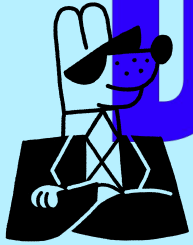


**OBERLO**



# **DESIGN YOUR DREAM LIFE**

Course Toolkit

## 1. Introducing...

# YOUR COACH

## Thomas Kuegler

*Blogger and vlogger*

Tom is a blogger currently living in the Philippines. He writes on Medium and vlogs on YouTube to share his adventures in Southeast Asia.



Tom's Social



**YOU**  
*SOLD*  
***READY?***



# BOOKSTORE *WORK*SHEET

**OPEN UP ACCESS**



# MYERS-BRIGGS TEST *NOTES*



OPEN UP ACCESS



# LIST OF PEOPLE I ADMIRE

OPEN UP ACCESS



# MOOD BOARD *PROMPTS*

HARD  
WORKS

**OPEN UP ACCESS**

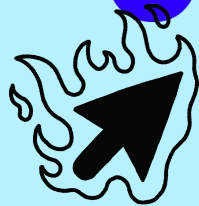


Lesson 7 - Write down 100 big goals





**WRITE YOUR  
5 GOALS FOR  
NEXT YEAR**



**OPEN UP ACCESS**

---

**BONUS**



# HOW TO SET GOALS LIKE A PRO !!

**GOAL:**

**Pillar 1:**

1.

a.

b.

i.

ii.

iii.

**Bibliography:**

**GOAL:**

**Pillar 2:**

1.

a.

b.

i.

ii.

iii.

**Bibliography:**

**GOAL:**

**Pillar 2:**

1.

a.

b.

i.

ii.

iii.

**Bibliography:**



## Lesson 12 - Create a 6-month plan

**IMPORTANT:** Click File > Make a copy to edit the spreadsheet.

**6 Month  
Plan  
Template**



**6 Month  
Plan 2  
Template**



**YOU**  
***DID* IT**

