

# 2005-06 MONARCH BASKETBALL

# GAME NOTES



OLD DOMINION UNIVERSITY  
VS.  
VMI

ODU CURRENT RECORD: 3-1  
ODU CAA RECORD: 0-0

## GENERAL INFORMATION

LOCATION: Norfolk, Va. 23529  
NICKNAME: Monarchs  
FOUNDED: 1930 (as the Norfolk Division of The College of William & Mary)  
ENROLLMENT: 21,200  
SCHOOL COLORS: Slate Blue (PMS 540), Silver (PMS 877), & Light Blue (PMS 283)  
HOME COURT: Ted Constant Convocation Center (8,650)  
SURFACE: Wood  
CONFERENCE: Colonial Athletic Association  
PRESIDENT: Dr. Roseann Runte (SUNY New Paltz '68)  
ATHLETIC DIRECTOR: Dr. Jim Jarrett (SIU-Carbondale '59)  
OFFICE PHONE: 757-683-3369  
SR. WOMEN'S ADMINISTRATOR: Deb Polca  
ATHLETIC DEPARTMENT PHONE: 757-683-3375  
TICKET OFFICE PHONE: 757-683-4444  
ATHLETIC TRAINER: Scott Johnson  
OFFICIAL WEBSITE: www.odusports.com

## COACHING STAFF

HEAD COACH: Blaine Taylor (Montana '81)  
RECORD AT ODU: 72-50, Fifth year  
CAREER RECORD: 214-115 (11 yrs)  
ASSISTANTS: Jim Corrigan (Duke '80),  
Rob Wilkes (Stetson '93) &  
Travis DeCuire (Montana '94)  
DIR. OF BASKETBALL OPERATIONS:  
John Richardson (Elizabeth City St. '95)  
OFFICE PHONE: 757-683-3362  
BASKETBALL SECRETARY: Annette Manley

2004-05 RECORD: 28-6 (school record)  
2004-05 CAA RECORD: 15-3, CAA Champions  
POST SEASON: NCAA 1st rd, lost to Michigan St., 89-81 (Worcester, MA.)

## HISTORY

FIRST YEAR OF BASKETBALL: 1930-31  
OVERALL ALL-TIME RECORD: 1073-782 (75 years) .574  
FIRST YEAR OF DIV. I. BASKETBALL: 1976-77  
DIVISION I ALL-TIME RECORD: 516-355 (29 yrs) .583  
NO. YRS IN NCAA TRN/LAST:  
8/ 2005, lost to #5 seed Michigan St., 89-81  
NO. YRS IN NIT TRN/LAST:  
9/ 1999 Lost 2nd rd at Butler, 75-62

## HEAD COACH:

Blaine Taylor (Montana '81)  
Career Record: 215-115 (.633) in 12 seasons  
Record at ODU: 73-50 (5<sup>th</sup> season)  
Record at Montana: 142-65 (7 years) 1991-1998

## MONARCH PROBABLE STARTERS

F 20 Brian Henderson, 6-4, So, Richmond, VA. 6.8 ppg/ 2.8 rpg  
F 40 Alex Loughton, 6-9, Sr, Perth Australia, 15.3 ppg/ 8.0 rpg  
F 31 Arnaud Dahi, 6-7, Jr, Ivory Coast, 15.5 ppg/ 4.0 rpg  
OR  
F 42 Valdas Vasylius, 6-7, Jr., Klaipeda, Lithuania, 11.5 ppg/3.3 rpg  
G 10 Drew Williamson, 6-0, Jr, 10.5 ppg/ 4.0 apg  
G 1 Isaiah Hunter, 6-2, Sr, Charlotte, NC, 6.8 ppg/ 2.3 rpg

## OFF THE BENCH

G 4 Brandon Johnson, 6-1, So., Orlando, FL. 4.5 ppg/ 3.0 apg  
G 3 John Morris, 6-2, Jr., Camp Hill, PA. 2.3 ppg/ 1.0 rpg  
G 11 Abdi Lidonde, 6-2, So, Sutton, MA. 0.0 ppg/ 0.0 rpg  
C 30 Sam Harris, 7-3, So., Newnham, Tasmania 0.5 ppg/ 0.3 rpg  
F 21 Jason Thompson, 6-5, So, Sanford, NC. 0.5 ppg/ 1.8 rpg.  
F 34 Jonathan Adams, 6-6, Fr., Ringold, GA. 1.0/1.8  
C 55 Janko Mrksic, 6-10, Jr., Ontario, Canada, 0.0 ppg/ 0.0 rpg.

