

FIRST CARD, FIRST WIN

Creative Confidence Challenge
October 2024



Welcome to Your Creative Confidence Challenge!

Each challenge is designed to inspire you, boost your creativity, and help you build confidence in your card-making skills. Whether you're trying something completely new or refining a familiar technique, these exercises are meant to be fun, engaging, and empowering.

What to expect:

- **Step-by-step guidance** to walk you through the challenge.
- **Reflection prompts** to help you consider your creative process and how it's evolving.
- Opportunities to **experiment, learn, and grow** in your own style.
- A **safe space** to embrace mistakes, take risks, and discover new ideas without the pressure of perfection.

By the end of each challenge, you'll not only have created something unique but also taken an important step toward building your creative confidence. Let go of any expectations, trust the process, and most importantly, have fun!

Kristy

First Card, First Win

Welcome to Your First Card Creation!

This worksheet will guide you through creating your very first handmade card. Remember, it's not about perfection - it's about having fun, learning the basics, and celebrating your first win in card making!

Supplies Checklist:

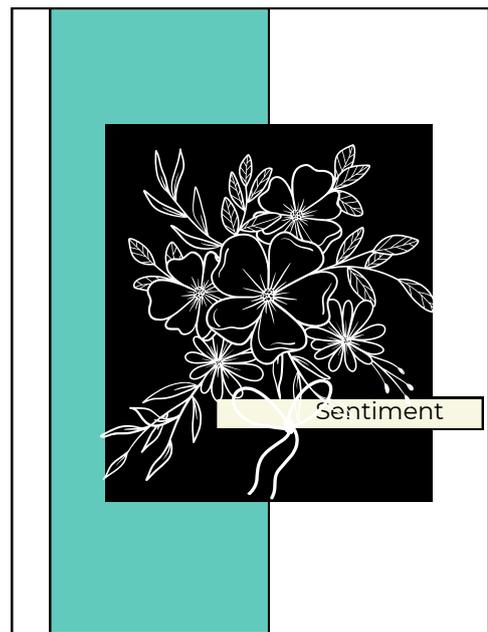
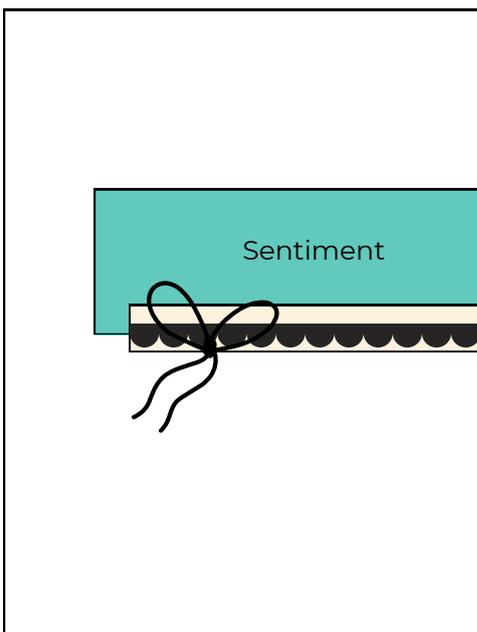
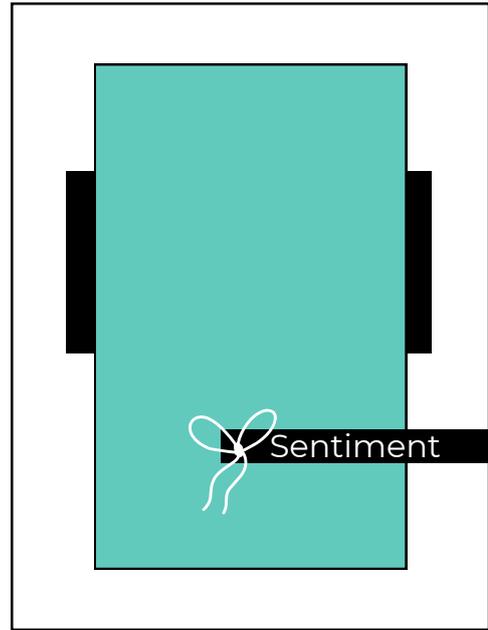
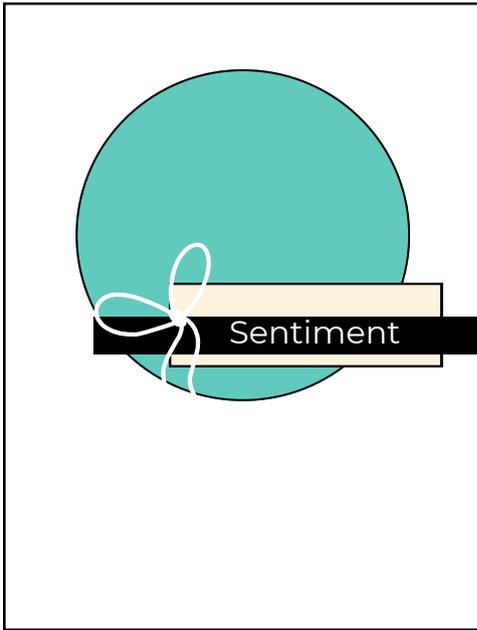
Before you start, make sure you have the following basic supplies ready:

