

# #16 OLD DOMINION UNIVERSITY

## MONARCH WRESTLING

AT THE

### NCAA TOURNAMENT



### Gateway Grappling

For the second straight year, the Monarchs qualified a program-high to the NCAA Tournament, with six participants. ODU had three conference champions, plus two more earn automatic bids with their performances. Junior Kyle Hutter earned an at-large bid awarded by the NCAA Committee.

Leading the way for ODU are returning All-American James Nicholson (35-2; ranked 6th) and lone senior Ryan Williams (35-2; ranked 3rd). Both won their weight at the CAA Tournament for the second straight year and neither has lost since January 9.

The other Qualifiers are CAA Champion Chris Brown (27-6; ranked 9th), Jesse Strawn (33-11; ranked 16th), and Eric Decker (26-17). The Monarchs have six of the CAA's 25 NCAA Qualifiers in St. Louis for the tournament.

Wrestling is set to begin at 11:00 am on Thursday, March 19, and session II will begin at 6:30 pm. On Friday, wrestling begins at 10:00 am with Session IV is at 6:00 pm. The All-American round begins at 5:30 on Saturday.

### Halting Hofstra

At the CAA Duals the Monarchs halted Hofstra's 63-match conference unbeaten streak by defeating the Pride, 17-15. The streak dated back to the 98-99 season when the Pride was a member of the ECWA and continued through their joining the CAA in the 01-02 season. It was the first ever Colonial Athletic Association loss the Pride suffered.

### About the Monarchs

Old Dominion has been nationally ranked since the pre-season polls, marking the first time in school history the Monarchs were ranked headed into the year. In the final two polls, ODU earned its highest ever team ranking, at 16th in the nation.

ODU posted 17 dual victories this year, including wins over #24 Kent State, #18 Hofstra, #14 Virginia Tech and Purdue, who was receiving votes in the national rankings. The Monarchs have suffered six losses, but all have come to nationally ranked opponents, including five in the top twelve.

ODU's lone senior this year, Ryan Williams, is ranked higher than any wrestler ever has under Coach Martin, coming in at 3rd in the country in his final campaign. The three-time NCAA Qualifier is 35-3 on the season and is now second on the All-Time ODU Wins List.

RS Sophomore James Nicholson is 35-2 this season and is also ranked in the top ten in the nation. He's already beat five nationally ranked wrestlers this year.

Nicholson and Williams lead the way in the top ten, while Chris Brown and Jesse Strawn are also ranked nationally in the Top 20. Kyle Hutter is also ranked by a pair of polls after falling out of the major rankings for the first time all year. Eric Decker is ranked by wrestlingreport.com.

All six of the aforementioned Monarchs were ranked in the final coaches panel rankings, used by the NCAA Committee to determine seeding and at-large bids for the NCAA Tournament. James Nicholson ranks the highest in the coaches poll, at 6th, while also posting the best RPI, at #2.

## NCAA QUALIFIER RANKINGS

Here is how the Monarchs weigh in nationally in the most recent polls:

TEAM	INTERMAT	AWN	W.I.N.	WR*	D1WN**	REV	COACHES/RPI
	16		17	19 (TS)	20	16	
125 - JAMES NICHOLSON	6	6	8	4	6	6	6/2
133 - KYLE HUTTER	--	--	--	28	24	--	22/29
141 - RYAN WILLIAMS	3	6	7	7	3	5	7/7
165 - CHRIS BROWN	10	9	11	10	10	10	10/17
174 - ERIC DECKER	--	--	--	23	--	--	26/19
197 - JESSE STRAWN	16	18	16	17	16	17	17/8

\* - WRESTLINGREPORT.COM

\*\* - D1COLLEGEWRESTLING.NET

# OLD DOMINION UNIVERSITY WRESTLING 08-09

## 2008-09 ODU Schedule/Results (17-6/5-0)

Date	Opponent	Time/Results
11/9	MSU Open	1 Champ; 5 Placed
11/16	Hokie Open	2 Champs; 5 Placed
11/22	at #7 Oklahoma State	9-30 L
11/23	at #20 Oklahoma	6-28 L
11/29	Northeast Duals: (RV) Harvard	38-9 W
	#5 Missouri	9-29 L
	Bloomsburg	30-6 W
<b>12/20</b>	<b>#24 Northern Iowa</b>	<b>15-25 L</b>
12/29-12/30	Southern Scuffle Midlands	1 Placed 3 Placed
<b>1/4</b>	<b>ODU Quad</b>	
	<b>UNC Greensboro</b>	<b>33-6 W</b>
	<b>Purdue</b>	<b>22-12 W</b>
	<b>George Mason*</b>	<b>26-9 W</b>
<b>1/9-1/10</b>	<b>Virginia Duals</b>	
	<b>Northern Colorado</b>	<b>27-9 W</b>
	<b>#12 Central Michigan</b>	<b>12-24 L</b>
	<b>Rider</b>	<b>25-12 W</b>
	<b>Navy</b>	<b>22-12 W</b>
	<b>#24 Kent State</b>	<b>18-15 W</b>
1/17	CAA Duals Binghamton*	46--1 W
	Drexel*	34-3 W
	#18 Hofstra*	17-15 W
1/25	at Bucknell	21-9 W
2/1	at #9 Central Michigan	14-19 L
<b>2/8</b>	<b>Virginia</b>	<b>21-18 W</b>
2/14	at Rider*	28-15 W
<b>2/19</b>	<b>#14 Virginia Tech</b>	<b>19-15 W</b>
2/21	at NC State	30-9 W
<b>3/6-3/7</b>	<b>CAA Tournament</b>	<b>3 Champs; 5 NCAA Auto-Qualifiers</b>
<b>3/19-3/21</b>	<b>NCAA Tournament</b>	<b>All Day</b>

### 2008-09 CAA HONORS

12/9:	James Nicholson -- Co-Wrestler of the Month
1/13:	Jesse Strawn -- Co-Wrestler of the Week
1/20:	Chris Brown -- Co-Wrestler of the Week
	Joe Budi -- Co-Rookie of the Week
1/27:	Chris Brown -- Co-Wrestler of the Week
2/3:	Chris Brown -- Wrestler of the Week

### Champions Developing the Future

Head Coach Steve Martin has led the Monarchs to a 52-22-1 mark through his fourth year at the helm. In the CAA the Monarchs have dominated with a 22-5-1 mark. Martin comes from a powerhouse of high school wrestling in Great Bridge High School in Chesapeake. In 14 years as head coach, the Great Bridge Wildcats won 13 state championships.

Martin is assisted by Mike Dixon, Jon Sioredas and Matt Storniolo. Dixon brings great recruiting skills and knowledge of the CAA coming from James Madison. He has experience coaching championship contenders while at the University of Indianapolis.

Sioredas is a third-year coach with a wealth of knowledge about the sport. Named an All-American and ranked as high as 2nd nationally at the University of Tennessee-Chattanooga, Sioredas is now using his skills to teach.

Storniolo is mirroring Sioredas' career, jumping right into coaching after graduation. He was a two-time All-American at the University of Oklahoma, as well as the Big East Rookie of the Year at Penn State.

All four coaches are wrestling champions in their own right and are building a championship future.

#### All-Time Wins Leaders

The Monarchs have several wrestlers approaching the All-Time leaders in wins for a career:

1. Jeff Rusak	135-19
<b>2. Ryan Williams</b>	<b>133-40</b>
3. Buddy Lee	122-25-2
4. Adam Wright	120-31
5. Nick Hall	115-18-3
6. Rich Castano	104-31-6
<b>T7. Chris Brown</b>	<b>102-34</b>
T7. Steve Sciandra	102-25-1
9. Erik Shaw	101-25-1
10. Tom Sinacore	95-38-02
11. Nick Pullano	93-76
<b>12. Jesse Strawn</b>	<b>92-50</b>
13. Jamie Kelly	90-38
14. Carl Ragland	89-6-1
T15. Mike McCarthy	88-41
T15. Ben Ward	88-33-1
<b>17. Kaylen Baxter</b>	<b>84-54</b>
18. Noel Clavel	82-14-3
19. Christian Staylor	81-31
<b>20. Kyle Hutter</b>	<b>79-41</b>
21. Wayne Gibson	77-20-4
22. David Mendoza	73-40
<b>23. James Nicholson</b>	<b>70-12</b>
24. Mark Billups	69-24-3
25. Wayne Bright	65-11

Current wrestlers in bold

## **About The NCAA Qualifiers:**

### **Willy's Winning Ways**

Ryan Williams, called "Willy" by his team and coaches, has been one of the most consistent wrestlers under head coach Steve Martin since he took over the starting job midway through his freshman year. He's the go-to at 141 lbs and is now a three-time NCAA Qualifier. In last years CAA Tournament, he dropped former CAA Champion and NCAA All-American Charles Griffin in the title match. Doing so, he was named the CAA Tournament's Most Outstanding Wrestler.