## ODU VS. VMI

ODU leads, 18-4  
First Meeting: 1967-68, VMI wins, 96-88

Last Meeting: 2004-05, ODU wins 86-38.  
Arnaud Dahi led ODU with 18 points, while Alex Loughton added 17. Sam Harris blocked seven shots. VMI shot .276 from the floor, while ODU shot .547.

## LAST GAME

The Monarchs defeated Mount St. Mary's in the Home opener, 80-57. Arnaud Dahi led with 22 points and seven rebounds, while Alex Loughton added 14 points and eight rebounds. ODU shot .600 from the floor, and outrebounded the Mount, 36-22.



2005 COLONIAL ATHLETIC ASSOCIATION CHAMPIONS

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## OLD DOMINION UNIVERSITY

### STATISTICAL CAMPARISONS (2005-06)

	ODU	VMI
Points	75.0	55.0
Opp Pts	64.5	67.3
FG%	.466	.395
OPP FG%	.392	..375
3PT FG%	.319	.300
FT%	.771	.600
REBS:	34.2	37.0
OPP REBS:	.36.2	38.3
ASSTS:	14.0	11.7
Turnovers	13.0	20.7
Steals	7.8	7.0
Blocks	3.8	1.7

### NOTES FROM LAST YEAR:

- ▶▶ 28 wins is a new school record for a single season.
- ▶▶ ODU had ten or less turnovers ten times.
- ▶▶ ODU held opponents to less than 40 percent shooting 17 times.
- ▶▶ 329 steals is a new school record.
- ▶▶ Blaine Taylor won his 200<sup>th</sup> game at Hofstra. Jan. 19.
- ▶▶ The 10,650 in attendance for the ODU-VCU CAA title game is a new Conference record.

### PRE-SEASON HONORS

CAA ODU picked to repeat as CAA champions  
Alex Loughton 1<sup>st</sup> team & Isaiah Hunter 2<sup>nd</sup> team

Street & Smith's Alex Loughton 3<sup>rd</sup> All-American

Lindy's ODU ranked 21<sup>st</sup>  
Foxsports.com ODU ranked 21<sup>st</sup>  
Associated Press ODU receiving votes  
ESPN/USA Today ODU receiving votes

### THIS DATE IN ODU HISTORY

Nov. 30, 1996, ODU defeats UNC Charlotte, 65-64 as Odell Hodge scores 18 with ten rebounds and Mike Byers adds 17 points with a career high ten boards at Scope.

### APPROACHING MILESTONES

Senior Isaiah Hunter has 995 career points.

Alex Loughton has 1249 career points and 712 career Rebounds. He currently ranks 24<sup>th</sup> on ODU's all-time scoring list and 15<sup>th</sup> on the ODU all-time rebound list. His next basket will put him pass Charlie Smith ('85).

### ODU TV SCHEDULE

Nov. 21	8:30 p.m.	Wisconsin	Comcast & Fox Sports
Dec. 3	7:00 p.m.	East Carolina	WITN Greenville (tape delayed on Comcast Dec. 4th at 1:30 am & 10:30 am)
Dec. 10	3:00 p.m.	at Drexel	CN8 and WSKY channel 4
Dec. 17	4:00 p.m.	DePaul	Comcast
Dec. 20	7:00 p.m.	at Richmond	Comcast
Jan. 7	Noon	Northeastern	Comcast
Jan. 14	Noon	VCU	Comcast
Jan. 28	2 p.m.	at GMU	Comcast
Feb. 11	6 p.m.	at VCU	ESPN2
Feb. 15	7 p.m.	Georgia St.	Comcast
Feb. 18	TBA	Bracket Busters	TBA ESPN
Feb. 23	7 p.m.	at JMU	Comcast

### Other Notes:

Old Dominion plays teams from eight different conferences, which include SEC, ACC, Big East, Big 10, Big Sky, Conference USA, Northeast, and Atlantic 10.

