



Brow Chakra: the Seer

Looking In & Looking Out

The major brow chakra is in the physical body behind the center of the forehead deep in the middle of the brain anchoring into both left and right sides of the pituitary gland. The pituitary gland is located behind the eyes at the bottom of the brain and below the pineal gland. The energy of this powerful chakra stimulates both of these glands as they make a contribution to the whole physical and material structure.

The brow chakra is the seat of the life vision. It is the place in your structure where the big picture originates and it is in the brow chakra that your hopes and dreams take shape. Being able to look out over your life at the grand vista of potential while at the same time seeing the way to get there is the highest function of the brow.

If you are unable to see HOW to accomplish your big vision there is an imbalance in this place. This doesn't mean the way you see how to make it happen is always the best or the perfect way but it does mean you have the ability to plan in coordination with your ability to see the big picture. This makes for a successful life.

Affirmation: *I see the big picture of my life.*

Location:

The brow chakra is in the center of the forehead deep in the brain and the left and right sides of the pituitary gland. The pituitary is located behind the eyes at the bottom of the brain and below the pineal gland. Located in the second octave of the spine, the energy of the chakra stimulates both of these glands.

Connectors:

The connectors are on the right and left sides of the pituitary gland.



What It Does:

The big picture is hatched in the main brow chakra, emerging from the inspired insights of the authentic self as it fine-tunes the image of what life could be. This is the contemplative center for insight and intuitive seeing, as well as intuitive sensitivity and wisdom. This kind of inspired wisdom is related to clear knowing, the understanding of the overview and the workings of the greater universal truths in the world, being in touch with the vision of the life pathway unfolding and gleaning the way it fits together; reasoning out life as it shows itself in every moment of every day. Innate problem solving, which is another kind of intuitive skill based upon visual and audile observation, is located here. But the biggest accomplishment the brow is capable of is connecting vision and how to accomplish the vision. Sometimes it is the big dreamer who cannot make anything happen in their life. They are the people who have an imbalance in one or more of the currents of the brow chakra.

Function Current:

Holding the greater vision, seeing the bigger picture, the direction in life and where the world is going is available in this place. It makes possible seeing with your eyes, brain, mind and heart and holding the vision of your HES in harmony with your personality, your individuality. Because this is where it is held most sacred, all the other chakras perceive the overview of the specific life as well as the longer view of multiple lifetimes through the brow.

When blocked, it shows up as a tendency towards doing the minimum, not being able to see the future and definitely unable to get the big picture. The experience of "I get it; I get the picture; I see the potential and I'm excited about it!" is a thrilling vision of living. If this current is blocked, there is a profound lack of abundance and may even be a fixation about how meager life is. This can appear as financial woes, but it also can



show up as not having enough energy to enjoy life, enough direction to use time wisely or enough love to feel validated. Seeing is believing and in this case it is really true.

Purpose Current:

This is about understanding why there is a big picture and that it matters to have goals for the long term. A successful feeling from here is: "When I'm on my deathbed, I will look back and be proud I did this project (had this experience, this relationship, this emotional connection)!"

A blockage gives a feeling that nothing matters, that no contribution is being made that is of real value but that somehow there will be opportunity to fix it all later. There is no responsibility taken by the individual for their part of it. Remember, life is not a dress rehearsal; it is the purpose current of the brow chakra- own it!

Wisdom Current:

This is the holding tank for all the things ever seen from the moment of separation from the Divine through incarnation after incarnation, every bit of the history a soul has experienced and all the knowledge gleaned- that's the really big picture.

This is where that doorway is, so when it is blocked, people are often confused about why they are here. They strive to just get the details right, organizing the deck chairs on the Titanic because they are focused on the deck and not the iceberg and the sinking ship. This means that a blocked, congested or stagnant person just does not know how to grab the big vision or to hold onto his or her own dreams.