



The Atlantic Odyssey

Ushuaia – South Georgia – Tristan da Cunha – Saint Helena

27th March – 18th of April 2023

M/V Hondius



M/v *Hondius* was built in 2019, as the first-registered Polar Class 6 vessel in the world, meeting the latest and highest Lloyd's Register standards for ice-strengthened cruise ships. Surpassing the requirements of the Polar Code adopted by the International Maritime Organization (IMO), *Hondius* represents the most flexible, advanced, innovative touring vessel in the polar regions, thoroughly optimized for exploratory voyages that provide you the utmost first-hand contact with the Arctic and Antarctica. *Hondius* complies with the latest SOLAS-regulations (Safety Of Life At Sea). M/v *Hondius* is 107.6 m long, 15.3 m wide and has a maximum draft of 5.3 m, Polar Class 6 (equivalent 1A-Super), 15 knots average cruising speed and has 2 x ABC main engines; total 4,200 kW.

Captain Artur Iakovlev

and his international crew of 71 sailors

Staff Captain	Miia Holma	Finland
Chief Officer:	Matei Mocanu	Romania
Second Officer:	Kirill Buriacheck	Russia
Third Officer	Don Buren	The Netherlands
Hotel Manager:	William Barnes	The Netherlands
Hotel Manager	Oleksandr Lyebyedyev	Russia
Head Chef:	Ralf Barthel	Germany
Sous Chef:	Sachin Naik	India
Ships doctor:	Moniek Mestrom	The Netherlands
Expedition Leader:	Martin Berg	Sweden
Asst. Expedition Leader:	Hans Verdaat	The Netherlands
Asst. Expedition Leader:	Sara Jenner	UK
Expedition Guide:	Chris Long	New Zealand
Expedition Guide:	Ross Wheeler	UK
Expedition Guide	Bob Brown	UK
Expedition Guide:	Conrad Glass	Tristan da Cunha
Expedition Guide:	Meike Sjoer	The Netherlands
Expedition Guide:	Pierre Gallego Reyes	Luxembourg
Expedition Guide:	Elizabeth Robinson	Canada
Expedition Guide:	Marijke de Boer	The Netherlands
Photography Guide:	Georgine White	Falkland Islands
Workshop Guide:	Lothar Kurtze	Germany

We welcome you on board!

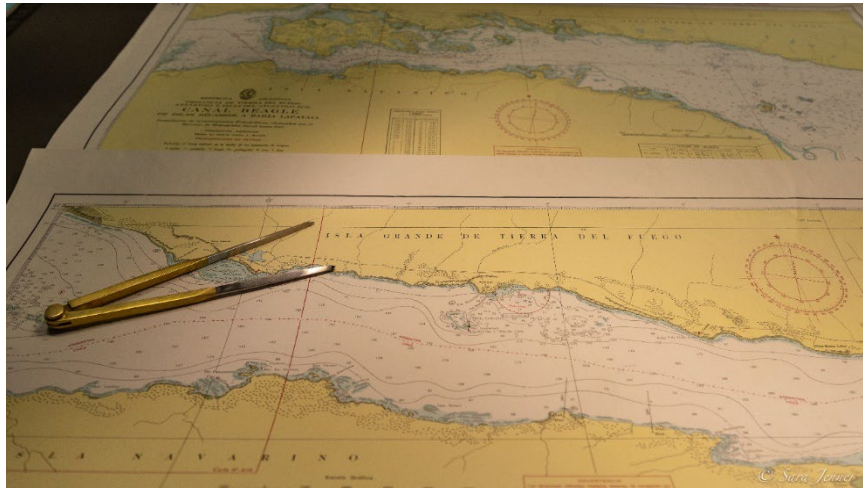
Day 1 – Monday, 27th March 2023

Embarkation – Ushuaia, Argentina

12h00 GPS Position: At Port Ushuaia 54°55.3'S 067°56.2'W

Wind: var-1 • Sea: in port • Weather: rain • Air temperature: +6°C • Water temperature: +10°C • Visibility: good

Finally, we're here, we've arrived on board after all those plans and bookings! The South Atlantic awaits us with all its weather systems, wildlife, and intriguing islands. This really will be an odyssey in the ancient sense of the word! Some of us have been waiting for years, and



a life's dream coming true. We have embarked in the port of Ushuaia, the southernmost city of the world, or as the locals would have it, 'fin del mundo'. To some extent this is true, but we are taking it much further, visiting islands that are renowned for their beauty and remoteness. A world that is unlike anything we have seen so far.

M/V Hondius, our beautiful 107-meter vessel will be our home and base for the coming two weeks. The team on board welcomes us with open smiles and many of us can't hide the excitement anymore. We get set up in our cabins and are then invited to the lounge for coffee, tea, home-made cakes and a mandatory safety briefing and drill. Chief Officer Matei Mocanu explains the most essential safety features on board and how we should behave in case of emergency. For the abandon ship drill, we all put on our funny looking orange life vests and gather at our muster stations.



Whilst the atmosphere on board is full of happy excitement, the weather outside is not ideal. Ushuaia is shrouded in low cloud, and perpetual drizzle, whilst occasional breaks show the nearby mountains shouldering the first snows of the austral autumn. Later in the day it even tries to snow at lower levels, but the

harbour birdlife of **southern giant petrels, imperial shags, dolphin and kelp gulls** continues to circle around the ship.

In the evening we assemble for a briefing by Martin Berg, our expedition leader, helped by advice from Moniek our ship's doctor, and Will the hotel manager. Then we enjoyed a reception, and our captain, Artur Iakovlev, welcomes us with a toast, but there is a sting in the tale... a deep area of low pressure with very strong winds will move between Patagonia and South Georgia tomorrow. We must be prudent, even though Hondius with her stabilizers and strong engines can handle tough conditions. So, we'll hang around the eastern end of the Beagle Channel towards dawn, and hopefully the bad weather will then run ahead of us.

Finally, amidst the drizzle and sleet, we cast off from Ushuaia's quay, and head into the Channel. The Odyssey has begun!

Day 2 – Tuesday 28th April - at Sea, course set for South Georgia

12h00 GPS Position: 55° 05.43'S, 54° 22.5'W

Wind SW 7, Sea Moderate, Weather overcast & dry, Air temp 9.0°C, Sea temp 8.5°C, visibility good

Our night was spent in the settled conditions of the eastern Beagle Channel, allowing us a relatively restful night sleep, and as dawn broke we were nosing out into the more open seas and the characteristic role of the south Atlantic made itself felt. However, the strategy of 'wait and see' had paid off – the storm was well ahead of us by



several hours, and we were able to set a course to the east, running to the south of Staten Island, which showed through the turbulent skies like a series of jagged peaks.

Our day was well occupied. Shortly after breakfast we had a meeting with updates from Martin about the weather and the state of our passage, followed by the whole team introducing themselves, and giving just a flavour of their background and interests. They were a diverse lot, holding hope of many different discussions and experiences throughout the trip.

Following this, our intrepid birders resumed their observations from both ends of the ship, those at the bow 'enjoying' the lively rise and fall of the swell becoming first acquainted with species that we'll enjoy in the coming days – **wandering** and **southern royal albatrosses, southern giant petrels, pintados**, as well as **brown skua**, and **diving petrel**. We had visits from **snowy sheathbill** too: a party of seven spent their

time circling the ship. Many of us wondered why they didn't land and hitch a ride, instead of wasting precious energy!

After an excellent buffet lunch, Bob gave us a talk on the relationship between 'Patagonia and Antarctic: land of fire and ice', describing how, since Charles Darwin's day, we have begun to understand how the landscape was formed, the movements of the earth's crust, and the consequences of the separation of Antarctica from South America some 20-30 million years ago.



This was followed by a lively talk by Georgine on photography, one of a series she will give during our passage. With remarkable clarity, she was able to explain the different settings options with modern cameras to get the best out of our efforts, especially in relation to wildlife photography.

Irrespective of our various levels of skill, there were hints and ideas that we all could benefit from.

At six, with the swell increasing somewhat, and the sky darkening, we all returned to the lounge for a briefing from Martin about the expected weather and planned activities for the next day. This was followed by a short talk from Sara illustrating how the eye can deceive us when looking at seabirds in the open ocean and demonstrating this with a highly technical piece of string with labels, showing how enormous our much-loved albatrosses and other species really are. Hans then continued the ornithological theme, setting up arrangements with our birders for reporting sessions after dinners, so that a proper list is compiled for our records at the end of the expedition.

Finally, with brains buzzing, and tummies rumbling, we resorted to the dining saloon for a delicious dinner, as Hondius ploughed her way through the swells towards South Georgia.

Day 3 – Wednesday, 29th March 2023

Passage to South Georgia

12h00 GPS Position: 54° 33.6'S 054° 38.5'W

Wind: W 5 • Sea moderate • Weather: sunny • Air temperature: +16°C • Water temperature: +2.5°C • Visibility: good

We awoke to a beautifully calm following sea helping us through the Scotia Sea. Expedition Leader Martin, had us arise at 0745 before indulging in another delicious breakfast. At 0930 all guests attended the mandatory briefing for IAATO, the International Association for Antarctica Tour Operators, as well as information from the South Georgia government and Oceanwide's Zodiac operations. Martin briefed us on appropriate behaviour on



land to ensure our landings do not negatively affect these remote islands. We are very lucky to have the opportunity to go to these destinations and it is important that we do not leave anything behind, taking only memories and photos with us. South Georgia has strict biosecurity measures, something that will become a common theme within our voyage. We also received information about how operations onboard MS Hondius are conducted and how to stay safe.



After a morning of information regarding the places we would be traveling to, all guests onboard were so excited for the days to come we even moved our clocks forward an hour to speed up time! Another delicious meal was followed by our first lecture of the day,

given by Expedition Team member, Ross. The lecture was titled "An Introduction to the Birds of the Southern Ocean", introducing species such as the **Black-browed albatross** in which 90% of the population is from the Falkland Islands and South Georgia. As well as the **Grey-headed Albatross**, a stunning bird, but unfortunately experiencing a 20% population decline on South Georgia. Another aspect was the difficulty of telling **Prions** apart from one another and broke down the impressive migration of the **Arctic Tern**; traveling a total distance of 70,900km northbound and southbound.

Perhaps the only way to get the birders and wildlife focused guests inside was to tempt them with ice cream! In the afternoon our Expedition Team set up an ice cream bar in the Observation Lounge and it was a big hit!

Georgine, our ship's photographer, was next up on the lecture list with her presentation, "Composition and Depth of Field- The Secrets of Beautiful Images". She explained her thought process and showed us examples of the photos we could take along our journey. She has fantastic experience in this part of the world and a plethora of information to share with guests about how to achieve their dream photograph.



In the evening, we had our daily recap and after dinner our species' list debrief. Many people gathered in the Lecture Room to discuss the various bird and marine mammal species seen that day, and Marijke summarized the key features of hourglass dolphins. A wonderful way to end the day by sharing knowledge and photographs while reminiscing about the day.

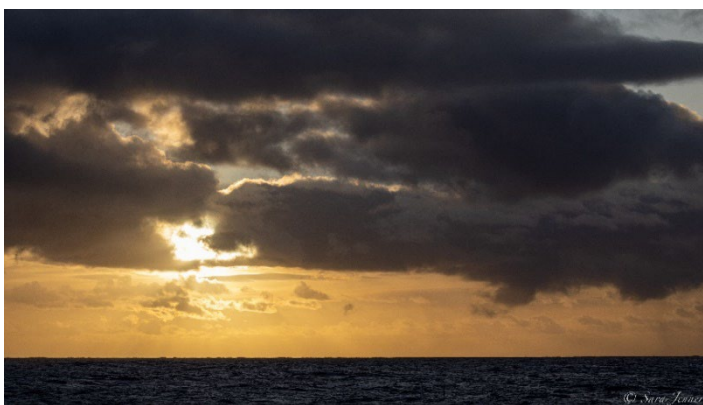
Day 4 – Thursday 30th March 2023

Passage to South Georgia

12h00 GPS Position: 54°00.5'S 045°20.5'W

Wind: W 5/6 • Sea: moderate • Weather: partly cloudy • Air temperature: 14°C •
Water temperature: +7°C • Visibility: good

A nice easy, long low swell pushed us comfortably closer to our first destination, South Georgia throughout the day. As the sun was rising, it was clear that there were fewer seabirds to be seen, however, all early risers were rewarded with beautiful views of a **Light-mantled sooty albatross** circling Hondius several times before disappearing out of sight.



Shortly after breakfast, Martin provided a fascinating lecture entitled 'Seabirds – Masters of sea and sky'. This was soon followed by the mandatory biosecurity cleaning of our boots, outer clothing, and bags in preparation for our arrival on South Georgia. These important measures were undertaken to ensure that no invasive plants had the

opportunity to hitch a free ride to South Georgia through our clothing or other personal items; this is an essential requirement for visitors to undertake prior to their arrival onto the island to protect its isolated and unique flora and fauna.



Towards the end of the morning Assistant Expedition Leader Sara introduced us to the 'Penguins of the Southern Ocean'. This comprehensive lecture included all the penguins of Antarctica, as well as the species that we were hoping to see during our time on South Georgia and Tristan Da Cunha.

After lunch, we once again concentrated on our biosecurity cleaning and undertook a final check on all the vacuuming and scrubbing undertaken throughout the morning. As we were finishing this final check, shouts across the open deck were made as a pod of **long-finned pilot whales** were identified at the 11 o'clock position to the ship. After an announcement across all decks, many of us were rewarded with fantastic views of the pilot whales as they travelled down our port side. As the pilot whales came closer, it was also possible to see that they were mixed with several **hourglass dolphins** amongst them.

Following this incredible encounter, Marijke gave an insightful presentation about 'How to identify Antarctic & sub-Antarctic Whales'. On the open decks our birders and photographers were also kept entertained with constant streams of **prions** and **blue petrels** as well as the occasional **Kerguelen petrel** and **wandering albatross**.



As usual, we all gathered in the early evening to undertake our daily 'recap'. This included a briefing from our Expedition Leader Martyn on what to expect from our first day on South Georgia. This was also accompanied by several recap presentations from the expedition team.

To end the day, we were provided with the daily summary of bird species seen throughout the day in the lecture theatre. This was followed by a screening of the movie about Shackleton's Endurance Expedition.

Day 5 – Friday 31st March 2023

South Georgia

12h00 GPS Position: 54°10.75'S 036°25.9'W

Wind: NW 3 • Sea: slight • Weather: partly cloudy • Air temperature: 6°C • Water temperature: 6.6°C • Visibility: good



This morning we awoke to our first view of the rugged peaks of South Georgia off our starboard side. As we ate breakfast the mountains and fjords slid by as we made our way southeast towards Cumberland Bay and Grytviken, our destination for the day. In early morning we had around 50 knots of wind

and the white caps were whipped off the tops of the waves like smoke. Fur seals leapt alongside the ship and there were various groups of king penguins to be seen in and amongst the waves. Gradually the weather and visibility improved, showing us the dramatic mountainous coastline. What a wonderful way to start the day!

Around lunchtime our trusty ship Hondius slid quietly into King Edward Cove and dropped anchor just off the abandoned Grytviken whaling station. Two zodiacs went ashore to pick up the British Biosecurity officers from the British King Edward Point Station, and then it was time for our huge biosecurity check.



Would all yesterday's hard work pay off?

