



Consecration and Reconsecration

If the land was never **Consecrated** before it was excavated for building; if permission was never requested to build there, to live there, a lack of balance can have tragic consequences resulting in ill health and feelings of discomfort.

Places where deaths have occurred especially murders or violent acts with aggressive intent are stored in the ground beneath our feet. They may be haunted or feel uncomfortable- impossible to settle into and be happy. Massacre sites, battlegrounds, and places where car accidents have happened or suicides have occurred hold a signature of fear, terror, anger, and death in the Earth. After releasing this kind of trauma with Earth Acupuncture **Reconsecrating** the ground may evoke an incredibly holy energy. Whenever Earth returns to wholeness there is a Divine light that is evoked.

Of course, we are affected and the people living or working near these sites are always impacted by the story the land tells or tries to tell them. The land matters, its history and the geological story it holds are important. If your home is built on a previous indigenous village site or in an old lakebed or on landfill that used to be wetlands; this can have an impact.

When you take ownership of a property Asking Permission of the Land to build, to live there to act as a steward is an important step.

Asking Permission of the Land

1. Using the Lower Hemisphere EDGE approach the land intentionally.
2. Stand or sit on the Earth waiting for a connection to occur.
3. Put your hands on the ground and introduce yourself. Remember no one can really own land so you are asking permission to be there of the ancient land entity who is already there.
4. Ask **Permission of the Land** to live there or to build. Anytime you cut into the Earth ask permission intentionally and consciously.
5. Wait for acceptance of your request.
6. When you receive it. Thank the Land.
7. Continue this conscious relationship and connection in order to stay in deep relationship with the spirit of the Land.