



ParalympicsGB



# PARALYMPICSGB GUIDE

**TOKYO 2020 PARALYMPIC GAMES**  
24TH AUGUST – 5 SEPTEMBER





ParalympicsGB



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# FOREWORDS

## MESSAGE FROM PRESIDENT



It is an honour and a privilege for me to be leading the ParalympicsGB team in the Tokyo 2020 Summer Paralympic Games. The Tokyo 2020 Games are taking place against the odds. Through sheer grit and determination our athletes have been training in incredible circumstances and will have overcome significant challenges to their preparation including the postponement of the Games itself, to the lockdown training and the innovation and ingenuity that was required to continue during the uncertainty of the past year. Overcoming adversity is in our DNA and this is but one further example. The Organising Committee of Tokyo 2020 have had a huge task to replan to enable them to host a COVID secure Games. Alongside the International Paralympic Committee so much work has gone into creating the opportunity and safe environment for our athletes, and Paralympic athletes globally to shine. It is also important, that in coming to the Games, we recognise and respect the concerns of the Japanese people by showing our compliance with

all procedures. I hope that in future years we will be able to return to these amazing sporting venues for championships where the sport can be celebrated with the full capacity of spectators that they deserve. The work that has been done over the last five years by the staff at the British Paralympic Association, the sports and all the athletes means that I am filled with confidence that we are going into the Games in a strong position, which has the potential to make Tokyo 2020 a memorable Games for athletes and supporters alike. I am extraordinarily proud of the BPA team who have worked tirelessly against ever-changing circumstances to get the team to the Games and so please recognise their efforts and thank every one of them.

I want to say congratulations to all those selected to compete and I hope you make the most of the experience of Tokyo 2020 and produce performances to inspire the nation. I also want to take the opportunity to pay tribute to your friends and family who have supported you, and also to our sponsors and supporters. Their generosity over the cycle has allowed us to produce an environment for the team that will allow the athletes to flourish and produce their best performances. Without their help, none of this would be possible. As a nation, the COVID pandemic has had significant and potentially long lasting impacts on us, and in particular, on disabled people. And because of this, the opportunity for our athletes to connect with the British public have never been more important. It is time for a new generation of Paralympic role models to showcase Paralympic sport and to demonstrate what is possible.

Good luck! See you in Tokyo.

**Professor Nick Webborn OBE,  
ParalympicsGB President Tokyo 2020**

## MESSAGE FROM CHEF DE MISSION



It's been a long time coming but the Tokyo 2020 Paralympic Games are now upon us. I am delighted to confirm the ParalympicsGB team will feature 228 talented athletes competing across 19 sports including newcomers Badminton and Taekwondo. It is an absolute honour and a privilege to be Chef de Mission at Tokyo 2020 and I feel very confident that this will be a highly competitive ParalympicsGB team that will inspire the nation once again. ParalympicsGB has a proud history and has finished in the top three on the medal table at the last six Paralympic Games. It has been a monumental effort from athletes and their support teams to get to this stage and I want to take this opportunity to recognise their individual and collective resilience and dedication to continue preparing for the Games during this unprecedented spell.

I am immensely proud to be leading this incredible ParalympicsGB team which in turn is part of the expert and collaborative high-performance

system in this country; a system that has risen as one to the challenge presented by the pandemic. ParalympicsGB has also been working tirelessly with our friends at the Tokyo Organising Committee, Japanese Government and the International Paralympic Committee to ensure we create the best possible environment where athletes can all achieve their personal ambitions.

The Covid-19 pandemic has presented all of us with unprecedented challenges, and at all times the athlete's physical and mental wellbeing has been at the heart of our thinking. I have no doubt there will be more hurdles to overcome but I am confident in the meticulous preparation and skills and experience of the delegation we are taking to compete at Tokyo 2020. Our Tokyo 2020 campaign, Impossible to Ignore, recognises the power of Paralympic sport to challenge perceptions and break down barriers for all disabled people many of whom have been disproportionately impacted by the pandemic. We still firmly believe Tokyo 2020 will present us with a once in a lifetime opportunity to celebrate the resilience of the human spirit with ParalympicsGB athletes leading the way!

I wish you the very best of luck and look forward seeing you in Tokyo.

**Penny Briscoe OBE,  
ParalympicsGB Chef de Mission  
Tokyo 2020**

# WELCOME TO TOKYO 2020

Welcome to the Tokyo 2020 Paralympics - the biggest festival of Para sporting action in the world - as the Games return to the Japanese capital 57 years after the city last hosted. Almost eight years - or 2,908 days - will have passed since Tokyo was elected as the host city on 7 September 2013 by the time the Games start on 24 August.

Originally scheduled to take place between 25 August and 6 September 2020, the Games became the first ever to be postponed as a result of the Covid-19 pandemic. But the wait is now over as more than 4,000 Paralympic athletes from across the world finally descend on Tokyo to compete in 539 events across 22 sports.

With the official Games Motto of "United by Emotion" - emphasising the power of sport to bring together people from diverse backgrounds - the stage is set for a spectacular 13 days of drama. Cycling, Swimming and Wheelchair Fencing will lead the charge, with the first medals being decided in the Women's C1-3

3,000m Individual Pursuit Final on day one. Wheelchair Basketball is another Paralympic Games favourite and will see Great Britain and Team USA - Rio 2016 bronze and gold medallists, respectively - face off in the men's group stage. In addition to the reassuringly familiar events, two new sports will be making their Paralympic debut at Tokyo as Badminton and Taekwondo are introduced to the Games.

There will also be several new disciplines included for Tokyo 2020, including the va'a event in para-canoeing and the R9 mixed 50 prone SH2 in shooting Para sport.



Rowing will also use the same distance as their Olympic counterparts - 2,000m - for the first time since the sport was first introduced to the Paralympic roster at Beijing 2008. Billions of viewers around the world will tune in to watch the Paralympic Games unfold in Japan's capital as 19 different venues - both new and established - host the action.

The re-built National Stadium, which was used as the main stadium for the Tokyo 1964 Games, will hold the opening and closing ceremonies along with the Athletics. Yoyogi National Stadium was also constructed to stage the Badminton and basketball

competitions in 1964 and will be the home of Badminton and Wheelchair Rugby for Tokyo 2020.

Musashino Forest Sport Plaza is among the new venues for the Games, along with the Ariake Arena (Wheelchair Basketball) and the Tokyo Aquatics Centre (swimming).

To mark the start of the Games, the three Agitos - the symbol of the Paralympic Games - will also be in full display at the Odaiba Marine Park off the shores of Tokyo Bay. That all adds up to what promises to be the most extraordinary and inspirational Paralympic Games yet as incredible feats of human performance are showcased for the world to see.

From the opening ceremony on August 24 until the closing ceremony on September 5, Tokyo 2020 will deliver non-stop sporting entertainment over an unforgettable 13 days.

# STEPHEN MILLER MANIFESTO



**Vote for Stephen Miller, NPC Great Britain for the IPC Athletes' Council**  
**The IPC Athlete Council elections are taking place in the Athlete village.**  
**You can place your vote in the Tokyo Paralympic village at the entrance to the main dining and the dining areas at the Cycling venues in Izu and Fuji.**  
**The ParalympicsGB candidate is Stephen Miller.**

## ABOUT ME;

- I have competed in 6 Paralympic Games in F32 in Para Athletics. I have won 6 Paralympic Medals, including 3 Gold, 1

Silver and 1 Bronze for the Club Throw, and 1 Bronze for the Discus. I made my Paralympic debut at the age of 16 at the 1996 Atlanta Paralympics. I held the Club Throw World Record from 1997-2008.

- I have experience representing athletes as Lead of the World Para Athletics Athlete Council as well as a national representative in my sport.
- I'm motivated to help continue to grow and enhance the athlete voice within the Paralympic movement. There is a great opportunity now, and in the years ahead for athletes to influence and shape the future of Paralympic sport.

### My commitment if elected:

- I will be open and available for you to express your opinions.
- I'll take the time to be there for you when you need me.
- I will champion and advance the progression of the Paralympic movement with equality and fairness at the heart of everything that I do.

## WHY ME?

The Paralympics is a beacon of light for the world. It inspires and gives hope to millions of people, as well as providing thrilling entertainment to those watching. It represents the essence of human potential – promoting sporting excellence, equality and fairness. The Games are a showcase for the benefits of overcoming adversity and embracing challenges.

As an athlete, I've always been focused on my performance first and foremost, but I've also had an awareness of the responsibility that being a Paralympian brings – I would bring that mindset to this role on the Athlete Council. I've had many experiences during my Paralympic journey, I've had highs and the lows; good and bad times.

I would love to bring my experience, knowledge and skills to the council, and build on the great work that has been done through being an effective athlete representative. As a representative on the Athlete Council, I would bring passion, intrigue, objectivity and openness to ensure the athlete's voice is fully considered when big decisions are being made.

## MY VISION FOR THE IPC ATHLETES' COUNCIL

For me, the most important aspects of Paralympic sport revolve around equality and fairness. I have always liked to feel that I'm competing on an equal footing, and have a level playing field to perform on – I believe most athletes feel the same.

There are key challenges going forward, not least in Governance reform and restructuring; Classification; Competition hosting and management; Qualification; Commercial development; Maintaining the right balance between ensuring sporting excellence at the games and promoting diversity, equality and human rights. Athletes can provide unique perspectives and insights into these challenges.

I will have an open door to all athletes, I'll be willing to listen and talk while keeping an open mind. As athletes, we aren't always right and won't always agree, but it's important we can air our voice and get our opinions heard. If elected I will work tirelessly for the most valuable asset to the Paralympics – The Athletes!

# ABOUT PARALYMPICSGB

## SENIOR LEADERSHIP TEAM

MIKE SHARROCK



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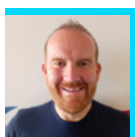
DEPUTY CHEF DE MISSION

VERITY NAYLOR



DEPUTY CHEF DE MISSION  
(OPERATIONS)

PHIL SMITH



DEPUTY CHEF DE MISSION  
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DR STUART MILLER



CHIEF MEDICAL  
OFFICER

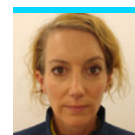
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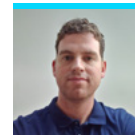
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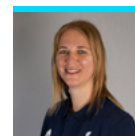
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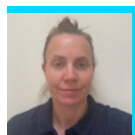
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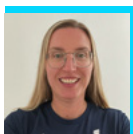
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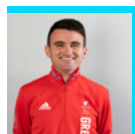
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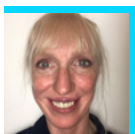
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# TEAM STATISTICS

In the last five Paralympic Games (Rio 2016, London 2012, Beijing 2008, Athens 2004 and Sydney 2000) ParalympicsGB has finished in the top three in the medal table. ParalympicsGB has a team of 227 (142 returning, 85 debutants) competing in 19 of the 22 sports, a slightly smaller contingent than the 264 athletes that took part in Rio.

Youngest ParalympicsGB athlete: swimmer Ellie Challis will be 17 when she takes to the pool in Japan. Oldest ParalympicsGB athlete: archer John Stubbs will be 56 when he competes at the delayed Tokyo 2020 Games. Stubbs picked up a gold medal at Beijing 2008 and a silver at Rio 2016 and will be making his fourth Paralympic appearance.

Dame Sarah Storey will once again be the most decorated Paralympian competing at the Games and will equal the British record of attending eight games, set by former shooter Di Coates. Swimmer turned Canoeist Jeanette Chippington has competed at Games across five decades since her debut at Seoul 1988 and will make her



seventh appearance at Tokyo where she is looking to add to her 13 medals.

Storey needs two gold medals to eclipse ParalympicsGB's most decorated Paralympian Mike Kenny, who has 16 golds and two silvers from his illustrious swimming career. She will defend three Paralympic titles and is one of 43 Paralympic champions on the team. Storey is one of 100 female competitors, 44% of the total athletes - the largest percentage of female athletes ever in a Summer ParalympicsGB squad.

# PARALYMPIC GAMES STATISTICS

The Paralympic Games are the world's second largest multi-sport event after the Olympic Games.

The first official Paralympic Games was held in Rome in 1960, where 5,000 spectators watched the opening ceremony. In Rio around 70,000 spectators watched the opening ceremony on September 7, 2016.

There are 22 sports featuring 23 disciplines on the Paralympic programme. This includes two Paralympic-specific sports that have no Olympic counterpart. These are: Boccia and Goalball.

Two of these sports - Badminton and Taekwondo - are new for Tokyo 2020 but as they have replaced sailing and 7-a-side football the number of sports remains at 22 from Rio 2016.

Para means 'alongside' so the Paralympic Games runs 'parallel' to the Olympic Games. Contrary to popular belief, the para does not stand for paraplegic.

There are 10 impairment groups: 1

Impaired Muscle Power; 2 Impaired Passive Range of Movement; 3 Limb Deficiency; 4 Leg Length Difference; 5 Short Stature; 6 Hypertonia; 7 Ataxia; 8 Athetosis; 9 Vision Impairment; 10 Intellectual Impairment (reintroduced for 2012, after the International Paralympic Committee voted in favour of their reinstatement in November 2009).

The oldest sports on the Paralympic programme are Archery, Athletics, Wheelchair Fencing, Wheelchair Basketball, Swimming and Table Tennis; all have featured since 1960.



# HISTORY OF THE GAMES

## EARLY DAYS

The origins of the Paralympics can be traced to Stoke Mandeville Hospital in Buckinghamshire. In 1944 eminent neurologist Dr Ludwig Guttmann arrived at Stoke Mandeville, recruited by the British Government to work with injured servicemen from the Second World War, and he immediately set about instilling his belief in sport as a rehabilitation tool in his patients.

In July 1948, on exactly the same day that more than 4,000 non-disabled athletes from 59 countries took part in the Opening Ceremony of the XIV Olympic Games at Wembley, Guttmann hosted an Archery event at Stoke Mandeville Hospital between two teams of disabled athletes. In 1949, just a year later, more hospitals and participants took part in a summer sports festival which became known as the Stoke Mandeville Games.

Year after year the number of participants at the Stoke Mandeville Games, and the sports on offer, grew as word spread among the different spinal hospitals around the

country. In 1952, a team of Dutch war veterans arrived to compete at Stoke Mandeville. In 1953 a team arrived from Canada. By 1954 there were Australians and Finns, Egyptians and Israelis.



## 1960 - 1968

In 1960 the International Stoke Mandeville Games for the Paralysed - as the Games were called - were held for the ninth time. But, for the first time, they took place away from Stoke Mandeville Hospital where they started and moved to Rome, beginning a week after the XXVII Olympic Games ended.



The Games featured approximately 400 athletes, all of whom had spinal injuries, and later became known as the first Paralympic Games.

The 1960 Games were such a success that plans started early for the 1964 Games which were held in Tokyo, Japan. The Olympic Games ended on October 24 and on Sunday, November 8, two weeks later, the Opening Ceremony of the International Stoke Mandeville Games for the Paralysed was held. The Games were opened by Crown Prince Akihito and Crown Princess Michiko, now the Emperor and Empress of Japan. Tokyo was the last Games, until Seoul 1988, when Olympic and Paralympic athletes competed in the same city. The 1968 Olympic Games were held in Mexico City but medical experts were worried the high altitude, and lack of oxygen, would be too dangerous for athletes to compete in.

As a result, the Games were held in Tel Aviv, Israel instead. The Opening Ceremony was held in Jerusalem and athletes travelled in buses to attend. During this time it was quite normal for athletes to have to compete in more than one event in order to be selected for the team.

## 1972 - 1980

In 1972 Heidelberg was the German city chosen to host the Paralympic Games while the Olympic Games took place in Munich. This was the last Games where competition was limited to those with spinal cord injuries and related illnesses. At these Games, athletes with visual impairments took part in demonstration events as a forerunner to their full inclusion. The 21 nations represented at the Rome Games in 1960 had, by Heidelberg, grown to 43 while the number of athletes participating had more than doubled from 400 in Rome to 984 in Heidelberg.

Montreal was the host city of the Olympic Games in 1976 and Toronto the home of the Paralympic Games. Significantly, two new impairment



groups were added in 1976 - athletes who were blind or had a visual impairment and athletes with amputations. Other impairment groups had wanted to be included as far back as 1960 but Guttman was adamant to do so would have impacted, negatively, on those with a spinal injury. 1976 also saw the first Paralympic Winter Games, held in Sweden. Guttman died in March 1980, before the Arnhem Games opened in June the same year. It was here athletes with cerebral palsy were allowed to compete for the first time.

## 1984 - 1996

It had been intended that the 1984 Games be held in two cities in America; the wheelchair events in Champaign, Illinois and all other events in New York. In the end the Illinois part of the Games collapsed and Stoke Mandeville stepped in at the last minute to take over the wheelchair events. They were opened by Prince Charles who addressed the assembled athletes before moving among them. Events for visually-impaired athletes, amputee athletes, athletes who had cerebral palsy and les autres athletes took place in New York, as planned.

The Seoul Paralympics are the Games widely believed to have



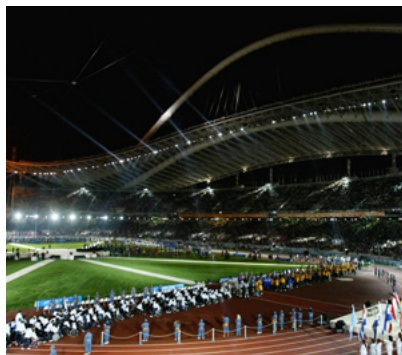
changed the expectation, awareness and appreciation of Paralympic sport forever. The South Koreans totally embraced and welcomed the idea of Paralympic sport. Church communities and school children noisily packed themselves into the various venues ensuring athletes competed in front of sell-out crowds day after day. They were also the point from which all Paralympic Games were held in the same city as the Olympic Games.

In Barcelona in 1992, athletes from more than 80 countries competed in the Paralympic Games. The organisation was superb and large, enthusiastic crowds came to watch. In total 15 sports were on the programme including Wheelchair Tennis, for the first time. A demonstration event in Seoul four years earlier, Wheelchair Tennis attained full Paralympic status in 1992.

As both 1988 and 1992 were landmark Games, for different reasons, it meant Atlanta had two tough acts to follow. But whatever the drawbacks the Atlanta Games ensured continuity for the Paralympic Movement and, most importantly, for athletes who wanted to compete at the highest level. And Atlanta meant the Paralympic Games continued to be held in the same city as the Olympic Games. Atlanta also saw the inclusion of three more sports, bringing the total number on the programme to 20: Equestrian, Sailing and Wheelchair Rugby – the latter two as demonstration sports.

## 2000 - 2008

If Atlanta fell short of expectations, Sydney, in October 2000, exceeded them and included a typically warm Antipodean welcome for both athletes and spectators. Sporting performances continued to reach new levels while in excess of one million tickets were sold to the public, a record in Games history at that point and more than double the number sold four years earlier. Britain's outstanding wheelchair racer, Tanni Grey-Thompson, competing at the fourth of five Games, won four golds - the 100m, 200m, 400m and 800m - in her category on the track, and the British team finished in second place on the medal table.



In 2004 the modern Olympic Games came back to its birthplace, Greece, while the Paralympic Games were held there for the first time. In total, just over 3800 athletes attended from 135 countries, participating in 19 sports, one less than the 20 sports on the programme at London 2012. British rider Lee Pearson won three gold medals in Equestrian, just as he did in the preceding Games, Sydney 2000, and in the Games that followed, Beijing 2008.

At Sydney 2000, China didn't even feature in the top five in the medal table. But a lot can happen in a four-year Paralympic cycle and by Athens they were unassailable winners with 141 medals, of which 63 were gold. Second-placed Britain (94 medals in total) ended the Games with 35 gold medals. Britain's Paralympic team for Beijing was better prepared,

and funded, than any that had gone before. And it showed. ParalympicsGB amassed 102 medals, 42 of which were gold, and finished second only to the all-conquering Chinese. For the athletes, though, Beijing was significant for other reasons including new benchmarks in sporting performance and an ever-growing media interest to record and report their achievements. Rowing was introduced to the programme.

## 2012 - 2016

After 64 years, at London 2012 the Paralympic Games really did come home. The Paralympic Games were a universally-acclaimed success, with sell-out crowds cheering on fantastic performances by ParalympicsGB athletes. The team won 120 medals, 34 of them gold, and surveys conducted demonstrated that the BPA's stated ambition of generating a shift in public perceptions of disability through inspirational performance on the field of play had been achieved.

Four years later, Rio 2016 marked the first time a Latin American and South American city hosted the Paralympics, and the second southern hemisphere city and nation to host after Sydney. The Games saw the introduction of two new sports to the programme, with

Canoeing and para Triathlon joining the roster in Brazil.

As was the case at the previous three Games, China once again finished top of the medal table with 107 gold medals and 239 medals overall. Great Britain finished second in the standings as ParalympicsGB achieved their best medal haul since Seoul 1988 with 147 - surpassing the 131 the team won at Sydney 2000.

The team won medals in 15 sports - including gold across 11 sports - which even eclipsed China, who medalled in 13 sports and topped the podium in nine sports. It was only the second time that a country has won gold medals across so many sports, equalling China's tally at Beijing 2008.



# PREVIOUS GAMES STATS

## TEAM SIZES & MEDALS

GAME	YEAR	ATHLETE NO.	GOLD	SILVER	BRONZE	TOTAL	MEDAL TABLE POSITION
ROME	1960	31	20	15	20	55	2nd
TOKYO	1964	39	18	23	20	61	2nd
TEL AVIV	1968	75	29	20	20	69	2nd
HEIDELBERG	1972	72	16	15	21	52	3rd
TORONTO	1976	87	29	29	36	94	5th
ARNHEM	1980	96	47	32	21	100	5th
STOKE MANDEVILLE/							
NEW YORK	1984	227	107	112	112	331	2nd
SEOUL	1988	231	65	65	54	184	3rd
BARCELONA	1992	209	40	47	41	128	3rd
ATLANTA	1996	248	39	42	41	122	4th
SYDNEY	2000	215	41	43	47	131	2nd
ATHENS	2004	167	35	30	29	94	2nd
BEIJING	2008	210	42	29	31	102	2nd
LONDON	2012	300	34	43	43	120	3rd
RIO	2016	265	64	39	44	147	2nd



# GUIDELINES TO REPORTING

The BPA has produced this reference guide to assist the media reporting on Paralympic sport and athletes.

While the profile of Paralympic sport has grown considerably in recent years, inaccuracies still exist. This guide is designed to encourage and support accurate and appropriate reporting and to help ensure that the correct terminology and language is used.

The Paralympic Games are the world's second largest sporting event by athlete number, featuring elite performers who train as hard and as often as their Olympic counterparts.

We believe it is crucial that Paralympic athletes are portrayed or referred to as elite athletes first and foremost, rather than seen primarily as people who have overcome great adversity.

While that may be part of the story, Paralympic athletes do not want their impairment to define them or their achievements.

Performance, sporting ambition, training, competition and the emotions associated with winning and losing are all relevant subjects that our

athletes and sports would expect to focus on. Anything specifically relating to, or focussing on, an elite athlete's impairment is generally considered unnecessary, and certainly secondary, and should really only be considered within a sporting context.

We hope this guide will provide you with the information you need to report on Paralympic sport and Paralympians, both accurately and appropriately. The correct language can help shift perceptions of disabled people. With your help and support in raising the profile of British Paralympic athletes and their phenomenal sporting achievements, the BPA can achieve its vision of positively influencing the way that British society thinks, feels and behaves towards disabled people in general.

Thank you for supporting us by using the right language in your articles and output.

## LANGUAGE: DESCRIBING ATHLETES

DESCRIPTION	TERM	INCORRECT
An athlete who has competed at a Paralympic Games	Paralympian.	Para-Olympian, Para athlete, Olympian
A disabled athlete who is likely to be selected for a Paralympic Games	Paralympic Hopeful.	Paralympian
A disabled athlete.	Disabled athlete, or just athlete.	Paralympian, Paralympic hopeful – these terms don't describe disabled people that compete in sport at any other level
A Paralympian who has retired	Retired Paralympian.	Former Paralympian, ex-Paralympian.

## THE OLYMPIC AND PARALYMPIC GAMES

In rare cases (for example, Italy's Assunta Legnante), athletes have competed in both the Olympic and Paralympic Games. Assunta is both an Olympian and Paralympian.

The title Paralympian is a specific one and like other important titles such as Lord, Professor, Doctor or Baroness, should be used in its appropriate context. Paralympians are athletes who have competed at a Paralympic Games. Paralympian is a title for life; it is not removed after retirement.

Both the Olympic Games and the Paralympic Games are large international multi-sport events, held in the same city, often in the same venues, just as few weeks apart. However there are a number of differences – both Games have separate histories, identities and global governing bodies. The International Paralympic Committee governs the Paralympic Games.

DESCRIPTION	CORRECT	INCORRECT	WHY NOT?
The team name for the Paralympic team of Great Britain and Northern Ireland.	ParalympicsGB.	Team GB.	Team GB refers solely to the Olympic team
The organisation responsible for the Paralympic movement in the UK.	British paralympic association, BPA.	BOA.	The British Olympic Association and British Paralympic Association are separate organisations, although often collaborate
The Paralympic Games.	The Paralympic Games.	Para Olympics, Para-Olympics, Paraplegic Olympics, Olympic Games	The term "paralympics" derives from "parallel olympics"

*The British Paralympic Association is the National Paralympic Committee for the UK. National Governing Bodies (NGBs) look after specific sports.*

## DESCRIBING MEDICAL CONDITIONS

Paralympic athletes want to be referred to as elite athletes first and foremost and as disabled people secondarily - if at all. Where you feel you need to refer to an athlete's impairment, a passing reference is preferable to going into detail.

DESCRIPTION	CORRECT	INCORRECT	WHY NOT?
To describe a person who has an impairment.	Disabled person.	Person with a disability.	This is in line with the equality act 2010.
To describe a person who is not disabled.	Non-disabled person.	Able-bodied, normal.	"Non-disabled" gives a clearer distinction as to what you are describing than "able bodied".
A phrase to describe an impairment.	a person/athlete who has a spinal cord injury, a person/athlete with paraplegia.	A spinal injury athlete, a paraplegic.	A person might have an impairment or medical condition but it does not actually define them as a person. Avoid describing the person as an impairment.

*Language is important and can help shift perceptions of disabled people. please support us by using the right language in your articles.*

**Being with and around disabled people Offer assistance but remember it will not always be accepted;** your help may not be required. If your assistance is declined, do not be offended or put off asking in the future.

Speak directly with the person rather than their companion, assistant or interpreter. Use your usual manner and speak in your normal tone – a physically disabled person does not necessarily have a hearing impairment or learning disability.

If you are talking to someone with a learning disability, always use simple, plain language and give them time to



answer your questions.

**Wheelchair users:** Be aware that a wheelchair is part of a person's personal space so do not lean on it or hold on to it unless offered permission to do so.

**Behave naturally:** For example, shake hands with a disabled person as you would any other person, even if they are wearing a prosthesis or have limited movement of their hand or arm.

**Everyday phrases:** Don't feel self-conscious about using everyday phrases - many are perfectly acceptable. Some people who use wheelchairs use phrases such as 'I'm going for a run'. It is also perfectly acceptable to say to a visually impaired person 'I will see you later'. If you are unsure of what to do in a particular situation, please ask. There is no need to treat Paralympic athletes differently from how you would treat any other elite athlete. For example, remain mindful of their training commitments, the fact that they need to stay rested, hydrated and get enough food and recovery in order to train.

Some medical conditions mean that athletes tire more quickly than non-disabled athletes. This means that sometimes interview times are limited. We ask for your understanding in these circumstances.

Avoid some specific words and phrases – for example 'suffers from', 'sufferer', 'victim of' and 'normal'/ 'abnormal' should not be used. As well as success on the field of play, ParalympicsGB's vision is to inspire a better world for disabled people. We appreciate the reporting you do can help change perceptions of disability sport.



# COMPETITION SCHEDULE

● = EVENT    ● = MEDAL DAY

SPORT	24 AUG	25 AUG	26 AUG	27 AUG	28 AUG	29 AUG
ARCHERY				●	●	●
ATHLETICS				●	●	●
BADMINTON						
BOCCIA					●	●
CANOE SPRINT						
CYCLING (TRACK & ROAD)		●	●	●	●	
EQUESTRIAN			●	●	●	●
FOOTBALL (5-A-SIDE)						●
GOALBALL		●	●	●	●	●
JUDO				●	●	●
POWERLIFTING			●	●	●	●
ROWING				●	●	●
SHOOTING						
SITTING VOLLEYBALL				●	●	●
SWIMMING		●	●	●	●	●
TABLE TENNIS		●	●	●	●	●
TAEKWONDO						
TRIATHLON					●	●
WHEELCHAIR BASKETBALL		●	●	●	●	●
WHEELCHAIR FENCING		●	●	●	●	●
WHEELCHAIR RUGBY		●	●	●	●	●
WHEELCHAIR TENNIS				●	●	●

	30 AUG	31 SEP	01 SEP	02 SEP	03 SEP	04 SEP	05 SEP
	●	●		●	●	●	
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<b>WHEELCHAIR TENNIS</b>	<b>200</b>



# | ARCHERY





# ARCHERY SPORTS SECTION

Archery has been a stalwart of the Games since 1960 and ParalympicsGB have found plenty of success on the range.

With 60 in total, including 18 golds, ParalympicsGB have 23 more medals than any other nation and top the overall medal table.

At Rio 2016, John Walker stole the show with two golds at his first Games, just three years after he first took up the sport as a hobby. Walker has since retired but his fellow champions Jess Stretton and John Stubbs will be among the squad in Tokyo.



British archers have performed superbly during the five years between Rio and Tokyo, winning multiple European and World Championship medals along the way. Jess Stretton competes at her second Paralympic Games - this time in a new category - having been appointed an MBE after claiming individual gold in Rio at 16. Beijing 2008 gold medallist, John Stubbs, also returns for his fourth Paralympics 13 years after his debut and having won silver with Jodie Grinham in the mixed team at Rio 2016.

The seven-strong British squad also features two more returning Paralympians with Nathan Macqueen and Dave Phillips both previously competing at Rio 2016. There are also three debutants in the ParalympicsGB squad with Hazel Chaisty, Phoebe Paterson Pine and Victoria Rumary all preparing for their first experiences of a Games.

# SCHEDULE

27 AUG

FRI 27 AUG. 9:00 - 12:00 VENUES:

YUMENOSHIMA PARK ARCHERY FIELD

- WOMEN'S COMPOUND OPEN: RANKING ROUND
- MEN'S W1: RANKING ROUND
- WOMEN'S W1: RANKING ROUND
- WOMEN'S RECURVE OPEN: RANKING ROUND

FRI 27 AUG. 14:00 - 17:00

VENUES: YUMENOSHIMA PARK ARCHERY

FIELD

- MEN'S RECURVE OPEN: RANKING ROUND
- MEN'S COMPOUND OPEN: RANKING ROUND

28 AUG

SAT 28 AUG. 9:00 - 14:55

VENUES: YUMENOSHIMA PARK ARCHERY

FIELD

- MEN'S INDIVIDUAL COMPOUND OPEN: 1/24 ELIMINATIONS
- MEN'S INDIVIDUAL COMPOUND OPEN: 1/16 ELIMINATIONS

SAT 28 AUG. 17:30 - 21:55

VENUES: YUMENOSHIMA PARK ARCHERY

FIELD

- MIXED TEAM W1: 1/8 ELIMINATIONS
- MIXED TEAM W1: QUARTERFINALS
- MIXED TEAM W1: SEMIFINALS
- MIXED TEAM W1: BRONZE MEDAL MATCH
- MIXED TEAM W1: GOLD MEDAL MATCH
- MIXED TEAM W1: VICTORY CEREMONY

AUG. 9:00 - 14:10 VENUES: YUMENOSHIMA

PARK ARCHERY FIELD

- WOMEN'S INDIVIDUAL COMPOUND OPEN: 1/16 ELIMINATIONS
- MIXED TEAM COMPOUND OPEN: 1/8 ELIMINATIONS

29 AUG

SUN 29 AUG. 17:30 - 20:35

VENUES: YUMENOSHIMA PARK ARCHERY

FIELD

- MIXED TEAM COMPOUND OPEN: QUARTERFINALS
- MIXED TEAM COMPOUND OPEN: SEMIFINALS
- MIXED TEAM COMPOUND OPEN: BRONZE MEDAL MATCH
- MIXED TEAM COMPOUND OPEN: GOLD MEDAL MATCH
- MIXED TEAM COMPOUND OPEN: VICTORY CEREMONY

30 AUG

MON 30 AUG. 9:00 - 14:15

VENUES: YUMENOSHIMA PARK ARCHERY

FIELD

- WOMEN'S INDIVIDUAL COMPOUND OPEN: 1/8 ELIMINATIONS
- WOMEN'S INDIVIDUAL COMPOUND OPEN: QUARTERFINALS
- WOMEN'S INDIVIDUAL COMPOUND OPEN: SEMIFINALS
- WOMEN'S INDIVIDUAL COMPOUND OPEN: BRONZE MEDAL MATCH
- WOMEN'S INDIVIDUAL COMPOUND OPEN: GOLD MEDAL MATCH
- WOMEN'S INDIVIDUAL COMPOUND OPEN: VICTORY CEREMONY

MON 30 AUG. 17:30 - 21:20

VENUES: YUMENOSHIMA PARK ARCHERY  
FIELD

- MEN'S INDIVIDUAL W1: 1/8 ELIMINATIONS
- MEN'S INDIVIDUAL W1: QUARTERFINALS
- MEN'S INDIVIDUAL W1: SEMIFINALS
- MEN'S INDIVIDUAL W1: BRONZE MEDAL MATCH
- MEN'S INDIVIDUAL W1: GOLD MEDAL MATCH
- MEN'S INDIVIDUAL W1: VICTORY CEREMONY

31 AUG

TUE 31 AUG. 9:00 - 14:15

VENUES: YUMENOSHIMA PARK ARCHERY

FIELD

- MEN'S INDIVIDUAL COMPOUND OPEN: 1/8 ELIMINATIONS
- MEN'S INDIVIDUAL COMPOUND OPEN: QUARTERFINALS
- MEN'S INDIVIDUAL COMPOUND OPEN: SEMIFINALS
- MEN'S INDIVIDUAL COMPOUND OPEN: BRONZE MEDAL MATCH
- MEN'S INDIVIDUAL COMPOUND OPEN: GOLD MEDAL MATCH
- MEN'S INDIVIDUAL COMPOUND OPEN: VICTORY CEREMONY

TUE 31 AUG. 17:30 - 21:20

VENUES: YUMENOSHIMA PARK ARCHERY

FIELD

- WOMEN'S INDIVIDUAL W1: 1/8 ELIMINATIONS
- WOMEN'S INDIVIDUAL W1: QUARTERFINALS
- WOMEN'S INDIVIDUAL W1: SEMIFINALS
- WOMEN'S INDIVIDUAL W1: BRONZE MEDAL MATCH
- WOMEN'S INDIVIDUAL W1: GOLD MEDAL MATCH

MATCH

- WOMEN'S INDIVIDUAL W1: VICTORY CEREMONY

02 SEP

THU 2 SEP. 10:00 - 14:15 VENUES:

YUMENOSHIMA PARK ARCHERY FIELD

- WOMEN'S INDIVIDUAL RECURVE OPEN: 1/16 ELIMINATIONS
- WOMEN'S INDIVIDUAL RECURVE OPEN: 1/8 ELIMINATIONS

THU 2 SEP. 17:30 - 19:55

VENUES: YUMENOSHIMA PARK ARCHERY

FIELD

- WOMEN'S INDIVIDUAL RECURVE OPEN: QUARTERFINALS
- WOMEN'S INDIVIDUAL RECURVE OPEN: SEMIFINALS
- WOMEN'S INDIVIDUAL RECURVE OPEN: BRONZE MEDAL MATCH
- WOMEN'S INDIVIDUAL RECURVE OPEN: GOLD MEDAL MATCH
- WOMEN'S INDIVIDUAL RECURVE OPEN: VICTORY CEREMONY

03 SEP

FRI 3 SEP. 10:00 - 14:15 VENUES:

YUMENOSHIMA PARK ARCHERY FIELD

- MEN'S INDIVIDUAL RECURVE OPEN: 1/16 ELIMINATIONS

FRI 3 SEP. 17:30 - 21:55 VENUES:

YUMENOSHIMA PARK ARCHERY FIELD

- MEN'S INDIVIDUAL RECURVE OPEN: 1/8 ELIMINATIONS
- MEN'S INDIVIDUAL RECURVE OPEN: QUARTERFINALS
- MEN'S INDIVIDUAL RECURVE OPEN: SEMIFINALS

- MEN'S INDIVIDUAL RECURVE OPEN:  
BRONZE MEDAL MATCH
- MEN'S INDIVIDUAL RECURVE OPEN:  
GOLD MEDAL MATCH
- MEN'S INDIVIDUAL RECURVE OPEN:  
VICTORY CEREMONY

04 SEP

**SAT 4 SEP. 10:00 - 12:40**

**VENUES: YUMENOSHIMA PARK ARCHERY  
FIELD**

- MIXED TEAM RECURVE OPEN: 1/8  
ELIMINATIONS

**SAT 4 SEP. 17:30 - 20:35**

**VENUES: YUMENOSHIMA PARK ARCHERY  
FIELD**

- MIXED TEAM RECURVE OPEN:  
QUARTERFINALS
- MIXED TEAM RECURVE OPEN:  
SEMIFINALS
- MIXED TEAM RECURVE OPEN: BRONZE  
MEDAL MATCH
- MIXED TEAM RECURVE OPEN: GOLD  
MEDAL MATCH
- MIXED TEAM RECURVE OPEN: VICTORY  
CEREMONY

## ATHLETE BIOGRAPHIES

### HAZEL CHAISTY

**EVENT: RECURVE WOMEN OPEN AND MIXED TEAM RECURVE | HOMETOWN: GLOSSOP, DERBYSHIRE | D.O.B: 31/08/1972 | TWITTER: @HCHAISTY | INSTAGRAM: @ARCHER.HAZEL**



Hazel Chaisty is one of three ParalympicsGB Archery debutants for Tokyo 2020. Her Paralympic journey began when she saw an advertisement for people with disabilities for Archery GB ahead of Rio 2016, which the Derbyshire-based shooter just missed out on. She secured a quota spot for the team by winning gold at the Fazza Para Archery World Ranking Tournament in 2019, finishing the year fifth in the women's recurve world rankings.

She backed up that success by clinching bronze back in the United Arab Emirates at the 2020 Fazza Para Archery

World Ranking Tournament, having also won European bronze in 2018. Away from the sport, she is a keen beekeeper and enjoys crafts such as woodturning and leather crafting while she was also a keen scuba-diver before losing her leg in a motorbike accident.

### NATHAN MACQUEEN

**EVENT: COMPOUND MEN OPEN (COMPOUND MIXED TEAM TBC) | HOMETOWN: ADDIWELL, SCOTLAND | D.O.B: 24/06/1991 | TWITTER: @NATHANMACARCHER | INSTAGRAM: @NATHANMACPARAARCHER | GAMES ATTENDED: RIO 2016**



An all-round sportsman from an early age, Nathan MacQueen refused to let a near-fatal motorcycle accident stop him from achieving his sporting dreams. Prior to his accident, the archer was part of the Scottish Archery team and had represented Glasgow Warriors and Scotland in rugby at Under 21 level.

Despite being left paralysed by the accident, MacQueen looked for new challenges to conquer, taking up Powerlifting and Wheelchair Basketball before returning to Archery. He made his senior international debut just months before Rio 2016, where he finished ninth, while he

has since won multiple medals on the world and European stage. And while 30-year-old from Dumfries has admitted that he travelled to Rio feeling like he was just making up making up the numbers, this time round he's got his sights set on a medal.

### PHOEBE PATERSON PINE

**EVENT: COMPOUND WOMEN OPEN (COMPOUND MIXED TEAM TBC) | HOMETOWN: CIRENCESTER, GLOUCESTERSHIRE | D.O.B: 03/12/1997 | TWITTER: @PHOEBEP\_ARCHERY | INSTAGRAM: @ARCHERYPHOEBE**



A junior indoor and outdoor national champion, Phoebe Paterson Pine's Archery class is clear for all to see. And after earning her qualifying spot in Nove Mesto with a gold medal, she will be eager to show just what she can do on the world stage.

