



## **Axis Chakra: the Farmer**

### **Connecting & Growing**

Seated beneath the physical body at least 18 to 24 inches beneath the soles of the feet suspended in the primal layer, the major axis chakra is where the you tap into the power of the planet and our own personal stores of chi. This is where your roots anchor you to the earth and where you make your connection to the human species.

It is also the gateway to the universal human resonating chamber, the matrix like connective body just a few feet into the Earth where we all connect with the human species. It is the very definition of community bringing us together as a single consciousness. When we connect to this part of ourselves we can make peace with what it really means to be human and joyously develop a life that is full of possibility. Because we are no longer a solo act, but are in fact an ensemble of great skill and power we can accept our place in the world and stop fighting for control. The axis gives us the strength to negotiate our way in life and to allow for the interconnectedness that true diplomacy requires. We are one.

**Affirmation:** *I feel my connection with all humanity and the Earth.*

### **Location:**

Eighteen to 24 inches beneath the soles of the feet and, suspended in the primal layer, the axis chakra is the location where your human roots tap into the power of the planet. The universal resonating chamber that connects the human race and our own personal stores of chi rests just below this distinctive chakra. It is part of the lower octave of the spine. For more information about the universal resonating chamber and the way the resonating chambers work see *Your Sacred Anatomy*, Chapter 12.

### **Connectors:**



The chakra connectors are multiple roots extending out of the arches at the bottom of both of the feet deep into both axis and chi pool below.

## **What It Does:**

We Earth dwellers are a species of physically connected energies that make up a human organism and link with a magnetic matrix deep with in the Earth through a system of roots and connectors. These roots grow out of our feet and bury themselves deep in the heart of the axis, which is located in the mother body of the Earth below our feet. What begins as the tap roots in the root chakra continues into the axis as the root system that supports and nourishes the human being, moving, acting, learning, growing through lifetimes of effort, to the ultimate realization and enlightenment that is the culmination of a soul's expression. To become one with the universal and planetary nature consciousness is easiest through this chakra. Humans everywhere connect into the universal resonating chamber and can actually communicate across the miles with each other by using it. This is surprisingly easy to do.

## **Function Current:**

The function of the axis is to establish a magnetic connection with our species and with our planet. It is also a point of communication. This place is about establishing commonality and community with your kind and connection with the Earth. The purpose of the main axis chakra is to continue this connection with your species, to keep in touch with the land of your birth and to maintain the ties to your ancestral land and lineage. Suspended beneath the feet, the resonating chamber is the generating center of energy that fuels our relationship with our species on a global level.

When blocked, difficulty being grounded to the Earth, staying embodied and in communication with those around you may be the result.

## **Purpose Current:**



The deep urge to live in and establish community or groups, to work in the context of tribe, clan, bureaucracies, states, and governments; to develop and blend with the children of the Earth as well as the Earth it self is all work of the purpose of the axis.

Like starting a garden it requires tending, and, when blocked, the individual cannot establish roots into community, find a place to belong or to fit in. This is a person who can't blossom or serve, the sorrow of "I don't get it, and I am disconnected; I don't fit in anywhere, I don't understand the rules or the reasons for any of this interference in my life!" These are the disconnected individuals who might in the face of New Orleans, floods, tornados and storms of epic proportions, assert, "I don't believe in global warming."

## **Wisdom Current:**

The wisdom of the axis knows that you are a citizen of the world that we all are. Conscious of the seasons and the ebb and flow of the currents within the planet, this current helps track world climate changes and upheavals of a geological nature, and it remembers what has happened before in a deep extra-somatic awareness. This is also the anatomy of recognition. When you meet another long-lost member of your clan or your tribe you recognize them because of the wisdom current of the axis chakra. Great leaders have strong axis wisdom currents and act out of them to stand their ground, to fight for their people and to organize into action communities.

If blocked, ancient knowingness in the form of, for example, patriotic love will show up as a forgotten love of country. There may be some vague connection with your country, but not the memory of why. This would apply to all relationships with people, places and things, but most especially, a blockage will affect cultural and place-driven connections. If you have ever traveled half way around the globe and felt more at home on a dusty bit of Turkish coast than you ever have in Los Angeles where you were raised, this is the part of your anatomy that has stored and nurtured your connection to



the land of your past lives and connections, making them suddenly available when you are standing there breathing in the fragrance of foreign culture. Suddenly, there it is, a remembering, stashed for your use by your sacred anatomy.