்பதில் வியப்பில்லை.

KNOW YOUR MYTHOLOGY: SANJANA BY THULASINATHAN KANDASAMY

The celestial architect Vishwakarma wanted to get his daughter Sanjana married to Lord Surya. Upon seeing her, the Sun God readily accepts. Sanjana was proud and happy initially; however, it became increasingly difficult for her to be around with the extreme heat and radiance from the Sun. She was losing her energy and the severe heat turned her skin into the colour of dusk. Gods started calling her Sandhya. Being an architect's daughter, she creates a plan. She clones herself and names the clone as Chhaya and leaves Chhaya in her place, and leaves the Sun's abode to figure out a permanent solution. Sanjana goes to her father's house to get rest and plans for tapas. Meanwhile, Surva did not find any difference and Lord Shani was born to Surya and Chhaya, who has a dark complexion just like his mother. The divine architect, Vishwakarma, learns about Shani's birth and confronts Sanjana. She narrates the whole scenario. Vishwakarma had empathy for his daughter. However, he tells her that it is better for her to be with the Sun, and that he himself would try to find a way around this as a responsible father. Realising the situation, Sanjana comes to the Sun's abode. She was angry at Chhaya and blamed her, saying she did not keep the boundaries of her order. She destroys her physical body and turns her into nothing more than an illusion. Due to Sanjana's divine power embedded in that illusion, Surya did not notice any difference. Surya and Sanjana gave birth to Yama and Yamuna. The children grew well, along with them grew her hatred for Shani. She ensured that Shani was not getting any attention from Surya. She obviously did not show any affection, either. Shani grew with no affection, and rarely knew what to do. Because of Sanjana's influence, Surya ignored Shani and gave Yama the title of "Dharmaraj" and made him the lord of dharma who handles death. Yamuna became the holy river to bless everyone who touches the waters. Shani was completely helpless. He could not communicate with his father. His mother did not seem to love him. He is the eldest son, but his younger brother and sister had more privileges and he did not earn their respect. In all his anger and rage, he kicked his mother, saying that she caused him all his misfortune by birthing him. Sanjana was shocked; she immediately cursed him and caused him to lose the leg that kicked her. Surya himself witnessed all this unfold. He could understand Shani's anger because Surya himself was not happy to ignore the eldest one. It shocked Surya to see the helpless Shani, as he confronted Sanjana. Listening to Sanjana's confession, Surya felt guilty, and he grew unbearably radiant and warm. He declares Shani as the legitimate eldest son and blesses him to be a planet in his family and gets his leg back; however, there will still be a limp to honour the curse of his mother. Shani grew way beyond after this and even gained a blessing from the Lord Shiva. Astrologically, because of his own experiences initially, when Shani appears in someone's horoscope, they might experience insults, depression, prejudice, laziness and a sense of being directionless. However, he is also the one possessing powers of patience, perseverance and hard work to deal with difficult situations. He is known to bring experiences that make life into life. He is a harsh teacher. It is also said that astrologically, the placement of Shani and Surya in the same house is not considered good. The old Vedic animosity will resurface and the native will always feel the pressure of wanting to glow like the Sun but being restricted like Shani. It is a balance will find that the native seek to in his life. Once Shani was recognized by Surya, all the gods praised Shani as below:

Neelaanjana **To the one glowing with bluish hue**

samaabhaasam

Yama-agrajam

Ravi-putram the son of Surya, and elder brother of Yama

Chhaya-Maartanda **the son of Chhaya and Surya** sambhootam

Shanaishcharam

Tam namaami we offer our namaskaram

After all this, Sanjana could not bear the glow of the angered Surya. She left Surya's abode and could not return to her father's home. She went to the Himalayas in the form of a mare. After Sanjana leaves him, Surya misses her and searches for her every-where. When he asked Vishwakarma, he made a request for him in exchange for Sanjana's whereabouts. He asked if he could reduce his glow. When Surya said it's his nature, Vishwakarma offered help and used his divine abilities to reduce it and channelled the excessive shine and heat to Vishnu's Sudarshana Chakra. Surya went to the Himalayas and spotted her in a mare's form. He took the form of a stallion and approached her. Sanjana gets pleasantly surprised upon looking at Surya's efforts. They unite in the horse form itself and the Ashwani Kumars were born. Being the celestial physicians and healers of Gods and humanity, facing their rays during sunrise, bestows good health. This is done, as per pre-scribed Vedic customs, by honouring their mother Sanjana or Sandhya as the Gods called her; hence, we welcome the first rays "Sandhya-vandanam" the morning Sun with of by offering "arghyam" or water from our palms to the rising Sun. The Sandhya -vandanam is often accompanied by the chant of Gayatri mantra.

