

## Orientation

We are influenced and shaped by the land we live on- and by our relationship with it. People who lived there before and what happened before you even came can affect you deeply. If your property was a "work site" you will have to shift the **Orientation** to make it more relaxed and calmer for good health and sleep.

Land holds not only imprints of earlier residents as **Predecessor Chi** but also uses but the historical traumas that occurred on the site to set dysfunctional patterns into place. Quarries and mines will hold the destruction of the hillside and the ground beneath and affect the stability of the energetic for miles around. This is basically the brutality of having the land deconstructed.

## Shifting Orientation

This is a simple process and may need to be repeated a few times.

- 1. Standing in front of the entry to your property using the Lower Hemisphere EDGE and with permission of the land make the statement that you want to **Shift the Orientation** of the property from what it has been to what you want it to be.
- 2. Do this consciously with full intention to accomplish the shift.
- 3. Thank the land for the help and thank the hardworking, land loving predecessor who established the original intention.
- 4. Bring in *Green Guardian* take a big breath and go about your day.