



ParalympicsGB



Media Guide

**Milano Cortina 2026 Paralympic
Winter Games**





ParalympicsGB



MILANO CORTINA 2026

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David Clarke OBE

CEO of ParalympicsGB



I feel an immense sense of excitement and anticipation in the build-up to an historic Milano Cortina 2026 Paralympic Winter Games which marks 50 years since the very first one held in Sweden in 1976.

The first Games featured 196 trailblazing athletes from 16 countries competing in Para Alpine and Cross-country skiing – the modern version is very different with up to 665 athletes from around 50 nations competing for medals across five sports: Para Alpine skiing, Para Nordic skiing, Para Snowboard and Wheelchair curling.

Milano Cortina 2026 provides an incredible backdrop for the drama to unfold, staged in the idyllic surroundings of the Dolomites, on a European time zone and with the tantalising prospect of the world's best Winter Para athletes competing on snow and ice.

Milano Cortina 2026 will once again give ParalympicsGB the opportunity to showcase the amazing athletes and sports that will be straining every sinew to deliver memorable performances to unite and inspire the nation.

However, it is not only on the field of play ParalympicsGB can make a real difference, we run programmes with the aim of improving the experience and increasing participation in inclusive physical activity and sport while breaking down barriers faced on a daily basis by disabled people.

Examples of social impact work include the Get Set for Milan programme, delivered in partnership with our friends at Team GB, that will reach hundreds of thousands of school children and uses the inspiration of the Games to drive an increase in physical activity within schools.

Every Body Moves powered by Toyota showcases and directs disabled people towards opportunities to take part in inclusive sport and physical activity with all the associated benefits to health and wellbeing.

The Games also puts our Equal Play campaign calling for equitable access to PE and sport in schools for disabled children firmly back in the spotlight. Launched at the Paris 2024 Paralympic Games, following research that found only 1 in 4 disabled children regularly take part in PE, the campaign calls for every disabled child to have the same access to PE and sport at school as non-disabled children.

Whether it is competing on the slopes, courses or ice rink of Milano Cortina, or delivering meaningful social impact programmes back in the UK, all of this is only made possible thanks to the support of our wonderful commercial partners and donors and of course the ongoing support of the National Lottery and Government funding for Paralympic and Olympic sport.

This will be my first experience of being at a Winter Paralympics following my time as both an athlete and CEO of ParalympicsGB at a number of Summer Games. I am sure many elements will be different, but one thing remains constant and that is the sense of pride and achievement that comes with representing your country at a Paralympic Games which remains the pinnacle of any athlete's sporting career.

**David Clarke OBE,
CEO of ParalympicsGB**

Phil Smith

ParalympicsGB Chef de Mission for Milano Cortina 2026



Fifty years on from the first ever Paralympic Winter Games in Örnsköldsvik, Sweden, I am delighted to lead the ParalympicsGB team to Milano Cortina 2026 - my second Paralympic Winter Games as Chef de Mission, and my ninth Games overall.

It is a real privilege to be at the helm of such a fantastic and talented group of athletes and support staff and I know every single team member will do their best to make the nation proud.

With a team size of 25, ParalympicsGB will field athletes across five sports at these Games – Para Alpine skiing, Para Nordic skiing (which includes biathlon and cross-country), Para Snowboard and Wheelchair curling.

The team includes 17 debutants and eight returning Paralympians – from our youngest athlete, 16-year-old Dominic Allen competing at his first Paralympic Games to the experienced heads of three-time Paralympians Hugh Nibloe, Jo Butterfield, Menna Fitzpatrick, Scott Meenagh and James Barnes-Miller; ParalympicsGB's class of 2026 all share the same passion, drive and commitment to bring their very best to these Games.

Of course, the road to get there is never easy, particularly in winter sport, and I want to commend and congratulate every athlete who has worked tirelessly to make it to the start line.

We've all witnessed the impressive progression in Paralympic winter sport over the last 50 years, as well as the months and years of hard work that go in to training and competing at this level, the pinnacle of every Para athlete's sporting career.

With the Paralympic Winter Games returning to a European time zone for the first time in over a decade, fans back home really do have the chance to get behind our brilliant team and enjoy and embrace all that winter sport has to offer – and all the unique thrills and excitement that it so often entails.

And that couldn't happen without the media helping to tell the stories of these Games. Channel 4 will once again provide daily coverage of all the action from Italy, bringing our athletes into homes across the UK and shining a light on each and every one of them. Every athlete has a story to tell – and a story worth hearing. I hope that members of the media who have travelled to Italy to cover these Games, as well as those reporting back home in the UK, will also embrace all that these Games have to offer. As members of the media I would like to thank you for taking the time to find out more about ParalympicsGB and our team in this guide and for helping to share our story.

**Phil Smith
ParalympicsGB Chef de Mission
for Milano Cortina 2026**

Welcome to Milano Cortina 2026

Introducing the Milano Cortina 2026 Paralympic Winter Games

The Milano Cortina 2026 Paralympic Winter Games take place from 6 – 15 March, marking the 50th anniversary of the first Paralympic Winter Games which took place in Örnsköldsvik, Sweden, and the second time Italy has hosted a Winter Paralympic Games after Torino 2006.

Around 600 athletes from 50 nations will compete in 79 medal events across six sports – Para Alpine skiing, Para Biathlon, Para Cross-country, Para Snowboard, Para Ice hockey and Wheelchair curling – with one new medal event added to the programme this year, the Wheelchair curling mixed doubles.

The Games will take place across three main locations – Milano, Cortina d'Ampezzo and Val di Fiemme. Para Ice hockey will take place in the vibrant and bustling city of Milano, while in Cortina, at an altitude of 1,224m and in the heart of the Dolomites, the Tofane Alpine Skiing Centre, Cortina Para Snowboard Park and the Cortina

Curling Stadium will host Para Alpine skiing, Para Snowboard and Wheelchair curling respectively. The Nordic disciplines of Biathlon and Cross-country take place over the mountain pass to the southwest, in the town of Tesero, within the Val di Fiemme area.

The Opening Ceremony will take place in Verona's famous amphitheatre, the Arena di Verona, built nearly 2,000 years ago and set to benefit from significant improvements to accessibility. The Closing Ceremony meanwhile will be held at the Cortina Curling Stadium – one of the venues for the 1956 Olympic Winter Games.

Each of the three locations or 'clusters' has its own athlete village and media centre, all connected by transport systems to facilitate accessibility for athletes, teams, fans and media.