With eight national, four European, and three world records to her name at the age of 23, the Cirencester archer will be making her Paralympic Games debut at Tokyo 2020.

Alongside her shooting prowess, Paterson Pine is also studying sports coaching science at Worcester University.

## DAVE PHILLIPS

EVENT: MEN'S INDIVIDUAL RECURVE AND MIXED TEAM RECURVE | HOMETOWN: CWMBRAN | D.O.B: 22/04/1966 |  
TWITTER: @DAPHILLIPS2266 | INSTAGRAM: @MY\_MS\_PARALYMPIC\_JOURNEY | GAMES ATTENDED: RIO 2016



Dave Phillips will be itching for Paralympics glory on his second Games appearance, having only returned to Archery in 2013 after a 30-year break from the sport. After competing in Archery in his late teens, he picked up his bow again after retiring from Tata Steel.

Phillips was selected for the British squad in 2014 and made his international debut at the Para World Ranking Tournament in Nove Mesto, where he secured a gold medal as part of the men's team and a mixed team bronze.

In the same year, he was selected for the European Para Championship, where he won team gold and mixed team bronze. On his Paralympic debut at Rio 2016, Phillips and his partner Tania Nadarajah were knocked out at the quarter-final stage of the recurve mixed team competition in a shoot-off, while he finished ninth in the individual recurve (open) event.

The Welshman claimed European bronze alongside Hazel Chaisty in 2018, while he secured a Paralympics quota place at the 2019 World Championships.

## VICTORIA RUMARY

EVENT: W1 OPEN | HOMETOWN: SCUNTHORPE | D.O.B: 28/04/1988



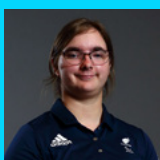
A superb performance in the Czech Republic was enough for Victoria Rumary to achieve her dream and earn Paralympic selection. The 33-year-old took gold in the W1 open category in Nove Mesto in July, claiming a quota spot which she has now filled to help swell the British Archery ranks to seven.

Surgery for epilepsy resulted in the former non-disabled archer becoming a wheelchair user and a fundraising effort in her home town of Scunthorpe helped provide Rumary with her custom-made chair for shooting.

Having had to shield during lockdown, the Lincoln Archers member was forced to adapt but her hard work has now paid off and she will now have the chance to impress on the big stage.

## JESS STRETTON 1

EVENT: COMPOUND WOMEN OPEN (COMPOUND MIXED TEAM TBC) | HOMETOWN: HEMEL HEMPSTEAD | D.O.B: 23/03/2000 | TWITTER: @ARCHERYJESS | INSTAGRAM: @AARCHERYJESS | GAMES ATTENDED: RIO 2016



Jess Stretton's gold at Rio 2016 turned a relatively unknown 16-year-old into one of Britain's youngest and most treasured Paralympic heroes. However, she won't be bringing that element of surprise to Tokyo this time round, having been selected in ParalympicsGB Archery squad for a second Games. Instead, Stretton will be one of the favourites.

Archery GB were unaware of her potential until they sent her to the Netherlands for the 2015 Para World Ranking Tournament. Having only gone to gain experience, she

ended up winning the whole competition before winning gold in Rio - becoming the youngest ever British archer to claim a medal in the event. A self-confessed book worm who has admitted that reading keeps her calm during big competitions, she was awarded an MBE for her Paralympic exploits in 2017. She first discovered Archery at a junior camp in 2012, and soon fell in love with the sport, but even she couldn't have predicted her own remarkable rise.

## JOHN STUBBS 1 1

EVENT: COMPOUND MEN OPEN (COMPOUND MIXED TEAM TBC) | HOMETOWN: DYSEARTH, WALES | D.O.B: 12/07/1965 | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



ParalympicsGB veteran John Stubbs is nothing short of a legend in his sport. The 56-year-old Warrington shooter is Britain's most successful archer with a cabinet full of accolades, including a Paralympic gold medal from his Games debut at Beijing 2008. Also holder of multiple world titles, Stubbs added a Paralympic silver medal to his collection in the mixed team Open Compound eight years later in Rio alongside Jodie Grinham.

Stubbs first found Archery in 1994 after visiting a disability sports club, having had his life turned completely upside

down by a traumatic motorcycle accident five years earlier. After narrowly escaping death and losing his right leg, Stubbs battled mental health issues before discovering a new-found determination through his career with the bow and arrows.

And we can expect to see him in fine form in Tokyo, having said he's feeling fitter than ever before ahead of his fourth Paralympic Games as he sets his sights on the top of the podium again.

# ATHLETICS



# ATHLETICS SPORTS SECTION

With 204 gold medals and 549 in total, Athletics has always been a key contributor to ParalympicsGB's medal haul.

Ever-present at the Games, Athletics is perhaps the blue riband event of any Paralympics and some of ParalympicsGB's best moments have come in track and field.

Rio 2016 was no different, with Jonnie Peacock's 100m T44 gold and Libby Clegg's 100m T11 gold among the highlights as ParalympicsGB left with 33 medals, including 15 golds. There will be 167 medal events in Tokyo this summer, 93 for men, 73 for women and one mixed event.

ParalympicsGB have named a 51-strong Athletics squad for Tokyo 2020 as they look to build on a successful Rio 2016, which saw the team surpass their target with 33 medals.



Great Britain's athletes have continued to excel in the intervening years, finishing third in the medal table at the 2019 World Championships in Dubai with 13 golds and 28 medals.

Past Paralympic champions Libby Clegg, Chris Clarke, Kadeena Cox, Dan Greaves, Richard Whitehead, Aled Davies, Hannah Cockroft, Sophie Hahn, Hollie Arnold, Jo Butterfield and Jonnie Peacock all feature in the squad, along with six-time gold medallist David Weir.

They are joined by debutants such as newly-crowned European Para Athletics champions Columba Blango (T20 400m), Dan Pembroke (F13 Javelin), and Zak Skinner (T13 Long Jump and 100m).

## SCHEDULE

27 AUG

FRI 27 AUG. 9:30 - 12:50

VENUES: OLYMPIC STADIUM

- WOMEN'S DISCUS THROW - F55 FINAL
- WOMEN'S LONG JUMP - T11 FINAL
- WOMEN'S SHOT PUT - F41 FINAL
- MEN'S 5000M - T11 FINAL
- WOMEN'S 100M - T35 FINAL
- MEN'S 100M - T12 ROUND 1 HEATS
- MEN'S 400M - T52 ROUND 1 HEATS
- MEN'S JAVELIN THROW - F38 FINAL
- WOMEN'S 200M - T37 ROUND 1 HEATS
- MEN'S 5000M - T11 VICTORY CEREMONY
- WOMEN'S 100M - T35 VICTORY CEREMONY

CEREMONY

- MEN'S 100M - T37 ROUND 1 HEATS
- WOMEN'S 5000M - T54 ROUND 1 HEATS
- WOMEN'S SHOT PUT - F41 VICTORY CEREMONY

CEREMONY

- WOMEN'S LONG JUMP - T11 VICTORY CEREMONY

CEREMONY

- MEN'S JAVELIN THROW - F38 VICTORY CEREMONY

CEREMONY

- MEN'S 100M - T47 ROUND 1 HEATS

FRI 27 AUG. 19:00 - 22:00

VENUES: OLYMPIC STADIUM

- MEN'S SHOT PUT - F55 FINAL
- MEN'S LONG JUMP - T11 FINAL
- WOMEN'S CLUB THROW - F32 FINAL
- WOMEN'S 200M - T37 FINAL
- MEN'S 100M - T37 FINAL
- MEN'S 100M - T47 FINAL
- WOMEN'S 400M - T11 ROUND 1 HEATS
- MEN'S SHOT PUT - F37 FINAL
- WOMEN'S DISCUS THROW - F55 VICTORY CEREMONY

CEREMONY

- WOMEN'S 200M - T37 VICTORY CEREMONY

CEREMONY

- MEN'S 400M - T52 FINAL
- MEN'S 100M - T37 VICTORY CEREMONY
- MEN'S 100M - T47 VICTORY CEREMONY
- MEN'S 5000M - T54 ROUND 1 HEATS
- MEN'S 400M - T52 VICTORY CEREMONY
- MEN'S SHOT PUT - F37 VICTORY CEREMONY

CEREMONY

- WOMEN'S 400M - T47 ROUND 1 HEATS
- WOMEN'S CLUB THROW - F32 VICTORY CEREMONY

CEREMONY

- MEN'S LONG JUMP - T11 VICTORY CEREMONY

CEREMONY

28 AUG

SAT 28 AUG. 9:30 - 12:50

VENUES: OLYMPIC STADIUM

- WOMEN'S DISCUS THROW - F57 FINAL
- MEN'S SHOT PUT - F12 FINAL
- MEN'S 5000M - T13 FINAL
- WOMEN'S 5000M - T54 FINAL
- MEN'S 1500M - T46 FINAL
- WOMEN'S 100M - T38 ROUND 1 HEATS
- WOMEN'S LONG JUMP - T64 FINAL
- MEN'S SHOT PUT - F55 VICTORY CEREMONY

CEREMONY

- MEN'S 5000M - T13 VICTORY CEREMONY
- WOMEN'S JAVELIN THROW - F13 FINAL
- MEN'S 100M - T38 ROUND 1 HEATS
- WOMEN'S 5000M - T54 VICTORY CEREMONY

CEREMONY

- MEN'S 1500M - T46 VICTORY CEREMONY
- MEN'S SHOT PUT - F12 VICTORY CEREMONY

CEREMONY

- WOMEN'S 400M - T11 FINAL
- MEN'S 400M - T11 ROUND 1 HEATS
- WOMEN'S LONG JUMP - T64 VICTORY CEREMONY

CEREMONY

- WOMEN'S JAVELIN THROW - F13 VICTORY CEREMONY

CEREMONY

- MEN'S 100M - T12 SEMIFINALS
- WOMEN'S 400M - T11 VICTORY CEREMONY

SAT 28 AUG. 19:00 - 22:00

VENUES: OLYMPIC STADIUM

- MEN'S JAVELIN THROW - F57 FINAL
- MEN'S CLUB THROW - F32 FINAL
- WOMEN'S 1500M - T13 FINAL
- WOMEN'S 200M - T36 ROUND 1 HEATS
- WOMEN'S SHOT PUT - F37 FINAL
- MEN'S 100M - T38 FINAL
- WOMEN'S 100M - T38 FINAL
- MEN'S 400M - T11 SEMIFINALS
- MEN'S LONG JUMP - T63 FINAL
- WOMEN'S DISCUS THROW - F57 VICTORY CEREMONY

- WOMEN'S 1500M - T13 VICTORY CEREMONY

CEREMONY

- MEN'S 5000M - T54 FINAL
- MEN'S 100M - T38 VICTORY CEREMONY
- WOMEN'S 100M - T38 VICTORY CEREMONY

CEREMONY

- WOMEN'S 400M - T47 FINAL
- WOMEN'S 100M - T34 ROUND 1 HEATS
- WOMEN'S SHOT PUT - F37 VICTORY CEREMONY

CEREMONY

- MEN'S 5000M - T54 VICTORY CEREMONY
- MEN'S 400M - T36 ROUND 1 HEATS
- WOMEN'S 400M - T47 VICTORY CEREMONY

CEREMONY

- MEN'S LONG JUMP - T63 VICTORY CEREMONY

CEREMONY

- MEN'S 1500M - T52 ROUND 1 HEATS

29 AUG

SUN 29 AUG. 9:30 - 12:50

VENUES: OLYMPIC STADIUM

- WOMEN'S LONG JUMP - T12 FINAL
- MEN'S SHOT PUT - F53 FINAL
- WOMEN'S 1500M - T11 ROUND 1 HEATS
- MEN'S JAVELIN THROW - F57 VICTORY CEREMONY
- MEN'S CLUB THROW - F32 VICTORY CEREMONY
- WOMEN'S DISCUS THROW - F64 FINAL
- WOMEN'S 200M - T36 FINAL
- WOMEN'S 100M - T34 FINAL
- MEN'S 100M - T34 ROUND 1 HEATS
- WOMEN'S 800M - T53 ROUND 1 HEATS
- MEN'S SHOT PUT - F40 FINAL
- WOMEN'S 800M - T54 ROUND 1 HEATS
- WOMEN'S 200M - T36 VICTORY CEREMONY
- WOMEN'S 100M - T34 VICTORY CEREMONY
- MEN'S 400M - T53 ROUND 1 HEATS
- MEN'S 400M - T54 ROUND 1 HEATS
- WOMEN'S DISCUS THROW - F64 VICTORY CEREMONY
- WOMEN'S LONG JUMP - T12 VICTORY CEREMONY
- MEN'S 100M - T13 ROUND 1 HEATS
- MEN'S SHOT PUT - F53 VICTORY CEREMONY
- MEN'S SHOT PUT - F40 VICTORY CEREMONY
- WOMEN'S SHOT PUT - F20 FINAL
- WOMEN'S 800M - T53 FINAL
- WOMEN'S LONG JUMP - T37 FINAL
- WOMEN'S 800M - T54 FINAL
- MEN'S DISCUS THROW - F52 FINAL
- MEN'S HIGH JUMP - T47 FINAL
- MEN'S 400M - T11 FINAL
- WOMEN'S 200M - T35 FINAL
- WOMEN'S JAVELIN THROW - F34 FINAL

- MEN'S 100M - T13 FINAL
- MEN'S 400M - T53 FINAL
- WOMEN'S 800M - T53 VICTORY CEREMONY
- WOMEN'S 800M - T54 VICTORY CEREMONY
- MEN'S 400M - T54 FINAL
- MEN'S 400M - T11 VICTORY CEREMONY
- WOMEN'S 200M - T35 VICTORY CEREMONY
- MEN'S 1500M - T52 FINAL
- MEN'S 100M - T13 VICTORY CEREMONY
- WOMEN'S SHOT PUT - F20 VICTORY CEREMONY
- MEN'S 100M - T12 FINAL
- MEN'S 400M - T53 VICTORY CEREMONY
- MEN'S 400M - T54 VICTORY CEREMONY
- MEN'S 100M - T64 ROUND 1 HEATS
- WOMEN'S LONG JUMP - T37 VICTORY CEREMONY
- MEN'S 100M - T63 ROUND 1 HEATS
- MEN'S 100M - T12 VICTORY CEREMONY
- MEN'S 1500M - T52 VICTORY CEREMONY

### 30 AUG

MON 30 AUG. 9:30 - 13:00

VENUES: OLYMPIC STADIUM

- MEN'S LONG JUMP - T12 FINAL
- MEN'S DISCUS THROW - F56 FINAL
- WOMEN'S 1500M - T11 FINAL
- MEN'S 1500M - T11 ROUND 1 HEATS
- MEN'S SHOT PUT - F41 FINAL
- MEN'S 1500M - T13 ROUND 1 HEATS
- MEN'S DISCUS THROW - F52 VICTORY CEREMONY
- WOMEN'S JAVELIN THROW - F34 VICTORY CEREMONY
- MEN'S 100M - T33 FINAL
- MEN'S 100M - T34 FINAL

- WOMEN'S SHOT PUT - F54 FINAL
- MEN'S HIGH JUMP - T47 VICTORY CEREMONY
- WOMEN'S 1500M - T11 VICTORY CEREMONY
- MEN'S JAVELIN THROW - F46 FINAL
- MEN'S 100M - T35 ROUND 1 HEATS
- WOMEN'S 100M - T11 ROUND 1 HEATS
- MEN'S 100M - T33 VICTORY CEREMONY
- MEN'S 100M - T34 VICTORY CEREMONY
- MEN'S 400M - T38 ROUND 1 HEATS
- MEN'S SHOT PUT - F41 VICTORY CEREMONY
- MEN'S LONG JUMP - T12 VICTORY CEREMONY
- MEN'S 1500M - T54 ROUND 1 HEATS

MON 30 AUG. 19:00 - 22:00

VENUES: OLYMPIC STADIUM

- MEN'S JAVELIN THROW - F64 FINAL
- MEN'S 100M - T35 FINAL
- WOMEN'S DISCUS THROW - F53 FINAL
- MEN'S LONG JUMP - T36 FINAL
- WOMEN'S 100M - T11 SEMIFINALS
- MEN'S JAVELIN THROW - F46 VICTORY CEREMONY
- MEN'S DISCUS THROW - F56 VICTORY CEREMONY
- MEN'S SHOT PUT - F11 FINAL
- MEN'S 400M - T20 ROUND 1 HEATS
- WOMEN'S SHOT PUT - F54 VICTORY CEREMONY
- MEN'S 100M - T35 VICTORY CEREMONY
- WOMEN'S 400M - T20 ROUND 1 HEATS
- MEN'S 100M - T63 FINAL
- MEN'S 100M - T64 FINAL
- WOMEN'S 400M - T12 ROUND 1 HEATS
- WOMEN'S 1500M - T54 ROUND 1 HEATS
- MEN'S 100M - T63 VICTORY CEREMONY
- MEN'S 100M - T64 VICTORY CEREMONY
- MEN'S LONG JUMP - T36 VICTORY

- CEREMONY
- WOMEN'S 400M - T37 ROUND 1 HEATS
- MEN'S JAVELIN THROW - F64 VICTORY CEREMONY
- MEN'S SHOT PUT - F11 VICTORY CEREMONY

### 31 AUG

TUE 31 AUG. 9:30 - 12:45

VENUES: OLYMPIC STADIUM

- WOMEN'S JAVELIN THROW - F56 FINAL
- WOMEN'S DISCUS THROW - F11 FINAL
- MEN'S 1500M - T11 FINAL
- MEN'S 1500M - T13 FINAL
- WOMEN'S 200M - T64 ROUND 1 HEATS
- MEN'S LONG JUMP - T47 FINAL
- MEN'S 200M - T51 FINAL
- WOMEN'S 100M - T13 ROUND 1 HEATS
- WOMEN'S DISCUS THROW - F53 VICTORY CEREMONY
- MEN'S 1500M - T11 VICTORY CEREMONY
- MEN'S 1500M - T13 VICTORY CEREMONY
- MEN'S SHOT PUT - F36 FINAL
- WOMEN'S SHOT PUT - F34 FINAL
- MEN'S 400M - T36 FINAL
- WOMEN'S 400M - T12 FINAL
- MEN'S 1500M - T54 FINAL
- MEN'S 200M - T51 VICTORY CEREMONY
- WOMEN'S DISCUS THROW - F11 VICTORY CEREMONY
- WOMEN'S 100M - T47 ROUND 1 HEATS
- MEN'S 400M - T36 VICTORY CEREMONY
- WOMEN'S 400M - T12 VICTORY CEREMONY
- MEN'S 400M - T37 ROUND 1 HEATS
- MEN'S 1500M - T54 VICTORY CEREMONY
- MEN'S SHOT PUT - F36 VICTORY CEREMONY
- MEN'S LONG JUMP - T47 VICTORY

- CEREMONY
- TUE 31 AUG. 19:00 - 22:05
- VENUES: OLYMPIC STADIUM
- WOMEN'S LONG JUMP - T38 FINAL
- MEN'S SHOT PUT - F20 FINAL
- MEN'S 400M - T20 FINAL
- MEN'S SHOT PUT - F32 FINAL
- MEN'S HIGH JUMP - T63 FINAL
- MEN'S 400M - T38 FINAL
- WOMEN'S SHOT PUT - F34 VICTORY CEREMONY
- WOMEN'S JAVELIN THROW - F56 VICTORY CEREMONY
- WOMEN'S 200M - T64 FINAL
- WOMEN'S 100M - T11 FINAL
- WOMEN'S 100M - T13 FINAL
- WOMEN'S 100M - T47 FINAL
- MEN'S 400M - T20 VICTORY CEREMONY
- MEN'S 400M - T38 VICTORY CEREMONY
- WOMEN'S 400M - T20 FINAL
- WOMEN'S 200M - T64 VICTORY CEREMONY
- WOMEN'S 100M - T11 VICTORY CEREMONY
- WOMEN'S 1500M - T54 FINAL
- WOMEN'S 100M - T13 VICTORY CEREMONY
- WOMEN'S 100M - T47 VICTORY CEREMONY
- MEN'S 400M - T12 ROUND 1 HEATS
- WOMEN'S 400M - T37 FINAL
- WOMEN'S 400M - T20 VICTORY CEREMONY
- WOMEN'S LONG JUMP - T38 VICTORY CEREMONY
- WOMEN'S 1500M - T54 VICTORY CEREMONY
- WED 1 SEP. 9:30 - 12:40
- VENUES: OLYMPIC STADIUM
- MEN'S JAVELIN THROW - F34 FINAL

01 SEP

- WOMEN'S DISCUS THROW - F41 FINAL
  - MEN'S LONG JUMP - T38 FINAL
  - MEN'S 100M - T11 ROUND 1 HEATS
  - MEN'S SHOT PUT - F20 VICTORY CEREMONY
  - MEN'S SHOT PUT - F32 VICTORY CEREMONY
  - MEN'S SHOT PUT - F46 FINAL
  - MEN'S 400M - T37 FINAL
  - MEN'S 400M - T12 SEMIFINALS
  - MEN'S HIGH JUMP - T63 VICTORY CEREMONY
  - WOMEN'S 400M - T37 VICTORY CEREMONY
  - MEN'S 100M - T53 ROUND 1 HEATS
  - WOMEN'S 100M - T53 ROUND 1 HEATS
  - WOMEN'S 100M - T36 ROUND 1 HEATS
  - MEN'S 400M - T37 VICTORY CEREMONY
  - MEN'S LONG JUMP - T38 VICTORY CEREMONY
  - MEN'S 100M - T54 ROUND 1 HEATS
  - WOMEN'S DISCUS THROW - F41 VICTORY CEREMONY
  - MEN'S SHOT PUT - F46 VICTORY CEREMONY
  - WOMEN'S 100M - T54 ROUND 1 HEATS
- WED 1 SEP. 19:00 - 21:50  
VENUES: OLYMPIC STADIUM
- WOMEN'S SHOT PUT - F32 FINAL
  - WOMEN'S SHOT PUT - F36 FINAL
  - WOMEN'S 100M - T36 FINAL
  - MEN'S 100M - T53 FINAL
  - MEN'S 100M - T54 FINAL
  - MEN'S CLUB THROW - F51 FINAL
  - WOMEN'S 100M - T12 ROUND 1 HEATS
  - MEN'S JAVELIN THROW - F34 VICTORY CEREMONY

- WOMEN'S 100M - T36 VICTORY CEREMONY
- MEN'S 400M - T13 ROUND 1 HEATS
- MEN'S LONG JUMP - T64 FINAL
- WOMEN'S 100M - T53 FINAL
- WOMEN'S 100M - T54 FINAL
- WOMEN'S SHOT PUT - F36 VICTORY CEREMONY
- MEN'S 100M - T53 VICTORY CEREMONY
- MEN'S 100M - T54 VICTORY CEREMONY
- MEN'S 100M - T11 SEMIFINALS
- WOMEN'S 100M - T53 VICTORY CEREMONY
- WOMEN'S 100M - T54 VICTORY CEREMONY
- WOMEN'S SHOT PUT - F32 VICTORY CEREMONY
- WOMEN'S SHOT PUT - F32 VICTORY CEREMONY
- WOMEN'S 100M - T37 ROUND 1 HEATS

02 SEP

- THU 2 SEP. 9:30 - 12:55  
VENUES: OLYMPIC STADIUM
- WOMEN'S SHOT PUT - F35 FINAL
  - MEN'S LONG JUMP - T37 FINAL
  - MEN'S 400M - T12 FINAL
  - WOMEN'S SHOT PUT - F57 FINAL
  - MEN'S 400M - T13 FINAL
  - WOMEN'S 200M - T11 ROUND 1 HEATS
  - MEN'S DISCUS THROW - F11 FINAL
  - WOMEN'S 100M - T37 FINAL
  - MEN'S LONG JUMP - T64 VICTORY CEREMONY
  - MEN'S 400M - T12 VICTORY CEREMONY
  - MEN'S 400M - T13 VICTORY CEREMONY
  - WOMEN'S 100M - T12 SEMIFINALS
  - MEN'S 800M - T53 ROUND 1 HEATS
  - MEN'S CLUB THROW - F51 VICTORY CEREMONY
  - WOMEN'S 100M - T37 VICTORY CEREMONY

- CEREMONY
- MEN'S 800M - T54 ROUND 1 HEATS
  - WOMEN'S 400M - T53 ROUND 1 HEATS
  - WOMEN'S SHOT PUT - F35 VICTORY CEREMONY
  - MEN'S LONG JUMP - T37 VICTORY CEREMONY
  - MEN'S DISCUS THROW - F11 VICTORY CEREMONY
  - WOMEN'S 400M - T54 ROUND 1 HEATS
- THU 2 SEP. 19:00 - 22:05  
VENUES: OLYMPIC STADIUM
- MEN'S JAVELIN THROW - F13 FINAL
  - MEN'S DISCUS THROW - F64 FINAL
  - MEN'S 100M - T11 FINAL
  - WOMEN'S SHOT PUT - F33 FINAL
  - WOMEN'S 100M - T12 FINAL
  - MEN'S 100M - T52 ROUND 1 HEATS
  - WOMEN'S 400M - T53 FINAL
  - WOMEN'S 400M - T54 FINAL
  - WOMEN'S LONG JUMP - T63 FINAL
  - MEN'S 800M - T53 FINAL
  - WOMEN'S SHOT PUT - F57 VICTORY CEREMONY
  - MEN'S 100M - T11 VICTORY CEREMONY
  - WOMEN'S 100M - T12 VICTORY CEREMONY
  - MEN'S 800M - T54 FINAL
  - WOMEN'S 400M - T53 VICTORY CEREMONY
  - WOMEN'S 400M - T54 VICTORY CEREMONY
  - MEN'S SHOT PUT - F35 FINAL
  - WOMEN'S 100M - T64 ROUND 1 HEATS
  - MEN'S DISCUS THROW - F64 VICTORY CEREMONY
  - MEN'S 800M - T53 VICTORY CEREMONY
  - WOMEN'S 400M - T13 ROUND 1 HEATS
  - MEN'S 400M - T62 ROUND 1 HEATS
  - MEN'S 800M - T54 VICTORY CEREMONY

- WOMEN'S LONG JUMP - T63 VICTORY CEREMONY
- MEN'S JAVELIN THROW - F13 VICTORY CEREMONY

03 SEP

- FRI 3 SEP. 9:30 - 12:55  
VENUES: OLYMPIC STADIUM
- WOMEN'S SHOT PUT - F12 FINAL
  - WOMEN'S LONG JUMP - T47 FINAL
  - WOMEN'S 200M - T11 SEMIFINALS
  - MEN'S SHOT PUT - F35 VICTORY CEREMONY
  - WOMEN'S SHOT PUT - F33 VICTORY CEREMONY
  - MEN'S JAVELIN THROW - F54 FINAL
  - MEN'S 1500M - T20 FINAL
  - WOMEN'S 1500M - T20 FINAL
  - MEN'S 400M - T47 ROUND 1 HEATS
  - MEN'S DISCUS THROW - F37 FINAL
  - MEN'S HIGH JUMP - T64 FINAL
  - MEN'S 100M - T52 FINAL
  - MEN'S 200M - T35 ROUND 1 HEATS
  - MEN'S 1500M - T20 VICTORY CEREMONY
  - WOMEN'S 1500M - T20 VICTORY CEREMONY
  - MEN'S 800M - T34 ROUND 1 HEATS
  - WOMEN'S LONG JUMP - T47 VICTORY CEREMONY
  - WOMEN'S SHOT PUT - F12 VICTORY CEREMONY
  - MEN'S JAVELIN THROW - F54 VICTORY CEREMONY
  - 4x100M UNIVERSAL RELAY ROUND 1 HEATS
  - MEN'S 100M - T52 VICTORY CEREMONY
  - MEN'S DISCUS THROW - F37 VICTORY CEREMONY
- FRI 3 SEP. 19:00 - 21:55



**VENUES: OLYMPIC STADIUM**

- WOMEN'S LONG JUMP - T20 FINAL
- WOMEN'S CLUB THROW - F51 FINAL
- MEN'S SHOT PUT - F57 FINAL
- WOMEN'S 100M - T64 FINAL
- MEN'S HIGH JUMP - T64 VICTORY CEREMONY
- WOMEN'S JAVELIN THROW - F46 FINAL
- MEN'S 400M - T62 FINAL
- MEN'S 200M - T61 FINAL
- WOMEN'S 200M - T12 ROUND 1 HEATS
- MEN'S 200M - T37 ROUND 1 HEATS
- MEN'S 100M - T36 ROUND 1 HEATS
- WOMEN'S 100M - T64 VICTORY CEREMONY
- MEN'S 200M - T61 VICTORY CEREMONY
- MEN'S 100M - T51 FINAL
- MEN'S 400M - T62 VICTORY CEREMONY
- WOMEN'S LONG JUMP - T20 VICTORY CEREMONY
- MEN'S 1500M - T38 ROUND 1 HEATS
- WOMEN'S JAVELIN THROW - F46 VICTORY CEREMONY
- MEN'S 100M - T51 VICTORY CEREMONY
- WOMEN'S CLUB THROW - F51 VICTORY CEREMONY
- 4x100M UNIVERSAL RELAY FINAL

04 SEP

**SAT 4 SEP. 9:30 - 12:40**

**VENUES: OLYMPIC STADIUM**

- WOMEN'S JAVELIN THROW - F54 FINAL
- MEN'S SHOT PUT - F34 FINAL
- WOMEN'S SHOT PUT - F40 FINAL
- WOMEN'S 800M - T34 FINAL
- MEN'S 800M - T34 FINAL
- MEN'S LONG JUMP - T13 FINAL
- WOMEN'S 400M - T13 FINAL
- MEN'S 200M - T35 FINAL

- MEN'S 200M - T37 FINAL
- MEN'S 100M - T36 FINAL
- MEN'S SHOT PUT - F57 VICTORY CEREMONY
- WOMEN'S 800M - T34 VICTORY CEREMONY
- MEN'S 800M - T34 VICTORY CEREMONY
- WOMEN'S 100M - T63 ROUND 1 HEATS
- WOMEN'S 400M - T13 VICTORY CEREMONY
- MEN'S 200M - T35 VICTORY CEREMONY
- MEN'S 200M - T64 ROUND 1 HEATS
- MEN'S 200M - T37 VICTORY CEREMONY
- MEN'S 100M - T36 VICTORY CEREMONY
- WOMEN'S 200M - T47 ROUND 1 HEATS
- WOMEN'S SHOT PUT - F40 VICTORY CEREMONY
- WOMEN'S JAVELIN THROW - F54 VICTORY CEREMONY
- MEN'S LONG JUMP - T13 VICTORY CEREMONY
- 4x100M UNIVERSAL RELAY VICTORY CEREMONY

**SAT 4 SEP. 19:00 - 22:00**

**VENUES: OLYMPIC STADIUM**

- MEN'S JAVELIN THROW - F41 FINAL
- MEN'S SHOT PUT - F33 FINAL
- MEN'S LONG JUMP - T20 FINAL
- MEN'S 1500M - T38 FINAL
- WOMEN'S 200M - T11 FINAL
- WOMEN'S 200M - T12 FINAL
- WOMEN'S DISCUS THROW - F38 FINAL
- MEN'S SHOT PUT - F63 FINAL
- WOMEN'S 200M - T47 FINAL
- MEN'S SHOT PUT - F34 VICTORY CEREMONY
- MEN'S 1500M - T38 VICTORY CEREMONY
- MEN'S 200M - T64 FINAL
- WOMEN'S 200M - T11 VICTORY CEREMONY

- WOMEN'S 200M - T12 VICTORY CEREMONY
- WOMEN'S 400M - T38 FINAL
- WOMEN'S 200M - T47 VICTORY CEREMONY
- MEN'S 200M - T64 VICTORY CEREMONY
- MEN'S 400M - T47 FINAL
- MEN'S JAVELIN THROW - F41 VICTORY CEREMONY
- MEN'S LONG JUMP - T20 VICTORY CEREMONY
- WOMEN'S 400M - T38 VICTORY CEREMONY
- WOMEN'S 100M - T63 FINAL
- MEN'S SHOT PUT - F63 VICTORY CEREMONY
- WOMEN'S DISCUS THROW - F38 VICTORY CEREMONY
- MEN'S 400M - T47 VICTORY CEREMONY
- MEN'S SHOT PUT - F33 VICTORY CEREMONY
- WOMEN'S 100M - T63 VICTORY CEREMONY

05 SEP

**SUN 5 SEP. 6:30 - 11:30**

**VENUES: OLYMPIC STADIUM**

- MEN'S MARATHON - T54
- WOMEN'S MARATHON - T54
- MEN'S MARATHON - T46
- MEN'S MARATHON - T12
- WOMEN'S MARATHON - T12
- MEN'S MARATHON - T54 VICTORY CEREMONY
- WOMEN'S MARATHON - T54 VICTORY CEREMONY
- MEN'S MARATHON - T46 VICTORY CEREMONY
- MEN'S MARATHON - T12 VICTORY CEREMONY

- CEREMONY
- WOMEN'S MARATHON - T12 VICTORY CEREMONY

## ATHLETE BIOGRAPHIES

### OLA ABIDOGUN 1

EVENT: T47 | HOMETOWN: BOLTON | D.O.B: 03/08/1993 | TWITTER: @OLA\_ABIDO | INSTAGRAM: @OLA\_ABIDO  
| GAMES ATTENDED: LONDON 2012



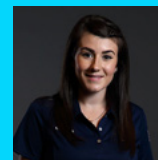
When Paula Dunn, head coach for British Athletics' Paralympic Programme, gives you advice, you should probably listen to her. And that is what Ola Abidogun did. The 28-year-old originally started out as a high jumper before Dunn encouraged him to try sprinting aged 15. Four years later, Abidogun took bronze at the London 2012 Paralympic Games in the men's T47 100m.

In 2014, the Bolton sprinter went one better claiming silver at the European Championships before spending five years away from the GB set up, setting a personal best on his return at the 2019 World Championships. The

former property conveyancer will compete in his second Paralympic Games out in Tokyo and spent his time in lockdown learning Japanese.

### HOLLIE ARNOLD 1

EVENT: F46 JAVELIN | HOMETOWN: GRIMSBY | D.O.B: 26/06/1994 | TWITTER: @HOLLIEA2012 | INSTAGRAM: @HOLLIEARNOLD8 | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



Defending Paralympic champion Hollie Arnold enjoyed a more eventful winter than most, becoming the first Paralympian to appear on ITV's I'm a Celebrity... Get Me Out of Here! in 2020.

Having handled all the critters, bugs and offal that the camp in North Wales could throw at her, the Grimsby-born athlete is now firmly focused on adding a second F46 javelin gold to her armour in Tokyo. This summer's Games mark Arnold's fourth Paralympic appearance, with her debut in Beijing – when she was the youngest member of ParalympicsGB's team aged 14 – yielding

an 11th-place finish in the women's F42-46. Fifth at London 2012 followed before Arnold broke the world record en route to top spot four years later in Rio, with a final-round throw of 43.01m. Alongside her Paralympic achievements Arnold is a four-time world champion, while she also claimed European and Commonwealth gold in 2018. Arnold was awarded an MBE in the 2017 New Year Honours.

### KARÉ ADENEGAN 1 2

EVENT: T34 100M, T34 800M | HOMETOWN: COVENTRY | D.O.B: 29/12/2000 | TWITTER: @ADENEGANK | INSTAGRAM: @KAREADENEGAN | GAMES ATTENDED: RIO 2016



Still just 20 years old, Karé Adenegan will be itching for Paralympic glory this summer to add to an already-glittering medal collection. Inspired to give wheelchair racing a go after watching the London 2012 Games on TV, Adenegan burst onto the international scene aged 14, claiming double bronze at the World Championships in 2015.

Bronze in the T34 400m and 800m and silver in the T34 100m followed a year later on her Paralympic bow, while another appearance on the global stage in London in 2017 yielded 100m silver, and bronze in the 400m and

800m. Adenegan pipped fellow Brit Hannah Cockroft to 100m victory at the 2018 European Championships in Berlin, prompting her to receive the BBC Young Sports Personality of the Year award that December.

At the 2019 World Championships, the Coventry star claimed two silver medals, on both occasions behind Cockroft in the T34 100m and 800m events. Away from the track, Adenegan is a history and philosophy student at the University of Warwick, while she is also a skilled singer having reached grade six before fully committing to Athletics.

### HETTY BARTLETT

EVENT: T38 LONG JUMP | HOMETOWN: CRATFIELD, SUFFOLK | D.O.B: 27/03/1991 | TWITTER: @HETTYBARTLETT | INSTAGRAM: @HETTY\_BARTLETT | GAMES ATTENDED: RIO 2016



A redistribution of slots by the International Paralympic Committee handed Hetty Bartlett the chance to compete at her debut Games in Tokyo, as one of three people added to the ParalympicsGB squad in early August.

The 30-year-old already has pedigree on the international scene, having won 200m gold at the 2019 Special Olympics World Summer Games in Abu Dhabi, and finished fourth in the long jump.

It is the latter event in which she will represent Great Britain on sport's greatest stage this summer, alongside Olivia Breen in the women's T38 category. A lover of animals and sport in her youth, Bartlett started Athletics when she was 14 and counts walking the dogs, going to the cinema and going clothes shopping among her interests away from the track.

### FABIENNE ANDRÉ

EVENT: T34 100M | HOMETOWN: BRIGHTON | D.O.B: 20/09/1996 | TWITTER: @FABS\_ANDRE | INSTAGRAM: @FABIENNE\_1996



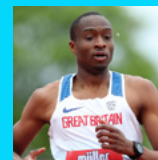
Fabienne André heads to Tokyo off the back of securing her first European Championship titles earlier this year in Bydgoszcz, Poland.

André ended up leaving as a double champion in both the T34 100m and the T34 800m, and will hope for similar success in Japan. André was previously a para-swimmer, from the age of 14, until she switched to wheelchair racing back in 2018 following advice from her club.

André does not stop at multiple sports either. "Fabs" also balances her training and competing around working full-time as an NHS hospital physiotherapy assistant at Chailey Clinical Services, working through the pandemic.

### COLUMBA BLANGO

EVENT: T20 400M | HOMETOWN: EAST DULWICH | D.O.B: 06/07/1992



Columba Blango produced the best run of his career at the European Para Athletics Championships in Poland this June successfully procuring himself a gold in the men's T20 400m.

His 47.90 run broke the European record and puts him number one in the men's T20 rankings in Paralympic year.

Athletics runs in the family, with Blango's father competing at the 1980 Summer Olympics.

His dad, also called Columba, took part in the decathlon at the 1980 Olympics for Sierra Leone. He later moved to London and became a Liberal Democrat councillor in Southwark, also serving as mayor of the borough.

## OLIVIA BREEN 1

EVENT: T38 100M, T38 LONG JUMP | HOMETOWN: LIPHOOK, SURREY | D.O.B: 26/07/1996 | TWITTER: @BREENOLIVIA | INSTAGRAM: @LIVVY\_BREEN | GAMES ATTENDED: RIO 2016, LONDON 2012



With a desire to do the same things as her twin brother, and having showcased a talent for running at school, Olivia Breen joined City of Portsmouth Athletics Club when she was 13 and has never looked back. Breen made her GB debut at the 2012 European Championships, winning two bronze medals just weeks after receiving a national classification to run as a T38 athlete.

More success was to follow that summer, with her Paralympic debut yielding a bronze as part of the T35-38 4x100m relay team at London 2012, in front of 200 pupils and staff from her school who were in the stadium.

That medal is one of a host of relay gongs she has claimed with European silver and gold, and world gold, also coming in the years following London 2012.

Breen also added long jump to her armoury in 2014, and a year after notching a second world gold she claimed the long jump title and also won a bronze medal in the T38 100m for Wales at the 2018 Commonwealth Games. Yet another podium finish came Breen's way at the Dubai 2019 World Championships with bronze in the long jump, while she also picked up European bronze in Bydgoszcz, Poland, earlier this year.

## JO BUTTERFIELD 1

EVENT: F51 CLUB THROW | HOMETOWN: GLASGOW | D.O.B: 19/03/1979 | TWITTER: @JO\_SHUNI | INSTAGRAM: @JOBUTTERFIELD | GAMES ATTENDED: RIO 2016



A former army civil servant, defending Paralympic champion Jo Butterfield briefly flirted with Wheelchair Rugby before turning her hand to Athletics in 2014, yielding immediate success. The Glasgow-based athlete rocketed to European F51 club throw gold on her international debut that year, before backing that up with the world title in Doha in 2015.

