

Separation, the 4 Aspects and the Foundations of Pathology

The Spiritual Aspect is unique among the 4 Aspects because it is the bridge between the Divine Source- the whole of life, the creative force of the universe and your own spiritual center. This Aspect has an all access pass to universal wisdom and truth. And it has been waiting patiently for millennia, the mystic and sacred locked within it, as your consciousness grows to understand more and more striving at last, to take possession of your true purpose for being.

Taking up your mantle, finding your path, holding your true North leads you forward through lifetime after lifetime while you accumulate and cultivate authentic knowledge and honest caring for not just each other but for the vast cosmic consciousness you and I are part of and to which we all truly belong. It only stands to reason that touching your Spiritual Aspect is a larger event- more profound than any other Aspect meeting. The depth of this moment reaches into the philosophical separation of the small individual soul cell from the larger more ancient soul body, how that happens and why.

Without question, the biggest thing ever to happen to any soul is the moment of breaking away from the One, the Whole, the All, the great I Am, the Source, the Universal, the Totality. The impetus to accomplish a seeding or a peeling off of separation is based in the need of the Source to express in an evolutionary way. The creative imperative is to grow. How else can the self-aware and self-identified Soul of the universe do this other than to create another, a child, an expanded sense of what is? And being the universal consciousness it expresses all at once, everywhere, and with ceaseless, joyous abandon- what we become.

This is not driven by a desire for companionship but instead, a continuing accelerating push into the realization of: *I Am*. The ongoing progression of self-awareness.

When the Source attains self-realization and the dawn of the understanding of *I Am* rises, it moves out of the void, becoming the single spark of life, and is the beginning of all things. Billions of fragments of light flood the vastness of space, in fact, create the vastness of space and eventually cross each other. Self-aware fragments become aware of other self-aware fragments and beyond time and limitation they experience a revelation- a dawning of *I Am* meeting *I Am* and becoming something else, an- *I am not*... This is an explosion- a little bang- of self-awareness and this beingness, this: *I am not* is essentially the birth of a new concept. A creation of *Creation*- the individuated soul occurring as a pure revelation that *I* can exist separately from the *Whole*, from the larger *I Am* as an identity, my own identity, a conceptual truth and as such, an expanded separate nature composed of two distinct fragments. Realizing *I Am* and *I Am Not* within the same total being- becoming... *I am*.

I think it is important to acknowledge that this is not traumatic. Separation from the Totality does not initially or immediately cause pathology. Instead, the coming to conscious awareness of identity or what could be called the foundational awareness, is an extended and expanded bliss; a joyous discovery by a self-realized individuation, mirroring the Totality and until the moment of separation, the only thing it knows.

It seems that at first, we are overjoyed to be independent. It is not until difficulty between the Aspects within the individual is experienced that there is trouble in paradise. This disharmony between parts of the individuation make for unresolved discord and out of this, illness and struggle. As the soul structure forms and begins the process of congealing light into form to live as manifest reality, the 4 Aspects direct the course. Lead by the Spiritual Aspect they ebb and flow, are effected and impacted by the subtle energy experiences the forming structure absorbs and ultimately use these experiences as grist for the mill of shaping the subtle energy into a working structure.

Ultimately, it is some form of imbalance in or between the Four Aspects of the Authentic Self that is at the root of human pathology. This imbalance is what we study in Sacred Anatomy Energy Medicine and what we strive to right in every clearing, alignment or procedure. Learning how to live with the subtle self, how to incorporate it into the reality of life, how to cultivate the connections we must to constantly grow and evolve leads to the work of becoming.

Human Beings are creatures of balance and harmony. When pathology is present in any form, in any part of the structure, it indicates a greater imbalance and loss of harmony to the whole. Understanding the concept that pathology represents a complex collection of factors and employs a broader base of influence is critical. This would include causative factors that are strictly related to the life force as it forms, the structure as it is shaped and molded by the cosmic events it experiences. The formation of the solar system, the birth of the planet, the beginnings of life on Earth or Mars or Jupiter all have an impact. They help us form who we ultimately become and how we are exceptional at the same time. We are the product of our larger environment and the intention of All of Life to express, and express, and express.

Finding the Authentic Self is expansive and releases blockage and stopped energy. Healing is moving into harmony within the sacred self. Harmony is self-awareness expressing creatively as your 4 Aspects.