



# DOING AN EARTHWORK SESSION

## 1. Preparing and Focusing

- What is inspiring you to do an Earthwork Session?
- What do you want to shift on or in the land?
- What or who is calling you to the session?
- Set your intention before building your altering altar.
- Ask for guidance and state your dedication to the health, the fertility and well-being of the land and beings who inhabit the land. (animals, humans, trees, plants, insects, flowers etc.)
- Use: Listening for the Yes (class 1)

## 2. Building an Altering Altar for Transformational Earthwork:

1. Choose the location:
  - Let the Elemental energies direct you to a location on the property
  - Dowse and determine sensing a map- laying out a map on the ground or draw one in the dirt and site the altering altar in the center of the landscape or in a spot that feel right
  - Look at the landscape and read the powerful points in the property where you can work to anchor the entire piece from here- it's a pivotal location- a fulcrum spot where you can feel the imbalances and sense down into the Earth for a response
  - Use: Locating and Activating a Sacred Site )class 3)
2. Determine the Elemental energies to invite to your session- ( Pulling from our first class)
  - Bring them in----
  - They will hover, billow up, dig in, flow through and in all ways inhabit the space of the Altering Altar-
  - No need to direct them or tell them where to be.



### 3.Sensing the Earth: Connecting with the Elements

1. Each Element is powerful and useful.
  - Each should evoke an energy you need to create your altering altar.
  - Start by making an offering to an elemental being you feel attracted to. This invites a relationship to begin.
  - When you make an offering, think in terms of your long-term connection with the energy of the element and what it signifies to you.
    - a. For example- fire is most easily represented by a candle on your altar but can be experienced as the Sun or even as an electric heater.
    - b. Break it down to a simple and accessible part of nature.
    - c. This is easier if you think small and organic.
  - As you tune into the elemental energy ask yourself how an element feels to you, how it speaks to you.
    - a. When you touch it, smell it, listen to it, taste it, take it into your body, or just gaze at it.
    - b. Notice the signs of these elements as they speak to you- begin a conscious relationship with them.
2. Use the Elementals to establish the Sacred Space of your altar
  - Dowse and determine which elements are needed to create the altering altar:
    - Water
    - Earth
    - Fire
    - Air
    - Metal
    - Wood
    - Space

### 4.Establish Your Team - Anchor your Altar



- Any people you have brought with you will be there to make a contribution. If they are turned into planetary healing it is best to encourage them to say and do whatever they feel moved to during the session- But if they are new to all this or unaware of their own intuitive awareness or abilities you might want to encourage them to listen to their inner voice and act on it's instructions or suggestions.
- Call in unseen beings to support your work.
- Fairies, Elves, Leprechauns, Angelic Beings (AA Michael), Nature Spirits, Land Entities, Devas

### 5.Connecting with and Courting the Unseen (class 3)

- Using the Lower Hemisphere EDGE approach the location you want to investigate
- Stand or sit on the Earth waiting for a connection to occur.
- Put your hands on the ground and call the Unseen Being you want to bring to you-
- Wait for it to arrive-
- Ask any question you might have of it.
- Listen for a response from the Unsee Being
- Stay in deep relationship with the Unseen Being by coming to visit it regularly.
- Learn more about it every time you visit with it.
- Build a relationship with this beautiful being and over time you will have an amazing friend
- Set up pillars of energy to empower the altar- (use the energies you learned in Session 2 & 4 )

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### 6 STEPS FOR BRINGING IN SOURCE ENERGIES-

1. Tune in- feel the energy- open yourself to feeling
2. Visualize- The color and the light of the energy
3. Manifest- call upon: I call upon\_\_\_\_\_
4. Direct- Tell the energy what to do, where to go & for how long
5. Release- allow it to conclude- end the spin- end the work
6. Thanksgiving- always thank the energies- feel gratitude!

### TEACHING THIS LIST OF EARTH WORK ENERGIES

- ② ULL- white, golden and silver sparkles
- ② Balm of Gilead- cedar tree green
- ② Sanctuary- lavender
- ② Green Guardian- a combination of lots of greens speckled
- ② Balance Earth- green and blue like the planet from space

## 6.Study the Environment

- Dowse for Ley Lines -- make a map of the area you are working in- Use Sensing Ley Lines (class 2)
- Look for any distinguishing features of the landscape that might be of service to your goals for the session
- Follow portents and signs (class 1)
- Tree Talk to gather information for what needs to be done and to get help locating the Queen Tree (class 1)



- You can also dowse for the Queen Tree – She is a Natural Portal to release any trapped spirits from the Earth or for releasing toxicity and damage from the Earth
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- Call upon the Over-Lighting Deva of the site or region to direct and guide you to better understand the area

## 7. Locate a Chakra Point or Queen Tree Nearby to Release

- Dedicate yourself to stewardship of your land- to reclaiming it if need be and to healing it by balancing the energies of the land you live with
- Locating and activating a Sacred Site by locating the entry or exit point of a nearby Earth Chakra – approximate is good enough- dowse this.
- Ask your friends the Nature Spirits- faeries, elementals and land entities to help you find the entry and exit point of an Earth Chakra- they will show you outright if you ask. (class 3)
- Call on the Unseen and your Intuition to feel down into the Earth (class 3)
- Locate the Queen Tree in the area and use her to release the toxicity you are dealing with. Dowse for the Queen Tree – Natural Portal to release any trapped spirits from the Earth or for releasing toxicity and damage from the Earth

## 8. The Main Event

- Now that you are prepared for release you can proceed to the main event of your session
- Ask Permission of the Land (class 2), Establish Rapport with the Planet (class 4)
- Choose any of the following or combination of the following to focus on during your Session:
  - Clearing the Planetary Layers, (Class 4)
  - Anchor the Property, (class 2)
  - Consecration and Reconsecration, (class 2)
  - Shift Orientation, (class 2)
  - Release Predecessor Chi with Stewardship Ceremony, (class 2)
  - Pipe Guards, (class 2)



- Earth Acupuncture (class 2)
- Restore and Replenish: Bringing in Earth Energies (class 4)