Meet the team

Senior Team



Dan Brooke
President



David Clarke
Secretary General



Phil Smith
Chef de Mission



Jonny Riall
Deputy Chef de Mission



Verity Naylor
Deputy Chef de Mission



Michelle Jeffery
Chief Medical Officer



Anna Scott-Marshall
Deputy Secretary General

Communications Team



Paul Cox
Head of Communications



Kate McCall
Press Attache



James Johnston
Digital Producer



Lauren Rowles
Digital Officer



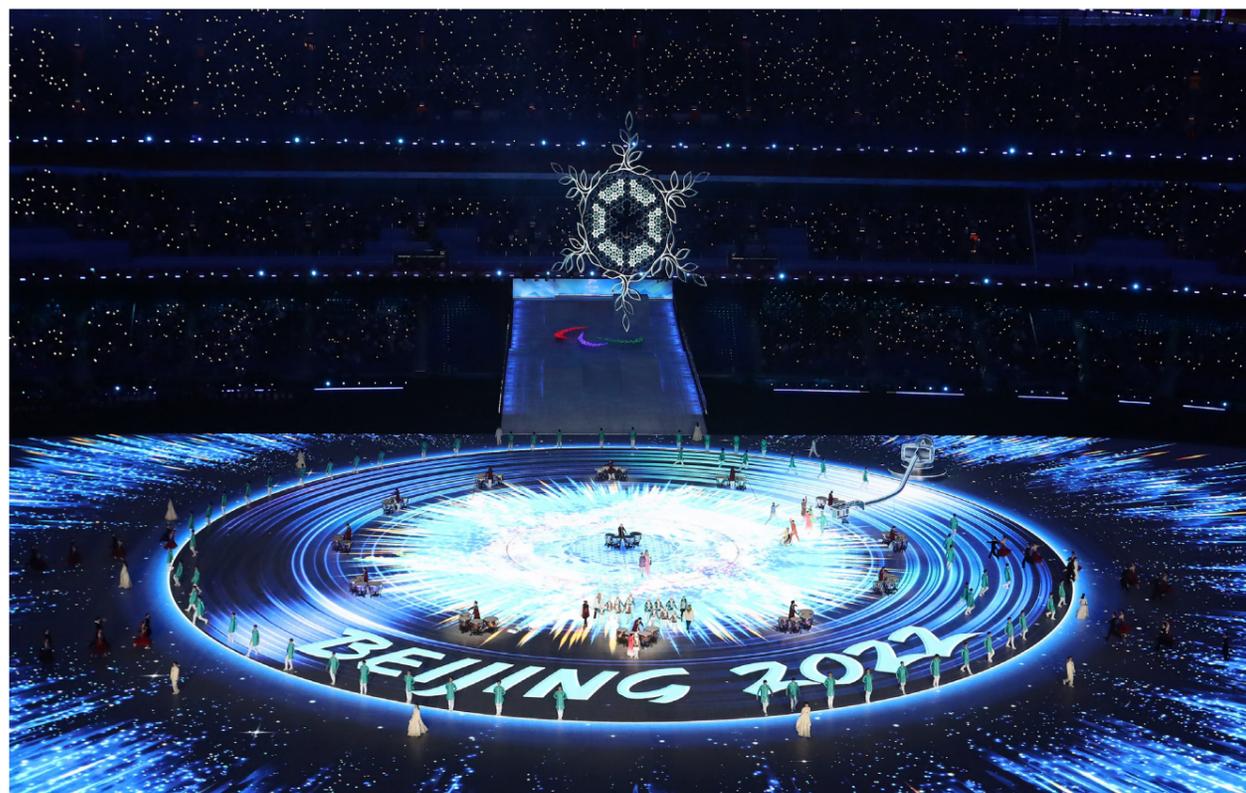
The History of the Winter Games

The first ever Paralympic Winter Games were held in Örnsköldsvik, Sweden in 1976 and featured 198 athletes from 16 different nations competing in two sports – Alpine and Cross-country skiing – with 53 medal events for amputee and vision impaired athletes. There was also a demonstration event in Ice Sledge racing.

Sit-skiing for both Alpine and Nordic events was introduced at Innsbruck 1988, while in Lillehammer six years later, Ice Sledge Hockey

(now Para Ice hockey) featured on the programme for the first time. Wheelchair curling was introduced to the schedule at Torino 2006, with Para Snowboard joining the programme in 2014.

China played host to the Winter Games for the first time in 2022, as Beijing became the first city in the world to stage both a Summer and Winter Paralympics. The host nation also finished top of the medal table with 18 golds and 61 medals overall.



ParalympicsGB at the Winter Paralympics

Great Britain have claimed 40 medals including three golds in the 50 years since the inaugural Paralympic Games in 1976. Here are some of the highlights:

ParalympicsGB's first ever Winter Games medal came in Innsbruck in 1984 courtesy of John Watkins who won bronze in Alpine Skiing.

Eight-time Paralympian Peter Young competed at both Summer and Winter Games over the course of two decades. He won bronze medals in Para Cross-country at both Innsbruck 1984 and Lillehammer 1994 – the only British athlete to medal in the discipline to date.

Wheelchair curling joined the Winter Games programme at the Torino Games in 2006, with ParalympicsGB claiming team silver after losing out to Canada in the final. Eight years later ParalympicsGB's Wheelchair curling squad reached the podium again – this time bronze for Aileen Neilson, Gregor Ewan, Jim Gault, Angie Malone and Bob McPherson at Sochi 2014.

There was gold for Northern Ireland's visually impaired skier Kelly Gallagher at Sochi 2014 as she became the first ever British Paralympic Winter gold medallist with victory in the women's Super-G alongside her guide Charlotte Evans.

That same year visually impaired skier Millie Knight made her Paralympic debut, becoming ParalympicsGB's youngest winter Paralympian at just 15-years-old. Jade Etherington and her guide Caroline Powell meanwhile notched up no fewer than three silver medals and one bronze on the slopes. At PyeongChang 2018 Knight was back – and this time on the podium, winning silver in

the Downhill and Super-G as well as bronze in the Slalom alongside her guide Brett Wild.

