

#21 OLD DOMINION UNIVERSITY

MONARCH WRESTLING

vs.

CAA DUALS



CAA Duals

The Monarchs will take on a trio of Colonial Athletic Association opponents on Saturday at the CAA Duals, including the seventh nationally ranked team the team has faced this season, #18 Hofstra. ODU is currently 9-5 overall and 1-0 in the conference.

Old Dominion takes on Binghamton (8-6/0-1) in the first round set to begin at 10:00 am and then, in the second round, will face Drexel (4-9-1/0-0) at Noon. The Monarchs last match of the day will begin at 2:00 pm against the 18th ranked Pride of Hofstra University (4-1/1-0).

Several ODU wrestlers have excelled in dual competition this year, led by redshirt sophomore James Nicholson and senior Ryan Williams with 13-1 dual records. Chris Brown and Kyle Hutter both have double-digit wins in duals as well.

Scouting The Competition

ODU will see five nationally ranked individuals on the mat on Saturday at five different weights. ODU's Kyle Hutter will have the stiffest competition, facing #9 Lou Ruggirello (Hofstra) at 133 lbs. Two other Hofstra grapplers are nationally ranked in #11 Alton Lucas (174) and #20 Ryan Patrovich (165).

Binghamton boasts one nationally ranked wrestler, a top ten 184-pounder in Josh Patterson. Rookie Joe Budi will face him first thing on Saturday morning. When the Monarchs face off against Drexel, Jesse Strawn will face #12 Jon Oplinger at 197 lbs.

About the Monarchs

Old Dominion has been nationally ranked since the pre-season polls, marking the first time in school history the Monarchs were ranked headed into the year. ODU opened the season with a pair of tournaments, the Michigan State Open and the Hokie Open, where the team placed ten and had three champions. ODU also placed four at the Midlands and Southern Scuffle Tournaments over holiday break.

ODU has posted nine dual victories this year, including a win over #24 Kent State and Purdue, who was receiving votes in the national rankings. The Monarchs have suffered five losses, but all have come to nationally ranked opponents, including four in the top twelve.

RS Junior Chris Brown (Chesapeake, Va.) beat the #1 kid in the nation for the second straight season, as he bested Nick Marable (Missouri) in a tiebreaker at the Northeast Duals. He also grabbed another win over a top ten wrestler a few weeks ago with a sudden victory decision over #9 Luke Manuel (Purdue).

RS Sophomore James Nicholson returns to the mat in '08-09 as ODU's newest All-American. He has started the season 23-2 and is ranked in the top ten in the nation. He's already beat five nationally ranked wrestlers this season

ODU's lone senior this year, Ryan Williams, is also ranked in the Top Ten after an impressive start to his final campaign. The two-time NCAA Qualifier is 23-3 on the season and is just one win shy of second on the All-Time ODU Wins List.

Nicholson and Williams lead the way in the top ten, while Brown, Jesse Strawn and Kyle Hutter are all ranked nationally by at least four polls.

INDIVIDUAL RANKINGS

Here is how the Monarchs weigh in nationally in the most recent polls:

TEAM	INTERMAT	AWN	W.I.N.	WR*	D1WN**	REV
	21		20	20 (TS)	21	--
125 - JAMES NICHOLSON	9	8	9	8	9	9
133 - KYLE HUTTER	18	19	--	20	21	17
141 - RYAN WILLIAMS	7	7	11	7	7	11
165 - CHRIS BROWN	--	13	12	14	15	19
174 - ERIC DECKER	--	--	--	27	--	--
197 - JESSE STRAWN	16	13	13	12	16	14

* - WRESTLINGREPORT.COM

** - D1COLLEGEWRESTLING.NET

2008-09 ODU Schedule/Results (9-5/1-0)

Date	Opponent	Time/Results
11/9	MSU Open	1 Champ; 5 Placed
11/16	Hokie Open	2 Champs; 5 Placed
11/22	at #7 Oklahoma State	9-30 L
11/23	at #20 Oklahoma	6-28 L
11/29	Northeast Duals: (RV) Harvard	38-9 W
	#5 Missouri	9-29 L
	Bloomsburg	30-6 W
12/20	Northern Iowa	15-25 L
12/29-12/30	Southern Scuffle Midlands	1 Placed 3 Placed
1/4	ODU Quad	
	UNC Greensboro	33-6 W
	Purdue	22-12 W
	George Mason*	26-9 W
1/9-1/10	Virginia Duals	
	Northern Colorado	27-9 W
	#12 Central Michigan	12-24 L
	Rider	25-12 W
	Navy	22-12 W
	#24 Kent State	18-15 W
1/17	CAA Duals	All Day
1/25	at Bucknell	1:00 pm
2/1	at Central Michigan	2:00 pm
2/8	Virginia	5:30 pm
2/14	at Rider*	2:00 pm
2/19	Virginia Tech	7:30 pm
2/21	at NC State	7:30 pm
3/6-3/7	CAA Tournament	All Day
3/19-3/20	NCAA Tournament	All Day

Home dates bold

Top 25 Team

After earning their first national ranking in 17 years last season, the Monarchs have managed to maintain a national ranking all this season. It was the first time the program was ranked in the pre-season polls, and the Monarchs have stayed in the National Wrestling Coaches Association/InterMat/USA Today Poll in all six releases so far this season.

ODU checks in as the #21 team in the nation according to InterMat. The team is also ranked 24th by W.I.N. Magazine, 22nd by d1collegewrestling.net and 14th according to the Tournament Scoring rankings by wrestlingreport.com.

