

Antarctic Peninsula 10 November – 20 November 2019 M/V Plancius



MV *Plancius* was named after the Dutch astronomer, cartographer, geologist and vicar Petrus Plancius (1552-1622). *Plancius* was built in 1976 as an oceanographic research vessel for the Royal Dutch Navy and was named *Hr. Ms. Tydeman*. The ship sailed for the Royal Dutch Navy until June 2004 when she was purchased by Oceanwide Expeditions and completely refit in 2007, being converted into a 114-passenger expedition vessel. *Plancius* is 89 m (267 feet) long, 14.5 m (43 feet) wide and has a maximum draft of 5 m, with an Ice Strength rating of 1D, top speed of 12+ knots and three diesel engines generating 1230 hp each.



Captain Evgeny Levakov

and your international crew of 38

including

Chief Officer: Miia Holma [Finland] [Germany] Second Officer: Sven Holzhausen **Nino Cizmic** Third Officer: [Croatia] [Romania] Chief Engineer: **Sebastian Alexandru** Hotel Manager: Zsuzsanna Varga [Hungary] **Ana Sirbu Gomez** Asst. Hotel Manager: [Romania]

Chef: **Heinz Hacker** [Austria]
Sous Chef: **Ferenc Baranyay** [Hungary]

Ship's Physician: **Olga DeBruijn** [The Netherlands]

and

Expedition Leader: Adam Turner [UK]
Asst. Expedition Leader: Daniel Hohne [Germany]
Expedition Guide: Sara Jenner [UK]

Expedition Guide: Alexis Bezzelle [Argentina]
Expedition Guide: Jerry Zhao [China]
Expedition Guide: Blacky Sun [China]
Expedition Guide: Chloe Marechal [France]
Expedition Guide: Mengxiao Liu [China]

Expedition Guide: **Jochem Braakhekke** [Netherlands] Expedition Guide: **Leanne Briscoe** [Canada]

Day 1 –Sunday November 10, 2019 Embarkation – Ushuaia, Argentina

0800 GPS Position: Ushuaia Port

Wind: NW 19 knots Sea State: Port Weather: Sunny Air Temp: 18°C

So finally, the much-awaited departure day was upon us! We woke up in Ushuaia to glorious blue skies and sunshine, full of excitement and anticipation at the thought of boarding the MV Plancius for our forthcoming

adventure - for many of us today signified the culmination of a

lifelong dream!

Ushuaia marks the end of the road in Argentine Tierra del Fuego, but also the beginning — the beginning of once-in-a-lifetime adventure. During the summer this rapidly growing frontier town of 55,000 bustles with adventurous travellers. The duty-free port flourishes with tourism but also thrives on a sizeable crab fishery and a burgeoning electronics industry. Ushuaia which stands for "bay that penetrates to the west" in the indigenous Yaghan tongue, clearly benefits from its magnificent, yet remote setting.

It was a sunny afternoon as we made our way along the pier to the boat at 16:00, ready to board our new floating home for the next 10 days. We were greeted by members of our expedition staff who directed us to the reception to meet the hotel manager, Zsuzsanna, and her team who showed us to our rooms. There we found our luggage and in no time at all we settled in and started to explore our new surroundings.

At 17:00 we convened in the lounge on deck five to meet expedition leader Adam Turner, who welcomed us on board the ship. Chief Officer, Miia Holma then acquainted us with the safety features of the vessel and with the essential do's and don'ts on board. Soon afterwards it was time for the mandatory safety drill and we gathered in the lounge, donned our big orange lifejackets. We then performed an abandon ship drill where we were escorted outside to take a look at the lifeboats, but were left confident that we would have no reason to do this again in the next 10 days!





Later in the evening we met in the lounge, for a welcome cocktail with our Captain, Evgeny Levakov. He spoke a few words and explained that we were welcome on the bridge during daylight hours, which is a great

viewing platform for bird-watching and also the place to find out from officers on watch what life is like at

Shortly afterwards we were invited to the dining room to enjoy the first of many delicious meals on board, prepared by head chef Heinz Hacker and his team. There was a real buzz in the dining room, as we got to know each other and talked about our hopes and aspirations for this voyage.

Our first evening was occupied with more exploration of the ship, adjusting to her movements and settling into our cabins before retiring for the night.

In the early hours of the morning we reached the entrance of the Beagle Channel and headed out into the open waters of the Drake Passage- our Antarctic adventure was now fully underway!

Day 2 – Monday November 11, 2019 At Sea in the Drake Passage

0800 GPS Position: 56 º 44.5' S / 068 º 33.2 W

Wind: 25knots W Sea State: moderate Weather: Sunny Air Temp: 6°C Sea Temp: 4°C

This morning we woke up to the ship moving from side to side, which we were told were fairly "calm" waters for the Drake however it did get rougher throughout the day. Nevertheless, seasickness bags were found in the corridors, which some passengers made use of.

After breakfast, we met in the lounge for a mandatory safety briefing and our Expedition leader, Adam told us a little about the forthcoming voyage and introduced his team of guides and what each of their roles would be during the voyage. We were shown how to don the lifejackets for the zodiac cruises and how to get on and off the zodiacs down the gangway. Something we were looking forward to do after the long crossing. We were also called down to the boot room deck by deck to get our rubber boots for the landings.



In preparation for Antarctica we filed into the lounge to learn about environmental awareness and correct behaviour in Antarctica - no food ashore, clean your boots, and keep your distance from the penguins. The theory was followed by practice as we had to vacuum our outer clothes, backpacks and camera bags. Expedition staff members were on hand to help and advice how to rid our gear from seeds and dirt. With numerous vacuum cleaners going at once in the lounge it was noisy but fast.

During the day we enjoyed wonderful views

of various sea birds as they accompanied the ship on its way, including Cape Petrels, Fulmars, Giant Petrels, Black-browed Albatross and the largest of all, the Wandering Albatross. Before dinner Sara gave a short recap on sea birds in a hope it would help us identify them in the forthcoming days, she used a length of rope as a visual aid to help emphasise the enormity of some of the species.

At dinner we celebrated a birthday and then settled back into our rooms to rest for another day on the Drake.

Day 3 –Tuesday November 12, 2019 At Sea in the Drake Passage

0800 GPS Position: 61º 06.2' S/ 063 º 09.4' W

Wind: 19knots NW Sea State: moderate Weather: Cloudy Air Temp: 0°C

SeaTemp: 3ºC

Our second day at sea started out with some movement of the ship, but as the day went on it appeared to improve. It was no Drake Lake, but was not as rough as the previous day.

We started the morning with a delicious buffet breakfast and then headed to the lounge where Sara talked to us about penguins. Her lecture was divided in to two parts, the first half explained a little about their biology and their cold weather adaptations, whilst the second half aimed to answer some frequently asked questions like how to you tell male and female penguins apart and how long do they live. Her enthusiasm for these little feathery creatures was infectious, making us even excited to see these birds in their natural habitat.

Before lunch Alexis and Jochem gathered the campers in the lounge to explain what to expect and how to prepare for a night of camping on the Antarctic peninsula. Another event we were eagerly looking forward to!



After lunch Jochem gave a lecture on the shelf ice of the Antarctic Peninsula. The satellite images of the collapse of the Larsen ice shelves was dramatic. So much change in such a short period of time. Of particular interest to the current position of the ship is that the ice bergs breaking off from the ice shelves tend to leave the Antarctic region through iceberg alley, which we are currently steaming down through. So, eyes open! We won't yet sight iceberg A68a with a similar size as the state of

Delaware, but other smaller bergs might well come into our views.

Chloe's talk about plankton was fascinating. Who knew that the longest animal on earth is a 40m plankton called Praya dubia. It's even longer than the blue whale. We learned about the differences between phytoplankton (which produces its food by photosynthesis) and zooplankton (which eats phytoplankton). Phytoplankton produces half the oxygen that is released into the atmosphere. Krill (which we learned are not the same as shrimp) are the base of the food chain. Birds eat 15-20 million tonnes of krill a year and whales eat 34-43 million tonnes per year. That's a lot of krill! 90% of the crab eater seal's diet is krill. Who would have thought with a name like that.

