

Vertical Chakra Movement

- ☺ *The Source* in triple-current form enters at the *divine gate chakra*. Here it is recognized as *Source* and accepted by the individuation, incorporated into the individual expression of the HES. *Source* descends and encounters the expression of individual identity as...
- ☺ *Spirit*, which takes the form of a *star chakra* bursting out in all directions. It is here where the spark of life evokes a *soul's purpose*.
- ☺ Next it travels to the *solar chakra* and sees the need for *spirit* to descend, to become manifest. It owns the vision of the *soul's purpose* and seeks action urging... *Source* to come to the *crown chakra* and embody there, bringing life *ener-chi* into *material manifestation*.
- ☺ At the *brow chakra* it inspires the big vision and seeing *personal possibility begins*.
- ☺ At the *throat chakra* it speaks, sharing the truth of all existence and the individual *voice is born*.
- ☺ It comes to the *heart chakra* and knows the wisdom, the depth, the breadth, the experience, the vastness and *the space of love* and the withdrawn dark corners of *the shadow, hate*.
- ☺ At the *solar plexus chakra*, it feels everything and begins to sort and experience one *emotional feeling* from another.
- ☺ Entering the *dan tien chakra*, it realizes the *personal power* of informed vision, enacted truth, expressed love and incorporated feeling.
- ☺ It goes to the *root chakra* and establishes the anchor for the structure and realizes that survival requires *self-knowledge*.
- ☺ In the *lunar chakra*, it yearns to walk the walk of the *Spirit* in the world, in the form of congealed light and encourages the true choice of the *path of the heart, mind, spirit and body*.
- ☺ At the *axis chakra*, it *communes with others*, its family and with the planet.
- ☺ At last it goes to the *chi pool chakra* to generate and store excess energy reserves, ready to bring the *individuated spark to growth* and expansion from *Source* entering again at the *divine gate*.
- ☺ The *Source* exits the Human Energy Structure and *lives beyond, around and through the individuated self*.