He has a career .769 winning percentage with 133 wins paired with just 40 losses. He is currently 2nd all-time in wins in ODU program history and needs just two wins this weekend to tie the all-time mark, set by Jeff Rusak at 135.

Williams is riding one of the longest win streaks in the nation, at 21 straight. He also has 26 wins in his last 27 matches. The senior ranks third in the country, earning the highest individual ranking ever under Coach Martin.

### **James Nicholson: All-American**

After a run at the podium in last years NCAA Tournament, James Nicholson, a redshirt sophomore from Des Moines, Iowa, has led ODU with an impressive campaign this year. Named the Virginia Sports Information Directors Rookie AND Wrestler of the Year in 2007-08, Nicholson also earned CAA Rookie of the Year honors.

This season, Nicholson has not skipped a beat since finishing eighth at the NCAA Tournament, going 35-2 this season. He has beat five nationally ranked opponents, including #5 Obenson Blanc (Ok State) and #7 Scotti Sentes (Central Michigan) and he himself has been ranked in the top ten all season long.

Nicholson boasts the #2 RPI in the country, having faced an extremely difficult schedule. He went 14-2 in the regular season against 2009 NCAA Qualifiers and will be looking for a consecutive All-American honor.

### **Hometown Brown**

Redshirt sophomore Chris Brown, from nearby Chesapeake, Virginia, has again impressed onlookers in his third year. Earlier this season, Brown bested the national number one, Nick Marable (Missouri), in an overtime thriller. The win comes a year after, almost to the day, his win over #1 Mark Perry (Iowa) in his sophomore season. He added another top ten topple to his belt later in the year, posting a sudden victory win over #9 Luke Manuel (Purdue).

The big wins powered Brown into the top ten for the first time in his career and has ranked as high as ninth this season. In almost three complete years of wrestling, he has piled up 102 career wins, posting a 75% win percentage. Brown finished second at the Michigan State Open earlier this season and won his second consecutive CAA Championship last weekend.

### **Decking the Competition**

Junior transfer Eric Decker has made his mark in his first year in a Monarch singlet, earning his second career trip to the NCAA Tournament. Decker qualified as a freshman for the Virginia Tech Hokies and will head to the NCAA Tournament two years later for the Monarchs.

Decker has faced stiff competition this year, including 17 matches against this years tournament field at 174 lbs. He won five of those matches and lost by no more than two points in all but two of them. He has battled with the best in the country and will likely have a shot at a solid tournament in St. Louis.

Decker finished his first year for the Monarchs with an 26-18 record overall, including three major decisions and one pin.

### **Second Straight for Strawn**

Last season, Jesse Strawn earned a trip to the NCAA Tournament at 184 lbs and will return this season at his new weight, the 197 lb class. Jesse boasts the most regular season bouts against 2009 NCAA Qualifiers for the Monarchs, wrestling in 19 matches against the field. He won nine of those bouts, including the most impressive win of his career, a pin of 7th ranked Hudson Taylor from Maryland.

Strawn leads the team in pins with 13, and is one of three Monarch wrestlers to post a 30-win season. Sixteen of his 33 wins have come in bonus-point fashion as he has helped lead ODU to one of its finest seasons in school history.

The Monarchs 197-pounder went 0-2 in his first appearance at the Big Dance and will look to improve on that this season.

### **At-Large Qualifier: Kyle Hutter**

Kyle Hutter was able to breathe a sigh of relief last week as the Monarchs 133-pounder was named as an at-large qualifier for the NCAA Tournament. He became the sixth NCAA Qualifier for the Monarchs as they send six for the second year in a row.

Hutter earned the trip after going 22-12 this season with ten bonus point victories. He had five pins, four major decisions and one technical fall on the year. He also beat 2009 NCAA Qualifiers David Marble (Bucknell) and Conor Beebe (Central Michigan).

Last season, Hutter went 1-2 in his first ever appearance in the NCAA Tournament. He faced 11-seeded Joe Baker (Navy) in the first round, falling 12-5, but bounced back with a 2-1 win over Stephen Hromada (Chattanooga) in the wrestlebacks. Reece Humphrey (Ohio State) won in the second round of consolations to bounce Hutter from the tournament.

## **Against 2009 NCAA Qualifiers:**

### **125: James Nicholson - 14-2**

11/16	vs. Jarrod Garnett (VT)	W	Dec	4-2
11/22	vs. Obenson Blanc (OKSt.)	W	Dec	5-3
11/23	vs. Joey Fio (Oklahoma)	W	Dec	5-2
11/29	vs. Ian Moser (Bloomsburg)	W	Dec	7-3
12/29	vs. Scotti Sentes (CMU)	L	Dec	3-8
12/29	vs. Brendan Byrne (Maryland)	W	MD	12-4
12/30	vs. Jay Ivanco (Clarion)	W	Dec	3-1
12/30	vs. Scotti Sentes (CMU)	W	Dec	3-2
1/9	vs. Anthony Mustari (No. Col)	W	Dec	4-0
1/9	vs. Scotti Sentes (CMU)	L	Dec	2-3
1/10	vs. Nicholas Bedlyon (Kent St)	W	Dec	7-2
1/17	vs. Steve Bonanno (Hofstra)	W	Dec	5-2
1/25	vs. Derek Reber (Bucknell)	W	Dec	7-1
2/1	vs. Scotti Sentes (CMU)	W	Dec	5-4
2/18	vs. Jarrod Garnett (VT)	W	Dec	5-4
3/6	vs. Steve Bonanno (Hofstra)	W	Dec	7-3

### **133: Kyle Hutter - 2-10**

11/9	vs. David Marble (Bucknell)	W	Dec	6-3
11/9	vs. Franklin Gomez (Mich. St)	L	Dec	3-10
11/29	vs. Todd Schavrien (Missouri)	L	Dec	4-8
12/29	vs. Steve Bell (Maryland)	L	Dec	3-4
12/29	vs. Tristen DeShazer (NIU)	L	Fall	3:18
1/9	vs. Conor Beebe (CMU)	W	Dec	6-4
1/10	vs. Dan Mitcheff (Kent State)	L	TB	1-2
1/17	vs. Lou Ruggirello (Hofstra)	L	Fall	1:46
1/25	vs. David Marble (Bucknell)	L	Dec	2-4
2/1	vs. Conor Beebe (CMU)	L	Dec	1-4
2/20	vs. Darius Little (NCSU)	L	Dec	2-3
3/7	vs. Lou Ruggirello (Hofstra)	L	Fall	4:35

### **141: Ryan Williams - 11-3**

11/9	vs. Tyler Nauman (Pitt)	W	Dec	6-3
11/9	vs. Frank Molinaro (Penn State)	W	MD	15-7
11/22	vs. Jamal Parks (OK State)	W	Dec	6-5
11/29	vs. Marcus Hoehn (Missouri)	L	Dec	4-7
12/29	vs. Chris Drouin (Arizona State)	L	SV	4-8
12/29	vs. Anthony D'Alie (CMU)	L	Dec	4-5
1/4	vs. Chris Bencivenga (UNCG)	W	Dec	6-1
1/9	vs. Anthony D'Alie (CMU)	W	Dec	9-8
1/10	vs. Drew Lashaway (Kent State)	W	SV	3-1
1/17	vs. Justin Accordino (Hofstra)	W	Dec	8-3
2/1	vs. Anthony D'Alie (CMU)	W	MD	14-4
2/18	vs. Chris Diaz (VT)	W	Dec	3-2
2/20	vs. Joe Caramanica (NCSU)	W	Dec	9-6
3/6	vs. Justin Accordino (Hofstra)	W	Fall	1:50