### Upcoming Games:

Saturday December 3rd vs. East Carolina 7:00 p.m.  
Wednesday December 7th vs. George Mason



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NACDA National-Scholar

Alex Loughton (1<sup>st</sup> team)

### ODU HOME W-L RECORD

14-1 in 2004-05  
 14-4 in 1981-82  
 13-1 in 1979-80 & 1983-84  
 9-0 in 1992-93

### ODU 25-PLUS WIN SEASONS

28-6 in 2004-05 (NCAA Tournament)  
 25-4 in 1976-77 (NIT, 1<sup>st</sup> Div. I season)  
 25-6 in 1974-75 (NCAA Div. II Champions)  
 25-5 in 1979-80 (1<sup>st</sup> NCAA Div. I Trn.)  
 25-9 in 1998-99 (NIT 2<sup>nd</sup> round)

### 2004-05 HONORS

CAA Tournament Champions  
 CAA Player of the Year Alex Loughton  
 All-CAA Alex Loughton (1<sup>st</sup> team)  
 Isaiah Hunter (2<sup>nd</sup> team)  
 Arnaud Dahi (3<sup>rd</sup> team)  
 CAA All-Defensive Drew Williamson  
 CAA All-Academic Alex Loughton  
 CAA All-Tournament Alex Loughton (MVP)  
 Isaiah Hunter  
 Drew Williamson  
 CAA Coach of the Year Blaine Taylor

*Texas Corpus Christi Challenge*  
 ODU goes 3-1 to capture the Corpus Christi Challenge, defeating Kent State, 64-59; TCU, 67-62; Shawnee State, 99-54 then lost to Texas A&M Corpus Christi, 71-67. Even though ODU, Kent State and Corpus Christi were 3-1, ODU allowed fewer points. Florida State finished 1-3, TCU was 2-2 and Shawnee State was 0-4.

MVP Isaiah Hunter  
 All-Tournament Isaiah Hunter, Alex Loughton, Arnaud Dahi

CAA Player of the Week: 11-29 Isaiah Hunter  
 12-20 Arnaud Dahi  
 8-8 Alex Loughton

CBS Player of the Game Valdas Vasylius

Atd Press Alex Loughton (HM)  
 NABC All-Dist. IV Alex Loughton (1<sup>st</sup> team)  
 CoSIDA Academic All Dist. Alex Loughton (1<sup>st</sup> team)  
 3.42 GPA-Business

### MONARCH SEEDS IN NCAA TOURNAMENT

1980 9<sup>th</sup> 1982 10<sup>th</sup> 1985 12<sup>th</sup>  
 1986 8<sup>th</sup> 1992 15<sup>th</sup> 1995 14<sup>th</sup>  
 1997 14<sup>th</sup> 2005 12<sup>th</sup>

### PAST ODU NCAA TOURNAMENT RESULTS

1979-80	L	74-87	UCLA	Tempe, AZ
1981-82	L	57-74	Wake Forest	Charlotte, NC.
1984-85	L	68-85	SMU	Hartford, CT.
1985-86	W	72-64	West Virginia	Greensboro, NC.
	L	61-89	Duke	Greensboro, NC.
1991-92	L	69-88	Kentucky	Worcester, MA.
1994-95	W	89-81(3ot)	Villanova	Albany, NY.
	L	52-64	Tulsa	Albany, NY.
1996-97	L	51-55	New Mexico	Pittsburgh, PA.
2004-05	L	81-89	Michigan St.	Worcester, MA.

### BLAINE TAYLOR AND THE NCAA TOURNAMENT

92-92 27-4 at Montana 14<sup>th</sup> seed Lost to Florida State, 78-68  
 1996-97 21-11 at Montana 16<sup>th</sup> seed, lost to Kentucky, 92-54  
 2004-05 28-6 at ODU 12<sup>th</sup> seed, lost to Michigan State, 89-81

CAA MONARCH	RANKINGS	TEAM
Scoring	75.0	3rd
Scoring Defense	64.5	6th
Free Throw PCT	.771	1st
Field Goal Pct	.466	6th
FG PCT Def.	.392	4th
3PT FG PCT	.319	5th
3PT FG Def.	.311	9th
Rebounding	34.2	10th
Rebound Def.	36.2	12th
Rebound Margin	-2.0	12th
Blocked Shots	3.8	7th
Assists	14.0	8th
Steals	7.8	4th
Asst/TO. Ratio	1.1	3rd

### INDIVIDUALS

Scoring	Dahi	15.5	9th
	Loughton	15.3	10th
Rebounding:	Loughton	8.0	5th
FG PCT	Dahi	61.0	5th
Assists	Williamson	4.0	10th
Free Throw PCT:	Loughton	.800	10th
Steals	Vasylius 1.9	14th	
Asst/TO Ratio	Williamson	1.0	8th
Blocks	Loughton	1.9	6th
Off; Rebounds	Loughton	2.5	15th
Def. Rebounds	Loughton	5.5	6th
DEF Rebounds	Loughton	7.0	3rd



