



The Offering Bowl

The pelvis is the location of the Dan Tien Chakra. It is suspended in the center of the pelvic cavity and it is the place in the body where most people are able to “feel” their anchor. This is where the martial artist feels their ground and moves from this location to act most powerfully. When in a crisis, the body surges to advocate, to protect, and to save the day. The urge to surge comes from the pelvis.

Human beings are an amazing combination of Father Sky and Mother Earth and the pelvis is the place where the blend occurs. Divine spiritual energy descending from above and arising from below meets in the middle of the body, the pelvis, endowing the physical with extraordinary directed and focused energy. The end result of this spiritually activated melding is the evocation of pure personal power. The body is potently charged and the human offering or life gift comes out of the inspiration of the Divine feminine and Masculine interaction.

Bringing your gift forward means giving your highest and best offering into your life. Anchoring awareness into the pelvis lands the consciousness into physical body and brings everything into the current moment.