

Balambika Divya Sangam

# Balavin Kural

## BDS Events

### Bala Sahasranamam

#### Parayanam:

Mythili Sundararajan's residence,  
Bangalore, India

• [myyasundar@gmail.com](mailto:myyasundar@gmail.com)

Chakravarthy's residence,  
Ohio, USA.

• [95chikki@gmail.com](mailto:95chikki@gmail.com)

Anuradha Srinivasan's residence,  
Chicago, USA

• [asriniv65@gmail.com](mailto:asriniv65@gmail.com)

### Dolai Utsavam:

Dolai Utsavam will be performed for  
Sanchara Bala, in the privacy of one's  
home, amidst a social gathering.

Devotees who are interested,

please contact

Smt. Asha Manoharan

• [asha.raji@gmail.com](mailto:asha.raji@gmail.com)

### Annadhanam Scheme:

Annadhanam for 80+ Physically/  
Mentally challenged children in Malur.

Those who are interested in contrib-  
uting towards this cause, please con-  
tact

Smt. Asha Manoharan

• [asha.raji@gmail.com](mailto:asha.raji@gmail.com)

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## Editor's Desk...

### Dear Readers,

It is my pleasure to bring forward this issue of Newsletter. As always, Bala's words will inspire you in your day to day activities. This issue of "Bala Speaks", enables one to understand the power of our thoughts.

It is rightly said I quote:

"To think what you want to think, is to think truth regardless of appearances. To think according to appearances is easy. To think truth regardless of appearances is laborious and requires the expenditure of more power than any other work you have to perform."

We can choose to think as an **optimist** and have a **positive view** on life. Or we can choose to think as a pessimist. The choices is ours.

Back in 1960 Maxwell Maltz wrote the book **Psycho-Cybernetics** where he talks about the self-image we form growing up:

"We all carry with us a mental blueprint or picture of ourselves. It has been built up from our own beliefs about ourselves. But most of these beliefs about ourselves have unconsciously been formed from our past experience, our successes and failures, our humiliations, our triumphs, and the way other people have related to us, especially in early childhood. From all these we mentally construct a "self" (or a picture of a self). Once an idea or a belief about ourselves goes into this picture it becomes "true" as far as we personally are concerned. We do not question its validity, but proceed to act upon it just as if it were true."

So Bala speaks warns you of that danger. Next up is about kali yuga, we have all heard about Nostradamus, little did we know about the depictions made in our ancient texts about kali yuga. So here we have presented a snippet of it. Lastly on our list is the snippet of trees found during the vedic period. Hope you enjoy the snippets along with the pictures taken during this month. Hope you like it just as we enjoyed compiling it.



**Mrs. Asha Manoharan**  
President of Balambika Divya  
Sangam

## EDITORIAL TEAM

1. Mrs. Asha Manoharan
2. Mrs. Latha Chakravarthy
3. Mr. Ramesh Chakravarthy
4. Mr. Raghu Ranganathan
5. Mr. Anthil Anbazhagan



## Bala Speaks

You should always be careful with what you think. Your thoughts can influence your way of life, so you have to be careful with what you think, again it is your thoughts that come out as words. So Your words are very precious and they are also very decisive because they decide your future actions. Be very careful with what you do, because these actions enhances your character and they lead you to your destiny.

### Schedule of Events

APRIL 2015

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17 Abhishekam Annadhanam	18
19	20	21 Abhishekam Annadhanam	22	23	24 Abhishekam Annadhanam	25
26	27	28 Abhishekam Annadhanam	29	30		

MAY 2015

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Abhishekam Annadhanam	2
3	4 Pournami	5 Abhishekam Annadhanam	6	7	8 Abhishekam Annadhanam	9
10	11	12 Abhishekam Annadhanam	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## Vedic Period Trees: Ashvatha

The Ashvatha Tree is a sacred tree according to vedic scriptures. It is also known as the cosmic tree. It is an embodiment of god Vishnu, as mentioned in the Bhagavad-Gita. In the Vedic culture Ashvatha symbolizes life. It is also known as Kalpavriksha in sanskrit, which means 'the tree which grants wishes of its worshippers'. It says in the great Vedic Book called Padma Purana (verse 1.28.23-26) that planting the tree brings about good health and leads a man to riches. It was that very tree under which Buddha became enlightened.



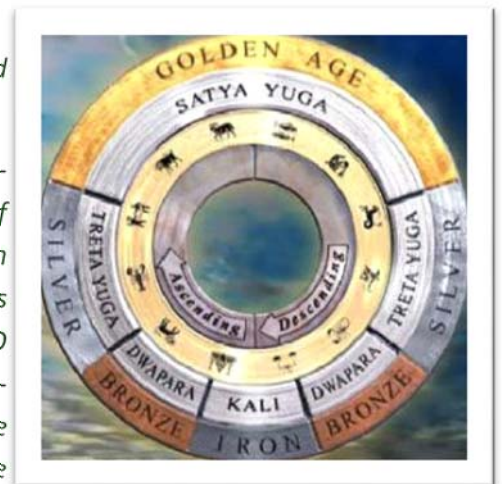
## Kali Yuga

*Here is a text on Kali yuga delivered in the forest of Naimisharanya as a conversation between two mighty sages, Vyasadeva and Jaimini.*

*Jaimini said: "O glorious personality, tell me, please, how will all the mankind behave when the horrifying Age of Kali comes?"*