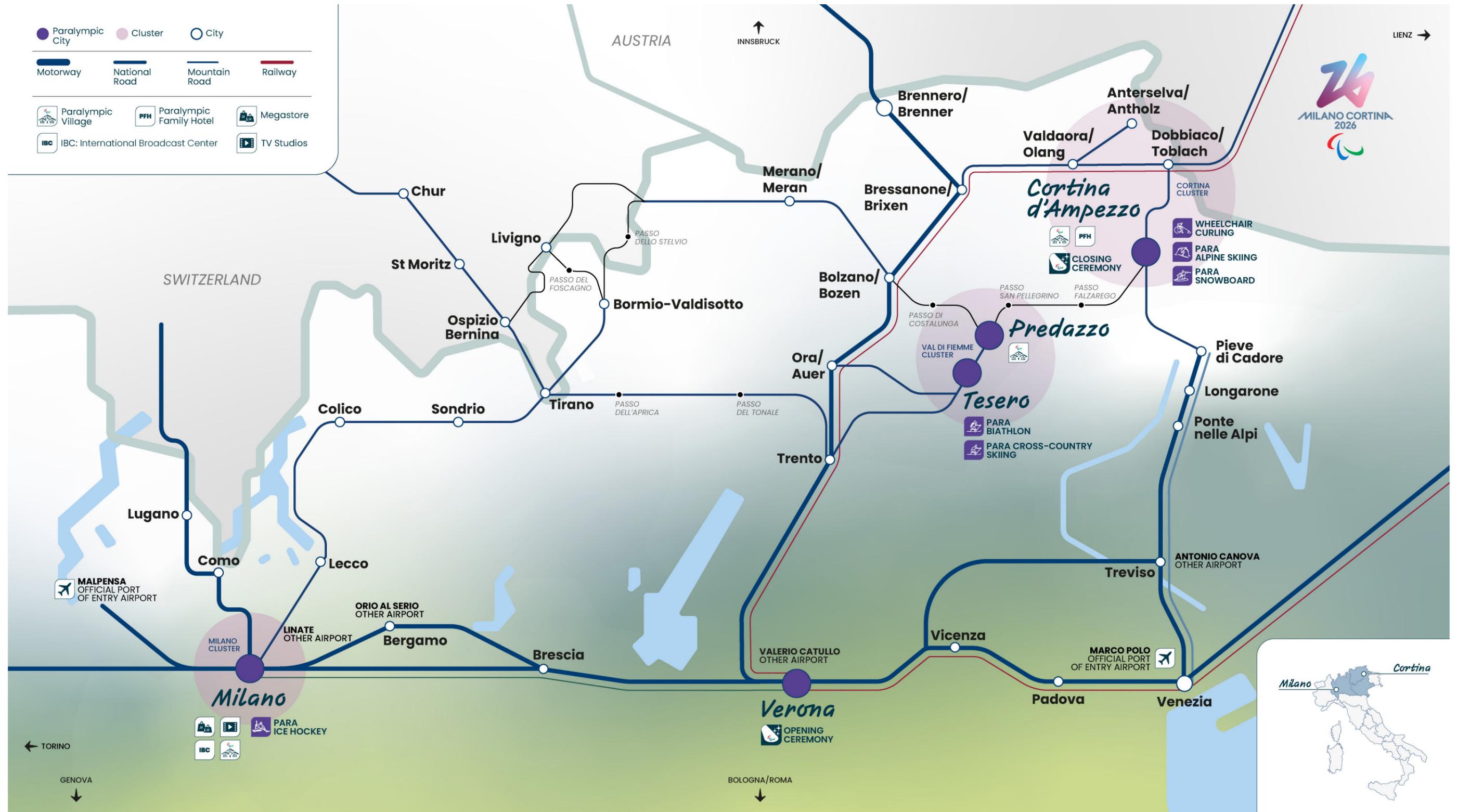
Menna Fitzpatrick meanwhile climbed to the top of the podium on her Paralympic debut at PyeongChang, winning women's Slalom gold with her guide Jennifer Kehoe as well as silvers in the Super Combined and Giant Slalom and bronze in the Super-G.

Fitzpatrick became Great Britain's most decorated Paralympian at Beijing 2022, taking her impressive Paralympic medal tally to six overall with Super-G silver and Super Combined bronze alongside her guide Gary Smith.

Teenager Neil Simpson also made a big impact in Beijing, becoming the first British male athlete to win gold on snow with a phenomenal victory in the men's Super-G vision impaired event alongside his brother and guide Andrew. The Scots pair quickly followed that up with bronze in the Super Combined.

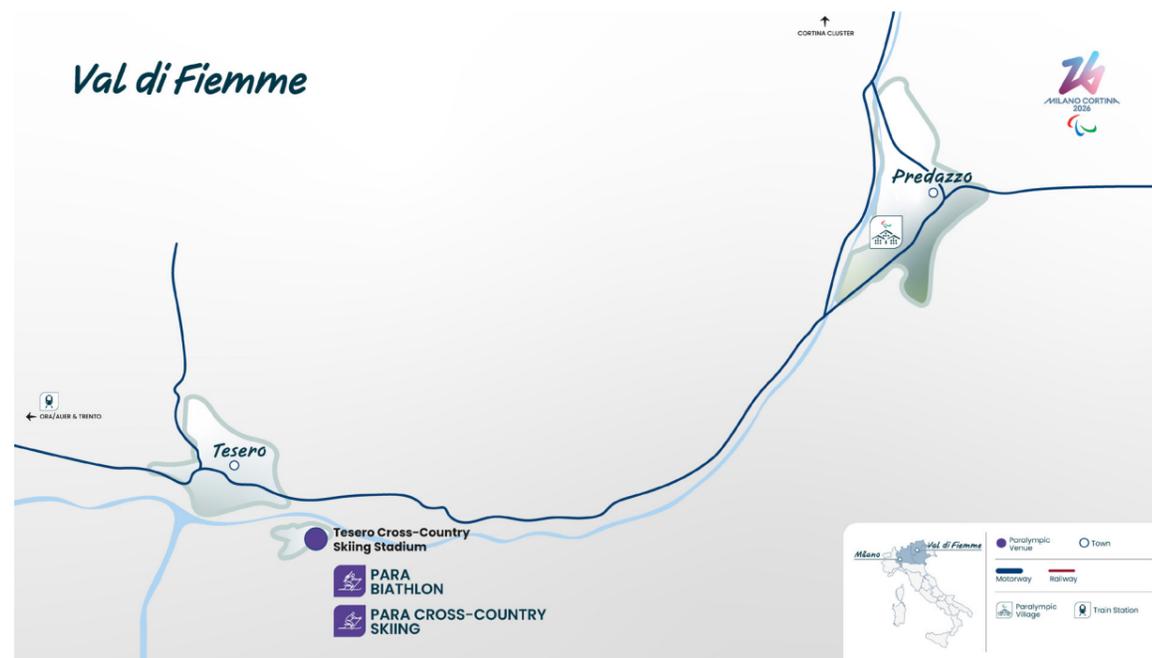
Indeed, an array of outstanding performances ensured ParalympicsGB were more competitive in more sports than ever before at Beijing 2022, with a succession of memorable results including six medals and a host of top five finishes. Knight and guide Wild also reached the podium with bronze in the Downhill on the first day of competition and Ollie Hill secured ParalympicsGB's first ever Para Snowboard medal with a bronze in the Banked Slalom in the men's SB-LL2 class.

