



Reconnecting Chi Pool Connectors

From Tubes to Knees

1. Locate the chi pool in the soul layer by extending your light fingers and your intention down to them using focused intention.
2. As you extend light fingers down reach out for two large tubes that feel like pipes each coming out of each one of the chi pools. From the inner edge of the soul layer pull a large tube up out of each side of the chi pool.
3. With your fingers wrapped around the pipes pull them all the way up to the backs of the knees. (I like to do them together.)
4. Push them into the back of the knees. As you insert the tubes make a quick clockwise turn to the right . This will establish the connection while energy surges up the legs.