### **165: Chris Brown - 8-5**

11/9	vs. Rex Kendle (Michigan St.)	L	Dec	4-6
11/22	vs. Brandon Mason (OK St.)	L	TB-2	4-5
11/23	vs. Ryan Smith (Oklahoma)	L	Fall	2:17
11/29	vs. Nick Marable (Missouri)	W	TB	2-1
11/29	vs. Rick Schmelyun (Blooms)	W	Dec	6-2
12/29	vs. Ryan Morningstar (Iowa)	L	RT-TB3	1-2
1/4	vs. Luke Manuel (Purdue)	W	SV	3-1
1/9	vs. Trevor Stewart (CMU)	L	Dec	2-4
1/10	vs. Jason Lapham (Rider)	W	Dec	3-1
1/17	vs. Ryan Patrovich (Hofstra)	W	Dec	3-2
1/25	vs. Andy Rendos (Bucknell)	W	Dec	4-3
2/1	vs. Trevor Stewart (CMU)	W	Dec	5-2
3/7	vs. Ryan Patrovich (Hofstra)	W	Dec	8-2

### **174: Eric Decker - 5-12**

11/16	vs. Anthony Trongone (VT)	L	Dec	2-3
11/23	vs. Jeff James (Oklahoma)	L	Dec	2-3
12/14	vs. Chris Henrich (Virginia)	L	Dec	0-1
12/29	vs. Anthony Trongone (VT)	W	Dec	4-2
12/29	vs. Alton Lucas (Hofstra)	L	Dec	2-3
12/29	vs. Luke Rebertus (Navy)	L	TB	2-4
12/29	vs. Alton Lucas (Hofstra)	W	Def	Def
1/4	vs. Mendbagana Tovuujav (GM)	L	SV	1-3
1/9	vs. Mike Miller (CMU)	L	Dec	4-11
1/10	vs. Luke Rebertus (Navy)	L	Dec	3-4
1/17	vs. Alton Lucas (Hofstra)	L	Dec	1-3
1/25	vs. Shane Riccio (Bucknell)	W	Dec	2-0
2/1	vs. Mike Miller (CMU)	L	Dec	1-2
2/8	vs. Chris Henrich (Virginia)	L	Dec	4-5
2/18	vs. Anthony Trongone (VT)	W	SV	3-1
3/6	vs. Alton Lucas (Hofstra)	L	Dec	3-6
3/7	vs. Hunter Meys (Boston Univ.)	W	Dec	2-0

### **197: Jesse Strawn - 9-10**

11/16	vs. Daniel Bruce (VT)	W	Fall	1:38
11/22	vs. Clayton Foster (OK State)	L	Fall	2:05
11/12	vs. Eric Lapotsky (Oklahoma)	L	Dec	4-6
11/29	vs. Max Askren (Missouri)	L	Dec	3-7
12/20	vs. Andrew Anderson (UNI)	L	Dec	4-6
12/29	vs. Charles Silber (American)	W	Dec	3-1
12/29	vs. Jake Varner (Iowa State)	L	Fall	1:29
12/30	vs. Patrick Bond (Illinois)	W	Dec	5-2
12/30	vs. Hudson Taylor (Maryland)	W	Fall	4:29
12/30	vs. Max Askren (Missouri)	L	Dec	6-11
1/4	vs. Logan Brown (Purdue)	W	Dec	4-2
1/4	vs. Cayle Byers (GMU)	L	Dec	3-5
1/10	vs. Eric Chine (Kent State)	W	Dec	5-4
1/17	vs. Jon Oplinger (Drexel)	L	Dec	6-11
2/8	vs. Brent Jones (Virginia)	L	Dec	5-6
2/18	vs. Daniel Bruce (VT)	W	Dec	7-5
3/6	vs. Joe Fagiano (Hofstra)	W	Dec	5-2
3/6	vs. Cayle Byers (GMU)	L	Dec	1-6
3/7	vs. Joe Fagiano (Hofstra)	W	Dec	5-4

## Colonial Athletic Association

### Regular Season CAA Wrestling Rankings (2-24-2009)

	Conference	Overall	CAA Ranked Wrestlers
<b>1. Old Dominion University</b>	<b>5-0-0</b>	<b>17-6-0</b>	<b>10</b>
2. Hofstra University	5-1-0	10-6-0	10
3. Rider University	5-2-0	8-7-0	10
4. George Mason University	3-2-1	6-10-1	5
5. Drexel University	2-5-0	10-15-1	9
6. Binghamton University	3-4-0	13-14-0	6
7. Boston University	1-4-1	7-8-1	7
8. Sacred Heart University	0-6-0	7-10-0	4

#### **125:**

- 1. James Nicholson, ODU**
2. Steve Bonano, Hofstra
3. Brian Wright, GMU
4. Tyler Malmberg, Binghamton
5. Michael Gomez, Drexel
6. Ryan Dowd, Boston Univ.
6. Tim Trivisonno, Rider

#### **133:**

1. Lou Ruggirello, Hofstra
- 2. Kyle Hutter, ODU**
3. Denny Herndon, GMU
4. Cory Dunn, Sacred Heart
5. Jim Kirchner, Rider
6. Frank Cimato, Drexel

#### **141:**

- 1. Ryan Williams, ODU**
2. Justin Accordino, Hofstra
3. Chris Davis, Sacred Heart
4. Anwar Goeres, Binghamton
5. Fred Rodgers, Rider
6. Matt Dugan, Drexel

#### **149:**

1. Mike Roberts, Boston Univ.
- 2. Joey Metzler, ODU**
3. Anthony Priore, Sacred Heart
4. Matt Kaylor, Binghamton
5. Aaron Nestor, Rider
6. P.J. Gillespie, Hofstra

#### **157:**

1. Jon Bonilla-Bowman, Hofstra
2. Mike Kessler, Rider
- 3. Kaylen Baxter, ODU**
4. Nate Patterson, Binghamton
5. Frankie McLaughlin, GMU
6. Billy Haydt, Drexel

#### **165:**

- 1. Chris Brown, ODU**
2. Ryan Patrovich, Hofstra
3. Jason Lapham, Rider
4. Scott Hunter, Drexel
5. C.J. Inglin, Boston Univ.
6. Ryan McGarity, Binghamton

#### **174:**

1. Alton Lucas, Hofstra
2. Bagna Tovuujav, GMU
- 3. Eric Decker, ODU**
4. Hunter Meys, Boston Univ.
5. Dave Woodall, Drexel
6. Mike Ward, Rider

#### **184:**

1. Josh Patterson, Binghamton
2. Doug Umbehauer, Rider
3. Ben Clymer, Hofstra
- 4. Joe Budi, ODU**
5. Justin Wieller, Drexel
6. Joe Kennedy, Boston Univ.

#### **197:**

1. Cayle Byers, GMU
2. Jon Oplinger, Drexel
- 3. Jesse Strawn, ODU**
4. John Hall, Boston Univ.
5. Joe Fagiano, Hofstra
6. Mike Miller, Rider

#### **285:**

1. Eddie Bordas, Rider
- 2. Roy Dragon III, ODU**
3. Kyle Frey, Drexel
4. Jordan Enck, Hofstra
5. Jim Connors, Boston Univ.
6. Bill Beiermeister, Sacred Heart

## 2008-2009 Season Results

### ODU at Michigan State Open 11/9/08

**Five Placewinners, One Champ**

**Final Results**

- 1<sup>st</sup> - Ryan Williams (141)
- 2<sup>nd</sup> - Kyle Hutter (133)
- 2<sup>nd</sup> - Chris Brown (165)
- 2<sup>nd</sup> - Joe Budi (184) - Fr/So. Bracket
- 4<sup>th</sup> - Joey Metzler (149)

ODU opened the 2008-09 season with an impressive showing at the Michigan State Open, especially from senior Ryan Williams at 141 lbs. Williams won the weight class at the MSU Open and in doing so, broke the 100-win mark for his career, becoming just the eighth Monarch in school history to reach the 100-win plateau. Kyle Hutter defeated Bucknell's nationally ranked David Marble for the second time in his career in the tournament and faced the #3 133-pounder, Franklin Gomez (Michigan State). Chris Brown (165) and Joey Metzler (149) placed as well, while Joe Budi made a run in the freshman/sophomore bracket for a second place finish in his first career tournament.

### ODU at Hokie Open 11/16/08

**Five Placewinners, Two Champs**

**Final Results**

- 1<sup>st</sup> - James Nicholson (125)
- 1<sup>st</sup> - Jesse Strawn (197)
- 2<sup>nd</sup> - Kaylen Baxter (149)
- 2<sup>nd</sup> - Eric Decker (174)
- 3<sup>rd</sup> - Joe Budi (184)

James Nicholson and Jesse Strawn took the mat for the first time in 08-09 and both won their respective weight classes. Nicholson, a returning All-American, cruised to the 125-pound weight title with back-to-back falls, a major decision and a 4-2 win over Jarrod Garnett (VT) in the championship bout. Strawn, moving up to 197 lbs this season, was dominant, with a technical fall and three pins in the tournament. Rookie Joe Budi placed in his second straight tournament to open his career, posting five wins at the event and a third place finish. Kaylen Baxter (149) and Eric Decker (174) also placed at the first annual Hokie Open.

