




QUANTIFYING THE IMPORTANCE OF BEHAVIORAL HEALTH

The return on investment of early detection and intervention



Quantifying the importance of behavioral health is challenging. However, there is a real return on investment when it comes to early identification and treatment.

BY THE NUMBERS

Even a **1%** increase in treatment for behavioral health disorders in this country could yield as much as

\$2.4 billion

in medical savings annually in the U.S.¹

\$1 of investment in treatment for depression and anxiety leads to a return of

\$4

in better health and work performance.²

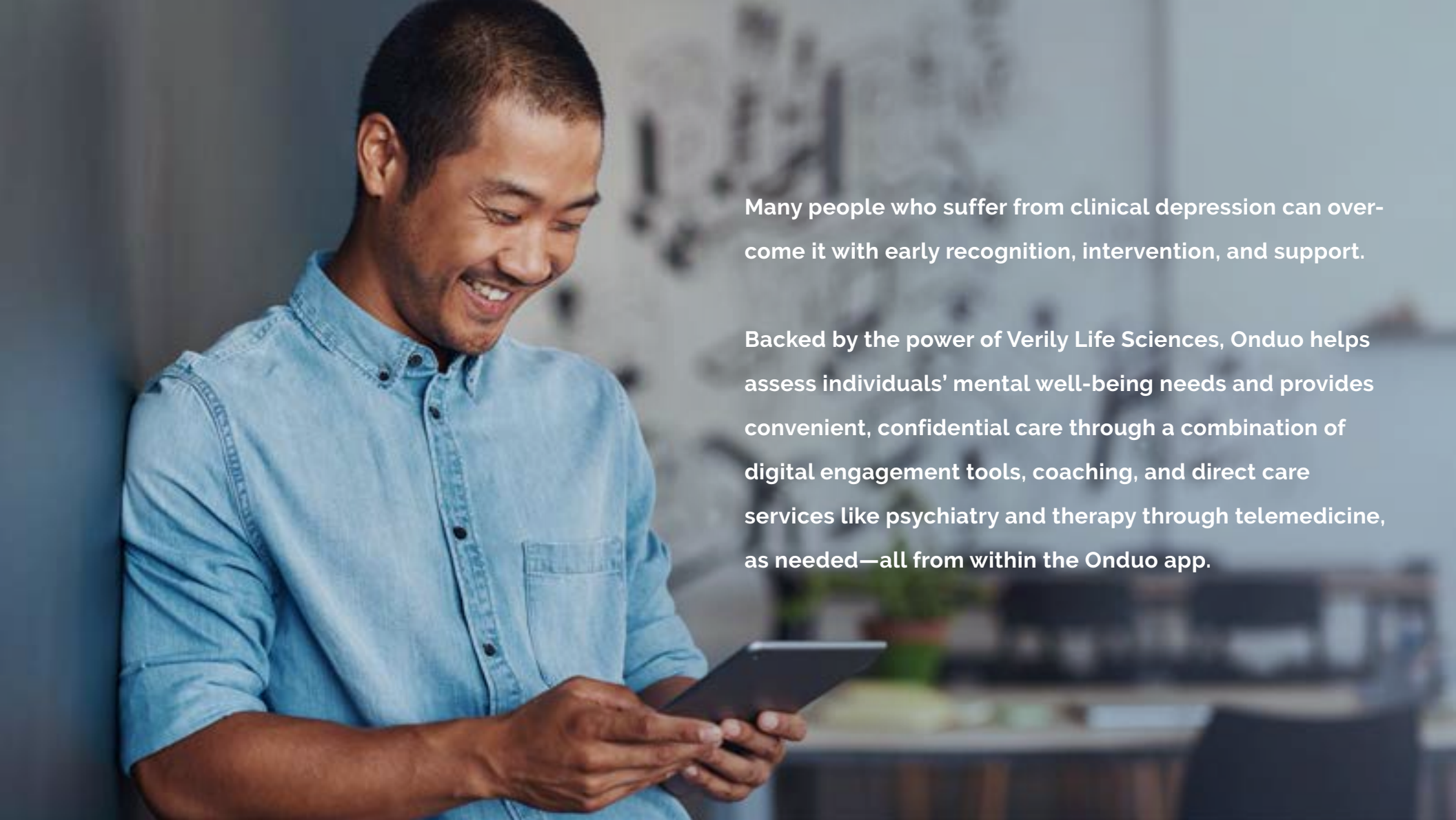


TECHNOLOGY AND THE ROI OF CARE

A woman with dark hair, wearing a blue t-shirt, is sitting at a desk. She is looking down at a laptop screen with a thoughtful expression, her hand resting on her chin. She is holding a grey mug in her other hand. The background is a blurred office or library setting with bookshelves.

“The combination of technology and human interventions is changing how employers think about ROI and is creating momentum to explore at-risk pricing models and performance guarantees that promote better outcomes for their employees.” MICHAEL LAQUERE, EMPLOYER HEALTH

INNOVATION ROUNDTABLE³




Many people who suffer from clinical depression can overcome it with early recognition, intervention, and support.

Backed by the power of Verily Life Sciences, Onduo helps assess individuals' mental well-being needs and provides convenient, confidential care through a combination of digital engagement tools, coaching, and direct care services like psychiatry and therapy through telemedicine, as needed—all from within the Onduo app.



Every person who joins Onduo starts their journey to “healthy” with a comprehensive, whole health assessment that helps us identify where a member is both mentally and physically.



By focusing on the whole person experience from the start, Onduo can identify social determinants and/or challenges to success such as comorbid depression/anxiety, access to care, or financial barriers.

This approach enables our team to develop a personalized strategy that leads to a successful treatment plan and thus a significant return on investment for the payor.



Learn more and visit our website
at www.onduo.com/mbh



- 1 <https://www.fiercehealthcare.com/tech/virtual-behavioral-health-could-expand-access-to-care-for-53m-americans-accenture-report-finds>
- 2 <https://workplacentalhealth.org/mental-health-topics/depression>
- 3 <https://www.triple-tree.com/strategic-insights/2020/september/the-acceleration-of-virtual-health-in-the-employer/>

Onduo offers certain care management and coordinated clinical care programs for eligible individuals, as further described within our website. Onduo LLC and a network of affiliated professional entities (collectively, "onduo") collaborate to offer the services. Onduo services are meant to be used in conjunction with regular in-person clinical services and not intended to replace routine primary care.

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