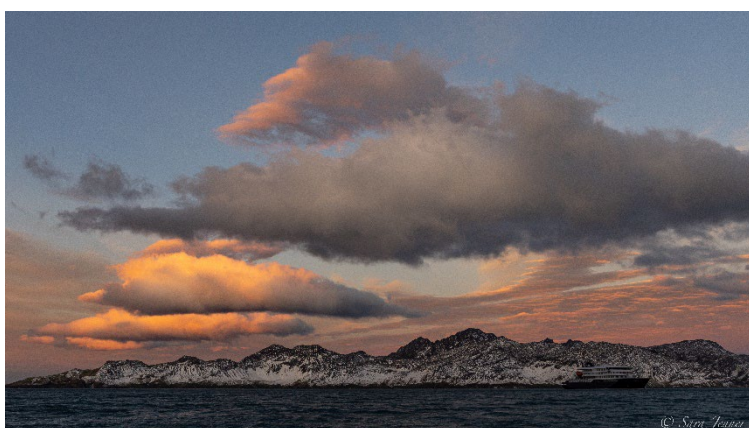
One by one we lined up and after being checked once more by the expedition staff it was time to face the dreaded biosecurity officers. It was with a huge sigh of relief that the ship of Hondius received a 100% mark for our efforts. What great teamwork everyone, you should all be proud!



Then it was straight in the zodiacs and off to shore we went. After 3 days at sea it was good to step foot back onto firm ground again. And we were of course welcomed by a group of friendly South Georgian locals...the **fur seals**. These pups, just a few months old, were fascinated to see us and celebrated by trying to chase

us up and down the beach. However, these youngsters are not all that scary and provided one stood their ground the baby seal most likely back away from about 1m distance.

Then it was time to explore the historic whaling site of Grytviken. At first, it's hard to know where to look with the seemingly endless mass of rusty blubber tanks, blubber digesters, and old buildings. Everyone spread out around the area to explore. On our must-see list were of course the Museum, the church where Earnest Shackleton's funeral was held, the post office to send some post cards, and the graveyard where we toasted Shackleton's grave whilst expedition staff Bob and Conrad, dispensing tots of whisky, told us some stories from days far gone.



For mammal lovers we could see, from a distance, some huge male elephant seals, and for the birders, we saw the **South Georgia Pipit**, the **South Georgia Pintail** carnivorous duck along with various species of sea birds throughout the day. Finally, around 6pm, the last zodiac headed back to the ship and after a quick recap and plans for

tomorrow we enjoyed a BBQ buffet in the dining room followed by music and dancing in the bar afterwards. Then it was off to bed in anticipation for what tomorrow will have in store for us.

Day 6 – Saturday 1st April 2023

South Georgia

12h00 GPS Position: 54°04.2'S 036°44.6'W

Wind: WNW 7 • Sea: moderate • Weather: clear sky • Air temperature: 5°C • Water temperature: 6°C • Visibility: good

The night was spent with the ship rocking in the swell, with objects moving around in our cabins, seemingly at random. The weather was overcast and windy of over 40 knots before we reached Fortuna Bay and we had to assess the conditions before we could give the go-ahead for operations.



Soon after breakfast Martin

announced that we would only carry out the landing, but no Zodiac cruise, as the wind was still quite strong. As we dropped the Zodiacs it was still windy but the conditions at the shell door were good as Hondius' large hull offered some shelter. Landings were greeted by young, playful **fur seals** and **king penguins** and it was lovely to spend time observing the latter coming out of the water and those fur seals playing in the breakers. After a short



briefing by Sara we made our way to the penguin colony, and we were delighted to find some of them with very small chicks. The sun makes a couple of appearances which offers fantastic photographic opportunities. All good things come to an end eventually, and after a good time ashore we were shuttled back to the ship, stopping along with way to observe rafts of king penguins swimming around our zodiacs and playing in the kelp, cleaning their plumage. The ship then left beautiful Fortuna Bay to reposition itself over lunch.

After a delightful lunch thanks to our chef Ralf and his team, we prepared





for our afternoon activities in Jason Harbour, where conditions there were a little better than in the morning, although there were still some catabatic winds puffing down from the mountains. Here Martin decided to have a split landing and zodiac cruise. Our first passengers were shuttled to shore to roam freely on the beach and walk over to a little bay where fur seals, elephant seals lay stretched out.

We found numerous **king penguins** but also some **gentoos**. We were delighted to be able to observe the **juvenile elephant seals** closely. Meanwhile, during the zodiac cruise we had good sightings of **Wilson's storm petrels** feeding on the surface of the water in



groups of 5 to 10, quite close to the shoreline, offering amazing photo opportunities. Other species of note were **Antarctic shags** flying over us very close, lots of **giant petrels** resting on land and afloat, and several pintail ducks were scattered along the coastline. In the little bay behind the landing site, we found many of the juvenile fur seals, playing in the water. We could also approach elephant seals resting in the tussock grass. After about 45 minutes our groups swapped, between zodiac driving and shore exploration. In the end we were very lucky with the weather, the wind not too strong, with only some occasional catabatic gusts. The scenery around Jason Harbour was beautiful, with some nice mountain peaks covered in snow, and interesting clouds coming into the bay and as the evening approached the sunset

colored the clouds a wonderfully delicate pink, and with the moon coming out the whole scene feels surreal.



Back on aboard we gathered in the lounge for the daily recap where Martin set out our plans for tomorrow in St Andrew's Bay, and Ross showed us some footage of his underwater GoPro shots of king penguins he took in the morning in Fortuna Bay. It was amazing to see these large penguins literally flying under water. As was their habit, our birdwatchers gathered in the lecture room for their daily bird list check (and a

nice drink). This was a truly amazing day in South Georgia, and tomorrow St Andrew's Bay awaits us!

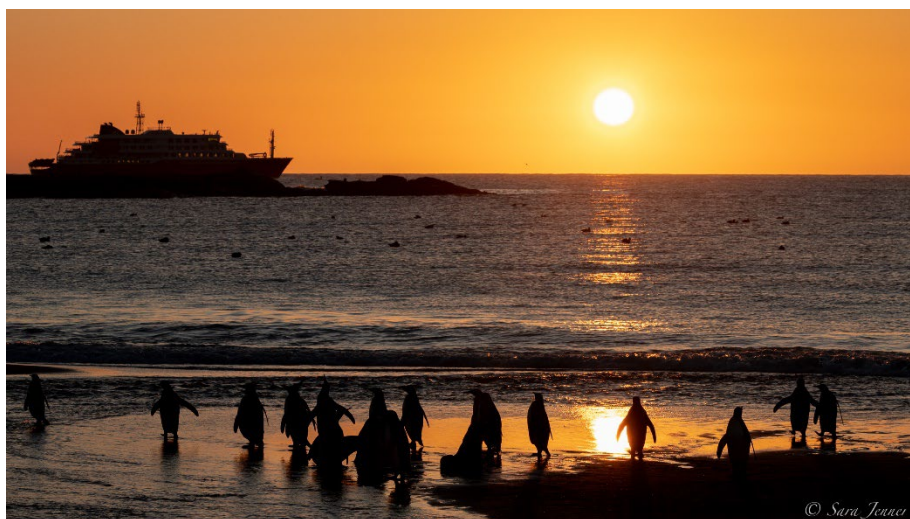
Day 7 – Sunday 2nd April 2023

South Georgia, passage to Gough Island

12h00 GPS Position: 54°29.5'S 036°09.9'W

Wind: E 1 • Sea: calm • Weather: sunny • Air temperature: 6°C • Water temperature: 6.4°C • Visibility: good

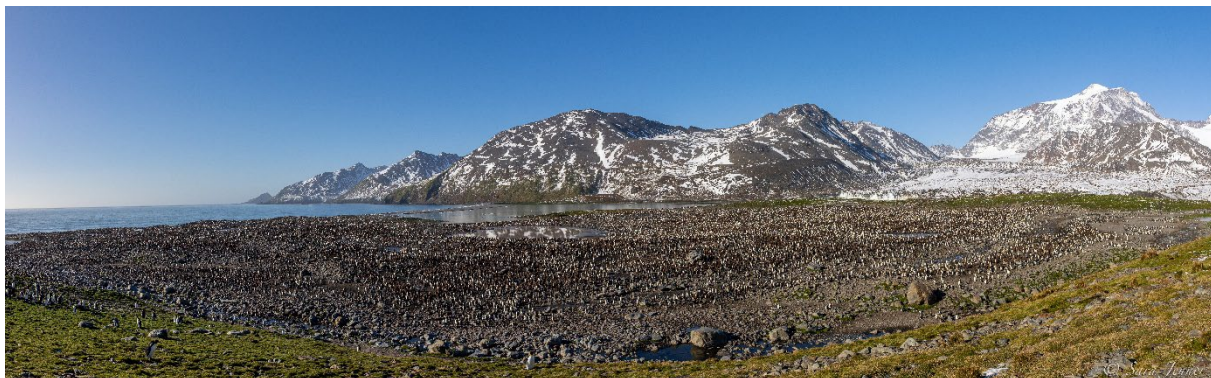
An hour before sunrise, 5.45 am, we woke up with Martin's cheerful 'Good Morning', and outside the distinctive contours of St. Andrews Bay in the gloom. By early breakfast in the dining room the first sunbeams were turning the snowy mountain



range to purple. A promising start to our last day in South Georgia!

On the shoreline, **king penguins**, **fur seals** and **elephant seals** were ready for their photos in the morning light. We split into two groups, and round 7.00 am the first zodiacs shuttled folk to the landing site, while others cruised along the shoreline to admire the king penguin from the water; this is the largest colony of South Georgia. We were extremely lucky with the weather conditions, no wind, blue skies, and low water in the river. The red pole-marked path led us from the beach through a

brehtaking landscape dotted with fur seals, king penguins, elephant seals, **skuas** and **pipits**.





Across the river we were able to make our way to the top of hill with a panoramic view of the estimated 250.000 pairs of king Penguins. A moment to hold your breath and take in the overwhelming sound of this colony. Adults and chicks communicating with each other, each with their own unique voice for locating

partners and offspring.

We had to leave South Georgia and set sail for more adventures and beautiful islands ahead of us. Chef Ralf and his galley crew had prepared a lush lunch with a choice of homemade hamburgers, fries, and ice cream for dessert.

However, after lunch, South Georgia had just one more treat in store: while sailing away the first **fin whales** were seen. Captain Artur turned the Hondius to have a good look at these impressive creatures, the second largest whale species, passing by. More whales showed up and this afternoon we ended up with



a total of 69 whales and a few **hourglass dolphins**. After seeing these whales, we made our way to the lounge to listen to Ross and Meike's joined lecture on the history of whaling in the Southern Ocean and conservation of the whales. A topic they are both passionate about. An engaging afternoon among the passengers with lots of questions and conversations.



The evening was filled with a recap and another delicious dinner. Afterwards the birders gathered in the lecture room with special guest Hadoram. The world most famous birder shared his tips on how to identify the most fascinating Seabird: The Prion. While Lothar our astronomist was stargazing on deck 7 aft, in the first

evening's good visibility. What better way to end these 3 days in South Georgia?

Day 8 – Monday 3rd April 2023

Passage to Gough Island

12h00 GPS Position: 51°30.7'S 030°14.3'W

Wind: SE 4 • Sea: slight • Weather: part cloudy • Air temperature: 5°C • Water temperature: 6.4°C • Visibility: good

The weather has certainly been kind to us! For a sea that has a stormy reputation, it was wonderful to wake up to a gently rolling ocean, patches of early sunlight and light clouds – ideal conditions for whale and seabird spotting.



After the usual delicious breakfast our brains were fed too: Elizabeth started, with a talk on **right whales** – ‘the whale left behind’, explaining their lives, why they are called ‘right’ and the differences that we can see between them and the other species we encounter. Bob followed shortly after with a talk comparing the Antarctic with the Arctic, not just their origins and ecology, but also the human and political aspects, notably the pioneering Antarctic Treaty, the first of its type in the world.

In the meantime, Hondius continued to make good progress, clocking about 11 knots, traveling on a roughly northeasterly course towards Gough Island. The sky became a little more overcast later, the sea assuming a deep grey, but conditions remained settled.

The settled conditions offer good views of wildlife, and whilst some of it was familiar from the South Georgia scene, it was interesting to see it in a new context. **Fur seals**, now far from land, could be seen porpoising around the ship as they hunted small fish and krill. We also had good sightings of **dusky dolphin**, a range of bird life: **king** and **macaroni penguins**, **sooty** and other albatross species, and even a **red phalarope** that some eagle-eyed birder picked up.



At 16.00 Sara gave a talk on 'Women in Antarctica', intriguing tales of women imbued with just as much pioneering and exploration spirit as that often described for men. Of course, they had to overcome the usual prejudices, but the roles they played over the last century or more have contributed significantly to our knowledge and understanding of this challenging region.



Towards evening, a very different turn of events took place. Happy Hour! Free drinks all round to celebrate our 100% success rate in passing the rigorous South Georgia biosecurity checks, followed by half price through the rest of the evening. A real incentive (if one were needed) for future visits to be just as careful! And then, by now in a spirit of

enhanced cheerfulness, we had recaps, where Martin updated us about the coming weather (not too bad, hopefully).

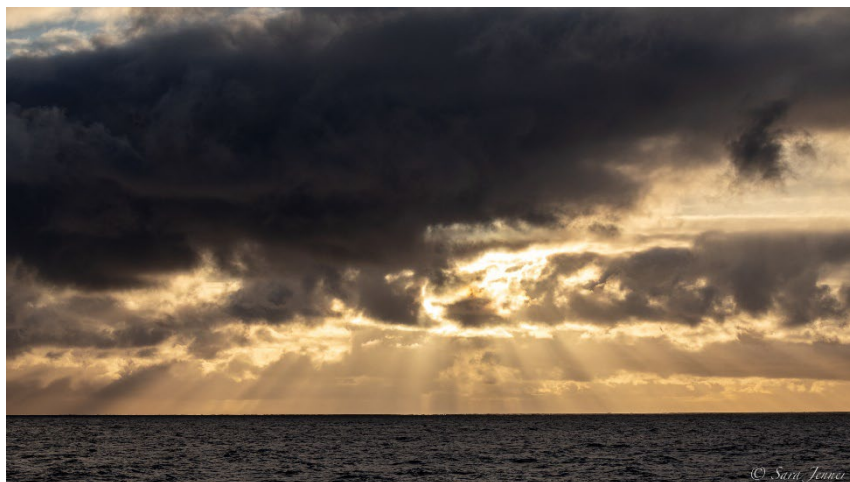
Dinner was followed by the usual session reviewing the species list, comparing notes and the various identification features of the different species.

Day 9 – Tuesday 4th April 2023

Passage to Gough Island

12h00 GPS Position: 48°55.0'S 25°57.9'W

Wind: S 4 • Sea: slight • Weather: overcast • Air temperature: 7°C • Water temperature: 8.9°C • Visibility: good



Another day at sea means another brilliant day onboard MV Hondius! Many eyes were glued to the sea all day searching and searching for new bird and marine mammal species. Today had a nice mixture of time to relax, time to be out on deck, and time to learn

from our knowledgeable Expedition Team. We had four lectures and Conrad started us off with his lecture titled "Atlantic Guardians- Pristine seas, managing our Marine Protected Areas".

He discussed the Tristan da Cunha Archipelago marine protections and efforts for wildlife conservation. The island and the territorial waters have been protected since 1976 through the Tristan de Cunha Conservation Ordinance. Conrad shared facts such as that Gough Island has one of the largest populations of **subantarctic fur seals** hosting about 63% of the Sub-Antarctica fur seals (*Arctocephalus tropicalis*) and the world's northernmost breeding population of **southern elephant seals** (*Mirounga leonina*). Due to these two species, Gough Island is a designated important marine mammal area.