Such scintillating form continued into 2016 and Butterfield's Paralympic bow ended in yet another first-place finish, despite nursing a shoulder injury during the Games. Though such injury problems persisted,

Butterfield finished in fourth place at the London 2017 World Championships.

And in the run-up to her Paralympic defence she has added two more silver medals to her collection, first at the 2018 European Championships and then just over a year later at the 2019 World Championships in Dubai. Butterfield was awarded an MBE in the 2017 New Year Honours.

## JONATHAN BROOM-EDWARDS 1

EVENT: T64 HIGH JUMP | HOMETOWN: LOUGHBOROUGH | D.O.B: 27/05/1988 | TWITTER: @BROOMEDWARDST44 | INSTAGRAM: @BROOMEDWARDST44 | GAMES ATTENDED: RIO 2016



Having played non-disabled basketball at Loughborough University alongside studying aeronautical engineering, the London 2012 Paralympics inspired Jonathan Broom-Edwards to give high jump a go in a bid to increase his on-court credentials. It wasn't long before the 33-year-old was making waves on the Athletics scene, though, earning his first international medal at the 2013 World Championships in Lyon, with silver.

His medal-winning streak continued for the next three years as he picked up silver at the 2014 European Championships and again at the 2015 World

Championships, then European bronze in 2016. On his Paralympic bow at Rio 2016 Broom-Edwards again claimed silver, before adding a third world silver to his name in 2017. In 2019 Broom-Edwards returned from an Achilles injury in terrific style, claiming his first world title in the T64 high jump, while he added another silver to his tally at the 2021 European Championships earlier this year.

Away from his sporting commitments the Colchester-born athlete runs his own diagnostic therapy business, while he also works as a motivational speaker.

## RICHARD CHIASSARO

EVENT: T54 400M, T54 800M, T54 1500M | HOMETOWN: LONDON | D.O.B: 11/11/1981 | TWITTER: @RICHCHIASSARO | INSTAGRAM: @RICHARDCHIASSARO | GAMES ATTENDED: RIO 2016



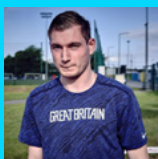
A multi-talented athlete, Richard Chiassaro began wheelchair racing in 2010 after switching from Wheelchair Basketball. He was inspired to take up the sport after watching British wheelchair racing legend David Weir compete at the 2008 Paralympic Games in Beijing.

The 39-year-old will now be hoping to go one better than he did in Rio 2016, when he finished just outside the medals. A year later, Chiassaro became a World Championship bronze medalist over 400m.

Illness forced him to withdraw from the European Championships in 2018, but he has since bounced back and will be hoping to win a first Paralympic medal in Tokyo this year.

## SHAUN BURROWS

EVENT: T38 400M | HOMETOWN: STOKE ON TRENT | D.O.B: 25/12/1997 | TWITTER: @SHAUNBURROWST38 | INSTAGRAM: @SHAUNBURROWST38



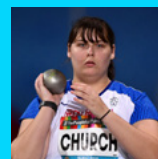
Shaun Burrows will be one of ParalympicsGB's Athletics debutants in Tokyo 2020, six years after making his bow at the World Championships in Doha.

Burrows first took up the sport back when he was just 13 years old, with the North Staffordshire Special Olympics group.

He originally got involved in Athletics while at scouts, so his parents found him a club to further his training. He won European silver last year, and will be aiming to go one better on the Paralympic stage.

## LYDIA CHURCH

EVENT: F12 SHOT PUT | HOMETOWN: PETERBOROUGH | D.O.B: 13/10/1999 | INSTAGRAM: @CHURCHLYDIA



Selection for the Tokyo Games marks the latest milestone in Lydia Church's rapidly rising career, with the 21-year-old having only made her senior GB debut in the months before the Covid-19 pandemic halted her plans. Church has pursued Athletics since the age of eight, and has experience in each of the hammer, discus and shot put events.

It is the latter in which she has already made waves on the international scene, finishing seventh at the 2019 World Championships in Dubai before claiming European silver in Bydgoszcz, Poland, earlier in 2021.

Besides competing Church has a Level 2 Athletics coaching licence, helping train young athletes at Peterborough and Nene Valley Athletics Club, while she is also a sports science student at Leeds Beckett University.

## CHRIS CLARKE 2

EVENT: T11 200M, 4X100M UNIVERSAL RELAY (GUIDE TO LIBBY CLEGG) | D.O.B: 25/01/1990 | GAMES ATTENDED: RIO 2016



Having failed to make the British team in the run up to the Rio Olympics, Chris Clarke still found a way to appear on the world's biggest stage. The 31-year-old teamed up with sprinter Libby Clegg, working as a guide for the visually impaired runner.

Together the pair secured double Paralympic gold in Rio in the women's T11 100m and 200m. A talented junior athlete in his own right, Clarke claimed gold in the 400m at the 2007 World Youth Championships.

Two years later, he backed his world title up with double gold at the European Junior Championships in the 400m and 4x400m relay. Clarke will partner Clegg again as they look to defend their 200m title in Tokyo having secured their first medal since Rio with victory at the recent European Championships.

## LIBBY CLEGG 2 2

EVENT: T11 200M, 4X100M UNIVERSAL RELAY (GUIDED BY CHRIS CLARKE) | HOMETOWN: STOCKPORT | D.O.B: 24/03/1990 | TWITTER: @LIBBYCLEGG | INSTAGRAM: @LIBBY.CLEGG | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



Formerly a keen ballet dancer, Libby Clegg took up Athletics aged nine, first competing in middle distance and cross country running before taking up sprinting. She joined the Macclesfield Harriers Athletics Club in 1999, before bursting onto the international scene aged 16 at the 2006 World Championships in Assen, when she won a silver medal in the T12 200m.

Another silver followed on her Paralympics debut in Beijing, prompting her to finish third in that year's BBC Young Sports Personality of the Year award. At London 2012, Clegg won her T12 100m heat in a world record time of 12.17s to qualify for the semi-finals, going on to register a personal best 12.13s in the final to earn another silver medal.

Having claimed two world silvers in 2013 and the 100m Commonwealth title a year later, Clegg was reclassified as a T11 sprinter in 2016, the same year she began working with guide runner Chris Clarke.

Together the pair notched double Paralympic gold in Rio, with Clegg also going on to romp to European 200m gold in Poland earlier in 2021. In April 2019 Clegg and her partner Dan Powell – a fellow Paralympian in judo – became parents to son Edward, while she also finished third on ITV Series Dancing On Ice last year.

## HANNAH COCKROFT 5

EVENT: T34 100, T34 800M | HOMETOWN: HALIFAX | D.O.B: 30/07/1992 | TWITTER: @HCDREAM2012 | INSTAGRAM: @HLCMBE | GAMES ATTENDED: RIO 2016, LONDON 2012



A five-time Paralympic champion, Hannah Cockroft is one of the most recognisable members of the entire ParalympicsGB squad and she will be gunning to add T34 100m and 800m golds to her tally this summer. Having made her senior GB debut aged 18 a year earlier, Cockroft's double triumph at London 2012 proved to be the catalyst for a period of continued success which saw her claim every major title going.

At the London Games, she won 200m gold on a night dubbed 'Thriller Thursday' where David Weir and Jonnie Peacock also topped the podium on sport's greatest stage. In the years leading up to Rio 2016, Cockroft proved unbeatable at major championships - winning

seven major gold medals - before she yielded first-place finishes in the T34 100m, 400m, and 800m in Brazil. Since then success in London in 2017 and Dubai two years later has taken her tally of world golds to 12, while she has finished top of the ranks on the European stage three times.

Away from the track, the Halifax-born athlete has featured on TV shows including 'The Great British Bake Off', 'The Crystal Maze' and 'Strictly Come Dancing', while she also made history by becoming the first Paralympian to be nominated for the BBC Sports Personality of the Year award outside of a Paralympic year, in 2013. Cockroft was awarded an MBE in the 2013 New Year's Honours List.

## KADEENA COX 2 1 1

EVENT: T38 400M | HOMETOWN: LEEDS | D.O.B: 10/03/1991 | TWITTER: @KAD21 | INSTAGRAM: @KAD\_C | GAMES ATTENDED: RIO 2016



Kadeena Cox put in one of ParalympicsGB's greatest-ever performances at Rio 2016, claiming gold medals in both Athletics and Cycling. Competing in two sports is an amazing feat in its own right, yet 30-year-old Cox backed up a bronze medal in the women's 100m T38 sprint by winning a gold medal in the women's C4-5 Cycling time trial, and another gold in the T38 400m sprint.

Such an achievement saw Cox become the first British Paralympian to win golds in multiple sports at the same Games since Isabel Barr in 1984, while she also claimed silver in the women's T35-38 4x100m relay on the track.

The Leeds star initially competed as a non-disabled athlete and began sprinting competitively at the age of 15 after her hockey coach suggested she try the sport.

In September 2014 she experienced burning sensations in her right arm and after extensive tests she was diagnosed with multiple sclerosis. She responded by collecting three medals in Rio before being appointed a Member of the British Empire in the 2017 New Year's Honours for services to Athletics. Cox will be back competing in both Athletics and Cycling at Tokyo 2020.

## ALED DAVIES 2 1

EVENT: F63 SHOT PUT | HOMETOWN: BRIDGEND | D.O.B: 24/05/1991 | TWITTER: @ALEDDAVIES2012 | INSTAGRAM: @ALEDDAVIES2012 | GAMES ATTENDED: RIO 2016, LONDON 2012



Aled Davies will be hoping to mark his third Paralympic appearance with a third successive gold medal when he takes to the F63 shot put stage in Tokyo this summer. Having represented Wales in swimming in his younger years the now 30-year-old eventually committed to Athletics, after demonstrating swathes of potential in both the discus and shot put. Davies was a consistent performer as a junior - finishing on the podium at the World Junior Championships in 2009, 2010 and 2011 - and it wasn't long before he was making waves on the senior scene. On Paralympic debut at London 2012 the Bridgend-born star romped to F42 discus gold and shot

put bronze, while four years later he moved to the top of the ranks in the latter, finishing more than 1.5m clear of his rivals. Besides his Paralympic exploits Davies is a seven-time world champion, while he boasts the world records for both the F42 discus and shot put.

F63 shot put victory in Poland earlier in 2021 handed Davies a seventh European crown, while he also counts 2014 Commonwealth silver among his list of career achievements. Davies was awarded an MBE in the 2013 New Year's Honours List.

## DAVID DEVINE 1

EVENT: T13 5000M | HOMETOWN: LIVERPOOL | D.O.B: 13/02/1992 | TWITTER: @DEVINE800 | INSTAGRAM: @DAVID\_DEVINE13 | GAMES ATTENDED: LONDON 2012



A four-year injury may have signalled the end for a lesser athlete. But David Devine has already come back from such misfortune, winning a silver medal on his return at the European Championships in Grosseto.

Devine, who has a visual impairment, took up Athletics after attending the DSE Championships in Blackpool in 2008. He joined local Athletics club, Liverpool Harriers, and began entering local youth meets, running in the 400 metres.

Back in London 2012, he won bronze medals in both the T12 800m and the T13 1500m. With the longer distance now his focus, Devine will be aiming to win a third Paralympic medal in Tokyo having missed out on Rio 2016.

## KYRON DUKE

EVENT: F41 SHOT PUT | HOMETOWN: NEWPORT | D.O.B: 12/10/1992 | TWITTER: @DUKEY\_DEVIL | INSTAGRAM: @KYRONDUKE | GAMES ATTENDED: RIO 2016, LONODN 2012



Kyron Duke has won a host of major medals on the international stage since 2011, when he claimed F40 javelin bronze at the World Championships in New Zealand. Although he missed out on a medal at London 2012, further global success came his way at Lyon 2013, with F41 shot put bronze and javelin silver.

He added to that tally with javelin F41 bronze at Doha 2015, while on the European stage he won two silvers on home turf in Swansea in 2014. At the London 2017 World Championships Duke claimed yet another silver behind Germany's Niko Kappel. Hopes were high ahead of the

2019 World Championships when Duke set a new F41 shot put world record of 14.19m in Leverkusen, Germany, but he couldn't quite find that form on the day in Dubai, finishing in bronze medal position. Duke claimed a silver medal on a successful first day for Great Britain at the European Para Athletics Championships 2021 in Poland.

## SABRINA FORTUNE 1

EVENT: F20 SHOT PUT | HOMETOWN: MOLD, WALES | D.O.B: 25/05/1997 | TWITTER: @SABBEYFORTUNE | INSTAGRAM: @SABFOR128 | GAMES ATTENDED: RIO 2016



Sabrina Fortune's Athletics career began as a result of watching her brother compete, and having taken up the discus aged 11, she quickly showcased her throwing potential at school and club events.

Having turned her attention to shot put in 2014 the 24-year-old quickly developed into a global challenger, going on to earn fourth-place finishes at her first two major championships - the 2015 World Championships and 2016 European Championships. Fortune went one better on her Paralympic bow in 2016, claiming bronze with a personal best throw of 12.94m. In 2018, she claimed

her first major title, winning F20 shot put European gold in Berlin. The following year her winning form continued - this time on the world stage, with victory and her first global gold at Dubai 2019 with a personal best on her final throw to claim the crown.

Away from her sporting commitments, Fortune counts art and baking among her hobbies, while she studied hospitality management at Coleg Cambria in Wrexham after leaving school.

## JAMES FREEMAN

EVENT: T33 100M | HOMETOWN: ESHER, SURREY | D.O.B: 16/04/1996 | INSTAGRAM: @FREEMAN1819



A redistribution of slots by the International Paralympic Committee handed James Freeman the chance to compete at his debut Games, as one of three athletes added to the ParalympicsGB squad in early August.

Selection for Tokyo marks the latest milestone in the 25-year-old's rapid rise, having graduated from the Paralympic Futures Academy after three years with a 19.44s 100m PB at the England Senior Championships including Disability Championships in Bedford in July.

A month earlier, Weir Archer Academy athlete Freeman had competed on the European stage, finishing fourth in the men's 100m T33/34 in Bydgoszcz, Poland. Freeman is a multiple Cerebral Palsy national champion, and also competed at the World CP Games in 2018.

## DAN GREAVES 1 2 2

EVENT: F44 DISCUS | HOMETOWN: LOUGHBOROUGH | D.O.B: 04/10/1982 | TWITTER: @DISCUSDAN | INSTAGRAM: @DISCUSDAN | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008, ATHENS 2004, SYDNEY 2000



While some will be making their first Paralympic appearance this summer, Dan Greaves will be hoping to become the first Brit to win medals at six consecutive Games. Greaves won a silver medal in the F44 discus in Sydney as a teenager 21 years ago and has won a medal at every Paralympics since - most notably gold in Athens in 2004.

And, despite being born with congenital talipes equinovarus [club foot], he represented Great Britain as a junior in non-disabled events. His success has been boosted by training in Loughborough, from where he has

a degree in Sports Science. Outside of competing, the 38-year-old has previously hosted a podcast alongside 400m runner Martyn Rooney, discussing Athletics and other sports. Greaves is married and has two children, son Henry and daughter Matilda, and is a passionate Aston Villa fan.

## SOPHIE HAHN 1 1

EVENT: T38 100M | HOMETOWN: NOTTINGHAM | D.O.B: 23/01/1997 | TWITTER: @SOPHIEHAHNT38 | INSTAGRAM: @SOPHIEHAHNT38 | GAMES ATTENDED: RIO 2016



Inspired to give Athletics a go by the London 2012 Games, it wasn't long before trailblazer Sophie Hahn emerged as one of the hottest GB talents. The Nottingham-born star broke her first world record on her senior international debut at the 2013 World Championships in Lyon, en route to T38 100m gold and 200m silver.

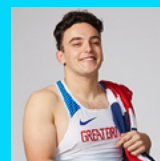
At the European Championships a year later Hahn claimed a trio of silver medals in the T38 100m, 200m and the T35-38 4x100m relay. Her sprinting success continued in 2015 with two gold medals and a silver at the World Championships in Doha - a feat she repeated at the 2016 European Championships.

At her first Paralympic Games at Rio 2016, Hahn won gold in the T38 100m and T35-38 4x100m silver. A year later at the London World Championships Hahn struck double sprint gold - with two world records to boot. 2018 saw Hahn add to her gold medal tally with a T38 100m win at the Commonwealth Games in Australia, while at the Berlin European Championships she claimed two more individual sprint titles as well as relay gold.

Hahn repeated her London 2017 success at the Dubai 2019 World Championships, retaining her T38 100m and 200m titles in record-breaking time. At the 2021 European Championships, Hahn won gold in the women's T38 100m and notched silver in the 4x100m relay.

## HARRI JENKINS

EVENT: T33 100M | HOMETOWN: PORT TALBOT | D.O.B: 28/03/1996 | TWITTER: @HARRIJENK | INSTAGRAM: @HARRIJENK



Born with cerebral palsy, Harri Jenkins was inspired to enter the world of Para sport after attending an event run by Disability Sport Wales. Throughout his teenage years Jenkins competed in both wheelchair racing and Wheelchair Basketball and for a time it was the latter that was his main focus, representing Great Britain in U23 events.

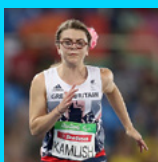
However, at the age of 19, he decided to permanently switch to wheelchair racing and that decision has well and truly paid off.

Jenkins was a European champion in the T33 100m at the 2018 European Championships, while he won bronze in the same event at the World Championships the following year.

Earlier this year Jenkins won European bronze in the T33/T34 100m in Bydgoszcz, after having his wheelchair stolen in May.

## SOPHIE KAMLISH

EVENT: T64 100M, 4X100M UNIVERSAL RELAY | HOMETOWN: LONDON | D.O.B: 20/08/1996 | TWITTER: @SOPHIEKAMLISH | INSTAGRAM: @SOPHIEKAMLISH | GAMES ATTENDED: RIO 2016, LONDON 2012



In 2011, Sophie Kamlish attended a 'Playground to Podium' event at the University of Bath that changed her life forever. Within a year she was making her senior international debut at the 2012 Paralympic World Cup in Manchester, before being selected for ParalympicsGB's squad for London 2012 where she achieved a personal best in the T44 200m but was unable to make it out of her heat.

She put on another outstanding performance in Rio, where she broke the world record in the heats for T44 100m, going on to finish fourth in the final. This all built up to the highlight of the 25-year-old's career as she broke her own T44 100m world record in the heats a year later at the World Championships in London, where she won gold.

## NATHAN MAGUIRE

EVENT: T54 400M, T54 800M, 4X100M UNIVERSAL RELAY | HOMETOWN: CHESTER | D.O.B: 27/07/1997 | TWITTER: @NATHANMAGUIRE2 | INSTAGRAM: @NATHAN\_MAGUIRE97 | GAMES ATTENDED: RIO 2016



Nathan Maguire fell in love with sport as a child having been encouraged by his dad to be active, and being diagnosed with transverse myelitis at the age of eight didn't change that. Swimming, water skiing, Rowing and basketball were among the sports he played as a child, and he in particular enjoyed Wheelchair Basketball.

However his dad suggested he should try Athletics after noticing how quick his son was around court, and that decision well and truly paid off. He has gone on to compete at major multiple championships, including a spot at the Rio 2016 Paralympics, and has won multiple

medals at European Championships. And if he needed any further inspiration to perform well in Tokyo he'll get that from his partner Hannah Cockcroft, one of Britain's most famous and successful Paralympians. Maguire has been a vocal advocate for Paralympic representation in recent years and will be hoping to shine on the track this summer.

## SAMMI KINGHORN

EVENT: T64 100M, 4X100M UNIVERSAL RELAY | HOMETOWN: MELROSE, SCOTLAND | D.O.B: 06/01/1996 | TWITTER: @SAM\_KINGHORN | INSTAGRAM: @SAMMIKINGHORN | GAMES ATTENDED: RIO 2016



Having spent five months in hospital after breaking her back after being crushed by snow and ice in 2010, Samantha Kinghorn has emerged as one of ParalympicsGB's most highly-rated stars on the Athletics track. Kinghorn is Britain's fastest ever female wheelchair racer regardless of classification over 100m, 200m, 400m and 800m.

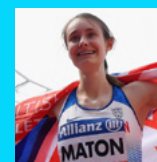
She competed for ParalympicsGB at the 2016 Games in Rio where she finished fifth and sixth in the 100m and 400m T53. A year later Kinghorn was back on the podium as she claimed 100m and 200m gold at the World

Championships in London and bronze in the 400m. After her success on the track in 2017, Kinghorn turned her attention to the longer distances with the aim of competing for Scotland at the 2018 Commonwealth Games.

Kinghorn achieved two impressive fourth-place finishes on the Gold Coast in the 1500m and the marathon before returning to the sprints ahead of the 2019 World Championships. Despite taking time out over the summer for surgery, Kinghorn claimed a bronze medal in Dubai.

## POLLY MATON

EVENT: T47 LONG JUMP | HOMETOWN: LONDON | D.O.B: 23/10/1999 | TWITTER: @POLLY\_MATON | INSTAGRAM: @POLLY\_MATON | GAMES ATTENDED: RIO 2016



Polly Maton is one of ParalympicsGB's brightest young stars. Not only is she intelligent enough to study at the University of Oxford, where she currently reads History and Politics, but she's proven she's determined enough to perform at the highest level of Athletics.

She competed at the 2016 Paralympic Games in Rio where she gave a fantastic account of herself despite being just 16 years old, finishing fifth in the T46 100m and seventh in the T46 long jump. The now 21-year-old from London then shocked many when she won silver in the T47 long jump at the 2017 World Championships

in London. She first got into Athletics completely by chance when she was eight years old. Every year, the Lions Club gave out free trial sessions of different sports to primary school children in her local area, and Maton was convinced by her friends to put down Athletics as a back-up. That twist of fate was the moment that started her journey to Tokyo, where she'll be looking to take advantage of the experience she gained in Brazil five years ago.

## MARIA LYLE 1 2

EVENT: T35 100M, T35 200M | HOMETOWN: DUNBAR, SCOTLAND | D.O.B: 14/02/2000 | TWITTER: @LYLE\_MARIA | INSTAGRAM: @MARIA\_LYLE | GAMES ATTENDED: RIO 2016



Maria Lyle's love for Athletics first bloomed after she surprised herself during a simple "bleep test" in primary school PE – led by her mum Susan. She started competing in Para Athletics competitions aged ten, going on to set a world record on her international debut at the IPC Athletics Grand Prix event in Dubai, four years later. Later in 2014, Lyle won double gold at the European Championships, while she made her mark on the global stage a year later by winning two silver medals and relay gold at the 2015 World Championships. More success followed in 2016 when Lyle claimed a trio of European golds, before making her Paralympic Games debut in

Rio where she won 4x100m silver and bronze in the T35 100m and 200m. In 2017, she won a pair of bronzes at the World Championships in London and went on to win 100m silver at the Commonwealth Games in 2018 for Scotland.

At the European Championships that year Lyle topped the podium in the 100m, and she continued that winning form in 2019, adding two more gold medals at the World Championships. Lyle heads to Tokyo in blistering form, having claimed first-place finishes in both the 100m and 200m at the European Championships this year.

## OWEN MILLER

EVENT: T20 1500M | HOMETOWN: DUNFERMLINE, SCOTLAND | D.O.B: 01/11/1991



Like most people, Owen Miller's first exposure to Athletics was competing at a school sports day. However his potential was recognised by one of his PE teachers, who suggested that he join an Athletics club to see how good he could be. Miller immediately fell in love with the sport, and has shown great potential ever since.

He competed at several INAS events, for those with intellectual impairments across the last decade, and made his senior Great Britain at the 2019 World Para Athletics Championships.

Nine years ago Miller was one of the lucky few who carried the Torch ahead of the London 2012 Games.

## ANNA NICHOLSON

EVENT: F35 SHOT PUT | HOMETOWN: HOUGHTON-LE-SPRING, TYNE & WEAR | D.O.B: 13/04/1995 | TWITTER: @ANNA\_NICHOLSON | INSTAGRAM: @ANNA\_NICHOLSON



Athletics is all about precision and that's something Anna Nicholson knows all about. The F35 shot putter is also a production engineer in the car industry having graduated with a Master's degree in Chemical Engineering. The Carlisle native got her start in Athletics aged 15 thanks to a multi-sports day event that was held for people with disabilities.

She showed natural talent for the throwing disciplines that day by launching a sponge discus from one end of the sports hall to the other. In 2014 and 2015, the Sunderland-based athlete won three silver medals at the

World Junior Games before getting her big breakthrough in 2019. At the national championships in Manchester, she threw a personal best, a feat she would achieve on three further occasions. And she ended 2019 with a breakthrough performance, finishing fourth at the World Para Athletics Championships in Dubai and extending her PB to 8.47 metres.

## LUKE NUTTALL

EVENT: T46 1500M | HOMETOWN: PRESTON | D.O.B: 17/09/2001 | INSTAGRAM: @LUKENUTTALL\_



The son of former Commonwealth medalists and Olympians John Nuttall and Alison Wyeth, running was always likely to be a sport that Luke Nuttall would be introduced to. With his sister Hannah also a runner, as well as step-mum Liz McColgan being a silver medalist and step-sister Eilish McColgan an Olympian, Nuttall has plenty of people around him to back him as he makes his Paralympic debut.

Coached by his mum, the 19-year-old made his international debut at the age of 16 when he was balancing training with his GCSE exams.

Nuttall won a silver then and a bronze three years later, and a seven-second personal best in that final race helped secure a spot in Tokyo. With so much pedigree within his family and recent good form, he'll be hoping for a successful debut.

## JONNIE PEACOCK <sup>2</sup>

EVENT: T64 100M, 4X100M UNIVERSAL RELAY | HOMETOWN: CAMBRIDGE | D.O.B: 28/05/1993 | TWITTER: @JONNIEPEACOCK | INSTAGRAM: @04JONPEA | GAMES ATTENDED: RIO 2016, LONDON 2012



One of the most recognisable faces in the squad, trailblazer Jonnie Peacock will be looking for a third gold at a third successive Games when he lines up in Tokyo this summer.

The Cambridge native was inspired to attend a British Paralympic Association talent identification programme shortly after the Beijing Games, going on to quickly make his mark on the international scene. After finishing fifth over 100m T44 at the 2011 World Championships, Peacock became one of the stars of the London Paralympics, the then 19-year-old making history to

win gold.

Peacock has won every major medal available with gold at London followed by a repeat four years later at Rio 2016, while he won World Championship gold in 2013 in Lyon. Peacock reclaimed the world title at London 2017 and competed on BBC show Strictly Come Dancing that year, also finishing third in the BBC Sports Personality of the Year award.

## DAN PEMBROKE

EVENT: F13 JAVELIN | HOMETOWN: HEREFORD | D.O.B: 16/07/1991



If his performances of late are anything to go by, then 30-year-old Dan Pembroke could be on track for Tokyo 2020 glory this summer. In June 2021, he broke the European record for F13 Javelin with a monstrous throw of 66.75m in Poland. The Herefordshire-born thrower was diagnosed with retinitis pigmentosa at a young age, but was told it would not affect his sight until he late teens and early 20s.

Previously, Pembroke was a non-disabled thrower and missed out on qualification for London 2012 due to an elbow injury. So impressed was he by his own performance in Poland, he called it the greatest feeling of his career.

## GEMMA PRESCOTT <sup>2</sup>

EVENT: F32 CLUB THROW | HOMETOWN: WARRINGTON | D.O.B: 25/09/1983 | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



A Paralympic veteran, Gemma Prescott often saves her best for the big stage. The women's club thrower has twice improved her PB to claim a medal, first achieving the feat at the 2011 World Championships to earn bronze. She repeated the achievement again at the London 2012 Paralympics, again to earn bronze, a medal she retained at the Rio Paralympics in 2016.

Prescott took up Athletics aged 14 while at high school, having been encouraged to give it a try at an Athletics day. Her best major finish came at the 2016 European Championships, where the 37-year-old claimed a silver in the F31, F32 & F51 club throw.

## DEREK RAE

EVENT: T46 MARATHON | HOMETOWN: KIRKCALDY, SCOTLAND | D.O.B: 23/10/1985 | TWITTER: @DEREKRAE\_85 | INSTAGRAM: @DELL\_2310 | GAMES ATTENDED: RIO 2016



Derek Rae's journey to Tokyo 2020 all began when his motorbike collided with a refrigerator truck. The freak accident left him without the use of his right arm and ended his job as a joiner. But Kirkcaldy native Rae's determination to make the best possible recovery has seen him transform from an average club runner into a renowned marathon runner.

He initially took up running to get fit for football before catching the bug, going on to claim silver in his class at the 2019 Marathon World Championships with a new sub-2:30 personal best.

And having knocked six minutes off his personal best, Rae will be looking to add a Paralympic title to his collection in Tokyo five years after making his Games bow at Rio 2016.

## STEF REID 2 1

EVENT: T64 LONG JUMP | HOMETOWN: LOUGHBOROUGH | D.O.B: 26/10/1984 | TWITTER: @RUNJUMPSTEFREID | INSTAGRAM: @RUNJUMPSTEFREID | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



Stef Reid is hard to define, but one word you can use is successful. The 36-year-old was born in New Zealand to an English mother and Scottish father, before moving to Canada aged four. She represented Canada in Athletics while living in Austin, Texas before making the switch to representing Great Britain in 2010 and settling in Loughborough. Alongside an Athletics career that includes a haul of medals, she is a model and actress and has a degree in Biochemistry.

Reid's first success in a GB vest came in 2011 when she finished third in both the long jump and women's 200m at the World Championships. Since then Reid has claimed two Paralympic silver medals in long jump at London and Rio, respectively, before securing World gold in 2017 in London.

## BEN ROWLINGS

EVENT: T34 100M, T34 800M | HOMETOWN: NEWPORT, SHROPSHIRE | D.O.B: 02/05/1996 | TWITTER: @BENROWLINGS | INSTAGRAM: @BENROWLINGS | GAMES ATTENDED: RIO 2016



A competitive swimmer as a teenager, Ben Rowings switched to wheelchair racing at the age of 15 after taking part in a British Athletics talent identification day. He went on to make his Paralympic debut at Rio 2016, having represented Great Britain at his first major international event - the 2014 IPC Athletics European Championships.

The Shrewsbury-born racer was also selected to represent GB at the 2015 World Championships in Doha, finishing fourth in both the 400m and 800m races. 2015 also saw Rowings set four British records in the same meet, breaking the 100m, 200m, 400m and 800m records at the IPC Grand Prix in Switzerland. He improved on his times in the T34 100m, 400m and 800m events at the 2016 European Championships, earning three bronze medals in the process before the Rio Games.

## DANIEL SIDBURY

EVENT: T54 400M, T54 800M, T54 1500M, T54 5000M | HOMETOWN: LONDON | D.O.B: 03/04/1994 | INSTAGRAM: @DANNYSIDBURY



Danny Sidbury first tried wheelchair racing aged eight but it was only while working through the bucket list compiled on his 20th birthday that he got back into the sport in which he will make his Paralympic debut. Sidbury, who lived in Spain for an 11-year spell which included the bulk of his teenage years, included completing the London Marathon among his aspirations and soon he had the racing bug.

Since then, he has completed two more marathons in the city he calls home and excels across a variety of distances, with the 26-year-old set to take part in

four events in the Japanese capital. He warmed up for Tokyo by claiming 1500m silver at June's European Championships in Bydgoszcz and came close to a podium finish in the 5000m, coming home 0.14 seconds behind the bronze medallist.

Sidbury has also enjoyed showcasing his 5000m talents at parkrun and currently holds the world record in the men's wheelchair category having blitzed the Dulwich course in 11:16 in December 2018.

## ZAK SKINNER

EVENT: T13 100M, T13 LONG JUMP | HOMETOWN: SIDCUP, KENT | D.O.B: 16/10/1998 | TWITTER: @ZAK\_SKINNER | INSTAGRAM: @ZAKSKINNER1



If there's one thing you need to know about Zak Skinner, it's that he's a man of many talents. The 22-year-old is making his Paralympic debut at Tokyo 2020, and will be competing in both T13 long jump and the 100m. Just months before his debut Games, the dual athlete, who trains at Loughborough, achieved double European success, winning two gold medals in both disciplines.

Alongside his athletic exploits, Skinner also loves to DJ, with his specialities being house and '80s disco music. And he also comes from good sporting stock with dad Michael 'The Munch' Skinner having previously played international rugby for England.

## ANDREW SMALL 1

EVENT: T33 100M | HOMETOWN: NANTWICH, CHESHIRE | D.O.B: 06/01/1993 | TWITTER: @ANDREWSMALLT33 | GAMES ATTENDED: RIO 2016



Andrew Small's Athletics journey began at the London 2012 Paralympics, when last-minute tickets to a Thursday night session inspired him to follow in the journeys of David Weir and Hannah Cockcroft. Having entered the Athletics scene in 2013 - competing at national meets - the following year he took part in his first overseas IPC Grand Prix, in Nottwil in Switzerland.

In 2016, he finished third in the T33 100m behind Great Britain team-mates Toby Gold and Dan Bramall at the European Championships in Grosseto, yet wasn't awarded a bronze due to the number of entries in the

race. However, at Rio 2016, Small competed in the 100m and achieved a bronze medal with a personal best time of 17.96 seconds. Small matched that achievement at the 2017 World Championships in London before going one better in Dubai two years later, notching silver.

## JOHNBOY SMITH

EVENT: T54 MARATHON | HOMETOWN: GRAVESEND, KENT | D.O.B: 27/11/1989 | TWITTER: @JOHNBOYWCR | INSTAGRAM: @JOHNBOYWCR



Johnboy Smith was just 16 years old when he had his life changed forever. Stumbling on to a farm with some friends, he was shot by a farmer who wrongly thought the teenagers were poachers trespassing on his land - leaving Smith paralysed.

His sporting career began with wheelchair body building and powerlifting but after watching the London 2012 Paralympics, Smith craved the biggest stage. After pursuing Athletics and the seated throw events, he made the transition to wheelchair racing after witnessing

the sport up close during an event in Berlin in 2014. And it did not take him long to make an impression, winning silver on his international debut while representing England in the T54 marathon at the 2018 Commonwealth Games. Smith also came second in the 2017 New York Marathon and 11th in the 2019 London Marathon.

## ALI SMITH

EVENT: T38 100M, T38 400M, 4X100M UNIVERSAL RELAY | HOMETOWN: LOUGHBOROUGH | D.O.B: 13/12/1988 | TWITTER: @ALISMITH\_T38 | INSTAGRAM: @ALI\_SMITHT38



Ali Smith swapped show jumping for long jump before finally settling on sprinting and it paid off. The Chester-born athlete races across the 100m and 400m and in 2018 she achieved her first major result with silver in the 400m at the Para Athletics European Championships.

The accountant also finished fourth in both the 200m and the long jump, as well as crossing the line in fifth in the 100m. Smith experienced another near miss at the 2019 World Para Athletics Championships, coming home in

fourth place in the 400m. Despite 2020 offering limited competitive opportunities, the 32-year-old still came away with a third-place finish in the 100m at the British Championships. And she went one better at the beginning of 2021, finishing second behind Paralympic champion Sophie Hahn after breaking her 400m PB on the way to third at the European Championships.



## HANNAH TAUNTON

EVENT: T20 1500M | HOMETOWN: TAUNTON | D.O.B: 31/05/1991



Hannah Taunton is Taunton by name, Taunton by nature. The middle-distance runner was born and bred in the Somerset town, where she lives, works and trains.

Taunton took up Athletics after her physical education teacher spotted her talent and pointed her in the direction of Taunton Athletics Club.

The 30-year-old's most notable result came at the World Para Athletics Championships in 2019, where she finished fifth in the 1500m. She also broke her PB that year before

racing in her first 5000m track event at the 2020 British Athletics Championships after receiving an invitation to take part.

Taunton grasped that opportunity by the scruff of the neck, coming away with a women's T20 world record over the distance at the Manchester Regional Arena.

## ISAAC TOWERS

EVENT: T34 800M | HOMETOWN: CATTERALL, LANCASHIRE | D.O.B: 01/10/1998 | TWITTER: @CATTERALLHALL | GAMES ATTENDED: RIO 2016



Isaac Towers tried Wheelchair Tennis and basketball before settling on Athletics – and he has not looked back since. A middle-distance specialist, the Lancastrian is returning for his second Paralympics having beaten his personal best on his way to fifth in the 800m in Rio at the age of 17.

He promptly knocked a further four seconds off his PB in 2017, a year which saw Towers add World Championship bronze to the European gold already on his mantelpiece. Prior to his exploits at senior level, Towers' exploits as

a junior earmarked him as one to watch. He won the London mini-marathon for his age group in April 2013 as well as picking up national titles in 400m and 800m, achievements which saw him nominated for the BBC's Young Sports Personality of the Year award. He joined Dina Asher-Smith and eventual winner Amber Hill among a glittering list of nominees and, still only 22, Towers' best years remain ahead of him.

## VANESSA WALLACE

EVENT: F34 SHOT PUT | HOMETOWN: TOTTENHAM, LONDON | D.O.B: 20/06/1977 | TWITTER: @FRESHNESSUK | INSTAGRAM: @FRESHNESSUK | GAMES ATTENDED: RIO 2016



Some red lipstick, a tweet and a year of saying yes - it could be the synopsis of the film, but that is how Vanessa Wallace got her start in Athletics. Having been persuaded to try on red lipstick, Wallace started saying yes to more and more things, and finally said yes to trying out Athletics when now coach Alison O'Riordan sent her a tweet encouraging her to give it a go.

The 44-year-old will head to her second Paralympics in Tokyo having recently taken silver at the European Para Athletics Championships with a huge PB in the shot put.

London-born Wallace previously achieved gold in the event at the 2018 European Championships before going on to claim gold on the world stage in 2019. Alongside her Athletics, Wallace is studying for a degree and hoping to become a performance lifestyle practitioner, and she does all of this while wearing her trademark red lipstick.

## HARRISON WALSH

EVENT: F64 DISCUS | HOMETOWN: MUMBLES, WALES | D.O.B: 04/03/1996 | TWITTER: @HARRISONWALSH1 | INSTAGRAM: @HARRISONWALSH1



Like countless other Welsh youngsters, Harrison Walsh grew up dreaming of representing his country on the rugby field. He wore the famous red jersey at U16 and U18 level and was on the verge of training with the Ospreys first-team squad in 2015.

What followed saw his oval-ball ambitions ended in cruel fashion as a freak injury saw him tear his anterior cruciate ligament (ACL), posterior cruciate ligament (PCL) and lateral collateral ligament (LCL), as well as the common peroneal nerve, which left him with no movement in his right foot.

The resilient Walsh was initially a shot put star – he remains the F44 world record holder – but he took up discus to give himself a chance of making the plane to Tokyo, with F44 shot put not part of the Paralympic programme. He celebrated his maiden senior Great Britain call-up by smashing his own personal best at June's European Championships and winning bronze.

## DAVID WEIR

EVENT: T54 1500M, T54 5000M, T54 MARATHON | HOMETOWN: LONDON | D.O.B: 05/06/1979 | TWITTER: @DAVIDWEIR2012 | INSTAGRAM: @DAVIDWEIR2012 | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008, ATHENS 2004, SYDNEY 2000



25 years after his Paralympic debut as a 17-year-old, the irrepressible David Weir is back for his sixth Games. The Weirwolf was anticipated to be kept to a marathon brief after retiring from track events after Rio 2016 – the first Games since his bow in Atlanta which saw him return without a medal. But impressive performances in Switzerland in May saw him announce his intention to take part on the track and he will now compete in the 1500m and 5000m in addition to the marathon.

He won golds in all three, as well as the 800m, during an incredible stretch of seven races in 10 days at London 2012 – the Games where the Sutton star became a household name. Weir is determined to add to his ten Paralympic medals this summer – and if he does so, it would surely rank among any of his achievements to date.

Away from the track, Weir continues to provide opportunities for the next generation to follow in his footsteps through the Weir Archer Academy, which he co-founded alongside Jenny Archer.