Champions Developing the Future

Head Coach Steve Martin has led the Monarchs to a 52-22-1 mark through his fourth year at the helm. In the CAA the Monarchs have dominated with a 22-5-1 mark. Martin comes from a powerhouse of high school wrestling in Great Bridge High School in Chesapeake. In 14 years as head coach, the Great Bridge Wildcats won 13 state championships.

Martin is assisted by Mike Dixon, Jon Sioredas and Matt Storniolo. Dixon brings great recruiting skills and knowledge of the CAA coming from James Madison. He has experience coaching championship contenders while at the University of Indianapolis.

Sioredas is a third-year coach with a wealth of knowledge about the sport. Named an All-American and ranked as high as 2nd nationally at the University of Tennessee-Chattanooga, Sioredas is now using his skills to teach.

Storniolo is mirroring Sioredas' career, jumping right into coaching after graduation. He was a two-time All-American at the University of Oklahoma, as well as the Big East Rookie of the Year at Penn State.

All four coaches are wrestling champions in their own right and are building a championship future.

All-Time Wins Leaders

The Monarchs have several wrestlers approaching the All-Time leaders in wins for a career:

1. Jeff Rusak	135-19
2. Buddy Lee	122-25-2
3. Ryan Williams	121-40
4. Adam Wright	120-31
5. Nick Hall	115-18-3
6. Rich Castano	104-31-6
7. Steve Sciandra	102-25-1
8. Erik Shaw	101-25-1
9. Tom Sinacore	95-38-2
10. Nick Pullano	93-76
11. Chris Brown	91-34
12. Jamie Kelly	90-38
13. Carl Ragland	89-6-1
T14. Mike McCarthy	88-41
T14. Ben Ward	88-33-1
T16. Jesse Strawn	82-47
T16. Noel Clavel	82-14-3
18. Christian Staylor	81-31
19. Kaylen Baxter	80-46
20. Wayne Gibson	77-20-4
21. David Mendoza	73-40
22. Kyle Hutter	72-36
23. Mark Billups	69-24-3
24. Wayne Bright	65-11
25. Randy Payne	61-33

Current wrestlers in bold

A Will To Win

Ryan Williams has been the most consistent wrestler under head coach Steve Martin since he took over the starting job midway through his freshman year. He's the go-to at 141 lbs and was an NCAA Qualifier in 2006 and again in 2008, as he dropped former CAA Champion and NCAA All-American Charles Griffin in the title match. Doing so, he was named the CAA Tournament's Most Outstanding Wrestler.

He has a career .752 winning percentage with 121 wins. He is currently 3rd all-time in wins in ODU program history, just one shy of a tie for second, and he has the potential to become the Monarchs all-time leader in wins, currently set at 135 by Jeff Rusak.

Hut-Hut...

The Monarchs mainstay at 133 lbs for the last two years has been junior Kyle Hutter from Illinois. He's already posted 72 wins and has been nationally ranked since the middle of his sophomore season. He has toppled several nationally ranked wrestlers in his career and ranks as high as 17th in the nation.

James Nicholson: All-American

After a run at the podium in last years NCAA Tournament, James Nicholson, a redshirt sophomore from Des Moines, Iowa, has led ODU with a quick start this year. Named the Virginia Sports Information Directors Rookie AND Wrestler of the Year in 2007-08, Nicholson also earned CAA Rookie of the Year honors.

This season, Nicholson has not skipped a beat since finishing eighth at the NCAA Tournament, starting the season with a 23-2 record. He has beat five nationally ranked opponents, including #5 Obenson Blanc (Ok State), and he himself has been ranked in the top ten all season long.

Hometown Brown

Redshirt sophomore Chris Brown, from nearby Chesapeake, Virginia, has again impressed onlookers in his third year. Earlier this season, Brown bested the national number one, Nick Marable (Missouri), in an overtime thriller. The win comes a year after, almost to the day, his win over #1 Mark Perry (Iowa) in his sophomore season. He recently added another top ten topple to his belt, posting a sudden victory win over #9 Luke Manuel (Purdue).

In almost three years of wrestling, he has piled up 91 career wins, winning over 72% of his matches. Brown finished second at the Michigan State Open earlier this season.

By Weight Class:

125:

RS sophomore James Nicholson has earned a national ranking higher than any other Monarch under head coach Steve Martin. He also became the first All-American in 13 years for ODU. Ranked as high as 4th in the nation this season, Nicholson has started the season 23-2 with five wins over nationally ranked opponents.

133:

Kyle Hutter has made a habit of defeating nationally ranked opponents. Last year, he grabbed wins over #13 Dan Mitcheff (Kent State), #15 Eric Albright (Virginia) and #15 David Marble (Bucknell). He's already added another victory over Marble and has battled against stiff competition again this year.

141:

Ryan Williams, the lone senior on the ODU squad, has been a true leader on and off the mat for ODU. A two-time NCAA Academic All-American and NCAA Qualifier, the Pennsylvania native is 23-3 to start the year and is ranked in the Top Ten after an upset over #8 Zack Bailey (Oklahoma). He ranks third all-time in ODU career victories with 121.

149:

RS sophomore Joey Metzler has locked down the starting slot at 149 and posted his first technical fall last weekend at the Virginia Duals. He has four dual victories and 10 overall so far this season.

157:

Junior Kaylen Baxter will wrestle up for the rest of the season at 157 lbs. He has a significant amount of experience starting, as Baxter has been a starter at 149 for two years. He has 80 career victories and already ranks in the top 20 in ODU history.

