

Kursplan für den Zeitraum 10.10.2022 bis 27.11.2022

MONTAG 7.30 - 22.00	DIENSTAG 7.30 - 22.00	MITTWOCH 7.30 - 22.00	DONNERSTAG 7.30 - 22.00	FREITAG 7.30 - 22.00	SAMSTAG 7.30 - 20.00	SONNTAG 7.30 - 20.00
8.00 - 8.40 AQUA FITNESS		8.00 - 8.40 AQUA FITNESS	In Planung	8.00 - 8.40 AQUA FITNESS		
9.10 - 9.50 AQUA FITNESS	10.10 - 10.50 AQUA FITNESS	9.10 - 9.50 AQUA FITNESS		9.10 - 9.50 AQUA FITNESS	9.10 - 9.50 AQUA FITNESS	9.00 - 9.40 AQUA FITNESS
10.20 - 11.00 AQUA FITNESS	11.10 - 11.50 SPECIAL: AQUA BOXING	10.20 - 11.00 AQUA FITNESS		10.20 - 11.00 AQUA FITNESS	10.10 - 10.50 AQUA FITNESS	10.20 - 11.00 AQUA FITNESS
11.20 - 12.00 AQUA FITNESS	6 WOCHEN Ab 18.10.22	11.20 - 12.00 AQUA FITNESS		11.40 - 12.20 AQUA FITNESS		11.20 - 12.00 AQUA FITNESS
				16.00 - 16.40 SPECIAL: AQUA BOXING		12.30 - 13.10 AQUA FITNESS
17.00 - 17.40 AQUA FITNESS	17.00 - 17.40 AQUA FITNESS	17.00 - 17.40 AQUA FITNESS		4 WOCHEN Ab 04.11.22		
18.00 - 18.40 AQUA FITNESS	18.00 - 18.40 AQUA FITNESS	18.00 - 18.40 AQUA FITNESS	18.20 - 19.00 AQUA FITNESS	17.00 - 17.40 AQUA FITNESS		

Zeit für mich.

INFOSERVICE

0234 - 588 570



www.oase-bochum.de