Milano Cortina 2026 Map



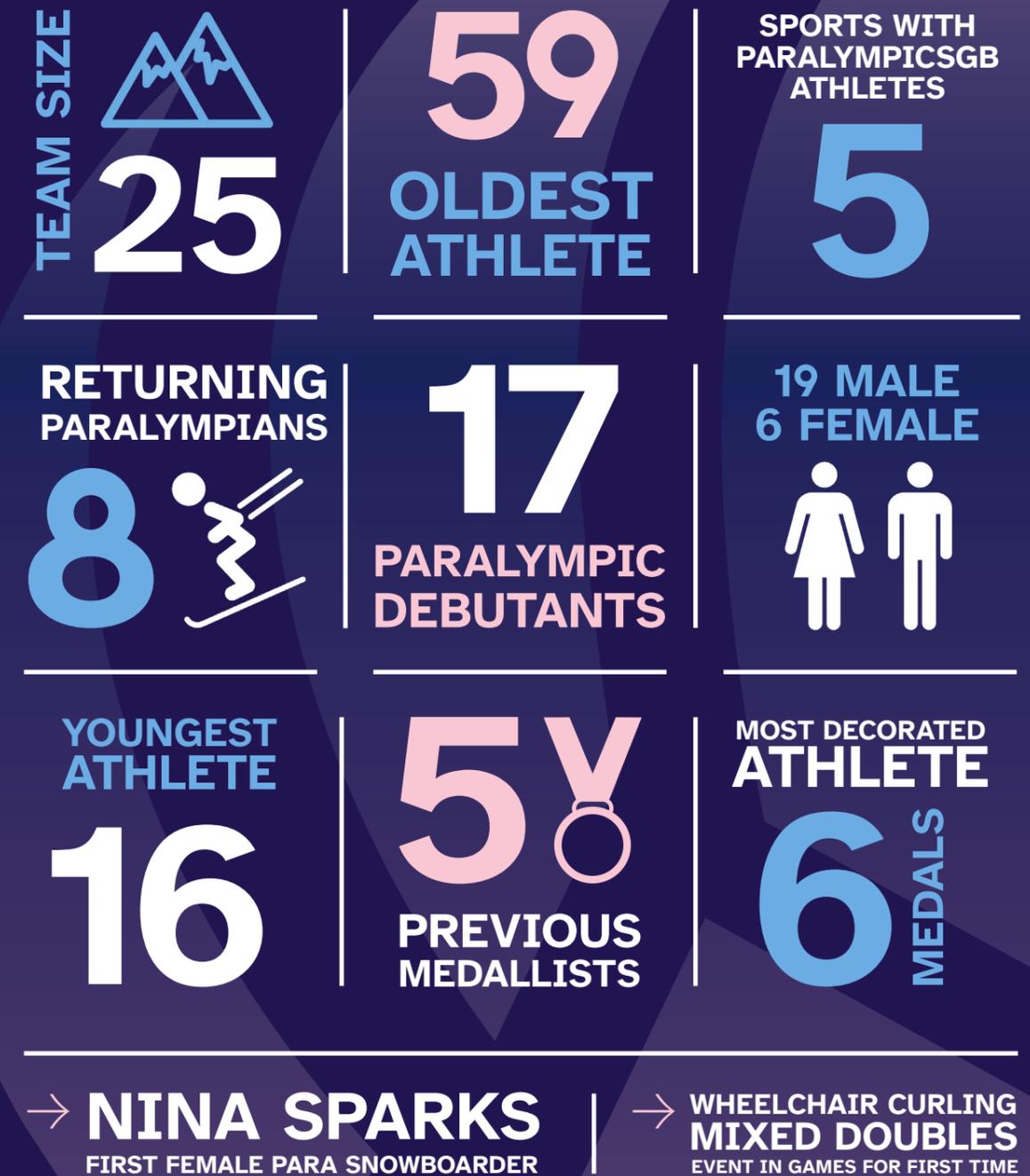
ParalympicsGB Locations

ParalympicsGB athletes and staff will be based at two key locations:
Val di Fiemme and Cortina d'Ampezzo.



Facts and stats

ParalympicsGB in numbers



ParalympicGB medallists

Beijing 2022

Athletes & Event	Medal Achieved
Neil Simpson & Andrew Simpson (guide), Para Alpine skiing, Men's Super-G	Gold
Neil Simpson & Andrew Simpson (guide), Para Alpine skiing, Men's Super Combined	Bronze
Millie Knight & Brett Wild (guide), Para Alpine skiing, Women's Downhill	Bronze
Menna Fitzpatrick & Gary Smith (guide), Para Alpine skiing, Women's Super-G	Silver
Menna Fitzpatrick & Gary Smith (guide), Para Alpine skiing, Women's Super Combined	Bronze
Ollie Hill, Para Snowboard, Men's Banked Slalom	Bronze

Pyeongchang 2018

Athletes & Event	Medal Achieved
Menna Fitzpatrick & Jennifer Kehoe (guide), Para Alpine skiing, Women's Slalom	Gold
Millie Knight & Brett Wild (guide), Para Alpine skiing, Women's Downhill	Silver
Millie Knight & Brett Wild (guide), Para Alpine skiing, Women's Super-G	Silver
Menna Fitzpatrick & Jennifer Kehoe (guide), Para Alpine skiing, Women's Super Combined	Silver
Menna Fitzpatrick & Jennifer Kehoe (guide), Para Alpine skiing, Women's Giant Slalom	Silver
Menna Fitzpatrick & Jennifer Kehoe, Para Alpine skiing, Women's Super-G	Bronze
Millie Knight & Brett Wild (guide), Para Alpine skiing, Women's Slalom	Bronze

Sochi 2014

Athletes & Event	Medal Achieved
Kelly Gallagher & Charlotte Evans (guide), Para Alpine skiing, Women's Super-G	Gold
Jade Etherington & Caroline Powell (guide), Para Alpine skiing, Women's Downhill	Silver
Jade Etherington & Caroline Powell (guide), Para Alpine skiing, Women's Slalom	Silver
Jade Etherington & Caroline Powell (guide), Para Alpine skiing, Women's Super Combined	Silver
Millie Knight & Brett Wild (guide), Para Alpine skiing, Women's Slalom	Bronze
Jade Etherington & Caroline Powell (guide), Para Alpine skiing, Women's Super-G	Bronze
Aileen Nelson (skip), Gregor Ewan, Jim Gault, Angie Malone, Bob McPherson - Wheelchair Curling	Bronze