165:

Chris Brown has totaled 91 career wins already in his career, and continues to impress with huge victories over stiff competition. Twice in his career he has toppled the national number one ranked wrestler, including earlier this season. He is pegged as the top 165-pounder in the conference.

174:

Junior transfer Eric Decker and former starter Derek Coffey will battle for time at 174 lbs. Decker was an NCAA Qualifier two seasons ago for Virginia Tech, the same year Coffey last started for ODU. Coffey took a season off to redshirt and is back on the mat this season for the Monarchs.

184:

Rookie Joe Budi has been the staple early this season at 184 lbs, and has done well in his young career, posting 18 wins and two placewinning performances at the MSU and Hokie Opens. He currently leads the team in technical falls.

197:

Jesse Strawn bumps up a weight class this season, after qualifying to the NCAA Tournament as a 184-pounder. He leads the team with 11 pins and recently dropped #10 Logan Brown (Purdue). He has been very consistent this year and is tied for the team lead in wins, with 23.

HWT:

David Wilson has abandoned his redshirt season and will begin starting at the heavyweight slot for ODU. Roy Dragon III will also be available and has starting experience in both of his first two years.

Colonial Athletic Association

Regular Season CAA Wrestling Rankings
(1-13-2009)

	Conference	Overall	CAA Ranked Wrestlers
1. Old Dominion University	1-0-0	9-5-0	10
2. Hofstra University	1-0-0	4-1-0	8
3. Rider University	0-0-0	2-4-0	10
4. Boston University	0-0-0	3-2-0	8
4. Binghamton University	0-1-0	8-6-0	7
6. George Mason University	0-1-0	2-4-0	7
7. Drexel University	0-0-0	4-9-1	5
8. Sacred Heart University	0-0-0	5-3-0	5

125:

1. **James Nicholson, ODU**
2. Steve Bonano, Hofstra
3. Fred Santaite, Boston Univ.
4. Brian Wright, GMU
5. Filiberto Colon, Rider
6. Paul Galipeau, Sacred Heart

133:

1. Lou Ruggirello, Hofstra
2. **Kyle Hutter, ODU**
3. Corey Dunn, Sacred Heart
4. Denny Herndon, GMU
5. Matt Bradley, Rider
6. Rob Slavin, Binghamton

141:

1. **Ryan Williams, ODU**
2. Anwar Goeres, Binghamton
3. Chris Davis, Sacred Heart
4. Justin Accordino, Hofstra
5. Fred Rodgers, Rider
6. Abby Rush, Boston Univ.

149:

1. Mike Roberts, Boston Univ.
2. **Joey Metzler, ODU**
3. Justin Lister, Binghamton
4. Anthony Priore, Sacred Heart
5. Nick Weaver, Rider
6. Brandon Bucher, GMU

157:

1. Jon Bonilla-Bowman, Hofstra
2. Nate Patterson, Binghamton
3. Mike Kessler, Rider
4. **Kaylen Baxter, ODU**
5. Frankie McLaughlin, GMU
6. Carlo Ferrandino, Boston Univ.

165:

1. **Chris Brown, ODU**
2. Ryan Patrovich, Hofstra
3. Jason Lapham, Rider
4. Scott Hunter, Drexel
5. C.J. Inglin, Boston Univ.
6. Ryan McGarity, Binghamton

174:

1. Alton Lucas, Hofstra
2. Bagna Tovuujav, GMU
3. **Eric Decker, ODU**
4. Hunter Meys, Boston Univ.
5. Mike Ward, Rider
6. Brian Stouffer, Drexel

184:

1. Doug Umbehauer, Rider
2. Josh Patterson, Binghamton
3. Justin Wieller, Drexel
4. **Joe Budi, ODU**
5. Ben Clymer, Hofstra
6. Bill Widener, GMU

197:

1. Cayle Byers, GMU
2. Jon Oplinger, Drexel
3. **Jesse Strawn, ODU**
4. Joe Fagiano, Hofstra
5. John Hall, Boston Univ.
6. Tyler Smith, Rider

285:

1. Eddie Bordas, Rider
2. **Roy Dragon III, ODU**
3. Kyle Frey, Drexel
4. Jim Connors, Boston Univ.
5. Bill Beiermeister, Sacred Heart
6. Art Garvey, Binghamton

2008-2009 Season Results

ODU at Michigan State Open 11/9/08

Five Placewinners, One Champ

Final Results

- 1st - Ryan Williams (141)
- 2nd - Kyle Hutter (133)
- 2nd - Chris Brown (165)
- 2nd - Joe Budi (184) - Fr/So. Bracket
- 4th - Joey Metzler (149)

ODU opened the 2008-09 season with an impressive showing at the Michigan State Open, especially from senior Ryan Williams at 141 lbs. Williams won the weight class at the MSU Open and in doing so, broke the 100-win mark for his career, becoming just the eighth Monarch in school history to reach the 100-win plateau. Kyle Hutter defeated Bucknell's nationally ranked David Marble for the second time in his career in the tournament and faced the #3 133-pounder, Franklin Gomez (Michigan State). Chris Brown (165) and Joey Metzler (149) placed as well, while Joe Budi made a run in the freshman/sophomore bracket for a second place finish in his first career tournament.