### #20 ODU at #7 Oklahoma State 11/22/08

**Stillwater, Okla.**

**9-30 Loss**

**Final Results**

- |   |           |
|---|-----------|
| 125 - Nicholson (ODU) def. Obenson (OSU)  | 5-3       |
| 133 - Hutter (ODU) def. Shinn (OSU)       | 4-2       |
| 141 - Williams (ODU) def. Parks (OSU)     | 6-5       |
| 149 - Silver (OSU) def. Metzler (ODU)     | 4-3       |
| 157 - McSpadden (OSU) def. Baxter (ODU)   | 6-1       |
| 165 - Mason (OSU) def. Brown (ODU)        | 5-4 TB2   |
| 174 - Griffin (OSU) def. Decker (ODU)     | 10-4      |
| 184 - Shelton (OSU) def. Budi (ODU)       | 0:41 fall |
| 197 - Foster (OSU) def. Strawn (ODU)      | 2:05 fall |
| HWT - Rosholt (OSU) def. Dragon III (ODU) | 4:26 fall |

ODU fell in their first dual action of the season to the Cowboys of Oklahoma State, ranked seventh in the nation. James Nicholson (125) and Kyle Hutter (133) both defeated nationally ranked opponents, and Chris Brown (165) took his nationally ranked foe to the second tiebreaker. Ryan Williams continued his hot start, starting 6-0 for the Monarchs in his senior year.

### #20 ODU at #19 Oklahoma 11/23/08

**Norman, Okla.**

**6-28 Loss**

**Final Results**

- |  |           |
|--|-----------|
| 125 - Nicholson (ODU) def. Fio (OU)        | 5-2       |
| 133 - Armstrong (OU) def. Hutter (ODU)     | 11-5      |
| 141 - Williams (ODU) def. Bailey (OU)      | 6-5       |
| 149 - Terry (OU) def. Metzler (ODU)        | 9-1 MD    |
| 157 - Vernon (OU) def. Baxter (ODU)        | 3-1       |
| 165 - Smith (OU) def. Brown (ODU)          | 2:17 fall |
| 174 - James (OU) def. Decker (ODU)         | 3-2       |
| 184 - Flynn (OU) def. Budi (ODU)           | 7-3       |
| 197 - Lapotsky (OU) def. Strawn (ODU)      | 6-4       |
| HWT - Fernandez (OU) def. Dragon III (ODU) | 5-3       |

ODU dropped to 0-2 to start the season with their second loss to a Big 12 opponent on the same weekend. Nicholson and Williams continue to impress, as both are undefeated to start the season and both defeated another nationally ranked opponent. Williams bested #8 Zack Bailey by a 6-5 count and Nicholson dropped #16 Joey Fio in a 5-2 decision.

**Northeast Duals**      **Troy, N.Y.**      **11/29/08**  
**#20 ODU vs. RV Harvard**  
**38-9 Win**  
**Final Results**  
125 - Nicholson (ODU) win by forfeit      --  
133 - Hutter (ODU) def. Motley (HU)      17-2 TF  
141 - Williams (ODU) win by forfeit      --  
149 - Metzler (ODU) def. Peppelman (HU)      5-3 SV  
157 - O'Connor (HU) def. Rivera (ODU)      3:32 fall  
165 - Brown (ODU) def. Sadler (HU)      23-7 TF  
174 - Decker (ODU) def. Panzano (HU)      8-0 MD  
184 - Caputo (HU) def. Budi (ODU)      5-1  
197 - Strawn (ODU) def. Murphy (HU)      6:07 fall  
HWT - Dragon III (ODU) def. DeSena (HU)      2-0

The Monarchs notched their first win of the 2008-09 season toppling the Crimson of Harvard University. Harvard was receiving votes in the national polls entering the dual and ODU dismantled the team, 8-2. Chris Brown had the first of three big wins on the day, with a technical fall over Michael Sadler in the first dual, before he upset national number one Nick Marable in the following dual against Missouri.

**Northeast Duals**      **Troy, N.Y.**      **11/29/08**  
**#20 ODU vs. Bloomsburg**  
**30-6 Win**  
**Final Results**  
125 - Nicholson (ODU) def. Moser (Bloomsburg) 7-3  
133 - Hutter (ODU) def. Guffey (Bloomsburg) 6-3  
141 - Williams (ODU) def. Donald (Bloomsburg) 8-2  
149 - Hickman (Bloomsburg) def. Metzler (ODU) 5-3  
157 - Moley (Bloomsburg) def. Baxter (ODU) 6-0  
165 - Brown (ODU) def. Schmelyun (Bloomsburg) 6-2  
174 - Decker (ODU) def. Graham (Bloomsburg) 1:16 fall  
184 - Budi (ODU) def. Hasseman (Bloomsburg) 5-2  
197 - Strawn (ODU) def. Sutton (Bloomsburg) 2:36 fall  
HWT - Dragon III (ODU) def. Walsh (Bloomsburg) 4-0

For the teams second win of the season, ODU dropped Bloomsburg for the first time in school history. The 30-6 win was paced by Nicholson winning his third match against a nationally ranked opponent this season, when he bumped #17 Ian Moser in a 7-3 decision. Ryan Williams bounced back after his only loss of the season with a win at 141 lbs and ODU went 8-2 against the Huskies.

**Northeast Duals**      **Troy, N.Y.**      **11/29/08**  
**#20 ODU vs. #5 Missouri**  
**9-29 Loss**  
**Final Results**  
125 - Nicholson (ODU) def. Dolan (Mizzou)      3-0  
133 - Schavrien (Mizzou) def. Hutter (ODU)      8-4  
141 - Hoehn (Mizzou) def. Williams (ODU)      7-4  
149 - Sherry (Mizzou) def. Metzler (ODU)      2:04 fall  
157 - Chandler (Mizzou) def. Baxter (ODU)      10-2 MD  
165 - Brown (ODU) def. Marable (Mizzou)      2-1 TB  
174 - Jordan (Mizzou) def. Coffey (ODU)      13-3 MD  
184 - Budi (ODU) def. Andrews (Mizzou)      5-2  
197 - Askren (Mizzou) def. Strawn (ODU)      7-3  
HWT - Ellis (Mizzou) def. Dragon III (ODU)      4:18 fall

Chris Brown highlighted the Northeast Duals with a win over the national number one, Nick Marable, much like he did at the St. Edward's Duals a year ago with a win over then national number one Mark Perry (Iowa). It was the second time and a year later, nearly to the day, that Brown upset the top-ranked grappler at his weight. James Nicholson and Joe Budi added wins against the Tigers in the loss to the 5th ranked team in the nation.

**#21 ODU vs. #25 Northern Iowa**      **12/20/08**  
**Norfolk, Va.**  
**15-25 Loss**  
**Final Results**  
184 - Hazen (UNI) def. Budi (ODU)      6-5  
197 - Anderson (UNI) def. Strawn (ODU)      6-4  
HWT - Brantley (UNI) def. Dragon III (ODU)      9-3  
125 - Nicholson (ODU) def. Flores (UNI)      10-3  
133 - Baldrige (UNI) def. Hutter (ODU)      6:21 fall  
141 - Williams (ODU) win by forfeit      --  
149 - Ettelson (UNI) def. Metzler (ODU)      13-5 MD  
157 - Reiner (UNI) def. Rivera (ODU)      8-3  
165 - Brown (ODU) win by forfeit      --  
174 - Beets (UNI) def. Decker (ODU)      4-1

Old Dominion lost its fourth straight to nationally ranked opponents, falling at home to the Panthers of UNI. Jesse Strawn nearly toppled #11 Andrew Anderson, but fell in a 6-4 decision. James Nicholson was the only contested win for the Monarchs, posting a 10-3 decision over Eric Flores. The other wins for ODU were forfeits at 141 and 165 lbs.

