

# E-Safety Problem

## Websites and Apps

Content- is it a trusted website?

- Age appropriate- are you allowed on the website?
- Social Media (Facebook, Instagram, twitter, vine) concerns.
- Bullying through social media websites or apps.

- Block the website
- Record the website details
- Use a panic button if available
- Report incident to the website
- Save any messages or details which made you feel uncomfortable.
- Check privacy settings

## Text Message/Instant messenger

Do you know the sender?

- A message from a friend which makes you feel uncomfortable.
- A message which is causing you upset- Bullying.
- A message you did not mean or want to send

- Save any messages or details which made you feel uncomfortable.
- Do not open the message if you do not know the sender.
- Block the sender
- Do not reply!

## Gaming

Is the game age appropriate?

- Is there any violence or strong language in the game?
- Do you know the people you are playing online?
- Talking to people whilst gaming.
- A game invite

- Save any messages or details which made you feel uncomfortable.
- Block the sender
- Do not open if you do not know the sender
- Check privacy settings
- Do not reply!

## Emails/Documents

SPAM- messages you do not want.

- Do you know the sender?
- Are there any attachments with the email?
- An email or document you did not mean or want to send.

- Save any messages or details which made you feel uncomfortable.
- Do not open the message if you do not know the sender.
- Block the sender
- Do not reply!

## Pictures and Videos

Do you know the sender?

- Does the video or picture contain violence or strong language?
- Inappropriate content which make you feel uncomfortable.
- Videos or pictures which make you worried or upset.
- A picture or a video of yourself you did not mean or want to send.

- Save any messages or details which made you feel uncomfortable.
- Do not open the message if you do not know the sender.
- Block the sender
- Do not reply!

### ALWAYS TELL A TRUSTED ADULT:

- A teacher or an adult in school or club
- A parent
- An older sibling (over 18)
- A family friend (over 18)
- NSPCC: 0800 1111
- Safer internet: <https://www.saferinternet.org.uk/>
- Kidscape