- Card base (cut and folded)
- A focal element (eg., a stamped image, embellishment, or patterned paper)
- Sentiment stamp or sentiment die cut
- Adhesive (tape runner or glue)
- Scissors or paper trimmer
- Ink pad or markers for colouring
- Any embellishments you'd like to add (optional)

Check off the items as you gather them.

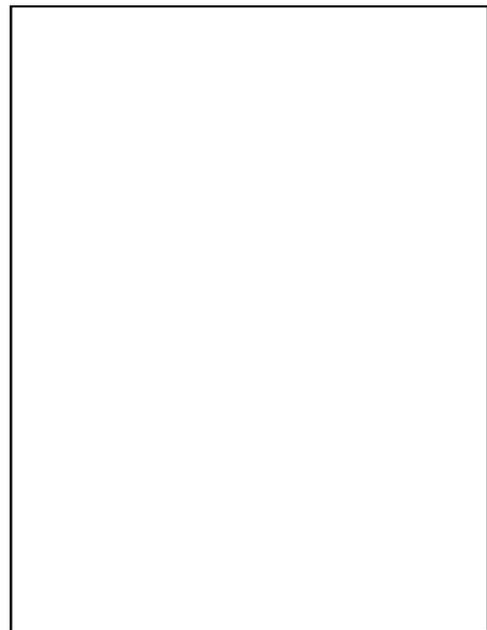
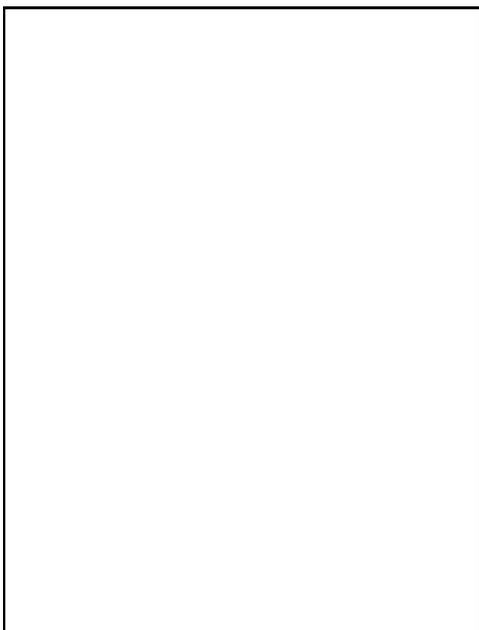
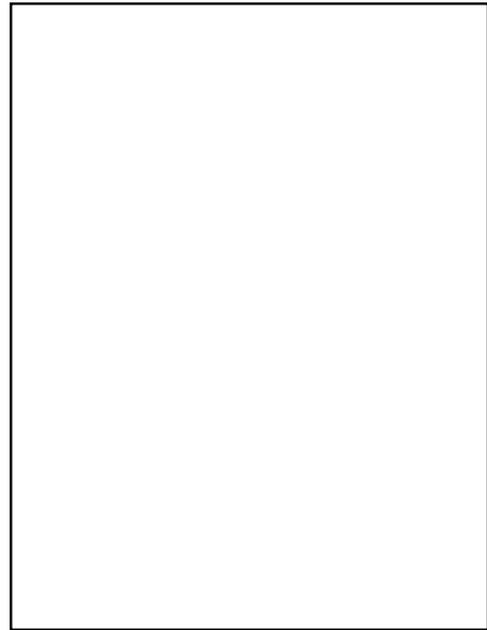
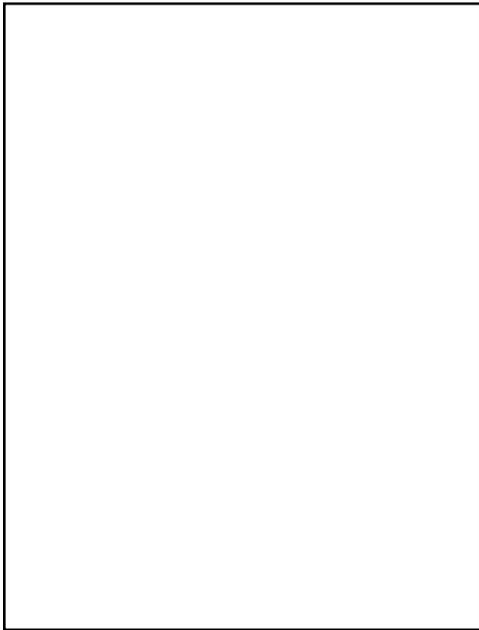
Card Sketch:

