



Chi Pool Chakra: the Healer

Nurturing Vitality and Rejuvenating Energy

The great twin reflecting pools of the major chi pool chakra float suspended inside the soul layer at the bottom of the HES near the exit point of the core. The chi pool contains two great pools of reserve energies or chi that we tap into with our roots and our great anchoring tail. Located at least 10-20 feet below your feet the chi pool restores and replenishes vital subtle life force for the structure.

It is called the Healer because this chakra is the source for restorative energy in the sacred anatomy. It is the reserve of chi pulled upon in an emergency situation or when the physical body needs a rest to recover from illness or injury. The pools are effectively endless and the mistake is often made that people *think* they are 'pulling' energy from the Earth when they are actually using their own reserve of excess chi.

This is not everyone. Occasionally somebody will show up who anchors into the center of the Earth and 'pulls' energy into the physical body from it. Just remember: the Earth is a different species than you. She deals with huge amounts of toxicity and does it very differently than you do. Please reconsider pulling the Earth energies into your body and spare yourself illness and injury. Not to mention annoying your Mother. Your chi pool is a vast and constantly replenishing stockpile that can be directed and used for great power.

Affirmation: *I have unlimited resources and powerful energy.*

Location:

The great twin reflecting pools of the chi pool float suspended inside the soul layer at the bottom of the structure. It is the exit point of the core from the Human Energy Structure and is the very base of the third octave of the spine.



Connectors:

The chi pool is the anchor location for the connectors from three different chakras. Connecting roots protrude from the bottom of the arches of the feet and reach down from the axis chakra and into the chi pool chakra. The long extension of the spine, the tail is one of the connectors of the root chakra. It travels the entire distance of the lower octave until it dives into the chi pool and anchors. Sometimes it goes into the golden wisdom pool, sometimes into the blue function pool, but the healthy tail is always rooted in the chi pool. The tail may even trade locations to suit its needs although this does not happen frequently.

This most connected of chakras boasts its own set of connectors that anchor it and bring the powerful energies of the chi pool back up into the bio layer through the back of the knees. The chi pool is also the site of the harmonizing blend resonating chamber and as such also uses this restoring energy to charge the pools of stored chi and balance the energy of the Human Energy Structure.

What It Does:

The lower octave of the spine anchors into the chi pool as a way to manage erect movement and to conduct the flow of chi throughout the entire core sheath. Unlimited and eternal in nature, this essential energy is always accessible when the connectors are healthy and fully open. We are unlimited in resources and can pull up from the chi pool stores of energy that stimulate well being and vitality.

The chi pool is tranquil and seals off the exit point of the core. It is also the location of four large and important filters, which cleanse and refresh the chakra streams located to the top and bottom of the points where the core passes through the chakra and to the left and right corridors. They pull any debris out of the downward flowing energies that may have the potential to damage the structure. The two vertical filters also cleanse the swirling currents of the soul layer.



Function Current:

The function current of the chi pool chakra contains and disperses chi throughout the Human Energy Structure into every system. Lack of connection or blockage in this chakra is a danger sign for health and vitality. We are dependent upon the chi pool's ability to provide reserve stamina for recovery, survival and everyday use. It keeps life force moving. Each and every cell of our bio layer has a store of chi pool reserve to draw from, to use, and to fire the gross level systems of the material, assuring the body is used for the highest good.

If the function current is blocked, tiredness even exhaustion will be the result. In cases of chronic fatigue, this is the very first place to look for the underlying subtle reasons for the issues of energy production in the bio layer. If you are too tired to live your life, the reason might be because you are experiencing an anatomical breakdown at the chi pool.

Purpose Current:

The purpose current of the chi pool is all about containing; storing and using initialized human fuel with intentional focus. The purpose current does not have a reservoir of excess chi to draw upon because it is the driver of the chi pool. Purpose current directs the usage of stored function and wisdom chi, as it is the kind of essential energy used to interact with others and to do healing or restorative work. This chakra is the healer's friend, and the purpose current, when tapped, delivers the most profound level of focus anatomically possible.

If blocked, you might not have the capacity to hold chi and may not be able to contain it when it is finally restored. These are the people who cannot hold spiritual healings and who are heartbroken by the attempt to do so. For them, it is as if nothing happens, even though by the time they show up at the healer's office they are totally desperate for some kind of relief. These people have an interesting vulnerability



because they can become reliant on another person to hold healing, bodywork and shifts in the Human Energy Structure or even psychological and emotional changes. Although this is acceptable for a while and can even be considered essential for forward movement, this block must be addressed before a dependency develops on the practitioner who has access to his or her own chi pool and so can stimulate another person's purpose current to fire temporarily. The only real solution is a genuine repair or release of the basic problem.

Wisdom Current:

This current contains and nurtures the soul's wisdom in relationship to the chi pool. It is always acting from wisdom about moving and retaining chi. Good self-care originates here. People with strong wisdom currents in the chi pool chakra are careful about their energy; they cherish it and tend it and know when to be generous with it. All the uses for the chi pool are stored here. All the miracles you have performed when you did your version of walking on water or even just pulled an A on a test without knowing the material were achieved by tapping into the chi of the wisdom current of your chi pool.

Martial artists pull energy from this place, freely moving the most powerful of chi to seemingly do magic, such as throwing opponents with little effort. The chi is moving throughout the bio layer, but it is coming up from the chi pool into the backs of the knees and surging into action with a yoga pose or posture, a sprint to the finish line or the impossible leap into the air of the dancer. Of course people like this train relentlessly to accomplish these feats of wonder, but one of the things they are training is this ability to pull from beneath them, to tap into the essential energy of the human spirit and soul, and the wisdom current whispers in their ear exactly how to do it.

When it is blocked, the current shuts down this access and what results is effort, the kind that requires a mighty exertion to attempt to live an unsupported life. Clearing this sort of blockage makes the abundant and eternal chi that is always there suddenly available, and that can make amazing things happen!