## RICHARD WHITEHEAD

EVENT: T61 200M | HOMETOWN: NOTTINGHAM | D.O.B: 19/07/1976 | TWITTER: @MARATHONCHAMP | INSTAGRAM: @RICHARD\_WHITEHEAD\_MBE | GAMES ATTENDED: RIO 2016, LONDON 2012, TURIN 2006



While something of a latecomer to sprinting, Richard Whitehead's lifelong passion for sport was behind his decision to sign up for the New York Marathon back in 2004. After completing that feat, the Nottingham-born star went on to be selected for the ParalympicsGB team as a sledge hockey player at the 2006 Winter Paralympic Games.

Whitehead quickly turned his attention to the London 2012 Summer Games, claiming his first T42 200m world title a year earlier in Christchurch before clinching Paralympic glory on home soil. Whitehead went on to retain his T42 200m world title in 2013 before embarking on a charity expedition, which saw him run 40 marathons in 40 days.

In doing so, Whitehead became the first double leg amputee to run the length of the country. He broke the world record on his way to another world title at Doha 2015. In 2016 he claimed double sprint gold at the European Championships before heading to the Rio 2016 Paralympic Games where he defended his 200m title and tied for 100m silver.

At the 2017 World Championships in London, Whitehead won 200m gold and 100m bronze. Further success came his way in 2018 with T61 200m gold at the European Championships in Berlin, followed by silver at the 2019 World Championships.

## MELANIE WOODS

EVENT: T54 400M, T54 800M | HOMETOWN: GLASGOW | D.O.B: 12/08/1992 | TWITTER: @MELANIEWOODS | INSTAGRAM: @MELANIEWOODS87



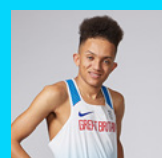
Melanie Woods has earned a call up for both the 400m and 800m in the T54 classification for ParalympicsGB in Tokyo. Prior to a road accident while Cycling, Woods was a PE teacher, with sport consistently a major part of her life. Within days of leaving hospital Woods was playing tennis and also learning how to sit ski.

She eventually turned to wheelchair racing and finished near the top of the national rankings in her classification. The Scottish athlete improved her best 400m and 800m times to 56.16 and 1:52.40 respectively during the

2021 season, and also competed at the European Para Athletics Championships earlier this year.

## THOMAS YOUNG

EVENT: T38 100M | HOMETOWN: LOUGHBOROUGH | D.O.B: 27/07/2000 | TWITTER: @THOMASYOUNGT38 | INSTAGRAM: @THOMASYOUNGT38



Thomas Young will be hoping to continue his rapid rise in the Athletics world by soaring to Paralympic glory on his Games debut in Japan. The 21-year-old burst onto the international scene with double gold in the T38 100m and 200m at the 2018 European Championships in Berlin.

A year later, Young followed that performance up on the global stage, claiming 100m silver after finishing just 0.01s off top spot. The Londoner boosted his Tokyo hopes with a stellar start to 2021, winning in Jesolo, Italy, Coventry and Nuneaton before sealing European 100m

gold in Bydgoszcz, Poland. Away from the track Young is an avid gamer, while he supports Championship football outfit Fulham.

# BADMINTON |



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## BADMINTON SPORTS SECTION

Badminton will be part of the Paralympic Games for the first time at Tokyo 2020.

In September 2017, the International Paralympic Committee announced a programme of 14 Badminton events — seven men's, six women's and one mixed — for the 2020 Games.

A total of 90 players (46 men and 44 women) will compete across the singles, doubles and mixed doubles events in Tokyo.

The sport's inclusion in the Games is a recognition of its global growth. More than 300 athletes from 21 nations competed at the 11th World Championships in 2019, while the game is now played in more than 60 countries across the world. Jack Shephard, Dan Bethell, Krysten Coombs and Martin Rooke will make history when they become the first players to represent ParalympicsGB in Badminton's inaugural Games.

The world's fastest racket sport is one of two new events added to the Tokyo 2020 Paralympic Games programme

and the four-strong team will fancy their chances in Japan's capital.

No.1 in the SH6 world rankings, Shephard has won back-to-back World Championship Singles titles in 2017 and 2019 after making an incredible comeback from major surgery. Bethell competes in SL3 Men's Singles and the three-time European champion is ranked second in the world, having won the 2021 Spain International before the Games. Ranked third in the world, Rooke has claimed numerous international titles over the last decade while Coombs' most significant achievement was winning European gold in 2016.



# SCHEDULE

## 01 SEP

WED 1 SEP. 18:00 - 22:00

VENUES: YOYOGI NATIONAL STADIUM

- MIXED DOUBLES SL3-SU5 GROUP PLAY
- WOMEN'S SINGLES WH1 GROUP PLAY
- WOMEN'S SINGLES SU5 GROUP PLAY
- MEN'S SINGLES SL3 GROUP PLAY
- WOMEN'S SINGLES WH2 GROUP PLAY
- MEN'S SINGLES SU5 GROUP PLAY
- MEN'S SINGLES WH1 GROUP PLAY

## 02 SEP

THU 2 SEP. 9:00 - 21:00

VENUES: YOYOGI NATIONAL STADIUM

- WOMEN'S DOUBLES SL3-SU5 GROUP PLAY
- WOMEN'S DOUBLES WH1-WH2 GROUP PLAY
- MEN'S SINGLES SL4 GROUP PLAY
- MEN'S SINGLES WH2 GROUP PLAY
- WOMEN'S SINGLES WH1 GROUP PLAY
- WOMEN'S SINGLES SL4 GROUP PLAY
- MEN'S DOUBLES WH1-WH2 GROUP PLAY
- MEN'S SINGLES SH6 GROUP PLAY
- WOMEN'S SINGLES WH2 GROUP PLAY
- WOMEN'S SINGLES SU5 GROUP PLAY
- MEN'S SINGLES WH1 GROUP PLAY
- MEN'S SINGLES SU5 GROUP PLAY
- MEN'S SINGLES SL3 GROUP PLAY
- MIXED DOUBLES SL3-SU5 GROUP PLAY

## 03 SEP

FRI 3 SEP. 9:00 - 21:00

VENUES: YOYOGI NATIONAL STADIUM

- WOMEN'S DOUBLES SL3-SU5 GROUP PLAY
- MEN'S DOUBLES WH1-WH2 GROUP PLAY
- MEN'S SINGLES SL4 GROUP PLAY
- WOMEN'S SINGLES WH2 GROUP PLAY
- MEN'S SINGLES SL3 GROUP PLAY
- MIXED DOUBLES SL3-SU5 GROUP PLAY
- MEN'S SINGLES WH1 GROUP PLAY
- MEN'S SINGLES SU5 GROUP PLAY
- MEN'S SINGLES WH2 GROUP PLAY
- WOMEN'S SINGLES SU5 GROUP PLAY
- WOMEN'S DOUBLES WH1-WH2 GROUP PLAY
- MEN'S SINGLES SH6 GROUP PLAY
- WOMEN'S SINGLES WH1 QUARTERFINALS
- WOMEN'S SINGLES SL4 GROUP PLAY
- MEN'S SINGLES WH1 QUARTERFINALS
- WOMEN'S SINGLES SU5 QUARTERFINALS

## 04 SEP

SAT 4 SEP. 9:00 - 21:00

VENUES: YOYOGI NATIONAL STADIUM

- WOMEN'S DOUBLES SL3-SU5 SEMI-FINALS
- MEN'S SINGLES WH1 SEMI-FINALS
- MEN'S SINGLES SL3 SEMI-FINALS
- WOMEN'S SINGLES WH1 SEMI-FINALS
- MEN'S SINGLES SU5 SEMI-FINALS
- WOMEN'S SINGLES WH2 SEMI-FINALS
- WOMEN'S SINGLES SU5 SEMI-FINALS
- MEN'S SINGLES WH2 SEMI-FINALS
- MEN'S SINGLES SL4 SEMI-FINALS
- WOMEN'S SINGLES SL4 SEMI-FINALS
- WOMEN'S DOUBLES WH1-WH2 SEMI-FINALS
- MEN'S SINGLES SH6 SEMI-FINALS
- MEN'S DOUBLES WH1-WH2 SEMI-FINALS
- MIXED DOUBLES SL3-SU5 SEMI-FINALS

- MEN'S SINGLES SU5 BRONZE MEDAL AND GOLD MEDAL MATCHES
- MEN'S SINGLES WH1 BRONZE MEDAL AND GOLD MEDAL MATCHES
- WOMEN'S SINGLES SU5 BRONZE MEDAL AND GOLD MEDAL MATCHES
- WOMEN'S SINGLES WH1 BRONZE MEDAL AND GOLD MEDAL MATCHES
- MEN'S SINGLES SU5 VICTORY CEREMONY
- MEN'S SINGLES WH1 VICTORY CEREMONY
- WOMEN'S SINGLES SU5 VICTORY CEREMONY
- WOMEN'S SINGLES WH1 VICTORY CEREMONY
- MEN'S SINGLES SL3 BRONZE MEDAL AND GOLD MEDAL MATCHES
- WOMEN'S SINGLES WH2 BRONZE MEDAL AND GOLD MEDAL MATCHES
- WOMEN'S DOUBLES SL3-SU5 BRONZE MEDAL AND GOLD MEDAL MATCHES
- MEN'S SINGLES SL3 VICTORY CEREMONY
- WOMEN'S SINGLES WH2 VICTORY CEREMONY
- WOMEN'S DOUBLES SL3-SU5 VICTORY CEREMONY

## 05 SEP

SUN 5 SEP. 9:00 - 14:00

VENUES: YOYOGI NATIONAL STADIUM

- WOMEN'S SINGLES SL4 BRONZE MEDAL AND GOLD MEDAL MATCHES
- MEN'S SINGLES WH2 BRONZE MEDAL AND GOLD MEDAL MATCHES
- MEN'S SINGLES SL4 BRONZE MEDAL AND GOLD MEDAL MATCHES
- WOMEN'S DOUBLES WH1-WH2 BRONZE MEDAL AND GOLD MEDAL MATCHES
- WOMEN'S SINGLES SL4 VICTORY CEREMONY

- CEREMONY
- MEN'S SINGLES WH2 VICTORY CEREMONY
- MEN'S SINGLES SL4 VICTORY CEREMONY
- WOMEN'S DOUBLES WH1-WH2 VICTORY CEREMONY
- MEN'S SINGLES SH6 BRONZE MEDAL AND GOLD MEDAL MATCHES
- MEN'S DOUBLES WH1-WH2 BRONZE MEDAL AND GOLD MEDAL MATCHES
- MIXED DOUBLES SL3-SU5 BRONZE MEDAL AND GOLD MEDAL MATCHES
- MEN'S SINGLES SH6 VICTORY CEREMONY
- MEN'S DOUBLES WH1-WH2 VICTORY CEREMONY
- MIXED DOUBLES SL3-SU5 VICTORY CEREMONY

## DAN BETHELL

EVENT: SL3 | HOMETOWN: BATH | D.O.B: 28/01/1996 | TWITTER: @DANNYB\_1996 | INSTAGRAM: @DANNYBB1996



Dan Bethell's first appearance at the Paralympics is the culmination of a 13-year journey which began with him watching the 2008 Beijing Games and being exposed to para-sport for the first time. Already a talented tennis player competing alongside non-disabled people, the 25-year-old took up Badminton in 2009 and has enjoyed huge success on the international circuit.

The current world number two believes his greatest achievement is his silver at the 2019 World Championships in Basel but is going for gold in Tokyo.

He arrives in great form having made a winning return to action earlier this year, taking the title at the Spain International, the final tournament before the Games. Bethell has already tasted success in Europe, winning at the European Championships three times competing in the SL3 category.

Away from the Badminton court, Bethell is a keen golfer and earned a master's degree from the University of Bristol in International and Commercial Law before focusing on Badminton full-time.

## KRYSTEN COOMBS

EVENT: SH6 | HOMETOWN: BRIGHTON | D.O.B: 15/11/1990 | TWITTER: @KRYSTEN\_COOMBS | INSTAGRAM: @KRYSTEN\_COOMBS



Krysten Coombs has already made history having been added to ParalympicsGB's first-ever Badminton squad for the Tokyo Games.

Coombs may become a mainstay on television during the Games, but some viewers may recognise him from the small screen outside of sport. That's because he has also acted, appearing in Game of Thrones, in the episode 'The Purple Wedding'.

On the court, European gold in 2016 and world silver a year later count among Coombs' biggest achievements in a so-far glittering career, and the world number five will now showcase his credentials on the Paralympic stage in the men's SH6 category.

## MARTIN ROOKE

EVENT: WH2 | HOMETOWN: BERKHAMSTED | D.O.B: 21/11/1972 | TWITTER: @MARTIN\_ROOKE | INSTAGRAM: @ROOKIE1705



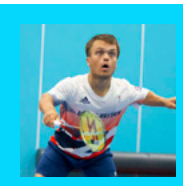
Martin Rooke was added to ParalympicsGB's first-ever Badminton squad for the Tokyo Games this summer after he earned his place through a successful bipartite application.

Such slots are awarded to ensure representation of athletes with high support needs, enable greater representation by gender, and ensure participation of top athletes who haven't had the opportunity to formally qualify through other methods.

Rooke is ranked third in the world and has claimed a multitude of international titles over the last decade. He's won four European gold medals in each of the men's singles and doubles events, and he will take his place in the men's WH2 class. Badminton makes its debut at Tokyo 2020, and Rooke will be eyeing a spot on the podium considering he's proven his class so many times before.

## JACK SHEPHARD

EVENT: SH6 | HOMETOWN: DRONFIELD, DERBYSHIRE | D.O.B: 25/07/1997 | TWITTER: @JACKSHEPHARD25 | INSTAGRAM: @JACKO\_SHEP



As a kid, Jack Shephard played any sport going, taking part in football, Table Tennis, basketball, swimming. But it was Badminton that Shephard set his heart on representing Great Britain in at the Paralympics and this summer that dream will come true.

The 24-year-old will make history as para-badminton makes its debut in Tokyo and goes in as a two-time world champion. The Derbyshire-born athlete won his first world title in 2017 before defending his crown in 2019, while sandwiched in between those achievements

were European golds in singles and doubles in 2018 – a double success which saw him named BWF Male Para Badminton Player of the Year. The world number one in the SH6 rankings has enjoyed an incredible rise in the five years since having both of his legs broken in two places to allow them to be straightened.

# | BOCCIA



# BOCCIA SPORTS SECTION

Boccia has been a competitive sport in the Paralympic Games since 1984 when 19 athletes represented five different countries but now the sport is practised in more than 75 countries worldwide.

A Paralympic-specific sport, Boccia is a sport similar to boules, where players use the tactical awareness of a game such as chess to throw the ball closer to the target, the 'jack', than their opponents.

Boccia has provided plenty of medal memories for Great Britain in recent years, the most recent highlight being David Smith's gold medal in the individual BC1 event at the Rio 2016 Games, the Brit beating world number one Daniel Perez to claim his first Paralympic title.

The team won gold in the BC1/BC2 team event at the 2008 Games in Beijing and bronze four years later at London 2012, where Smith also won individual silver before securing golden glory in Rio.



Reigning Paralympic and world champion David Smith headlines a nine-strong ParalympicsGB Boccia squad as he looks to add to his haul of four medals from across three Games. Smith is Britain's joint-most decorated Boccia player alongside the now retired Nigel Murray and is joined by a further five returning Paralympians in the team for Tokyo 2020.

Claire Taggart, a European Championship silver medallist, made history in Rio by becoming the first person from Northern Ireland to compete at the Paralympics in the sport of Boccia.

Meanwhile, brothers Jamie McCowan and Scott McCowan also make their Paralympic returns along with former competitive swimmer Evie Edwards and Stephen McGuire.

Beth Moulam, Will Hipwell and Louis Saunders will make their Paralympic debuts in Tokyo, with Saunders the youngest member of an otherwise experienced squad at 19 years old.

# SCHEDULE

## 28 AUG

SAT 28 AUG. 9:30 - 14:20

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED INDIVIDUAL - BC4 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC1 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC3 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC2 PRELIMINARIES (6 MATCHES)

SAT 28 AUG. 16:00 - 20:50

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED INDIVIDUAL - BC4 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC1 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC3 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC2 PRELIMINARIES (6 MATCHES)

## 29 AUG

SUN 29 AUG. 9:30 - 14:20

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED INDIVIDUAL - BC4 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC1 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC3 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC2 PRELIMINARIES (6 MATCHES)

SUN 29 AUG. 16:00 - 20:50

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED INDIVIDUAL - BC4 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC1 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC3 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC2 PRELIMINARIES (6 MATCHES)

## 30 AUG

MON 30 AUG. 9:30 - 14:20

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED INDIVIDUAL - BC4 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC1 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC3 PRELIMINARIES (6 MATCHES)
- MIXED INDIVIDUAL - BC2 PRELIMINARIES (6 MATCHES)

MON 30 AUG. 16:00 - 20:50

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED INDIVIDUAL - BC4 PRELIMINARIES (6 MATCHES)
  - MIXED INDIVIDUAL - BC1 PRELIMINARIES (6 MATCHES)
  - MIXED INDIVIDUAL - BC3 PRELIMINARIES (6 MATCHES)
  - MIXED INDIVIDUAL - BC2 PRELIMINARIES (6 MATCHES)
- TUE 31 AUG. 9:30 - 14:20
- VENUES: ARIAKE GYMNASSTICS CENTRE
- MIXED INDIVIDUAL - BC1 PRELIMINARIES (4 MATCHES)
  - MIXED INDIVIDUAL - BC2 QUARTERFINALS (4 MATCHES)
  - MIXED INDIVIDUAL - BC3 QUARTERFINALS

(4 MATCHES)

- MIXED INDIVIDUAL - BC4 QUARTERFINALS

(4 MATCHES)

TUE 31 AUG. 16:00 - 19:45

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED INDIVIDUAL - BC1 QUARTERFINALS (4 MATCHES)
- MIXED INDIVIDUAL - BC2 SEMIFINALS (2 MATCHES)
- MIXED INDIVIDUAL - BC3 SEMIFINALS (2 MATCHES)
- MIXED INDIVIDUAL - BC1 SEMIFINALS (2 MATCHES)
- MIXED INDIVIDUAL - BC4 SEMIFINALS (2 MATCHES)

## 01 SEP

WED 1 SEP. 9:30 - 13:25

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED INDIVIDUAL - BC2 BRONZE MEDAL MATCH
- MIXED INDIVIDUAL - BC4 BRONZE MEDAL MATCH
- MIXED INDIVIDUAL - BC1 BRONZE MEDAL MATCH
- MIXED INDIVIDUAL - BC3 BRONZE MEDAL MATCH
- MIXED INDIVIDUAL - BC4 GOLD MEDAL MATCH
- MIXED INDIVIDUAL - BC4 VICTORY CEREMONY

WED 1 SEP. 15:05 - 19:45

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED INDIVIDUAL - BC3 GOLD MEDAL MATCH
- MIXED INDIVIDUAL - BC3 VICTORY CEREMONY
- MIXED INDIVIDUAL - BC1 GOLD MEDAL MATCH

- MIXED INDIVIDUAL - BC1 VICTORY CEREMONY
- MIXED INDIVIDUAL - BC2 GOLD MEDAL MATCH
- MIXED INDIVIDUAL - BC2 VICTORY CEREMONY

## 02 SEP

THU 2 SEP. 9:30 - 12:55

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED TEAM - BC1/BC2 PRELIMINARIES (4 MATCHES)
- MIXED PAIRS - BC4 PRELIMINARIES (4 MATCHES)
- MIXED PAIRS - BC3 PRELIMINARIES (4 MATCHES)

THU 2 SEP. 14:25 - 19:45

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED TEAM - BC1/BC2 PRELIMINARIES (8 MATCHES)
- MIXED PAIRS - BC4 PRELIMINARIES (6 MATCHES)
- MIXED PAIRS - BC3 PRELIMINARIES (4 MATCHES)

## 03 SEP

FRI 3 SEP. 9:30 - 12:55

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED PAIRS - BC3 PRELIMINARIES (4 MATCHES)
- MIXED PAIRS - BC4 PRELIMINARIES (4 MATCHES)
- MIXED TEAM - BC1/BC2 PRELIMINARIES (4 MATCHES)

FRI 3 SEP. 14:25 - 19:35

VENUES: ARIAKE GYMNASSTICS CENTRE

- MIXED PAIRS - BC3 PRELIMINARIES (8 MATCHES)

- MIXED PAIRS - BC4 PRELIMINARIES (6 MATCHES)
- MIXED TEAM - BC1/BC2 PRELIMINARIES (4 MATCHES)

04 SEP

**SAT 4 SEP. 9:30 - 13:50**

**VENUES: ARIAKE GYMNASIUM CENTRE**

- MIXED PAIRS - BC3 SEMIFINALS (2 MATCHES)
- MIXED PAIRS - BC4 SEMIFINALS (2 MATCHES)
- MIXED TEAM - BC1/BC2 SEMIFINAL (2 MATCHES)
- MIXED PAIRS - BC4 BRONZE MEDAL MATCH
- MIXED TEAM - BC1/BC2 BRONZE MEDAL MATCH
- MIXED PAIRS - BC3 BRONZE MEDAL

**MATCH**

**SAT 4 SEP. 15:20 - 21:15**

**VENUES: ARIAKE GYMNASIUM CENTRE**

- MIXED PAIRS - BC4 GOLD MEDAL MATCH
- MIXED PAIRS - BC4 VICTORY CEREMONY
- MIXED PAIRS - BC3 GOLD MEDAL MATCH
- MIXED PAIRS - BC3 VICTORY CEREMONY
- MIXED TEAM - BC1/BC2 GOLD MEDAL MATCH
- MIXED TEAM - BC1/BC2 VICTORY CEREMONY

## ATHLETE BIOGRAPHIES

### EVIE EDWARDS

**EVENT: BC4 | HOMETOWN: IPSWICH | D.O.B: 13/12/1994 GAMES ATTENDED: RIO 2016**



Previously a competitive swimmer, Evie Edwards took up Boccia by complete chance, when accompanying her brother to a regional competition. She qualified for nationals soon after and has never looked back.

On her individual World Championship debut she beat Dirceu Pinto, a Brazilian Boccia legend, who is a four-time Paralympic champion, while her early career highlights include a silver medal win at the 2015 BISFed European Team and Pair Championships. She already has experience of the Paralympic Games, having finished

fourth in the mixed four BC4 classification with teammates Stephen McGuire and Kieran Steer at Rio 2016. Since then Edwards has won a silver medal in the BC4 pairs at the 2017 European Championships in Portugal, alongside McGuire and Louis Saunders.

Like some of her teammates, Edwards has also combined Boccia with education, having studied business management at the University of Suffolk.

### WILL HIPWELL

**EVENT: BC2 | HOMETOWN: LONDON | D.O.B: 22/06/1987 | TWITTER: @HIPWELLCUFC | INSTAGRAM: @HIPWELLCUFC**



Will Hipwell has already notched up gold medals on the European Boccia circuit ahead of his Paralympic debut. When lockdown first hit, his local leisure centre was closed leaving him without anywhere to train. Thankfully Hipwell was able to turn to his father's farm, which contains a grain store.

The store was converted into a makeshift Boccia court to keep Hipwell on track for this summer's Paralympics. He will be hoping to have a similarly successful 2021 to his beloved football team - Cambridge United - who were promoted to League One earlier this year.

### JAMIE MCCOWAN

**EVENT: BC3 | HOMETOWN: DUNDONALD, SCOTLAND | D.O.B: 02/03/1995 | TWITTER: @JAMIEMCCOWAN3 | GAMES ATTENDED: RIO 2016**



Alongside his brother Scott, Jamie McCowan will help lead ParalympicsGB's Boccia efforts in Tokyo. Both Jamie and his brother took up the sport in 2006, and within three years they were selected to represent Great Britain.

Jamie became a European champion in 2013, while competing in the BC4 category. It is McCowan's second Paralympics after also appearing at Rio 2016 where, alongside his brother and Patrick Wilson, they got a first taste of the biggest stage. As part of the BC3 Pair, Jamie achieved a silver medal at the 2017 European Championships.

He also became the European BC3 Individual Champion at the same event. Although Jamie and Scott are used to being teammates and rivals on the court, they are like any other siblings away from the competitive arena, gently ribbing each other like most brothers do.

Besides his sporting commitments McCowan has a keen interest in rock music and other sports, including football and golf. Jamie and Scott will be supported by parents Linda and Gary in Tokyo as their ramp assistants, the first time four members of the same family have represented ParalympicsGB in the same Games.

### SCOTT MCCOWAN

**EVENT: BC3 | HOMETOWN: EDINBURGH | D.O.B: 17/07/1991 | TWITTER: @SMCCOWAN | GAMES ATTENDED: RIO 2016 | GAMES ATTENDED: LONDON 2012**



Alongside his brother Jamie, Scott McCowan will help lead ParalympicsGB's Boccia charge in Tokyo. Both Scott and his brother took up the sport in 2006, and within three years they were selected to represent Great Britain. Since appearing at the European Championships in 2009 he has been selected for almost every major since, including his first Paralympics at London 2012 where he finished fifth in the BC3 pairs and made the individual last 16.

His career highlights have been captaining the GB pair to a bronze medal at the European Championships

in Portugal in 2013 and a silver medal at the World Championships in China in 2014.

McCowan, his brother and Patrick Wilson at Rio 2016 won silver at the 2017 European Championships while away from the Boccia court, avid sports fan McCowan graduated from the University of Stirling with a second class BA (with honours) degree in Psychology & Sports Studies.

### STEPHEN MCGUIRE

**EVENT: BC4 | HOMETOWN: HAMILTON, SCOTLAND | D.O.B: 18/08/1984 | TWITTER: @BOCCIABHOY | INSTAGRAM: @BOCCIABHOY | GAMES ATTENDED: RIO 2016, LONDON 2012**



After becoming world champion in 2016, Stephen McGuire will be firmly focused on claiming a Paralympic podium place in Tokyo this summer. A stalwart of Boccia, McGuire's won 13 British and nine Scottish titles, while he realised a childhood dream by making his Paralympic debut at London 2012 alongside his brother Peter.

Also a multiple European medallist, McGuire narrowly missed out on an opportunity to play for a Paralympic medal after losing to eventual champion Yuk Wing Leung of Hong Kong in the quarter-finals at Rio 2016. In 2017,

he won a silver medal in the BC4 pairs at the European Championships alongside team-mates Evie Edwards and Louis Saunders while also winning silver two years later.

Away from Boccia, McGuire is honoured to be an ambassador for Muscular Dystrophy UK and has had a Celtic season ticket for over a decade.

## BETH MOULAM

EVENT: BC3 | HOMETOWN: YORK | D.O.B: 01/04/1994 | TWITTER: @BETH\_MOULAM | INSTAGRAM: @BETH\_MOULAM



Making her Paralympic debut in Tokyo, Beth Moulam will be bringing some Yorkshire grit to the ParalympicsGB Boccia squad. Moulam was inspired to compete at a Games by watching Sydney 2000 as a six year-old, with Caroline Baird going on to win gold medals in the women's T36 200m and 400m on the track. She wrote to Baird, telling her she wanted to be just like her, and received a reply, starting a friendship that still exists to this day.

Now, 21 years on, Moulam will compete on sport's greatest stage herself and showcase the brilliance of the Paralympic legacy. Although Moulam has been playing Boccia since the age of 10, she has only been recently playing as a BC3 player - and therefore with a ramp assistant.

Away from Boccia, Moulam has achieved a First Class Honours degree from the University of York, is a keen public speaker and undertook her first international presentation at the age of 12.

## DAVID SMITH 2 1 1

EVENT: BC1 | HOMETOWN: EASTLEIGH, HAMPSHIRE | D.O.B: 02/03/1989 | TWITTER: @BOCCIASMITHY | INSTAGRAM @SMITHY2389 | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



An MBE recipient in the 2017 New Year's honours list, David Smith is a legendary British athlete in every sense. Winning gold medals at both the Beijing and Rio Paralympics, he will lead the team in Tokyo this summer at his fourth Games.

Diagnosed with Cerebral Palsy aged one, Smith currently holds the 'triple crown' of major tournaments following world and European gold in 2018 and 2019 respectively.

Known in Rio for his memorable blue mohawk hairstyle, he improved on his individual performance at London 2012 where he won silver.

Smith has even hit the spotlight away from the Boccia arena, making a number of appearances on Channel 4 show 'The Last Leg' where he has performed his trademark 'doughnut' move in his wheelchair.

## CLAIRE TAGGART

EVENT: BC2 | HOMETOWN: LARNE, NORTHERN IRELAND | D.O.B: 11/02/1995 | TWITTER: @TAGGARTCLAIRE | INSTAGRAM: @CTAGGART830 | GAMES ATTENDED: RIO 2016



Regardless of what happens in Tokyo, Claire Taggart is already a sporting history maker. Taggart first tried Boccia when she went along to a local club. Discovering she really enjoyed the sport and had a talent for it, she was invited to join the Boccia players at the Ulster squad.

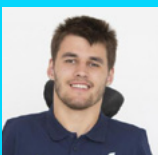
At the 2016 Games in Rio, Taggart became the first person from Northern Ireland to compete at the Paralympics in Boccia. She was just 21 years old, and she reached the quarter-final stage of the Mixed Team BC1-2 event.

She is currently ranked tenth in the world and in 2019 she scooped silver at the European Championships in Seville. From Larne, on the east coast of Northern Ireland, Taggart also does volunteer work at the local football club, as their disability access officer.

She has a passion for music, keeps several tortoises and other reptiles, and runs her own business designing, making and selling stationery from her home.

## LOUIS SAUNDERS

EVENT: F64 DISCUS | HOMETOWN: BOGNOR REGIS, WEST SUSSEX | D.O.B: 24/09/2001 | INSTAGRAM: @LOUISSAUNDERSBOCCIA



Aged 19, Louis Saunders is the youngest member of the GB Boccia squad heading to Tokyo. Still in his teenage years, Saunders already has four years of international experience under his belt, making his debut for GB back in 2017.

He first took up the sport after originally competing in Wheelchair Tennis, and secured his place in Tokyo with a sparkling performance at the 2019 European Championships.

He recently studied A Levels in Geography, History and Biology, setting his sights on reading International Development at the University of Sussex. Saunders is "an avid Arsenal FC supporter away from the Boccia court."

## LINDA MCCOWAN

RAMP ASSISTANT TO JAMIE MCCOWAN | GAMES ATTENDED: RIO 2016, LONDON 2012



Boccia is a family affair for the McCowans. Mum Linda is the competition partner for 26-year-old son Jamie and the pair competed together at Rio and London, alongside Jamie's brother Scott and Patrick Wilson. Eldest son Scott is partnered by Linda's husband Gary who was his ramp assistant last time out in Rio.

The British team bounced back from Rio to claim silver medals at the 2017 BISFed European Championships, with Jamie also claiming two bronzes at the 2019 European Championships.

McCowan is not just her son's competition partner, alongside her husband she provides round the clock care for both her sons who have Duchenne muscular dystrophy.

## GARY MCCOWAN

RAMP ASSISTANT TO SCOTT MCCOWAN | GAMES ATTENDED: RIO 2016



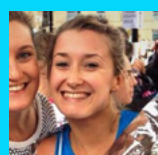
With Covid stopping plenty of families from cheering on their loved ones in person, the McCowans will have a unique experience out in Tokyo. Gary McCowan, alongside his wife Linda, will be in Tokyo not to support his sons from the sidelines but to compete with them as their ramp assistants.

The quartet will represent ParalympicsGB for a second time having competed at Rio. McCowan is the competition partner for eldest son Scott, while Linda is the ramp assistant for Jamie.

The full-time carer for his sons who have Duchenne muscular dystrophy, was on hand when the pair won silver medals as part of the British team at the 2017 BISFed European Championships.

## CHRISTIE HUTCHINGS

RAMP ASSISTANT TO BETH MOULAM



Christie Hutchings is helping Boccia athlete Beth Moulam's childhood dreams come true. Moulam was inspired by Paralympic champion Caroline Baird, who surged to 400m gold at Sydney in 2000. Watching Baird showed Moulam that it was possible for people with Cerebral Palsy to perform on the biggest stage, which Moulam will now do alongside Hutchings in Tokyo.

Hutchings acts as Moulam's ramp assistant in the BC3 category and Moulam has spoken of the difference Hutchings makes to her. She has previously said: "I might be an individual BC3 athlete but I am part of a team with my sports assistant, Christie. We are a unit both on and off court and I could not do what I do without her unstinting support."

## SARAH NOLAN 1 1 1

RAMP ASSISTANT TO DAVID SMITH | GAMES ATTENDED: RIO 2016, LONDON 2012



Sarah Nolan joined forces with Boccia star David Smith in 2010 and the pair have gone on to win a host of major medals in the 11 years since. Nolan initially worked as Smith's coach before becoming his permanent ramp assistant in 2011, the year in which they won their first medal as a duo, World Championships bronze in the Team BC1-2 event.

After silver and bronze at London 2012, the pair finally tasted gold together with victory in both the Individual BC1 and Team BC1-2 at the 2013 European Championships.

During the 2016 Paralympic Games, Nolan took up the role of coaching Smith again as well as being his assistant, the strong relationship between them saw Smith win the Individual BC1 crown for his second Paralympic title. Now coached by Glynn Tromans, Nolan will hope to help Smith defend his Paralympic gold in Tokyo having successfully defend his European title in 2019.



# CANOE SPRINT |

IMPOSSIBLE TO  
IGNORE



## CANOE SPRINT SPORTS SECTION

Having only made its Paralympic debut at Rio 2016, Canoeing certainly took the Games by storm, with a brilliant performance from ParalympicsGB athletes stealing the show in Brazil. The British team topped the medal table with three golds, as Jeanette Chippington, Emma Wiggs and Anne Dickins all triumphed in the women's KL1, KL2 and KL3 categories respectively. And there were also men's medals for Ian Marsden and

Nick Beighton, who took bronze in the KL1 and KL2 events to complete a superb British display. In its second ever appearance in Tokyo, the GB team will be hoping to make an equally dominant impression.

Rio 2016 gold medallists Jeanette Chippington and Emma Wiggs headline a ParalympicsGB Canoe sprint squad that is bustling with plenty of Games experience. Chippington and





Wiggs, an eight-time world champion, won gold out on the water at Rio in the KL1 and KL2 category respectively at the last games. For Chippington, it will be her seventh Paralympics, with all of her previous appearances bar Rio coming as a swimmer where she won 12 medals between Seoul 1988 and Athens 2004. Making up the eight-strong squad are Ian Marsden, Charlotte Henshaw, Laura Sugar, Rob Oliver and Dave Phillipson, all of whom have featured at a Paralympics previously across a range of different sports.

Henshaw, who medalled in Rio as a swimmer, switched to para-canoe in 2016, becoming the KL2 200m world champion in 2018 and repeating her gold-medal success in 2019.

Stuart Wood, who won the VL3 European Championship title in 2019, is the only new face in the squad this time around. New disciplines will also be welcomed into this year's programme, with men's VL2 and VL3 and women's VL2 all making Games debuts in Tokyo.

## SCHEDULE

### 02 SEP

THU 2 SEP. 9:30 - 11:40

VENUES: SEA FOREST WATERWAY

- MEN'S KL1 HEATS
- WOMEN'S VL2 HEATS
- MEN'S KL2 HEATS
- MEN'S KL3 HEATS
- WOMEN'S KL1 HEATS
- WOMEN'S KL2 HEATS
- MEN'S VL2 HEATS
- WOMEN'S KL3 HEATS
- MEN'S VL3 HEATS

### 03 SEP

FRI 3 SEP. 9:30 - 12:10

VENUES: SEA FOREST WATERWAY

- MEN'S KL1 SEMIFINALS
- WOMEN'S VL2 SEMIFINAL
- MEN'S KL2 SEMIFINALS
- MEN'S KL3 SEMIFINALS
- MEN'S KL1 FINALS
- WOMEN'S VL2 FINAL
- MEN'S KL2 FINALS
- MEN'S KL1 VICTORY CEREMONY
- MEN'S KL3 FINAL
- WOMEN'S VL2 VICTORY CEREMONY
- MEN'S KL2 VICTORY CEREMONY
- MEN'S KL3 VICTORY CEREMONY

### 04 SEP

SAT 4 SEP. 9:30 - 12:30

VENUES: SEA FOREST WATERWAY

- WOMEN'S KL1 SEMIFINALS

- WOMEN'S KL2 SEMIFINALS
- MEN'S VL2 SEMIFINALS
- WOMEN'S KL3 SEMIFINAL
- MEN'S VL3 SEMIFINALS
- WOMEN'S KL1 FINAL
- WOMEN'S KL2 FINALS
- MEN'S VL2 FINAL
- WOMEN'S KL1 VICTORY CEREMONY
- WOMEN'S KL3 FINAL
- WOMEN'S KL2 VICTORY CEREMONY
- MEN'S VL3 FINAL
- MEN'S VL2 VICTORY CEREMONY
- WOMEN'S KL3 VICTORY CEREMONY
- MEN'S VL3 VICTORY CEREMONY

## JEANETTE CHIPPINGTON 3 4 8

EVENT: KL1 AND VL2 | HOMETOWN: MAIDENHEAD | D.O.B: 21/04/1970 | GAMES ATTENDED: RIO 2016, LONDON 2012, ATHENS 2004, SYDNEY 2000, ATLANTA 1996, BARCELONA 1992, SEOUL 1988



With 13 Paralympic medals dating back to 1988, Jeanette Chippington's name is etched into ParalympicsGB folklore. Originally representing ParalympicsGB in the pool, Chippington won medals at Seoul 1988, Barcelona 1992, Atlanta 1996, Sydney 2000 and Athens 2004 across an array of swimming disciplines.

In 2012, the vaunted swimmer pivoted however, finding herself in the boat after being nagged to take up the sport by a friend. Fast forward four years later and Chippington added another Paralympic medal to her gigantic collection

as she took home a gold from Rio 2016 for para-canoe. Taking to para-canoe like a natural, the 51-year-old has also won a host of World Championship medals too, as well being awarded an MBE in the 2017 New Year Honours list.

## CHARLOTTE HENSHAW 1 1

EVENT: KL2 | HOMETOWN: MANSFIELD | D.O.B: 16/01/1987 | TWITTER: @CHENSHAWGB | INSTAGRAM @CHENSHAWGB | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



Before she made her way into a boat, Mansfield-born Charlotte Henshaw was feared for her exploits in the water as a renowned para-swimmer. Representing ParalympicsGB at three Games, Henshaw managed to secure a silver and bronze at London 2012 and Rio 2016, respectively.

Alongside her Paralympic success, she also won a host of titles on the European and world stages too, proving herself a force to be reckoned with. After Rio, she retired from Para Swimming, instead turning her head to the

world of para-canoeing. Henshaw has already enjoyed plenty of success, winning the KL2 200m title at the World Championships in Montemor-o-Velho in 2018 before repeating the trick with gold in 2019.

## IAN MARSDEN 1

EVENT: KL1 | HOMETOWN: STOKE-ON-TRENT | D.O.B: 25/01/1972 | TWITTER: @IANMARSDENGB | INSTAGRAM: @IANMARSDENGB | GAMES ATTENDED: RIO 2016



Ian Marsden's para-canoe journey to Tokyo 2020 has been a wild ride, filled with life-changing obstacles. Originally representing his country in powerlifting, Marsden held three world records before suffering a serious spinal injury.

Following his injury, he took up handCycling, racing on the European circuit until a rare motor neurone condition ended his illustrious career on the road. However, Marsden was made of sterner stuff. With handCycling off the cards, he then took up air rifle shooting, and was

poised to compete at London 2012 but missed out due to a health complications. After London 2012, Marsden pivoted again, this time taking up para-canoeing. After winning a bronze at Rio 2016, as well as medals on the European and World Championship stage, Marsden is back representing ParalympicsGB in the men's KL1 out in Tokyo.

## ROB OLIVER

EVENT: KL3 | HOMETOWN: BIRMINGHAM | D.O.B: 14/01/1988 | TWITTER: @ROBERTOLIVERGB INSTAGRAM: @ROBERTOLIVERGB | GAMES ATTENDED: RIO 2016



With a life motto of 'you don't get what you wish for, you get what you work for', it's clear to see where Rob Oliver's driven mindset comes from.

After having his leg amputated after a break during a football match in 2008, Oliver believed his active life had come to end at just 20 years old. But then, just two years later, he found his way into a kayak, and the rest is history.