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### ODU'S TOP DOUBLE DOUBLE PERFORMERS

(Single Season)

1. Chris Gatling (20) in 1990-91
2. Wilson Washington (19) in 1976-77
3. Mark West (17) in 1982-83
4. Mark West (16) in 1981-82

Odell Hodge (16) in 1996-97

& Dave Twardzik (16) in 1970-71 (ast/pts)

### ODU CAREER TRIPLE DOUBLE PERFORMERS

Wilson Washington (4)

Mark West (3)

### ODU'S RECORD WHEN:

Days:

Mondays (0-1)

Tuesdays (0-0)

Wednesdays (0-0)

Thursdays (0-0)

Fridays (2-0)

Saturdays (1-0)

Sundays (0-0)

Points

40-59: (0-0)

60-69: (1-0)

70-79: (1-0)

80-89: (1-1)

90-99: (0-0)

100 +: (0-0)

Overtime: 0-0

When ODU outrebounds Opp: 1-0

When Opp. rebound ODU: 2-1

20+ turnovers: 0-0

Less than 20 turnovers: 2-1

**NATIONALLY in 2005**  
**The Monarchs rank**

10<sup>th</sup> in Won-Loss Record

20<sup>th</sup> in scoring defense

16<sup>th</sup> in steals

18<sup>th</sup> in fewest turnovers

20<sup>th</sup> in scoring margin (10.9)

25<sup>th</sup> in assists per game



### ALL-TIME SERIES WITH CAA TEAMS

#### Delaware

Series Record: 6-4

Last Meeting: ODU wins, 56-49 (2-9-05)

Last UD Win: 1-17-04, 64-62 (A)

#### Drexel

Series Record: ODU leads, 5-4

Last Meeting: Jan 31, 05, ODU wins, 86-72

Last Drexel Win: 2003-04, 82-66 in Philadelphia

#### George Mason

Series Record: ODU, 27-11

Last Meeting: GMU wins, 74-58 (2-16-05)

Last ODU win: 1-15-05, ODU wins, 71-58(H)

#### Hofstra

Series Record: ODU, 7-4

Last Meeting: 3-6-05, ODU wins, 72-58(CAA)

Last Hofstra win: 2-23-05, Hofstra wins, 66-63 (A)

#### James Madison

Series Record: ODU, 42-22

Last Meeting: 2-26-05, ODU wins 82-60(A)

Last JMU Win: 2002-03, 74-66 (A)

#### UNC Wilmington

Series Record: ODU, 21-15

Last Meeting: 2-5-05, ODU wins, 74-63 (A)

Last UNCW Win: 2001-02, 66-56 (A)

#### Towson

Series Record: ODU, 14-1

Last Meeting: 2-2-05, ODU wins, 70-59(H)

Last TU Win: 2001-02, 67-56 (H)

#### Virginia Commonwealth

Series Record: 34-36

Last Meeting: 3-7-05, ODU wins, 73-66(CAA)

Last VCU win: 1-29-05, 75-71 (H)

#### William & Mary

Series Record: ODU, 52-14

Last Meeting: 3-5-06, ODU, 64-51(CAA)

Last W&M Win: 1-26-04, 86-77(A)



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### CAREER HIGHS

**Isaiah Hunter**

- Points: 28 vs. Hofstra (2-7-04)
- REBS: 9 vs. Drexel (1-3-04)
- Asst: 10 vs. Drexel (3-8-03) CAA Trn.
- 3PT FGM: 6, vs. Hofstra (2-7-04)

**Alex Loughton**

- Points: 45 vs. Charlotte (12-06-03)
- Rebs: 16, vs George Mason (12-28-04)
- ASST: 6, vs. Charlotte (12-06-03)
- Steals: 5, vs. UNCW (1-28-04), & St. Joe (12-22-04)
- Blks: 3, vs. Liberty (12-18-03) & Towson(1-31-04)

**Arnaud Dahi**

- Points: 25, at Wisconsin (11-21-05)
- Rebs: 12, vs. St. Joseph's (11-29-03)
- Blks: 4, (4 times last year)
- Asst: 5, vs. Charlotte (12-06-03)

**John Morris**

- Points: 12, vs VMI (12-1-04)
- Rebs: 5, vs Maryland Eastern Shore (12-14-02)
- Asst: 6, vs. UMES (12-14-02)