With good chances of seeing whales in the forthcoming days, Sara did a short lecture before dinner on how to identify different cetaceans species and encouraged us to get up early the following morning as we would be cruising the Gerlache Strait which is a renowned feeding area for many types of whale.

We all went to bed in anticipation of waking up to the icebergs that we had only seen on tv or read about online, but would soon witness with our own eyes.

Day 4 –Wednesday November 13, 2019 Cuverville Island and Danco Island

0800 GPS Position: 64º 40.4' S / 062º 37.9' W

Wind: F.2 SW Sea State: Smooth Weather: Overcast Air Temp: 5°C Sea Temp: 0°C

This morning as we travelled through the Gerlache Strait, some of the early bird guests were treated to humpback and minke whale sightings. The icebergs also came into view for the first time and they did not

disappoint.

While eating breakfast we gazed out the windows at the icebergs in every direction. After breakfast we prepared our equipment for our very first landing in Antarctica at Cuverville Island. The excitement was palpable as we waited to board the gangway to visit the site. Cuverville is regarded as having one of the largest rookeries of Gentoo penguins in the Antarctic Peninsula. The island was named after Admiral Cuverville, who helped finance Gerlache's expeditions.





amongst so many thousands of relatively tame birds. Our expedition guides had set out a path for us to follow to the farther colonies. As we walked along our human path, the penguins waddled along their penguin highways.

The morning was overcast, but the sun was trying to peek through the low lying clouds. At one point the peaks of the mountains were lit by the sun and looked spectacular. Conditions in the bay were smooth and the landing was easy, helped by the fact that the bay was full of icebergs. We spent the morning exploring the shore of the island between the various colonies, taking time to savour the feeling of being



Amidst the penguins was one sneaky brown skua sitting calmly, waiting for his opportunity to have some penguin breakfast.

We spent the morning watching the penguins as they called out to find their mates. Some were already successful in finding their match which allowed us to watch them mating. If only we could come back in a

couple of months to see the hatchlings. In the midst of watching the mating rituals, we heard some noise in the distance, which turned out to be an avalanche of snow falling into the Errera channel. The vantage point from the top also allowed us to admire the bay of icebergs. One even started turn over. As we walked back down to the landing site, we wished we could toboggan on our bellies the way the penguins did.



Back on board we had a delicious buffet lunch

and then it was time to get ready for the afternoon landing at Danco Island. The expedition team had brought snowshoes ashore for us. For people keen to hike, the snowshoes made the walk a bit easier through the wet snow. As we started our hike the snow flakes were falling and one lonely gentoo followed us thinking our path was a penguin highway. The fog started to roll in as we were almost at the top so we paused to take photos and admire the gentoos before returning to the beach where most of the group gathered to prepare for the Polar Plunge.



By this time, the snowfall was getting heavier and the wind was picking up. Everyone was eager to watch those brave souls strip down to their bathing suits and run into the freezing cold waters. Some even swam a little bit. Congratulations to everyone who was brave (or crazy) enough to take the dip.

Back on board it was time for our daily recap, where Sara spoke about the Gentoo penguins we had seen and Adam briefed us on the plans for tomorrow.

We celebrated another birthday at dinner and then it was time for the campers to get ready for a night off the ship. The staff went ashore first to prepare the site and by 21:30 all passengers were on shore and ready for a true Antarctic adventure!

Camping

How often does one get to sleep on an island in the Antarctic that might have never been set foot on by human beings before? Fantastic: water on all sides, Weddell seals and fur seals swimming around, Antarctic chicken curious into what these weird creatures are doing on their island and the odd penguin stopping by. A warming welcome speech by Alexis resulted in 12 people opting for sleeping in tents, with all others eager to dig and build a snow pit. By half past 11 everybody had found their sleeping spot. During the night, wind increased. For the



tenting passengers this must have been a noisy experience, whereas the 'diggers' got rewarded with shielding for the hard work they had done before. A beautiful moonshine embraced our hearts at around wake up call (4 am) and by 5 am we warmly welcomed the Zodiacs that arrived to pick us up and bring us back on board.

Day 5 – Thursday November 14, 2019 Neko Harbour and Useful Island

0800 GPS Position: 64º 56.4' S / 062º 32.2' W

Wind: 3-5 knots Sea State: Calm ice Weather: Cloudy Air Temp: -3°C Sea Temp: 0°C

The campers arrived back at the ship very early in the morning after a windy night and were eager for some hot coffee and breakfast. Our first landing for the day was Neko Harbour, our first continental landing.

Neko Harbour was discovered by Belgian explorer Adrien Gerlache during his 1897—99 expedition and was named after a whaling boat, the Neko, which operated in the area between 1911 and 1924. The glacier behind Neko Harbour extremely active, frequently calving large chunks of ice that splash thunderously into the bay. Hence the expedition team stressed the importance staying off the beach and keeping on higher ground.





Keeping on the higher ground was not a problem for us because there were plenty of gentoo penguins to watch as we hiked to the summit. We followed a path marked by our expedition guides and admired the fresh snow where no one had set foot since the most recent fresh snowfall. The only footprints were those of the gentoos who had made paths

down to the beach to get rocks for their nests. As we walked up the circular path we could see people high up in the distance. We were the only ship in the area, so we knew it had to be the rest of the passengers from the Plancius. Up we go! The hike up to the top had us huffing and puffing, but we knew the view would be worth the hike. Even from the lower levels we could see the icebergs drifting by in their different shapes and colours.

The view from the top was breathtaking. We had front row seats for the calving glaciers, which we could hear before we spotted which parts were falling into the sea. It was hard to imagine how high up we really were until we looked down at the penguins who looked like little ants. We sat in the fresh snow in silence and breathed deeply to take it all in. Even though this wasn't our first landing, it still seemed surreal that we were actually in Antarctica, surrounded by such natural beauty.

The wind picked up while we were walking back down to the beach and our landing site was beginning to get surrounded by grounded ice. The tide was retreating which meant our zodiac drivers had to be extra cautious getting us all boarded and back to the ship. We would have loved to have stayed at the peak just a little bit longer, but we knew another delicious lunch awaited us on board.

For our second landing we visited Useful Island, aptly named for the good opportunity the whalers had to spot whales and seals from the summit where a large cylindrical orange beacon stands about 2m tall. The island was discovered by the Belgian Antarctic Expedition, 1897–99, under Adrien de Gerlache. As our zodiacs weaved around the icebergs we made a landing on a rocky slope and were greeted by a large Weddell Seal amongst the gentoo penguins. Who



could resist that cute puppy dog face. We hiked the same 100m elevation change that the penguins hike to get a head start on finding the perfect nesting site. On our way up we saw two colonies of chinstrap penguins who had already claimed their nesting spots for the season. Their mating calls sounded quite different than the gentoos and we watched as some mating rituals took place. The summit was still covered in snow and





were rewarded with a clear 360° degree view of the area. Calm seas, fluffy clouds, plenty of icebergs: who could ask for anything more.

At our evening recap, Chloe talked to us about the Antarctic bear. We were quite sure that we were nowhere near polar bears, but as we listened intently we learned that there is a small organism, less than a millimetre, called the Tardigrad which looks just like a bear. When threatened it curls into a ball in a tun state making it indestructible. They can be found as high as mountain tops, as deep as the ocean floor and have even been to space!

Before dinner Adam briefed us for the following day and told us that the ice was so thick in the area that the Port Lockroy staff hadn't been able to get to the site. If the

staff couldn't get there, then we definitely wouldn't make it through the ice either. So, as we do in Antarctica, we changed our plans due to weather and we'd visit Damoy Point as our first landing tomorrow. Everyone made their way to the dining lounge for another delicious meal before the campers headed out for a night on the white continent.

Camping

A group of 33 people from different parts of this planet had an important meeting in a camping site in an unusual place. They came from Canada; North, East, South and Central USA; The Netherlands, India, Spain, UK and Argentina to have this special time at Stoney Point, one of the most beautiful places close to Paradise Bay, Antarctica.