Since taking to water, Oliver has dedicated his life to becoming the very best, pushing his body to the extreme. And after having success on both the European and world stage, he will be hoping to add a Paralympic medal to his collection in his second Games in Tokyo.

## DAVE PHILLIPSON

EVENT: KL2 | HOMETOWN: BINGHAM, NOTTINGHAMSHIRE | D.O.B: 01/01/1989 | TWITTER: @DANGEROUSDAVEGB | INSTAGRAM: @WEELIEMAN\_89 | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



After making three Paralympic Games appearances in Wheelchair Tennis, Dave Phillipson made the choice to change his sporting career path in 2017. Joining the UK Sport podium potential programme, the former number one ranked Wheelchair Tennis player in Great Britain made the switch to para-canoe, a sport he was familiar with due to having paddled recreationally.

And in just two seasons of racing, he already had two medals to his name, becoming European champion in the men's VL3 200m in Belgrade, as well as collecting a

bronze medal at the 2018 World Cup in Hungary. And this year, while competing again at the World Cup in Hungary, he managed to pick up another bronze medal, this time in the KL2 200m.

## LAURA SUGAR

EVENT: KL2 | HOMETOWN: LEICESTERSHIRE | D.O.B: 07/02/1991 | TWITTER: @LAURASUGAR1 | INSTAGRAM: @LAURASUGAR1 | GAMES ATTENDED: RIO 2016



Laura Sugar's para-canoe journey to Tokyo 2020 all started after she was spotted through the Talent ID process in 2018. Taking to Canoeing like a duck to water, having competed as part of the Athletics team in the 100m and 200m sprint events at Rio 2016, Sugar won a bronze in the KL3 at her first international competition in Poznan under blustery conditions.

And just days later, Sugar continued her dream start to life on the water when she managed to take a silver medal at the World Cup. For anyone, those two achievements in a debut season would represent success. But Sugar then went one further, taking home another silver at the

2019 World Championships in Hungary, capping off an incredible season, before going on to win World Cup gold in Szeged, Hungary, in 2021.

## EMMA WIGGS 1

EVENT: KL2 AND VL2 | HOMETOWN: DISEWORTH, LEICESTERSHIRE | D.O.B: 14/06/1980 | TWITTER: @EMWIGGSY | INSTAGRAM:@EMMAWIGGS | GAMES ATTENDED: RIO 2016, LONDON 2012



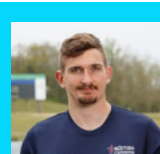
Reigning KL2 200m Paralympic champion Emma Wiggs is one of ParalympicsGB's brightest medal prospects. The Harrow-born canoeist is an eight-time world champion, and managed to achieve the para-canoe 'Grand Slam' in 2017 after she won the Paralympic, world and European titles in a single calendar year.

Alongside the gold that she won at Rio 2016, the now 41-year-old also represented ParalympicsGB at London 2012 in Sitting Volleyball before she found her way into the boat.

A trailblazer and role model for all to see both on and off the water, Wiggs spends her time delivering inspirational speeches, helping people manage change and harness their strengths. She was also recognised in the 2017 New Year Honours list, where she was awarded an MBE for services to Canoeing.

## STUART WOOD

EVENT: VL3 | HOMETOWN: BUNBURY, CHESHIRE | D.O.B: 31/01/1994



While the rest of the eight-strong ParalympicsGB crew selected for Tokyo 2020 were in Rio five years ago, Stuart Wood is making his Games debut this year. The 27-year-old, who hails from Bunbury, Cheshire became VL3 European champion in Poznan back in 2019.

Alongside his success on the European stage, Wood also finished third in the VL3 200m at the World Championships in the same year. A graduate of the University of Bath, Wood studied Maths, Physics and Computer Science. His hobbies include climbing,

scuba diving, skiing, canoe polo, whitewater kayaking, reading and programming. And the sole debutant of ParalympicsGB's para-canoe squad represents a real chance at Paralympic success.

# CYCLING |

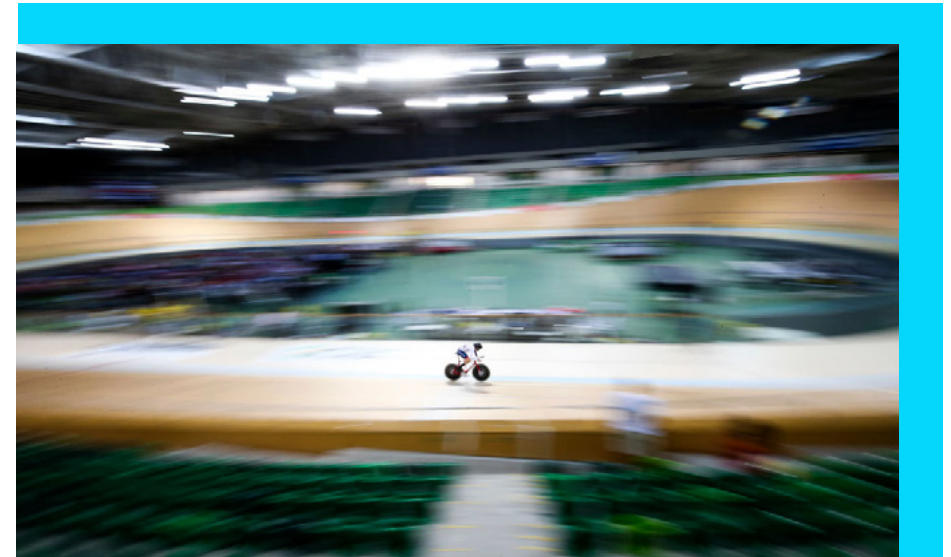
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## CYCLING SPORTS SECTION

Britain has a long-established history of success in Cycling, providing regular medals at Beijing 2008, London 2012 and once again at Rio 2016. British athletes achieved a haul of 20 medals in 2008, with 17 golds seeing them lead the way ahead of the United States and Germany. And they went even better on home soil four years later as the team secured a brilliant 22 medals, including eight golds as the decorated Dame Sarah Storey topped

the podium on four different occasions. 21 medals then followed in 2016 with a scintillating 12 golds, so the British team will be vying for more of the same when they descend on Tokyo.





ParalympicsGB head to Tokyo with a Cycling squad consisting of 14 riders and six pilot riders. Spearheaded by Dame Sarah Storey, who will be competing in her eighth Paralympic Games, the squad features a host of experienced names.

Storey, who is the most successful British female Paralympian ever, will be looking to defend her C5 Individual Pursuit, C5 Time Trial and C4-5 Road Race crowns out in Tokyo. With 14 gold medals to her name, another three would cement her place as

Britain's most decorated Paralympian of all time, overtaking swimmer Mike Kenny's record of 16 golds.

Alongside Storey, the previous Paralympians selected are Crystal Lane-Wright, Lora Fachie, Corrine Hall, Helen Scott, Kadeena Cox, Aileen McGlynn, Jody Cundy, Steve Bate, Adam Duggleby, and Neil Fachie. Paralympic debutants include Sophie Unwin, Jenny Holl, Jaco van Gass, Matt Rotherham, Lewis Stewart, James Ball, Fin Graham, Ben Watson and George Peasgood.

## SCHEDULE

25 AUG

WED 25 AUG. 10:00 - 15:25

VENUES: IZU VELODROME

- WOMEN'S C1-3 3000M INDIVIDUAL PURSUIT QUALIFYING
- WOMEN'S C4 3000M INDIVIDUAL PURSUIT QUALIFYING
- WOMEN'S C5 3000M INDIVIDUAL PURSUIT QUALIFYING
- MEN'S B 4000M INDIVIDUAL PURSUIT QUALIFYING
- WOMEN'S C1-3 3000M INDIVIDUAL PURSUIT FINAL
- WOMEN'S C4 3000M INDIVIDUAL PURSUIT FINAL
- WOMEN'S C1-3 3000M INDIVIDUAL PURSUIT VICTORY CEREMONY
- WOMEN'S C5 3000M INDIVIDUAL PURSUIT FINAL
- WOMEN'S C4 3000M INDIVIDUAL PURSUIT VICTORY CEREMONY
- MEN'S B 4000M INDIVIDUAL PURSUIT FINAL
- WOMEN'S C5 3000M INDIVIDUAL PURSUIT VICTORY CEREMONY

26 AUG

THU 26 AUG. 10:00 - 16:30

VENUES: IZU VELODROME

- WOMEN'S B 1000M TIME TRIAL FINAL
- MEN'S C1 3000M INDIVIDUAL PURSUIT QUALIFYING

- WOMEN'S B 1000M TIME TRIAL VICTORY CEREMONY
- MEN'S C2 3000M INDIVIDUAL PURSUIT QUALIFYING
- MEN'S C3 3000M INDIVIDUAL PURSUIT QUALIFYING
- MEN'S C4-5 1000M TIME TRIAL FINAL
- MEN'S C1 3000M INDIVIDUAL PURSUIT FINAL
- MEN'S C4-5 1000M TIME TRIAL VICTORY CEREMONY
- MEN'S C2 3000M INDIVIDUAL PURSUIT FINAL
- MEN'S C1 3000M INDIVIDUAL PURSUIT VICTORY CEREMONY
- MEN'S C3 3000M INDIVIDUAL PURSUIT FINAL
- MEN'S C2 3000M INDIVIDUAL PURSUIT VICTORY CEREMONY
- MEN'S C3 3000M INDIVIDUAL PURSUIT VICTORY CEREMONY

27 AUG

FRI 27 AUG. 10:00 - 16:15

VENUES: IZU VELODROME

- WOMEN'S C1-3 500M TIME TRIAL FINAL
- MEN'S C4 4000M INDIVIDUAL PURSUIT QUALIFYING
- WOMEN'S C1-3 500M TIME TRIAL VICTORY CEREMONY
- MEN'S C5 4000M INDIVIDUAL PURSUIT QUALIFYING
- MEN'S C1-3 1000M TIME TRIAL FINAL
- WOMEN'S C4-5 500M TIME TRIAL FINAL
- MEN'S C1-3 1000M TIME TRIAL VICTORY CEREMONY
- MEN'S C4 4000M INDIVIDUAL PURSUIT FINAL

- WOMEN'S C4-5 500M TIME TRIAL VICTORY CEREMONY
- MEN'S C5 4000M INDIVIDUAL PURSUIT FINAL
- MEN'S C4 4000M INDIVIDUAL PURSUIT VICTORY CEREMONY
- MEN'S C5 4000M INDIVIDUAL PURSUIT VICTORY CEREMONY

28 AUG

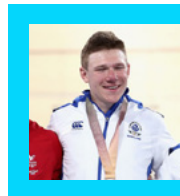
SAT 28 AUG. 10:00 - 12:50

VENUES: IZU VELODROME

- WOMEN'S B 3000M INDIVIDUAL PURSUIT QUALIFYING
- MIXED C1-5 750M TEAM SPRINT QUALIFYING
- MEN'S B 1000M TIME TRIAL FINAL
- WOMEN'S B 3000M INDIVIDUAL PURSUIT FINAL
- MEN'S B 1000M TIME TRIAL VICTORY CEREMONY
- MIXED C1-5 750M TEAM SPRINT FINAL
- WOMEN'S B 3000M INDIVIDUAL PURSUIT VICTORY CEREMONY
- MIXED C1-5 750M TEAM SPRINT VICTORY CEREMONY

## JAMES BALL

EVENT: B KILO, INDIVIDUAL PURSUIT (PILOTED BY LEWIS STEWART) | HOMETOWN: PONTNIR, WALES | D.O.B: 24/06/1991 | TWITTER: @JAMESBALL\_1 | INSTAGRAM: @JAMES\_BALL\_91 | GAMES ATTENDED: RIO 2016



Born with a visual impairment, James Ball was always keen on para-sport. Ball is a Level 3 personal trainer, and started swimming as a child. He later moved to track and field and showed great promise as an athlete, and was left heartbroken when a hamstring injury saw him ruled out of London 2012.

It was only when he was regaining fitness that he was invited to take part in a test by British Cycling, and his potential as a cyclist was discovered. Since then Ball has gone from strength to strength, making his Paralympics debut in Rio five years ago and going on to win multiple

world titles following that. The 30-year-old has formed a formidable partnership with guide Lewis Stewart and will be hoping to win a first Paralympic title in Tokyo.

## STEVE BATE 2 1

EVENT: B INDIVIDUAL PURSUIT, TIME TRIAL, ROAD RACE (PILOTED BY ADAM DUGGLEBY) | HOMETOWN: MORAY, SCOTLAND | D.O.B: 24/08/1977 | INSTAGRAM: @STEEVBATEMBE | GAMES ATTENDED: RIO 2016



Reigning Paralympic champions Steve Bate and his pilot Adam Duggleby will be looking to defend their titles in the individual pursuit and time trial, before hoping to build on their bronze-medal performance in Rio in the road race. Bate, who is registered blind, first had a love for sport through climbing, having been the first visually impaired person to solo climb El Capitan in Yosemite, California before picking up Cycling.

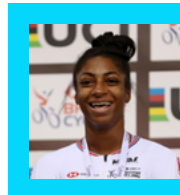
Born in New Zealand, Bate moved to Scotland as an adult and joined the British team in 2013, making his Paralympic debut five years ago in 2016.

Since Rio, Bate and Duggleby have won double World Championship gold and double silver in the time trial, claiming the title earlier this year in Portugal.

On the track, the pair have also claimed the rainbow jersey in the individual pursuit in 2018, as well as silver in the pursuit in 2020. Bate already has plans after Tokyo, with aims to cycle the length of Africa in February 2022 in world record time.

## KADEENA COX 2 1 1

EVENT: C4-5 TIME TRIAL, C1-5 MIXED TEAM SPRINT | HOMETOWN: LEEDS | D.O.B: 10/03/1991 | TWITTER: @KAD21 | INSTAGRAM: @KAD\_C | GAMES ATTENDED: RIO 2016



Kadeena Cox put in one of ParalympicsGB's greatest ever performances at Rio 2016, claiming gold medals in both Athletics and Cycling. Competing in two sports is an amazing feat in its own right, yet 30-year-old Cox backed up a bronze medal in the women's 100m T38 sprint by winning a gold medal in the women's C4-5 Cycling time trial, and another gold in the T38 400m sprint.

Such an achievement saw Cox become the first British Paralympian to win golds in multiple sports at the same Games since Isabel Barr in 1984, while she also claimed silver in the women's T35-38 4x100m relay on the track.

The Leeds star initially competed as a non-disabled athlete and began sprinting competitively at the age of 15 after her hockey coach suggested she try the sport. In September 2014 she experienced burning sensations in her right arm and after extensive tests she was diagnosed with multiple sclerosis.

She responded by collecting three medals in Rio before being appointed a Member of the British Empire in the 2017 New Year's Honours for services to Athletics. Cox will be back competing in both Athletics and Cycling at Tokyo 2020.

JODY CUNDY 7 3

EVENT: C4-5 KILO, C1-5 MIXED TEAM SPRINT | HOMETOWN: MANCHESTER | D.O.B: 14/10/1978 | TWITTER: @JODYCUNDY | INSTAGRAM: @JODY\_CUNDY | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008, ATHENS 2004, SYDNEY 2000, ATLANTA 1996



Ten-time Paralympic medallist Jody Cundy heads to his seventh Games with aims to defend his mixed team sprint and C4-5 kilo titles. Having first found his love for sport in swimming, Cundy headed to his first Paralympics in 1996, and has been to every Games since.

Cundy switched to Cycling in 2006 after claiming three Paralympic and three world gold medals in swimming, and went on to win his first track Cycling World Championship that same year in the kilo.

Beijing was Cundy's first Games on the bike, breaking the kilo world record in the process and gaining another gold in the team sprint.

Cundy is now 42 but is showing no signs of slowing down in Paralympic circles.

ADAM DUGGLEBY 2 1

EVENT: B INDIVIDUAL PURSUIT, TIME TRIAL, ROAD RACE (PILOT TO STEVE BATE) | HOMETOWN: MANCHESTER | D.O.B: 16/10/1984 | TWITTER: @A\_DUGGLEBY | INSTAGRAM @ADUGGLEBY | GAMES ATTENDED: RIO 2016



Adam Duggleby will once again pilot Steve Bate in Tokyo, with hopes for the pair to retain their Paralympic titles in the individual pursuit and time trial. Duggleby cycled as a junior, and went on to claim success on the world stage at Junior World Cups.

After studying at Loughborough University, Duggleby started to excel on the track, winning national titles in the scratch race and team pursuit, and training alongside the likes of Ed Clancy and Mark Cavendish.

In 2013, Duggleby was paired with Bate as part of the Paralympic squad, and made their debut at the Games in Rio 2016, claiming success with two golds and a bronze. Duggleby and Bate have since claimed two World Championship golds and two silvers, claiming the time trial title earlier this year in Portugal.

On the track, the pair have also claimed the rainbow jersey in the individual pursuit in 2018, as well as silver in the pursuit in 2020.

LORA FACHIE 1 1

EVENT: B INDIVIDUAL PURSUIT, TIME TRIAL, ROAD RACE (PILOTED BY CORRINE HALL) | HOMETOWN: ALTRINCHAM | D.O.B: 04/09/1988 | TWITTER: @LORATURNHAM | GAMES ATTENDED: RIO 2016, LONDON 2012



Double world champion Lora Fachie has her busiest Paralympics yet as she heads to her third Games in Tokyo. Fachie and her pilot Corrine Hall will be competing in the individual pursuit and kilo on the track, as well as the time trial and road race in the women's B events, with hopes to match their medal-winning performances in Rio.

Fachie has been to two previous Paralympics, finishing in a heartbreaking fourth place at London 2012, before pairing up with Hall and becoming world champions in the tandem B time-trial in 2013, and claiming bronze in the road race.

Since then, Fachie and Hall have dominated women's tandem racing, breaking the pursuit record on the track five years ago in Rio to give them gold, and an additional silver in the road race, and have hopes to repeat success in Tokyo. Fachie will be joined by a familiar face at these Paralympics, competing alongside her husband, Neil, who is also a para-cyclist.

NEIL FACHIE 1 2

EVENT: B KILO, INDIVIDUAL PURSUIT (PILOTED BY MATT ROTHERHAM) | HOMETOWN: MANCHESTER | D.O.B: 12/03/1984 | TWITTER: @NEILFACHIE | INSTAGRAM: @NEILFACHIE | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



Neil Fachie takes to the boards in Tokyo with hopes to better his silver medal success in Rio 2016, alongside pilot Matt Rotherham, in the kilo and individual pursuit. Born in Aberdeen, Fachie first went to a Paralympic Games for Athletics in Beijing 2008, but found his passion for Cycling a year after.

Making the switch to the British Cycling squad, Fachie won two World Championship golds in 2009 in the sprint and kilo and repeated the feat again in 2011.

London 2012 saw Fachie take the Paralympic stage by storm, winning kilo gold and sprint silver, and four years later, won another silver in Rio. Fachie lined up with Rotherham for the first time in 2018, and proved a more than suitable pairing, winning two world titles in the World Championships in Rio in the kilo and sprint.

The 37-year-old will not be alone at this Paralympics, competing alongside his wife, Lora, who is also a para-cyclist.

FIN GRAHAM

EVENT: C3 INDIVIDUAL PURSUIT, C3 TIME TRIAL, C1-3 ROAD RACE | HOMETOWN: STRAFFPEPPER, SCOTLAND | D.O.B: 24/09/1999 | TWITTER: @FINGPARACYLIST | INSTAGRAM: @FIN\_GRAHAM22



Fin Graham was born with bilateral club feet, which means he has no calf muscle and limited movement in his ankles. However Cycling was his dream since he started the sport at the age of four, and he began competing in mountain bikes at the age of 17.

He continued mountain biking until 2016, when he was noticed by British Cycling's para-cycling coaches at a talent-spotting day in Derby.

The 21-year-old set up a Crowdfunder page in the early stages of his career and worked part-time in Tesco to fund his dream, before becoming part of the GB para-cycling programme. Since then Graham has impressed at various meets, most notably a bronze at the world road championships this year, and will be targeting a strong Paralympic debut in Tokyo.

CORRINE HALL 1 1

EVENT: B INDIVIDUAL PURSUIT, TIME TRIAL, ROAD RACE (PILOT TO LORA FACHE) | HOMETOWN: MITCHAM, LONDON | D.O.B: 23/10/1985 | TWITTER: @CORRINEHALL | INSTAGRAM: @CORRINEHALL1 | GAMES ATTENDED: RIO 2016



Corrine Hall will be heading to her second Paralympic Games to pilot Lora Fachie to more medal-winning success. Hall first began Cycling at 13 years old, working her way through the British Cycling pathway before being invited to try out as a tandem pilot in her final year at university.

Hall paired up with Fachie in 2013, and have been successful ever since, claiming World Cup and World Championship medals on the road and the track.

Looking to defend their tandem pursuit title from Rio, Hall and Fachie will also be striving for a podium finish in the kilo, as well as on the road in the time trial and road race. When she is not racing on the track, road or Zwift for Storey Racing Team, Hall can be found spending time with family or walking her dog, Skye.

## JENNY HOLL

**EVENT: B INDIVIDUAL PURSUIT, KILO, TIME TRIAL, ROAD RACE (PILOT TO SOPHIE URWIN) | HOMETOWN: STIRLING, SCOTLAND | D.O.B: 13/09/1999 | TWITTER: @JENNY\_HOLL | INSTAGRAM: @JENNYHOLL\_**



Jenny Holl heads to her first Paralympic Games alongside Sophie Urwin, with hopes to pilot them to Tokyo glory. Having been on the GB Senior Academy for four years, Holl switched to tandem last year in order to reach new heights of success.

Holl's talent on the road and track made her an easy partner for para-cyclist Unwin, who will also be making her Paralympic debut having only been spotted for the GB Cycling Team last August.

With a 2019 European Games silver medal under her belt, Holl had more than enough experience to ride and assist Unwin as she developed, with the pair claiming World Championship gold in the road race in June 2021, after just a few short months of riding together.

The Paralympics could certainly shoot the duo to more international success as they are set to compete in the women's B individual pursuit and kilo on the track, before taking to the road in the time trial and road race.

## CRYSTAL LANE-WRIGHT 1 1

**EVENT: C5 INDIVIDUAL PURSUIT, C5 TIME TRIAL, C4-5 ROAD RACE | HOMETOWN: CHELMSFORD, ESSEX | D.O.B: 13/09/1985 | INSTAGRAM: @LANE2985 | GAMES ATTENDED: RIO 2016, LONDON 2012**



Crystal Lane-Wright joined the same squad two years later and by 2016, had Paralympic silver and bronze medals around her neck for the WC5 individual pursuit and the WC5 road race.

Since then, Lane-Wright has even been seen sporting the rainbow colours of the World Champion jersey, which she claimed with her gold-medal winning WC5 individual pursuit ride at the 2018 World Championships.

Kept by the company of her wife Sam and pug, Reggie, Lane-Wright spent plenty of time over the lockdown on her turbo, taking to the online racing platform Zwift to keep her legs in check.

She won a silver medal in the Road World Championships in Portugal back in June. Alongside Dame Sarah Storey, Lane-Wright will be racing in the C5 individual pursuit, C5 time trial and C4-5 road race in Tokyo.

## AILEEN MCGLYNN 3 2 1

**EVENT: B KILO, INDIVIDUAL PURSUIT (PILOTED BY HELEN SCOTT) | HOMETOWN: PAISLEY, SCOTLAND | D.O.B: 22/06/1973 | TWITTER: @AMCGLYNN1 | GAMES ATTENDED: LONDON 2012, BEIJING 2008, ATHENS 2004**



Aileen McGlynn is ready to take on her fourth Paralympic Games alongside pilot Helen Scott. McGlynn first gained Paralympic success back in Athens 2004, where she took kilo gold and sprint silver, and went on to win double gold in 2008, and silver and bronze at the 2012 Games in London.

After lapsing into retirement in 2015, when she recreationally rode the 80 miles between to Land's End and John o' Groats, McGlynn came back fighting on the track, picking up bronzes at the 2018 Commonwealth

Games on the Gold Coast.

This summer will see McGlynn and Scott take to the boards in the individual pursuit and the kilo in the women's B events, with hopes to make it one better than London with gold.

## GEORGE PEASGOOD

**EVENT: C4 TIME TRIAL, C4-5 ROAD RACE | HOMETOWN: SAFFRON WALDEN, ESSEX | D.O.B: 02/10/1995 | TWITTER: @GEORGE\_PEASGOOD | INSTAGRAM: @GEORGE\_PEASGOOD**



George Peasgood will be one of two ParalympicsGB stars to compete in two different sports at Tokyo 2020, earning selection in Cycling as well as Triathlon. He comes from a great sporting family.

His brother Jack is not only married to triathlete Alison Peasgood, but has also represented Great Britain's age group team in Triathlon and duathlon. Furthermore, his mum has completed ten consecutive London Marathons and his dad got into Triathlon following a running injury. Peasgood won his first major medal, a bronze, at the

2013 ITU World Championships in London. He was the youngest member of the Triathlon team at the 2016 Paralympic Games in Rio where he was overtaken during the run. Peasgood has always shown strength on the bike and will make the most of his dual ability by competing in both events in Tokyo.

## MATT ROTHERHAM

**EVENT: B KILO, INDIVIDUAL PURSUIT (PILOT TO NEIL FACHIE) | HOMETOWN: MANCHESTER | D.O.B: 07/12/1994 | TWITTER: @MATTROTHERHAM | INSTAGRAM: @MATT\_ROTHERHAM94**



Matt Rotherham makes his Paralympic debut as he goes to Tokyo to pilot Neil Fachie to hopeful podium success in the kilo and individual pursuit. Rotherham first started Cycling at Eastlands Velo, who are based just next to the National Cycling Centre in Manchester where he now trains with the British Cycling team.

As an individual, Rotherham is a four-time British champion and has already had success with Fachie after winning gold at the 2018 Commonwealth Games. When he is not Cycling, Rotherham is a keen sourdough

baker and is the proud owner of a La Pavoni Europiccola espresso machine, which he plans on taking to Tokyo for the perfect cappuccino before racing.

## HELEN SCOTT 1 1 2

**EVENT: B KILO, INDIVIDUAL PURSUIT (PILOT TO AILEEN MCGLYNN) | HOMETOWN: BIRMINGHAM | D.O.B: 25/07/1990 | TWITTER: @SCOTTIE2507 | INSTAGRAM: @SCOTTIE2507 | GAMES ATTENDED: RIO 2016, LONDON 2012**



Helen Scott returns to the boards to pilot Aileen McGlynn in Tokyo this summer. Nicknamed Scottie, she has been adored by fans as an individual on the Great Britain Cycling Team, but also as a tandem pilot for McGlynn, Sophie Thornhill and Alison Patrick since 2011.

Despite earning herself a place at the University of Birmingham in 2008, Scott left after two weeks to join the British team full-time. Currently, she still finds the time to coach up-and-coming cyclists and is passionate about nurturing young talent, particularly in women. Scott won bronze and silver with McGlynn at her first Paralympics in

2012 in the tandem B pursuit and kilo – the same events they'll be taking to in Tokyo with hopes to make it gold.

## LEWIS STEWART

**EVENT: B KILO, INDIVIDUAL PURSUIT (PILOT TO JAMES BALL) | HOMETOWN: MANCHESTER | D.O.B: 18/03/1999**



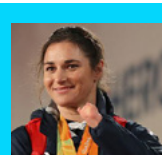
Scotsman Lewis Stewart makes his Paralympic debut piloting James Ball in the B 1km Time Trial and Individual Pursuit. Coming through the ranks of British Cycling's Junior and Senior Academy programmes, Stewart moved across to the paraCycling squad to pilot the tandem with his current partner Ball.

Within the space of three months the pair won gold and silver, in the tandem sprint and 1km time trial respectively, at the 2020 World Championships.

With only the 1km time trial – the only sprint event featuring in the tandem events – Stewart and his stoker Ball will be looking to overhaul their dominant British teammates Neil Fachie and Matt Rotherham in the quest for gold.

## DAME SARAH STOREY 14 8 3

**EVENT: C5 INDIVIDUAL PURSUIT, C5 TIME TRIAL, C4-5 ROAD RACE | HOMETOWN: ECCLES, MANCHESTER | D.O.B: 26/10/1977 | TWITTER: @DAMESARAHSTOREY | INSTAGRAM: @DAMESARAHSTOREY | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008, ATHENS 2004, SYDNEY 2000, ATLANTA 1996, BARCELONA 1992**



As the most successful British female Paralympian ever, Dame Sarah Storey will head to her eighth Paralympic Games with hopes to make history yet again. With 14 Gold medals across two sports – swimming, and currently cycling – Storey will defend her C5 individual pursuit, C5 time trial and C4-5 road race titles from Rio 2016. If successful, Storey could overtake swimmer Mike Kenny's record of 16 golds to become Britain's most decorated Paralympian of all time.

A mother of two, Storey has been labelled as one of the many 'supermums' in the sporting world, and having

attended her first Paralympics at just 14, has more than enough experience to see her back on the podium.

Having struggled with being bullied for her success as a child, resilient Storey had a desire to represent her country that has grown since the age of six when she watched her first Games in 1984. Storey's presence at the Paralympics has been monumental for British Cycling, having topped the medal table in the sport at the past three Games and laid the foundations for an even more prosperous future.



## SOPHIE UNWIN

EVENT: B INDIVIDUAL PURSUIT, KILO, TIME TRIAL, ROAD RACE (PILOTED BY JENNY HOLL) | HOMETOWN: DEVON | D.O.B: 23/07/1994 TWITTER: @UNWINSOPHIE | INSTAGRAM: @UNWINSOPHIE



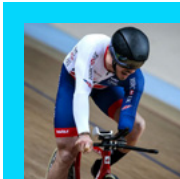
Sophie Unwin travels to her first Paralympic Games just one year after taking up cycling. Last August, Unwin was spotted by the Great Britain team at a talent ID selection camp, and was paired up with Jenny Holl to race on the tandem.

A year later, the pair are heading to the Tokyo Paralympic Games to race in the women's B individual pursuit and kilo on the track, before turning their attention to the road where they will compete in the time trial and road race.

Unwin has come on leaps and bounds in the past year, winning two bronze medals at her first World Cup, and even being crowned world champion with Holl in the road race in June. The pair will certainly be ones to watch going into Tokyo, with definite potential to bring home medals in all their events.

## JACO VAN GASS

EVENT: C1-3 KILO, C3 INDIVIDUAL PURSUIT, C3 TIME TRIAL, C1-3 ROAD RACE, C1-5 MIXED TEAM SPRINT | HOMETOWN: MANCHESTER | D.O.B: 20/08/1986 | TWITTER: @JACOVANGASS | INSTAGRAM: @JACOVANGASS



Jaco van Gass will be facing a very busy schedule as he makes his Paralympic debut in five events at Tokyo 2020. Van Gass will be featuring in the mixed team sprint, C1-3 kilo and C3 individual pursuit, before taking to the roads for the C1-3 road race and C3 time trial.

Born in South Africa, Van Gass moved to Great Britain when he was 20 years old to join the British Armed Forces where he served in Afghanistan as part of the Parachute Regiment. On his second tour in 2009, Van Gass lost his left arm below the elbow from a rocket-propelled grenade. Since his life-changing injury, Van Gass has shown an

astounding amount of mental and physical toughness and has not let it hold him back from being an extraordinary role model. He has run multiple marathons, trekked the North Pole, climbed Alaska's 6000m Mount Denali, as well as climbed Everest, just missing the summit due to weather conditions.

Van Gass made his para-cycling debut in 2013, and has won three gold and two silvers at the 2020 World Championships to secure his place in Tokyo.

## BEN WATSON

EVENT: C3 TIME TRIAL, C1-3 ROAD RACE | HOMETOWN: GLOSSOP, DERBYSHIRE | D.O.B: 11/06/1989 | TWITTER: @BENNYWATSON89 | INSTAGRAM: @BEN\_WATSON89



When the Rio 2016 Paralympic Games took place five years ago, Ben Watson wouldn't have dreamt that he would be competing at the next Games in Tokyo. The 32-year-old joined the Great Britain Cycling Team foundation team in 2017 and he's worked his way up to become one of the best in the world.

Watson won time trial bronze medals at the road World Championships in 2018 and 2019, and a silver medal on the track in 2018. Lockdown undoubtedly provided a huge obstacle for most athletes, but Watson was able to improvise to maintain his training.

He took part in virtual endurance races online with the likes of ParalympicsGB teammate Jody Cundy, and will be hoping all his efforts over the past few years pay off once he reaches Japan.

# | EQUESTRIAN



# EQUESTRIAN SPORTS SECTION

Having been part of the Games since Atlanta 1996, Paralympic Equestrian consists of dressage competition and will feature 11 mixed gender events - ten individual and one mixed team - in Tokyo this summer.

Great Britain has been at the forefront of the sport since its addition to the programme 24 years ago, topping the medal table at every Games and clinching team gold on every occasion.

With 11 medals at each of the last two editions of the Paralympics, the team continued to establish their dominance on the sport's biggest stage with their most profitable tallies to date. Indeed, they enjoyed their most success last time out at Rio 2016, finishing at the top of the standings with seven golds and four silvers. With three defending champions amongst their ranks, ParalympicsGB's Equestrian squad are to be feared at Tokyo 2020.

Made up of four riders, Sir Lee Pearson, Natasha Baker and Sophie Wells are all seeking to defend their Rio 2016 titles. For Pearson, a Grade 2 rider, it will be his sixth consecutive



Games. Pairing with horse Breezer, he will be looking to add to his impressive 14 Paralympic medals, 11 of which are gold.

Five-time gold medallist Natasha Baker (Grade 3) will be riding Keystone Dawn Chorus, better known as Lottie. Sophie Wells (Grade 5) can boast six gold medals in her collection will be partnered with C Fatal Attraction, also known as Jorge.

The fourth member of the team is a Paralympic debutant. FEI 2019 European gold medallist Georgia Wilson will be riding Sakura, owned by her parents Geoff and Julie Wilson and herself, in the Grade 2 division. Due to a minor veterinary issue, Innuendo III, owned and ridden by Sophie Christiansen, was withdrawn from selection. Christiansen is one of the most decorated ParalympicsGB athletes winning ten medals including eight golds across four Paralympic Games.

## SCHEDULE

26 AUG

**THU 26 AUG. 16:00 - 23:30**

**VENUES: EQUESTRIAN PARK**

- INDIVIDUAL TEST - GRADE II
- INDIVIDUAL TEST - GRADE IV
- INDIVIDUAL TEST - GRADE V
- INDIVIDUAL TEST - GRADE II/IV/V VICTORY CEREMONY

27 AUG

**DATE AND TIME: FRI 27 AUG. 16:00 - 22:45**

**VENUES: EQUESTRIAN PARK**

- INDIVIDUAL TEST - GRADE I
- INDIVIDUAL TEST - GRADE III
- INDIVIDUAL TEST - GRADE I/III VICTORY CEREMONY

**DATE AND TIME: SAT 28 AUG. 17:00 - 22:10**

**VENUES: EQUESTRIAN PARK**

- TEAM TEST TO MUSIC

29 AUG

**DATE AND TIME: SUN 29 AUG. 18:00 - 20:45**

**VENUES: EQUESTRIAN PARK**

- TEAM TEST TO MUSIC
- TEAM TEST TO MUSIC VICTORY CEREMONY

30 AUG

**MON 30 AUG. 16:00 - 23:15**

**VENUES: EQUESTRIAN PARK**

- INDIVIDUAL FREESTYLE TEST - GRADE IV
- INDIVIDUAL FREESTYLE TEST - GRADE V
- INDIVIDUAL FREESTYLE TEST - GRADE III
- INDIVIDUAL FREESTYLE TEST - GRADE II
- INDIVIDUAL FREESTYLE TEST - GRADE I
- INDIVIDUAL FREESTYLE TEST - GRADE IV/V/III/II/I VICTORY CEREMONY

**SIR LEE PEARSON** 11 2 1

**EVENT: GRADE 2 | HOMETOWN: STOKE-ON-TRENT | D.O.B: 04/02/1974 | TWITTER: @SIRLEEPEARSON | INSTAGRAM: @SIRLEEPEARSON | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008, ATHENS 2004, SYDNEY 2000**



Watching the 1996 Atlanta Paralympics on TV opened Sir Lee Pearson's eyes to the wonders of Para dressage and he has gone on to win team gold at every Games he has competed at. He took the triple title (team, individual and freestyle) at Sydney 2000, Athens 2004 and Beijing 2008, setting an equestrian world record by being unbeaten at three consecutive Games.

In 2003, he made history again by becoming the first disabled person to win a title at the British Dressage National Championships while competing against

non-disabled riders.

Pearson added three more medals to his collection at London 2012, winning team gold again while taking individual silver and bronze in the Grade Ib competition. A flag bearer for ParalympicsGB at the Rio 2016 opening ceremony, Pearson claimed another gold and silver medal in Brazil. He received a CBE in 2009 and then in 2016, was made a knight for services to equestrianism and disability sport.

**SOPHIE WELLS** 6

**EVENT: GRADE 5 | HOMETOWN: HARBY, NOTTINGHAMSHIRE | D.O.B: 05/05/1990 | TWITTER: @SOPHIEWELLS90 | INSTAGRAM: @SOPHIEWELLS90 | GAMES ATTENDED: RIO 2016, LONDON 2012**



Horses first came into Sophie Wells' life when she sat on a pony at a friend's birthday party. Despite being allergic to horses, she took up dressage aged 12 and became the first Para dressage rider to win an international competition in 2008.

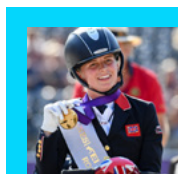
She continued to break new ground by becoming the first Para dressage rider to compete on both a junior team and the Para dressage team in the same year (2010). That was followed by her first Paralympic Games at London 2012, where she won team gold along with silvers in the individual and freestyle competitions.

Wells was also picked for the 2016 Paralympic Games in Rio where she took individual gold and freestyle silver, and helped the team defend their team gold. She helped the team to a seventh consecutive European team title and took freestyle gold and individual silver in 2017 before winning triple gold at the 2018 World Equestrian Games.

Awarded an MBE in the 2013 New Year Honours list, Wells and C Fatal Attraction followed their triple gold with a hat-trick of silver medals at the 2019 European Championships.

**GEORGIA WILSON**

**EVENT: GRADE 2 | HOMETOWN: ABERGELE, WALES | D.O.B: 02/10/1995 | TWITTER: @GEORGIAVWILSON**



Tokyo might be Georgia Wilson's Paralympic debut, but the pedigree with which she arrives at the Games demonstrates the strength of Para dressage in Great Britain. Wilson won freestyle gold and individual silver and helped the British team to silver at the 2019 European Championships with her other horse, Midnight. Wilson will ride seven-year-old Sakura, who she has partnered since September 2020, in Japan.

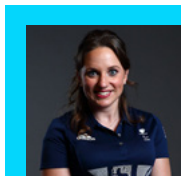
The Games will mark a first senior championship for Sakura, who is known as Suki at home, although the

two have never scored below 70 per cent in national or international competition. While Wilson started riding aged two after her mum was advised that it would help with her balance, she also counts baking and spending time with her French bulldog, Billy, among her interests.

## ATHLETE BIOGRAPHIES

**NATASHA BAKER** 5

**EVENT: GRADE 3 | HOMETOWN: UXBRIDGE, MIDDLESEX | D.O.B: 30/12/1989 | TWITTER: @NBAKERPARARIDER | INSTAGRAM: @NBAKERPARARIDER | GAMES ATTENDED: RIO 2016, LONDON 2012**



Becoming a Paralympian was Natasha Baker's childhood dream from the moment she watched Sir Lee Pearson compete at the Sydney 2000 Games on TV, having started riding competitively a year earlier.

She told her parents that this was what she wanted to do, and went on to demonstrate her potential by winning two individual gold medals at the 2011 European Championships. Baker backed up her success on the European stage by achieving her Paralympic ambition at London 2012, securing two individual gold medals in the Grade II class.

She retained her champion credentials four years later by claiming a hat-trick of gold medals at Rio 2016, which included retaining the two individual titles she won on her Paralympic debut. Awarded an MBE in the 2013 New Year Honours list for her double gold medal-winning exploits in London, Baker now rides at Grade III level since she was reclassified in 2018.