**Valdas Vasylius**

- Points: 29, vs Towson (2-2-05)
- Rebs: 12, vs. South Alabama (11-20-04)
- Assts: 5, vs. JMU (2-11-04)

**Drew Williamson**

- Points: 15, at Hofstra (1-19-05)
- Rebs: 7, vs. GMU (1-15-05)
- Asst: 8, vs. Hofstra (3-6-04), St. Joe (12-22-04) & VCU(2-12-05)

**Sam Harris**

- Points: 14 vs. Shawnee State (11-27-04)
- Rebs: 6, vs Shawnee State (11-27-04)
- Blks: 7, vs VMI (12-1-04)

**Brandon Johnson**

- Points: 12 vs Hofstra (2-23-05), vs Georgia (11-18-05)
- Rebs: 7, at ECU (12-12-04).
- Assts: 10, vs. Towson (2-2-05)
- Steals: 6, at Delaware (2-9-05)

**Brian Henderson**

- Points: 11, vs. VMI (12-1-04)
- Rebs: 5, vs. Shawnee St.(11-27-04), vs. Georgia (11-18-05)
- Assts: 3, vs. Shawnee State (11-27-04) & ETSU(12-18-04)

**Jason Thompson**

- Points: 4, vs. ETSU (12-18), Longwood (12-20) & Hofstra (1-19)
- Rebs: 5, vs. Longwood (12-20-04)
- Assts: 1, vs. VMI (12-01-04)

**Jonathan Adams**

- Points: 2, vs. Georgia (11-18-05) & Mt.St.Mary's (11-26-05)
- Rebs: 3, vs. Fordham (11-19-05)
- ASSTS: 0

**Janko Mrksic**

- Points: 6, vs. GMU (2-24-03) & W&M (2-25-04)
- Rebs: 6, vs. W&M (2-25-04)
- Assts: 2, vs. Delaware (2-22-03) & Charlotte (12-6-03)

**Abdi Lidonde**

- Points: 15, vs. UNC (11-22-03)
- Rebs: 4, vs UNC (11-22-03)
- Assts: 2, Liberty (12-18-03)

### TRACKING THE MONARCHS--

**Radio:** For the 13<sup>th</sup> straight season ESPN1310 Radio will be broadcasting all the Monarch contests. John Castleberry will be providing the play-by-play with Rick Kiefner and Billy Mann adding the color commentary at all home games and selected Away contests.



**Internet:** The official Old Dominion athletics website is at [www.odusports.com](http://www.odusports.com) which carries the most up-to-date information on the Monarchs. Bios, game stories, stats and box scores can be found along with game notes the morning of the scheduled contests. The live ESPN1310 Radio broadcast of all Monarch games can be heard over the web. All home non-televvised games will be videostreamed this season on the athletic website, [www.odusports.com](http://www.odusports.com). Fans can watch the games live from the Constant Center for a monthly fee of \$6.95 through the College Pass program which Also provides the audio and video broadcasts of over 100 colleges and universities.



**Coaches Show:** Head Coach Blaine Taylor will join John Castleberry live on ESPN1310 Radio on Monday's from 5:00 p.m. – 6:00 p.m. throughout the season to review the previous week's games and give an insight into the upcoming Monarch matchups.

**CAA Telephonic Press Conferences:** Members of the media are invited to participate in the CAA's weekly telephonic press conference series. The first call will be Jan. 3 and run each Tuesday morning through Feb. 28. CAA coaches will be available to answer questions beginning at 10:10 a.m. The number to call is 1-888-677-9010. Members of the media should contact Tripp Sheppard at the CAA office for the password to access the call. **Blaine Taylor** will be on each call at 10:30 a.m.



COLONIAL ATHLETIC ASSOCIATION



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## OLD DOMINION UNIVERSITY

### Did You Know

Five Old Dominion alumni were part of Olympic medals won at the recent Summer Games in Athens, Greece.

*Oliver Purnell* ('75)-Asst. coach with Team USA Men's Basketball (Bronze Medal), *Anne Donovan* ('83) -Asst. coach with Team USA Women's Basketball(Gold Medal), *Charles Ogletree* ('89) – Sailor on Team USA Tornado class (Silver Medal), *Marina DiGiacomo* ('01)- Argentina field hockey team (Bronze Medal), *Macha va der Vaart* ('91) – Netherlands field hockey team (Silver Medal)

In all, 21 ODU alumni have competed in past Olympic games.