Chris gave a fascinating lecture titled "Weather Patterns and Forecasting in the Southern Ocean". He discussed basic weather patterns, high pressure vs low pressure systems and the vertical movement of the systems creating what we know as, simply, weather. His lecture concluded with an explanation about how weather forecasts are made and showed a series of videos depicting examples of extreme weather that he experienced in Antarctica.



Next up was our Executive Chef, Ralf, who discussed the logistics of provisioning for our long voyage. He provided information on how we plan, purchase, and store enough food to feed over 200 people for one month. During our trip, the galley will prepare around 19,000 meals from Ushuaia to Praia, all of the food having been loaded in Ushuaia. Ralf also mentioned, that although not obligatory, he enjoys serving a wide range of traditional foods from countries where the guests are from and with other 30 nationalities onboard, this sure keeps him busy! One shocking fact Ralf provided was that when we left Ushuaia we had over 20,000 eggs onboard. He also explained that unfortunately, when we are out of something, it simply means, we are out. For example, we no longer have bananas, however, it is an old sailing superstition to not have



bananas onboard so perhaps that is a good thing. Guests were also happy to know that we do a bit of trading at our various port calls and prepare gifts for the locals. As we are going to some of the most remote places in the world, Ralf and his team have prepared gift packages for the school children of Tristan and the hospital in St. Helena.

Georgina gave a lecture titled “Wings on the wind- Counting Albatross in the Southern Ocean”. She shared with the audience details of her experiences living with albatross in the Southern Ocean. She explained how she conducted aerial and boat-based surveys in the Falkland Islands and South Georgia. Her surveys aimed to gain information about the pelagic life of three albatross species: black browed, grey headed and wandering.

Another evening for daily recap with Martin explaining our plans for tomorrow, Meike sharing the sound of the day, and the post dinner presentation of the wildlife seen. Another fantastic sea day bringing us one step closer to Gough Island.

Day 10 – Wednesday 5th April 2023

Passage to Gough Island

12h00 GPS Position: 45°59.7'S 19°38.0'W

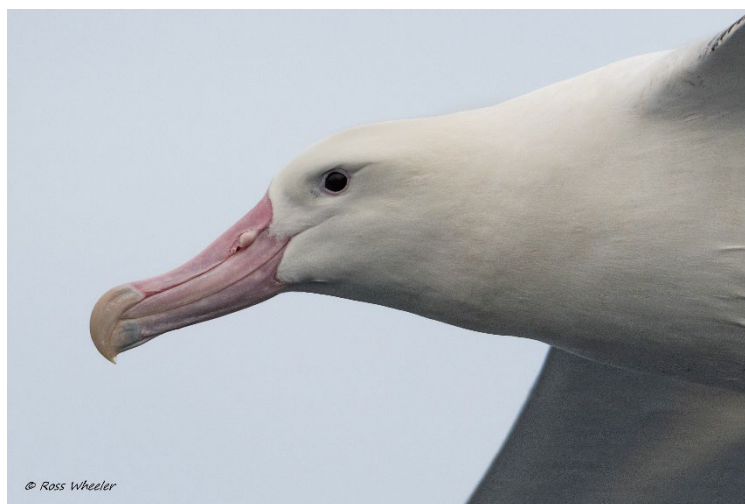
Wind: S 4 • Sea: slight • Weather: overcast • Air temperature: 6°C • Water temperature: 14.3°C • Visibility: good



Another fine day at sea as we continued to head in a North Easterly direction towards our destination, Gough Island. The wind was light, clouds were overcast, and the swell was low to medium in height (2 meters), this provided fantastic bird watching conditions and whale watching opportunities throughout the whole day.

Familiar species today included small numbers of **light-mantled sooty albatross**, plentiful **soft plumaged petrels** as well as increased appearances of the beautiful **Sub-Antarctic little shearwater**. The star bird of the day was, however, the **white-headed petrel** which was seen on at least two occasions in the afternoon.

To start our day of talks and presentations, Pierre provided an insightful lecture into the lives of humpback whales. All aspects of the ecology and life of these magnificent whales was discussed with accompanying photos and sound recordings. This talk was shortly followed by Meike and Ross' combined talk which introduced the Gough Island **mouse eradication project**.



This conservation project was completed in 2021 with the aim of saving the birds of Gough Island from the invasive mice that took over the island since their arrival in the 1800s. Despite the breeding success of many species benefiting from the conservation efforts on the island, mice continue to be found and so we all await further news on the next stage of this vital project.



In the afternoon, Bob invited us all to the lecture room where he provided the detailed answer to the question – Why don't penguins fly?

During the afternoon, we also had our only cetacean sighting of the day! This was an elusive beaked whale which surfaced only a couple of times on the starboard side

of the ship before returning to the depths of the Southern Ocean. After much interest and discussion, photographs of the whale suggested that this could have been a rarely seen **Hectors beaked whale**, a new species for many onboard.

To round off our afternoon and to get us all even more excited for our visit to Gough Island, Conrad introduced the Island with an insight to the behind the scenes work on the island as well as provided a dedicated video about the wildlife that can be seen on this world heritage site.

Following dinner, we had our daily species list discussion in the lecture room with Hans and Ross. This included a very confusing presentation on how to tell the difference between **white-bellied, black bellied storm petrels** and the **black-bellied white bellied storm petrels**. One to leave even the most experienced birders scratching their heads.

Day 11 – Thursday 6th April 2023

Passage to Gough Island

12h00 GPS Position: 43°13.8'S 14°37.3'W

Wind: SSE 3 • Sea: slight • Weather: overcast • Air temperature: 9°C • Water temperature: 15.1°C • Visibility: good



Today was our last day at sea before the exciting arrival at Gough Island that we have been waiting for during the last 5 days of the passage across from South Georgia. Excitement levels were beginning to grow as we looked at the ETA on the chart plotter in the bridge to see it click below 24 hours. Less than one day to go!

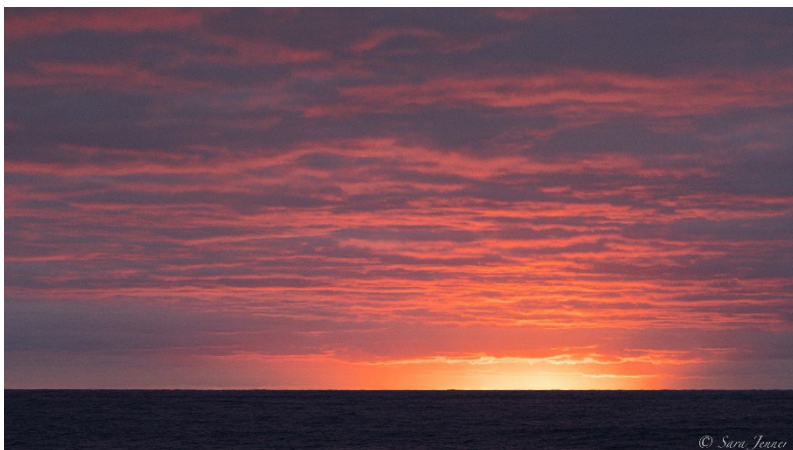
After a lovely breakfast we were entertained by Bob who told us about Life in the depths – the benthic communities of animals deep under the ocean below us during our voyage. He described the variety of marine life and the ways scientists have discovered this over the last two centuries. Bobs lecture was interrupted momentarily by the brief appearance of an elusive **bottle nosed beaked whale**. However the whale disappeared as fast as it appeared, and we sat back down for the rest of Bobs informative lecture.

Then it was over to Lothar for presentation on Orientation on the Southern Sky that we can see so clearly down here in the Southern Ocean on clear nights.

Later in the day and after some more bio security for Tristian da Cuna, Marijke gave us a lecture about identifying seals and then it was Conrad's turn to take the stage.



For one hour we were clutching our seats as he passionately shared with us the story of his home, the island we have travelled so far to see, Tristin De Cuna. From volcanic eruptions, to crayfish, from potato fields to thatched roofed houses. For sure now there is not one of us who isn't itching to finally step foot on Tristan, the worlds most isolated inhabited island.



But that will have to wait for another day or two and in the evening, we sat down for the plans for tomorrow with Martin. And that will include a unique zodiac cruise around the uninhabited Gough Island. Will we see the flightless moorhen? And the finch? Only time will tell.

As the sun slid below the horizon beneath a sky full of red, the saying, “red at night, sailors delight” ran through our minds. Surely, we are in for a true adventure tomorrow!

Day 12 – Friday 7th April 2023

Gough Island

12h00 GPS Position: 40°22.8'S 09°53.8'W

Wind: SW 2/3 • Sea: slight • Weather: overcast • Air temperature: 10°C • Water temperature: 17.2°C • Visibility: good



Martin woke us up this morning to the amazing view in the distance of Gough Island. Ever since we left South Georgia, we were anticipating this moment! Reaching the archipelago of Tristan da Cunha. Gough island is very special as it is a major seabird nesting site. Even though we are not allowed to land there, it remains

a bird haven to be enjoyed from a distance. During the morning we saw the island grow in front of us and it looked like somewhere from Jurassic Park, with its very steep cliffs and rugged contours.

Many birds were flying around the ship and our photographers and birders on board were enjoying the many petrels, Tristan albatrosses, sooty albatrosses and storm petrels flying about us.





After lunch, we started our operations and after first lowering two zodiacs to assess the conditions, and the go ahead from Martin, we lowered 14 zodiacs in total. Our chef Ralf, our hotel manager William, and our ship's doctor Moniek joined as drivers. The wind conditions were good, and the swell minimal. The zodiac cruise started a little overcast but in the middle of the cruise the sky opened up, and we had beautiful weather, the sun lighting up the lush green of the island.



During our zodiac cruise we approached the island to look for the Gough finch/bunting and we were lucky enough to see several of them in different places. There were also a lot of subantarctic fur seals playing in the water swimming through the kelp forests, but also large colonies on land, with a lot of pups grouped together. On the first colony there were also medium sized colonies of

northern rockhopper penguins with their characteristic very long yellow feathers on their head, moving every time these penguins hopped from one rock to the other. We spent a long time observing these amazing penguins from a distance. Some of us were lucky enough to see some penguins in the water. Driving along the coastline we saw some more finches and at eventually Hans announced that a Gough moorhen had been spotted, but unfortunately most of us manage to see it.



All in all we were fortunate enough to spend over 3 hours zodiac cruising in wonderful conditions, and Gough Island offered us the spectacular views we were hoping for. We all made our way back to the ship, and we were all very happy to have had this wonderful opportunity to visit this remote island, especially after 5 days at sea.



Once we all came back on board we gathered in the lounge for our daily recap where Martin told us about our plans for tomorrow in Tristan da Cunha, where we intended to land in the settlement.

After dinner our birdwatchers gathered in the lecture room for their daily bird list check and after a nice drink at the bar, we all headed to bed. This was a truly amazing day on Gough Island, and we eagerly

looked forward to tomorrow for our landing in Tristan da Cunha.

Day 13 – Saturday 8th April 2023

Tristan da Cunha

12h00 GPS Position: 37°09.1'S 12°09.0'W

Wind: NE 6 • Sea: moderate • Weather: overcast • Air temperature: 17°C • Water temperature: 20.6°C • Visibility: good



We woke up with the sound of the waves and a great number of spectacled petrels behind the Hondius. The weather was getting warmer as we were heading North to Tristan da Cunha this morning, and it was clearer too, with both Tristan and Inaccessible Island visible on the horizon.

Soon Tristan itself appeared out of this morning's clouds, raising the hopes of many of our explorers hoping to land today. We still had some time to sail so Conrad, our guide and resident of Tristan da Cunha, screened the black and white film "Step out of Time" about the evacuation of the community when the volcano on the island erupted.



Around the waters of Tristan, we were treated with an abundance of birds, like the Tristan Albatross, and Cory's Shearwater among the big number of Great



Shearwaters. After a lovely lunch prepared by Ralf and his galley crew, it was time to access the conditions for landing at Tristan da Cunha. However, the weather was not on our side. Two zodiacs were lowered to take Conrad and Sara ashore and talk with the Harbormaster, and they concluded that with 25 knots of wind straight into the harbor and a big swell, the conditions were not ideal.

Most guests were outside on the decks to enjoy looking at the island's settlement Edinburgh of the Seven Seas.

The first zodiac that drove Conrad to his island, came back with a big load of fresh caught lobster. While this was hauled on to the Hondius it was happily cheered at by an enthusiastic crowd. Also arriving by zodiac was the island official who stamped all our passports and the checked the official documents of the ship. Now we were ready to go ashore but to do so the Harbor master had to give the green light for a safe journey. That was not the case, he decided that the conditions were too dangerous to land at present.

With conditions unlikely to improve immediately, Captain Artur lifted the anchor to treat us to a ships cruise along the shore of the remote Island, with its wild cliffs, green pastures full of cows, and elephant seals along the shore. Soon the sun was setting, and the great shearwaters gathered on the water to go to their nesting grounds. Dramatic cloud with gusts of wind and more than 1000 great shearwaters gathered on the water just before sunset. A wonder of nature that a small group of guests witnessed at the bow.



As we blinded the windows of the ship, to prevent these birds being disoriented by the light of the ship, Martin welcomed everyone for the daily recap. Of course, the plans for tomorrow were presented. Receptionist Chatty's beautiful voice was the sound of

the day and her song about friendship touched our hearts. With these thoughts about what friendship, you might develop during this Odyssey, we made our way to the dinner buffet of these evening.

Day 14 – Sunday 9th April 2023

Nightingale Island

12h00 GPS Position: 37°26.4'S 12°20.6'W

Wind: NNE 7 • Sea: moderate • Weather: overcast/rain • Air temperature: 17°C •

Water temperature: 20.9°C • Visibility: moderate



The outlook for the 14th day of our expedition did not look promising. Overnight we had moved to Nightingale Island, and by morning were anchored off its eastern end. Fresh winds, low cloud and rain drifted across, at times almost completely obscuring the slopes of the island. We decided to wait and see how conditions developed.

In the meantime, Marijke gave us a lecture on 'Elusive Beaked Whales', detailing the many aspects of their identification and biology. This group of species are particularly intriguing in that they are notoriously difficult to identify, definitely elusive, and with their very deep diving, something of a mystery.

Whilst the weather cleared ever so slightly, the conditions for zodiac operations were still hazardous, so we moved to a new location further round the island, in hope of a little shelter. Even after waiting a while, hoping for the wind and swell to settle, it still proved unsuitable. However, there was good birding – in particular numerous great shearwaters circling the ship, obviously enjoying the breezy conditions.





Finally, we decided to try our luck at Inaccessible Island, a passage of about one and a half hours, so up with the anchor, and for us, another fine lunch. About this time, the outlook started to improve, the rain ceased, and as the clouds broke up, they dramatically revealed the towering pinnacle of Inaccessible's South Hill, a gigantic volcanic plug. Then it

cleared further, and we could see the line of precipitous cliffs with their mantle of tussock grass clumps. In other places, waterfalls, doubtless enhanced by the previous rain, cascaded from great heights onto the boulder beaches, tumbling down slopes rich in bright green mosses.

As conditions improved further, it was clear that a zodiac excursion was feasible, although landing was out of the question because of the swell, allowing the island to live up to its name. But what a cruise it was! Close into the shores it was sheltered, and we



were able to take time to marvel at the awesome scenery high above us. For the birders it was a special opportunity and soon they had spotted the endemic Inaccessible finch – small greenish birds flitting along the tussock grasses above the shore. Soon after, the Inaccessible thrush 'starchy' was spotted, showing a



conspicuous yellowish-brown against the dark rocks. For those who looked upwards there was the drama of hundreds of sooty albatross and spectacled petrels circling about the peaks and their nesting colony.