**ODU at Southern Scuffle 12/29-30/08****20th Place - 23.5 points - 1 placewinner****Final Results**5<sup>th</sup> - Eric Decker (174)

The Monarchs sent several wrestlers to the Southern Scuffle Tournament over winter break and all four regulars scored at least two wins in the event. Junior Eric Decker led the way, placing fifth at 174 lbs with a 5-2 record. He got a chance to see the CAA's top ranked wrestler at his weight, Alton Lucas (Hofstra) and narrowly lost to the Pride grappler, 3-2. He won three straight in the wrestlebacks to seal the fifth place effort. Kaylen Baxter (149) won two on the first day and then lost a pair on day two by just three points combined, including a two-point loss to #5 Bryce Saddoris (Navy). Joe Budi (184) and David Wilson (285) both went 2-2 at the Scuffle.

**ODU at Midlands Wrestling Champs 12/29-30/08****11th Place - 53.0 points - 3 placewinners****Final Results**3<sup>rd</sup> - James Nicholson (125)5<sup>th</sup> - Ryan Williams (141)5<sup>th</sup> - Jesse Strawn (197)

Three Monarchs posted placewinning finishes at one of the top tournaments in the nation this week, as James Nicholson (125), Ryan Williams (141) and Jesse Strawn (197) all placed. Nicholson suffered his first loss of the season, but bounced back and beat the same kid in the consolation finals for the third place finish. Williams got bounced in the pigtails by #5 Chris Drouin (Arizona State) but then reeled off seven wins in the consolation bracket to finish fifth. Jesse Strawn posted a huge win over #7 Hudson Taylor (Maryland) as he pinned the Terrapin grappler. It was just the second pin suffered in the last two years for the All-American.

**ODU Quad 1/4/09****#21 ODU vs. UNC Greensboro****33-6 Win****Final Results**

125 - Nicholson (ODU) def. Johnson (UNCG) 14-6 MD

133 - Hutter (ODU) def. Boyle (UNCG) 1:57 fall

141 - Williams (ODU) def. Bencivenga (UNCG) 6-1

149 - Metzler (ODU) def. Wilmore (UNCG) 6-3

157 - Saunders (UNCG) def. Rivera (ODU) 6-2

165 - Brown (ODU) def. Hojilla (UNCG) 19-4 TF

174 - Coffey (ODU) def. Miller (UNCG) 4-1

184 - Budi (ODU) def. McKee (UNCG) 8-4

197 - Strawn (ODU) def. Sughrue (UNCG) 4:19 fall

HWT - Sheffield (UNCG) def. Dragon III (ODU) 5-4

ODU won all three of their matches as they hosted the ODU Quad, including this first match against the Greensboro Spartans. ODU posted eight wins in the dual, including four bonus point victories. Kyle Hutter and Jesse Strawn pinned their opponents while James Nicholson and Chris Brown posted a major decision and technical fall respectively.

**ODU Quad 11/23/08****#21 ODU vs. RV Purdue****22-12 Win****Final Results**

125 - Nicholson (ODU) def. Eren (Purdue) 10-2 MD

133 - Hutter (ODU) def. Beebe (Purdue) 8-2

141 - Williams (ODU) def. Archuleta (Purdue) MFor

149 - Patacsil (Purdue) def. Baxter (ODU) 13-6

157 - Salazar (Purdue) def. Metzler (ODU) 9-5

165 - Brown (ODU) def. Manuel (Purdue) 3-1 SV

174 - Decker (ODU) def. Corpe (Purdue) 3-1

184 - Kissel (Purdue) def. Budi (ODU) 4-3

197 - Strawn (ODU) def. Brown (Purdue) 4-2

HWT - Kasten (Purdue) def. Wilson (ODU) 7-0

The biggest win of the season so far came against Purdue, who was receiving votes in the national poll. The Boiler-makers sent two nationally ranked wrestlers to their peril against Brown and Strawn, and nearly a third as rookie Joe Budi lost on the riding time advantage to #12 A.J. Kissel. ODU won six matches against Purdue and evened their season record at 4-4 with this win.



<b>ODU Quad</b>	<b>1/4/09</b>
<b>#21 ODU vs. George Mason*</b>	
<b>26-9 Win</b>	
<b>Final Results</b>	
125 - Nicholson (ODU) def. Wright (GMU)	9-3
133 - Hutter (ODU) def. Herndon (GMU)	4-0
141 - Williams (ODU) def. Delgado (GMU)	19-8 MD
149 - Baxter (ODU) def. Bucher (GMU)	7-2
157 - McLaughlin (GMU) def. Rivera (ODU)	3-2
165 - Brown (ODU) def. Whitelaw (GMU)	17-6 MD
174 - Tovuujav (GMU) def. Decker (ODU)	3-1 SV
184 - Budi (ODU) def. Webb (GMU)	5-1
197 - Byers (GMU) def. Strawn (ODU)	5-3
HWT - Wilson (ODU) win by forfeit	--

The Monarchs grabbed their first CAA win over the Patriots and surged above .500 for the first time all season. ODU won seven matches against George Mason including two bonus point victories. Chris Brown rounded out a fantastic day at the ODU Quad with a 17-6 major decision and Ryan Williams posted his 117th career victory with a 19-8 major decision in his match. Nicholson improved to 19-1 on the year and 9-0 in dual competition.

<b>Virginia Duals</b>	<b>1/9/09</b>
<b>#23 ODU vs. #12 Central Michigan</b>	
<b>12-24 Loss</b>	
<b>Final Results</b>	
125 - Sentes (CMU) def. Nicholson (ODU)	3-2
133 - Hutter (ODU) def. Beebe (CMU)	6-4
141 - Williams (ODU) def. D'Alie (CMU)	9-8
149 - Brown (CMU) def. Metzler (ODU)	2-0
157 - Grayson (CMU) def. Baxter (ODU)	8-2
165 - Stewart (CMU) def. Brown (ODU)	4-2
174 - Miller (CMU) def. Decker (ODU)	11-4
184 - DiDona (CMU) def. Budi (ODU)	8-5
197 - Strawn (ODU) def. Qureshi (ODU)	2:58 fall
HWT - Trice (CMU) def. Dragon III (ODU)	6:45 fall

ODU lost their fifth dual of the season, all five coming to nationally ranked opponents. James Nicholson dropped just his second match of the year and to the same opponent, snapping his unbeaten streak in duals. ODU was led by #19 Kyle Hutter, winning over #13 Conor Beebe, and got wins from #7 Ryan Williams and #15 Jesse Strawn as well. Strawn's win was his 11th pin of the year.

<b>Virginia Duals</b>	<b>1/9/09</b>
<b>#23 ODU vs. Northern Colorado</b>	
<b>27-9 Win</b>	
<b>Final Results</b>	
125 - Nicholson (ODU) def. Mustari (UNC)	4-0
133 - Hutter (ODU) def. Cruz (UNC)	12-3 MD
141 - Williams (ODU) def. Hayes (UNC)	14-1 MD
149 - Polkowske (UNC) def. Metzler (ODU)	8-2
157 - Baxter (ODU) def. Gaethje (UNC)	7-3
165 - Brown (ODU) def. Weiks (UNC)	12-3 MD
174 - Decker (ODU) def. Kammerzell (UNC)	3-1
184 - Budi (ODU) def. Johnson (UNC)	9-4
197 - Strawn (ODU) def. Brennan (UNC)	7-3
HWT - Truell (UNC) def. Wilson (ODU)	MFor

ODU started off the Virginia Duals as the #6 seed facing Northern Colorado and dispatched the Bears easily in the first round. ODU won eight of the ten matches with three bonus point victories coming at 133, 141 and 165. James Nicholson beat another nationally ranked wrestler at 125 lbs and added to his unbeaten streak in dual competition, now at 18 straight victories. Ryan Williams grabbed a major decision to tie James Nicholson for the team lead.

<b>Virginia Duals</b>	<b>1/10/09</b>
<b>#23 ODU vs. Rider University</b>	
<b>25-12 Win</b>	
<b>Final Results</b>	
125 - Nicholson (ODU) def. Trivisonno (Rider)	18-7 MD
133 - Hutter (ODU) def. Kirchner (Rider)	14-9
141 - Williams (ODU) def. Rodgers (Rider)	11-2 MD
149 - Metzler (ODU) def. Miller, D. (Rider)	21-4 TF
157 - Kessler (Rider) def. Baxter (ODU)	3-2
165 - Brown (ODU) def. Lapham (Rider)	3-1
174 - Decker (ODU) def. Ward (Rider)	3-0
184 - Umbehauer (Rider) win by forfeit	--
197 - Strawn (ODU) def. Miller, M. (Rider)	6-2
HWT - Bordas (Rider) def. Dragon III (ODU)	4-2

The Monarchs won their first match on the second day of the Duals, assuring them of at least a placing in the tournament. The team scored wins at seven weights, including a technical fall for Joey Metzler at 149 and a pair of major decisions from James Nicholson and Ryan Williams. The Monarchs will face the Broncs for their scheduled dual on February 14 in New Jersey.