We started with a Zodiac cruising from the Vessel, passing through growlers of ice that a recent calving glacier spread on the area. It was snowing lightly, with a sweet breeze from the east. After a safety briefing everybody went to find a place to dig their ice grave to pass the night under the stars in one of the coldest places in the world. Two hours later everybody was ready to sleep, the guides checked one by one and the silence become the main feeling of the polar night.



We could hear some thunders in the distance away from the calving glaciers, the currents driving big bergs, collapsing in between. Silence again. In the distance there were some Gentoes singing, two Giant Petrels passing by, a curious Sheathbill jumping from one trench to another looking for something special to steal. The time passed quickly. After six and a half hours we woke up at 4:45 am to pack all our equipment to go



back to the mothership. The zodiacs had a challenging task of navigating the icebergs that had drifted into our campsite over the night, but we arrived safely back to our beloved M/V Plancius where we took hot showers and enjoyed a full breakfast.

Happy faces, lots of smiles, people laughing, that's what it's all about....to have fun.

Day 6 – Friday November 15, 2019 Lemaire Channel and Port Charcot

0800 GPS Position: 64º 57.9'S / 063º 30.7' W

Wind: F.3 E Sea State: Smooth Weather: Snowing Air Temp: -2°C Sea Temp: 0°C

The second group of campers woke up early, dusted the fresh snow off their bivvy bags, and back to the ship to dry their gear and then fill their bellies with another yummy buffet breakfast. The dining room was abuzz with all the excitement from the night before where guests shared their photos with those who had stayed on board. During breakfast we were advised that we'd arrive at Damoy Point around 10 am. As the ship got underway the ice in the area thickened making it less likely for us to make a landing. While we were all looking forward to more hikes and views, we were confident the Captain and Expedition Staff would find a suitable alternative.



Given we couldn't do a morning landing, the Captain took the ship through the Lemaire Channel which cuts between the Antarctic Peninsula and Booth Island. It was ice free, which is a rarety this early in the season. We all got bundled up to go outside on the decks to admire the mountains on each side. No one wanted to blink for fear of missing such spectacular views. In the distance we could see penguin colonies, but the most impressive were the jagged cliffs and icebergs strewn across the channel. The views were so impressive that we almost didn't want to go back inside for lunch.

Our afternoon landing was at Port Charcot, where we had the option to hike in two directions. One direction allowed us to view a number of gentoo colonies and the other was a hike to the top where Charcot's monument sits. The island was discovered on January 11, 1910 by the French Antarctic Expedition under Jean-Baptiste Charcot who named the area after his father. Back down at the beach one of the Expedition Staff pointed out what appeared to be a hybrid penguin: a mix between a Chinstrap and an Adelie. We knew this must have been a pretty big deal because all of our expedition guides were excited to see it.



Once back on board the ship, Adam gave us some history of Charcot's travels and Jochem explained why ice is blue. We enjoyed both re-caps, but we were looking forward to the special BBQ on the back deck as smells of the BBQ and garlic wafted throughout the ship. There was a light snowfall, but that didn't stop us from sitting outside to enjoy the various salads, meats, corn on the cob and last but not least, the mulled wine. The ship was surrounded by icebergs. It was a 5-star view at this restaurant. Once we couldn't eat anything more, we danced the night away on the back deck with the Staff and Crew. A great time was had by all!

Day 7 – Saturday November 16, 2019 Orne Harbour and Wilhemina Bay zodiac cruise

0800 GPS Position: 64º 37.8' S / 062º 32.6' W

Wind: F.2 NW Sea State: Smooth Weather: Snowing Air Temp: -1°C Sea Temp: 0°C

Orne Harbour is a small cove, 1 mile wide which indents the west coast of Graham Land, 2 miles south west of Cape Anna. The cove was discovered by the Belgian Antarctic Expedition under command of Gelache in 1898. The name Orne Harbor was probably in use by Norwegian whalers, because it was used by Scottish



geologist David Ferguson following his geologic reconnaissance of this area aboard the whaler Hanka in 1913. The site is dominated by Spigot Point, a sharp 289m above sea level sharp, ice corniced peak. We took a steep hike to the peak using the switchback path our guides had laid out with snowshoes and poles. It was important to stay on the path as this area has some crevasses. At the peak were lots of chinstrap penguins, some mating and some still looking for their mates. Despite overcast skies, the view from the top was breathtaking.

The way down was much easier than the way up, as we slid down on our bums. Weeeeee! This is what it's like to feel like a six-year old kid again. Quite a few guests did the trek back to the top for more than one go. Each slide down the hill allowed guests to perfect their technique. Who needs a gym membership when you've got the Orne Harbour hike and slide. We definitely worked up an appetite and earned our lunch on that landing.



We had a few hours to digest another delicious meal and then we headed out on the zodiacs for our first official zodiac cruise. As soon as we got into the zodiacs two humpbacks appeared at the rear of Plancius. They were quite curious and approached our boats to see what was going on, raising their heads and blowing. As they descended back into the deep we could see the beautiful white and blue outlines of their pectoral finds beneath the boat. What a pleasant surprise as we were not expecting to see



them here. After they left us, we navigated through the icebergs over to the Governoren ship which ran aground after a fire in 1915. All 85 crew on board survived.

To the bow of the wreck on the ice were four Weddell seals. One slide into the water and we could see a pup hiding behind a ridge of ice. As we cruised out of the bay to admire the icebergs, we came across some crabeater seals laying on a large flat iceberg. We sat in silence watching a young pup feed from its mother.





After cruising around more icebergs in all shapes, sizes and colours, we headed back to Plancius where Zsuzsanna was waiting for us with spiked hot chocolate and whip cream. We all toasted the successful outing.

At recap Adam told us the plan for the following day: a possible landing at Baily Head to see the largest chinstrap penguin colony. There was one catch: our wake-up call would be 5 am due to the weather conditions. We were game for the early wake-up for the chance to see chinstraps. We enjoyed yet another delicious dinner and made our way to bed for the early morning.

Day 8 –Sunday November 17, 2019 Telefon Bay, Deception Island and Half Moon Island

0800 GPS Position: 62º 55.5' S / 060º 38.7' W

Wind: 10 knots Sea State: Calm Weather: Foggy Air Temp: 2°C Sea Temp: 1°C

As our alarms went off at 5 am we looked out our portholes at the fog surrounding the ship. We were eagerly anticipating being able to land at Baily Head, but our guides took a zodiac out on a scouting mission and they came back with news that the swells were too high to land. We were looking forward to what might be on the other side of the mist, but knew that safety comes first. It also gave us a couple more hours to sleep before our first regular landing of the day.

Our landing at Telefon Bay was a completely different sight than we had previously seen this trip. The beach was black volcanic rock, which juxtaposed nicely against the white snow. A couple of Weddell and Elephant seals were lounging around the beach before we started our walk. The weather was still very foggy which made it difficult to see the poles our guides had laid out, but there were staff at regular intervals to show us the way.



We hiked to the top of Bare Rock for a view of the caldera. The weather changed a few times while at the summit. At one point the wind blew all the fog away and we could see blue skies and the dramatic volcanic landscape beneath us.

highway as the chinstraps made their way from the sea. Around the corner from our landing site, a Weddell seal laid in the snow and resembled the rock not too far from it. We gave it a wide berth on each side as it slowly made its way to sea. Meanwhile the penguins traversed the rocky beach. As the

After lunch we had our final landing of the trip. Despite rain and wind, we knew this was the last time we'd have the chance to leave the ship before two more days on the Drake passage. On Half Moon island we were surprised to see so much pink penguin poop, but that didn't stop us from walking about. No sitting in the snow for this landing. We stood along the penguin

winds picked up, our guides helped us get back into the zodiacs so we could get back to the ship for Happy Hour.



Day 9 Monday November 18, 2019 At Sea in the Drake Passage

0800 GPS Position: 60 º 11.6' S / 061 º 50.5' W

Wind: 29 knots SW Sea State: Rough Weather: Overcast Air Temp: 0°C Sea Temp: 3°C



us that there are sometimes blue whales in the area.