We returned to the ship with our brains buzzing over what we had seen, and reviewed it all, together with hopes for the next day at our recap. After

dinner the birders had their regular meeting to review the days species list, and the unique sightings they'd been able to achieve.



Day 15 – Monday 10th April 2023

Tristan da Cunha

12h00 GPS Position: 37°03.2'S 12°14.2'W

Wind: W 3 • Sea: slight • Weather: part cloudy/clear • Air temperature: 20°C • Water temperature: 20.4°C • Visibility: good



Our day onboard the Hondius today was in true spirit of adventure and expedition. Our goal was to make it ashore to Tristan da Cunha and explore the beautiful settlement. This island has the world's most remote inhabited population with around 260 people calling the island their home. Our ship was anchored just slightly offshore and first thing in the morning we sent out two scout

zodiacs to shore to assess the conditions. Our expedition team member, Conrad, who is from Tristan, went to shore to discuss options with the harbourmaster if the swell and wind conditions allowed for a landing. Unfortunately, the conditions in the morning



were not safe enough to bring guests ashore. The swell outside the harbour was periodically reaching 4 metres with waves crashing over the breakwater and the wind gusts reached upwards to 40 knots. The combination of the wind and swell created a situation unsafe for operations. The decision was made to standby and hope the conditions improved for the afternoon.

In the meantime, onboard we enjoyed watching the plethora of seabirds soaring and diving around the ship with chances to take beautiful photographs. The species included Yellow-nose Albatross, Antarctic Tern, Sooty Albatross, Great Shearwaters, White-bellied and black bellied storm petrels, Prions, Northern Rockhoppers, Cory Shearwaters, Barn Swallows, and a Great White Egret. The wildlife spectacle was not just in the air but in the water as guests were amazed to see a hammerhead shark and swordfish around the vessel as well. Being at anchor also allowed for telescopes to be brought out on deck and scan for the Tristan Moorhen. Other activities onboard included

Conrad's documentary "The Forgotten Island" about his life on Tristan, Marijke talked about her cetacean survey work with the Australian Antarctic Division and Lothar held star gazing in the evening.

Unfortunately, the weather conditions never allowed for operations throughout the day. Appreciating how keen guests are to land on Tristan da

Cunha, our Expedition Leader, Martin, made the decision we would stay at anchor through the night and try again in the morning!



Day 16 – Tuesday 11th April 2023

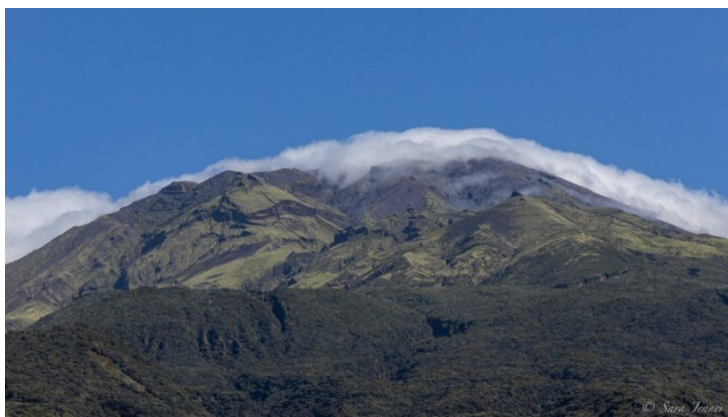
Tristan da Cunha

12h00 GPS Position: 37°06.2'S 12°12.4'W

Wind: variable 2 • Sea: calm • Weather: sunny • Air temperature: 20°C • Water temperature: 20.5°C • Visibility: good



On our final day at Tristan Da Cunha, we awoke to westerly winds and an ever-persisting swell. These were not the conditions that we had hoped for, however, our staff and crew were determined to make a landing if the conditions were safe to do so. After several attempts of approaching the lowered gangway, it was clear that the conditions (which had deteriorated to 40knot gusts of wind) were not suited and our staff drivers were to stand down. As the wind was gusting from a westerly direction, the decision was made to try a landing at a more sheltered section of the island. The



anchor was therefore heaved and Hondius set sail around the eastern edge of the island. Whilst two zodiacs were sent to scout the eastern shoreline, eager bird watchers use the calmer conditions as an opportunity to search for the elusive Gough Moorhen which had been seen in a similar location the previous day. Whilst searching between



the high cliffs and dotted Atlantic Yellow-Nosed Albatross, it did not take long before the first shouts were made across deck as a moorhen was finally sighted. Within no time, the bow of Hondius was full of scopes and binoculars eagerly scanning with most passengers now hoping for a glimpse of the bird. With the increased numbers of staff and passengers scanning all sections of the cliffs, more and more sightings were made with a total of 6-7 individuals being seen. Whilst excitement had risen onboard due to the moorhen sightings, it was unfortunately reported that the waves at the shoreline were too dangerous for landing.



Not giving up hope on the desired landing, our crew and staff worked tirelessly to make it work and Hondius finally found a suited landing location at Sandy Point beach, located on the South-eastern side of the island. Zodiacs were dropped in the water and after a safe landing of staff on the beach, it was confirmed that this was finally to be our time to step foot on the island. After a bumpy ride to the beach, everyone was greeted with a beautifully sheltered section of the island with plentiful Antarctic Terns and Sub-Antarctic Fur Seals scattered along the coastline.

On returning to Hondius later that afternoon, there was a joyous atmosphere onboard, especially amongst our 'island twitchers'. This was continued into the evening with the announcement of a 'happy hour' at the bar before joining Assistant Expedition Leader



Sara for a quiz in the lounge. The 50-question quiz was based around information from our landings, staff lectures and the favourite staff and crew picture round.

After a long day with a surprising landing, Hondius once again heaved anchor and we said goodbye to Tristan Da Cunha for the last

time as we set off in a North Easterly direction towards our next destination, St Helena.

Day 17 – Wednesday 12th April 2023

Passage to St Helena

12h00 GPS Position: 33°49.0'S 11°07.5'W

Wind: SSW 2 • Sea: smooth • Weather: part cloudy • Air temperature: 22°C • Water temperature: 23.9°C • Visibility: good

After the early starts of the last few days, it was relieving to have a normal 8am breakfast and a relaxing morning. The ocean was lovely and calm and our trusty ship Hondius slid smoothly towards the north at a consistent speed. Breakfast was served and just after 9am Elizabeth gave a presentation titled 'What does it mean to be Endangered? An Explanation of the Red List'. This was followed by Conrad giving us an account of the shipwrecks of Tristan da Cunha.

Since we were still within the waters around Tristin we saw a few sea birds and there were beaked whales spotted three times during the morning. In the distance some of us saw a breaching sperm whale and there were Tuna jumping around the boat and those of us on the bow at exactly the right moment saw flying squid launching themselves out of the water away from whatever prey was chasing them in the dark blue depths below the surface.



Interestingly we also started to see a few scattered pieces of trash in floating in the water. This is a good reminder how even though we are far out at sea, we are now



entering back in to populated areas of the world. As we continue towards the north it will be fascinating to see how these changes.

Lunch was served on the back deck today and it was so nice to enjoy the delicious foods surrounded by the ocean, with the warm sea air blowing through our hair. It is also very funny to see our ship mates

appearing from below deck in their summers clothing after the last two weeks in the cold Southern Ocean. Shorts and t-shirts it will be for the rest of our voyage!

As today was the 62 anniversary of the flight of the first human into space, we decided to also have a "Space Day" on board, like at many astronomical observatories around the world. This started with a "Space Cake" from our Head Chef Ralf.

In the afternoon Ross, Chris and some guest speakers from the passengers discussed the logistics, challenges, and some case studies about invasive species in different locations around the globe. From possums invading New Zealand forests, to foxes in Australia and goats in the Caribbean. There are so many examples of invasive species causing terrible problems all around the globe.

The sun set in the western sky and the clouds above the horizon were etched in orange. Recap commenced, followed by dinner in the dining room.



After dinner the birders met in the observation lounge to discuss the exciting sightings of a potentially new species on Tristin. Then Lothar showed a picture and music show



with images of the Earth at Night, photographed by the Astronaut Andre Kuipers from the International Space Station. This was followed by a long discussion about light pollution. Afterwards, he showed birders images of auroras, also with music from his project "TerraVisaMusica". The day ended with clear and

dark sky, perfect for Stargazing at 21:30 on Deck 7 aft. The focus was on the southern constellations and objects including the Southern Cross, Coalsack, Eta Carina Nebula, several globular clusters of stars and the Magellanic Clouds.

Day 18 – Thursday 13th April 2023

Passage to St Helena

12h00 GPS Position: 29°17.5'S, 09°42.7'W

Wind: SE 4 • Sea: slight • Weather: part cloudy • Air temperature: 23°C • Water temperature: 25.6°C • Visibility: good

Martin woke us up this morning at 7:45 which allowed us to sleep in a little. We had a nice warm breeze, and sunshine, so most of us were wearing t-shirts and shorts, and that was a nice change to the colder temperatures we came from.

At 9:15 Pierre gave a lecture about the International Whaling Commission (IWC) and the Convention on the Conservation of Antarctic Marine Life Resources (CCAMLR). It



© Marijke de Boer

was interesting to hear about the present day situation on the management of whaling and the other issues the IWC deals with, and also about the huge efforts by CCAMLR to protect and manage marine wildlife in and around Antarctica.

Later on during the morning Chris gave his presentation about "From isolation to the world beyond, growing up as part of New Zealand's remotest family" which is the account of his life since he was born in Milford Sound, New Zealand. It was a very

touching and interesting story, and he also presented his book explaining so much more.

Early afternoon we were surprised to be invited by the hotel crew to join a towel folding workshop in the observation lounge. We were introduced to the amazing world of folding



towels into amazing little animals such as swans, bears and penguins. During this workshop the rest of the crew and staff performed a safety drill during which they practice a fire alarm and an abandon ship procedure. It all went very smoothly, didn't upset the towels at all, and it was impressive to see how every single crew member knows his duty in case of an emergency. During the same time Conrad offered a hand-out and signing session of his book on Tristan da Cunha titled "Rockhopper Copper" for all those that had ordered one in advance. We were interrupted by a PA announcement saying that a whale was surfacing quite close to the ship. We were only able to observe it for a couple of breaths, and Marijke managed to determine that it was a blue whale.

A little later in the afternoon Mardik Leopold, a work colleague of Hans, gave a short lecture about "Cute? Grey seals eat harbour porpoises!" where he explained how an international group of scientists solved the mystery behind harbour porpoises washing ashore with very strange lesions. It turned out that grey seals had elaborated a technique to catch and kill them to feed on their blubber.

We then gathered in the lounge for the daily recap where Martin told us about the plans for tomorrow. After dinner our birdwatchers gathered in the lecture room for their daily bird list check and afterwards debating the sightings over a nice drink at the bar. This was a truly amazing day at sea.

Day19 – Friday 14th April 2023

Passage to St Helena

12h00 GPS Position: 24°54.7'S 08°23.9'W

Wind: E4 • Sea: slight • Weather: overcast • Air temperature: 24°C • Water temperature: 26.6°C • Visibility: good



The weather today was overcast with an easy wind behind the ship. Big waves rolled in front of the bow almost made it look like we were about to go planning with Hondius. A flying fish and the first Bulwer's Petrel were seen this morning. The wildlife encounters were scarce this morning so we all attended Bob's lecture. His presentation was on the Atlantic Islands we had seen and were going to see next. Starting with the geology of our planet and how the different tectonic plates split apart, creating the Atlantic. Bob talked how the Islands of Tristan, Nightingale and Inaccessible developed along the mid-Atlantic Ridge. Nightingale more than 18 million years old, and Tristan only 200,000. All the other islands told similar stories, from those we are going to visit, all the way through to those in the Arctic.

The zodiac pool on deck 8 was ready for us to enjoy but as the wind picked up it was not the right moment to get our feet wet. Later that morning Sara gave her presentation of the life of Krill and the important role of this Krill. A small shrimp-like crustacean that forms the bedrock of the entire Antarctic ecosystem, it is the primary food source for baleen whales and penguins with most marine life, either directly dependent on krill as food source, or as predators on the krill-feeders.



After lunch we assembled in the lounge where Hans gave us good news. On Sunday afternoon we would all be going on a free Napoleon bus tour on the island of St. Helena. This good news and arriving soon in St. Helena and choosing what activities to sign up for gave an exciting buzz around the ship. At the bar a small group of us gathered to attend Rolando's cocktail workshop. A unique opportunity to learn from our excellent cocktail expert himself. Getting in the mood with tropical drinks for the

tropics waters we would enter this evening by 8:10 pm. Others played a card game, read a book, edited their photos or took a snooze.



Meanwhile the wind picked up outside another Bulwer's petrel showed up between the waves. In the lecture room the movie on St. Helena was shown. It gave a very good impression of life on this remote island.

Re-cap was a short briefing on the final activities for St Helena followed about a talk by Elizabeth on the citizen science

platform Happy Whale. Mardik Leopold was our guest on the recap with a very interesting story on an Albatross beak was found in the capital city of the Netherlands, Amsterdam back in 1970, during construction work for a new metro line. His story telling took us on a journey of research and directed us to the final answer that the Albatross that was found was a Tristan Albatross.

The day was rounded up with a special guest lecture in the lounge after dinner by world famous bird researcher and author Hadoram Shirihi. This evening Hadoram shared his thrilling and unique stories on what it takes to find petrels and prove they are not extinct. He described breath-taking expeditions he undertook to find the Beck's Petrel, Vanuatu Petrel, Magnificent Petrel, Zino's Petrel, Fiji Petrel and the Mascare Petrel in the Southern Oceans.

Day 20 – Saturday 15th April 2023

Passage to St Helena

12h00 GPS Position: 20°40.6'S 07°09.7'W

Wind: SE 5 • Sea: slight • Weather: part cloudy • Air temperature: 23°C • Water temperature: 26.2°C • Visibility: good

Another day of fairly settled seas, although a little spray tickled our deck watchers from time to time! We started early with a lecture from Marijke on flying fish and squid. These, despite their names, cover a range of species, and she took us through their various adaptations, and in particular the dynamics of squid propulsion.

Shortly after, in preparation for St Helena, Bob gave us a talk on Napoleon and his exile on the island,



dwelling on the contrast between his mega-political and military career and his isolation in Longwood House in (what was then) a remote part of the island. We are all hoping that tomorrow when eventually we anchor and go ashore, we can visit some of the places where he stayed and get some feeling for the life of a man who is, arguably, St Helena's most famous resident.



The afternoon started with a lecture from Lothar about Astro Photography. He showed us that astronomical imaging does not always require a telescope and a guided mount. Just using a regular camera with a tripod can already offer many opportunities. He also compared the options of photos taken with regular DSL cameras and lenses with those made with amateur telescopes. And finally,

imaging with amateur telescopes was compared with the results, large professional telescopes can offer. We are now aiming to use this knowledge during the nights in St. Helena on land.

Meanwhile, the seas, for the last few days relatively empty compared with the variety of sightings previously, started to liven up. We spotted a breaching beaked whale in the distance, and then for a while we encountered a number of sperm whales, not only showing their blows distinctly in the clear air, but also closer views as they took some time on the surface, their long grey backs, with diminutive dorsal fins showing well against the waves.



Later, Meike gave us a talk on the indigenous plants of St Helana. This was very topical in the context of global efforts to save some of the world's most endangered

ecosystems. She described the loss of most of the island's natural habitats, together with its flora, but then the good news: discovery of isolated specimens of indigenous species previously considered extinct, and their subsequent propagation.

