



NORTHWESTERN UNIVERSITY
Department of Athletics and Recreation

To: Visiting Baseball Athletic Trainer

From: Natalie Bumpas, MA, ATC
Associate Athletic Trainer, Baseball
Cell Phone: 317-702-8406

Welcome to Northwestern University and Evanston, IL. I hope to make your visit as smooth and enjoyable as possible. The following is a list of services available during your stay:

- The athletic training room will be available at Rocky & Berenice Miller Park. It is located inside Hayden Clubhouse on the 3B side, and opens 3 hours prior to game time.
- The following modalities will be available for use:
 - Ice Machine
 - Hydrocollator
 - Ultrasound (requires presence of ATC or script from team physician)
 - E-stim machines (requires presence of ATC or script from team physician)
- Each dugout will contain: water (2 10-gallon coolers), cups, towels, and injury ice (with bags and wrap)
- All emergency equipment will be kept on the home side (AED, splint bag, crutches).

If there are any other questions or requests, please feel free to contact me using the phone number listed above. If you do not plan on traveling an ATC with your team, please notify me in advance so that I can make arrangements to care for your athletes as needed. The EAP for Rocky & Berenice Miller Park is posted in each dugout for your review and reference.

Other useful numbers:

- Evanston Hospital ER: 847-570-2000
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| Walgreen's – 24 Hrs
3945 Dempster
Skokie, IL 60076
847-674-5876 | Jewel/Osco
1128 Chicago Ave.
Evanston, IL 60202
847-869-3520 | CVS Pharmacy
1711 Sherman Ave.
Evanston, IL 60201
847-328-3105 |
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