ODU at Hokie Open 11/16/08

Five Placewinners, Two Champs

Final Results

- 1st - James Nicholson (125)
- 1st - Jesse Strawn (197)
- 2nd - Kaylen Baxter (149)
- 2nd - Eric Decker (174)
- 3rd - Joe Budi (184)

James Nicholson and Jesse Strawn took the mat for the first time in 08-09 and both won their respective weight classes. Nicholson, a returning All-American, cruised to the 125-pound weight title with back-to-back falls, a major decision and a 4-2 win over Jarrod Garnett (VT) in the championship bout. Strawn, moving up to 197 lbs this season, was dominant, with a technical fall and three pins in the tournament. Rookie Joe Budi placed in his second straight tournament to open his career, posting five wins at the event and a third place finish. Kaylen Baxter (149) and Eric Decker (174) also placed at the first annual Hokie Open.

#20 ODU at #7 Oklahoma State 11/22/08

Stillwater, Okla.

9-30 Loss

Final Results

- | | |
|---|-----------|
| 125 - Nicholson (ODU) def. Obenson (OSU) | 5-3 |
| 133 - Hutter (ODU) def. Shinn (OSU) | 4-2 |
| 141 - Williams (ODU) def. Parks (OSU) | 6-5 |
| 149 - Silver (OSU) def. Metzler (ODU) | 4-3 |
| 157 - McSpadden (OSU) def. Baxter (ODU) | 6-1 |
| 165 - Mason (OSU) def. Brown (ODU) | 5-4 TB2 |
| 174 - Griffin (OSU) def. Decker (ODU) | 10-4 |
| 184 - Shelton (OSU) def. Budi (ODU) | 0:41 fall |
| 197 - Foster (OSU) def. Strawn (ODU) | 2:05 fall |
| HWT - Rosholt (OSU) def. Dragon III (ODU) | 4:26 fall |

ODU fell in their first dual action of the season to the Cowboys of Oklahoma State, ranked seventh in the nation. James Nicholson (125) and Kyle Hutter (133) both defeated nationally ranked opponents, and Chris Brown (165) took his nationally ranked foe to the second tiebreaker. Ryan Williams continued his hot start, starting 6-0 for the Monarchs in his senior year.

#20 ODU at #19 Oklahoma 11/23/08

Norman, Okla.

6-28 Loss

Final Results

- | | |
|--|-----------|
| 125 - Nicholson (ODU) def. Fio (OU) | 5-2 |
| 133 - Armstrong (OU) def. Hutter (ODU) | 11-5 |
| 141 - Williams (ODU) def. Bailey (OU) | 6-5 |
| 149 - Terry (OU) def. Metzler (ODU) | 9-1 MD |
| 157 - Vernon (OU) def. Baxter (ODU) | 3-1 |
| 165 - Smith (OU) def. Brown (ODU) | 2:17 fall |
| 174 - James (OU) def. Decker (ODU) | 3-2 |
| 184 - Flynn (OU) def. Budi (ODU) | 7-3 |
| 197 - Lapotsky (OU) def. Strawn (ODU) | 6-4 |
| HWT - Fernandez (OU) def. Dragon III (ODU) | 5-3 |

ODU dropped to 0-2 to start the season with their second loss to a Big 12 opponent on the same weekend. Nicholson and Williams continue to impress, as both are undefeated to start the season and both defeated another nationally ranked opponent. Williams bested #8 Zack Bailey by a 6-5 count and Nicholson dropped #16 Joey Fio in a 5-2 decision.

Northeast Duals **Troy, N.Y.** **11/29/08**
#20 ODU vs. RV Harvard
38-9 Win
Final Results
125 - Nicholson (ODU) win by forfeit --
133 - Hutter (ODU) def. Motley (HU) 17-2 TF
141 - Williams (ODU) win by forfeit --
149 - Metzler (ODU) def. Peppelman (HU) 5-3 SV
157 - O'Connor (HU) def. Rivera (ODU) 3:32 fall
165 - Brown (ODU) def. Sadler (HU) 23-7 TF
174 - Decker (ODU) def. Panzano (HU) 8-0 MD
184 - Caputo (HU) def. Budi (ODU) 5-1
197 - Strawn (ODU) def. Murphy (HU) 6:07 fall
HWT - Dragon III (ODU) def. DeSena (HU) 2-0

The Monarchs notched their first win of the 2008-09 season toppling the Crimson of Harvard University. Harvard was receiving votes in the national polls entering the dual and ODU dismantled the team, 8-2. Chris Brown had the first of three big wins on the day, with a technical fall over Michael Sadler in the first dual, before he upset national number one Nick Marable in the following dual against Missouri.

Northeast Duals **Troy, N.Y.** **11/29/08**
#20 ODU vs. Bloomsburg
30-6 Win
Final Results
125 - Nicholson (ODU) def. Moser (Bloomsburg) 7-3
133 - Hutter (ODU) def. Guffey (Bloomsburg) 6-3
141 - Williams (ODU) def. Donald (Bloomsburg) 8-2
149 - Hickman (Bloomsburg) def. Metzler (ODU) 5-3
157 - Moley (Bloomsburg) def. Baxter (ODU) 6-0
165 - Brown (ODU) def. Schmelyun (Bloomsburg) 6-2
174 - Decker (ODU) def. Graham (Bloomsburg) 1:16 fall
184 - Budi (ODU) def. Hasseman (Bloomsburg) 5-2
197 - Strawn (ODU) def. Sutton (Bloomsburg) 2:36 fall
HWT - Dragon III (ODU) def. Walsh (Bloomsburg) 4-0

For the teams second win of the season, ODU dropped Bloomsburg for the first time in school history. The 30-6 win was paced by Nicholson winning his third match against a nationally ranked opponent this season, when he bumped #17 Ian Moser in a 7-3 decision. Ryan Williams bounced back after his only loss of the season with a win at 141 lbs and ODU went 8-2 against the Huskies.