Use these simple card sketch to guide your design.



Design Space:

Sketch or brainstorm your card design ideas.



Step-by-Step Instructions

Prepare the Card Base:

Cut and fold your card base. Take your time to make sure the edges are clean and the fold is crisp. If you're not sure how to do this, check out the tutorial inside the Academy [HERE](#).

How did this step feel? Was it easy or challenging?

Choose Your Focal Element:

Select a simple image, stamp, or piece of patterned paper to serve as the focal point of your card. If you're using a stamp, ink it evenly and press firmly for a clean impression. If colouring, keep it simple.

Describe your focal element: What did you choose and why?

Step-by-Step Instructions

Add the Sentiment:

Stamp or place your sentiment where it feels balanced on the card. remember, you can align it at the bottom, center, or top, depending on your card's design.

What sentiment did you choose, and how did you decide where to place it?

Assemble the Card:

Use adhesive to attach your focal element and sentiment to the card base. Make sure everything is centered or positioned as you like it.

How did the assembly process go?

Add Final Touches:

If you want, add a few simple embellishments to complete the card. Don't overthink this step- just keep it fun and light?

What embellishments, if any, did you add to personalise your design?

Reflection

Take a moment to reflect on your experience creating your first card.

How did it feel to create your first card?

What was the easiest part of this process?

What was the most challenging part, if any?

What did you learn about the basics of card making that you didn't know before?

How proud are you of your first card?



Celebrate Your First Win!

You've created your very first card - congratulations! Share your card with the community or a loved one, and celebrate this exciting step in your card-making journey.

Take a photo of your first card: Attach it here or share it online with the hashtag #CreativeConfidenceChallenge so others can cheer you on

Moving Forward

Now that you've completed your first card, what's one thing you're excited to try in your next project?

Bonus Tips for Beginners:



- Don't worry about perfection – every card you make is a learning opportunity.
- Keep practicing, and you'll discover new techniques that will make your cards even more beautiful.
- Have fun and experiment with different colours, stamps, and embellishments!