

1. DON'T SHARE PERSONAL INFO

Never post your full name, school, address, or location in real time

Keep your phone number and personal details private

2. KEEP YOUR ACCOUNTS PRIVATE

Use strong privacy settings on all apps

Only accept friend requests or follows from people you actually know

3. WATCH FOR RED FLAGS

Are they older and asking for pics?

Do they compliment you excessively?

Do they want to keep your convo secret?

That's not a friend. That's a predator.

Are they asking you to move the conversation to another platform?

4. NEVER SEND EXPLICIT PHOTOS

Even if they say they love you

Even if they threaten to share something else

Even if they say it's "just between us"

Once it's sent, it's out of your control.

5. IT'S OK TO BLOCK + REPORT

You don't owe anyone a response

If something feels off — trust your gut

Talk to a trusted adult or use the reporting tools

IF SOMEONE MAKES YOU UNCOMFORTABLE:

TELL AN ADULT YOU TRUST

TEXT "BEFREE" TO 233733 OR CALL 1-888-373-7888

WWW.THEINNOCENT.ORG