Turin 2006

Athletes & Event	Medal Achieved
Frank Duffy (skip), Ken Dickson, Tom Killin, Angie Malone, Michael McCreddie - Wheelchair Curling	Silver

Lillehammer 1994

Athletes & event	Medal Achieved
James Barker, Para Alpine skiing, Men's Downhill	Bronze
Matthew Stockford, Para Alpine skiing, Men's Super-G	Bronze
Richard Burt, Para Alpine skiing, Men's Giant Slalom	Bronze
Richard Burt, Para Alpine skiing, Men's Super-G	Bronze
Peter Young, Para Alpine skiing, Men's 5km Classical Technique	Bronze

Tignes-Albertville 1992

Athletes & Event	Medal Achieved
Richard Burt, Para Alpine skiing, Men's Giant Slalom	Silver
Richard Burt, Para Alpine skiing, Men's Super-G	Bronze
Matthew Stockford, Para Alpine skiing, Men's Downhill	Bronze
Matthew Stockford, Para Alpine skiing, Men's Giant Slalom	Bronze
Matthew Stockford, Para Alpine skiing, Men's Super-G	Bronze
Peter Young, Cross-country skiing, Men's 5km classical technique	Bronze

Innsbruck 1984

Athletes & Event	Medal Achieved
Ken Robertson, Ice Sledge Speed Racing, Men's 300m	Silver
Denise Smith, Ice Sledge Speed Racing, Women's 100m	Silver
Denise Smith, Ice Sledge Speed Racing, Women's 300m	Silver
Denise Smith, Ice Sledge Speed Racing, Women's 500m	Silver
John Watkins, Para Alpine skiing, Men's Alpine Combination	Bronze
Peter Young, Cross-Country Skiing, Men's Short Distance 10km	Bronze
Ann Peskey, Ice Sledge Speed Racing, Women's 100m	Bronze
Ann Peskey, Ice Sledge Speed Racing, Women's 300m	Bronze
Ann Peskey, Ice Sledge Speed Racing, Women's 500m	Bronze
Ken Robertson, Ice Sledge Speed Racing, Men's 100m	Bronze

ParalympicsGB's guide to reporting

While the profile of Paralympic sport has grown considerably in recent years, inaccuracies still exist. This guide is designed to encourage and support accurate and appropriate reporting and to help ensure that the correct terminology and language is used.

We believe it is crucial that Paralympic athletes are portrayed or referred to as high performance athletes first and foremost, rather than seen primarily as people who have overcome great adversity. While that may be part of the story, Paralympic athletes do not want their impairment to define them or their achievements. Performance, sporting ambition, training, competition and the emotions associated with winning and losing are all relevant subjects that our athletes and sports would expect to focus on. Anything specifically relating to, or focussing on, an athlete's impairment is generally considered unnecessary, and certainly secondary, and should really only be considered within a sporting context.

We hope this guide will provide you with the information you need to report on Paralympic sport and Paralympians, both accurately and appropriately. The correct language can help shift perceptions of disabled people. With your help and support in raising the profile of British Paralympic athletes and their phenomenal sporting achievements, ParalympicsGB can achieve its vision of positively influencing the way that British society thinks, feels and behaves towards disabled people in general. Thank you for supporting us by using the right language in your articles and output.

The social model of disability

ParalympicsGB uses the social model of disability. This model was developed by disabled people and says that disability is caused by barriers within society, rather than by someone's impairment. For example, a wheelchair user would be unable to enter a building that requires a step to enter. The social model recognises that this is a problem with the building, not the person or their impairment, and would suggest adding a ramp to the entrance.

Barriers can be physical or be caused by people's attitudes based on prejudice or stereotypes, like assuming disabled people can't do certain things. The social model helps us recognise barriers that make life harder for disabled people. Removing these barriers creates equality.





Language: describing athletes

Description	Term	Incorrect
An athlete who has competed at a Paralympic Games	Paralympian	Para-Olympian, Para athlete, Olympian
A disabled athlete who is likely to be selected for a Paralympic Games	A disabled athlete Paralympic hopeful	Paralympian
A disabled athlete	Disabled athlete, or just athlete	Paralympian, Paralympic hopeful – these terms don't describe disabled people that compete in sport at any other level
A Paralympian who has retired	Retired Paralympian	Former Paralympian, ex-Paralympian.

In rare cases (for example, Italy's Assunta Legnante), athletes have competed in both the Olympic and Paralympic Games. Assunta is both an Olympian and Paralympian.

The title Paralympian is a specific one and like other important titles such as Lord, Professor, Doctor or Baroness, should be used in its appropriate context. Paralympians are athletes who have competed at a Paralympic Games. Paralympian is a title for life; it is not removed after retirement.

The Olympic and Paralympic Games

Both the Olympic Games and the Paralympic Games are large international multi-sport events, held in the same city, often in the same venues, just a few weeks apart. However, there are a

number of differences– both Games have separate histories, identities and global governing bodies. The International Paralympic Committee governs the Paralympic Games.

Description	Correct	Incorrect	Why?
The name for the Paralympic team of Great Britain and Northern Ireland	ParalympicsGB	Team GB	Team GB refers solely to the Olympic team
The organisation responsible for the Paralympic movement in the UK	British Paralympic Association (BPA)	BOA	The British Olympic Association and British Paralympic Association are separate organisations, although often collaborate
The Paralympic Games	The Paralympic Games	Para-Olympics, Special Olympics, Olympic Games	'Paralympics' derives from 'Parallel Games'

ParalympicsGB is the National Paralympic Committee for the UK. National Governing Bodies (NGBs) look after specific sports.

Describing medical conditions

Paralympic athletes want to be referred to as elite athletes first and foremost and as disabled people secondarily - if at all.

Where you feel you need to refer to an athlete's impairment, a passing reference is preferable to going into detail

Description	True	Incorrect	Why?
A person who has an impairment	Disabled person	Person with a disability	This is in line with the Equality Act 2010
To describe a person who is not disabled	Non-disabled person	Able-bodied, normal	"Non-disabled" gives a clearer distinction as to what you are describing than "able bodied"
A phrase to describe an impairment	A person/athlete who has a spinal cord injury, a person/athlete with paraplegia	A spinal injury athlete, a paraplegic	Avoid describing a person as an impairment
A phrase to describe someone who uses a wheelchair, either occasionally for additional mobility or independence, or for everyday living needs or independence.	Wheelchair user or a person who uses a wheelchair	Wheelchair bound, confined to a wheelchair	Terms like 'bound' or 'confined' should be avoided as they infer entrapment. Instead a wheelchair is an aid or tool, which a person uses.