To be added in as appropriate for whichever day at St H:

Finally, after a memorable expedition, it was time for us to leave the ship, and the many friends we have made during the voyage. We carry with us, rich memories of encounters with many seabirds, penguins, fur seals, whales, and the intriguing cultures and communities of the islands we have visited. Sad to be going, but what a time it's been!



Day 21 – Sunday 16th April 2023

St Helena

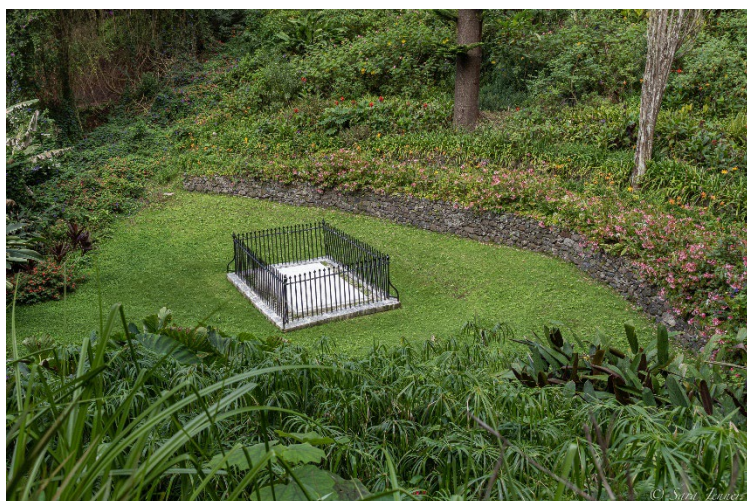
12h00 GPS Position: 15°54.6'S 05°43.2'W

Wind: ESE 3 • Sea: calm • Weather: sunny • Air temperature: 26°C • Water temperature: 26.6°C • Visibility: good



Excitement, positive energy, and smiles were all over the ship this morning. After a few sea days, everyone onboard could not wait to arrive in St. Helena. We could see the island appear from the horizon in early morning and as the nautical miles between us and the island decreased, the happiness increased! It was perfect landing conditions: light wind, low swell, and blue sky. As we approached the island, a pod of

about a hundred Pantropical Spotted dolphins was seen off the starboard side and played in the ship's wake.



Our bridge team dropped the anchor in James Bay and once customs and border control was complete, guests headed straight to shore to enjoy the local bus tour. The tour took guests through Jamestown and wove in and out of the lush green countryside taking time to note the historic points around every corner. Some of the stops along the way included Napoleons Tomb, although

Napoleon himself was removed from the site in 1840 and returned to France; Longwood House, one of the most iconic Napoleonic museums in the world, and the Plantation Grounds, which surrounds the Governor's residence. However, the more famous resident at the Plantation Grounds is Jonathan, the tortoise, the world's oldest living land animal.

After the bus tour, guests were able to walk and explore everything this wonderful island had to offer. Many birders set off in search of the endemic St. Helena Wire bird, some guests headed to Anne's place for a cheeky pint and a delicious burger, and some sat in the



Castle Gardens just to soak up the sun, take in the fresh tropical air, and have a rest. Needless to say, everyone enjoyed their first day on St. Helena.

But the day was not over yet! Once back onboard, it was time for the amazing Hondius



BBQ night. Our hotel department worked hard to turn deck 5 aft into a picnic area scattered with tables and chairs, only to be turned into a dance party later in the evening. A big thank you to our head chef and galley crew for preparing a tasty BBQ evening onboard and for hotel department provided the free drinks and music for our evening dance party! After a good boogie and cha cha slide, the evening

came to an end, and it was time to rest and recover for another beautiful day in St. Helena.



© Sara Jenner

Day 22 – Monday 17th April 2023

St Helena

12h00 GPS Position: 15°54.7'S 5°43.0'W

Wind: WSW 2 • Sea: calm • Weather: sunny • Air temperature: 26°C • Water temperature: 26.7°C • Visibility: good

Our first full day at St Helena and it was certainly one to remember. We awoke to light winds, a clear sky and balmy temperatures climbing to approximately 23°C by mid-morning. Today was an action filled day with many island excursions as well as snorkelling, diving, and wildlife tour opportunities. For those who wanted to experience the beauty of Jamestown and St Helena by themselves there was also a shuttle service running throughout the day from Hondius.



© Marijke de Boer

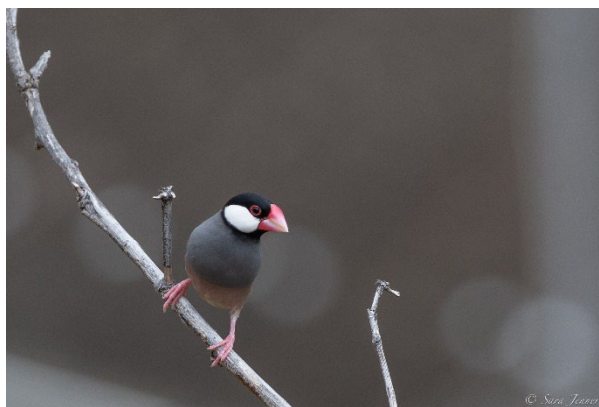


Our first morning excursion was the birdwatching and dolphin tour which showcased some of the fantastic wildlife that can be found around the shores of St Helena. This tour overwhelmed all expectations as guests were provided with fantastic views of mating green turtles, pantropical spotted dolphins and even a whale shark. For those interested in the historic aspects of the island, our second morning tour was to Plantation House, which since 1792 has been the official residence of the governor of St Helena. The grounds of Plantation House are also the official residence of Jonathan, who is claimed to be the world's oldest living tortoise.

A trip to St Helena could not be complete without a dedicated tour to see the endemic St Helena plover or 'wirebird'. This small wader species is the national bird of St Helena and a priority species for many birders on the trip. Despite its small size, the wirebird is relatively used to human presence and so many birders and photographers were awarded with close up views of the birds and some even managed to see both adults and chicks too.



Shortly after the departure of the wirebird tour, our next offered excursion was to the world's most remote distillery, simply named 'The St Helena distillery'. This excursion offered a fascinating insight into the creation of the local gin, spiced rum and infamous coffee liquor produced on the island, with a few sampling opportunities as well.



Later in the afternoon, we had our second birdwatching and dolphin boat tour which again provided brilliant sightings of the pantropical dolphins around the shoreline and many of the islands breeding bird species. For those wanting to jump into the warm waters around the island and see all the spectacular life below water, there were also snorkelling, and diving opportunities planned throughout the afternoon.

After a long day of activities and exploring, a shuttle service remained in place throughout the evening for anyone wanting to visit the local bars and restaurants that Jamestown has to offer. This certainly was an action-packed day and one that many will remember for a long time.

Day 23 – Tuesday 18th April 2023

St Helena

12h00 GPS Position: 15°54.7'S 05°43.0'W

Wind: Variable • Sea: calm • Weather: part cloudy • Air temperature: 26°C • Water temperature: 26.7°C • Visibility: good

Finally, after a memorable expedition, it was time for us to leave the ship, and the many friends we have made during the voyage. We carry with us, rich memories of encounters with many seabirds, penguins, fur seals, whales, and the intriguing cultures and communities of the islands we have visited. Sad to be going, but what a time it's been!



Thank you all for travelling with us on this voyage, for your enthusiasm, support, and good company. We very much hope to see you again in the future, wherever that might be!

Total distance sailed on our voyage: 4,335nm
Southernmost position: 55°05.005'N, 037°36.37'W

On behalf of Oceanwide Expeditions, Captain Artur Iakovlev, Expedition Leader Martin Berg, Hotel Manager William Barnes and all the crew and staff of M/V Hondius, it has been a pleasure travelling with you.

Atlantic Odyssey

Ushuaia to Saint Helena

1. Landing at Gritviken, South Georgia
2. Landing at Fortuna Bay
3. Landing at Jason Harbour
4. Landing at St Andrews Bay
5. Zodiac cruise at Gough Island
6. Ship Cruise at Nightingale Island
7. Zodiac Cruise at Inaccessible Island
8. Landing and ships cruise at Tristin da Cunha Island
9. Landing at Saint Helena Island



Birds species of the Southern Atlantic Ocean - incl. Falklands, South Georgia - IOC specieslist - Atlantic Odyssey 2023

Species of the Southern Atlantic Ocean - Southern Fulmar, South Georgia - 100 species - Atlantic Seajays, 2025																							
	27-mrt	28-mrt	29-mrt	30-mrt	31-mrt	1-apr	2-apr	3-apr	4-apr	5-apr	6-apr	7-apr	8-apr	9-apr	10-apr	11-apr	12-apr	13-apr	14-apr	15-apr	16-apr	17-apr	18-apr
1 Black-necked Swan - Cygnus melancoryphus																							
2 Yellow-billed Pintail - Anas georgica																							
Yellow-billed Pintail ssp georgica - Anas georgica georgica					X	X	X																
3 Yellow-billed Teal - Anas flavirostris						X																	
4 Red-necked Spurfowl - Pternistis afer																							
5 King Penguin - Aptenodytes patagonicus			X	X	X	X	X	X															
6 Gentoo Penguin - Pygoscelis papua				X	X	X	X																
7 Adelie Penguin - Pygoscelis adeliae																							
8 Chinstrap Penguin - Pygoscelis antarcticus																							
9 Southern Rockhopper Penguin - Eudyptes chrysocome			X																				
10 Northern Rockhopper Penguin - Eudyptes moseleyi											X	X		X	X	X							
11 Macaroni Penguin - Eudyptes chrysolophus					X	X	X	X															
12 Magellanic Penguin - Spheniscus magellanicus																							
13 Wilson's Storm Petrel - Oceanites oceanicus	X	X	X	X	X	X	X	X	X	X	X	X	X				X						
14 Grey-backed Storm Petrel - Garrodia nereis			X	X			X	X	X	X	X	X											
15 White-faced Storm Petrel - Pelagodroma marina			X														X						
16 White-bellied Storm Petrel - Fregetta grallaria									?				X	X	X	X	X			X	X		
White-bellied Storm Petrel ssp leucogaster - Fregetta grallaria leucogaster										?	?	?											
17 Black-bellied Storm Petrel - Fregetta tropica		X	X	X	X	X	X	X	X														
Black-bellied Storm Petrel ssp tropica - Fregetta tropica tropica										X													
Black-bellied Storm Petrel ssp melanoleuca - Fregetta tropica melanoleuca										?	?	?	X	X	X	X	X						
18 Wandering Albatross - Diomedea exulans		X	X	X	X		X			X	X												
19 Tristan Albatross - Diomedea dabbenena			X						X	X		X	X			X							
20 Southern Royal Albatross - Diomedea epomophora		X	X																				
21 Northern Royal Albatross - Diomedea sanfordi																							
22 Sooty Albatross - Phoebetria fusca				X				X	X	X	X	X	X	X	X	X	X						
23 Light-mantled Albatross - Phoebetria palpebrata		X	X	X	X	X	X		X	X	X												
24 Black-browed Albatross - Thalassarche melanophris		X	X	X	X	X	X	X	X	X		X											
25 Shy Albatross - Thalassarche cauta																							
26 Salvin's Albatross - Thalassarche salvini																							
27 Grey-headed Albatross - Thalassarche chrysostoma		X	X	X	X	X	X	X	X	X	X		X										
	27-mrt	28-mrt	29-mrt	30-mrt	31-mrt	1-apr	2-apr	3-apr	4-apr	5-apr	6-apr	7-apr	8-apr	9-apr	10-apr	11-apr	12-apr	13-apr	14-apr	15-apr	16-apr	17-apr	18-apr
28 Atlantic Yellow-nosed Albatross - Thalassarche chlororhynchos									X			X	X	X	X	X	X						
29 Indian Yellow-nosed Albatross - Thalassarche carteri																							
30 European Storm Petrel - Hydrobates pelagicus																							
31 Band-rumped Storm Petrel - Oceanodroma castro																	X				X	X	X
32 Leach's Storm Petrel - Oceanodroma leucorhoa																					X		X
33 Southern Giant Petrel - Macronectes giganteus		X	X	X	X	X	X	X	X	X		X	X	X	X	X							
34 Northern Giant Petrel - Macronectes halli		X	X	X	X	X	X	X	X			X		X	X								
35 Southern Fulmar - Fulmarus glacialisoides		X	X					X							X	X							
36 Antarctic Petrel - Thalassoica antarctica																							
37 Cape Petrel - Daption capense		X	X	X	X	X	X	X			X												
38 Snow Petrel - Pagodroma nivea																							
39 Blue Petrel - Halobaena caerulea		X	X	X	X	X	X	X	X	X													
40 Broad-billed Prion - Pachyptila vittata										X	X	X	?	X	X								
41 Salvin's Prion - Pachyptila salvini																							
Salvin's Prion ssp macgillivrayi - Pachyptila salvini macgillivrayi		?	X							X	X	X			X								
42 Antarctic Prion - Pachyptila desolata		X	X	X	X	X	X	X	X	X	X												
43 Slender-billed Prion - Pachyptila belcheri		X	X	X			X		X	X													
44 Fairy Prion - Pachyptila turtur			X	X	X	X	X	X	X														
Fairy Prion ssp subantarctica - Pachyptila turtur subantarctica																							