Northeast Duals **Troy, N.Y.** **11/29/08**
#20 ODU vs. #5 Missouri
9-29 Loss
Final Results
125 - Nicholson (ODU) def. Dolan (Mizzou) 3-0
133 - Schavrien (Mizzou) def. Hutter (ODU) 8-4
141 - Hoehn (Mizzou) def. Williams (ODU) 7-4
149 - Sherry (Mizzou) def. Metzler (ODU) 2:04 fall
157 - Chandler (Mizzou) def. Baxter (ODU) 10-2 MD
165 - Brown (ODU) def. Marable (Mizzou) 2-1 TB
174 - Jordan (Mizzou) def. Coffey (ODU) 13-3 MD
184 - Budi (ODU) def. Andrews (Mizzou) 5-2
197 - Askren (Mizzou) def. Strawn (ODU) 7-3
HWT - Ellis (Mizzou) def. Dragon III (ODU) 4:18 fall

Chris Brown highlighted the Northeast Duals with a win over the national number one, Nick Marable, much like he did at the St. Edward's Duals a year ago with a win over then national number one Mark Perry (Iowa). It was the second time and a year later, nearly to the day, that Brown upset the top-ranked grappler at his weight. James Nicholson and Joe Budi added wins against the Tigers in the loss to the 5th ranked team in the nation.

#21 ODU vs. #25 Northern Iowa **12/20/08**
Norfolk, Va.
15-25 Loss
Final Results
184 - Hazen (UNI) def. Budi (ODU) 6-5
197 - Anderson (UNI) def. Strawn (ODU) 6-4
HWT - Brantley (UNI) def. Dragon III (ODU) 9-3
125 - Nicholson (ODU) def. Flores (UNI) 10-3
133 - Baldrige (UNI) def. Hutter (ODU) 6:21 fall
141 - Williams (ODU) win by forfeit --
149 - Ettelson (UNI) def. Metzler (ODU) 13-5 MD
157 - Reiner (UNI) def. Rivera (ODU) 8-3
165 - Brown (ODU) win by forfeit --
174 - Beets (UNI) def. Decker (ODU) 4-1

Old Dominion lost its fourth straight to nationally ranked opponents, falling at home to the Panthers of UNI. Jesse Strawn nearly toppled #11 Andrew Anderson, but fell in a 6-4 decision. James Nicholson was the only contested win for the Monarchs, posting a 10-3 decision over Eric Flores. The other wins for ODU were forfeits at 141 and 165 lbs.

ODU at Southern Scuffle 12/29-30/08**20th Place - 23.5 points - 1 placewinner****Final Results**5th - Eric Decker (174)

The Monarchs sent several wrestlers to the Southern Scuffle Tournament over winter break and all four regulars scored at least two wins in the event. Junior Eric Decker led the way, placing fifth at 174 lbs with a 5-2 record. He got a chance to see the CAA's top ranked wrestler at his weight, Alton Lucas (Hofstra) and narrowly lost to the Pride grappler, 3-2. He won three straight in the wrestlebacks to seal the fifth place effort. Kaylen Baxter (149) won two on the first day and then lost a pair on day two by just three points combined, including a two-point loss to #5 Bryce Saddoris (Navy). Joe Budi (184) and David Wilson (285) both went 2-2 at the Scuffle.

ODU at Midlands Wrestling Champs 12/29-30/08**11th Place - 53.0 points - 3 placewinners****Final Results**3rd - James Nicholson (125)5th - Ryan Williams (141)5th - Jesse Strawn (197)

Three Monarchs posted placewinning finishes at one of the top tournaments in the nation this week, as James Nicholson (125), Ryan Williams (141) and Jesse Strawn (197) all placed. Nicholson suffered his first loss of the season, but bounced back and beat the same kid in the consolation finals for the third place finish. Williams got bounced in the pigtails by #5 Chris Drouin (Arizona State) but then reeled off seven wins in the consolation bracket to finish fifth. Jesse Strawn posted a huge win over #7 Hudson Taylor (Maryland) as he pinned the Terrapin grappler. It was just the second pin suffered in the last two years for the All-American.

ODU Quad 1/4/09**#21 ODU vs. UNC Greensboro****33-6 Win****Final Results**

125 - Nicholson (ODU) def. Johnson (UNCG) 14-6 MD

133 - Hutter (ODU) def. Boyle (UNCG) 1:57 fall

141 - Williams (ODU) def. Bencivenga (UNCG) 6-1

149 - Metzler (ODU) def. Wilmore (UNCG) 6-3

157 - Saunders (UNCG) def. Rivera (ODU) 6-2

165 - Brown (ODU) def. Hojilla (UNCG) 19-4 TF

174 - Coffey (ODU) def. Miller (UNCG) 4-1

184 - Budi (ODU) def. McKee (UNCG) 8-4

197 - Strawn (ODU) def. Sughrue (UNCG) 4:19 fall

HWT - Sheffield (UNCG) def. Dragon III (ODU) 5-4

ODU won all three of their matches as they hosted the ODU Quad, including this first match against the Greensboro Spartans. ODU posted eight wins in the dual, including four bonus point victories. Kyle Hutter and Jesse Strawn pinned their opponents while James Nicholson and Chris Brown posted a major decision and technical fall respectively.