Being with and around disabled people

Offer assistance but remember it will not always be accepted; your help may not be required. If your assistance is declined, do not be offended or put off asking in the future.

Being with and around disabled athletes: There is no need to treat Paralympic athletes differently from how you would treat any other athlete.

Speak directly with the person rather than their companion, assistant or interpreter. Use your usual manner and speak in your normal tone – a physically disabled person does not necessarily have a hearing impairment or learning disability.

For example, remain mindful of their training commitments, the fact that they need to stay rested, hydrated and get enough food and recovery in order to train.

If you are talking to someone with a **learning disability**, always use simple, plain language and give them time to answer your questions.

Some medical conditions mean that athletes tire more quickly than non-disabled athletes. This means that sometimes interview times are limited. We ask for your understanding in these circumstances.

Wheelchair users: Be aware that a wheelchair is part of a person's personal space so do not lean on it or hold on to it unless offered permission to do so.

Avoid some specific words and phrases – for example 'suffers from', 'sufferer', 'victim of' and 'normal' / 'abnormal' should not be used.

Behave naturally: For example, shake hands with a disabled person as you would any other person, even if they are wearing a prosthesis or have limited movement of their hand or arm.

As well as success on the field of play, ParalympicsGB's vision is to inspire a better world for disabled people. We appreciate the reporting you do can help change perceptions of disability sport. If you are unsure of what to do in a particular situation, please ask.

Everyday phrases: Don't feel self-conscious about using everyday phrases - many are perfectly acceptable. Some people who use wheelchairs use phrases such as 'I'm going for a run'. It is also perfectly acceptable to say to a visually impaired person 'I will see you later'.



[CLICK HERE](#)
To view the full Competition schedule

Schedule

Paralympic Winter Games Milano Cortina 2026 Competition Schedule - Version #9 22 December 2025

Venue	Sport / Discipline	Zone	Version	Day -2 Wednesday Mar. 04	Day -1 Thursday Mar. 05	Day 0 Friday Mar. 06	Day 1 Saturday Mar. 07	Day 2 Sunday Mar. 08	Day 3 Monday Mar. 09	Day 4 Tuesday Mar. 10	Day 5 Wednesday Mar. 11	Day 6 Thursday Mar. 12	Day 7 Friday Mar. 13	Day 8 Saturday Mar. 14	Day 9 Sunday Mar. 15	Medals	
Verona Olympic Arena	Opening Ceremony	Verona	Version #9			Opening Ceremony 20:00											
Cortina Curling Olympic Stadium	Closing Ceremony	Cortina	Version #9												Closing Ceremony 20:30		
Milano Santagiulia Ice Hockey Arena	Para Ice Hockey	Milano	Version #9				Para Ice Hockey Preliminary Games Game 1 - 10:05-12:05 CZE-JAP Game 2 - 13:35-15:35 CHN-GER Game 3 - 17:05-19:05 USA-ITA Game 4 - 20:35-22:35 CAN-SVK		Para Ice Hockey Preliminary Games Game 5 - 10:05-12:05 CHN-ITA Game 6 - 13:35-15:35 CZE-SVK Game 7 - 17:05-19:05 GER-USA Game 8 - 20:35-22:35 JPN-CAN	Para Ice Hockey Preliminary Games Game 9 - 10:05-12:05 ITA-GER Game 10 - 13:35-15:35 USA-CHN Game 11 - 17:05-19:05 CAN-CZE Game 12 - 20:35-22:35 SVK-JPN		Para Ice Hockey Playoffs Playoffs 1 - 14:35-16:35 A#3-B#4 Playoffs 2 - 19:05-21:05 B#3-A#4	Para Ice Hockey Semifinals Semifinal 1 - 14:35-16:35 A#1-B#2 Semifinal 2 - 19:05-21:05 B#1-A#2	Para Ice Hockey 7th Place Game - 12:05-14:05 5th Place Game - 16:05-18:05	Para Ice Hockey Bronze Medal Game - 12:05-14:05 Gold Medal Game - 16:05-18:35	1	
Number of Gold Medal Events for Milano Zone	Women			0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Men			0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Mixed/Open			0	0	0	0	0	0	0	0	0	0	0	1	1	1
	Total			0	0	0	0	0	0	0	0	0	0	0	1	1	1
Tofane Alpine Skiing Centre	Para Alpine Skiing	Cortina	Version #9				Para Alpine Skiing W & M Downhill All Classes Finals 09:30-13:15		Para Alpine Skiing W & M Super-G All Classes Finals 09:30-13:15	Para Alpine Skiing W & M Alpine Combined All Classes Run 1 SG - 09:00-11:30 Run 2 SL - 13:00-15:40		Para Alpine Skiing W Giant Slalom All Classes Finals Run 1 09:00-10:20 Run 2 12:30-14:00	Para Alpine Skiing M Giant Slalom All Classes Finals Run 1 09:00-10:50 Run 2 12:30-14:40	Para Alpine Skiing W Slalom All Classes Finals Run 1 09:00-10:10 Run 2 13:00-14:35	Para Alpine Skiing M Slalom All Classes Finals Run 1 09:00-10:40 Run 2 12:00-13:45	30	
Cortina Para Snowboard Park	Para Snowboard	Cortina	Version #9			Para Snowboard W&M Snowboard Cross Seeding 11:00-12:25		Para Snowboard W&M Snowboard Cross Finals 11:00-13:30						Para Snowboard W&M Banked Slalom Finals Run 1 10:00-11:25 Run 2 11:50-13:50		8	
Cortina Curling Olympic Stadium	Wheelchair Curling	Cortina	Version #9	Wheelchair Curling Mixed Doubles Round Robin MD#1 19:05-20:50 ITA-KOR JPN-CHN GBR-EST LAT-USA	Wheelchair Curling Mixed Doubles Round Robin MD#2 10:05-11:50 CHN-LAT EST-ITA JPN-USA GBR-KOR MD#3 19:05-20:50 USA-EST KOR-JPN LAT-GBR ITA-CHN	Wheelchair Curling Mixed Doubles Round Robin MD#4 09:05-10:50 JPN-ITA GBR-USA CHN-KOR EST-LAT	Wheelchair Curling Mixed Team and Mixed Doubles Round Robin M#1 09:35-12:05 GBR-SVK KOR-LAT USA-CHN NOR-SWE MD#5 14:35-16:20 KOR-USA CHN-EST ITA-LAT JPN-GBR M#2 18:35-21:05 ITA-CAN USA-GBR SWE-KOR LAT-SVK	Wheelchair Curling Mixed Team and Mixed Doubles Round Robin M#3 09:35-12:05 SWE-LAT ITA-CHN SVK-NOR CAN-GBR MD#6 14:35-16:20 GBR-CHN LAT-KOR EST-JPN USA-ITA M#4 18:35-21:05 USA-ITA CAN-NOR CHN-KOR	Wheelchair Curling Mixed Team and Mixed Doubles Round Robin M#5 09:35-12:05 KOR-GBR SWE-USA CAN-LAT SVK-ITA MD#7 14:35-16:20 LAT-JPN ITA-GBR USA-CHN KOR-EST M#6 18:35-21:05 NOR-CHN KOR-SVK GBR-SWE USA-LAT	Wheelchair Curling Mixed Team and Mixed Doubles Round Robin M#7 09:35-12:05 GBR-ITA CHN-CAN KOR-NOR Semifinals MD#SF 14:35-16:20 #1-#4 #2-#3 Round Robin M#8 18:35-21:05 SVK-USA LAT-CHN ITA-NOR SWE-CAN	Wheelchair Curling Mixed Team and Mixed Doubles Round Robin M#9 09:05-11:35 LAT-NOR USA-KOR NOR-NOR SWE-SVK GBR-CHN Bronze & Gold Medal Games MD#F 14:35-16:50 #1-#4 #2-#3 Round Robin M#10 20:05-22:35 ITA-SWE SVK-CAN LAT-GBR	Wheelchair Curling Mixed Team Round Robin M#11 13:35-16:05 CAN-KOR CHN-SWE NOR-USA ITA-LAT M#12 18:35-21:05 CHN-SVK NOR-GBR KOR-ITA CAN-USA	Wheelchair Curling Mixed Team Semifinals M#SF 10:05-12:35 #1-#4 #2-#3 Bronze Medal Game M#F 18:35-21:05	Wheelchair Curling Mixed Team Gold Medal Game M#F 15:05-18:05	2		
Number of Gold Medal Events for Cortina Zone	Women			0	0	0	3	1	3	3	0	0	3	1	3	17	
	Men			0	0	0	3	3	3	3	0	3	0	6	0	21	
	Mixed			0	0	0	0	0	0	0	1	0	0	1	0	2	
	Total			0	0	0	6	4	6	6	1	3	3	8	3	40	
Tesero Cross-Country Skiing Stadium	Para Cross-Country Skiing	Val di Fiemme	Version #9							Para Cross-Country Skiing W&M Sprint Classic Qualification 09:45-11:35 Semi-Final & Final 12:15-15:05		Para Cross-Country Skiing W&M 10km Interval Start Classic Finals Sitting/Standing/VI 09:45-14:45		Para Cross-Country Skiing Finals 4 x 2.5 km Mixed Relay 10:00-10:45 4 x 2.5 km Open Relay 11:15-12:35	Para Cross-Country Skiing M&W 20km Interval Start Free Finals Sitting 09:00-10:15 Standing 10:20-11:35 VI 11:45-14:15	20	
	Para Biathlon					Para Biathlon W&M 7.5km Sprint Finals Sitting 10:00-11:15 Standing/VI 12:00-15:20	Para Biathlon W&M 12.5km Individual Finals Sitting 10:00-11:20 Standing/VI 12:10-15:45						Para Biathlon W&M Sprint Pursuit Qualification 10:00-11:40 Final 12:30-15:25			18	