45	Kerguelen Petrel - <i>Aphrodroma brevirostris</i>			X	X	X		X		X	X	X	X	X	X										
46	Great-winged Petrel - <i>Pterodroma macroptera</i>									X	X	X	X	X	X	X	X								
47	White-headed Petrel - <i>Pterodroma lessonii</i>										X	X	X		X										
48	Atlantic Petrel - <i>Pterodroma incerta</i>										X	X	X	X	X			X	X						
49	Soft-plumaged Petrel - <i>Pterodroma mollis</i>		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X						
50	Trindade Petrel - <i>Pterodroma arminjoniana</i>																								
51	Black-winged Petrel - <i>Pterodroma nigripennis</i>																								
52	Grey Petrel - <i>Procellaria cinerea</i>			X	X					X	X	X	X	X		X	X								
53	White-chinned Petrel - <i>Procellaria aequinoctialis</i>		X	X	X	X	X	X	X	X	X		X	X											
54	Spectacled Petrel - <i>Procellaria conspicillata</i>												X	X	X	X	X	X	X	X					
55	Westland Petrel - <i>Procellaria westlandica</i>																								
56	Scopoli's Shearwater - <i>Calonectris diomedea</i>													X		X		?	?	?	?				X
57	Cory's Shearwater - <i>Calonectris borealis</i>																								
		27-mrt	28-mrt	29-mrt	30-mrt	31-mrt	1-apr	2-apr	3-apr	4-apr	5-apr	6-apr	7-apr	8-apr	9-apr	10-apr	11-apr	12-apr	13-apr	14-apr	15-apr	16-apr	17-apr	18-apr	
58	Cape Verde Shearwater - <i>Calonectris edwardsii</i>																								
59	Sooty Shearwater - <i>Ardenna grisea</i>		X	X	X				X	X			X	X			X								
60	Great Shearwater - <i>Ardenna gravis</i>			X						X	X	X	X	X	X	X	X								
61	Manx Shearwater - <i>Puffinus puffinus</i>																								
62	Little Shearwater - <i>Puffinus assimilis</i>																								
63	Subantarctic Shearwater - <i>Puffinus elegans</i>								X	X	X	X	X	X				?							
64	Magellanic Diving Petrel - <i>Pelecanoides magellani</i>			X																					
65	South Georgia Diving Petrel - <i>Pelecanoides georgicus</i>				X	X	X	X	X	X															
66	Common Diving Petrel - <i>Pelecanoides urinatrix</i>		X	X	X	X	X	X	X	X	X	X	X												
	Common Diving Petrel ssp dacunhae - <i>Pelecanoides urinatrix dacunhae</i>																								
	Common Diving Petrel ssp urinatrix - <i>Pelecanoides urinatrix urinatrix</i>																								
	Common Diving Petrel ssp exsul - <i>Pelecanoides urinatrix exsul</i>																								
67	Bulwer's Petrel - <i>Bulweria bulwerii</i>																		X	X	X	X			X
68	Great Crested Grebe - <i>Podiceps cristatus</i>																								
69	Black-necked Grebe - <i>Podiceps nigricollis</i>																								
70	Red-billed Tropicbird - <i>Phaethon aethereus</i>																			X	X	X	X	X	
71	White-tailed Tropicbird - <i>Phaethon lepturus</i>																				X	X			
	White-tailed Tropicbird ssp ascensionis - <i>Phaethon lepturus ascensionis</i>																								
72	Western Cattle Egret - <i>Bubulcus ibis</i>																								
73	Snowy Egret - <i>Egretta thula</i>																								
74	Ascension Frigatebird - <i>Fregata aquila</i>																								
75	Magnificent Frigatebird - <i>Fregata magnificens</i>																								
76	Cape Gannet - <i>Morus capensis</i>																								
77	Masked Booby - <i>Sula dactylatra</i>																					X	X	X	X
78	Red-footed Booby - <i>Sula sula</i>																			X	X				
79	Brown Booby - <i>Sula leucogaster</i>																						X	X	X
80	Imperial Shag - <i>Leucocarbo atriceps</i>	X																							
81	South Georgia Shag - <i>Leucocarbo georgianus</i>					X	X	X																	
82	Inaccessible Island Rail - <i>Atlantisia rogersi</i>																								
83	Gough Moorhen - <i>Gallinula comeri</i>												X			X	X								
84	Snowy Sheathbill - <i>Chionis albus</i>		X	X		X	X	X																	
85	St. Helena Plover - <i>Charadrius sanctaehelenae</i>																					X	X	X	X
		27-mrt	28-mrt	29-mrt	30-mrt	31-mrt	1-apr	2-apr	3-apr	4-apr	5-apr	6-apr	7-apr	8-apr	9-apr	10-apr	11-apr	12-apr	13-apr	14-apr	15-apr	16-apr	17-apr	18-apr	
86	Eurasian Curlew - <i>Numenius arquata</i>																								
87	Ruddy Turnstone - <i>Arenaria interpres</i>																								
88	Red Knot - <i>Calidris canutus</i>																								
89	Red Phalarope - <i>Phalaropus fulicarius</i>								X																
90	Lesser Yellowlegs - <i>Tringa flavipes</i>																								
91	Brown Noddy - <i>Anous stolidus</i>												X		X										
	Brown Noddy ssp stolidus - <i>Anous stolidus stolidus</i>																					X	X	X	X

[illegible]

[illegible]

Mammal species of the Southern Atlantic Ocean - incl. Falklands, South Georgia

[illegible]

Martin Berg - Expedition Leader



Martin is a marine biologist based in Stockholm, Sweden. After finishing the compulsory Swedish military service in the Navy Marines, he found himself working from field camps deep into the Amazon rainforest to carry out conservation assessments and bird surveys for BirdLife International. This experience led him to return home to Sweden to earn an Honours Degree Biology at Lund University followed by an MSc degree in marine biology divided between Bamfield Marine Sciences Centre in Canada and Lund University in Sweden.

Martin is a keen birder and botanist and has been involved with several research projects with a focus on seabird ecology and conservation on islands in the North Atlantic Ocean as well as around New Zealand and the Southern Ocean. Martin arrived in Antarctica for the first time in 2015 as a researcher and have since then made more than 30 voyages to the frozen continent. He is skilled in bird and mammal identification, and while almost constantly focused on the horizon busy finding seabirds and whales, he always welcomes a good chat about Antarctica and its fascinating wildlife.

Hans Verdaat – Assistant Expedition Leader



His fascination for nature and traveling has been present all of his life. From a young age on he has been an active birder traveling across Europe. He studied Coastal Zone Management in The Netherlands and as part of that study lived half a year in Norway. In 2006 he moved to the Dutch island Texel where he has been working ever since as a field researcher for a marine research institute. In his research he specialises in seabirds and marine mammals.

Since 2004 he has participated in seabird and marine mammal surveys in the Caribbean, West-Africa, Antarctica, Spitsbergen and European waters. He has always been fascinated with the polar regions and has participated in several scientific expeditions both to the Arctic and Antarctic.

Since 1999 he started working as a (birding) guide. The last years he has combined his full-time research job with guiding. During expedition cruises he is a guide, lecturer and zodiac driver.

In his free time Hans is a keen nature photographer and as seabird- & mammal admin active on Waarneming.nl / Observation.org

Hans speaks: English, Dutch and German

Sara Jenner – Assistant Expedition Leader



For as long as Sara could remember she has had a passion for travel and searching for the wildest and most remote places on earth.

Back in the UK when she was only 10, she remembers trading in her favourite pink bicycle for the money to start her travel fund. Every birthday and Christmas she added a little more in the kitty and finally, at 18 she realised her dream of diving at the Great Barrier Reef! At that point the travel addiction was born. Ever since Sara has been travelling the globe in search of wild and remote places and has spent many

months volunteering on wildlife conservation projects in a bid to help some of our most iconic and endangered species.

Sara's love of wildlife and the great outdoors has taken her to all seven continents and she has travelled extensively in the polar regions including the Antarctic Peninsula, Falklands, South Georgia, Spitsbergen, Greenland, Iceland, Baffin Island and Canadian High Arctic. Returning to the UK, Sara used this knowledge to work in the travel industry as a polar specialist for several years, until the travel bug hit again, when she decided to swap life on the land for a life at sea and joined the Oceanwide Expedition Team in 2016.

During 2020-2021 she worked extensively on a leopard seal identification project and took the opportunity to fulfil a lifetime dream of visiting South Georgia in winter by working on the M/V Pharos, which is deployed by the South Georgia Government as a fishery patrol vessel.

Sara is a keen wildlife photographer and when she is not wrapped up warm in the polar regions she enjoys working as a photographic guide in Botswana, on the beautiful Chobe River and Okavango Delta, so really has a life of two halves.

Chris Long – Expedition Guide



Chris grew up as a part of New Zealand's remotest family two long days hike from the nearest road at a place called Gorge River, on the South Islands West Coast, New Zealand.

His family lives as self-sufficiently as possible in a small cabin surrounded by the jungled rainforest, the rough rugged coastline, and an emerald green river. Most of their food came from a huge vegetable garden or was fished from the ocean. This wild untouched natural corner of New Zealand was Chris's home for the first 17 years of his life, until, one day, he set out to explore

what the rest of the world had to offer.

Since leaving Gorge River Chris has set out to see, explore and experience as much of the globe as possible. This constant search for adventure has seen him travel to over 60 countries on all seven continents. Along this journey, he spent two full summer seasons living and working as a field trainer at Scott Base, a New Zealand research station in Antarctica, as well as multiple voyages to the Ross Sea and East Antarctica.

Chris is also no stranger to the arctic. He once sailed the notorious northwest passage across the top of Greenland, Canada, and Alaska and spent much of the covid pandemic living with 150 husky dogs in Tromso, northern Norway, enduring two long cold dark arctic winters training for long distance dog races.

Since recently returning to New Zealand, he has published an autobiography and is training for his commercial fixed-wing pilot's license.

Ross Wheeler – Expedition Guide



Ross lives in a small town in Cornwall, which is located in the south western corner of the UK. As he grew up in a coastal town he has always been fascinated by marine wildlife and the marine environment.

Having completed an undergraduate degree and master's degree in environmental sciences / conservation biology at Plymouth University he then went on to use his passion and education to work as an environmental consultant and researcher in the coastal

and marine field.

This progressed into the offshore sector where he worked as a marine mammal observer and passive acoustic monitoring operator in the offshore seismic and renewable industry sectors. This role took him to a wide range of areas throughout the North Atlantic, Central Africa and Southern Africa where he conducted marine mammal and sea bird surveys aboard various survey vessels. After a few years in this industry he then moved into the environmental compliance side of the cruise ship industry where he continues to work for six months of the year today. Whether he is working on ships around the world, volunteering for conservation based organisations or travelling in his 'time off' he is constantly seeking opportunities to photograph wildlife in their natural environment.

Feel free to ask him any questions about marine mammals, seabirds or anything environmentally related with the shipping industry.

Bob Brown – Expedition Guide



Bob Brown was brought up on England's Sussex coast, often ticked off by his Mum for getting soaked exploring for marine beasts and birds. Later, university in Belfast and a PhD on mollusc ecology and oystercatcher feeding, led to research in Sweden, before moving to Jamaica to develop oyster farming based on mangrove swamps, lecturing on invertebrates, helping with coastal management courses, rearing hawksbill turtles and discovering the diverse butterfly life.

Back in Northern Ireland, for about ten years he managed the National Trust's Strangford Lough Wildlife Scheme for its internationally important bird populations and rich marine life, writing a widely acclaimed book on them. In 1991 he became Director of RSPB's operations in N Ireland, working on the Province's most important birds and their habitats. For nine years he was on Northern Ireland's Council for Nature Conservation and the Countryside, and later a member of the UK's Joint Nature Conservation Committee, chairing their Marine Protected Areas working group. Currently he is Chair of the National Trust in N Ireland and on the board of Ulster Wildlife, whilst also engaging with many other UK nature conservation bodies. He has written numerous articles on marine wildlife, and contributed to many TV and radio programmes.

When not sailing his own yacht, Bob travels widely, notably in the Arctic, Antarctic, and Patagonia as well as other parts of South America, where he has led natural history tours. He has been working with Oceanwide Expeditions since 2013, and loves to show folks the fascinating wildlife of the Polar Regions, as well as of the south Atlantic islands. His main interests are the rich bird life, whales and other sea mammals, and the other diverse marine life and different habitats to be found there. In 2004 he was awarded an OBE for services to nature conservation.

Conrad Glass – Expedition Guide



Born on Tristan Da Cunha, Conrad is now the Inspector of Police/Immigration and Search and Rescue on the Island. He became a Police Officer in 1986 and undertook training on St Helena and in the UK. A part of Conrad's job on Tristan was carrying out Conservation work, surveys and census of the Rockhopper Penguins and Fur Seals in the Tristan da Cunha archipelago. In 1995 Conrad became the Visits Liaison Officer for visiting Cruise ships, helping to guide and land passengers at Nightingale and Inaccessible islands. In 2004 Conrad wrote a Book titled the "Rockhopper Copper" (his nickname on the island

about the history, lifestyle, and his work seen through his family's eyes.

He is also one of the co-authors of the books "Penguins their world their ways" and "Albatrosses their world their ways". In 2009 Conrad was awarded the M.B.E (Member of the British Empire) by Her Majesty Queen Elizabeth 2nd for services to the Tristan community. His interests in conservation have led him to work as an expedition guide, and he is currently writing another book about Tristan titled (Reports of Rockhopper Copper)

Meike Sjoer - Expedition Guide



From early on Meike has been a passionate naturalist and traveller who just loves birds.

At the age of 7 she bought her first bird book. Being outdoors all the time, she wanted to learn more about the amazing creatures she encountered. Investigating and learning about nature and wildlife has been a passion ever since.

Meike has a master degree in film and television from the University of Utrecht. For the last 25 years she has been working as a television director. Her stories involve nature, wildlife and

environmental topics. If not travelling, she is directing the prime-time wildlife television program Vroege Vogels.

When time permits, she volunteers as a nature guide for the Dutch institute for nature and education. As a teenager Meike started sailing the oceans but her true love for the life in the oceans began 14 years ago when she started working with Sea Shepherd on the mediateam.

Meike is thrilled to be your guide on this trip and looking forward to sharing knowledge and the passion for this magical polar world with you.

Pierre Gallego – Expedition Guide



Pierre is a veterinarian specialized in marine mammal medicine. He has been working in the field of marine biology for 18 years, and has been organizing marine mammal research internships around the world since 2004. He represents the Government of Luxembourg at the International Whaling Commission and CCAMLR, and works with numerous international NGOs to promote marine mammal conservation and to fight cetacean captivity.

He is currently carrying out his PhD with the Oceanology Lab of the University of Liege, Belgium. His PhD thesis deals with pollutants and stable isotopes in humpback

whales off Ecuador and Mozambique.

He is a keen birdwatcher and enjoys photography. The ocean is his passion, and water is his element!

Elizabeth Robinson – Expedition Guide



Elizabeth was born and raised in Minnesota, a state in the middle north of the United States. Minnesota is known for having over 10,000 lakes and nature around every corner; something she took full advantage of growing up. Before the age of eighteen, Elizabeth travelled to all fifty US states, and became a Junior Park Ranger at over thirty National Parks.

She graduated with a Bachelor of Arts in Mammalogy, accompanied by additional degrees in Psychology, English Writing and Environmental Studies. Her undergraduate research focused on African elephants and squirrels. Recently, she graduated from the University of Bristol (UK) with a Master of Science degree in Global Wildlife Health and Conservation. Her dissertation focused on cetacean conservation and understanding how policy is integrated within conservation efforts.

Elizabeth has lived and studied whales in many places such as Hawaii, British Columbia, Alaska, Norway, and the UK. She has previously worked as an orca kayak guide, a snorkel guide in Hawaii, a wildlife documentary co-producer, and a marine mammal researcher. She has spent the last eight years studying species such as orcas, humpback whales, right whales, porpoises, and pinnipeds. She is passionate about cetacean conservation, specifically endangered species. Elizabeth currently calls both the US and the UK home and is happiest at sea.

Marijke Nita de Boer – Expedition Guide



Marijke grew up in the Netherlands, Switzerland and Germany. In the early-90s, she worked over a number of summers as a field biologist specialising in sea turtle conservation in Greece. This was a magnificent experience and formed the inspiration for switching her Academic career towards Marine Biology.

She is fascinated by cetaceans, and has worked with Minke whales, Killer whales, Blue whales, Belugas, Bottlenose whales in the Arctic Labrador Sea, Risso's dolphins and Sperm whales. She has also participated in various ocean-crossing surveys, namely the Davis Strait, Indian Ocean, South China Sea, Southern Ocean and Antarctica. These surveys formed the core foundation of her detailed in-depth experience with marine mammals.

She completed a MSc in Marine Ecology (University of Utrecht) and a PhD (Marine Mammal Ecology) at the University of Wageningen focusing on the abundance and distribution of cetaceans using (low-cost) seagoing vessels ('Platforms of Opportunity'). Nowadays her research focuses on marine fauna within the Wider Caribbean Region, West Africa and Cornwall (UK). Marijke has produced a wide selection of scientific publications.

Whilst she very much enjoys the academic side of her career, her first love is sharing her knowledge in the field. She has worked as a wildlife guide during multiple oceanic expeditions and is happy to 'escape the office'. She currently lives in the Netherlands and England and speaks Dutch, English and German. The ocean is very special to her – 'after more than 20 years of sailing the seven seas, it never fails to educate, surprise and enthrall me'.

Georgina Strange – Expedition Guide



Georgina is a professional nature photographer and general wildlife enthusiast from the Falkland Islands. Her rather unique upbringing on a very small and remote island nature reserve has instilled a deep passion for wild places, and you'll most likely find her out on a cliff edge in a storm, revelling in the gales of wind that frequent the Falklands!