Virginia Duals	1/10/09
<b>#23 ODU vs. Navy</b>	
<b>22-12 Win</b>	
<b>Final Results</b>	
125 - Nicholson (ODU) def. Stein (Navy)	20-5 TF
133 - Hutter (ODU) def. Kalil (Navy)	11-1 MD
141 - Williams (ODU) def. Pagan (Navy)	16-8 MD
149 - Sadoris (Navy) def. Metzler (ODU)	9-3
157 - Shober (Navy) def. Baxter (ODU)	3-2
165 - Brown (ODU) def. DeMichiel (Navy)	3-1
174 - Rebertus (Navy) def. Decker (ODU)	4-3
184 - Caldwell (Navy) def. Budi (ODU)	11-5
197 - Strawn (ODU) def. Neese (Navy)	3-2
HWT - Dragon III (ODU) def. Landis (Navy)	6-2

ODU started the match off with three straight bonus point victories, to jump to an 13-0 lead, but Navy would bounce back with four wins in the next five matches, to make it a 16-12 match going into the last two bouts. Jesse Strawn continued his strong showing at the duals with a win at 197 to seal the win and Roy Dragon III posted a win at the heavyweight class for the final score, 22-12. Eric Decker lost by just one point to #17 Luke Rebertus at 174.

Virginia Duals	1/10/09
<b>#23 ODU vs. #24 Kent State</b>	
<b>18-15 Win</b>	
<b>Final Results</b>	
125 - Nicholson (ODU) def. Bedelyon (Kent St.)	7-2
133 - Mitcheff (Kent St.) def. Hutter (ODU)	2-1
141 - Williams (ODU) def. Lashaway (Kent St.)	3-1
149 - Metzler (ODU) def. Depoy (Kent St.)	6-2
157 - Tice (Kent St.) def. Baxter (ODU)	6-2
165 - Brown (ODU) def. Simpson (Kent St.)	4-1
174 - Decker (ODU) def. Estep (Kent St.)	3-1
184 - Kilgore (Kent St.) def. Coffey (ODU)	17-1 TF
197 - Strawn (ODU) def. Chine (Kent St.)	5-4
HWT - Porter (Kent St.) def. Dragon III (ODU)	14-0 MD

Jesse Strawn topped off a fantastic weekend with a dramatic last second victory at 197 lbs that was the difference in the match. ODU took home 5th place at the Virginia Duals, powered by Strawn's performance against the Golden Flashes. Sophomore James Nicholson also capped a solid weekend with his second win over a nationally ranked opponent and his fifth so far this season. Ryan Williams also went 5-0, like Strawn, at the Duals.

CAA Duals	1/17/09
<b>#21 ODU vs. Binghamton</b>	
<b>46--1 Win</b>	
<b>Final Results</b>	
125 - Nicholson (ODU) def. Bloss (Binghamton)	17-2 TF
133 - Hutter (ODU) def. Slavin (Binghamton)	4:22 fall
141 - Williams (ODU) def. Naguib (Binghamton)	17-4 MD
149 - Metzler (ODU) def. Kaylor (Binghamton)	3-2
157 - Baxter (ODU) def. Patterson, N. (Bing)	8-4
165 - Brown (ODU) def. McGarity (Binghamton)	6:10 fall
174 - Decker (ODU) def. Esposito (Binghamton)	4-0
184 - Budi (ODU) def. Patterson, J. (Binghamton)	3:40 fall
197 - Strawn (ODU) def. Waite (Binghamton)	12-0 MD
HWT - Dragon III (ODU) def. Bittner (Bing)	1:47 fall

ODU posted their first CAA shutout since the 55-0 match against Wagner in 2004-05. The Monarchs got four pins and seven bonus point victories in the ten matches against Binghamton, including a huge fall from rooke Joe Budi over top ten grappler Josh Patterson at 184 lbs. The Monarch newcomer pinned Patterson 3:40 into the match for the biggest win of his young career.

CAA Duals	1/17/09
<b>#21 ODU vs. Drexel</b>	
<b>34-3 Win</b>	
<b>Final Results</b>	
125 - Nicholson (ODU) def. Gomez (Drexel)	17-2 TF
133 - Hutter (ODU) def. Cimato (Drexel)	4-3
141 - Williams (ODU) def. Dugan (Drexel)	14-4 MD
149 - Metzler (ODU) def. Robinson (Drexel)	Inj Def
157 - Baxter (ODU) def. Konno (Drexel)	6-3
165 - Brown (ODU) def. Hunter (Drexel)	14-5 MD
174 - Decker (ODU) def. Woodall (Drexel)	6-5
184 - Budi (ODU) def. Wieller (Drexel)	2-0
197 - Oplinger (Drexel) def. Strawn (ODU)	11-6
HWT - Dragon III (ODU) def. Frey (Drexel)	2-0

Against the Dragons, the Monarchs were dominant, winning nine of the ten weights with the only loss coming to nationally ranked Jon Oplinger at 197 lbs. The Monarchs got bonus point victories at four weights, including a second technical fall on the day for sophomore James Nicholson (125) and a second major decision for senior Ryan Williams. Kaylen Baxter won his second straight match at his new weight, the 157-lb weight class.

**CAA Duals** **1/17/09****#21 ODU vs. #18 Hofstra****17-15 Win****Final Results**

125 - Nicholson (ODU) def. Bonnano (Hofstra)	5-2
133 - Ruggirello (Hofstra) def. Hutter (ODU)	1:46 fall
141 - Williams (ODU) def. Accordino (Hofstra)	8-3
149 - Metzler (ODU) def. Gillespie (Hofstra)	2-1
157 - Bonilla-Bowman (HU) def. Baxter (ODU)	8-4
165 - Brown (ODU) def. Patrovich (Hofstra)	3-2
174 - Lucas (Hofstra) def. Decker (ODU)	3-1
184 - Clymer (Hofstra) def. Budi (ODU)	2-1
197 - Strawn (ODU) def. Tortora (Hofstra)	8-3
HWT - Dragon III (ODU) def. Enck (Hofstra)	4-3

For the first time since joining the CAA, Hofstra dropped a dual to a conference opponent, and it came at the hands of the Monarchs. ODU edged Hofstra, 6-4, winning the match at heavyweight as sophomore Roy Dragon III stepped in and won a 4-3 decision over the Pride wrestler. Down 15-12 headed into the last two matches, ODU needed both to win and got decisions from both Dragon and Jesse Strawn.

**#20 ODU vs. #12 Central Michigan** **2/1/09****19-14 Loss****Final Results**

125 - Nicholson (ODU) def. Sentes (CMU)	5-4
133 - Beebe (CMU) def. Hutter (ODU)	4-1
141 - Williams (ODU) def. D'Alie (CMU)	14-4 MD
149 - Brown (CMU) def. Metzler (ODU)	8-3
157 - Grayson (CMU) def. Baxter (ODU)	10-5
165 - Brown (ODU) def. Stewart (CMU)	5-2
174 - Miller (CMU) def. Decker (ODU)	2-1
184 - DiDona (CMU) def. Budi (ODU)	15-5 MD
197 - Strawn (ODU) def. Simaz (CMU)	10-1 MD
HWT - Trice (CMU) def. Dragon III (ODU)	10-4

Old Dominion closed the gap the second time they faced the Chippewas this season, winning four matches against the #12 ranked Central Michigan squad. ODU also had close matches at 174 against #8 Mike Miller and at 133 against #19 Conor Beebe. ODU had a shot to win in the final match of the day, but were unable to win, falling to 2-6 against nationally ranked opponents this season. Williams and Nicholson continue to cruise with 28 wins this season.

**#18 ODU at Bucknell** **1/17/09****21-9 Win****Final Results**

125 - Nicholson (ODU) def. Reber (Bucknell)	7-1
133 - Marble (Bucknell) def. Hutter (ODU)	4-2
141 - Williams (ODU) vs. Healey (Bucknell)	10-5
149 - LeValley (Bucknell) def. Metzler (ODU)	4-1 TB-2
157 - Baxter (ODU) vs. Regan (Bucknell)	7-2
165 - Brown (ODU) vs. Rendos (Bucknell)	4-3
174 - Decker (ODU) vs. Riccio (Bucknell)	2-0
184 - Thompson (Bucknell) def. Budi (ODU)	5-4
197 - Strawn (ODU) vs. Jones (Bucknell)	8-1
HWT - Dragon III (ODU) def. Hahn (Bucknell)	4-1

The Monarchs evened the all-time series against Bucknell at two wins apiece with a win against the Bison last weekend. ODU won seven weights and cruised to their seventh straight dual victory, improving to 13-5 overall. Chris Brown defeated his second straight nationally ranked opponent and his fourth of the season. James Nicholson and Ryan Williams continued their winning ways, adding a 27th to their season totals.