For those who decided to go outside on deck, there were sightings of a variety of albatross (light mantled, grey headed and wandering), as well as black-browed petrels and prions. At re-cap, Sara told us about some superstitions at sea. We'd been pretty lucky on this voyage, so we were certain no one had broken any of them.

This morning's wake-up call was at 8 am. We enjoyed a leisurely breakfast since we knew we didn't have to get dressed in our layers for a landing or zodiac cruise. The talk around the dining lounge was whether we'd have a Drake Lake or a Drake Snake. Only time would tell. The winds were quite strong early in the day, but as the day went on the Plancius seemed to be rocking less and less. The staff had a number of lectures planned for us to keep us occupied. Daniel spoke about the behind the scenes of the ship. Chloe gave a lecture on diving in Antarctica. Jerry spoke about some of the whales we had seen and advised



Day 10 – Tuesday November 19, 2019 At Sea in the Drake Passage

0900 GPS Position: 56º 09.8' S / 065º 51.0 W

Wind: F.3 NNW Sea State: Slight Weather: Partly cloudy Air Temp: 9°C Sea Temp: 6°C

This morning we woke up to what is probably the closest thing to the Drake Lake we had heard about. It meant we got a great sleep the night before and could relax without worrying about seasickness. During our morning lecture we listened to Sara tell us about Antarctic Seals. The only one we hadn't seen was the leopard seal. This gave us one more excuse to come back to this beautiful continent.

After returning our boots and rental gear to the boot room we enjoyed lunch in the dining room when Adam came over the speaker system to tell us that we were approaching Cape Horn. Cape Horn marks the northern boundary of the Drake Passage and is where the Atlantic and Pacific Oceans meet. The ship needed special permission from the Chilean authorities, which was granted. The closest we were allowed to approach was 3 nautical miles. After a day and a half in the Drake, we could finally see land again. The fog and mist cleared allowing us a beautiful view of the cliffs covered in green. Those with binoculars could make out the church and the lighthouse.

Shortly after turning around at Cape Horn, we had some lectures on Citizen Science. Sara told us how we could get involved with counting penguins at www.penguinmap.com and www.penguinwatch.org. Jochem told us about mapping glaciers and ice at www.recognice.org and Chloe told us about www.happywhale.com where we could upload any fluke or dorsal fin photos we took on our trip and then follow the whale around the world. Alexis gave us an interesting lecture about the Yamanas people.



When 6 pm rolled around we were ready in the lounge for Captain's cocktails. Adam brought his expedition staff to the front to thank them for their hard work this week and we barely recognized some of them since they were dressed in regular clothes for the occasion. Everyone enjoyed a glass of bubbly and toasted the Captain whose expertise we appreciated. It can't be easy to navigate in such harsh conditions. We toasted Adam for his well thought out itinerary and the alternate weather plans worked out to be a blast. We couldn't have asked for a better voyage. The slideshow that Sara had put together captured all the highlights of this special trip.

We enjoyed one last dinner in the lounge and celebrated two more birthdays. Zsuzsanna introduced the galley crew who had been preparing all the delicious meals over the past week and a half, as well as the hotel and cleaning staff. There is so much work that goes on behind the scenes when we were out on our landings that we gave everyone a loud round of applause. After we finished our bread pudding, some of us went to the lounge to enjoy our last hours socializing and some of us retired to our rooms to pack. We didn't want the trip to end, but as they say: all good things must come to an end.

Day 11 – Wednesday November 20, 2019 Disembarkation Ushuaia

0800 GPS Position: Ushuaia Port

Wind: ESE 23 knots Sea State: Slight Weather: Overcast Air Temp: 7°C Sea Temp: 8°C

We were woken by the last wake-up call from our Expedition Leader Adam and got ready to disembark for the final time. We didn't have to tap our room cards, there was no zodiac ride ashore and it was a dry landing. The last 11 days have taken us on a remarkable journey into Antarctica and allowed us a glimpse of life in these remote and sometimes inhospitable places. We will all have different memories of our trip but whatever the memories, whether it was our first penguin siting, hiking in snowshoes, the stunning icebergs, massive cliffs in the Lemaire Channel or making new friends, they are memories that will stay with us for the rest of our lives.

Total distance sailed on our voyage:

Nautical miles: 1690

Kilometres: 3130



And behalf of Oceanwide Expeditions, Captain Evgeny Levakov, Expedition Leader Adam Turner and all the crew and staff, we thank you for travelling with us and wish you a safe journey home.



PHOTOGRAPHY CONTEST 2019/20

Your chance to win a \$ 1000 gift voucher for your next polar adventure.

EVERYONE KNOWS A PICTURE IS WORTH A THOUSAND WORDS, BUT DID YOU KNOW THAT YOUR PHOTOS MIGHT NOW ALSO BE WORTH A **\$ 1000 GIFT VOUCHER**?

Share your experience!

Did you catch a rare seabird on the fly? Do you have a panorama of the Northern Lights filling the sky? Did you get up close and personal with a penguin? Did you capture a look of awe or wonder on a fellow passenger's face?

If you've been a passenger on any one of our past voyages we want to see your pictures.

You're free to send in as many pictures as you wish. The best pictures are the ones that capture what it's like to take one of our special expeditions to the remote and beautiful ends of the Earth.



UPLOAD YOUR PHOTO AT

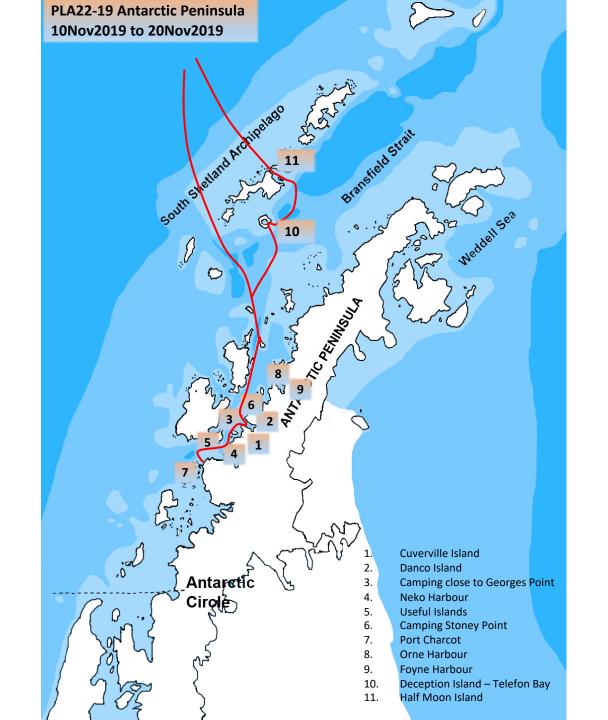
WWW.OCEANWIDE-EXPEDITIONS.COM/GALLERY

The size of your photo should be between 2MB and 8MB. Our lucky winners will be contacted by e-mail and Facebook by 02 June 2020. The photography contest runs from 03 November 2019 until 02 May 2020.