ODU Quad 11/23/08**#21 ODU vs. RV Purdue****22-12 Win****Final Results**

125 - Nicholson (ODU) def. Eren (Purdue) 10-2 MD

133 - Hutter (ODU) def. Beebe (Purdue) 8-2

141 - Williams (ODU) def. Archuleta (Purdue) MFor

149 - Patacsil (Purdue) def. Baxter (ODU) 13-6

157 - Salazar (Purdue) def. Metzler (ODU) 9-5

165 - Brown (ODU) def. Manuel (Purdue) 3-1 SV

174 - Decker (ODU) def. Corpe (Purdue) 3-1

184 - Kissel (Purdue) def. Budi (ODU) 4-3

197 - Strawn (ODU) def. Brown (Purdue) 4-2

HWT - Kasten (Purdue) def. Wilson (ODU) 7-0

The biggest win of the season so far came against Purdue, who was receiving votes in the national poll. The Boiler-makers sent two nationally ranked wrestlers to their peril against Brown and Strawn, and nearly a third as rookie Joe Budi lost on the riding time advantage to #12 A.J. Kissel. ODU won six matches against Purdue and evened their season record at 4-4 with this win.

ODU Quad	1/4/09
#21 ODU vs. George Mason*	
26-9 Win	
Final Results	
125 - Nicholson (ODU) def. Wright (GMU)	9-3
133 - Hutter (ODU) def. Herndon (GMU)	4-0
141 - Williams (ODU) def. Delgado (GMU)	19-8 MD
149 - Baxter (ODU) def. Bucher (GMU)	7-2
157 - McLaughlin (GMU) def. Rivera (ODU)	3-2
165 - Brown (ODU) def. Whitelaw (GMU)	17-6 MD
174 - Tovuujav (GMU) def. Decker (ODU)	3-1 SV
184 - Budi (ODU) def. Webb (GMU)	5-1
197 - Byers (GMU) def. Strawn (ODU)	5-3
HWT - Wilson (ODU) win by forfeit	--

The Monarchs grabbed their first CAA win over the Patriots and surged above .500 for the first time all season. ODU won seven matches against George Mason including two bonus point victories. Chris Brown rounded out a fantastic day at the ODU Quad with a 17-6 major decision and Ryan Williams posted his 117th career victory with a 19-8 major decision in his match. Nicholson improved to 19-1 on the year and 9-0 in dual competition.

Virginia Duals	1/9/09
#23 ODU vs. #12 Central Michigan	
12-24 Loss	
Final Results	
125 - Sentes (CMU) def. Nicholson (ODU)	3-2
133 - Hutter (ODU) def. Beebe (CMU)	6-4
141 - Williams (ODU) def. D'Alie (CMU)	9-8
149 - Brown (CMU) def. Metzler (ODU)	2-0
157 - Grayson (CMU) def. Baxter (ODU)	8-2
165 - Stewart (CMU) def. Brown (ODU)	4-2
174 - Miller (CMU) def. Decker (ODU)	11-4
184 - DiDona (CMU) def. Budi (ODU)	8-5
197 - Strawn (ODU) def. Qureshi (ODU)	2:58 fall
HWT - Trice (CMU) def. Dragon III (ODU)	6:45 fall

ODU lost their fifth dual of the season, all five coming to nationally ranked opponents. James Nicholson dropped just his second match of the year and to the same opponent, snapping his unbeaten streak in duals. ODU was led by #19 Kyle Hutter, winning over #13 Conor Beebe, and got wins from #7 Ryan Williams and #15 Jesse Strawn as well. Strawn's win was his 11th pin of the year.

Virginia Duals	1/9/09
#23 ODU vs. Northern Colorado	
27-9 Win	
Final Results	
125 - Nicholson (ODU) def. Mustari (UNC)	4-0
133 - Hutter (ODU) def. Cruz (UNC)	12-3 MD
141 - Williams (ODU) def. Hayes (UNC)	14-1 MD
149 - Polkowske (UNC) def. Metzler (ODU)	8-2
157 - Baxter (ODU) def. Gaethje (UNC)	7-3
165 - Brown (ODU) def. Weiks (UNC)	12-3 MD
174 - Decker (ODU) def. Kammerzell (UNC)	3-1
184 - Budi (ODU) def. Johnson (UNC)	9-4
197 - Strawn (ODU) def. Brennan (UNC)	7-3
HWT - Truell (UNC) def. Wilson (ODU)	MFor

ODU started off the Virginia Duals as the #6 seed facing Northern Colorado and dispatched the Bears easily in the first round. ODU won eight of the ten matches with three bonus point victories coming at 133, 141 and 165. James Nicholson beat another nationally ranked wrestler at 125 lbs and added to his unbeaten streak in dual competition, now at 18 straight victories. Ryan Williams grabbed a major decision to tie James Nicholson for the team lead.

Virginia Duals	1/10/09
#23 ODU vs. Rider University	
25-12 Win	
Final Results	
125 - Nicholson (ODU) def. Trivisonno (Rider)	18-7 MD
133 - Hutter (ODU) def. Kirchner (Rider)	14-9
141 - Williams (ODU) def. Rodgers (Rider)	11-2 MD
149 - Metzler (ODU) def. Miller, D. (Rider)	21-4 TF
157 - Kessler (Rider) def. Baxter (ODU)	3-2
165 - Brown (ODU) def. Lapham (Rider)	3-1
174 - Decker (ODU) def. Ward (Rider)	3-0
184 - Umbehauer (Rider) win by forfeit	--
197 - Strawn (ODU) def. Miller, M. (Rider)	6-2
HWT - Bordas (Rider) def. Dragon III (ODU)	4-2

The Monarchs won their first match on the second day of the Duals, assuring them of at least a placing in the tournament. The team scored wins at seven weights, including a technical fall for Joey Metzler at 149 and a pair of major decisions from James Nicholson and Ryan Williams. The Monarchs will face the Broncs for their scheduled dual on February 14 in New Jersey.

