



Sacred Anatomy Earthwork

Clearing the Planetary Layers

The planet Earth has 6 layers- Bio/ Primal/ Cognitive/Spiritual/Etheric/Soul Layer. You will need a picture of the Planetary Layers, 6 crystals and a stick to draw with in the dirt.

1. Using the Lower Hemisphere Edge- Send Down Your Roots to prepare for Earthwork.
2. Draw a picture of the Planetary Layers in the dirt or in the sand.
3. Place a clean crystal in each layer. Feel into the location to find where to place the crystals.
4. Bring in Universal Love and Light and direct it into the crystals you have placed in your drawing.
5. Keep sending the energy into the Earth until it feels like enough. This may be a long time- like 30-60 minutes. (Remember how big the planet is!)
6. Send the energy down into the Earth. Go down at least a mile through the planet. This will create an expansive connection. At the same time you are also sending the energy (ULL) out into the atmosphere and the stratosphere where it is clearing the subtle layers.
7. To close, restore with the other energies. Dowse how many energies you need to restore the planet and bring in those energies from your Earthwork List.
8. Always be sure to thank the Earth for allowing you to do any work with her!