# JUDO |



IMPOSSIBLE TO  
IGNORE

## JUDO SPORTS SECTION

Held in various weight categories for visually-impaired competitors, Judo is one of only two martial arts on the Paralympic programme. Great Britain has enjoyed varied success since its introduction at the Games for men in 1988 and women in 2004. Simon Jackson is responsible for all of the team's three gold medals, clinching top spot in the men's -60kg at Seoul 1988, -71kg at Barcelona 1992 and -78kg at Atlanta 1996, while he also won bronze

in the -81kg at Sydney 2000. Besides Jackson's success, GB has picked up three silvers and eight more bronzes, with Sam Ingram finishing second in the men's -90kg and Ben Quilter third in the -60kg on home soil at London 2012. A fearsome Judo four of Chris Skelley, Jack Hodgson, Elliot Stewart and Dan Powell have been selected to represent ParalympicsGB at Tokyo 2020.





Skelley, who won European Championship gold in 2017, heads to Tokyo ranked number one in the world for the -100kg class. The Hull-born Judoka missed out on a medal at Rio 2016, finishing fifth and heads into the summer Games on the back of silver and bronze medals at the Baku and Warwick IBSA Grand Prix events.

Hodgson will compete in the +100kg category, Stewart in the -90kg category and Powell in the -81kg category.

With World and European bronze medals to his name, Stewart, who is making his Paralympic debut, will be looking to match or better father Dennis' Olympic Judo bronze from Seoul 1988, the year he was born.

And like Stewart, Powell, who made his Paralympic debut at London 2012, also has strong Judo family ties through father Terry, who won two Paralympic bronze medals.

## SCHEDULE

### 27 AUG

FRI 27 AUG. 10:30 - 13:30

VENUES: NIPPON BUDOKAN

- WOMEN -48 KG PRELIMINARY ROUND OF 16
- WOMEN -48 KG QUARTERFINALS
- WOMEN -48 KG REPECHAGES
- WOMEN -48 KG SEMIFINALS
- MEN -60 KG PRELIMINARY ROUND OF 16
- MEN -60 KG QUARTERFINALS
- MEN -60 KG REPECHAGES
- MEN -60 KG SEMIFINALS
- WOMEN -52 KG PRELIMINARY ROUND OF 16
- WOMEN -52 KG QUARTERFINALS
- WOMEN -52 KG REPECHAGES
- WOMEN -52 KG SEMIFINALS
- MEN -66 KG PRELIMINARY ROUND OF 16
- MEN -66 KG QUARTERFINALS
- MEN -66 KG REPECHAGES
- MEN -66 KG SEMIFINALS

FRI 27 AUG. 16:00 - 18:40

VENUES: NIPPON BUDOKAN

- WOMEN -48 KG BRONZE MEDAL CONTEST A
- WOMEN -48 KG BRONZE MEDAL CONTEST B
- WOMEN -48 KG GOLD MEDAL CONTEST
- MEN -60 KG BRONZE MEDAL CONTEST A
- MEN -60 KG BRONZE MEDAL CONTEST B
- MEN -60 KG GOLD MEDAL CONTEST
- WOMEN -48 KG VICTORY CEREMONY
- WOMEN -52 KG BRONZE MEDAL CONTEST A
- WOMEN -52 KG BRONZE MEDAL CONTEST B

### CONTEST B

- WOMEN -52 KG GOLD MEDAL CONTEST
- MEN -60 KG VICTORY CEREMONY
- MEN -66 KG BRONZE MEDAL CONTEST A
- MEN -66 KG BRONZE MEDAL CONTEST B
- MEN -66 KG GOLD MEDAL CONTEST
- WOMEN -52 KG VICTORY CEREMONY
- MEN -66 KG VICTORY CEREMONY

### 28 AUG

SAT 28 AUG. 10:30 - 13:30

VENUES: NIPPON BUDOKAN

- WOMEN -57 KG PRELIMINARY ROUND OF 16
- WOMEN -57 KG QUARTERFINALS
- WOMEN -57 KG REPECHAGES
- WOMEN -57 KG SEMIFINALS
- MEN -73 KG PRELIMINARY ROUND OF 16
- MEN -73 KG QUARTERFINALS
- MEN -73 KG REPECHAGES
- MEN -73 KG SEMIFINALS
- WOMEN -63 KG PRELIMINARY ROUND OF 16
- WOMEN -63 KG QUARTERFINALS
- WOMEN -63 KG REPECHAGES
- WOMEN -63 KG SEMIFINALS
- MEN -81 KG PRELIMINARY ROUND OF 16
- MEN -81 KG QUARTERFINALS
- MEN -81 KG REPECHAGES
- MEN -81 KG SEMIFINALS

SAT 28 AUG. 16:00 - 18:40

VENUES: NIPPON BUDOKAN

- WOMEN -57 KG BRONZE MEDAL CONTEST A
- WOMEN -57 KG BRONZE MEDAL CONTEST B
- WOMEN -57 KG GOLD MEDAL CONTEST
- MEN -73 KG BRONZE MEDAL CONTEST A
- MEN -73 KG BRONZE MEDAL CONTEST B

- MEN -73 KG GOLD MEDAL CONTEST
- WOMEN -57 KG VICTORY CEREMONY
- WOMEN -63 KG BRONZE MEDAL CONTEST A
- WOMEN -63 KG BRONZE MEDAL CONTEST B
- WOMEN -63 KG GOLD MEDAL CONTEST
- MEN -73 KG VICTORY CEREMONY
- MEN -81 KG BRONZE MEDAL CONTEST A
- MEN -81 KG BRONZE MEDAL CONTEST B
- MEN -81 KG GOLD MEDAL CONTEST
- WOMEN -63 KG VICTORY CEREMONY
- MEN -81 KG VICTORY CEREMONY

29 AUG

**SUN 29 AUG. 10:30 - 14:00**

**VENUES: NIPPON BUDOKAN**

- MEN -90 KG PRELIMINARY ROUND OF 16
- MEN -90 KG QUARTERFINALS
- MEN -90 KG REPECHAGES
- MEN -90 KG SEMIFINALS
- WOMEN -70 KG PRELIMINARY ROUND OF 16
- WOMEN -70 KG QUARTERFINALS
- WOMEN -70 KG REPECHAGES
- WOMEN -70 KG SEMIFINALS
- MEN -100 KG PRELIMINARY ROUND OF 16
- MEN -100 KG QUARTERFINALS
- MEN -100 KG REPECHAGES
- MEN -100 KG SEMIFINALS
- WOMEN +70 KG PRELIMINARY ROUND OF 16
- WOMEN +70 KG QUARTERFINALS
- WOMEN +70 KG REPECHAGES
- WOMEN +70 KG SEMIFINALS
- MEN +100 KG PRELIMINARY ROUND OF 16
- MEN +100 KG QUARTERFINALS
- MEN +100 KG REPECHAGES
- MEN +100 KG SEMIFINALS

**SUN 29 AUG. 16:30 - 19:50**

**VENUES: NIPPON BUDOKAN**

- MEN -90 KG BRONZE MEDAL CONTEST A
- MEN -90 KG BRONZE MEDAL CONTEST B
- MEN -90 KG GOLD MEDAL CONTEST
- WOMEN -70 KG BRONZE MEDAL CONTEST A
- WOMEN -70 KG BRONZE MEDAL CONTEST B
- WOMEN -70 KG GOLD MEDAL CONTEST
- MEN -90 KG VICTORY CEREMONY
- MEN -100 KG BRONZE MEDAL CONTEST A
- MEN -100 KG BRONZE MEDAL CONTEST B
- MEN -100 KG GOLD MEDAL CONTEST
- WOMEN -70 KG VICTORY CEREMONY
- WOMEN +70 KG BRONZE MEDAL CONTEST A
- WOMEN +70 KG BRONZE MEDAL CONTEST B
- WOMEN +70 KG GOLD MEDAL CONTEST
- MEN -100 KG VICTORY CEREMONY
- MEN +100 KG BRONZE MEDAL CONTEST A
- MEN +100 KG BRONZE MEDAL CONTEST B
- MEN +100 KG GOLD MEDAL CONTEST
- WOMEN +70 KG VICTORY CEREMONY
- MEN +100 KG VICTORY CEREMONY

## JACK HODGSON

EVENT: MEN'S +100KG | HOMETOWN: GAINSBOROUGH, LINCOLNSHIRE | D.O.B: 30/09/1996 | TWITTER: @JACKHODGSONJUDO | INSTAGRAM: @JACKHODGSONJUDO | GAMES ATTENDED: RIO 2016



Incredibly, 130kg Jack Hodgson's sporting career started out in ballet. As a youngster growing up at a RAF military base, Hodgson initially opted for the tutu over the Judo mat. His mother wanted him to do ballet and won out over his father who preferred Judo but eventually Hodgson managed to switch classes and never looked back.

After making his Games debut as a teenager in Rio, Hodgson is hoping to use that experience to boost his performance in Tokyo in the sport he first started aged

seven. With Judo originating in Japan, Hodgson is no stranger to the country and has spent plenty of time there although the 2019 European bronze medallist relied on his teammates for practice in lockdown.

## DANIEL POWELL

EVENT: MEN'S -81KG | HOMETOWN: LOUGHBOROUGH | D.O.B: 04/05/1991 | TWITTER: @DAN\_DASH\_POWELL | INSTAGRAM: @DANPOWELL.PT | GAMES ATTENDED: LONDON 2012



Daniel Powell can count on the experience of competing at London 2012 but has admitted being the first visually impaired contestant on TV show Ninja Warrior was far more intimidating. Powell followed in the footsteps of father Terry, a two-time bronze medallist, by representing ParalympicsGB in Judo nine years ago alongside older brother Marc.

Visual impairment cone-rod dystrophy runs in the family. But having made his Games debut in London, Powell stepped away from Judo in 2013 and took up Athletics - moving to the National Training Centre in Loughborough.

It was there he met his partner and fellow Paralympian Libby Clegg. Powell returned to Judo in style in 2018, clinching a bronze medal at the IBSA Infraero De Judo Grand Prix before finishing fifth at the European Championships in 2019. He also has a degree in personal training and a diploma in sports massage.

## CHRIS SKELLEY

EVENT: MEN'S -100KG | HOMETOWN: HULL | D.O.B: 09/07/1993 | TWITTER: @CHRISTOPHERSKE2 | INSTAGRAM: @CHRISTOPHER.SKELLEY | GAMES ATTENDED: RIO 2016



Judoka Chris Skelley lost out in the bronze medal match in the Rio Paralympics but arguably came away with an even bigger prize. Skelley narrowly missed out on a medal but bonded with Wheelchair Tennis player Louise Hunt so well on the flight home that she became his fiancée in 2020.

Skelley is hoping to bag a medal in his second stab at the Paralympics before marrying his fellow athlete next year. The former rugby player had to abandon his hopes of becoming a mechanic after his vision deteriorated aged

17 due to the genetic condition ocular albinism. But after taking Judo to improve his fitness, the sport helped him get away from the stress of his changing eyesight. The 2017 European champion and world No.1 is using the fire in his belly from his near miss in Rio to make sure he can climb onto the podium in Tokyo.

## ELLIOT STEWART

EVENT: MEN'S -90KG | HOMETOWN: BILSTON, WOLVERHAMPTON | D.O.B: 22/02/1988 | TWITTER: @ELLIOTJUDO | INSTAGRAM: @ELLIOT\_JUDO\_STEWART



Elliot Stewart was seemingly always destined to represent ParalympicsGB in Judo, he just took a rather large detour. Stewart admits he was born into the martial arts discipline after his dad Dennis won bronze at the Seoul Olympics in 1988. He coached both Elliot and his brother Max up to national level as teenagers but then Elliot upped and left for Hong Kong for five years before returning in 2014.

Two years later, his world changed forever as aged 28, married with three kids, his perfect sight deteriorated dramatically and he was diagnosed with Keratoconus.

The condition, which results in the cornea gradually thinning, left his vision permanently blurred and cost him his job at the time as a Judo instructor.

A family whip round for £5,000 arguably saved his sight by paying for an operation on each eye and soon after he was gunning for the Paralympics. Ranked No.5 in the world, he has won bronze at world and European level.

# POWERLIFTING |

IMPOSSIBLE TO  
IGNORE



## POWERLIFTING SPORTS SECTION

The ultimate test of upper body strength, Powerlifting has been a Paralympic sport since 1984. It's common to see athletes lift three times their body weight and the world record stands at 310kg, set at the Rio Paralympics.

The sport yielded two medals for ParalympicsGB in 2016, with Zoe Newson winning -45kg bronze and Ali Jawad scooping -59kg silver. Powerlifting's growth will always be intertwined with Tokyo - it was first trialled with a handful of competitors at the 1964 Games in Japan. Rio 2016 silver medalist Ali Jawad headlines the five-strong ParalympicsGB powerlifting squad.

After finishing in second in Rio in the -59kg category, the 2014 world champion will compete at his fourth Games in Tokyo despite missing 18 months of action due to his ongoing battle against Crohn's disease.

He will be joined by Army veteran Micky Yule, who made his Paralympics debut five years ago and qualified for the -72kg category after defending his top eight position in the Tokyo 2020

rankings with his last lift at the World Cup event in Dubai.

Having competed in Wheelchair Basketball in 2008 and 2012, Louise Sugden switched her attention to powerlifting and will compete in the -86kg category at her third Paralympics following multiple World Cup wins and Commonwealth Games silver in 2018.

Two-time Paralympic bronze medallist Zoe Newson will go in the -41kg category after winning world and Commonwealth medals since Rio, while Olivia Broome completes the team in the -50kg after finishing fifth in the qualification standings.



## 26 AUG

**THU 26 AUG. 11:00 - 14:20**

**VENUES: TOKYO INTERNATIONAL FORUM**

- MEN'S -49 KG FINAL
- MEN'S -49 KG VICTORY CEREMONY
- WOMEN'S -41 KG FINAL
- WOMEN'S -41 KG VICTORY CEREMONY

**THU 26 AUG. 16:30 - 19:40**

**VENUES: TOKYO INTERNATIONAL FORUM**

- WOMEN'S -45 KG FINAL
- WOMEN'S -45 KG VICTORY CEREMONY
- MEN'S -54 KG FINAL
- MEN'S -54 KG VICTORY CEREMONY

## 27 AUG

**FRI 27 AUG. 11:00 - 14:20**

**VENUES: TOKYO INTERNATIONAL FORUM**

- MEN'S -59 KG FINAL
- MEN'S -59 KG VICTORY CEREMONY
- WOMEN'S -50 KG FINAL
- WOMEN'S -50 KG VICTORY CEREMONY

**FRI 27 AUG. 16:30 - 19:50**

**VENUES: TOKYO INTERNATIONAL FORUM**

- WOMEN'S -55 KG FINAL
- WOMEN'S -55 KG VICTORY CEREMONY
- MEN'S -65 KG FINAL
- MEN'S -65 KG VICTORY CEREMONY

## 28 AUG

**SAT 28 AUG. 11:00 - 14:15**

**VENUES: TOKYO INTERNATIONAL FORUM**

- MEN'S -72 KG FINAL
- MEN'S -72 KG VICTORY CEREMONY
- WOMEN'S -61 KG FINAL
- WOMEN'S -61 KG VICTORY CEREMONY

**SAT 28 AUG. 16:30 - 19:45**

**VENUES: TOKYO INTERNATIONAL FORUM**

- WOMEN'S -67 KG FINAL

- WOMEN'S -67 KG VICTORY CEREMONY

- MEN'S -80 KG FINAL

- MEN'S -80 KG VICTORY CEREMONY

## 29 AUG

**SUN 29 AUG. 11:00 - 14:15**

**VENUES: TOKYO INTERNATIONAL FORUM**

- MEN'S -88 KG FINAL
- MEN'S -88 KG VICTORY CEREMONY
- WOMEN'S -73 KG FINAL
- WOMEN'S -73 KG VICTORY CEREMONY
- SUN 29 AUG. 16:30 - 19:40
- VENUES: TOKYO INTERNATIONAL FORUM
- WOMEN'S -79 KG FINAL
- WOMEN'S -79 KG VICTORY CEREMONY
- MEN'S -97 KG FINAL
- MEN'S -97 KG VICTORY CEREMONY

## 30 AUG

**MON 30 AUG. 11:00 - 14:10**

**VENUES: TOKYO INTERNATIONAL FORUM**

- MEN'S -107 KG FINAL
- MEN'S -107 KG VICTORY CEREMONY
- WOMEN'S -86 KG FINAL
- WOMEN'S -86 KG VICTORY CEREMONY
- MON 30 AUG. 16:30 - 19:40
- VENUES: TOKYO INTERNATIONAL FORUM

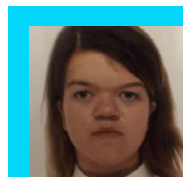
**VENUES: TOKYO INTERNATIONAL FORUM**

- WOMEN'S +86 KG FINAL
- WOMEN'S +86 KG VICTORY CEREMONY
- MEN'S +107 KG FINAL
- MEN'S +107 KG VICTORY CEREMONY

# ATHLETE BIOS

## OLIVIA BROOME

EVENT: -50KG | HOMETOWN: CHORLEY | D.O.B: 13/06/2001 | INSTAGRAM: @OLIVIABROOMEPOWERLIFTER



Olivia Broome set a new British record in the -50kg category to take silver at the Para Powerlifting World Cup in Manchester earlier in 2021. The 20-year-old from Lancashire, who managed 100kg with her second lift, is now in a good position ahead of her Paralympic debut this summer.

She first started powerlifting because her sister was volunteering for the #discoveryourgold talent ID with UK Sport, and she went home and told her that she should try out. In 2018 Broome became the European Junior

Champion and went on to win gold at the Eger World Cup in 2019. Having won bronze at the Manchester World Cup in 2020 Broome continued her hot streak of form into 2021, bringing back two silver medals at the Tbilisi World Cup and lifting 106kg to set a new junior world record. Broome trains with British Weightlifting in Loughborough and her coach is Tom Whittaker.

## ALI JAWAD 1

EVENT: -59KG | HOMETOWN: LONDON | D.O.B: 12/01/1989 | TWITTER: @ALIJAWAD12 | INSTAGRAM: @ALIJAWADPOWERLIFTER | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



Ali Jawad's journey to Tokyo has been far from routine. The 32-year-old powerlifter was born in Lebanon and spent the first six months of his life in his parents' home country. His life took a dramatic turn though, as conflict in the region resulted in his family moving to Tottenham.

Jawad was born without legs, and also lives with Crohn's disease, but he quickly showed what a determined human being he is, becoming a British Junior Powerlifting champion, and setting junior British and European records.

He's continued his astounding record at senior level. He won gold at the World Para Powerlifting Championships in Dubai in 2014, but his biggest achievement was still yet to come. In 2016 he won silver at the Paralympic Games in Rio in the men's -59kg event, before battling back from his Crohn's relapse to claim bronze at the 2018 Gold Coast Commonwealth Games.

## ZOE NEWSON 2

EVENT: -41KG | HOMETOWN: IPSWICH | D.O.B: 24/03/1992 | TWITTER: @ZOENEWSO92 | GAMES ATTENDED: RIO 2016, LONDON 2012



Double Paralympic bronze medallist Zoe Newson joined Suffolk Spartans in Colchester in 2007, but it didn't take long for her to showcase her credentials on the international stage. Having won her first competition in 2008, two years later she competed at the IPC Powerlifting World Championships in Kuala Lumpur, finishing first in the junior event and fourth in the seniors.

By this point she was lifting over double her own body weight, but the best was yet to come. She won bronze at the London 2012 Paralympic Games, equalling her

personal best in the process. Newson repeated that achievement at Rio 2016 where she successfully lifted 102kg to place third behind Nigeria's Latifat Tijani and China's Paralympic champion Dandan Hu. Recently, Newson has won gold at the 2020 Manchester World Cup and another gold at the 2021 Dubai World Cup.



## LOUISE SUGDEN

**EVENT:** -86KG | **HOMETOWN:** NEWBURY, BERKSHIRE | **D.O.B:** 20/07/1984 | **TWITTER:** @LOUISESUGDEN13 | **GAMES ATTENDED:** LONDON 2012, BEIJING 2008



This summer, Louise Sugden will join a select group of athletes who can say they've competed at the highest level of two sports. The 37-year-old from Newbury started playing Wheelchair Basketball at the age of 13 before going on to win multiple medals at European and World Cup level, and compete at the Paralympic Games in 2008 and 2012.

She retired from international competition in 2016, but that wasn't to be the end of her Paralympic dream. In 2017 Sugden took up powerlifting and within nine months

she had lifted 103kg to finish behind Nigeria's Ndidi Nwosu and pick up silver at the 2018 Commonwealth Games. She'll now head to Tokyo to once again represent ParalympicsGB at on the grandest stage with high hopes of a medal after lifting 128kg at the World Cup event in Georgia in May to qualify fourth for Tokyo.

## MICKY YULE

**EVENT:** -72KG | **HOMETOWN:** EDINBURGH | **D.O.B:** 24/12/1978 | **TWITTER:** @MICKYYULE9 | **GAMES ATTENDED:** RIO 2016



Micky Yule is a Scottish-born British powerlifter who made his Paralympic debut at Rio 2016. The 42-year-old joined the British Army at the age of 17 and, after three years of working as a diving instructor at the Defence Diving School on Horsea Island, he was made a staff sergeant in the Royal Engineers.

Yule was posted to Helmand province where, in March 2010, he stood on an IED. Yule survived and took up powerlifting as part of his rehabilitation having been a member of the Army powerlifting team before his injury.

He attended his first international competition in 2012 and started to see the fruits of his labour in the build-up to the 2016 Paralympic Games in Rio, finishing fourth at the Commonwealth Games in Glasgow, winning gold at the 2015 European Championships and gold at the 2016 Invictus Games.

He competed in Rio - finishing sixth - and his most recent wins include gold at the Manchester World Cup 2020 and a silver at the Manchester World Cup 2021.

# | ROWING

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# ROWING SPORTS SECTION

Sitting proudly atop the all-time Rowing medal table, ParalympicsGB will hope to repeat Rio heroics on the Sea Forest Waterway in Tokyo. Great Britain took to top step in three of the four events at the third staging of the Rowing programme at the Paralympics in 2016.

Britain's mixed coxed four are on a run of nine successive Paralympic and world gold medals, named World Para Rowing Crew of the Year in 2019. Reigning Paralympic champions Lauren Rowles and Laurence Whiteley also boast global gold and single sculler Ben Pritchard has impressed in his first Paralympic cycle. Three reigning Paralympic champions and five Games debutants make up the eight-strong ParalympicsGB Rowing squad for the rescheduled Tokyo Games.



Lauren Rowles and Laurence Whiteley will be hoping to defend their Paralympic title from Rio 2016 in the mixed doubles sculls (PR2 Mix 2x) having claimed gold five years ago. While the duo may have had limited racing opportunities in the past 18 months due to Covid-19, they arrive in good form having claimed gold at the 2021 European Championships.

James Fox also took gold in Rio in the mixed coxed four (PR3 Mixed 4+) and returns with four Paralympic debutants in Ellen Buttrick, Giedre Rakauskaite, Ollie Stanhope and cox Erin Kennedy. They have already enjoyed significant success together, winning the world title two years ago as well as the European crown in 2021, and are aiming to maintain their unblemished record.

Finally, ParalympicsGB have selected European silver medallist Ben Pritchard who races in the single sculls (PR1 MX1) having made his international debut just two years ago.

## SCHEDULE

27 AUG

**FRI 27 AUG. 9:30 - 12:10**

**VENUES: SEA FOREST WATERWAY**

- PR1 WOMEN'S SINGLE SCULLS - PR1W1X HEATS
- PR1 MEN'S SINGLE SCULLS - PR1M1X HEATS
- PR2 MIXED DOUBLE SCULLS - PR2MIX2X HEATS
- PR3 MIXED COXED FOUR - PR3MIX4+ HEATS

28 AUG

**SAT 28 AUG. 9:30 - 12:10**

**VENUES: SEA FOREST WATERWAY**

- PR1 WOMEN'S SINGLE SCULLS - PR1W1X REPECHAGES
- PR1 MEN'S SINGLE SCULLS - PR1M1X REPECHAGES
- PR2 MIXED DOUBLE SCULLS - PR2MIX2X REPECHAGES
- PR3 MIXED COXED FOUR - PR3MIX4+ REPECHAGES

29 AUG

**SUN 29 AUG. 9:30 - 12:20**

**VENUES: SEA FOREST WATERWAY**

- PR1 WOMEN'S SINGLE SCULLS - PR1W1X FINALS
- PR1 MEN'S SINGLE SCULLS - PR1M1X FINALS
- PR2 MIXED DOUBLE SCULLS - PR2MIX2X FINALS

- PR3 MIXED COXED FOUR - PR3MIX4+ FINALS
- PR1 WOMEN'S SINGLE SCULLS - PR1W1X VICTORY CEREMONY
- PR1 MEN'S SINGLE SCULLS - PR1M1X VICTORY CEREMONY
- PR2 MIXED DOUBLE SCULLS - PR2MIX2X VICTORY CEREMONY
- PR3 MIXED COXED FOUR - PR3MIX4+ VICTORY CEREMONY

## ATHLETE BIOGRAPHIES

### ELLEN BUTTRICK

**EVENT:** PR3 MIXED COXED FOUR | **HOMETOWN:** LEEDS | **D.O.B:** 08/03/1995 | **TWITTER:** @ELLENBUTTRICK | **INSTAGRAM:** @ELLENBUTTRICK



Remarkably, there was only a 12-month gap between Ellen Buttrick being spotted at a para Rowing talent ID event, and her becoming a world champion in the PR3 mixed cox four. In 2019 Buttrick defended her World Championship title, setting a new world best time in the process.

She will go to Tokyo with hopes of continuing the PR3 mixed coxed four's 10-year golden streak on what will be her Paralympic debut.

She is also a trustee of the Love Rowing foundation, hoping to bring a wider range of communities into the sport of Rowing in the future.

### JAMES FOX <sup>1</sup>

**EVENT:** PR3 MIXED COXED FOUR | **HOMETOWN:** PETERBOROUGH | **D.O.B:** 02/05/1992 | **TWITTER:** @HASHTAG\_FOX | **INSTAGRAM:** @HASHTAG\_FOX | **GAMES ATTENDED:** RIO 2016, LONDON 2012



A five-time world champion, James Fox achieved Paralympic glory in Rio five years ago, winning gold in the mixed coxed four with Grace Clough, Daniel Brown, Pam Relf and Oliver James.

Fox turned to Rowing in the first instance after his coach attended a talent ID conference and suggested James give it a try.

Two years ago a hip injury ended his season, with the pandemic then scuppering any hope he had of competing in 2020. Fox is hoping that a gruelling winter training programme will this time be worth it if success in Tokyo can come his way.

### ERIN KENNEDY

**EVENT:** PR3 MIXED COXED FOUR (COX) | **HOMETOWN:** WANTAGE, OXFORDSHIRE | **D.O.B:** 02/10/1995 | **TWITTER:** @ERINWY SOCKI | **INSTAGRAM:** @ERINMWJ



As a two-time world champion Erin Kennedy (née Wysocki-Jones) brings a wealth of high-level coxing experience to the mixed four crew aiming for gold in Tokyo. She was a spare for the Paralympic Mix4+ in Rio 2016 and trialled for the Senior Women's 8+ in the 2017 season, finishing fourth in the 2017 European Championships.

Kennedy moved across to trial for the Paralympic programme in the 2018 season and was selected for the World Championships in Plovdiv, Bulgaria.

She coxed the crew to their eighth consecutive World Championship gold medal in a hard-fought race against their main rivals, the USA. Kennedy also coxed the crew to a gold medal at the European Championships earlier this year.

## BENJAMIN PRITCHARD

EVENT: PR1 MEN'S SINGLE SCULL | HOMETOWN: MUMBLES, WALES | D.O.B: 15/03/1992 | TWITTER: @BENJAMINPRITCH1 | INSTAGRAM: @BENJAMINPRITCH1



After only taking up Rowing in late 2016, Benjamin Pritchard has had a phenomenal rise to the international stage.

A proud Welshman, Pritchard first took up indoor Rowing during his rehab at Stoke Mandeville Hospital and was quickly spotted by British Rowing staff, joining the para development squad in 2017.

Pritchard made his international debut for the GB Rowing Team in 2019 and won a bronze medal on his World Cup

debut. In 2021, he won silver at the European Rowing Championships and won Disability Sport Wales' Athlete of the Year award.

## OLLIE STANHOPE

EVENT: PR3 MIXED COXED FOUR | HOMETOWN: LONDON | D.O.B: 30/05/1998 | TWITTER: @OSTANHOPE | INSTAGRAM: @OLLIESTANHOPE



Three-time world champion Ollie Stanhope is one of the stars of the PR3 mixed coxed four which has enjoyed so much success in recent years. He started Rowing at Walton Rowing Club in 2008 before taking up the sport at Hampton School in 2014.

Stanhope then raced in the Temple Challenge Cup at Henley Royal Regatta in 2015 before moving up to the first eight to contest the Princess Elizabeth Challenge Cup in 2016.

Since then he has formed part of the successful GB PR3 mixed coxed four, who won the European title earlier this year. Now the 23-year-old - who is also a member of Molesey Boat Club - will be looking to replicate that success on the Paralympic stage.

## GIEDRE RAKAUSKAITĖ

EVENT: PR3 MIXED COXED FOUR | HOMETOWN: WORCESTER | D.O.B: 05/05/1990 | TWITTER: @BFGROWER | INSTAGRAM: @BFGIEDRE



Few will have higher hopes for their first Paralympic Games in the GB team than Giedre Rakauskaitė. Rakauskaitė is already a double world champion in the mixed coxed four event, part of the winning crews in both 2017 and 2019.

Originally from Lithuania, she first came to the UK to study at the University of Worcester, back in September 2011. The excellent Rowing club was one of the reasons Worcester was chosen, Rakauskaitė studying sports coaching with science.

She liked life in the UK so much it became her permanent home, and nearly 10 years later she heads to her first Games with ParalympicsGB.

## LAURENCE WHITELEY <sup>1</sup>

EVENT: PR2 MIXED DOUBLE SCULLS | HOMETOWN: NORTHALLERTON | D.O.B: 05/05/1990 | TWITTER: @LAURENCEW | INSTAGRAM: @WHITELEYLAURENCE | GAMES ATTENDED: RIO 2016



Patience reaped massive rewards for Laurence Whiteley at Rio 2016 as he was crowned Paralympic champion just one year after his long search for a Rowing partner had finally paid off. Whiteley made his international debut in the mixed double sculls at the 2015 World Championships alongside newcomer Lauren Rowles.

They quickly formed an impressive partnership, qualifying the boat for Rio in their first regatta together before setting a new world best time on their way to winning Paralympic gold 12 months later.

Rowles and Whiteley currently hold all three of the top international titles in their event, after becoming world champions in the PR2 mixed double sculls in 2019 and European champions in 2021. In his youth, Whiteley was British Triathlon regional champion in the 13-14 age group.

## LAUREN ROWLES <sup>1</sup>

EVENT: PR2 MIXED DOUBLE SCULLS | HOMETOWN: BIRMINGHAM | D.O.B: 24/04/1998 | TWITTER: @ITSLAURENROWLES | INSTAGRAM: @ITSLAURENROWLES | GAMES ATTENDED: RIO 2016



Lauren Rowles became a Paralympic champion in Rio 2016, only a year after taking up Rowing. After setting a world record in the heats, she and crewmate Laurence Whiteley took a stunning gold medal.

Rowles and Whiteley also became world champions in the PR2 mixed double sculls in 2019, making them reigning World and Paralympic champions.

In 2021, on their return to racing following the pandemic, the pair also became European champions. Before Rowing she had been a wheelchair racer, but has never looked back since switching sports, with her efforts seeing her rewarded with an MBE.

# SHOOTING |

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## SHOOTING SPORTS SECTION

ParalympicsGB will be hoping for an improved return on the range in Tokyo having missed out on the medals from Rio. Medals are on offer across 13 events, in which athletes wield rifles and pistols to shoot at targets from distances of 10, 25 and 50 metres. Britain should have a good record in the sport, with a haul of eight Shooting gold medals placing them fifth in an all-time table that is topped by Sweden and South Korea on 23.

Seven ParalympicsGB shooters will be aiming for glory in Tokyo. 2008 Paralympic champion Matt Skelhon (R3, R6) will be making his fourth appearance at the Games and arrives as a reigning double world champion. He will be joined by James Bevis (R5, R9) who also has medal experience from the Paralympics, having claimed bronze in front of the home crowds at London 2012.





Bevis and Skelhon won team bronze at the 2019 World Championships alongside Tim Jeffery (R4, R5, R9), who will be making his second Paralympics appearance. Ryan Cockbill (R4, R5, R9) will compete at his third Games while Lorraine Lambert (R2, R6, R8) and Issy Bailey (P2, P3) are making their second Paralympic appearances.

There will also be a Games debut for Lesley Stewart, who missed out Rio 2016 after having to undergo further operations, as she goes for podium glory in the R8 and R2 events.

## SCHEDULE

30 AUG

MON 30 AUG. 8:30 - 16:45

VENUES: ASAKA SHOOTING RANGE

- R2 - WOMEN'S 10M AIR RIFLE STANDING SH1 QUALIFICATION
- R2 - WOMEN'S 10M AIR RIFLE STANDING SH1 FINALS
- R2 - WOMEN'S 10M AIR RIFLE STANDING SH1 VICTORY CEREMONY
- R1 - MEN'S 10M AIR RIFLE STANDING SH1 QUALIFICATION
- R1 - MEN'S 10M AIR RIFLE STANDING SH1 FINALS
- R1 - MEN'S 10M AIR RIFLE STANDING SH1 VICTORY CEREMONY
- R4 - MIXED 10M AIR RIFLE STANDING SH2 QUALIFICATION
- R4 - MIXED 10M AIR RIFLE STANDING SH2 FINALS
- R4 - MIXED 10M AIR RIFLE STANDING SH2 VICTORY CEREMONY

31 AUG

DATE AND TIME: TUE 31 AUG. 9:30 - 15:30

VENUES: ASAKA SHOOTING RANGE

- P2 - WOMEN'S 10M AIR PISTOL SH1 QUALIFICATION
- P2 - WOMEN'S 10M AIR PISTOL SH1 FINALS
- P2 - WOMEN'S 10M AIR PISTOL SH1 VICTORY CEREMONY
- P1 - MEN'S 10M AIR PISTOL SH1 QUALIFICATION
- P1 - MEN'S 10M AIR PISTOL SH1 FINALS

- P1 - MEN'S 10M AIR PISTOL SH1 VICTORY CEREMONY

01 SEP

WED 1 SEP. 9:30 - 14:45

VENUES: ASAKA SHOOTING RANGE

- R3 - MIXED 10M AIR RIFLE PRONE SH1 QUALIFICATION
- R3 - MIXED 10M AIR RIFLE PRONE SH1 FINALS
- R3 - MIXED 10M AIR RIFLE PRONE SH1 VICTORY CEREMONY
- R5 - MIXED 10M AIR RIFLE PRONE SH2 QUALIFICATION
- R5 - MIXED 10M AIR RIFLE PRONE SH2 FINALS
- R5 - MIXED 10M AIR RIFLE PRONE SH2 VICTORY CEREMONY
- DATE AND TIME: THU 2 SEP. 8:45 - 16:45
- VENUES: ASAKA SHOOTING RANGE
- P3 - MIXED 25M PISTOL SH1 QUALIFICATION PRECISION
- P3 - MIXED 25M PISTOL SH1 QUALIFICATION RAPID
- P3 - MIXED 25M PISTOL SH1 FINALS
- P3 - MIXED 25M PISTOL SH1 VICTORY CEREMONY

03 SEP

FRI 3 SEP. 9:30 - 16:30

VENUES: ASAKA SHOOTING RANGE

- R8 - WOMEN'S 50M RIFLE 3 POSITIONS SH1 QUALIFICATION
- R8 - WOMEN'S 50M RIFLE 3 POSITIONS SH1 FINALS
- R8 - WOMEN'S 50M RIFLE 3 POSITIONS SH1 VICTORY CEREMONY

- R7 - MEN'S 50M RIFLE 3 POSITIONS SH1 QUALIFICATION
- R7 - MEN'S 50M RIFLE 3 POSITIONS SH1 FINALS
- R7 - MEN'S 50M RIFLE 3 POSITIONS SH1 VICTORY CEREMONY

04 SEP

**SAT 4 SEP. 9:30 - 15:45**

**VENUES: ASAKA SHOOTING RANGE**

- P4 - MIXED 50M PISTOL SH1 QUALIFICATION
- P4 - MIXED 50M PISTOL SH1 FINALS
- P4 - MIXED 50M PISTOL SH1 VICTORY CEREMONY
- R9 - MIXED 50M RIFLE PRONE SH2 QUALIFICATION
- R9 - MIXED 50M RIFLE PRONE SH2 FINALS
- R9 - MIXED 50M RIFLE PRONE SH2 VICTORY CEREMONY

05 SEP

**SUN 5 SEP. 9:30 - 12:30**

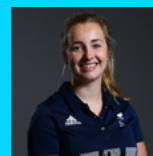
**VENUES: ASAKA SHOOTING RANGE**

- R6 - MIXED 50M RIFLE PRONE SH1 QUALIFICATION
- R6 - MIXED 50M RIFLE PRONE SH1 FINALS
- R6 - MIXED 50M RIFLE PRONE SH1 VICTORY CEREMONY

## ATHLETE BIOGRAPHIES

### ISSY BAILEY

**EVENT:** SH1 - PISTOL | **HOMETOWN:** CIRENCESTER, GLOUCESTERSHIRE | **D.O.B:** 19/04/1994 | **TWITTER:** @ISSYBAILEY1 | **INSTAGRAM:** @ISSYBAILEY2 | **GAMES ATTENDED:** RIO 2016



A talented hockey player growing up in Cirencester, Issy Bailey took up pistol shooting aged 19 while being treated for her injuries at Stoke Mandeville Hospital. In June 2013, she and two friends were returning home from the cinema when they were involved in a car accident which led to her being put in an induced coma for five days.

Her injuries included a broken back, five broken ribs, a crushed right lung, a severed liver and she was left paralysed from the waist down, as well as losing the full use of her left hand. Bailey has previously spoken about

how the injuries were so painful that she had to sip juice from a sponge. Simply being able to continue with day-to-day life after such an accident would be considered an achievement - but Bailey was determined to do more than just that. She made her Paralympic debut in Rio, just two years after joining the shooting squad.

The 27-year-old is the sole representative in pistol shooting, competing in the women's 10m air pistol SH1 and mixed 25m pistol SH1 at the Tokyo Games.

### JAMES BEVIS

**EVENT:** SH2 - AIR RIFLE | **HOMETOWN:** HEREFORD | **D.O.B:** 08/08/1976 | **TWITTER:** @BEVIS\_JAMES | **INSTAGRAM:** @JAMES\_BEVIS | **GAMES ATTENDED:** RIO 2016, LONDON 2012, BEIJING 2008



Evergreen Hereford shooter James Bevis has been a stalwart of the ParalympicsGB team ever since making his Games debut at Beijing 2008. The 44-year-old first took up the sport in 2000 although he had already tried shooting targets at just seven years old in his grandmother's back garden.

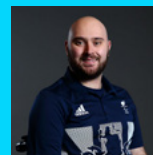
Having finished 19th in both the standing and prone categories on his Games bow, he claimed bronze four years later at London 2012 in the mixed 10m air rifle prone event. Bevis finished 18th and 32nd at the Rio 2016 Paralympics before bouncing back by winning gold in the R9 event at the World Para Shooting Para Sport World

Cup in 2017. He defended that title at the World Cup in Chateauroux a year later, securing a quota place for Great Britain at the Tokyo 2020 Paralympics in the process. Bevis also clinched silver at the 2019 World Cup event in the UAE, rounding off the year with team gold and bronze alongside Jeffery and Cockbill at the 2019 World Championships.

He is also a keen cyclist and a self-confessed fitness addict, Cycling the equivalent of John o' Groats to Lands' End on a turbo trainer in his garage during lockdown.

