

## Outdoor Mechanics Meeting – Teaching Stations - 7/17/23

**Goal: To have each official bring a whistle, flags, bean bags, & running shoes. Officials will actively participate at each station for a total of 7-8 minutes. We do not to make fun of anyone. We strive to improve our signals, mechanics, & help each other to become a much better official.**

### **Teaching Stations:**

1. Whistle & FWP: One strong loud blast, need for multiple whistle blasts, forward progress with downfield foot, looking twice around the ball, putting hand up with next down signal
2. **Wing** Signals: Balance line, unbalanced line, nearest player off the LOS, 2 players off the LOS, backward pass signal, Kicking Tee signal, wind the game clock signal (2X), & stop sign
3. Sideline: Move 5 YDS downfield & stop, trail runner OOB & look OOB, pass caught inbounds, and pass caught OOB, juggle catch
4. Signals: TD, TB, Safety, TO, Incomplete Pass (2X), stop the clock (2X), Change of Possession, 11 players signal, 10 players signal, 12 players or more signal, double stakes, & 4th down signal
5. GLM & RM: Goal Line Mechanics at +10 YL, +5 YL; Reverse Mechanics at -5 YL & -10 YL.
6. Flags: Foul before Snap, Foul at Snap, Spot Foul; Prelim foul signal foul to **R**, & multiple flags at same spot. Report to **U** all the required penalty information.
7. Bean Bags: Fumble, End of Kick, first touching of kick, momentum rule, on side kick mechanics