Georgina studied in England for sixth-form college, followed by an adventure to Australia for her university degree in Photography.

After managing her family's conservation trust on New Island in the Falklands for many years, regularly working with the many visiting expedition ships shoreside, Georgina swapped a land-based life for an ocean-based one and started as expedition photographer to South Georgia and the Antarctic in 2017, and to the Arctic in 2019, often switching roles to work as the on-board ornithologist to share her love of the winged creatures of the world, too!

During her off-ship season, Georgina runs her own wildlife photography tours at home to fulfil her passion for making captivating images of nature. Whenever possible, she most enjoys balancing out the time spent guiding in cold and windy places for quality time in the hotter and sunnier climes of the world!

Georgina's photography has made it to Outdoor Photographer of the Year, Bird Photographer of the Year, Wild Art Photographer and the finals of the prestigious Wildlife Photographer of the Year, as well as several well-known nature photography magazines and smaller competitions. Always happy to share knowledge and techniques, maybe you will go home with some competition-worthy images of your special trip, too!

Lothar Kurtze - Expedition Guide



Lothar Kurtze, born 1972 in Germany, has a PhD in mechanical engineering (TU Darmstadt) and works as consultant for acoustics in Germany and Austria.

He is interested in astronomy, has his own observatory and is the CEO of the non-profit FTP-Europlanet gUG focussing on astronomical education and outreach.

In 2005, he became elected as Fellow of the Royal Astronomical Society, London.

He is a key member of the astronomy group of the scientific museum 'Haus der Natu' in Salzburg, which has built the VEGA-Observatory in 2018.

Since 1993 he is also working as lecturer and travel guide, mainly for voyages with astronomical background. He has observed auroras in the arctic, total solar eclipses in Madagascar and Libya and led expeditions to the Galapagos Islands and Bhutan. With Oceanwide Expeditions, he has visited both, the Arctic and the Antarctic.

In 1999 the Minor Planets Committee of the International Astronomical Union named the asteroid (7688) Lothar in his honor.

Moniek Mestrom – Ship's doctor



Moniek is a bit more adventurous than the usual doctor. She was born and raised in the Netherlands but currently lives and works in New Zealand. Since she was a little girl she wanted to explore the world. She has visited diverse places all over the world, often combining work with holiday.

Since her first visit to Antarctica in 2017 on MV Plancius she has been coming back to the Polar regions regularly with South Georgia being her favorite destination.

When she isn't traveling or working for Oceanwide you will find her at the Emergency Department, a complete opposite to the serene, calm and beautiful nature of the Polar regions.

She is always looking for possibilities to learn more about expedition medicine, in the field, taking of teaching on courses and attending and speaking at conferences. As one of the four doctors of the medical committee of Oceanwide Expeditions she is always trying to improve the medical care onboard.

She loves the sea and wildlife. So she spends most of her time outside whenever she can to watch the beautiful animals all around the ship.

See you there!



Welcome aboard!

Date: Monday 27th March 2023

Day 1: Embarkation - Ushuaia

Luggage will be delivered to your cabin. Please make check to make sure you have received all your luggage. If you have any extra luggage in your cabin – please notify a crew member.

**** Tea and coffee are always available in the Lounge on Deck 5 ****

±17:15 **Welcome & Safety Briefing** - Please join us in the **lounge** (Deck 5, forward) for a welcome to the voyage, followed by a **mandatory** safety briefing and lifeboat drill.

Lifeboat Drill

All guests accommodated on Deck 3 (Cabins 301-337) will go to MUSTER STATION A which is the Restaurant on Deck 4

All guests accommodated on decks 4, 6, and 7 will go to MUSTER STATION B which is the Observation Lounge on Deck 5

±18:00 **Departure from Ushuaia.**
The bridge will be closed during these operations.

18:30 **Expedition Introduction & Captain's Welcome** – Please join us in the **Lounge** (Deck 5) for an introduction to the expedition, a welcome to your new home from the Hotel manager, the captain's toast and to meet your expedition team.

19:30 **Buffet dinner** is served in the **Dining Room** (Deck 4)

We will sail into open sea this evening and the ship may move – please secure your belongings and be careful when moving around the ship. Take your seasickness medication before we head out into open sea- the doctor will be available in the lounge after dinner to assist.



DAILY PROGRAM

Date: Tuesday 28th March 2023

Day 2: At Sea

07:45 Wake up call.

08:00-09:00 Buffet breakfast will be served in the Restaurant on Deck 4.

09:15 Martin welcomes you to the Observation Lounge for an Introduction to the Voyage and Staff Introductions from the Expedition Team.

12:30-13:30 Buffet lunch will be served in the Restaurant on Deck 4.

14:00 Bob invites you to the Observation Lounge on Deck 5 for his presentation about 'Patagonia and Antarctica: Lands of Fire and Ice'.

16:00 Georgina welcomes you to the Observation Lounge for her lecture titled 'Understanding your Camera'.

18:00 Daily Recap in the Observation Lounge on Deck 5

19:00 Plated dinner will be served in the Restaurant on Deck 4.

20:45+/- Please join Hans in the Lecture Room Lounge to have a look at the species we've seen today and fill in the trip's species list.

Sunrise: 07:49

Sunset: 19:29



DAILY PROGRAM

Date: Wednesday 29th March 2023

Day 3: Scotia Sea

07:45 Wake up call.

08:00-09:00 Buffet breakfast will be served in the Restaurant on Deck 4.

09:30 Martin welcomes you to the Observation Lounge for the **Mandatory** IAATO, South Georgia and Zodiac briefing. Attendance will be checked.

11:15+/- We would like to invite you to collect your Muck Boots down on Deck 3. Bring your thick socks so you can try them for size. Please listen to announcements as we will call you deck by deck.

Please note we will move the clocks forward 1 hour at 12 o'clock.

12:00-13:00 Buffet lunch will be served in the Restaurant on Deck 4.

14:00 Ross welcomes you to the Observation Lounge for his lecture titled 'An Introduction to the Birds of the Southern Ocean'.

16:15 Georgina invites you to the Observation Lounge for her lecture titled 'Composition and Depth of Field - The Secrets of Beautiful Images'.

18:15 Daily Recap in the Observation Lounge.

19:00 Plated dinner will be served in the Restaurant on Deck 4.

20:45+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.

Sunrise: 06:42

Sunset: 18:16



DAILY PROGRAM

Date: Thursday 30th March 2023

Day 4: At Sea – Approaching South Georgia

07:45 Wake up call.

08:00-09:00 Buffet breakfast will be served in the Restaurant on Deck 4.

09:30-12:30 Preliminary biosecurity cleaning station available on Deck 3.

09:30 Martin welcomes you to the Observation Lounge for his lecture titled 'Seabird - Masters of sea and sky'.

11:30 Sara welcomes you to the Observation Lounge for her lecture 'An Introduction to Penguins of the Southern Ocean'.

12:30-13:30 Buffet lunch will be served in the Restaurant on Deck 4.

13:30 We would like to invite you to carry the **MANDATORY** South Georgia Biosecurity. We will call you in small groups to Deck 3, at which time you need to bring with you all your outer clothing, muck boots, Zodiac life jackets, rucksacks, camera bags that you wish to wear or take ashore in South Georgia.

16:15 Marijke invites you to the Observation Lounge for her presentation about How to identify Antarctic & sub-Antarctic Whales.

18:15 Daily Recap in the Observation Lounge.

19:00 Plated dinner will be served in the Restaurant on Deck 4.

20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.

21:00 We will do a screening of the movie about Shackleton's Endurance Expedition in the Lecture Room.

Please remember all blinds and curtains needed to be closed during hours of darkness to reduce the risk of bird strikes.

Sunrise: 07:28

Sunset: 19:01



DAILY PROGRAM

Date: Friday 31st March 2023

Day 5: South Georgia, Grytviken

07:45 Wake up call.

08:00-09:00 Buffet breakfast will be served in the Restaurant on Deck 4.

We encourage you to join the Expedition Team on the outside decks to enjoy our first views of South Georgia as we transit along the northern coastline.

12:00-13:00 Buffet lunch will be served in the Restaurant on Deck 4.

14:00+/- This afternoon we hope to take you ashore at Grytviken, however we will need to gain custom clearance and do our biosecurity checks with the Government Officers before we can start disembarkation which can be a timely process, so please be patient and listen to announcements. We will call you by colour group when we are ready, in the following order, please do not approach the shell doors on Deck 3, until you are called.

- | | |
|---------|-----------|
| 1) Blue | 3) Yellow |
| 2) Red | 4) Green |

Once ashore, please remember the following: -

- No sitting, kneeling, lying down or placing bags on the ground.
- No tripods/monopods or walking sticks ashore.
- Do not enter any of the old whaling buildings.
- Please remember distances to wildlife.

15:30 The Blue & Red Group will meet at the cemetery for a toast.

16:00 The Yellow & Green Group will meet at the cemetery for a toast.

18:30 Recap, including daily species list in the Observation Lounge.

19:00 Dinner will be served.

Please remember all blinds and curtains needed to be closed during hours of darkness to reduce the risk of bird strikes.

Sunrise: 06:45

Sunset: 18:23



DAILY PROGRAM

Date: Saturday 1st April 2023

Day 6: South Georgia, Fortuna Bay and Jason Harbour

06:00 Wake up call.

06:30-07:30 Buffet breakfast will be served in the Restaurant on Deck 4.

07:30+/- We invite the **Yellow** and **Green** Groups to the shell doors on Deck 3 to land at Fortuna Bay.

08:00+/- We invite the **Red** and **Blue** Groups to the shell doors on Deck 3 to Zodiac cruise at Fortuna Bay.

Groups will swap during the course of the morning.

12:30-13:30 Buffet lunch will be served in the Restaurant on Deck 4.

15:30+/- We invite the **Red** and **Blue** Groups to the shell doors on Deck 3 to land Zodiac cruise at Jason Harbour

16:00+/- We invite the **Yellow** and **Green** Groups to the shell doors on Deck 3 to Zodiac cruise at Jason Harbour.

19:00 Recap, including daily species list in the Observation Lounge.

19:30 Dinner will be served.

21:00+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.

Please remember all blinds and curtains needed to be closed during hours of darkness to reduce the risk of bird strikes.

Sunrise: 06:53

Sunset: 18:13



DAILY PROGRAM

Date: Sunday 2nd April

Day 7: South Georgia, St. Andrews

05:45 Wake up call.

06:00-07:00 Buffet breakfast will be served in the Restaurant on Deck 4.

07:00 We invite the Red and Blue Groups to the shell doors on Deck 3.

07:30 We invite the Yellow and Green Groups to the shell doors on Deck 3.

Everyone will get the chance to cruise and land at St Andrews.

Please note the best views of the King penguin colony are from the Zodiac, therefore we recommend everyone takes a cruise at some point during the morning.

12:00-13:00 Buffet lunch will be served in the Restaurant on Deck 4.

16:15 Meike invites you to the Observation Lounge for her lecture about the 'History of Whaling in Grytviken'.

18:15 Daily Recap, in the Observation Lounge.

19:00 Dinner will be served.

20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen during our time in South Georgia and fill in the trip's species list.

Please remember all blinds and curtains needed to be closed during hours of darkness to reduce the risk of bird strikes.

Sunrise: 06:51

Sunset: 18:06



DAILY PROGRAM

Date: Monday 3rd April

Day 8: At Sea, heading towards Gough Island.

07:45 Wake up call.

08:00-09:00 Buffet breakfast will be served in the Restaurant.

09:15 Elizabeth welcomes you to the Observation Lounge for her lecture titled **'Right Whales: The Whale Left Behind'**.

11:00 Bob invites you to the Lecture Room for his presentation titled **'Arctic: Antarctic; what's the difference?'**.

12:00-13:00 Buffet lunch will be served in the Restaurant on Deck 4.

Please note we will move the clocks forward 1 hour at 12 o'clock.

14:00 Marijke invites you to the Lecture Room for her lecture about the **Southern Ocean Cetacean Environmental Program**, a survey she carried out for the Australian Antarctic Division.

16:00 Sara welcomes you to the Observation Lounge for her lecture about **'Women in Antarctica'**.

17:00–18:00 **'Perfect score Happy Hour'** in the Bar (Deck 5).

18:15 Daily Recap, in the Observation Lounge.

19:00 Dinner will be served.

20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.

21:00 **Star Gazing** with Lothar on Deck 7 aft, subject to cloud-cover, please listen to announcements.

Sunrise: 07:08

Sunset: 18:38



DAILY PROGRAM

Date: Tuesday 4th April

Day 9: At Sea, heading towards Gough Island.

07:45 Wake up call.

08:00-09:00 Buffet breakfast will be served in the Restaurant.

09:15 Conrad invites you to the Observation Lounge for his presentation titled **'Atlantic Guardians - Pristine seas, managing our Marine Protected Areas'**.

11:00 Chris welcomes you to the Lecture Room for his lecture about **'Weather Patterns and Forecasting in the Southern Ocean'**.

12:00-13:00 Buffet lunch will be served in the Restaurant on Deck 4.

Please note we will move the clocks forward 1 hour at 12 o'clock.

14:15 Georgina invites you to the Lecture Room for her lecture about the **'Wings on the wind – Counting Albatross in the Southern Ocean'**.

16:15 Ralf, our Executive Head Chef, invites you to the Observation Lounge for a presentation about **MV Hondius – behind the scenes and how we provision for 200 people for over a month at sea!**

18:15 Daily Recap, in the Observation Lounge.

19:00 Dinner will be served.

20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.

21:00 **Star Gazing** with Lothar on Deck 7 aft, subject to cloud-cover, please listen to announcements.

Sunrise: 07:01

Sunset: 19:01



DAILY PROGRAM

Date: Wednesday 5th April

Day 10: At Sea, heading towards Gough Island

- 07:45 Wake up call.
- 08:00-09:00 Buffet breakfast will be served in the Restaurant.
- 09:15 Pierre welcomes you to the Observation Lounge for his lecture about **Humpback Whales**.
- 11:00 Meike and Ross welcome you to the Lecture Room for their lecture titled '**Gough Island and the impact of house mice on the island's seabirds**'.
- 12:30-13:30 Buffet lunch will be served in the Restaurant on Deck 4.
- 14:00 Bob invites you to the Lecture Room for his presentation titled '**Why penguins don't fly?**'.
- 16:00 Conrad welcomes you to the Observation Lounge for a screening of the **RSPB Video about the environmental work taking place on Gough Island**.
- 18:15 Daily Recap, in the Observation Lounge.
- 19:00 Dinner will be served.
- 20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.
- 21:00 **Star Gazing** with Lothar on Deck 7 aft, subject to cloud-cover, please listen to announcements.

Sunrise: 07:46

Sunset: 18:54



DAILY PROGRAM

Date: Thursday 6th April

Day 11: At Sea – Approaching Gough Island

- 07:45 Wake up call.
- 08:00-09:00 Buffet breakfast will be served in the Restaurant.
- 09:15 Bob welcomes you to the Observation Lounge for his lecture titled '**Life in the depths – benthic communities deep below during our voyage**'.
- 11:00 Lothar invites you to the Lecture Room for his presentation titled '**Orientation on the Southern Sky**'.
- 12:30-13:30 Buffet lunch will be served in the Restaurant on Deck 4.
- 13:30-16:00 We invite you to Deck 3 for **Tristan da Cunha Biosecurity**. Be aware that the clothing you wear in the milder climate of Tristan may be different to what you wore on South Georgia. **Please remember to sign the declaration form once you have completed the self-audit.**
- 14:00 Marijke welcomes you to the Lecture Room for a mini lecture about **Seal Identification**.
- 16:00 Conrad welcomes you to the Observation Lounge for his presentation '**An Introduction to Tristan da Cunha**'.
- 18:15 Daily Recap, in the Observation Lounge.
- 19:00 Dinner will be served.
- 20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.
- 21:00 **Star Gazing** with Lothar on Deck 7 aft, subject to cloud-cover, please listen to announcements.