**#18 ODU vs. Virginia** **2/8/09****21-18 Win****Final Results**

174 - Henrich (UVA) def. Decker (ODU)	5-4
184 - Caponi (UVA) def. Budi (ODU)	3:55 fall
197 - Jones (UVA) def. Strawn (ODU)	6-5
HWT - Dragon III (ODU) def. Cardillo (UVA)	3-2
125 - Nicholson (ODU) def. Anderson, W. (UVA)	18-0 TF
133 - Hutter (ODU) win by forfeit	--
141 - Williams (ODU) def. Valenti (UVA)	13-5 MD
149 - Ferrarra (UVA) def. Metzler (ODU)	8-6
157 - Moore (UVA) def. Baxter (ODU)	3-1 SV
165 - Brown (ODU) def. Sewell (UVA)	6-4 SV

The Monarchs won a dramatic match against Virginia in an overtime thriller of a final match at 165 lbs. RS Junior Chris Brown stepped in against the Cavalier's Mike Sewell with the match tied at 18 and just one bout to go, and won with a takedown in the first sudden victory overtime period. ODU also got wins from Nicholson and Williams, adding their 29th win of the season. Dragon won a decision at heavyweight and Hutter grabbed a forfeit victory.

**#19 ODU at Rider** **2/14/09****28-15 Win****Final Results**

125 - Nicholson (ODU) def. Trivisonno (Rider)	1:23 fall
133 - Hutter (ODU) def. Kirchner (Rider)	17-13
141 - Williams (ODU) def. Rodgers (Rider)	4:08 fall
149 - Metzler (ODU) def. Nestor (Rider)	11-3 MD
157 - Kessler (Rider) def. Baxter (ODU)	3-1
165 - Lapham (Rider) def. Rivera (ODU)	1:55 fall
174 - Decker (ODU) win by forfeit	--
184 - Umbehauer (Rider) def. Budi (ODU)	7-2
197 - Strawn (ODU) def. Miller, M. (Rider)	2-0
HWT - Bordas (Rider) def. Dragon III (ODU)	6-0

The Monarchs posted an undefeated CAA slate with this win and took the conference regular season title. ODU dropped Rider for the second time this season in dominant fashion, winning 28-15. Ryan Williams maintained his dominant streak of wins, having not lost since December 29 at the Midlands Wrestling Championships. James Nicholson added a first period pin to continue his fantastic season. He has lost just one match to a CAA opponent in his career.

**#20 ODU vs. North Carolina State** **2/21/09****30-9 Win****Final Results**

125 - Nicholson (ODU) def. Moreno (NCSU)	4:28 fall
133 - Little (NCSU) def. Hutter (ODU)	3-2
141 - Williams (ODU) def. Caramanica (NCSU)	9-6
149 - Caldwell (NCSU) def. Metzler (ODU)	8-3
157 - Hamrah (NCSU) def. Baxter (ODU)	8-7
165 - Brown (ODU) def. Godley (NCSU)	3-0
174 - Decker (ODU) def. Burge (NCSU)	3-1 SV
184 - Budi (ODU) def. Jahad (NCSU)	6-4
197 - Strawn (ODU) def. Trotto (NCSU)	4:34 fall
HWT - Dragon III (ODU) def. Haigler (NCSU)	1:50 fall

The Monarchs scored three pins and won seven matches against North Carolina State University to wrap up the regular season with an overall 17-6 record. It is the second straight year ODU has totaled 17 wins and the Monarchs look to have momentum headed into the postseason. Ryan Williams has not lost since December while James Nicholson is also riding a double-digit winning streak. Both are ranked in the top ten nationally.

**#20 ODU vs. #14 Virginia Tech** **2/19/09****19-15 Win****Final Results**

125 - Nicholson (ODU) def. Garnett (VT)	5-4
133 - Hutter (ODU) def. LiVorio (VT)	13-5 MD
141 - Williams (ODU) def. Diaz (VT)	3-2
149 - Yates (VT) def. Metzler (ODU)	8-4
157 - Dong (VT) def. Baxter (ODU)	6-2
165 - Brown (ODU) def. Epperly (VT)	11-5
174 - Decker (ODU) def. Trongone (VT)	3-1 SV
184 - Spellman (VT) def. Budi (ODU)	8-3
197 - Strawn (ODU) def. Bruce (VT)	7-5
HWT - Marone (VT) def. Dragon III (VT)	4:17 fall

Old Dominion notched its first ever win over a Top 15 team with a senior night victory against the Hokies, in front of the largest home wrestling crowd at The Ted. Virginia Tech was ranked 14th coming in, giving ODU its biggest win in program history. ODU won six matches in the dual including two wins over nationally ranked opponents. Senior Ryan Williams won over #17 Chris Diaz in his final home match, improving to 129-40 in his career. He is now just six wins shy of the all-time mark.

**#18 ODU - CAA Tournament** **3/6-7/09****Three Champs; Five Automatic Qualifiers****Final Results**

125 - James Nicholson (ODU)	1st Place	3-0
133 - Kyle Hutter (ODU)	2nd Place	2-1
141 - Ryan Williams (ODU)	1st Place	3-0
149 - Joey Metzler (ODU)	3rd Place	3-2
157 - Kaylen Baxter (ODU)	DNP	1-2
165 - Chris Brown (ODU)	1st Place	3-0
174 - Eric Decker (ODU)	3rd Place	3-1
184 - Joe Budi (ODU)	4th Place	2-2
197 - Jesse Strawn (ODU)	3rd Place	3-1
HWT - Roy Dragon III (ODU)	DNP	1-1

For the fourth straight year, the ODU Monarchs wrestling team finished second at the CAA Wrestling Championships. This year, ODU earned five automatic qualifiers in Nicholson, Williams, Brown, Decker and Strawn, while Hutter earned an at-large bid from the NCAA Committee. The six qualifiers matches a program high set last year. Ryan Williams finished the CAA Tournament just two wins shy of the all-time ODU mark.

**Dual Records for 2008-09**  
**17-6/5-0**

**Overall Team Bout Record: 132-88**  
**at #7 Oklahoma State: 3-7 (L 9-30)**  
**at #18 Oklahoma: 2-8 (L 6-28)**  
**vs. (RV) Harvard: 8-2 (W 38-9)**  
**vs. #5 Missouri: 3-7 (L 9-29)**  
**vs. Bloomsburg: 8-2 (W 30-6)**  
**vs. UNI: 3-7 (L 25-15)**  
**vs. UNC Greensboro: 8-2 (W 33-6)**  
**vs. (RV) Purdue: 6-4 (W 22-12)**  
**vs. George Mason: 7-3 (W 26-9)**  
**vs. Northern Colorado: 8-2 (W 27-9)**  
**vs. #12 Central Michigan: 3-7 (L 12-24)**  
**vs. Rider: 7-3 (W 25-12)**  
**vs. Navy: 6-4 (W 22-12)**  
**vs. #24 Kent State: 6-4 (18-15)**  
**vs. Binghamton: 10-0 (46--1)**  
**vs. Drexel: 9-1 (34-3)**  
**vs. #18 Hofstra: 6-4 (17-15)**  
**vs. Bucknell: 7-3 (21-9)**  
**vs. #12 Central Michigan: 4-6 (14-19)**  
**vs. Virginia: 5-5 (21-18)**  
**vs. Rider: 6-4 (28-15)**  
**vs. #14 Virginia Tech: 6-4 (19-15)**  
**vs. NC State: 7-3 (30-9)**

**125: 22-1**  
**133: 15-8**  
**141: 22-1**  
**149: 9-14**  
**157: 4-19**  
**165: 19-4**  
**174: 13-10**  
**184: 8-15**  
**197: 16-7**  
**Hwt: 10-13**

**ODU Sports Information**  
**Athletic Administration Building**  
**Norfolk, VA 23529**  
**Assistant SID: Rob Silsbee - Wrestling Contact**  
**Office Phone: 757.683.3374**  
**E-mail: rsilsbee@odu.edu**  
**Website: odusports.com**