ParalympicsGB



Sports and Biographies



MILANO CORTINA 2026



Para Alpine Skiing

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Skiing events
schedule

Para Alpine Skiing - Rules and Classification

Para Alpine skiing has been part of the Paralympic Winter Games since they were first held in 1976. There are five disciplines, ranging from Downhill - the fastest race with the fewest turns - to Slalom, the slowest with the most turns. The other disciplines are Giant Slalom, Super-G and Super Combined. There are separate classes for vision impaired, sitting and standing athletes. The timed results of each race are factored to enable athletes with different impairments to compete against each other.



Vision impaired athletes compete in classes from AS4 to AS1, which is the classification for athletes with the highest degree of visual impairment. Athletes ski following a sighted guide who gives verbal cues via a Bluetooth headset, and specific rules state the distance that must be maintained between the guide and the athlete as they ski.

Depending on their physical impairment, standing athletes may use either one or two skis and none, one or two ski poles. Some athletes may use outriggers (similar to a crutch with a small ski on the end of it) instead of poles to aid balance. Depending on their classification, an athlete may wear a prosthesis while competing.

Athletes with more severe lower limb and/or trunk impairments (for example spinal cord injuries or double amputations) may use a sit-ski. This is a moulded seat mounted on a metal frame with a suspension system beneath the seat to maximise ski-snow contact. Sit-skis can be mounted on a single ski (a mono-ski) or on two skis (a dual-ski). Athletes use two short outriggers to help with balance and turning.

Athlete Bios

Dom Allen
Alpine Skiing

Hometown: Leven
DOB: 20/03/2009

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Hester Poole
Alpine Skiing

Hometown: Bath
DOB: 08/05/2007

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Ali Hall
Alpine Skiing - Guide

Hometown: Aberdeen
DOB: 08/02/2003

[VIEW FULL BIO](#)

Sam Cozens
Alpine Skiing

Hometown: Norwich
DOB: 08/07/2006

[VIEW FULL BIO](#)

Adam Hall
Alpine Skiing - Guide

Hometown: Aberdeen
DOB: 30/12/2000

[VIEW FULL BIO](#)

James Hannan
Alpine Skiing - Guide

Hometown: Livingston
DOB: 22/10/2001

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Neil Simpson
Alpine Skiing

Hometown: Aberdeen
DOB: 08/12/2002

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Andrew Simpson
Alpine Skiing - Guide

Hometown: Aberdeen
DOB: 13/03/2000

[VIEW FULL BIO](#)

Rob Poth
Alpine Skiing - Guide

Hometown: Potters Bar, Hertfordshire
DOB: 08/08/1997

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Menna Fitzpatrick
Alpine Skiing

Hometown: Macclesfield
DOB: 05/05/1998

[VIEW FULL BIO](#)

Katie Guest
Alpine Skiing - Guide

Hometown: Perth
DOB: 05/06/1995

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Fred Warburton
Alpine Skiing

Hometown: Winteringham/Italy
DOB: 04/09/1994

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MILANO CORTINA 2026



Para Nordic

Para Biathlon – Rules and Classification

Para Biathlon made its debut at the Innsbruck Games in 1988 and combines the endurance of Cross-country skiing with the accuracy of target shooting. Competitors complete a designated course, stopping to shoot at five targets on a range set 10 metres away, with penalties for missed targets. There are classes for vision impaired, sitting and standing athletes. Vision impaired athletes ski with a sighted guide on the course but must shoot without their assistance. Depending on their physical impairment, standing athletes may compete with one or two ski poles and may wear a prosthesis whilst competing.