Read the terms and conditions of the contest on www.oceanwide-expeditions.com/page/contest-terms







Species list: Birds and marine mammals of the Antarctic region

The species list. Bilds and in						_					
	70 nc	3 12.nc	2 22.nc	3.73.76	DW JAIN	y Jan	26 16 nc	34 17.nc	78.nc	29.nc	N /
Latin											
Pygoscelis adeliae			Х	Х	Х						
Pygoscelis papua papua			Х	Х	Х	Х					
Pygoscelis antarctica				Х		Х	Х				
Spheniscus magellanicus	Х									Х	
Diomedea exulans		Х	Х						Х		
Diomedea melanophris	Х	Х	Х					Х	Х	Х	
Diomedea chrysostoma		Х							Х	Х	
Phoebetria palpebrata		Х	Х						Х	Х	
Macronectes halli	Х	Х					Х	Х			
Macronectes giganteus	Х	Х	Х	Х					Х	Х	
Fulmarus glacialoides	Х	Х	Х		Х			Х	Х	Х	
Daption capensis	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	
Thalassoica antarctica		Х									
Pagodroma nivea				Х	Х	Х					
Pachyptila desolata				Х				Х	Х		
Oceanites oceanicus	Х	X	Х	Χ					Х	X	
	10.nc	31.nc	22.nc	3 13 m	ou Jane	54 15:18	76.00	3 77.nc	78.nc	29.nc	y /
Phalacrocorax atriceps				Х	Х	Х					
Chionis alba					Х	X	Х				
Catharacta maccormicki				X	Х						
Catharacta antarctica		Х				Х	Х	Х			
Larus scoresbii	Х										
Larus dominicanus	Х				Х	Х	Х			X	
Sterna hirundinacea	Х										
Sterna vittata				Х	Х	Х	X	Х			
Balaenoptera bonaerensis				Х	Х						
	Pygoscelis adeliae Pygoscelis papua papua Pygoscelis antarctica Spheniscus magellanicus Diomedea exulans Diomedea melanophris Diomedea chrysostoma Phoebetria palpebrata Macronectes halli Macronectes giganteus Fulmarus glacialoides Daption capensis Thalassoica antarctica Pagodroma nivea Pachyptila desolata Oceanites oceanicus Phalacrocorax atriceps Chionis alba Catharacta maccormicki Catharacta antarctica Larus scoresbii Larus dominicanus Sterna hirundinacea Sterna vittata	LatinPygoscelis adeliaePygoscelis papua papuaPygoscelis antarcticaSpheniscus magellanicusXDiomedea exulansDiomedea melanophrisXDiomedea chrysostomaPhoebetria palpebrataXMacronectes halliXMacronectes giganteusXFulmarus glacialoidesXDaption capensisXThalassoica antarcticaPagodroma niveaPachyptila desolataOceanites oceanicusOceanites oceanicusXPhalacrocorax atricepsChionis albaCatharacta maccormickiCatharacta antarcticaLarus scoresbiiXLarus dominicanusXSterna hirundinaceaXSterna vittata	LatinPygoscelis adeliaePygoscelis papua papuaPygoscelis antarcticaSpheniscus magellanicusXDiomedea exulansXDiomedea melanophrisXDiomedea chrysostomaXPhoebetria palpebrataXMacronectes halliXXXFulmarus glacialoidesXXXThalassoica antarcticaXPachyptila desolataXOceanites oceanicusXChionis albaXCatharacta antarcticaXLarus scoresbiiXLarus dominicanusXSterna vittataX	LatinPygoscelis adeliaeXPygoscelis papua papuaXPygoscelis papua papuaXPygoscelis antarcticaXSpheniscus magellanicusXDiomedea exulansXDiomedea melanophrisXDiomedea chrysostomaXPhoebetria palpebrataXMacronectes halliXMacronectes giganteusXFulmarus glacialoidesXXXDaption capensisXXXPagodroma niveaXPachyptila desolataXOceanites oceanicusXXXPhalacrocorax atricepsXChionis albaXCatharacta maccormickiXCatharacta antarcticaXLarus scoresbiiXLarus dominicanusXSterna hirundinaceaXSterna vittataX	LatinPygoscelis adeliaeXXPygoscelis papua papuaXXPygoscelis antarcticaXXSpheniscus magellanicusXXDiomedea exulansXXDiomedea melanophrisXXDiomedea chrysostomaXXPhoebetria palpebrataXXMacronectes halliXXMacronectes giganteusXXFulmarus glacialoidesXXDaption capensisXXThalassoica antarcticaXXPagodroma niveaXXPachyptila desolataXXOceanites oceanicusXXPhalacrocorax atricepsXXChionis albaXXCatharacta maccormickiXXCatharacta antarcticaXXLarus scoresbiiXXLarus dominicanusXXSterna hirundinaceaXXSterna vittataX	Latin Pygoscelis adeliae X X X Pygoscelis papua papua X X X Pygoscelis antarctica X X Spheniscus magellanicus X X Diomedea exulans X X Diomedea melanophris X X Diomedea chrysostoma X X Phoebetria palpebrata X X Macronectes halli X X Macronectes giganteus X X Fulmarus glacialoides X X X Daption capensis X X X Thalassoica antarctica X X X Pagodroma nivea X X X Pachyptila desolata X X X Oceanites oceanicus X X X Phalacrocorax atriceps X X X Chionis alba X X X Catharacta maccormicki X X X Catharacta antarctica X X X Larus dominicanus	Latin	Latin	Latin	Latin	Latin

Humpback Whale	Megaptera novaeangliae			Х		Х			
Killer Whale	Orcinus orca			Х					
Dusky Dolphin	Lagenorhynchus obscurus							Х	
Crabeater Seal	Lobodon carcinophagus		Х	Х	Х	Х			
Weddell Seal	Leptonychotes weddelli		Х	Х		Х			
Southern Elephant Seal	Mirounga leonin						Х		
Antarctic Fur Seal	Arctocephalus gazella		Х	Х					
Southern Sea Lion	Otaria flavescens							Х	

Adam Turner FRGS - Assistant Expedition Leader



Adam was brought up in countryside of Essex, England. He began sailing at the age of 9 and began working on the local river aged 12 before leaving school.

By 16 he had a small fishing boat and was working on boatyards and taking tourists to see the local seal colonies as well as helping out on the local Lifeboat.

Adam then joined HM Forces and was posted to Northern Ireland and in the UK, he also served in Kenya as a boat operator. In 2002 Adam joined the Police and spent several years on a specialist unit working across the UK with his search dog Charley.

Since being a young lad Adam had dreamt of working in the Antarctic like his Uncle had done in the late 1980's, and in 2014 Adam left the Police to work as Boating Officer for British Antarctic Survey at King

Edward Point, South Georgia where he spent just over a year.

Adam studied at Middlesex University and often and gives lectures on history, in 2017 he was elected as a Fellow of the Royal Geographical Society, and he now works full time for Oceanwide Expeditions.

Adam holds a commercial masters certificate and instructs in several marine disciplines, he enjoys diving, climbing, kayaking and outdoor activities.

Adam在英格兰的Essex乡村长大。在9岁的时候他就开始航海,12岁的时候就开始在当地的河上工作。16岁的时候他就拥有了一艘自己的小渔船,并且在码头做着一份带游客去看本地海豹栖息地,还帮助当地的救援组织。之后他参加了海军,驻守在北爱尔兰,并且还在肯尼亚执行过行动。2002年Adam成为了警察并且是特警。在Adam很年轻的时候就梦想着像他的叔叔一样在南极工作,2014年他辞去了警察工作并在英国南极科考队作为一名管理船只的官员,在爱德华国王岛和南乔治亚群岛都工作过。2017年他被推选进入皇家地质协会,现在作为他们的向导和顾问。

他同时还是很多项户外活动和海事活动的教练,他喜欢潜水,登山,皮划艇等户外活动。

Daniel Höhne Assistant Expedition Leader



A well photographed picture is more than just looking at it again and again. It is emotional and unforgettable passion and a story behind.

Most of the past years it was more my hobby to get outside and take nature photos. But today it is my profession and beside working as a fulltime guide I work also for newspapers and magazines.

Taking people hand by hand outside and show them what to see and what outside can be felt is one of the greatest things for me to do. It is even more important and necessary to understand our ecosystems and for that reason I try to take people out in the wilderness. To understand why things in nature happen and what our part as humans is in different environments. We only can protect what we really know and love.

Tübingen. Since then I was fascinated by the power and sensibility of our white and cold ecosystems. Combined with nature photography I am self-employed within different kinds of guiding nature and photography journeys.

My hot spots are Iceland, Svalbard, Greenland, Antarctica and Germany. Most of my time I spend in Iceland for exploring and working in unique places and feel the strength of the old Viking land. 丹尼-副队长

一张好的照片永远比不上这张照片之后难忘的故事和拍照时的情感。

以前我的爱好是到户外去拍照。今天我的全职工作就是探险同时为报纸和杂志工作。

带人到户外,手把手为他们展示最美的景色是最美好的事情。比这更重要的是理解和明白我们的大自然这也是我喜欢带人去户外的原因之一。去了解人类在不同环境中扮演的角色。只有这样才可以保护我们的所爱。

我在南部德国学习了地理和地址学。从那时我就对白色和寒冷的自然环境着迷。我最喜欢的地区是冰岛,斯瓦尔巴,格陵兰,南极和德国。我大部分的时间都在冰岛上探索和工作。

Sara Jenner - Expedition Guide



For as long as Sara could remember she has had a passion for travel and searching for the wildest and most remote places on earth.