ESPN Sportscenter anchor Jay Harris is a 1987 ODU graduate.

Bob Pritchett ('68) who scored 67 points in a game against RPI and 47 in a game against Hampden-Sydney in 1968 currently lives in Grove City, Ohio (outside Columbus). He is Deputy Supervisor for a juvenile correction facility there.

In 1994-95, ODU played four top-25 teams. The Monarchs defeated #9 Villanova, 89-81 in triple overtime in the NCAA first round. During the regular season, ODU played at #14 Virginia, and #14 Arizona State and host #1 North Carolina .

Assistant coach Jim Corrigan is in his 19<sup>th</sup> year as an assistant on the collegiate level, all in the CAA.

Assistant coach Rob Wilkes is the son of legendary Stetson head Coach Glenn Wilkes.

Assistant coach Travis DeCuire played for Taylor at Montana from 1991-94 and earned All-Big Sky honors in 1993 and 1994.

Of the eight Monarchs who have played in the NBA, two were first round draft picks. Chris Gatling (16<sup>th</sup> overall in 1991 by Golden State) and Cal Bowdler (17<sup>th</sup> overall in 1999 by Atlanta). Gatling played in the 1997 NBA all-star game. both are currently playing overseas (Gatling in Russia).

The nickname of the state of Virginia is the "Old Dominion."

### MONARCH CO-CAPTAINS

This year's co-captains are Alex Loughton and Drew Williamson.

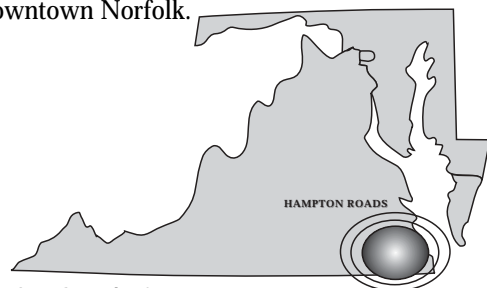
### MONARCH RECRUITING

The Monarchs signed Marsharee Neely, a 6-2, 180-pound guard from Page High School in Greensboro, NC. As a junior Neely earned first team All-Metro Conference Honors. He was named first team All-Area, and All-City as he averaged 18.1 points, 8.3 rebounds and 4.0 assists per game. Page High School compiled a 18-9 record, finished second in the Metro Conference and reached the final 16 of the State 4A tournament.



### ABOUT NORFOLK/HAMPTON ROADS AREA

- d The Hampton Roads area is comprised of seven Cities and has a combined population of approximately 1.5 million, making it the 27<sup>th</sup> largest metropolitan area in the United States.
- d Virginia Beach is the world's largest resort city and Largest populated city in Virginia.
- d Virginia Beach has the longest stretch of beach in the World (approx. 27 miles) and has more hotels than any other City its size.
- d Norfolk, 1998 Best Big City in the South by Money Magazine, is home to the world's largest Naval installation.
- d Norfolk is home to the Norfolk Tides, the New York Mets AAA affiliate and resides in Norfolk's 12,000 seat Harbor Park in downtown Norfolk.



### FORMER MONARCH GREATS

- 1 Mark West ('83) Assistant General Manager, Phoenix Suns
- 1 Dave Twardzik ('72) Asst. GM, Orlando Magic
- 1 Kenny Gattison ('86) Asst. Coach with New Orleans Hornets
- 1 Oliver Purnell ('75) Head Coach at Clemson

### ODU POINT OF PRIDE

- % Old Dominion athletic teams have won 32 team and individual National championships, as sailing captured their 15<sup>th</sup> title in November with the ICSA singlehanded event.
- % Since 1976, ODU has 105 first team All-Americans and 70 First team Academic All-Americans. 21 alumni have competed as Olympians.
- % Baseball pitcher Justin Verlander was the second overall selection in the 2004 June's draft by Detroit. (pitched in two Tiger games last summer)
- % Sue Stahl is the US Women's Lacrosse National Coach.
- % Former ODU cheerleader, Mary Maniscalco-Theberge('78) is the first female to hold the position of Chief of Surgery at Walter Reed Army Medical Center.
- % Athletic Director Dr. Jim Jarrett was named Southeast Athletic Director of the Year (IAA/IAAA) by NACDA in 2003, & Lifetime Achievement award by the Virginia Sports Information Dir. Assoc. in 2004.
- % Ten Monarch coaches and athletes have been enshrined in the Virginia Sports Hall of Fame.