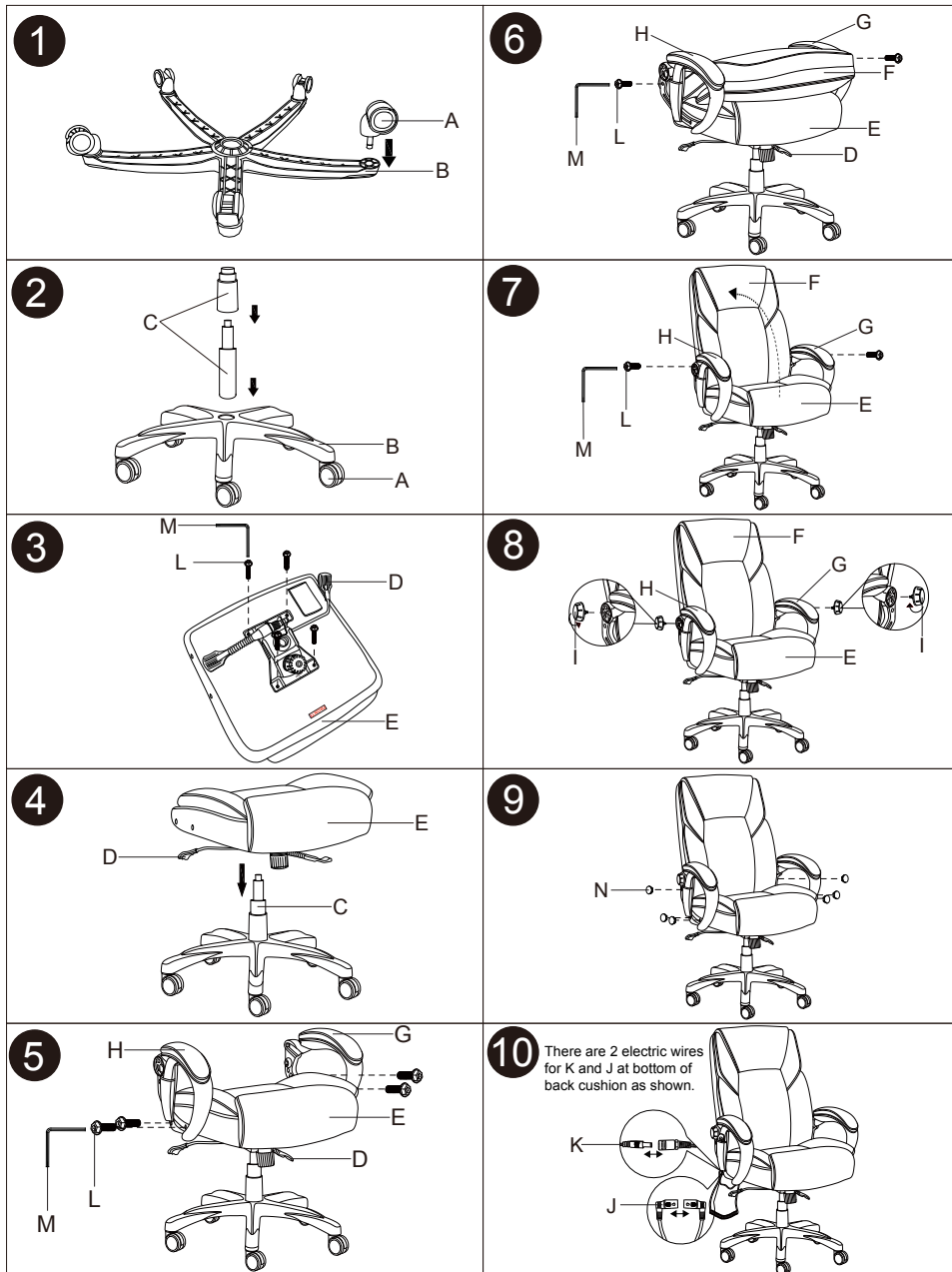
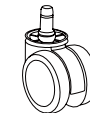
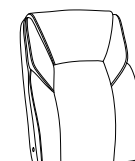

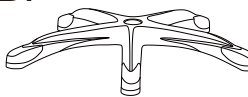





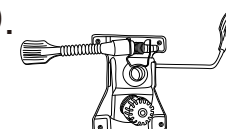






ASSEMBLY INSTRUCTIONS



A.  5PCS	F.  1PC	K.  1PC
B.  1PC	G.  1PC	L.  12PCS
C.  1PC	H.  1PC	M.  1PC
D.  1PC	I.  2PCS	N.  6PCS
E.  1PC	J.  1PC	

Model: ALE-SH7019

Manufactured for/ Hecho para/ Fabriqué pour Alera® / Essendant Co.