Back in the UK when she was only 10, she remembers trading in her favourite pink bicycle for the money to start her travel fund. Every birthday and Christmas she added a little more in the kitty and finally, at 18 she realised her dream of diving at the Great Barrier Reef! At that point the travel addiction was born!

Ever since Sara has been travelling the globe in search of wild and remote places and has spent many months volunteering on wildlife conservation projects in a bid to help some of our most iconic and endangered species.

Sara's love of wildlife and the great outdoors has taken her to all seven continents and she has travelled extensively in the polar regions including the Antarctic Peninsula, Falklands, South Georgia, Spitsbergen, Greenland, Iceland, Baffin Island and Canadian High Arctic. Returning to the UK, Sara used this knowledge to work in the travel industry as a polar specialist for several years, until the travel bug hit again, when she decided to swap life on the land for a life at sea and joined the Oceanwide Expedition Team in 2016.

Sara is a keen wildlife photographer and when she is not wrapped up warm in the polar regions she enjoys working as a photographic guide in Botswana, on the beautiful Chobe River and Okavango Delta, so really has a life of two halves.

萨拉很早就对地球上最狂野最偏远的地方有热情,她 10 岁时,为了攒钱去旅行,卖了她最心爱的自行车。每年圣诞节都在存钱罐里存钱直到 18 岁实现了她在大堡礁潜水的 梦想。

从她开始旅行,她就作为志愿者参加各种野生动物保护项目,以保护有特点和濒危物种。由于她对旅行和户外的热爱,她已经踏足 7 大洲,包括很多很少人踏足的极地地区。她曾经为已经专注于极地旅行的英国旅行社工作,直到 2016 年,她决定加入 Oceanwide 探险队。她不在极地的时候,在博茨瓦纳做摄影领队。

Alexis Bellezze - Expedition Guide



A Polar and Patagonia kayak expedition guide with expertise in wilderness adventure, long haul travel and mountaineering in the Nahuel Huapi National Park, Limay River and Lake District.

Professional background in the Army and Air Force, a degree in Veterinary Medicine (Domestic, Farming, Equine and also Wildlife Rescue and Rehab, Trauma and soft tissues surgeon) which compliments his outdoor expedition work as a Paraglider pilot, Trekking guide, CPR and Wilderness First Responder senior instructor in Argentina and Chile

He loves nothing more than being in the outdoors, especially if there is a chance to camp or see wildlife, but most importantly relishes the chance to share this with likeminded people.

阿力克西曾作为军医在空军和陆军服役,并有非常丰富的野生动物救援和恢复经验。因为他对野外和冒险的热爱,他受训成为巴塔哥尼亚的皮划艇向导,滑翔翼飞行员,徒步向导和野外急救培训师。他有着非常广泛的野外,登山,和皮划艇的向导经验。

他钟爱户外,特别是宿营或看到野生动物,更重要的是他喜欢与有共同爱好的人分享。

Jerry Zhao - Expedition Guide



Jerry has been in love with nature and wild life and traveling all his life. Soon after completing his degree in Business Administration at Drexel University in Philadelphia, Jerry began a career in the travel industry. Jerry first started as an international travel consultant and tour leader and led exclusive small high-end guests throughout Europe.

He then became partner in an international traveling consulting firm and focused on route planning and employee training. Searching for more adventure, He travelled around the world to collect all the skills that he needed and joined Oceanwide Expeditions as Expeditions Guides in 2015. He has set foot on all seven continent and four oceans. He has travelled to the North Pole,

Spitsbergen, and Antarctic regions several times along the way he has studied the geography, wildlife and Environment of the Polar regions. He loves nature, wild life, and he loves to share all that he knows to everyone who comes across.

Jerry一直都很喜爱自然野生动物和旅行. 从美国Drexel University 毕业后, 开始从事旅游业. 开始作为高端客户旅行顾问和领队走遍了欧洲. 然后作为一家旅行社的合伙人,主要从事路线规划和员工培训. 为寻找更多的冒险, Jerry去往世界各地学习所需技能, 足迹踏逼7大洲4大洋, 然后在2015年作为探险队员加入Oceanwide探险队. 他曾多次前往北极点, 北极斯瓦尔巴地区, 和南极地区, 在这期间他自学关于极地的地理,野生动物和环境知识. 他热爱大自然和野生动物并喜爱与人分享他的故事.

Blacky Sun - Expedition Guide



Blacky, was born in China-Harbin, and lived in Shanghai for 11-years, major is is industrial automation.

Before becoming a full-time hiking leader, he worked as a pre-sales engineer at IBM.

Out of curiosity about the world, he started his outdoor leadership career in 2014.

Over the years, he led teams to top of Mount Kilimanjaro, hiking Kamchatka Peninsula, hiking around the Mont Blanc, hiking the Australia-Uluru, hiking the Inca Trail, the Uyuni Sky Mirror, kayaking and hiking in the West U.S National Parks, Tonga Freediving whale watching, Iceland hikking, kayaking in Banff National Park..... And got coach qualification of kayaking, free diving and trail running.

Advocating animal protectionism, is an action-volunteer of well-known

environmental NGO.Practical action to protect animals and find inner peace. Since 2016, he has been in contact with the polar regions to understand the environment and animals in the Arctic and the Arctic. In 2017, he became a polar expedition player. He explored the Arctic and Antarctic many times and was happy to share the stories and experiences of outdoor travel and polar expedition.

老黑,哈尔滨人,现居上海多年。大学专业是工业自动化,在成为全职的徒步领队之前,他曾经在 IBM 任职售前工程师。出于对世界的好奇,他在 2014 年开始户外领队生涯,多年来,他带队去往乞力马扎罗登顶,勘察加 半岛,环勃朗峰徒步,澳大利亚乌鲁鲁,印加古道徒步,乌尤尼天空之镜,美国西部国家公园漂流徒步,汤加自由潜水观鲸,冰岛自驾徒步,加拿大班夫国家公园皮划艇,以及一些东南亚潜水行程。并且获得了皮划艇,自由潜水和越野跑等运动的教练资格。倡导动物保护主义,是知名环保组织的行动志愿者,实际行动保护动物,找到了内心宁静。

自 2016 年起开始带队接触极地,了解南北极的环境和动物,在 2017 年成为极地探险队员,多次探险北极和南极,乐于与您分享户外旅行和极地探险中的故事和经历。

Chloé Maréchal - Expedition Guide



Chloé is a passionate diver fascinated by marine life and exploration. She earned a European master degree in Marine biodiversity and conservation and love to share her expertise for the marine environment.

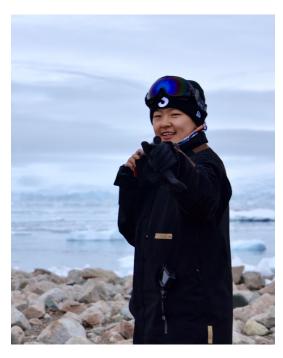
In April 2013, she was selected as the 2013-14 European Rolex our world underwater scholar. She spent a year working side by side with current leaders in underwater fields, getting very different experiences in marine science and in the diving industry.

Diving and science are not her only passion; she enjoys exploring new countries and discovering new cultures. She has been diving on all continents and living in more than 20 countries.

Chloe now lives in northern Norway just above the polar circle. When she is not onboard, she can be found underwater: observing the ocean's inhabitants, searching for forgotten wrecks or mapping and exploring undiscovered underwater cave passages.