Virginia Duals 1/10/09

#23 ODU vs. Navy

22-12 Win

Final Results

125 - Nicholson (ODU) def. Stein (Navy)	20-5 TF
133 - Hutter (ODU) def. Kalil (Navy)	11-1 MD
141 - Williams (ODU) def. Pagan (Navy)	16-8 MD
149 - Sadoris (Navy) def. Metzler (ODU)	9-3
157 - Shober (Navy) def. Baxter (ODU)	3-2
165 - Brown (ODU) def. DeMichiel (Navy)	3-1
174 - Rebertus (Navy) def. Decker (ODU)	4-3
184 - Caldwell (Navy) def. Budi (ODU)	11-5
197 - Strawn (ODU) def. Neese (Navy)	3-2
HWT - Dragon III (ODU) def. Landis (Navy)	6-2

ODU started the match off with three straight bonus point victories, to jump to an 13-0 lead, but Navy would bounce back with four wins in the next five matches, to make it a 16-12 match going into the last two bouts. Jesse Strawn continued his strong showing at the duals with a win at 197 to seal the win and Roy Dragon III posted a win at the heavyweight class for the final score, 22-12. Eric Decker lost by just one point to #17 Luke Rebertus at 174.

Virginia Duals 1/10/09

#23 ODU vs. #24 Kent State

18-15 Win

Final Results

125 - Nicholson (ODU) def. Bedelyon (Kent St.)	7-2
133 - Mitcheff (Kent St.) def. Hutter (ODU)	2-1
141 - Williams (ODU) def. Lashaway (Kent St.)	3-1
149 - Metzler (ODU) def. Depoy (Kent St.)	6-2
157 - Tice (Kent St.) def. Baxter (ODU)	6-2
165 - Brown (ODU) def. Simpson (Kent St.)	4-1
174 - Decker (ODU) def. Estep (Kent St.)	3-1
184 - Kilgore (Kent St.) def. Coffey (ODU)	17-1 TF
197 - Strawn (ODU) def. Chine (Kent St.)	5-4
HWT - Porter (Kent St.) def. Dragon III (ODU)	14-0 MD

Jesse Strawn topped off a fantastic weekend with a dramatic last second victory at 197 lbs that was the difference in the match. ODU took home 5th place at the Virginia Duals, powered by Strawn's performance against the Golden Flashes. Sophomore James Nicholson also capped a solid weekend with his second win over a nationally ranked opponent and his fifth so far this season. Ryan Williams also went 5-0, like Strawn, at the Duals.

Dual Records for 2008-09
9-5/1-0

Overall Team Bout Record: 78-62
at #7 Oklahoma State: 3-7 (L 9-30)
at #18 Oklahoma: 2-8 (L 6-28)
vs. (RV) Harvard: 8-2 (W 38-9)
vs. #5 Missouri: 3-7 (L 9-29)
vs. Bloomsburg: 8-2 (W 30-6)
vs. UNI: 3-7 (L 25-15)
vs. UNC Greensboro: 8-2 (W 33-6)
vs. (RV) Purdue: 6-4 (W 22-12)
vs. George Mason: 7-3 (W 26-9)
vs. Northern Colorado: 8-2 (W 27-9)
vs. #12 Central Michigan: 3-7 (L 12-24)
vs. Rider: 7-3 (W 25-12)
vs. Navy: 6-4 (W 22-12)
vs. #24 Kent State: 6-4 (18-15)

125: 13-1
133: 10-4
141: 13-1
149: 5-9
157: 1-13
165: 11-3
174: 7-7
184: 5-9
197: 9-5
Hwt: 4-10

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Tournament Records for 2007-08

Overall Team Bout Record: 77-40
at MSU Open: 23-13
at Hokie Open: 19-3
at Midlands: 24-16
at Southern Scuffle: 11-8

125: 10-1
133: 5-2
141: 12-2
149: 11-7
157: 1-4
165: 5-3
174: 11-9
184: 10-4
197: 9-2
Hwt: 3-6

Stat Leaders for 2008-09:
(Not including unattached results)

Win %: James Nicholson (23-2, .920)

Wins: Nicholson, Williams & Strawn (23)

Pins: Jesse Strawn (11)

Major Decisions: James Nicholson & Ryan Williams (5)

Technical Falls: Joe Budi (4)

Decisions: Ryan Williams (16)



2008-09 Old Dominion Wrestling Statistics (Including Tournament Results)

