

Sacred Anatomy Earthwork Technique

Sensing the Earth: Connecting With and Courting the Unseen

1. Using the Lower Hemisphere EDGE approach the location you want to investigate
2. Stand or sit on the Earth waiting for a connection to occur.
3. Put your hands on the ground and call the Unseen Being you want to bring to you-
4. Wait for it to arrive-
5. Ask any question you might have of it.
6. Listen for a response from the Unsee Being
7. Stay in deep relationship with the Unseen Being by coming to visit it regularly.
8. Learn more about it every time you visit with it.
9. Build a relationship with this beautiful being and over time you will have an amazing friend.