克洛伊是一位非常热爱海洋哺乳动物的和探索的潜水员。她在欧洲获得了海洋生物学的硕士学位。而且非常喜欢与人分享她的专业和认知。2013 年 4 月,她被评选为 2013-2014 欧洲水下风云人物。她花了一年时间在水下工作,吸收了不同的海洋科学和潜水的经验。潜水和科学并不是她唯一的爱好,她喜欢探索新的大陆,发现新的文化。她在 7 大洲潜过水,在 20 多个国家生活过。克洛伊现在生活在挪威北部。当他不在船上时,可以在水下找到她,观察海洋生态,寻找沉船,或者发现和绘制水下地形图。

Mengxiao Liu - Expedition Guide



Mengxiao is from Beijing and graduated from Institute of Technology Carlow in Ireland. She has a background in Sport Science and Nutrition.

Mengxiao has spent her life fascinated by the natural world. She has also been in love with hiking and snowsports.

She has previously worked as a tour leader and organised teenagers' scientific expedition to the polar regions at a scientific and educational organization. At her first arrival to Svalbard in 2015 she knew she was home. At that time the idea started to grow to become an expedition guide.

She gained more knowledge about wildlife and polar environment by travelling with scientists while she was a tour leader. Mengxiao joined the Oceanwide

family in 2019 and is excited to share the unforgettable moments with you.

刘梦箫来自北京,大学在爱尔兰学习运动科学专业。她一直都对大自然很着迷,并且热爱徒步穿越和滑雪。她之前在一家科学教育组织做青少年极地科学探险领队。2015 年,当她第一次来到北极斯瓦尔巴群岛时便爱上了极地,萌生了想要做探险队员的想法。她利用做领队时和极地科学家一起工作的机会学习了更多的极地动植物和环境的知识。2019 年她加入了 Oceanwide 的大家庭并非常希望可以和你们分享难忘的时刻。

Jochem Braakhekke - Expedition Guide



Being born in one of the more mountainous regions of the Netherlands, with hills up to impressive heights of almost 100 m a.s.l., young Jochem was naturally attracted to alpine environments and the extreme importance of ice ages.

As a 2-year-old, still covered in baby seal blubber, he got introduced to hut life in the Austrian Alps. The black and white pictures exhibited in those huts, depicting huge glacier tongues and impressive ice-falls with noble men wearing hats posing on them, left a lasting impression. What in the world has happened to those glaciers since then!

It wasn't until two decades later, that Jochem got reinjected with the glaciology virus; during his

Bachelor's in Earth Sciences at the University of Amsterdam, Jochem spend a semester in Longyearbyen, studying Arctic and Marine Geology. In order to be a little bit closer to the tiny remnants of the Last Ice Age, he moved to Switzerland and continued studying geology and glaciology at the ETH Zürich.

Jochem is particularly interested in the interplay between glaciers and bedrock, the so-called field of Glacial Geology. He has extensive knowledge about the past ice ages and the related tools and clues presented to us by the current landscape; silent witnesses of the incredible power of ice.

In contrary to popular believe, glaciology is not a dying field: the cryosphere is a big box of discoveries yet to be made and it is Jochem's goal to get as many people involved in unboxing those.

约翰出生在荷兰的山区,很小的时候就被周围的环境和冰河世纪所吸引。2 岁的时候就和父母带到奥地利的大山中,从那时起他就对冰川非常的感兴趣。20 年后,他在阿姆斯特丹大学学习地球科学,在朗伊尔实习了一个学期,学习北极和海洋地质,并且搬到了瑞士,在苏黎世大学进一步学习地质学和冰川学,这样他可以更近距离的研究上一次的冰河世纪。他有非常丰富的关于冰川和上次冰河世纪的知识,并可以使用有限的线索分析现有的冰川和冰川对地貌造成的影响。

他相信, 地质学并不是夕阳学科, 还有很多谜题还没有被解开, 约翰的目标也是解开这些谜题

Leanne Briscoe - Expedition Guide



Leanne's interest in nature, wildlife and the outdoors developed after many years in university studying to become a lawyer.

She has travelled to all 7 continents and has been to more than 50 countries. Some memorable experiences for her have been snorkelling with belugas and humpbacks; camping on the Canadian Arctic floe edge to see narwhals; the valleys and mountains of Kyrgyzstan; the silverback mountain gorillas of Uganda; as well as hundreds of scuba dives with sharks, pygmy seahorses and unique creatures like the nudibranch. She feels most at home in the ocean or outdoors.

When she isn't travelling or diving she does triathlons, marathons and volunteers for the Toronto International Film Festival. Sometimes she finds time to sleep.

After scuba diving with Oceanwide in Antarctica, Spitsbergen and Greenland, Leanne is proud to be part of the Oceanwide team. She looks forward to hearing about where guests have travelled and where they'd like to go on their next adventure.

Leanne在大学学习了多年成为一名律师后,对自然、野生动物和户外活动产生了兴趣。她到过7个大洲,去过50多个国家。对她来说,一些难忘的经历是与白鲸和座头鲸一起潜水;在加拿大北极浮冰边缘露营看独角鲸;吉尔吉斯斯坦的山谷和山脉;乌干达的银背山大猩猩;还有数百个带着鲨鱼、侏儒海马和像裸鳃海蛞蝓这样独特生物的水肺潜水。无论是在海里还是在户外,她都觉得很自在。在不旅行或不潜水的时候,她会参加铁人三项、马拉松和多伦多国际电影节的志愿者活动。有时她找时间睡觉。在南极洲、斯匹次卑尔根岛和格陵兰岛进行了水肺潜水后,Leanne为自己能加入Oceanwide而感到自豪。她很期待听到客人们都去了哪些地方,以及他们下次想去哪里冒险。

Olly DeBruijn - Ship's Doctor



My name is Olly de Bruijn and I feel privileged to be your ship doctor on board of this ship.

It will be my duty to keep you safe and healthy during this trip. Whereas it's my first time to Antarctica, I have worked as a ship doctor before and I've also worked in several remote areas with restricted resources.

Back home in the Netherlands, I am a general practitioner. I do locum work, which gives me the freedom and flexibility to also work, travel or volunteer abroad. I've lived and worked in Australia for 4 years, I've worked in Kenya, Zambia and Lesbos. I've also sailed on a tall ship across the Atlantic Ocean twice.

I love to travel and meet people from all across the world. The different sceneries and landscapes remind me how beautiful and precious our planet earth is. I'm really excited what is ahead of us and I'm hoping for a safe and lovely unforgettable journey for everyone.

我叫 011y,非常荣幸能成为此次行程的随船医生。我的职责是保证大家本次行程中的健康和安全。这是我第一次来到南极,但是我以前曾做过随船医生,也曾在一些偏远的资源受限地区工作。在我的家乡荷兰,我是一名全科医生。我做一些代理医生工作,这样我可以有一些自由和灵活的时间去边工作边旅行或者出国做志愿者。我在澳大利亚工作过四年,还在肯尼亚、赞比亚和莱斯伯斯岛工作过。我还跟随高桅横帆船穿越过两次大西洋。我喜欢旅行中遇到来自全世界不同地方的人。不同的景色提醒着我这个星球有多么的美丽和珍贵。对于此次行程中将看的一切我感到非常兴奋,希望我们有一个安全并且充满了难忘回忆的旅行。



10th -20th November 2019

Sunday 10th November

Departure from Ushuaia

Welcome onboard

Tea and coffee are available in the lounge on deck 5

16:00	Board the Plancius
17:00 +/-	Introduction to the voyage by Expedition Leader Adam and Hotel Manager Zsuzsanna will introduce you to the life on board the Plancius.
	This will be followed by a mandatory 'Safety at Sea' briefing for ALL passengers. Presence will be checked.
±18.00	Departure of the Plancius. Please stay off the bridge during this time, After departure the mandatory safety drill will take place. Please listen to the announcements.
19:00	Join us in the lounge for the Captains welcome cocktail
19.30	Dinner is served in the dining room (deck 3).

After dinner, feel free to relax in the lounge, enjoy the scenery and discover the ship...

Please note that tonight we will be sailing into the open sea. Take your seasickness medication before you really feel the movements of the vessel. Make sure that all your belongings are put away safely and that doors and drawers in your cabin are tightly closed. Walk slowly on the ship, always use one hand for yourself and one for the ship and beware of your fingers because of doors jamming!