### RYAN COCKBILL

**EVENT:** SH2 - AIR RIFLE | **HOMETOWN:** BIRMINGHAM | **D.O.B:** 16/06/1990 | **TWITTER:** @RYANCOCKBILL | **GAMES ATTENDED:** RIO 2016, LONDON 2012



Ryan Cockbill took part in the Birmingham leg of the torch relay ahead of London 2012 before making his Paralympic debut as a fresh-faced 22-year-old. He reached the finals of both the 10m Air Rifle Standing Mixed SH2 and the 10m Air Rifle Prone Mixed SH2, finishing 21st and 17th respectively.

While the West Midlands shooter narrowly missed out on reaching the finals four years later at Rio 2016, he showed his class with a bronze at the 2019 World Cup in the UAE.

Cockbill first tried target shooting at the 2007 Stoke Mandeville Games, having sustained a compression fracture of his spine after diving into a paddling pool at a friend's garden party.

In preparation for his third Paralympics, Cockbill brought about radical changes to his training methods and installed a practice facility at his home in Walsall during lockdown.

### TIM JEFFERY

EVENT: SH2 - AIR RIFLE | HOMETOWN: NEWBURY | D.O.B: 09/04/1996 | TWITTER: @TIM\_JEFFERY | GAMES ATTENDED: RIO 2016



Tim Jeffery got into rifle shooting through the scout association, having been told he was too small to have a go at the sport he was most interested in. He earned a Paralympic quota place for Great Britain in February 2019 when he claimed gold at the World Shooting Para Sport World Cup in Al Ain, Oman.

Tokyo will be the second Games for Jeffery after he also competed at Rio in 2016, where he finished 10th in the qualification for the R5 Mixed 10m Air Rifle Prone SH2.

He will be looking to take the next step in Tokyo having spent the last year training from home while studying to complete an online A Level psychology course. Jeffery also plans to further his education with a degree in psychology after Tokyo.

### LORRAINE LAMBERT

EVENT: SH1 - AIR RIFLE | HOMETOWN: PORTSMOUTH | D.O.B: 29/09/1972 | INSTAGRAM @LANE2985 | GAMES ATTENDED: RIO 2016



Lorraine Lambert started her journey to Paralympic glory in a youth organisation called The Nautical Training Corps where she learned to shoot competitively. She worked as a climbing instructor but chose to have a leg amputated in 2010 after a historic climbing accident in 1997 which resulted in 16 operations in the intervening years.

The 48-year-old admitted the decision to have her leg amputated was the best one she's ever made as it's resulted in her experiencing less pain.

Portsmouth-based Lambert represented ParalympicsGB in Rio in 2016 where she finished fifth in the 50m Rifle (3 positions) in the SH1 category. She has since won World Cup silver in 2017 before adding a bronze at the 2018 World Championships to prove she is one of ParalympicsGB's best hopes for Tokyo.

### MATT SKELHON 1 1 1

EVENT: SH1 - AIR RIFLE | HOMETOWN: PETERBOROUGH | D.O.B: 30/10/1984 | TWITTER: @MATTSKELHON | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



Matt Skelhon could never have imagined where sport would take him when he first took up shooting as a hobby aged 11. He shot to fame at Beijing 2008 where, sporting a flamboyant red mohican, the Peterborough native won gold and equalled the world record less than two years after he started competing.

Skelhon narrowly missed out on defending his title at London 2012 by just 0.3 points, settling for silver instead, before adding a bronze to his collection in the 60m prone mixed SH1.

Despite setting a new Paralympic record in qualification, it wasn't to be at Rio 2016 as he finished seventh in the mixed 50m rifle prone SH1 shooting final. But Skelhon has excelled at World and European Championships, setting a world record score and securing double World Championship gold in 2019 in Australia.

### LESLEY STEWART

EVENT: SH1 - AIR RIFLE | HOMETOWN: BLAIRGOWRIE, SCOTLAND | D.O.B: 20/09/1978



Lesley Stewart was selected to represent ParalympicsGB at Tokyo 2020 after she secured a bronze medal at the World Shooting Para Sport Lima World Cup. The 42-year-old from Blairgowrie will compete in both the R8 50m Rifle (3 Position) SH1 and the R2 10m Air Rifle Standing SH1 in Tokyo.

Stewart has had a difficult five years after transitioning from a below-knee amputee to an above-knee amputee due to serious injuries. A former military police officer,

having served in Germany and Iraq, an injury during a fitness exercise set her on her path to Paralympic selection. She was introduced to shooting at the military rehabilitation unit Headley Court after a deep brain stimulation operation in 2009.

Despite numerous setbacks, she has persevered and will be attending her first games in Tokyo this summer.

# | SWIMMING



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# SWIMMING SPORTS SECTION

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ParalympicsGB have a fine tradition in the pool having picked up 47 medals in Rio, eight more than the number won at London 2012. Ellie Simmonds has come a long way since her two gold medals in Beijing in 2008 as a 13-year-old and will be looking to build on her eight Paralympic medals in 2021. The team won an astounding 16 gold medals in Rio as Michael Jones and Matthew Wylie picked up top honours on their Games debuts.

Having won a staggering 19 golds and 47 medals overall at the 2019 World Para Swimming Championships in London, ParalympicsGB looks set for a successful time in the pool in Tokyo. 25 swimmers have been named in the squad and they will be hoping to match the 47 medals won at the Rio Paralympics five years ago.



There are 41 previous medals in the squad from the likes of Ellie Simmonds (S6) and Stephanie Millward (S8), who are competing in a fourth straight Paralympics having both won gold in Rio.

Bethany Firth (S14) and Ellie Robinson (S6) are also among the gold medalists returning to the Paralympics. Reece Dunn (S14), Toni Shaw (S9) and Tully Kearney (S5) all won multiple gold medals at the World Championships two years ago and will be among those looking to star on their Paralympic debuts. With other exciting young talents like Maisie Summers-Newton (S6) and Louis Lawlor (S14) also competing in Tokyo, this is a squad perfectly balanced with experience and youth.

# SCHEDULE

## 25 AUG

WED 25 AUG. 9:00 - 11:45

VENUES: TOKYO AQUATICS CENTRE

- MEN'S 400M FREESTYLE - S9 HEATS
- WOMEN'S 400M FREESTYLE - S9 HEATS
- MEN'S 100M BACKSTROKE - S1 HEATS
- MEN'S 100M BACKSTROKE - S2 HEATS
- WOMEN'S 100M BACKSTROKE - S2 HEATS
- MEN'S 100M BUTTERFLY - S14 HEATS
- WOMEN'S 100M BUTTERFLY - S14 HEATS
- MEN'S 50M BREASTSTROKE - SB3 HEATS
- WOMEN'S 50M FREESTYLE - S6 HEATS
- MEN'S 50M FREESTYLE - S10 HEATS
- WOMEN'S 50M FREESTYLE - S10 HEATS
- MEN'S 100M BUTTERFLY - S13 HEATS
- WOMEN'S 100M BUTTERFLY - S13 HEATS
- MEN'S 200M FREESTYLE - S5 HEATS
- WOMEN'S 200M FREESTYLE - S5 HEATS
- MEN'S 100M FREESTYLE - S8 HEATS

WED 25 AUG. 17:00 - 21:05

VENUES: TOKYO AQUATICS CENTRE

- MEN'S 400M FREESTYLE - S9 FINAL
- WOMEN'S 400M FREESTYLE - S9 FINAL
- MEN'S 100M BACKSTROKE - S1 FINAL
- MEN'S 100M BACKSTROKE - S2 FINAL
- WOMEN'S 100M BACKSTROKE - S2 FINAL
- MEN'S 400M FREESTYLE - S9 VICTORY CEREMONY
- WOMEN'S 400M FREESTYLE - S9 VICTORY CEREMONY
- MEN'S 100M BUTTERFLY - S14 FINAL
- WOMEN'S 100M BUTTERFLY - S14 FINAL
- MEN'S 100M BACKSTROKE - S1 VICTORY CEREMONY

- MEN'S 100M BACKSTROKE - S2 VICTORY CEREMONY
- WOMEN'S 100M BACKSTROKE - S2 VICTORY CEREMONY
- MEN'S 50M BREASTSTROKE - SB3 FINAL
- WOMEN'S 50M FREESTYLE - S6 FINAL
- MEN'S 100M BUTTERFLY - S14 VICTORY CEREMONY
- WOMEN'S 100M BUTTERFLY - S14 VICTORY CEREMONY
- MEN'S 50M FREESTYLE - S10 FINAL
- WOMEN'S 50M FREESTYLE - S10 FINAL
- MEN'S 50M BREASTSTROKE - SB3 VICTORY CEREMONY
- WOMEN'S 50M FREESTYLE - S6 VICTORY CEREMONY
- MEN'S 100M BUTTERFLY - S13 FINAL
- WOMEN'S 100M BUTTERFLY - S13 FINAL
- MEN'S 50M FREESTYLE - S10 VICTORY CEREMONY
- WOMEN'S 50M FREESTYLE - S10 VICTORY CEREMONY
- MEN'S 200M FREESTYLE - S5 FINAL
- WOMEN'S 200M FREESTYLE - S5 FINAL
- MEN'S 100M FREESTYLE - S8 FINAL
- MEN'S 100M BUTTERFLY - S13 VICTORY CEREMONY
- WOMEN'S 100M BUTTERFLY - S13 VICTORY CEREMONY
- MEN'S 200M FREESTYLE - S5 VICTORY CEREMONY
- WOMEN'S 200M FREESTYLE - S5 VICTORY CEREMONY
- MEN'S 100M FREESTYLE - S8 VICTORY CEREMONY

## 26 AUG

THU 26 AUG. 9:00 - 11:25

VENUES: TOKYO AQUATICS CENTRE

- MEN'S 100M FREESTYLE - S5 HEATS
- WOMEN'S 100M FREESTYLE - S5 HEATS
- MEN'S 100M FREESTYLE - S4 HEATS
- MEN'S 200M INDIVIDUAL MEDLEY - SM6 HEATS
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM6 HEATS
- MEN'S 400M FREESTYLE - S11 HEATS
- WOMEN'S 400M FREESTYLE - S11 HEATS
- MEN'S 100M BREASTSTROKE - SB9 HEATS
- WOMEN'S 100M BREASTSTROKE - SB9 HEATS
- MEN'S 100M BACKSTROKE - S13 HEATS
- WOMEN'S 100M BACKSTROKE - S13 HEATS
- MEN'S 100M BREASTSTROKE - SB8 HEATS
- WOMEN'S 100M BREASTSTROKE - SB8 HEATS
- MIXED 4X50M FREESTYLE RELAY - 20 POINTS HEATS
- MEN'S 100M FREESTYLE - S5 FINAL
- WOMEN'S 100M FREESTYLE - S5 FINAL
- MEN'S 100M FREESTYLE - S4 FINAL
- MEN'S 200M INDIVIDUAL MEDLEY - SM6 FINAL
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM6 FINAL
- MEN'S 100M FREESTYLE - S5 VICTORY CEREMONY
- WOMEN'S 100M FREESTYLE - S5 VICTORY CEREMONY
- MEN'S 100M FREESTYLE - S4 VICTORY CEREMONY
- MEN'S 400M FREESTYLE - S11 FINAL
- WOMEN'S 400M FREESTYLE - S11 FINAL
- MEN'S 200M INDIVIDUAL MEDLEY - SM6

VICTORY CEREMONY

- WOMEN'S 200M INDIVIDUAL MEDLEY - SM6 VICTORY CEREMONY
- MEN'S 100M BREASTSTROKE - SB9 FINAL
- WOMEN'S 100M BREASTSTROKE - SB9 FINAL
- MEN'S 400M FREESTYLE - S11 VICTORY CEREMONY
- WOMEN'S 400M FREESTYLE - S11 VICTORY CEREMONY
- MEN'S 100M BACKSTROKE - S13 FINAL
- WOMEN'S 100M BACKSTROKE - S13 FINAL
- MEN'S 100M BREASTSTROKE - SB9 VICTORY CEREMONY
- WOMEN'S 100M BREASTSTROKE - SB9 VICTORY CEREMONY
- MEN'S 100M BREASTSTROKE - SB8 FINAL
- WOMEN'S 100M BREASTSTROKE - SB8 FINAL
- MEN'S 100M BACKSTROKE - S13 VICTORY CEREMONY
- WOMEN'S 100M BACKSTROKE - S13 VICTORY CEREMONY
- MIXED 4X50M FREESTYLE RELAY - 20 POINTS FINAL
- MEN'S 100M BREASTSTROKE - SB8 VICTORY CEREMONY
- WOMEN'S 100M BREASTSTROKE - SB8 VICTORY CEREMONY
- MIXED 4X50M FREESTYLE RELAY - 20 POINTS VICTORY CEREMONY

## 27 AUG

FRI 27 AUG. 9:00 - 11:10

VENUES: TOKYO AQUATICS CENTRE

- MEN'S 100M BACKSTROKE - S12 HEATS
- WOMEN'S 100M BACKSTROKE - S12 HEATS
- MEN'S 100M BACKSTROKE - S8 HEATS

- WOMEN'S 100M BACKSTROKE - S8 HEATS
- MEN'S 200M FREESTYLE - S14 HEATS
- WOMEN'S 200M FREESTYLE - S14 HEATS
- MEN'S 50M FREESTYLE - S11 HEATS
- WOMEN'S 50M FREESTYLE - S11 HEATS
- MEN'S 50M BUTTERFLY - S5 HEATS
- WOMEN'S 50M BUTTERFLY - S5 HEATS
- MEN'S 200M INDIVIDUAL MEDLEY - SM7 HEATS
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM7 HEATS
- MEN'S 400M FREESTYLE - S13 HEATS
- WOMEN'S 400M FREESTYLE - S13 HEATS
- [FRI 27 AUG. 17:00 - 20:30](#)
- [VENUES: TOKYO AQUATICS CENTRE](#)
- MEN'S 100M BACKSTROKE - S12 FINAL
- WOMEN'S 100M BACKSTROKE - S12 FINAL
- MEN'S 100M BACKSTROKE - S8 FINAL
- WOMEN'S 100M BACKSTROKE - S8 FINAL
- MEN'S 200M FREESTYLE - S14 FINAL
- WOMEN'S 200M FREESTYLE - S14 FINAL
- MEN'S 100M BACKSTROKE - S12 VICTORY CEREMONY
- WOMEN'S 100M BACKSTROKE - S12 VICTORY CEREMONY
- MEN'S 50M FREESTYLE - S11 FINAL
- WOMEN'S 50M FREESTYLE - S11 FINAL
- MEN'S 100M BACKSTROKE - S8 VICTORY CEREMONY
- WOMEN'S 100M BACKSTROKE - S8 VICTORY CEREMONY
- MEN'S 50M BUTTERFLY - S5 FINAL
- WOMEN'S 50M BUTTERFLY - S5 FINAL
- MEN'S 200M FREESTYLE - S14 VICTORY CEREMONY
- WOMEN'S 200M FREESTYLE - S14 VICTORY CEREMONY
- MEN'S 200M INDIVIDUAL MEDLEY - SM7

- FINAL
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM7 FINAL
- MEN'S 50M FREESTYLE - S11 VICTORY CEREMONY
- WOMEN'S 50M FREESTYLE - S11 VICTORY CEREMONY
- MEN'S 400M FREESTYLE - S13 FINAL
- WOMEN'S 400M FREESTYLE - S13 FINAL
- MEN'S 50M BUTTERFLY - S5 VICTORY CEREMONY
- WOMEN'S 50M BUTTERFLY - S5 VICTORY CEREMONY
- MEN'S 200M INDIVIDUAL MEDLEY - SM7 VICTORY CEREMONY
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM7 VICTORY CEREMONY
- MEN'S 400M FREESTYLE - S13 VICTORY CEREMONY
- WOMEN'S 400M FREESTYLE - S13 VICTORY CEREMONY
- WOMEN'S 150M INDIVIDUAL MEDLEY - SM4 HEATS
- WOMEN'S 150M INDIVIDUAL MEDLEY - SM3 HEATS
- MEN'S 100M BACKSTROKE - S11 HEATS
- WOMEN'S 100M BACKSTROKE - S11

## 28 AUG

[SAT 28 AUG. 9:00 - 11:35](#)

[VENUES: TOKYO AQUATICS CENTRE](#)

- MEN'S 100M BREASTSTROKE - SB6 HEATS
- WOMEN'S 100M BREASTSTROKE - SB6 HEATS
- MEN'S 100M FREESTYLE - S10 HEATS
- WOMEN'S 100M FREESTYLE - S10 HEATS
- MEN'S 150M INDIVIDUAL MEDLEY - SM4 HEATS
- WOMEN'S 150M INDIVIDUAL MEDLEY - SM4 HEATS
- MEN'S 150M INDIVIDUAL MEDLEY - SM3 HEATS
- WOMEN'S 150M INDIVIDUAL MEDLEY - SM3 HEATS
- MEN'S 100M BACKSTROKE - S11 HEATS
- WOMEN'S 100M BACKSTROKE - S11

- HEATS
- MEN'S 200M INDIVIDUAL MEDLEY - SM8 HEATS
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM8 HEATS
- MEN'S 100M BREASTSTROKE - SB5 HEATS
- WOMEN'S 100M BREASTSTROKE - SB5 HEATS
- MIXED 4X100M FREESTYLE RELAY - S14 HEATS
- [SAT 28 AUG. 17:00 - 20:40](#)
- [VENUES: TOKYO AQUATICS CENTRE](#)
- MEN'S 100M BREASTSTROKE - SB6 FINAL
- WOMEN'S 100M BREASTSTROKE - SB6 FINAL
- MEN'S 100M FREESTYLE - S10 FINAL
- WOMEN'S 100M FREESTYLE - S10 FINAL
- MEN'S 150M INDIVIDUAL MEDLEY - SM4 FINAL
- WOMEN'S 150M INDIVIDUAL MEDLEY - SM4 FINAL
- MEN'S 150M INDIVIDUAL MEDLEY - SM3 FINAL
- MEN'S 100M BREASTSTROKE - SB6 VICTORY CEREMONY
- WOMEN'S 100M BREASTSTROKE - SB6 VICTORY CEREMONY
- MEN'S 100M BACKSTROKE - S11 FINAL
- WOMEN'S 100M BACKSTROKE - S11 FINAL
- MEN'S 100M FREESTYLE - S10 VICTORY CEREMONY
- WOMEN'S 100M FREESTYLE - S10 VICTORY CEREMONY
- MEN'S 200M INDIVIDUAL MEDLEY - SM8 FINAL
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM8 FINAL
- MEN'S 150M INDIVIDUAL MEDLEY - SM4 VICTORY CEREMONY

- WOMEN'S 150M INDIVIDUAL MEDLEY - SM4 VICTORY CEREMONY
- MEN'S 100M BREASTSTROKE - SB5 FINAL
- WOMEN'S 100M BREASTSTROKE - SB5 FINAL
- MEN'S 150M INDIVIDUAL MEDLEY - SM3 VICTORY CEREMONY
- MEN'S 100M BACKSTROKE - S11 VICTORY CEREMONY
- WOMEN'S 100M BACKSTROKE - S11 VICTORY CEREMONY
- MIXED 4X100M FREESTYLE RELAY - S14 FINAL
- MEN'S 200M INDIVIDUAL MEDLEY - SM8 VICTORY CEREMONY
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM8 VICTORY CEREMONY
- MEN'S 100M BREASTSTROKE - SB5 VICTORY CEREMONY
- WOMEN'S 100M BREASTSTROKE - SB5 VICTORY CEREMONY
- MIXED 4X100M FREESTYLE RELAY - S14 VICTORY CEREMONY

## 29 AUG

[SUN 29 AUG. 9:00 - 11:25](#)

[VENUES: TOKYO AQUATICS CENTRE](#)

- MEN'S 400M FREESTYLE - S7 HEATS
- WOMEN'S 400M FREESTYLE - S7 HEATS
- MEN'S 100M BREASTSTROKE - SB14 HEATS
- WOMEN'S 100M BREASTSTROKE - SB14 HEATS
- MEN'S 50M FREESTYLE - S9 HEATS
- MEN'S 50M BACKSTROKE - S3 HEATS
- WOMEN'S 50M BACKSTROKE - S3 HEATS
- MEN'S 50M FREESTYLE - S13 HEATS
- WOMEN'S 50M FREESTYLE - S13 HEATS
- MEN'S 100M BREASTSTROKE - SB4

#### HEATS

- WOMEN'S 100M BREASTSTROKE - SB4

#### HEATS

- MEN'S 200M FREESTYLE - S2 HEATS
- WOMEN'S 4X100M FREESTYLE RELAY - 34

#### POINTS HEATS

SUN 29 AUG. 17:00 - 20:25

VENUES: TOKYO AQUATICS CENTRE

- MEN'S 400M FREESTYLE - S7 FINAL
- WOMEN'S 400M FREESTYLE - S7 FINAL
- MEN'S 100M BREASTSTROKE - SB14

#### FINAL

- WOMEN'S 100M BREASTSTROKE - SB14

#### FINAL

- MEN'S 50M FREESTYLE - S9 FINAL
- MEN'S 50M BACKSTROKE - S3 FINAL
- WOMEN'S 50M BACKSTROKE - S3 FINAL
- MEN'S 400M FREESTYLE - S7 VICTORY CEREMONY
- WOMEN'S 400M FREESTYLE - S7 VICTORY CEREMONY
- MEN'S 50M FREESTYLE - S13 FINAL
- WOMEN'S 50M FREESTYLE - S13 FINAL
- MEN'S 100M BREASTSTROKE - SB14 VICTORY CEREMONY
- WOMEN'S 100M BREASTSTROKE - SB14 VICTORY CEREMONY
- MEN'S 100M BREASTSTROKE - SB4 FINAL
- WOMEN'S 100M BREASTSTROKE - SB4 FINAL
- MEN'S 50M FREESTYLE - S9 VICTORY CEREMONY
- MEN'S 50M BACKSTROKE - S3 VICTORY CEREMONY
- MEN'S 200M FREESTYLE - S2 FINAL
- WOMEN'S 50M BACKSTROKE - S3 VICTORY CEREMONY
- MEN'S 50M FREESTYLE - S13 VICTORY CEREMONY
- WOMEN'S 4X100M FREESTYLE RELAY - 34

#### POINTS FINAL

- WOMEN'S 50M FREESTYLE - S13 VICTORY CEREMONY
- MEN'S 100M BREASTSTROKE - SB4 VICTORY CEREMONY
- WOMEN'S 100M BREASTSTROKE - SB4 VICTORY CEREMONY
- MEN'S 200M FREESTYLE - S2 VICTORY CEREMONY
- WOMEN'S 4X100M FREESTYLE RELAY - 34 POINTS VICTORY CEREMONY

### 30 AUG

MON 30 AUG. 9:00 - 11:25

VENUES: TOKYO AQUATICS CENTRE

- MEN'S 100M BACKSTROKE - S7 HEATS
- WOMEN'S 100M BACKSTROKE - S7 HEATS
- MEN'S 100M BACKSTROKE - S9 HEATS
- WOMEN'S 100M BACKSTROKE - S9 HEATS
- MEN'S 200M FREESTYLE - S4 HEATS
- MEN'S 50M BUTTERFLY - S6 HEATS
- WOMEN'S 50M BUTTERFLY - S6 HEATS
- MEN'S 50M BACKSTROKE - S5 HEATS
- WOMEN'S 50M BACKSTROKE - S5 HEATS
- MEN'S 200M INDIVIDUAL MEDLEY - SM11 HEATS
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM11 HEATS
- WOMEN'S 100M FREESTYLE - S3 HEATS
- MEN'S 200M INDIVIDUAL MEDLEY - SM13 HEATS
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM13 HEATS
- MEN'S 4X100M FREESTYLE RELAY - 34 POINTS HEATS
- MON 30 AUG. 17:00 - 20:50
- VENUES: TOKYO AQUATICS CENTRE
- MEN'S 100M BACKSTROKE - S7 FINAL
- WOMEN'S 100M BACKSTROKE - S7 FINAL

- MEN'S 100M BACKSTROKE - S9 FINAL
- WOMEN'S 100M BACKSTROKE - S9 FINAL
- MEN'S 200M FREESTYLE - S4 FINAL
- MEN'S 100M BACKSTROKE - S7 VICTORY CEREMONY
- WOMEN'S 100M BACKSTROKE - S7 VICTORY CEREMONY
- MEN'S 50M BUTTERFLY - S6 FINAL
- WOMEN'S 50M BUTTERFLY - S6 FINAL
- MEN'S 100M BACKSTROKE - S9 VICTORY CEREMONY
- WOMEN'S 100M BACKSTROKE - S9 VICTORY CEREMONY
- MEN'S 50M BACKSTROKE - S5 FINAL
- WOMEN'S 50M BACKSTROKE - S5 FINAL
- MEN'S 200M FREESTYLE - S4 VICTORY CEREMONY
- MEN'S 50M BUTTERFLY - S6 VICTORY CEREMONY
- WOMEN'S 50M BUTTERFLY - S6 VICTORY CEREMONY
- MEN'S 200M INDIVIDUAL MEDLEY - SM11 FINAL
- MEN'S 50M BACKSTROKE - S5 VICTORY CEREMONY
- WOMEN'S 50M BACKSTROKE - S5 VICTORY CEREMONY
- WOMEN'S 100M FREESTYLE - S3 FINAL
- MEN'S 200M INDIVIDUAL MEDLEY - SM13 FINAL
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM13 FINAL
- MEN'S 200M INDIVIDUAL MEDLEY - SM11 VICTORY CEREMONY
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM11 VICTORY CEREMONY
- MEN'S 4X100M FREESTYLE RELAY - 34 POINTS FINAL

- WOMEN'S 100M FREESTYLE - S3 VICTORY CEREMONY
- MEN'S 200M INDIVIDUAL MEDLEY - SM13 VICTORY CEREMONY
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM13 VICTORY CEREMONY
- MEN'S 4X100M FREESTYLE RELAY - 34 POINTS VICTORY CEREMONY

### 31 AUG

TUE 31 AUG. 9:00 - 11:30

VENUES: TOKYO AQUATICS CENTRE

- MEN'S 400M FREESTYLE - S8 HEATS
- WOMEN'S 400M FREESTYLE - S8 HEATS
- MEN'S 100M FREESTYLE - S12 HEATS
- WOMEN'S 100M FREESTYLE - S12 HEATS
- MEN'S 200M INDIVIDUAL MEDLEY - SM14 HEATS
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM14 HEATS
- MEN'S 50M BREASTSTROKE - SB2 HEATS
- WOMEN'S 50M BREASTSTROKE - SB3 HEATS
- MEN'S 50M FREESTYLE - S7 HEATS
- WOMEN'S 100M FREESTYLE - S7 HEATS
- MEN'S 100M BUTTERFLY - S10 HEATS
- WOMEN'S 100M BUTTERFLY - S10 HEATS
- WOMEN'S 100M FREESTYLE - S9 HEATS
- MIXED 4X100M FREESTYLE RELAY - 49 POINTS HEATS
- DATE AND TIME: TUE 31 AUG. 17:00 - 20:35
- VENUES: TOKYO AQUATICS CENTRE
- MEN'S 400M FREESTYLE - S8 FINAL
- WOMEN'S 400M FREESTYLE - S8 FINAL
- MEN'S 100M FREESTYLE - S12 FINAL
- WOMEN'S 100M FREESTYLE - S12 FINAL
- MEN'S 200M INDIVIDUAL MEDLEY - SM14 FINAL
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM14 FINAL

SM14 FINAL

- MEN'S 400M FREESTYLE - S8 VICTORY CEREMONY
- WOMEN'S 400M FREESTYLE - S8 VICTORY CEREMONY
- MEN'S 50M BREASTSTROKE - SB2 FINAL
- WOMEN'S 50M BREASTSTROKE - SB3 FINAL
- MEN'S 50M FREESTYLE - S7 FINAL
- MEN'S 100M FREESTYLE - S12 VICTORY CEREMONY
- WOMEN'S 100M FREESTYLE - S12 VICTORY CEREMONY
- WOMEN'S 100M FREESTYLE - S7 FINAL
- MEN'S 100M BUTTERFLY - S10 FINAL
- MEN'S 200M INDIVIDUAL MEDLEY - SM14 VICTORY CEREMONY
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM14 VICTORY CEREMONY
- WOMEN'S 100M BUTTERFLY - S10 FINAL
- WOMEN'S 100M FREESTYLE - S9 FINAL
- MEN'S 50M BREASTSTROKE - SB2 VICTORY CEREMONY
- WOMEN'S 50M BREASTSTROKE - SB3 VICTORY CEREMONY
- MIXED 4X100M FREESTYLE RELAY - 49 POINTS FINAL
- MEN'S 50M FREESTYLE - S7 VICTORY CEREMONY
- WOMEN'S 100M FREESTYLE - S7 VICTORY CEREMONY
- MEN'S 100M BUTTERFLY - S10 VICTORY CEREMONY
- WOMEN'S 100M BUTTERFLY - S10 VICTORY CEREMONY
- WOMEN'S 100M FREESTYLE - S9 VICTORY CEREMONY
- MIXED 4X100M FREESTYLE RELAY - 49 POINTS VICTORY CEREMONY

01 SEP

WED 1 SEP. 9:00 - 11:20

VENUES: TOKYO AQUATICS CENTRE

- MEN'S 100M BREASTSTROKE - SB7 HEATS
- WOMEN'S 100M BREASTSTROKE - SB7 HEATS
- MEN'S 100M FREESTYLE - S6 HEATS
- MEN'S 400M FREESTYLE - S10 HEATS
- WOMEN'S 400M FREESTYLE - S10 HEATS
- MEN'S 100M BREASTSTROKE - SB11 HEATS
- WOMEN'S 100M BREASTSTROKE - SB11 HEATS
- MEN'S 200M INDIVIDUAL MEDLEY - SM9 HEATS
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM9 HEATS
- MEN'S 100M BREASTSTROKE - SB13 HEATS
- WOMEN'S 100M BREASTSTROKE - SB13 HEATS
- MEN'S 50M FREESTYLE - S5 HEATS
- WOMEN'S 50M FREESTYLE - S8 HEATS
- MEN'S 100M BREASTSTROKE - SB12 HEATS
- DATE AND TIME: WED 1 SEP. 17:00 - 20:40
- VENUES: TOKYO AQUATICS CENTRE
- MEN'S 100M BREASTSTROKE - SB7 FINAL
- WOMEN'S 100M BREASTSTROKE - SB7 FINAL
- MEN'S 100M FREESTYLE - S6 FINAL
- MEN'S 400M FREESTYLE - S10 FINAL
- WOMEN'S 400M FREESTYLE - S10 FINAL
- MEN'S 100M BREASTSTROKE - SB7 VICTORY CEREMONY
- WOMEN'S 100M BREASTSTROKE - SB7

VICTORY CEREMONY

- MEN'S 100M FREESTYLE - S6 VICTORY CEREMONY
- MEN'S 100M BREASTSTROKE - SB11 FINAL
- WOMEN'S 100M BREASTSTROKE - SB11 FINAL
- MEN'S 400M FREESTYLE - S10 VICTORY CEREMONY
- WOMEN'S 400M FREESTYLE - S10 VICTORY CEREMONY
- MEN'S 200M INDIVIDUAL MEDLEY - SM9 FINAL
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM9 FINAL
- MEN'S 100M BREASTSTROKE - SB11 VICTORY CEREMONY
- WOMEN'S 100M BREASTSTROKE - SB11 VICTORY CEREMONY
- MEN'S 100M BREASTSTROKE - SB13 FINAL
- WOMEN'S 100M BREASTSTROKE - SB13 FINAL
- MEN'S 200M INDIVIDUAL MEDLEY - SM9 VICTORY CEREMONY
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM9 VICTORY CEREMONY
- MEN'S 50M FREESTYLE - S5 FINAL
- WOMEN'S 50M FREESTYLE - S8 FINAL
- MEN'S 100M BREASTSTROKE - SB12 FINAL
- WOMEN'S 100M BREASTSTROKE - SB12 FINAL
- MEN'S 100M BREASTSTROKE - SB13 VICTORY CEREMONY
- WOMEN'S 100M BREASTSTROKE - SB13 VICTORY CEREMONY
- MEN'S 50M FREESTYLE - S5 VICTORY CEREMONY
- WOMEN'S 50M FREESTYLE - S8 VICTORY CEREMONY

CEREMONY

- MEN'S 100M BREASTSTROKE - SB12 VICTORY CEREMONY
- WOMEN'S 100M BREASTSTROKE - SB12 VICTORY CEREMONY

02 SEP

THU 2 SEP. 9:00 - 11:35

VENUES: TOKYO AQUATICS CENTRE

- MEN'S 400M FREESTYLE - S6 HEATS
- WOMEN'S 400M FREESTYLE - S6 HEATS
- MEN'S 100M BUTTERFLY - S9 HEATS
- WOMEN'S 100M BUTTERFLY - S9 HEATS
- MEN'S 100M BACKSTROKE - S10 HEATS
- WOMEN'S 100M BACKSTROKE - S10 HEATS
- MEN'S 100M BACKSTROKE - S14 HEATS
- WOMEN'S 100M BACKSTROKE - S14 HEATS
- MEN'S 50M BACKSTROKE - S1 HEATS
- MEN'S 50M BACKSTROKE - S2 HEATS
- WOMEN'S 50M BACKSTROKE - S2 HEATS
- MEN'S 50M FREESTYLE - S3 HEATS
- MEN'S 50M FREESTYLE - S4 HEATS
- WOMEN'S 50M FREESTYLE - S4 HEATS
- WOMEN'S 4X100M MEDLEY RELAY - 34 POINTS HEATS
- THU 2 SEP. 17:00 - 20:50
- VENUES: TOKYO AQUATICS CENTRE
- MEN'S 400M FREESTYLE - S6 FINAL
- WOMEN'S 400M FREESTYLE - S6 FINAL
- MEN'S 100M BUTTERFLY - S9 FINAL
- WOMEN'S 100M BUTTERFLY - S9 FINAL
- MEN'S 100M BACKSTROKE - S10 FINAL
- WOMEN'S 100M BACKSTROKE - S10 FINAL
- MEN'S 400M FREESTYLE - S6 VICTORY CEREMONY
- WOMEN'S 400M FREESTYLE - S6 VICTORY CEREMONY

03 SEP

- MEN'S 100M BACKSTROKE - S14 FINAL
- WOMEN'S 100M BACKSTROKE - S14 FINAL
- MEN'S 100M BUTTERFLY - S9 VICTORY CEREMONY
- WOMEN'S 100M BUTTERFLY - S9 VICTORY CEREMONY
- MEN'S 50M BACKSTROKE - S1 FINAL
- MEN'S 50M BACKSTROKE - S2 FINAL
- MEN'S 100M BACKSTROKE - S10 VICTORY CEREMONY
- WOMEN'S 100M BACKSTROKE - S10 VICTORY CEREMONY
- WOMEN'S 50M BACKSTROKE - S2 FINAL
- MEN'S 50M FREESTYLE - S3 FINAL
- MEN'S 100M BACKSTROKE - S14 VICTORY CEREMONY
- WOMEN'S 100M BACKSTROKE - S14 VICTORY CEREMONY
- MEN'S 50M FREESTYLE - S4 FINAL
- WOMEN'S 50M FREESTYLE - S4 FINAL
- MEN'S 50M BACKSTROKE - S1 VICTORY CEREMONY
- MEN'S 50M BACKSTROKE - S2 VICTORY CEREMONY
- WOMEN'S 4X100M MEDLEY RELAY - 34 POINTS FINAL
- WOMEN'S 50M BACKSTROKE - S2 VICTORY CEREMONY
- MEN'S 50M FREESTYLE - S3 VICTORY CEREMONY
- MEN'S 50M FREESTYLE - S4 VICTORY CEREMONY
- WOMEN'S 50M FREESTYLE - S4 VICTORY CEREMONY
- WOMEN'S 4X100M MEDLEY RELAY - 34 POINTS VICTORY CEREMONY

FRI 3 SEP. 9:00 - 11:35

VENUES: TOKYO AQUATICS CENTRE

- MEN'S 200M INDIVIDUAL MEDLEY - SM10 HEATS
  - WOMEN'S 200M INDIVIDUAL MEDLEY - SM10 HEATS
  - MEN'S 100M BACKSTROKE - S6 HEATS
  - WOMEN'S 100M BACKSTROKE - S6 HEATS
  - MEN'S 100M BUTTERFLY - S8 HEATS
  - WOMEN'S 100M BUTTERFLY - S8 HEATS
  - MEN'S 50M BUTTERFLY - S7 HEATS
  - WOMEN'S 50M BUTTERFLY - S7 HEATS
  - MEN'S 50M BACKSTROKE - S4 HEATS
  - WOMEN'S 50M BACKSTROKE - S4 HEATS
  - MEN'S 100M BUTTERFLY - S12 HEATS
  - WOMEN'S 100M FREESTYLE - S11 HEATS
  - MEN'S 200M FREESTYLE - S3 HEATS
  - WOMEN'S 200M INDIVIDUAL MEDLEY - SM5 HEATS
  - MEN'S 100M BUTTERFLY - S11 HEATS
  - MEN'S 4X100M MEDLEY RELAY - 34 POINTS HEATS
- FRI 3 SEP. 17:00 - 21:00
- VENUES: TOKYO AQUATICS CENTRE
- MEN'S 200M INDIVIDUAL MEDLEY - SM10 FINAL
  - WOMEN'S 200M INDIVIDUAL MEDLEY - SM10 FINAL
  - MEN'S 100M BACKSTROKE - S6 FINAL
  - WOMEN'S 100M BACKSTROKE - S6 FINAL
  - MEN'S 100M BUTTERFLY - S8 FINAL
  - WOMEN'S 100M BUTTERFLY - S8 FINAL
  - MEN'S 200M INDIVIDUAL MEDLEY - SM10 VICTORY CEREMONY
  - WOMEN'S 200M INDIVIDUAL MEDLEY - SM10 VICTORY CEREMONY
  - MEN'S 50M BUTTERFLY - S7 FINAL
  - WOMEN'S 50M BUTTERFLY - S7 FINAL

- MEN'S 100M BACKSTROKE - S6 VICTORY CEREMONY
- WOMEN'S 100M BACKSTROKE - S6 VICTORY CEREMONY
- MEN'S 50M BACKSTROKE - S4 FINAL
- WOMEN'S 50M BACKSTROKE - S4 FINAL
- MEN'S 100M BUTTERFLY - S8 VICTORY CEREMONY
- WOMEN'S 100M BUTTERFLY - S8 VICTORY CEREMONY
- MEN'S 100M BUTTERFLY - S12 FINAL
- WOMEN'S 100M FREESTYLE - S11 FINAL
- MEN'S 50M BUTTERFLY - S7 VICTORY CEREMONY
- WOMEN'S 50M BUTTERFLY - S7 VICTORY CEREMONY
- MEN'S 200M FREESTYLE - S3 FINAL
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM5 FINAL
- MEN'S 100M BUTTERFLY - S11 FINAL
- MEN'S 50M BACKSTROKE - S4 VICTORY CEREMONY
- WOMEN'S 50M BACKSTROKE - S4 VICTORY CEREMONY
- MEN'S 4X100M MEDLEY RELAY - 34 POINTS FINAL
- MEN'S 100M BUTTERFLY - S12 VICTORY CEREMONY
- WOMEN'S 100M FREESTYLE - S11 VICTORY CEREMONY
- MEN'S 200M FREESTYLE - S3 VICTORY CEREMONY
- WOMEN'S 200M INDIVIDUAL MEDLEY - SM5 VICTORY CEREMONY
- MEN'S 100M BUTTERFLY - S11 VICTORY CEREMONY
- MEN'S 4X100M MEDLEY RELAY - 34 POINTS VICTORY CEREMONY

## ATHLETE BIOGRAPHIES

### JESSICA-JANE APPLGATE 1 2 1

EVENT: S14, SB14, SM14 | HOMETOWN: GREAT YARMOUTH | D.O.B: 22/08/1996 | TWITTER: @JESSICA\_JANE96 | INSTAGRAM: @JESSICAJANEAPPLGATE | GAMES ATTENDED: RIO 2016, LONDON 2012



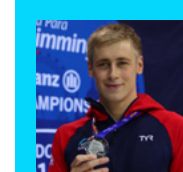
Having started swimming at Lowestoft and Oulton Broad Swimming Club, Jessica-Jane Applegate immediately fell in love with the sport. Her potential was recognised early on and she fulfilled a dream of not only competing at her home Paralympics in London, but winning a gold medal at just 16 years of age.