SCIENCE SNIPPETS : VEDIC MATHEMATICS – THE HIDDEN VALUE OF PI IN THE RIG VEDA BY LATHA CHAKRAVARTHY



Raja Bala Alankaram during 4th Annual Temple Anniversary Celebrations in 2021

The Rig Veda is the oldest of the Vedas, and contains hymns in Vedic Sanskrit in praise of Hindu gods and goddesses. These hymns and slokas follow a precise pattern and meter called 'chandas' in order to maintain the accuracy and fidelity of the sloka, since it was transmitted orally. It was almost as if there was a system of error correction that was built into the prose. Additionally, a Vedic numeric-alphabetic code was also used to verify the authenticity of the sloka and to facilitate the recording of the information. This code assigns a number to the Sanskrit consonants with which any Sanskrit text can be converted to numbers. Thus, a sloka not only contained an intrinsic meaning dedicated to the deity, it also could have a mathematical connotation. An interesting scientific fact is the value of 'pi' which could be evaluated up to 32 decimal places using this Vedic code. We all know that 'pi' is the ratio of the circumference to the diameter of a circle. Since *yagnashalas* and circular homakundams (sacrificial pit) were constructed scientifically, the value of 'pi' was a mathematical constant that was used during Vedic times. Analyzing one such sloka in the tenth book of the Rig Veda by applying the Vedic code reveals several different meanings dedicated to Lord Indra, Krishna, Shiva, and one additional numerical-code translation which gives the value of 'pi' up to 32 decimal places. What strikes us as incredible is not just the accuracy and the usage of the value of 'pi', but also the indigenous method of coding the value into a hymn, and concealing it so judiciously for eons to come. Our ancient texts also clearly mention the mathematical concepts of 'anantha' or infinity, as well 'shunya' or zero. Just a simple dig into the treasure trove of our Vedic texts, will bestow deep knowledge and intellect upon the aspiring individual. Why should we not just try and be that aspiring individual.....



Dwarapalakas by Smt. Roopa V Rajan

<u>Dwarapalakas</u>

Dwarapalakas are the Guardians of the temple's entrance.

Dwarapalakas are seen on both sides of the entrance, before the sanctum sanctorum of the main deities. Why are they made to stand there?

We know our own life force has both breath and speech. These Dwarapalakas represent breath and speech. When we cross breath (the realisation of Prana which flows in a controlled manner in Sushumna Nadi), and when the speech is not associated with irrelevant thoughts with complete awareness of Bhakti, we will be awarded with the vision of the divine. The dwarapalakas indicate this truth.

Breath also indicates nature's unlimited powers, Speech is the sound or nada of Prana. Whenever our breath flows in a reverse direction, it causes the gross body to function, and loses the special powers to grant spiritual progress. This is represented by one dwarapalaka. The other dwarapalaka indicates the loss of powers of breath through speech, which results in a wastage of life force. Thus, we lose the powers of breath and prana for the life of karma. In some temples, Dwarapalakas are represented with a huge form

with protruding teeth and fearsome figures, depicted to indicate the sorrow that the reverse flow of life can bring about. Our breath and speech control takes the flow in the beneficial direction, turning our life from an ordinary Manushya Gati to Devagati.

The dwarapalakas permit rishis and siddhas inside the temples, who have won over the breath and speech. Others are blocked outside the entrance itself.

We know the story, in Kailasa, Nandi deva stopped Ravana who had not won over breath and speech, in front of Lord Shiva's abode.

Balambika Charanam.

Gratitude to Siddhas' Divine knowledge.

Thirumeeyachur Lalithambikai Temple by Smt. Indumathi

Click Link Below To Listen to this Audio Article..

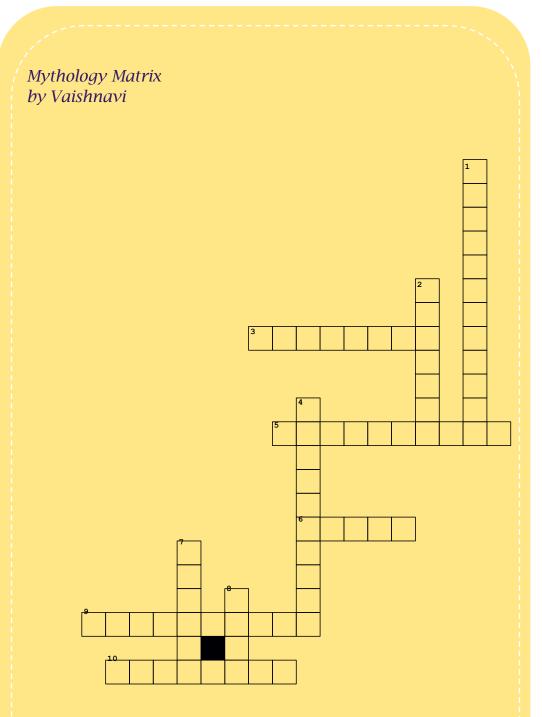


Thirumeeyachur Lalithambikai Temple.m4a

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CROSSWORD CORNER



Across

3. The great-grandfather of King Bali
5. The sword that Lord Shiva had given Ravana
6. The daughter of the King of the Nagas
9. He sat on an elephant named Supratika
10. She was born from Drupada's Yagna

Down

1. He always followed the path of Dharma

2. The Pandavas' priest

4. He was born with four arms and an extra eye

7. The bird that fought against Ravana

8. The deity of death and dharma

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