10th -20th November 2019

Monday 11th November

At Sea in the Drake Passage

07:45	Wake up call
08:00	Breakfast is served in the restaurant on Deck 3
09:30	Introduction to Expedition Team in the Lounge followed by MANDATORY IAATO and Safety Briefings for ALL passengers. Presence will be checked.
	After the briefings you will be called by deck to collect your rubber boots from the boot room located on Deck 3 – Forward.
	Please listen for announcements.
12:30	Lunch is served in the restaurant on Deck 3.
14:00	Bio-Security. Please bring your outdoor clothing to the lounge. You will be called by deck, please listen for announcements.
16:30	Lecture in the lounge by Sara on Penguins of the Antarctic region
18:30	Daily recap in the lounge
19:00	Dinner is served in the restaurant on deck 3.

Remember to keep one hand for the ship at all times and keep property secure in your cabin and around the ship



10th -20th November 2019

Tuesday 12th November

At Sea in the Drake Passage

07:45	Wake up call
08:00	Breakfast is served in the restaurant on Deck 3
10:00	Come and learn more about the Penguins of Antarctica in a lecture by Sara in the lounge.
11:30	Camping Briefing in the lounge, you only need to attend if you have already booked camping. Presence will be checked and you will not be permitted to attend unless briefed.
12:30	Lunch is served in the restaurant on Deck 3.
14:00	Lecture in the Lounge by Jochem, learn about the Ice of Antarctica
16:30	'Drifting Life' lecture by Chloe in the lounge, learn about the life that sustains Antarctic wildlife
18.00	Daily re-cap and plans for tomorrow in the lounge on deck 5.
19:00	Dinner is served in the restaurant on deck 3.

Remember to keep one hand for the ship at all times and keep property secure in your cabin and around the ship



10th -20th November 2019

Wednesday 13th November

Landings at Cuverville and Danco Islands

PLEASE LISTEN TO ANNOUNCEMENTS

07:15	Wake up call
07:30	Breakfast is served in the restaurant on Deck 3
09:00	Landing at Cuverville Island, this island is home to a Gentoo Penguins and we hope to offer a short walk to gain views across the colony and landscape, or just stay by the beach and watch them!.
12:30	Lunch is served in the restaurant on deck 3
14:00	Landing at Danco Island, this small island was named in memory of an early expedition member to Antarctica and we hope to offer you a hike to the top of the island to see the amazing panorama
18.00	Daily re-cap and plans for tomorrow in the lounge on deck 5.
19:00	Dinner is served in the restaurant on deck 3.

CAMPERS; Please listen for any additional announcements as we hope to offer camping tonight if conditions are good



10th -20th November 2019

Thursday 14th November

Landings at Neko Harbour and Useful Island

PLEASE LISTEN TO ANNOUNCEMENTS

07:15	Wake-up call
07:30	Breakfast is served in the restaurant on Deck 3
09:00	Landing at Neko Harbour. This will be a Continental Landing and it is home to another Gentoo Penguin colony. If you chose to walk to the top, you will gain magnificent views across the bay and glacier, which is extremely active with carvings.
12:30	Lunch is served in the restaurant on deck 3
14:00	Landing at Useful Island. This is a small island which is home to lots of penguin colonies and we may be lucky enough to see some more seals here.
18.30	Daily re-cap and plans for tomorrow in the lounge on deck 5.
19:00	Dinner is served in the restaurant on deck 3.

CAMPERS; Please listen for any additional announcements as we hope to offer camping tonight if conditions are good



10th -20th November 2019

Friday 15th November

Landing at Damoy Point and Expedition afternoon

PLEASE LISTEN TO ANNOUNCEMENTS

07:15	Wake-up call
07:30	Breakfast is served in the restaurant on Deck 3
09:00	Landing at Damoy Point, hike to the ski way and a visit to the historical hut at Dorian Bay.
	Group A (Chinese) followed by Group B (International)
12:30	Lunch is served in the restaurant on deck 3
14:00	Expedition Afternoon; we hope to offer a zodiac cruise in search of wildlife but please listen to announcements owing to the ice and weather conditions.
18.30	Daily re-cap and plans for tomorrow in the lounge on deck 5.
19:00	Special Antarctic dinner is served.

Safety notice:

Any person not wearing appropriate clothing will not be allowed to leave the ship as per the safety briefing and other information given



10th -20th November 2019

Saturday 16th November

Landing at Orne Harbour and zodiac cruise at Enterprise Island

PLEASE LISTEN TO ANNOUNCEMENTS

07:15	Wake-up call
07:30	Breakfast is served in the restaurant on Deck 3
09:00	Landing at Orne Harbour, an opportunity to hike up to the ridge and see the Chinstrap Penguins and amazing views
	Group B (International) followed by Group A (Chinese)
12:30	Lunch is served in the restaurant on deck 3
15:00	Zodiac cruise at Enterprise Island, we hope to enter Foyn Harbour and see the historic wreck and find some more wildlife!
18.30	Daily re-cap and plans for tomorrow in the lounge on deck 5.
19:00	Dinner is served in the restaurant on deck 3

Safety notice:

Any person not wearing appropriate clothing will not be allowed to leave the ship as per the safety briefing and other information given



10th -20th November 2019

Sunday 17th November

Landings at Baily Head and Telefon Bay, Deception Island

PLEASE LISTEN TO ANNOUNCEMENTS

	We'll try to bring you ashore at Baily Head Pastries and juice available in the lounge
08:00	Breakfast is served in the restaurant on Deck 3
09:00	Landing at Telefon Bay, a scenic hike inside a live volcano.

12:30 Lunch is served in the restaurant on deck 3

Wake up call

05:00

Please listen to announcements for afternoon activities which will be dependent on weather conditions.

18.30 Daily re-cap and plans for tomorrow in the lounge on deck 5.

19:00 Dinner is served in the restaurant on deck 3.

Tonight we will be in the Drake Passage, Please ensure you secure all belongings in your cabin and keep one hand for the ship.

Please taken medication if you need it or speak to the doctor if you are unsure.



10th -20th November 2019

Tuesday 19th November

The Drake Passage

07:45	Wake up call.
08:00	Breakfast is served in the restaurant on Deck 3.
09:30	Listen for announcements to return your boots to the bootroom (deck 3 forward) you will be called by deck.
10:00	Seals of the Southern Ocean, a lecture by Sara in the Lounge.
12:30	Lunch is served in the restaurant on deck 3.
14:00	Citizen science; Join Jochem, Chloe and Sara in the lounge to learn how you can be involved in science projects.
16:00	Learn of the Yamana people of the Tierra del Fuego
18.00	Captains farewell cocktail and slideshow in the lounge.
19:00	Dinner is served in the restaurant on deck 3.

Please take care as you move around the ship and remember to keep one hand for the ship.



南极半岛

2019年11月10日-20日

11 月 19 日 星期二

航海日一德雷克海峡

07:45	广播叫早。
08:00	在三层餐厅享用早餐。
09:30	我们将按层通知大家去三层船头位置归还您的登陆靴,请注意听广播。
10:00	欢迎来五层观景厅加入 Sara 的讲座:《南大洋的海豹》
12:30	在三层餐厅享用午餐。
14:00	欢迎来五层观景厅听 Jochem、Chloe 和 Sara 讲述如何开展科学研究。
16:00	欢迎来五层观景厅加入 Alexis 的讲座:《火地岛的原住民》。
18:00	船长的欢送鸡尾酒会和幻灯片放映将在五层观景厅举行。
19:00	在三层餐厅享用晚餐。.

请确保您所有的物品在船舱内和船上放置安全。 不要在船上跑动,在走廊和上下楼梯时请随时保持一只手扶着扶手!



10th -20th November 2019

Wednesday 20th November

Disembarkation Ushuaia

PLEASE LISTEN TO ANNOUNCEMENTS

07:15	Wake up call
07:30	Breakfast is served in the restaurant on Deck 3
08:30	Chinese Charter group disembark
09:00	All guests disembark

Please remember to identify your luggage on the pier so it goes to the correct place

Thank you all for a great trip and safe travels.

From your Expedition Team