



Sacred Anatomy Earthwork Technique

## Sensing Ley lines

1. Establish yourself at the lower hemisphere edge- to safely interact with deep Earth.
2. Ask permission of the area that you would like to sense- Listen for the YES
3. For added direction and to understand an area, Tree Talking can be very helpful. Go ahead and ask the grandmother tree to show you the Ley Lines or to help you feel them
4. Locate a known sacred site to begin. If you don't know of one go to an ancient land monument nearby such as a canyon, a mountain, a confluence of 2 rivers, a spring, the ocean, an especially old or tall tree or a wide meadow with a view. This will get you started and at least give you a sense of the internal connections between points.
5. You will begin by looking for a vortex that is releasing, they are more easily felt than lines, and are always swirling. When you find one, locate a point that might be considered a sacred site in the area where you are. These can be manmade, too, so churches, gathering places and places of contemplation or power can connect to your vortex and give you a ley line. A vortex will appear at crossing points- these can be any current in the Earth crossing with any other- water crossing a metal pipe for example. You will be able to locate a vortex fairly easily. This is a good beginning.
6. To feel major ley lines, you will need to go to a fault line, a well-established location that is agreed upon as sacred like the Grand Canyon in Arizona or Ayers Rock in Australia or an historical site such as the pyramids at Giza in Egypt, Stonehenge in England or Delphi in Greece.
7. These strong ley lines can also be sensed on a map.
8. To learn about the ley lines in your area get a map of your local area and draw a line on your map between the vortex you have found near your



home and the nearest sacred site (think mountain or river) and you are starting to understand what ley lines or old tracks are. Currents of energy felt at release points and then linked to sacred, historical, manmade, or natural sites.

9. Note which direction the energy is traveling. If there is a manmade feature, such as a pipe, try to feel for the natural occurring current of energy below or nearby. Once you have established the direction see if you can energetically follow the course. You can walk the ley line; deer or other animal tracks are often helpful hints for those of us who do not have the ancient European ruins and monuments available to us. You can also track the energy on your map. Draw the line; mapping like this is amazingly fun and so interesting. Pay attention to where the points are located in your area that might be considered sacred like churches, temples, synagogues, old buildings or public buildings like the state house or even the court house, a school or library can have that kind of power.
10. See if you can name the kind of tension the line or the vortex is carrying. You can dowse this information or sense it (Always using the lower hemisphere edge) and this list:
  - a. Toxicity- debris and waste, excess and old useless gunk generated by all sorts of things- manmade and natural
  - b. Violence- generally human caused but sometimes in the case of earthquake, violent storms, fire, flood or other disasters there is a destructive memory held in the Earth that registers as violence.
  - c. Microwave Radiation (releases in a diffused manner and is naturally occurring not just manmade)
  - d. Gamma Radiation- Gamma rays have the smallest wavelengths and the most energy of any wave in the electromagnetic spectrum. They are produced by the hottest and most energetic objects in the universe, such as neutron stars and pulsars, supernova explosions, and regions around black holes. On Earth, gamma



waves are generated by nuclear explosions, lightning, and the less dramatic activity of radioactive decay.

- e. Traumatic Event- (human generated)- argument, intense communication an altercation
  - f. Generating Site- positive event and happy feeling generated by good feelings and good experiences
  - g. Healing Spot- the potential to shift the health and well-being of living things
  - h. Power Point- can become a sacred site with intention. But is a place of natural power. You will feel more capable- altered and at the same time strong and humbled.
11. If you keep at it over time you will map an amazing network of energy and you will start to understand the reason why you live where you do and why you like or dislike local spots.