Sitting athletes use a sit-ski - a moulded seat mounted on a frame which is affixed to their skis.

There are three events on the Paralympic schedule, a 7.5km Sprint which includes two visits to the shooting range, a longer 12.5km race with four visits to the shooting range and a Sprint Pursuit format, with two visits to the range, where competitors set a qualifying time and then start in the finals at intervals based on their qualification time with the aim of chasing down competitors ahead of them before the finish line.

Athlete Bios



Scott Meenagh
Nordic Skiing

Hometown: Cumbernauld
DOB:16/09/1989



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To view the full Para Nordic Skiing events

Para Cross-country – Rules and Classification

Para Cross-country skiing has been part of the Winter Paralympics since the inaugural event in 1976, and it also has three classes for vision impaired, sitting and standing athletes. Vision impaired athletes ski with a sighted guide and communicate using Bluetooth headsets. Depending on their physical impairment, standing athletes may compete with one or two ski poles and may wear a prosthesis whilst competing. Sitting athletes use a sit-ski, a moulded seat mounted on a frame which is affixed to their skis. Depending on the event, vision impaired and standing athletes must ski using a different technique, either Classic or Free.

There are five events in the Paralympic schedule; two team relays and three individual competitions. The individual events include a Sprint, a 10km interval start and a 20km long distance race.

Athlete Bios



Scott Meenagh
Nordic Skiing

Hometown: Cumbernauld
DOB: 16/09/1989



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To view the full Para Nordic Skiing events



MILANO CORTINA 2026



Para Snowboard

Para Snowboard – Rules and Classification

Para Snowboard became part of the Paralympic programme at Sochi 2014, with British representation in the event for the first time at PyeongChang 2018. The sport includes two events: Banked Slalom, where athletes compete one at a time, and Snowboard-cross which includes individual qualification runs and then a series of

knockout rounds to decide the winner, with four athletes racing head-to-head in each round.

Competition includes male and female athletes with physical impairments such as cerebral palsy, spina bifida and amputation and is split into those with upper (SB-UL) and lower (SB-LL1 and SB-LL2) limb

impairments, with athletes in SB-LL1 having a greater level of impairment than those in SB-LL2. Athletes in the lower limb impairment classes may use a prosthesis if needed. There will be six men's and two women's medal events at Milano Cortina 2026.

Athlete Bios



Davy Zyw
Snowboard

Hometown: Edinburgh
DOB: 23/10/1987



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Matt Hamilton
Snowboard

Hometown: Chelmsford/Edinburgh
DOB: 25/07/1997



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James Barnes Miller
Snowboard

Hometown: Broadstairs/Morzine
DOB: 31/08/1989



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Ollie Hill
Snowboard

Hometown: Reading
DOB: 08/05/1989



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Nina Sparks
Snowboard

Hometown: High Wycombe
DOB: 02/10/1990



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To view the full Para Snowboard events

MILANO CORTINA 2026



Wheelchair Curling

Wheelchair curling – Rules and Classification

Wheelchair curling is a team sport similar to its Olympic counterpart – except sweeping is not allowed. Precision and strategy is vital. Athletes slide the stone using a delivery stick, and athletes can also choose whether or not to have a teammate hold their wheelchair in position; the wheelchair must remain stationary.

There will be two events at Milano Cortina 2026 – the mixed team competition involving ten nations and, new to the programme for these Games, the mixed doubles which will have eight pairs. Athletes cannot compete in both, and both male and female athletes must be represented in each event.

China are the reigning champions of the team event which has been on the Paralympic programme since Torino 2006; Canada is the most successful team having medalled at every Games since the sport's inclusion – including golds in 2006, 2010 and 2014. ParalympicsGB will compete in both competitions, having successfully qualified slots at the World Championships in 2025.

Team competition

Each on-ice team must have four players delivering stones and must be comprised of both genders at all times during games. A qualified alternate may be brought into play to substitute one of their teammates, but they must still have both genders represented during the game.

A team declares its delivery rotation, and the skip and vice-skip positions, prior to the start of a game and maintains that rotation and those positions throughout the game. The game consists of eight rounds – known as ends – with each team member delivering two stones per end.

The aim is to place the granite stones as close as possible to the middle of the target – known as the 'house' which is marked on the ice by four concentric circles. At the conclusion of each end (after all the stones are thrown), a point is awarded for each stone closer to the centre of the house than the opposition.



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To view the full Wheelchair Curling events

Mixed doubles

As with the team event, the game is played over eight ends – but teams only deliver five stones per end as opposed to eight. Each end begins with "positioned" stones placed in a specified location on the sheet before they deliver any stones.

Classification

Wheelchair curling has only one sport class and athletes must have an eligible impairment that impacts at least one of their lower limbs. Athletes may also have an impairment of the upper limbs and/or trunk. All athletes must use a wheelchair in competition though not all athletes use a wheelchair in daily life. More specifically, it is for those who are non-ambulant or can walk only very short distances.

Athlete Bios



Jo Butterfield
Wheelchair Curling

Hometown: Doncaster/Glasgow
DOB: 19/03/1979



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Austin McKenzie
Wheelchair Curling

Hometown: East Kilbride/Aberdeen
DOB: 23/01/1982



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Hugh Nibloe
Wheelchair Curling

Hometown: Stranraer
DOB: 09/01/1982



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Stewart Pimblett
Wheelchair Curling

Hometown: Newcastle
DOB: 19/04/1969



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Graeme Stewart
Wheelchair Curling

Hometown: Alexandria
DOB: 01/12/1966



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Jason Kean
Wheelchair Curling

Hometown: Newcastle
DOB: 21/09/1986



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Karen Aspey
Wheelchair Curling

Hometown: Wigan
DOB: 15/03/1968

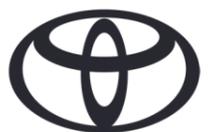


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