One Parkway North, Deerfield, IL 60015 ©2015 Essendant Co.

Made in/ Hecho en/ Fabriqué en China

Product support and parts: 1-800-733-4000

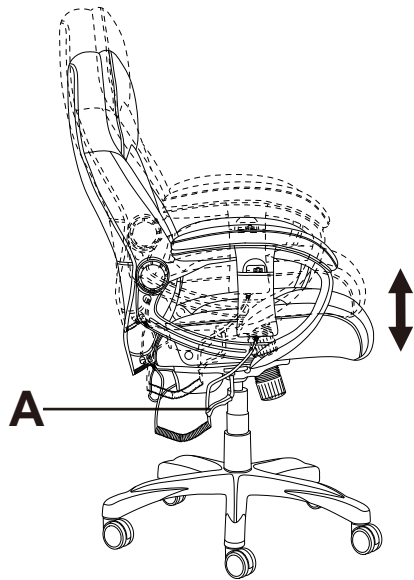
Ayuda del producto y partes / Support technique et pieces

OPERATING INSTRUCTIONS

ALE-SH7019

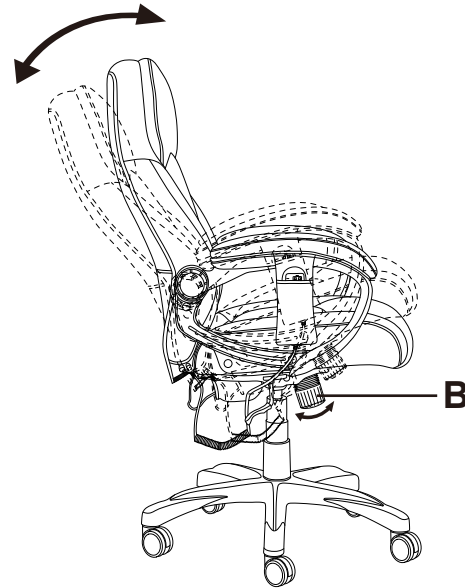
A. Seat height adjustment

To raise the seat height, stand up from the chair while lifting the lever (A) under the right side of the seat. To lower the seat height, lift the lever (A) while sitting in the chair.



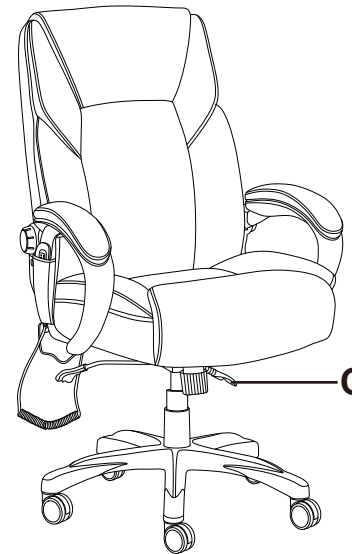
B. Tilt tension

Knob underneath seat adjusts angle and ease with which chair reclines to the different weights and strengths for different users. To increase tension, turn knob to the right. To release tension (loosen), turn knob to the left.



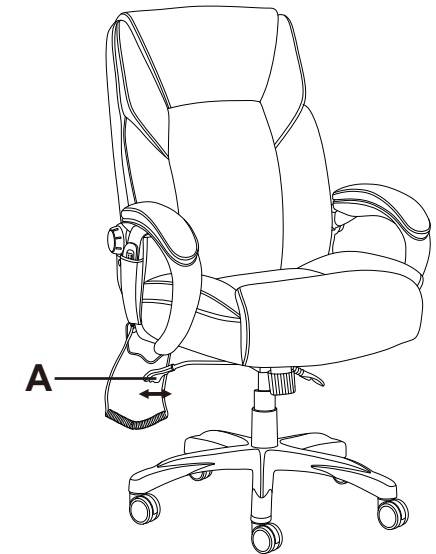
C. Tilt Tension Lockout

Reach Underneath the left side of chair and locate the lever (C), Pull up the handle to adjust the tilt function, and pull down the handle to lock the Tilt Position you like.



D. Tilt Lock

Pull lever, "A" on the right side of the seat away from the chair and lean back to recline. To lock chair in upright position, push lever back towards the chair.



How To Use The Massage Controller

ALE-SH7019

Instructions:

1. Insert the Power Adapter into the electric output.
2. Press the ON/OFF button. The massage chair will default to type 1 massage for 15 minutes.
3. Use the TIMER key to set the time for a massage. One click can add 1 minute, and the time range is 1-30 minutes. Once the time has completed, the massage will stop automatically.
4. UPPER BACK, LOWER BACK, FULL BACK buttons will allow you to adjust the massage position of the chair.
5. Pressing the DEMO button, will allow the massage work through entire range of massage selections.

