

Hiking for Health

In Japan, many people go hiking for exercise. There are a lot of mountains in Japan, so it is easy to find places to go hiking. After walking in the mountains, people like to relax in hot springs.



1 Please look at the passage.
Why is it easy to find places to go hiking?

2 Please look at the picture.
What is the man with the hat doing?

3 Where are the children?

Now, Mr. / Ms. _____, please turn the card over.

4 What did you do yesterday evening?

5 Do you often use the internet?
Yes → Please tell me more.
No → Why not?

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Nick's answers:

1. Because there are a lot of mountains in Japan.
2. He is looking at a map.
3. They are under a tree.
4. I did my homework.
5. Yes... I use the internet to watch videos.