**Tournament Records for 2008-09**

**Overall Team Bout Record: 101-50**  
**at MSU Open: 23-13**  
**at Hokie Open: 19-3**  
**at Midlands: 24-16**  
**at Southern Scuffle: 11-8**  
**at CAA Tournament: 24-10**

**125: 13-1**  
**133: 7-3**  
**141: 15-2**  
**149: 14-9**  
**157: 2-6**  
**165: 8-3**  
**174: 14-10**  
**184: 12-6**  
**197: 12-3**  
**Hwt: 4-7**

Stat Leaders for 2008-09:  
(Not including unattached results)

Win %: James Nicholson (35-2, .946)

Wins: James Nicholson & Ryan Williams (35)

Pins: Jesse Strawn (13)

Major Decisions: Ryan Williams (10)

Technical Falls: James Nicholson (5)

Decisions: Eric Decker (22)



2008-09

**Old Dominion Wrestling Statistics**

(Including Tournament Results)

Season Dual Record: 17-6

CAA Record: 5-0

CAA Finish: 2nd Place

<u>Name</u>	<u>Cl.</u>	<u>Wt.</u>	<u>Overall W-L</u>	<u>Dual W-L</u>	<u>CAA W-L</u>	<u>Tourn. W-L</u>	<u>Maj. Dec.</u>	<u>Tech. Fall</u>	<u>Pins</u>
Kaylen Baxter	RS Jr	149	12-20	5-15	3-2	7-5	1	1	0
Chris Brown	RS Jr	165	27-6	19-3	4-0	8-3	5	4	1
Brennan Brumley	Fr	133	-	-	-	-	-	-	-
Joe Budi	Fr	184	23-19	8-13	3-2	15-6	1	4	7
Michael Chapman	Fr	197	-	-	-	-	-	-	-
Derek Coffey	RS So	174	2-5	1-2	0-0	1-3	0	0	0
Eric Decker	Jr	174	26-18	12-9	3-2	14-9	3	0	1
Roy Dragon III	So	285	11-16	9-11	3-1	2-5	0	0	3
Chase Ennis	Fr	184	-	-	-	-	-	-	-
Derek Gallagher	RS So	157	-	-	-	-	-	-	-
Joshua Gillis	Fr	125	-	-	-	-	-	-	-
Kyle Hutter	Jr	133	22-12	15-8	4-1	7-4	4	1	5
Louis Johnson	Fr	141	-	-	-	-	-	-	-
Jacob Kahnke	Fr	197	-	-	-	-	-	-	-
Joey Metzler	RS So	149	17-20	8-14	4-0	9-6	3	2	1
James Nicholson	RS So	125	35-2	22-1	5-0	13-1	6	5	5
Dan Rivera	RS So	157	1-9	0-5	0-2	1-5	1	0	0
Jesse Strawn	Jr	197	33-11	16-7	3-2	17-3	2	1	13
Ryan Williams	Sr	141	35-3	22-1	5-0	13-2	10	0	5
Craig Wilson	Fr	133	-	-	-	-	-	-	-
David Wilson	Fr	285	11-10	1-2	1-0	10-8	1	0	4
Colin Zoski	Fr	141	-	-	-	-	-	-	-

**Tournament Highlights:**

Michigan State Open (Nov. 9, 2008)

- 133 lbs: 2<sup>nd</sup> - Kyle Hutter
- 141 lbs: 1<sup>st</sup> - Ryan Williams
- 149 lbs: 4<sup>th</sup> - Joey Metzler
- 165 lbs: 2<sup>nd</sup> - Chris Brown
- 184 lbs: 2<sup>nd</sup> - Joe Budi (Fr/So Bracket)

Midlands Championship (Dec. 29-30, 2008)

- 125 lbs: 3<sup>rd</sup> - James Nicholson
- 141 lbs: 5<sup>th</sup> - Ryan Williams
- 197 lbs: 5<sup>th</sup> - Jesse Strawn

Hokie Open (Nov. 16, 2008)

- 125 lbs: 1<sup>st</sup> - James Nicholson
- 149 lbs: 2<sup>nd</sup> - Kaylen Baxter
- 174 lbs: 2<sup>nd</sup> - Eric Decker
- 184 lbs: 3<sup>rd</sup> - Joe Budi
- 197 lbs: 1<sup>st</sup> - Jesse Strawn

Southern Scuffle (Dec. 29-30, 2008)

- 174 lbs: 5<sup>th</sup> - Eric Decker

### Dual Results:

Nov. 22 at #8 Oklahoma State	L 30-9
Nov. 23 at #18 Oklahoma	L 28-6
Nov. 29 Northeast Duals	
vs. #25 Harvard	W 38-9
vs. #5 Missouri	L 29-9
vs. Bloomsburg	W 30-6
<b>Dec. 20 vs. #22 Northern Iowa</b>	<b>L 25-15</b>
<b>Jan. 4 ODU Quad</b>	
<b>vs. UNC Greensboro</b>	<b>W 33-6</b>
<b>vs. Purdue</b>	<b>W 22-12</b>
<b>vs. George Mason</b>	<b>W 26-9</b>
Jan. 9 Virginia Duals	
vs. Northern Colorado	W 27-9
vs. #12 Central Michigan	L 24-12
Jan. 10 Virginia Duals	
vs. Rider	W 25-12
vs. Navy	W 22-12
vs. #24 Kent State	W 18-15
Jan. 17 CAA Duals	
vs. Binghamton*	W 46--1
vs. Drexel*	W 34-3
vs. #18 Hofstra*	W 17-15
Jan. 25 at Bucknell	W 21-9
Feb. 1 at Central Michigan	L 19-14
<b>Feb. 8 vs. Virginia</b>	<b>W 21-18</b>
Feb. 14 at Rider*	W 28-15
<b>Feb. 19 vs. #14 Virginia Tech</b>	<b>W 19-15</b>
Feb. 21 at North Carolina State	W 30-9

### Postseason Results

CAA Tournament (Mar. 6-7, 2009)

125 lbs: James Nicholson - 1st Place (3-0)*
133 lbs: Kyle Hutter - 2nd Place (2-1)
141 lbs: Ryan Williams - 1st Place (3-0)*
149 lbs: Joey Metzler - 3rd Place (3-2)
157 lbs: Kaylen Baxter - DNP (1-2)
165 lbs: Chris Brown - 1st Place (3-0)*
174 lbs: Eric Decker - 3rd Place (3-1)*
184 lbs: Joe Budi - 4th Place (2-2)
197 lbs: Jesse Strawn - 3rd Place (3-1)*
285 lbs: Roy Dragon III - DNP (1-1)

\*Qualifies for NCAA Tournament

### NCAA Tournament (Mar. 19-21, 2009)

### ODU Starters Career Records:

125: James Nicholson	70-12
133: Kyle Hutter	79-41
141: Ryan Williams	133-40
149: Joey Metzler	20-29
157: Kaylen Baxter	84-54
165: Chris Brown	102-34
174: Eric Decker	26-18
Derek Coffey	16-33
184: Joe Budi	23-19
197: Jesse Strawn	92-50
Hwt: Roy Dragon III	23-27
David Wilson	11-10

### 2008-09 Statistical Leaders:

**Wins:** Nicholson & Williams (35)  
**Pins:** Jesse Strawn (13)  
**Major Decisions:** Ryan Williams (10)  
**Technical Falls:** James Nicholson (5)  
**Decisions:** Eric Decker (22)

\*Conference Matches

### ODU Starter 2008-09 Statistical Breakdown:

<u>Wt.</u>	<u>Name</u>	<u>Maj. Dec.</u>	<u>Tech. Fall</u>	<u>Pins</u>	<u>Decisions</u>
		<u>By/Against</u>	<u>By/Against</u>	<u>By/Against</u>	<u>By/Against</u>
125	James Nicholson	6/0	5/0	5/0	19/2
133	Kyle Hutter	4/0	1/0	5/3	12/9
141	Ryan Williams	10/0	0/0	5/0	20/3
149	Joey Metzler	3/2	2/0	1/1	11/17
157	Kaylen Baxter	1/1	1/0	0/0	10/19
165	Chris Brown	5/0	4/0	1/1	17/5
174	Eric Decker	3/0	0/0	1/0	22/18
184	Joe Budi	1/1	4/1	7/3	11/14
197	Jesse Strawn	2/1	1/0	13/2	17/8
285	Roy Dragon III	0/1	0/0	3/5	8/10