Season Dual Record: 9-5

CAA Record: 1-0

CAA Finish: n/a

<u>Name</u>	<u>Cl.</u>	<u>Wt.</u>	<u>Overall</u> W-L	<u>Dual</u> W-L	<u>CAA</u> W-L	<u>Tourn.</u> W-L	<u>Maj.</u> <u>Dec.</u>	<u>Tech.</u> <u>Fall</u>	<u>Pins</u>
Kaylen Baxter	RS Jr	149	8-12	2-9	1-0	6-3	1	1	0
Chris Brown	RS Jr	165	16-6	11-3	1-0	5-3	4	2	0
Brennan Brumley	Fr	133	-	-	-	-	-	-	-
Joe Budi	Fr	184	18-11	5-7	1-0	13-4	0	4	6
Michael Chapman	Fr	197	-	-	-	-	-	-	-
Derek Coffey	RS So	174	2-5	1-2	0-0	1-3	0	0	0
Eric Decker	Jr	174	17-14	6-6	0-1	11-8	3	0	1
Roy Dragon III	So	285	4-12	3-8	0-0	1-4	0	0	0
Chase Ennis	Fr	184	-	-	-	-	-	-	-
Derek Gallagher	RS So	157	-	-	-	-	-	-	-
Joshua Gillis	Fr	125	-	-	-	-	-	-	-
Kyle Hutter	Jr	133	15-7	10-4	1-0	5-3	3	1	2
Louis Johnson	Fr	141	-	-	-	-	-	-	-
Jacob Kahnke	Fr	197	-	-	-	-	-	-	-
Joey Metzler	RS So	149	10-13	4-9	0-0	6-4	1	1	1
James Nicholson	RS So	125	23-2	13-1	1-0	10-1	5	1	3
Dan Rivera	RS So	157	1-8	0-4	0-1	1-5	1	0	0
Jesse Strawn	Jr	197	23-8	9-5	0-1	14-3	0	1	11
Ryan Williams	Sr	141	23-3	13-1	1-0	10-2	5	0	2
Craig Wilson	Fr	133	-	-	-	-	-	-	-
David Wilson	Fr	285	11-10	1-2	1-0	10-8	1	0	4
Colin Zoski	Fr	141	-	-	-	-	-	-	-

Tournament Highlights:

Michigan State Open (Nov. 9, 2008)

133 lbs: 2nd - Kyle Hutter
 141 lbs: 1st - Ryan Williams
 149 lbs: 4th - Joey Metzler
 165 lbs: 2nd - Chris Brown
 184 lbs: 2nd - Joe Budi (Fr/So Bracket)

Midlands Championship (Dec. 29-30, 2008)

125 lbs: 3rd - James Nicholson
 141 lbs: 5th - Ryan Williams
 197 lbs: 5th - Jesse Strawn

Hokie Open (Nov. 16, 2008)

125 lbs: 1st - James Nicholson
 149 lbs: 2nd - Kaylen Baxter
 174 lbs: 2nd - Eric Decker
 184 lbs: 3rd - Joe Budi
 197 lbs: 1st - Jesse Strawn

Southern Scuffle (Dec. 29-30, 2008)

174 lbs: 5th - Eric Decker

Dual Results:

Nov. 22 at #8 Oklahoma State	L 30-9
Nov. 23 at #18 Oklahoma	L 28-6
Nov. 29 Northeast Duals	
vs. #25 Harvard	W 38-9
vs. #5 Missouri	L 29-9
vs. Bloomsburg	W 30-6
Dec. 20 vs. #22 Northern Iowa	L 25-15
Jan. 4 ODU Quad	
vs. UNC Greensboro	W 33-6
vs. Purdue	W 22-12
vs. George Mason	W 26-9
Jan. 9 Virginia Duals	
vs. Northern Colorado	W 27-9
vs. #12 Central Michigan	L 24-12
Jan. 10 Virginia Duals	
vs. Rider	W 25-12
vs. Navy	W 22-12
vs. #24 Kent State	W 18-15
Jan. 17 CAA Duals*	10:00 am
Jan. 25 at Bucknell	1:00 pm
Feb. 1 at Central Michigan	5:30 pm
Feb. 8 vs. Virginia	5:30 pm
Feb. 14 at Rider*	2:00 pm
Feb. 19 vs. Virginia Tech	7:30 pm
Feb. 21 at North Carolina State	7:30 pm

*Conference Matches

Postseason ResultsCAA Tournament (Mar. 6-7, 2009)

125 lbs:
133 lbs:
141 lbs:
149 lbs:
157 lbs:
165 lbs:
174 lbs:
184 lbs:
197 lbs:
285 lbs:
*Qualifies for NCAA Tournament

NCAA Tournament (Mar. 19-20, 2009)**ODU Starters Career Records:**

125:	James Nicholson	58-12
133:	Kyle Hutter	72-36
141:	Ryan Williams	121-40
149:	Kaylen Baxter	80-46
	Joey Metzler	13-22
157:	Dan Rivera	14-32
165:	Chris Brown	91-34
174:	Eric Decker	17-14
	Derek Coffey	16-33
184:	Joe Budi	18-11
197:	Jesse Strawn	82-47
Hwt:	Roy Dragon III	16-23
	David Wilson	11-10

2008-09 Statistical Leaders:**Wins:** Nicholson, Strawn & Williams (23)**Pins:** Jesse Strawn (11)**Major Decisions:** Nicholson & Williams (5)**Technical Falls:** Joe Budi (4)**Decisions:** Ryan Williams (16)**ODU Starter 2008-09 Statistical Breakdown:**

<u>Wt.</u>	<u>Name</u>	<u>Maj. Dec.</u>	<u>Tech. Fall</u>	<u>Pins</u>	<u>Decisions</u>
		<u>By/Against</u>	<u>By/Against</u>	<u>By/Against</u>	<u>By/Against</u>
125	James Nicholson	5/0	1/0	3/0	14/2
133	Kyle Hutter	3/0	1/0	2/2	9/5
141	Ryan Williams	5/0	0/0	2/0	16/3
149	Joey Metzler	1/2	1/0	1/1	7/10
157	Kaylen Baxter	1/1	1/0	0/0	6/11
165	Chris Brown	4/0	2/0	0/1	10/5
174	Eric Decker	3/0	0/0	1/0	13/14
	Derek Coffey	0/1	0/1	0/0	3/3
184	Joe Budi	0/0	4/1	6/1	8/9
197	Jesse Strawn	0/1	1/0	11/2	11/5
285	Roy Dragon III	0/1	0/0	0/4	4/7
	David Wilson	1/1	0/0	4/2	6/7