Please remember all blinds and curtains needed to be closed during hours of darkness to reduce the risk of bird strikes.

Sunrise: 07:21

Sunset: 18:40



DAILY PROGRAM

Date: Friday 7th April

Day 12: Gough Island

07:45 Wake up call.

08:00-09:00 Buffet breakfast will be served in the Restaurant.

09:15 One of our global trotting guests, Liliana Echevarria, welcomes you to the Lecture Room for a presentation about different Global Travel Clubs.

This morning we will approach Gough Island, we encourage you to join the Expedition Team on the outside decks to enjoy the views of this rarely visited island and look wildlife.

10:00 Birdwatching workshop on Deck 6 aft with Martin.

12:00-13:00 Buffet lunch will be served in the Restaurant on Deck 4.

On arrival at Gough Island, we will assess the weather and sea conditions and decide whether a Zodiac or ships cruise is the preferred option for our afternoon's activity. Please listen to announcements.

13:30+/- If we are able to offer a Zodiac cruise, it may be in one round or two rounds, depending on swell conditions, either way, we will start with the Yellow and Green groups and follow with the Blue and Red groups. Exact timings will be announced.

18:45 Daily Recap, in the Observation Lounge.

19:00 Dinner will be served.

20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.

21:00 **Star Gazing** with Lothar on Deck 7 aft, subject to cloud-cover, please listen to announcements.

Sunrise: 07:00



DAILY PROGRAM

Sunset: 18:26



DAILY PROGRAM

Date: Saturday 8th April

Day 13: Tristian da Cunha

07:45 Wake up call.

08:00-09:00 Buffet breakfast will be served in the Restaurant.

09:15 Conrad invites you to the Lecture Room for a screening of the 1961 black and white Film **'Step out of Time'** which documents the evacuation of the community when the volcano erupted.

12:30-13:30 Buffet lunch will be served in the Restaurant on Deck 4.

On arrival offshore from the settlement of Edinburgh of the Seven Seas we will need to assess the weather and sea conditions both at the gangway and in the harbour.

The Harbour Master will let us know if the harbour is open and whether the custom officials can come on board to give us ship's clearance. From this decision we will determine what operations are possible for the rest of the afternoon.

Please listen to announcements as we may call you to the Observation Lounge for a briefing after lunch.

18:15 Daily Recap, in the Observation Lounge.

19:00 Dinner will be served.

20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.

21:00 **Star Gazing** with Lothar on Deck 7 aft, subject to cloud-cover, please listen to announcements.

Please remember all blinds and curtains needed to be closed during hours of darkness to reduce the risk of bird strikes.

Sunrise: 07:07

Sunset: 18:33



DAILY PROGRAM

Date: Sunday 9th April

Day 14: Nightingale and Inaccessible Island

07:15 Wake up call.

07:30 -08:30 Buffet breakfast will be served in the Restaurant.

During breakfast the Expedition team will assess weather and sea conditions at Nightingale Island.

Please stand by for announcements concerning possible activities on or around this beautiful island.

09:15 Marijke invites you to the Lecture Room for her presentation about 'Elusive Beaked Whales'. (Subject to time change if we can carry out off ship operations)

12:30-13:30 Buffet lunch will be served in the Restaurant.

14:00 Lothar invites you to the Lecture Room for his Astronomical Navigation lecture, followed by a workshop on how to use a sextant.

After lunch we will reposition the ship to Inaccessible Island and once again we will assess conditions before deciding on what activities might be possible, please listen to announcements.

18:15 Daily Recap, in the Observation Lounge.

19:00 Dinner will be served.

20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.

21:00 **Star Gazing** with Lothar on Deck 7 aft, subject to cloud-cover, please listen to announcements.

Please remember all blinds and curtains needed to be closed during hours of darkness to reduce the risk of bird strikes.

Sunrise: 07:10

Sunset: 18:32



DAILY PROGRAM

Date: Monday 10th April

Day 15: Tristian da Cunha

07:15 Wake up call.

07:30-08:30 Buffet breakfast will be served in the Restaurant.

There will be packed lunch items available for you to make a sandwich to take ashore. **Please note, you must not take fruit ashore.**

Food is also available on the island from Café da Cunha, the Albatross Bar and the Island Store.

The Harbour Master will let us know when the harbour is open for us to go ashore, so please listen to announcements for timings.

We hope to make the most of our visit to the island, but should conditions change the staff will let you know or the ship's horn will be sounded.

Remember that toilets are available at the Tourist Centre and Prince Philip Community Hall so there will be no Zodiac toilet shuttles.

18:15 Daily Recap, in the Observation Lounge.

19:00 Dinner will be served.

20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.

21:00 **Star Gazing** with Lothar on Deck 7 aft, subject to cloud-cover, please listen to announcements.

Sunrise: 07:10

Sunset: 18:30



DAILY PROGRAM

Date: Tuesday 11th April

Day 16: Tristian da Cunha

06:45 Wake up call.

07:00-08:00 Buffet breakfast will be served in the Restaurant.

There will be packed lunch items available for you to make a sandwich to take ashore. **Please note, you must not take fruit ashore.**

Food is also available on the island from Café da Cunha, the Albatross Bar and the Island Store.

The Harbour Master will let us know when the harbour is open for us to go ashore, so please listen to announcements for timings.

We hope to make the most of our visit to the island, but should conditions change the staff will let you know or the ship's horn will be sounded.

Remember that toilets are available at the Tourist Centre and Prince Philip Community Hall so there will be no Zodiac toilet shuttles.

18:15 Daily Recap, in the Observation Lounge.

19:00 Dinner will be served.

20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.

21:00 **Star Gazing** with Lothar on Deck 7 aft, subject to cloud-cover, please listen to announcements.

Sunrise: 07:13

Sunset: 18:27



DAILY PROGRAM

Date: Wednesday 12th April

Day 17: At Sea, heading towards St Helena.

07:45 Wake up call.

08:00-09:00 Buffet breakfast will be served in the Restaurant.

09:15 Elizabeth welcomes you to the Observation Lounge for her presentation titled **'What does it mean to be Endangered? An Explanation of the Red List'**.

11:30 Conrad invites you to the Lecture Room for a presentation titled **'Shipwrecks of Tristan da Cunha'**.

12:30-13:30 Buffet lunch will be served in the Restaurant on Deck 4.

16:00 Ross invites you to his short presentation about **'Island Invasive Species'** in the Lecture Room, after which several other staff and guests will be invited to give a brief overview of the various projects they have been involved in.

18:15 Daily Recap, in the Observation Lounge.

19:00 Dinner will be served.

20:30+/- To celebrate **'Space Day'**- 62 years after the first human went into space, Lothar invites you in the Lecture Room for a picture show with images of the Earth at night, taken from the ISS, with Auroras. If weather permits, he will offer a star gazing session afterwards.

20:30+/- Please join the Expedition Team in the Observation Lounge to have a look at the species we've seen today and fill in the trip's species list.

Sunrise: 07:06

Sunset: 18:25



DAILY PROGRAM

Date: Thursday 13th April

Day 18: At Sea, heading towards St Helena.

07:45 Wake up call.

08:00-09:00 Buffet breakfast will be served in the Restaurant.

09:15 Pierre invites you to the Observation Lounge for his presentation about the **International Whaling Commission (IWC) and CCAMLR**.

11:30 Chris invites you to the Observation Lounge for his lecture titled '**From isolation to the world beyond, growing up as a part of New Zealand's remotest family**'.

12:30-13:30 Buffet lunch will be served in the Restaurant on Deck 4.

14:00 **Towel folding workshop** by our Hotel Crew (please sign-up the day before) in the Observation Lounge.

15:00 Conrad will be in the library to **hand-out & sign his 'Rockhopper Copper'** books. Please come and pick-up your pre-ordered copy.

15:30 **Mardik Leopold** will give a lecture titled '**Cute? Grey Seals eat Harbour Porpoises!**' in the Lecture Room.

18:15 Daily Recap, in the Observation Lounge.

19:00 Plated Dinner in the Restaurant.

20:45+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.

Sunrise: 06:57

Sunset: 18:23



DAILY PROGRAM

Date: Friday 14th April

Day 19: At Sea, heading towards St Helena.

- 07:45 Wake up call.
- 08:00-09:00 Buffet breakfast will be served in the Restaurant.
- 09:15 Bob invites you to the Lecture Room for his presentation titled '**Atlantic Islands**'.
- 11:30 Sara Welcomes you to the Lecture Room for her presentation on '**Krill: The Keystone Species of the Southern Ocean**'.
- 12:30-13:30 Buffet lunch will be served.
- 13:30 Chief officers welcomes you for an inspection in the lifeboats. Please listen out for announcements.
- 14:00 **Cocktail workshop** by our barman Rolando (please sign-up day before) in the Observation Lounge.
- 16:00 Join Conrad in the Lecture Room for a screening of a film about the **History of Saint Helena**.
- 18:15 Daily Recap, in the Observation Lounge.
- 19:00 Dinner will be served in the Dining Room.
- 20:30 Hadoram Shirihi will give a presentation titled '**Why is it so difficult to prove a petrel is not extinct?**' in the Lecture Room.
- 21:00 **Star Gazing** with Lothar on Deck 8 aft, subject to cloud-cover, please listen to announcements.

Sunrise: 07:10

Sunset: 18:20



DAILY PROGRAM

Date: Saturday 15th April

Day 20: At Sea, heading towards St Helena.

- 07:45 Wake up call.
- 08:00-09:00 Buffet breakfast will be served in the Restaurant.
- 09:15 Please join Marijke for a presentation about **'Flying Fish'** in the Lecture Room.
- 10:00+/- We will **collect your rubber boots**. We will call you deck by deck, please listen to announcements.
- 11:30 Bob invites you to the Lecture Room for his presentation about **Napoleon and Saint Helena**.
- 12:30-13:30 Buffet lunch will be served in the Restaurant on Deck 4.
- 14:00 Lothar invites you to the Lecture Room for a presentation about **'Astrophotography with simply camera equipment'**.
- 15:00 Meeting in the Lecture Room for passengers & crew that plan to go **diving** at Saint Helena. Bring your 'paperwork' please.
- 16:00 Meike invites you to the Lecture Room for a presentation about **Endemic trees and the recovery of national flowers of Saint Helena**.
- 17:30 For those **guests disembarking in Saint Helena only**, we will do an exclusive viewing of the slideshow and a Captains Farewell Cocktail in the Lecture Room.
- 18:15 Daily Recap, in the Observation Lounge.
- 19:00 Dinner will be served.
- 20:45+/- Please join the Expedition Team in the Observation Lounge to have a look at the species we've seen today and fill in the trip's species list.
- 21:00 **Star Gazing** with Lothar on Deck 8 aft, subject to cloud-cover, please listen to announcements.
- Sunrise: 06:42
- Sunset: 18:17



DAILY PROGRAM

Date: Sunday 16th April

Day 21: St Helena.

07:45 Wake up call.

08:00-09:00 Buffet breakfast will be served in the Restaurant.

09:15 Conrad welcomes you to the Lecture Room for a presentation titled '**St Helena, a period of change**' which explains the impact of losing the RMS passenger/cargo ship and being replaced with an airport

During the morning we will approach St Helena and hope to be anchoring in the bay just off Jamestown around lunch time. On arrival we will send a Zodiac ashore to collect the Customs Officials ready to clear the ship for disembarkation. Once we are cleared by the authorities, we will begin to shuttle you ashore for your first afternoon on St Helena. **Please listen for announcements for timings!**

12:00-13:00 Buffet lunch will be served in the Restaurant on Deck 4.

The Island and Napoleon tour will be offered this afternoon, if you wish to join, please be ready at the landing site at 14:00.

If you don't wish to join the island tour you will have the afternoon to explore the town at your leisure.

Please remember to take water and sunscreen with you!

Zodiacs will run between the Landing Pier and Hondius at the following times:- **17:00, 18:00, 19:00, 21:00, 22:00, 23:00.**

Last Zodiac back to the ship 23:00

19:00 **BBQ Party on Deck 5, with free Drinks!**

Sunrise: 06:31

Sunset: 18:14



DAILY PROGRAM

Date: Monday 17th April

Day 22: St Helena.

07:15 Wake up call.

07:30-08:30 Buffet breakfast will be served in the Restaurant.

You can make a pack lunch to take ashore with you

Please do not take any vegetables, fruit, or honey ashore.

If you wish to have lunch on board please sign up at reception before leaving the ship in the morning.

08:15+ We will be offering Zodiac shuttles ashore.

09:00 Hunt for the Wirebird tour- meet at the landing site.

09:30 Birdwatching and Dolphin boat tour- meet at the shell doors.

10:00 Plantation House tour - meet at the landing site.

13:00 Hunt for the Wirebird tour- meet at the landing site.

13:00 Distillery tour – meet at the landing site.

14:00 Birdwatching and Dolphin boat tour - meet at the shell doors.

16:00 Scuba diving – meet at the landing site.

We will also be offering Zodiac shuttles from the ship for those who wish to snorkel in the harbour.

Please remember to take water and sunscreen with you!

12:00-13:00 A light buffet lunch will be served.

Zodiacs will run between the Landing Pier and Hondius at the following times:- **11:00, 12:00, 13:00, 14:00, 15:00, 17:00, 18:00, 19:00, (please note, no 20:00 shuttle) 21:00, 22:00.**

Last Zodiac back to the ship 23:00

19:00 Dinner.

Sunrise: 06:12

Sunset: 18:13



DAILY PROGRAM

Date: Tuesday 18th April

Day 23: St Helena.

- 07:15 Wake up call.
For those guests disembarking in St Helena, we ask that you leave your luggage outside your cabin before going to breakfast and that you vacate your cabin by 09:00 at the latest.
- 07:30-08:30 Buffet breakfast will be served in the Restaurant.
- 08:15+ We will be offering Zodiac shuttles ashore.
- 09:00 Hunt for the Wirebird tour- meet at the landing site.
- 09:30 Birdwatching and Dolphin boat tour- meet at the shell doors.
- 09:30 Town tour – meet at the landing site.
- 10:00 Plantation House tour – meet at the landing site.
- 11:00 Distillery tour – meet at the landing site
We will also be offering Zodiac shuttles for those who wish to snorkel in the harbour. Pick up from the shell doors will be at **09:15 & 10:45**.
Last Zodiac back to the ship 14:00.
- 13:00-14:00 Buffet lunch will be served.
After lunch we will set sail for Ascension Island, we encourage you to join the Expedition Team on the outside decks and look for wildlife.
- 16:00 For those guests that have joined us in St Helena, there will be a **MANDATORY** ship safety briefing in the Lecture Room on Deck 5 and a welcome orientation from the Hotel Manager and Expedition Leader.
- 18:15 Daily Recap in the Observation Lounge.
- 19:00 Plated dinner will be served in the Restaurant.
- 20:30+/- Please join the Expedition Team in the Lecture Room to have a look at the species we've seen today and fill in the trip's species list.
- 21:00 Star Gazing with Lothar on Deck 7 aft, subject to cloud-cover, please listen to announcements.

Sunrise: 06:14

Sunset: 18:12