*Vyasadeva said: "The first period is called Satya-yuga. In this time, all the people worship Vishnu with devotion being free from diseases and distress. All of them speak truthfully, are merciful and live long. They are also RICH in grain resources. People in Satya-yuga do not hurt anyone and live without religious hypocrisy. All cooperate with one another. Everyone knows sacred treatises. O best of the brahmanas, this is what people of Satya-yuga are like, kings strictly follow the code of royal duties and protect their subjects. Oh, who would be able to measure the merits and glories of the age of Satya-yuga period. None follows irreligion. When the Treta-yuga approaches, the religious principle*

*(Dharma) loses one of its legs. Some people already experience unhappiness to a certain extent at that time. People of Treta-yuga engage themselves in meditation about Vishnu. During the period the mankind bring strong focus on making sacrifices and offering presents. They follow faithfully practice their social orders that relate to the states of their lives. Generally, they are happy. All shudras are occupied with seeding fields and serving the brahmanas. Brahmins are noble persons as well as masters of the Vedas and Vedangas. They repulse accepting gifts. Their words are truthful and they are in control of their senses. They always engage in austerity and take vows. Besides, they constantly worship Vishnu. When the Treta-yuga is over, the Dvapara-yuga appears. In this period, the religious principle (Dharma) stands only on two legs. People experience happiness and distress. Plenty of them engage in sinful ac-*



activities. A number of them, those with good qualities, are both happy and unhappy. Some Brahmins expect being given REWARDS. At the same time, kings motivated by greed to attain huge wealth, torment their subjects. However, the Brahmins still worship Vishnu greatly and shudras serve the Brahmins. As Dharma declines in the course of each yuga, Vishnu having taken the form of Vyasadeva divided the Vedas.

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Boys will have a weak body and eat too much. Brahmins in Kali-yuga will organize solemn funeral feasts for deceased ancestors on the basis of religious hypocrisy. Everybody will be pretend friends until their mission is complete. All people will laugh at those who will tend to head for piety. Only those acting wickedly will PROSPER well. For this reason, people will commit sins. In this way, they will completely disappear at the age of ten or twelve years. They will prosper only if the water rises during the rainy season. People will lose the characteristics of youth in the Kali Yuga. The girls will become pregnant at the age of five to eight years. Men will have many children and therefore will be very unhappy. Everything during this time will be based on the giving of gifts. Everyone will be given a bribe. In Kali-yuga, the category of people called mlechha will hold the position of a king and will be devoted to sins. Kali-yuga creates one social class to legitimize pleasing of senses.

O brahmana, when the number of the pious lowers, naturally the number of sinners increases. O best of the brahmanas, I have described the Kali-yuga as a terrible period, but you, as the best of the pious people, must know that it contains one great advantage. In Satya-yuga, the religious merit accumulates after twelve years. In the Treta-yuga, after the half of that time. In Dvapara-yuga, after a month, but in Kali-yuga religious merit can be achieved just in one day and night. Thus, during the Kali-yuga, one does not reach good conditions in the world of mortals. However, one quickly obtains a good result simply by chanting the names of Lord Vishnu, where the same fruit is obtained by a person in Satya-yuga after twelve years. Kali does not lead to trouble those who repeat the name of Lord Vishnu at least once in their life. This is the truth and nothing but the truth and it's beyond any doubt."

























# ONGOING EVENTS & PROGRAMMES FOR 2015

## Pournami Pooja

SPONSORSHIP ₹ 2500 | \$40 USD | £ 27



Every Pournami (full moon) there will be a special pooja for Bala. Pournami pooja is done for prosperity and peace in the family.

### EVENTS INCLUDE:

Abishekam / Sankalpam, Lalitha Sahasranamam, Pournami Pooja, Suhasini Pooja, Kanya Pooja, Devi Bhajans, Prasadam

## Annadhanam

SPONSORSHIP ₹ 2000 | \$32 USD | £ 21



We have identified a school in Malur for handicapped children who are mentally challenged, physically disabled, and so on.

Please come forward with your generous contributions so we can help these children & the school which takes care of them.

**MEALS WILL BE PROVIDED TWICE A WEEK FOR 80+ UNDERPRIVELEDGED CHILDREN**



### Balambika Divya Sangam

313/5, Sri Raja Rajeshwari Illam,  
6th D Cross,  
Venkatapura, Koramangala,  
Bangalore - 560034

Email: [balambikathirupanitrust@gmail.com](mailto:balambikathirupanitrust@gmail.com)



## Vision of Balambika Divya Sangam

As passionate devotees of Goddess Balambika, and overwhelmed by her grace and benevolence, we have come together from diverse scenarios as one unifying force to form Balambika Divya Sangam. The principal focus of the Sangam is to pursue the age old tenet—**sarvejana sukhinobhavanthu** and pay obeisance to the divine Mother, who is the cause of welfare of the world. Through worship we realize that cast, creed, religion and social status, all melt away before her, for in her eyes, we are all her children.

### Sarve Janah Sukhino Bhavanthu

We are on the Web!

<http://balambikathirupanitrust.webs.com/>

## We thanks our Sponsors!

#### Archana Contributions:

1. Gargi V Kashyap
2. Padma
3. Sundararajan Srinivasan
4. Rajiv vaidyanath
5. Sindhu Kashyap
6. Anthil & Richa
7. Narasimhan Varadarajan
8. Rohit Chakravarthy
9. Sasikala

#### Annadhanam & Pournami Pooja:

1. Raj Venkataraman
2. Vishal Parikh
3. Sumitha Rangarajan
4. Srividya Sanjay
5. Aruna Iyer
6. Venkat & Megna Murali
7. Ravichandran Sheshadri
8. Srinivasan Chakravarthy
9. Murali Chakravarthy
10. Kumaran Aiyakutti

#### Pooja Items—Bala's House:

1. Lalitha & family
2. Sashikala & family
3. Muralidharan & family