

SPOTLIGHT ON: ELIGIBLE IMPAIRMENT

To be eligible for Paralympic sport an athlete **must** have at least one of the **7 Eligible Impairments**

The impairment must be caused by a diagnosed Underlying Health Condition

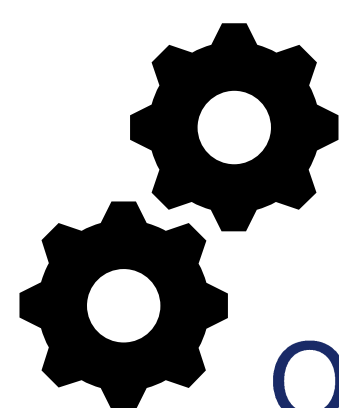
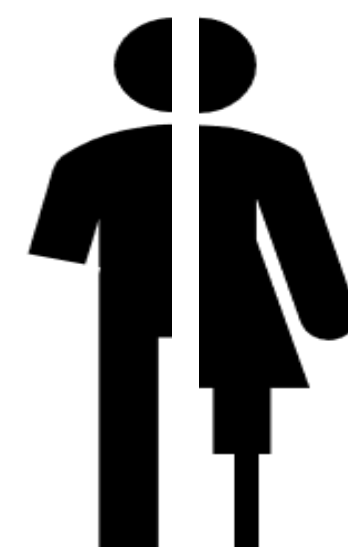


Impaired Muscle Power

Reduced ability to voluntarily contract muscles

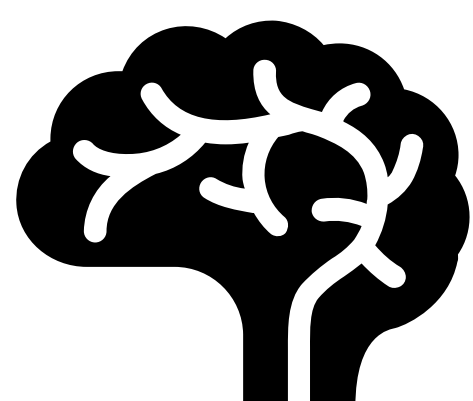
Limb Deficiency

Total or partial absence of a limb or anatomically irregular limb dimensions



Coordination Impairments Ataxia, Athetosis, Hypertonia

Often termed “coordination” impairment.
Reduced ability to produce and/or control skilled movement

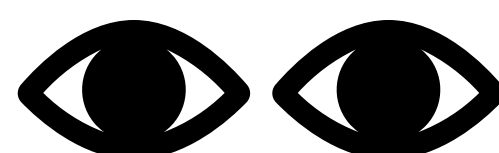
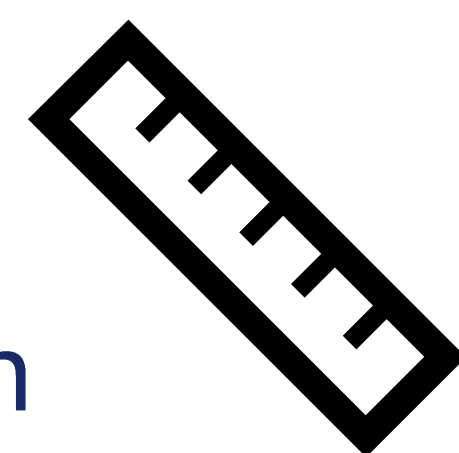


Intellectual Impairment

Restriction in general mental functions

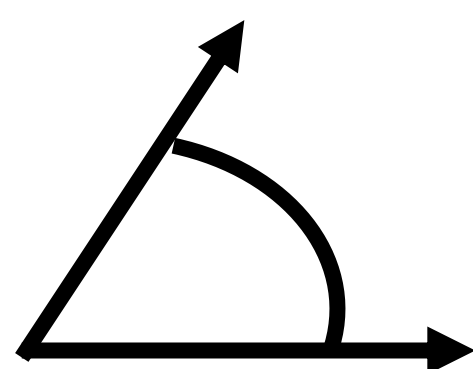
Short Stature

Restricted standing height due to reduced bone length



Vision Impairment

Damage to eye structure, optic nerve or visual cortex leading to reduced or no vision that cannot be fully compensated



Impaired Passive Range of Motion

Restricted movement in one or more joints

Any other impairment type is **Not Eligible** for Paralympic sport

Not all sports cater for all impairment types.

Each sport decides which impairments they include in their classification system.

Athletes may have a combination of eligible and/or non-eligible impairments. **Only the Eligible Impairment(s)** can be considered as part of classification.