She backed that up with three further medals at the Rio Games despite having surgery earlier in the year and, having secured medals at every major championship, will be backed to do well again in Tokyo.

With swimming pools closed during the pandemic Applegate took up Cycling to keep fit during the early stages of lockdown, while a local company provided her with a hot tub to aid her recovery. She was later able to start swimming training in it before returning to the pool, and she will be hoping all her hard work pays off this summer.

### STEPHEN CLEGG

EVENT: S12, SB12, SM12 | HOMETOWN: EDINBURGH | D.O.B: 23/11/1995 | TWITTER: @STEPHENCLEGG95 | INSTAGRAM: @STEPHEN.CLEGG | GAMES ATTENDED: RIO 2016



With sporting siblings, Stephen Clegg was always likely to follow a similar path. His brother James won a bronze medal in the pool at London 2012, while sister Libby is one of the nation's most recognisable Paralympians and a two-time gold medallist on the track.

All three are visually impaired, though that doesn't stop the 25-year-old enjoying hobbies such as bouldering and rock climbing. The youngest of the three, Stephen began Para Swimming in 2014 and just two years later reached the final of the S12 100m backstroke in Rio.

At the 2018 European Championships in Dublin Clegg won three bronze medals and set two new British records, while in 2019 he claimed his maiden World Championship medal with silver in the S12 100m butterfly. Two years on, he will be hoping to add to his family's already large Paralympic medal collection with some silverware of his own from Tokyo.

### JORDAN CATCHPOLE

EVENT: S14, SB14, SM14 | HOMETOWN: BECCLES, SUFFOLK | D.O.B: 05/10/1999 | TWITTER: @JCATCHPOLE123 | INSTAGRAM: @JORDANCATCHPOLE



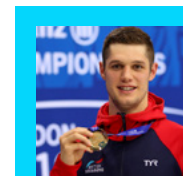
Having started swimming at the age of four, Jordan Catchpole competed in his first Para Swimming meet at the age of 15 in 2015. Now, just six years later, one of the brightest prospects in the British swimming camp will be making his Paralympic debut in Tokyo.

Catchpole - who competes in S14 events - left school at the age of 14 after being diagnosed with autism and extreme learning difficulties, though he has always felt comfortable in the pool.

The 21-year-old already has European and world medals to his name and will be hoping to add to his burgeoning collection of gongs this summer. Outside of swimming Catchpole enjoys playing golf and football, and is an avid West Ham United fan.

### REECE DUNN

EVENT: S14, SB14, SM14 | HOMETOWN: PLYMOUTH | D.O.B: 19/09/1995 | TWITTER: @REECEYDUNN | INSTAGRAM: @REECEYDUNN



When Reece Dunn broke onto the British - and eventually global - swimming scene in 2019, it was almost out of nowhere. Dunn has risen rapidly from someone who used to train part time and work for his dad's carpet fitting company, to one of the fastest para swimmers in the world.

The 25-year-old had been swimming since the age of nine but it wasn't until his late teens when his coach suggested he try competing in Para Swimming instead of facing non-disabled swimmers.

He was diagnosed with autism at 13 and competes in S14 events, and quickly showcased his credentials by storming to three golds and a silver at the 2019 World Championships in London. With multiple titles and world records already secured, there is little doubt that he could be hugely successful in Tokyo this summer.

### ELLIE CHALLIS

EVENT: S3, SB2, SM3 | HOMETOWN: CLACTON, ESSEX | D.O.B: 22/03/2004 | TWITTER: @XXEBOBXX | INSTAGRAM: @ELLIE\_CHALLIS



If ParalympicsGB are going to have a breakout star in Tokyo, it could well be Ellie Challis. When Challis was just 16 months old, she contracted viral meningitis and had to have both her legs and forearms amputated. However, as a child, Challis was inspired by the story of Winter, a dolphin still able to swim despite losing her tail.

Aged 13 Challis was able to meet Winter, by which time her talent as a para swimmer was already clear. Since then, she's gone from strength to strength. She burst onto the international scene with a bronze medal at the

World Championships in London two years ago, and believes the delay to the Games has helped her improve in training. Challis enjoys spending time with friends and family and baking, but she will be putting that to one side this summer as she targets Paralympic glory.

### LOUISE FIDES

EVENT: S14, SB14, SM14 | HOMETOWN: HATFIELD, HERTFORDSHIRE | D.O.B: 26/03/2001 | INSTAGRAM: @LOUISE\_FIDES\_



Growing up Louise Fides didn't believe she would achieve anything of note in her life, fearing her learning disability and poor hand-eye coordination would hold her back. However, inspired by watching past Paralympic Games, the 20-year-old started swimming in her home town of Hatfield and the rest, as they say, is history.

Fides was supposed to make her international debut at the World Championships in Mexico City in 2017, but an earthquake in the country meant she did not compete.

However, having picked up four medals on her European debut in 2018, a year later on home soil she became world champion in the 100m breaststroke. Making her Paralympic bow in Tokyo, she'll be looking to add further glory to her already glittering career.

## BETHANY FIRTH 4 1

EVENT: S14, SB14, SM14 | HOMETOWN: SEAFORDE, NORTHERN IRELAND | D.O.B: 14/02/1996 |  
TWITTER: @BETHANYFIRTH2 | INSTAGRAM: @BETHANY\_FIRTH | GAMES ATTENDED: RIO 2016, LONDON 2012



When Bethany Firth began swimming at secondary school in Dundonald, Northern Ireland, it would have been hard to imagine how much success she would eventually enjoy. Firth was initially terrified of water, having fallen in a pool on holiday as a child, though took to swimming lessons like a duck to water and immediately began to excel.

Her potential was recognised by a teacher and she won four gold medals in a schools competition in Lisburn, and just four years later she won Paralympic gold in London representing Ireland in the S14 100m backstroke. The

25-year-old switched allegiance to Great Britain at the end of 2013 and won three further gold medals in Rio, while she has accumulated further gongs across World and European Championships.

Her influence is unquestionable, having been recognised by the BBC as one of the 100 most influential women in the world in 2019. Having trained in a paddling pool in her back garden during the early stages of the pandemic, Firth will be hoping her hard work leads to more success in Tokyo.

## THOMAS HAMER 2

EVENT: S14, SB14, SM14 | HOMETOWN: ROSSENDALE, LANCASHIRE | D.O.B: 16/08/1998 | TWITTER: @TOMHAMERS14 | INSTAGRAM: @TOMHAMER14 | GAMES ATTENDED: RIO 2016



Thomas Hamer was introduced to swimming aged five by his mother, and entered his first competition four years later. However, at 10 years old, he was told by his school that swimming would get him nowhere in life and that he should give it up to focus on academic achievements. With double Paralympic silver, Commonwealth gold and multiple world and European medals, it is fair to say the 23-year-old has well and truly silenced his doubters.

Outside of swimming Hamer is a passionate clay pigeon shooter, and acts as an ambassador for the local scout

association he was a member of when he was a child. He also spends a lot of time with his parents, and has a close relationship with his father who developed a visual impairment in 2014.

Having grown up idolising Michael Phelps, Hamer will be hoping for a similar level of success when he competes in S14 events in Tokyo.

## GRACE HARVEY

EVENT: S6, SB5, SM6 | HOMETOWN: WARE, HERTFORDSHIRE | D.O.B: 31/08/1998 | TWITTER: @GRACEHARVEY767 | INSTAGRAM: @GRACEHARVEYGB



Grace Harvey learnt to swim from the age of four as a form of physiotherapy, to help control spasms in her legs caused by cerebral palsy. After watching the 2004 Paralympics in Athens, she decided she wanted to compete professionally and at nine years old joined Hoddesdon Swimming Club.

Now Harvey's dreams have come true, having been selected for the Paralympic Games for the first time in the wake of stealing the show at the British Para-Swimming International Meet 2021 by coming out on top of a stacked field in the women's 200m Individual Medley.

Harvey trains at the British Para Swimming National Performance Centre in Manchester, but devotes her time to studying as well as swimming. The 10-time British record holder and European record holder is currently an undergraduate studying immunology at the University of Manchester, and also works as a laboratory technician.

## SUZANNA HEXT

EVENT: S5, SB4, SM5 | HOMETOWN: TRURO | D.O.B: 11/09/1988 | TWITTER: @SUZANNAHEXT INSTAGRAM: @SUZHEXT



Much like the rest of the country, Suzanna Hext was in a buoyant mood ahead of the London 2012 Olympics and Paralympics. However, just one day before the Olympic Games began, Hext suffered life-changing injuries in a horse riding accident that left her with a crushed shoulder, spinal damage, a shattered pelvis and head injuries.

Hext spent months in hospital recovering but was determined to get back riding and she did just that, while also starting to compete in Para Swimming events. With the two sports clashing at the Tokyo Paralympics this

year Hext has decided to focus on swimming, though she has still received support from a horse riding great.

She has been training in Sir AP McCoy's private swimming pool, which he often used to recover in after accidents. Hext hopes to compete in para dressage at Paris 2024, but for now her focus is solely on glory in the pool and building on the pair of medals she picked up at her first World Championships in 2019.

## TULLY KEARNEY

EVENT: S5, SB4, SM5 | HOMETOWN: ALDRIDGE, WALSALL | D.O.B: 11/04/1997 | TWITTER: @TULLYKEARNEY | INSTAGRAM: @TULLY\_KEARNEY



Tully Kearney was an avid swimmer from a young age, having been encouraged to start the sport by a coach while her brother was receiving lessons. And she was able to look up to the inspirational Ellie Simmonds as she embarked on her journey, who was just a few years above her at Aldridge's The Cooper and Jordan School.

Kearney, who was born with cerebral palsy and later developed dystonia, had to pull out of Rio 2016 due to a progression of the latter, but bounced back with three gold medals at the 2019 World Championships in London.

Such an achievement came four years after she burst onto the international scene by winning four titles at the 2015 event.

Kearney, 24, spent lockdown making face masks for her friends and family to use, as well as making laundry bags for staff at her local hospital to bring clothes home safely.

## LOUIS LAWLOR

EVENT: S14, SB14, SM14 | HOMETOWN: GLASGOW | D.O.B: 25/05/2002 | INSTAGRAM: @LOUISLAWLOR2002



The past few years have been turbulent for Louis Lawlor, with extreme highs and lows in and out of the pool. In 2019 he medalled at the World Championships in London, winning bronze in the S14 100m backstroke, having won a pair of medals at the British Para-Swimming International Meet the previous year.

However, the teenager also had to deal with the death of his mother in 2019, and he now dedicates all of his races to her.

The 19-year-old only finished school in 2018 and had to balance his studies and training up until then, having shown great potential as a swimmer from an early age. He was introduced to the sport at the age of five by his parents, and now trains in Glasgow after being identified as having star quality in his early teens.

## LYNDON LONGHORNE

EVENT: S4, SB3, SM4 | HOMETOWN: TEESIDE | D.O.B: 28/11/1995 | TWITTER: @LYNDONLONGHORNE | INSTAGRAM: @LYNDON.LONGHORNE



In the build-up to London 2012, Lyndon Longhorne was one of the lucky few who got to take part in the Olympic torch relay. Longhorne was already showing potential as a para swimmer, having been taken swimming by his grandad when he was just a year old.

What makes his early venture into swimming even more remarkable is that at nine months old he nearly died of meningitis, the disease causing septicaemia which led to amputations on his right leg above the knee, his left leg below the knee, his right hand and the fingertips on his left.

He defied doctors' predictions by surviving the operations and has never allowed himself to feel sorry about his situation, embracing life to the best of his ability. Now, nine years after carrying the Olympic torch, he will be making his Paralympic debut in Tokyo. With high profile backing from the likes of Duncan Bannatyne and the support of friends and family, including his daughter Aubree-Olympia, Longhorne will be hoping for a dream Paralympic bow.



## STEPHANIE MILLWARD 2 5 3

EVENT: S9, SB8, SM9 | HOMETOWN: CORSHAM, WILTSHIRE | D.O.B: 20/09/1981 | TWITTER: @STEPHMILLWARD12 | INSTAGRAM @MILLWARD.STEPHANIE | GAMES ATTENDED: RIO 2016, LONDON 2012



Growing up in Jeddah, Saudi Arabia, Stephanie Millward was taught to swim by her mother so she could keep cool in the intense heat. She continued swimming when she moved to England, though gave up competing after being diagnosed with multiple sclerosis at the age of 17.

However, encouraged by her husband Adrian, Millward began competing in para-swimming in 2007 and, having made her Paralympic debut at Beijing 2008, she went on to win four European gold medals a year later.

That was followed by multiple medals across all major championships, most notably winning five medals at London 2012 and two gold medals at Rio 2016. Her success was recognised in 2017 as she received an MBE in the New Year's Honours list, while the swimming pool she trained at in Corsham, Wiltshire, was named after her.

Five years on from her first Paralympic gold medals, she will be hoping to add even more gongs to her already large collection this summer.

## CONNER MORRISON

EVENT: S14, SB14, SM14 | HOMETOWN: TURRIFF, SCOTLAND | D.O.B: 26/08/1997 | TWITTER: @CONNERMORRISON\_ | INSTAGRAM: @MORRISXN\_



Conner Morrison started swimming at an early age, and quickly showed great potential. The S14 star progressed onto a national programme seven years ago, and now finds himself heading towards a first Paralympic Games in Tokyo. Morrison, who turns 23 during the Games trains in Aberdeen and has already won a wide range of awards, including Aberdeen's Male Para Athlete of the Year in 2016.

Morrison wasted no time in sealing his first podium place on his international debut at the 2018 European

Championships – claiming silver in the 100m breaststroke. He returned in 2021 to double his tally of silvers in the same event at the European Open Championships in Madeira, and he'll be hopeful of adding to his medal tally in Japan.

## ANDREW MULLEN 1 2

EVENT: S5, SB4, SM5 | HOMETOWN: GLASGOW | D.O.B: 29/11/1996 | TWITTER: @ANDY\_MULLEN1 | INSTAGRAM: @ANDY\_MULLEN1 | GAMES ATTENDED: RIO 2016, LONDON 2012



Born with no forearms and a non-functional left hip joint, swimming wasn't the obvious path for Andrew Mullen. However when he was introduced to the sport by his parents as a child who simply wanted him to learn to swim, he immediately fell in love with it.

After Mullen joined his first swimming club aged seven and showed potential in meets organised by Scottish Disability Swimming, he was approached by former Paralympic champion Kenny Cairns who inspired him to take swimming more seriously. He made his Paralympic

debut in London, finishing fourth in two of his three events, though four years later he managed to pick up a silver and two bronzes in his S5 events in Rio. 2021 marks 10 years since Mullen made his competitive international debut as a 14-year-old, and he now heads towards the Tokyo Games as one of the most experienced members of the ParalympicsGB squad.

## ZARA MULLOOLY

EVENT: S10, SB9, SM10 | HOMETOWN: WOKING | D.O.B: 11/09/2002 | TWITTER: @ZARAMULLOOLY | INSTAGRAM: @ZARAMULLOOLY



Zara Mullooly has the chance to follow in the footsteps of her idol Ellie Simmonds by starring in the pool for ParalympicsGB. The 18-year-old will compete in her first Games having starred at the London 2019 World Para Swimming Championships, claiming silver and bronze medals with new British records in her three freestyle events.

After struggling to find competitive opportunities amid Covid, Mullooly had to wait for her classification to be confirmed before she was named in the swimming squad

for Tokyo. Having first started swimming aged just three, Mullooly has been in the pool ever since. Strangely, she already had experience of an event rocking her chances to compete before the pandemic.

She had been due to compete at her first World Championships in Mexico in 2017 before the Puebla earthquake resulted in the event being cancelled.

## WILLIAM PERRY

EVENT: S6, SB6, SM6 | HOMETOWN: NORTHAMPTON | D.O.B: 22/08/2000 | TWITTER: @WILL\_PERRY | INSTAGRAM: @WILL\_PERRY



William Perry only made his first competitive international appearance at the European Championships in Madeira in May, placing eighth. But having shared lane ropes with fellow Tokyo-bound athletes Maisie Summers-Newton and Eleanor Robinson in training, he will make his Paralympic bow at Tokyo 2020.

The Northampton Swimming Club star has made great progress since focussing on the 50m freestyle, even outstripping his own personal goals for the year. Perry is partial to a Thai grilled chicken meal, a family favourite

that he uses to help his nutrition and provide fuel for intense training sessions. British Para-Swimming head coach Rob Aubry said: "It's great to have him as part of this journey to provide aspiration to lower classification swimmers coming through the ranks as to what can be achieved."

## SCOTT QUIN 1

EVENT: S14, SB14, SM14 | HOMETOWN: EDINBURGH | D.O.B: 01/07/1990 | GAMES ATTENDED: RIO 2016



Scott Quin first took to swimming like a cat to water. Which is to say, not very well at all. The Scotsman was ten and still sporting water wings when his family went on holiday to Great Yarmouth. So excited was the Edinburgh lad that he jumped straight into the pool – without one very crucial thing. His arm bands.

But if there's one thing he won't forget to pack for Tokyo, it will be his lucky pair of pink boxer shorts. Quin, 31, was wearing that pair of boxer shorts under his swimming trunks when he hit his first international qualifying

time, and he has worn them at every race since out of superstition. The Edinburgh-born star hasn't been short of success over the years, having claimed a silver medal from the Rio Paralympics alongside world and European medals. He still trains in the Scottish capital and when not swimming he loves to cycle, play football and support Hibernian FC.

## BECKY REDFERN 1

EVENT: S13, SB13, SM13 | HOMETOWN: DROITWICH SPA, WORCESTERSHIRE | D.O.B: 19/12/1999 | TWITTER: @BECKYREDFERN99 | INSTAGRAM: @BECKY\_REDFERN | GAMES ATTENDED: RIO 2016



Growing up, swimming was the obvious path for Becky Redfern, as she followed her older brothers in entering the pool at Worcester Swimming Club. She was diagnosed with a degenerative eye condition at the age of seven but that didn't affect her passion for the sport and she became a Paralympic silver medalist aged just 16 in the S13 100m breaststroke at Rio 2016.

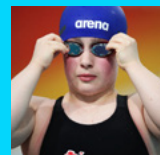
She became world champion in that event in London in 2019, but the last two years have seen her life change dramatically. Not only was she forced to train in a hot tub

at home during the pandemic, she also welcomed son Patrick to the world alongside partner James during the first lockdown.

However, having qualified for Tokyo convincingly just nine months after giving birth, the 21-year-old will be more than confident of performing well this summer.

## ELEANOR ROBINSON 1 1

EVENT: S6, SB6, SM6 | HOMETOWN: NORTHAMPTON | D.O.B: 30/08/2001 | TWITTER: @ELLIEROBINSONGB | INSTAGRAM @ELLIEROBINSONGB | GAMES ATTENDED: RIO 2016



Ellie Robinson began swimming aged four, though throughout a large part of her childhood she didn't think about competing professionally. However, having been inspired by Ellie Simmonds at the London 2012 Games, Robinson joined Northampton Swimming Club and began racing competitively.

A diagnosis of Perthes disease meant she had to undergo daily physiotherapy and couldn't train fully for over a year, though she returned to training full time in April 2014 and the only way for her since has been up.

Robinson, who turns 20 during the Games won gold in the S6 50m butterfly in Rio, as well as a bronze medal in the 100m freestyle, while she has also claimed European and Commonwealth titles as a teenager. Her success was rewarded as she won BBC Young Sports Personality of the Year in 2016, and she once again remains one of ParalympicsGB's brightest medal hopes for the Games in Tokyo.

HANNAH RUSSELL 2 1 3

EVENT: S12, SB12, SM12 | HOMETOWN: MANCHESTER | D.O.B: 05/08/1996 | TWITTER: @HRUSSELL\_96 |  
INSTAGRAM @HANNAHRUSSELL.MBE | GAMES ATTENDED: RIO 2016, LONDON 2012



Despite being born with a visual impairment, Hannah Russell never allowed her disability to hold her back. At just four years of age she started swimming, and officially joined Woking Swimming Club just three years later. Russell, 25, was later scouted by the Playground to Podium initiative, which is designed to recognise young individuals with an impairment who have the potential to become elite athletes.

And she has emerged as one of GB's most successful para sports stars, making her Paralympic debut in front of

a home crowd at London 2012 where she won one silver and two bronze medals. Four years later at Rio 2016 Russell claimed two Paralympic titles and another bronze, while her glittering career has also seen her win multiple world and European medals.

The daughter of former rugby player Carson Russell, who used to play for London Scottish, she was perhaps always destined for sporting success. With more medals up for grabs in Tokyo, she will fancy her chances of adding to her already large collection.

TONI SHAW

EVENT: S9, SB9, SM9 | HOMETOWN: ABERDEEN | D.O.B: 05/08/2003 | TWITTER: @TONISHAW\_X | INSTAGRAM: @TONISHAW\_



After finishing their school exams most students would look to have a nice relaxing summer, but Toni Shaw will be heading to Tokyo as she targets Paralympic glory.

The 18-year-old - who was born without a right hand and competes in S9 events - started swimming lessons at the age of eight in her hometown of Aberdeen, and immediately knew she wanted to compete professionally when she was older.

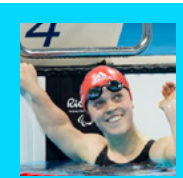
By 14 she was the youngest member of Scotland's squad

at the 2018 Commonwealth Games and already held 14 Scottish S9 and S10 swimming records.

Just a year later she won six medals at the 2019 World Championships, while setting a world record in the 200m butterfly. Shaw may be making her Paralympic debut in Japan, but don't expect her to be fazed by the occasion.

ELLIE SIMMONDS 5 1 2

EVENT: S6, SB6, SM6 | HOMETOWN: WALSALL | D.O.B: 11/11/1994 | TWITTER: @ELLIESIMMONDS1 | INSTAGRAM: @ELLIESIMMONDS | RIO 2016, LONDON 2012, BEIJING 2008



Aged five, Ellie Simmonds was introduced to swimming by her parents who wanted her to gain some confidence in the water. Two decades later, the 26-year-old is one of Britain's greatest ever Paralympians and one of the most recognisable sportspeople in the country.

Simmonds has never allowed her disability to define her, attending university in Loughborough and graduating with a degree in psychology. The youngest ever MBE aged 14 and later an OBE, she spent time travelling around Asia, Australia and the USA following Rio 2016 before returning

to competition in 2017. Having won five gold medals since making her Paralympic debut at Beijing 2008, Simmonds will be looking to add to her tally at a fourth Games in Tokyo. Away from the pool, Simmonds was appointed to the Birmingham 2022 Commonwealth Games Organising Committee board, in January 2019.

MAISIE SUMMERS-NEWTON 5 1 2

EVENT: S6, SB6, SM6 | HOMETOWN: NORTHAMPTON | D.O.B: 26/07/2002 | TWITTER: @MAISIEE26 | INSTAGRAM: @MAISIESN\_



Maisie Summers-Newton was just 10 years old when she watched Ellie Simmonds compete at the London 2012 Paralympic Games. Now, less than a decade on from that watershed moment for Paralympic sport, Summers-Newton has a chance to generate her own Paralympic legacy in Tokyo.

The 19-year-old has already been hugely successful in the pool, winning European and world titles, as well as becoming a world record holder. A great deal of her success and training came while she was still at school,

collecting three European crowns in the same summer she would go on to receive her GCSE results at Wollaston School in Wellingborough.

Summers-Newton has become one of the dominant forces in S6 swimming in recent years, and will be competing alongside her idol Simmonds in Japan.

# TABLE TENNIS



# TABLE TENNIS SPORTS SECTION

After securing two golds and a bronze in Rio, Paralympics GB will be seeking further Table Tennis glory in Tokyo.

China, who routinely dominate the medal count, will be Britain's biggest competitors along with Poland, France, Ukraine and Belgium. Britain will now be considered a top nation following their progress in recent years - having failed to pick up any medals in 2008, they amassed both silver and bronze in London four years later before winning two golds in Rio.



ParalympicsGB will head to Tokyo with a 12-strong Para Table Tennis squad, led by Rio gold medallist Will Bayley. Bayley is best remembered for his exuberant celebration having won the men's class 7 Paralympic title and will be joined once again by Ross Wilson and Aaron McKibbin with whom he won bronze in the men's class 6-8 team.

Sue Bailey will go in her sixth Paralympics alongside debutants Megan Shackleton, Billy Shilton, Tom Matthews and Joshua Stacey. Jack Hunter-Spivey and Ashley Facey Thompson have been selected for their second Games alongside Paul Karabardak and David Wetherill who are both attending their fourth Paralympics.

# SCHEDULE

## 25 AUG

WED 25 AUG. 9:00 - 14:20

VENUES: TOKYO METROPOLITAN GYMNASIUM

- MEN'S AND WOMEN'S SINGLES QUALIFICATION (WS9, MS3)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS9, MS3, WS3)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS9, WS6, WS3)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS8, WS6, WS3, MS2)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS8, MS2, WS4)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (WS8, MS6, WS4, MS5)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS6, WS4, MS5)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS6, WS11, MS1)

WED 25 AUG. 16:00 - 21:20

VENUES: TOKYO METROPOLITAN GYMNASIUM

- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS10, WS11, WS1-2)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS10, WS7, MS4)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (WS10, WS7, MS4, WS5)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (WS10, MS11, WS5, WS3)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS11, MS7, WS3)
- MEN'S SINGLES QUALIFICATION (MS7, MS3)

- MEN'S AND WOMEN'S SINGLES QUALIFICATION (WS9, MS3, WS4)
- WOMEN'S SINGLES QUALIFICATION (WS8, WS4)

## 26 AUG

THU 26 AUG. 9:00 - 14:20

VENUES: TOKYO METROPOLITAN GYMNASIUM

- MEN'S SINGLES - QUALIFICATION (MS9, MS4)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS9, WS6, MS4, MS5)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS8, WS6, MS5, MS2)
- MEN'S SINGLES - QUALIFICATION (MS8, MS2)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS6, WS1-2)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS6, WS11, MS1)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (WS11, MS11, WS4, WS5)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS11, MS10, WS4)

THU 26 AUG. 16:00 - 22:00

VENUES: TOKYO METROPOLITAN GYMNASIUM

- MEN'S SINGLES QUALIFICATION (MS10, MS2)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (WS7, WS10, MS5, MS2)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (WS10, MS7, MS5, MS4)
- MEN'S SINGLES QUALIFICATION (MS7, MS4) /
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS7, MS9, WS1-2)
- MEN'S AND WOMEN'S SINGLES

QUALIFICATION (MS9, WS6, MS3)

- MEN'S AND WOMEN'S SINGLES QUALIFICATION (WS6, MS8, MS3, WS3)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS8, WS3)
- MEN'S AND WOMEN'S SINGLES QUALIFICATION (MS8, WS9, WS3)

## 27 AUG

FRI 27 AUG. 9:00 - 14:20

VENUES: TOKYO METROPOLITAN GYMNASIUM

- WOMEN'S AND MEN'S SINGLES QUALIFICATION (WS9, MS6, WS5)
- MEN'S SINGLES QUALIFICATION (MS6, MS7, MS1)
- WOMEN'S AND MEN'S SINGLES QUALIFICATION AND MEN'S SINGLES ROUND OF 16 (WS8, MS7, MS2)
- MEN'S SINGLES QUALIFICATION AND WOMEN'S AND MEN'S SINGLES ROUND OF 16 (MS7, WS4, MS3)
- MEN'S SINGLES QUALIFICATION AND MEN'S SINGLES ROUND OF 16 (MS11, MS3)
- WOMEN'S SINGLES QUALIFICATION AND WOMEN'S SINGLES QUARTER-FINALS (WS11, WS1-2)
- WOMEN'S SINGLES QUALIFICATION AND WOMEN'S SINGLES ROUND OF 16 (WS7, WS3)
- MEN'S SINGLES QUALIFICATION AND MEN'S SINGLES ROUND OF 16 (MS10, MS4)

FRI 27 AUG. 16:00 - 22:00

VENUES: TOKYO METROPOLITAN GYMNASIUM

- WOMEN'S SINGLES QUALIFICATION AND WOMEN'S SINGLES QUARTER-FINALS (MS10, WS10, WS5)
- WOMEN'S SINGLES QUALIFICATION,

- WOMEN'S AND MEN'S SINGLES QUARTER-FINALS (WS8, WS10, MS1)
- MEN'S SINGLES ROUND OF 16 AND MEN'S SINGLES QUARTER-FINALS (MS6, MS7, MS5)
- MEN'S SINGLES ROUND OF 16 AND MEN'S SINGLES QUARTER-FINALS (MS8, MS2)
- MEN'S SINGLES ROUND OF 16 AND WOMEN'S SINGLES QUARTER-FINALS (MS8, WS6, WS3)
- MEN'S AND WOMEN'S SINGLES QUARTER-FINALS (MS6, WS4)
- MEN'S SINGLES QUARTER-FINALS (MS9, MS3)
- MEN'S SINGLES QUARTER-FINALS (MS11, MS4)
- MEN'S SINGLES QUARTER-FINALS (MS7)

## 28 AUG

SAT 28 AUG. 9:00 - 15:00

VENUES: TOKYO METROPOLITAN GYMNASIUM

- MEN'S SINGLES QUARTER-FINALS AND MEN'S SINGLES SEMI-FINALS (MS8, MS4)
- WOMEN'S SINGLES QUARTER-FINALS AND WOMEN'S SINGLES SEMI-FINALS (WS7, WS10, WS4)
- MEN'S SINGLES QUARTER-FINALS AND MEN'S SINGLES SEMI-FINALS (MS10, MS3)
- MEN'S AND WOMEN'S SINGLES SEMI-FINALS (MS6, WS11, WS3)
- MEN'S AND WOMEN'S SINGLES SEMI-FINALS (MS7, WS8, MS2)
- MEN'S AND WOMEN'S SINGLES SEMI-FINALS (MS9, WS9, WS1-2)
- MEN'S AND WOMEN'S SINGLES SEMI-FINALS (WS6, MS11, MS1)
- MEN'S AND WOMEN'S SINGLES SEMI-FINALS (MS8, WS10, WS5)

- MEN'S AND WOMEN'S SINGLES SEMI-FINALS (MS10, WS7, MS5)
- SAT 28 AUG. 16:30 - 21:30**
- VENUES: TOKYO METROPOLITAN GYMNASIUM**
- WOMEN'S SINGLES FINAL (WS11)
- MEN'S SINGLES FINAL (MS6)
- WOMEN'S SINGLES VICTORY CEREMONY (WS11)
- MEN'S SINGLES FINAL (MS3)
- MEN'S SINGLES VICTORY CEREMONY (MS6)
- WOMEN'S SINGLES FINAL (WS1-2)
- MEN'S SINGLES VICTORY CEREMONY (MS3)
- MEN'S SINGLES FINAL (MS9)
- WOMEN'S SINGLES VICTORY CEREMONY (WS1-2)
- MEN'S SINGLES VICTORY CEREMONY (MS9)

29 AUG

- SUN 29 AUG. 10:00 - 14:00**
- VENUES: TOKYO METROPOLITAN GYMNASIUM**
- MEN'S SINGLES FINAL (MS5)
- WOMEN'S SINGLES FINAL (WS4)
- MEN'S SINGLES VICTORY CEREMONY (MS5)
- MEN'S SINGLES FINAL (MS7)
- WOMEN'S SINGLES VICTORY CEREMONY (WS4)
- WOMEN'S SINGLES FINAL (WS8)
- MEN'S SINGLES VICTORY CEREMONY (MS7)
- WOMEN'S SINGLES VICTORY CEREMONY (WS8)
- SUN 29 AUG. 16:00 - 20:00**
- VENUES: TOKYO METROPOLITAN**

- GYMNASIUM**
- WOMEN'S SINGLES FINAL (WS5)
- WOMEN'S SINGLES FINAL (WS3)
- WOMEN'S SINGLES VICTORY CEREMONY (WS5)
- MEN'S SINGLES FINAL (MS11)
- WOMEN'S SINGLES VICTORY CEREMONY (WS3)
- MEN'S SINGLES FINAL (MS10)
- MEN'S SINGLES VICTORY CEREMONY (MS11)
- MEN'S SINGLES VICTORY CEREMONY (MS10)

30 AUG

- MON 30 AUG. 10:00 - 14:00**
- VENUES: TOKYO METROPOLITAN GYMNASIUM**
- WOMEN'S SINGLES FINAL (WS6)
- MEN'S SINGLES FINAL (MS8)
- WOMEN'S SINGLES VICTORY CEREMONY (WS6)
- WOMEN'S SINGLES FINAL (WS7)
- MEN'S SINGLES VICTORY CEREMONY (MS8)
- MEN'S SINGLES FINAL (MS1)
- WOMEN'S SINGLES VICTORY CEREMONY (WS7)
- MEN'S SINGLES VICTORY CEREMONY (MS1)
- MON 30 AUG. 16:00 - 20:00**
- VENUES: TOKYO METROPOLITAN GYMNASIUM**
- MEN'S SINGLES FINAL (MS2)
- MEN'S SINGLES FINAL (MS4)
- MEN'S SINGLES VICTORY CEREMONY (MS2)
- WOMEN'S SINGLES FINAL (WS9)
- MEN'S SINGLES VICTORY CEREMONY

- (MS4)
- WOMEN'S SINGLES FINAL (WS10)
- WOMEN'S SINGLES VICTORY CEREMONY (WS9)
- WOMEN'S SINGLES VICTORY CEREMONY (WS10)

31 AUG

- TUE 31 AUG. 10:00 - 14:30**
- VENUES: TOKYO METROPOLITAN GYMNASIUM**
- MEN'S TEAM ROUND OF 16 (MT9-10, MT4-5)
- MEN'S TEAM ROUND OF 16 AND WOMEN'S TEAM QUARTER-FINALS (MT9-10, MT6-7, WT4-5)
- MEN'S AND WOMEN'S TEAM QUARTER-FINALS (WT6-8, MT1-2)
- TUE 31 AUG. 16:30 - 21:00**
- VENUES: TOKYO METROPOLITAN GYMNASIUM**
- MEN'S AND WOMEN'S TEAM QUARTER-FINALS (MT8, WT1-3)
- MEN'S TEAM QUARTER-FINALS (MT9-10, MT4-5)
- MEN'S TEAM QUARTER-FINALS (MT6-7, MT3)

01 SEP

- WED 1 SEP. 10:00 - 16:00**
- VENUES: TOKYO METROPOLITAN GYMNASIUM**
- WOMEN'S TEAM QUARTER-FINALS AND MEN'S TEAM SEMI-FINALS (WT9-10, MT4-5)
- MEN'S AND WOMEN'S TEAM SEMI-FINALS (MT8, WT1-3)
- MEN'S AND WOMEN'S TEAM SEMI-FINALS (MT9-10, WT6-8, MT3)

- WED 1 SEP. 17:30 - 21:30**
- VENUES: TOKYO METROPOLITAN GYMNASIUM**
- MEN'S TEAM SEMI-FINALS (MT6-7, MT1-2)
- WOMEN'S TEAM SEMI-FINALS (WT9-10, WT4-5)

02 SEP

- THU 2 SEP. 10:00 - 15:30**
- VENUES: TOKYO METROPOLITAN GYMNASIUM**
- MEN'S TEAM FINAL (MT4-5)
- WOMEN'S TEAM FINAL (WT6-8)
- WOMEN'S TEAM FINAL (WT1-3)
- MEN'S AND WOMEN'S TEAM VICTORY CEREMONY (MT4-5, WT6-8, WT1-3)
- THU 2 SEP. 17:00 - 21:00**
- VENUES: TOKYO METROPOLITAN GYMNASIUM**
- MEN'S TEAM FINAL (MT8)
- MEN'S TEAM FINAL (MT3)
- MEN'S TEAM VICTORY CEREMONY (MT8, MT3)

03 SEP

**FRI 3 SEP. 10:00 - 15:30**

**VENUES: TOKYO METROPOLITAN GYMNASIUM**

- WOMEN'S TEAM FINAL (WT9-10)
- WOMEN'S TEAM FINAL (WT4-5)
- MEN'S TEAM FINAL (MT6-7)
- MEN'S AND WOMEN'S TEAM VICTORY

**CEREMONY (WT9-10,WT4-5,MT6-7)**

**FRI 3 SEP. 17:00 - 21:00**

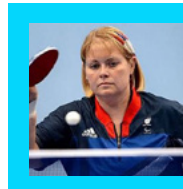
**VENUES: TOKYO METROPOLITAN GYMNASIUM**

- MEN'S TEAM FINAL (MT1-2)
- MEN'S TEAM FINAL (MT9-10)
- MEN'S TEAM VICTORY CEREMONY (MT1-2,MT9-10)

## ATHLETE BIOGRAPHIES

### SUE BAILEY

**EVENT: CLASS 4 SINGLES, WOMEN'S CLASS 4-5 TEAM | HOMETOWN: BARNSELY | D.O.B: 19/10/1972**  
**| TWITTER: @SUEGILROY\_TT | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008, ATHENS 2004 SYDNEY 2000**



Born and bred in Barnsley, mother-of-two Sue Bailey initially started playing table tennis when she was 12 years old after watching her parents who competed in the local Barnsley and Sheffield leagues.

Having also played cricket and netball, at 18 she started playing table tennis two years later, joining the GB squad in 1996. She competed in her first European Championships in 1998 and was European champion in 2005, having won silver in 2003 when seven and a half months pregnant.

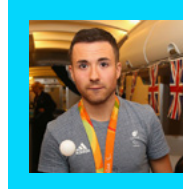
She took gold in the Commonwealth Games in Manchester in 2002 and again in Melbourne in 2006 and was world bronze medalist in 2006 and world silver

medallist in 2014. Bailey has represented ParalympicsGB in five Games and in Rio 2016 she came heartbreakingly close to winning her first Paralympic medal, losing a very close match for the bronze 3-2 to Serbia's Nada Matic having led 2-0. She secured qualification for Tokyo by winning the women's class 4 singles at the World Qualification Tournament in Slovenia in June.

Bailey received an MBE in the Queen's Birthday Honours List and an Honorary Doctorate for her services to table tennis and her charity work with Rainbow House, a disabled children's charity, and Cancer Research. She combines her table tennis career with her work as a full-time primary school teacher in Barnsley.

### WILL BAYLEY 1 1 2

**EVENT: CLASS 7 SINGLES, MEN'S CLASS 6-7 TEAM | HOMETOWN: TUNBRIDGE WELLS | D.O.B: 17/01/1988 | TWITTER: @WILLBAYLEYTT | INSTAGRAM: @WILLBAYLEYTT | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008**



Born with arthrogryposis, a rare congenital disorder that affected all four of his limbs, Bayley underwent numerous operations at Great Ormond Street Hospital from the age of three months old. He returned to Great Ormond Street for chemotherapy when he was diagnosed with Non-Hodgkins Lymphoma at the age of seven and it was while recovering from cancer that his grandmother bought him a Table Tennis table. The rest, as they say, is history.

Bayley won his first major title at the European Championships in 2011 then took Paralympic silver in the men's class 7 singles in London 2012 as well as team bronze. He followed that by becoming world champion in 2014 and provided one of the most iconic images of the

Paralympic Games in Rio 2016 when he climbed onto the table after beating home favourite Israel Pereira Stro to take gold. In December 2016 Bayley was awarded the Bill McGowran Trophy for 'outstanding achievement in Paralympic sport by a male athlete' by the Sports Journalists Association and he received an MBE in the New Year Honours List.

He reclaimed the world No.1 ranking in men's class 7 in 2019 after winning tournaments in Italy, Slovenia and Japan and later that year won the hearts of the nation as a contestant on BBC TV's Strictly Come Dancing.

### ASHLEY FACEY THOMPSON

**EVENT: CLASS 9 SINGLES, MEN'S CLASS 9-10 TEAM | HOMETOWN: SHEFFIELD/LONDON | D.O.B: 31/01/1995 | TWITTER: @ASHMAN1995\_TT | INSTAGRAM: @MAN\_OF\_FACEY | GAMES ATTENDED: RIO 2016**



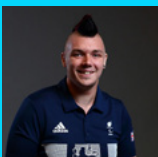
A keen sports fan, Ashley Facey Thompson started playing Table Tennis in year 7 at Morpeth School in Bethnal Green and immediately impressed coaches with his talent. Having played against GB international Aaron McKibbin in tournaments around England he was called up by the GB Para Table Tennis Team to play a competition in Romania and joined the GB Performance squad in 2009. Although he just missed out on the team for London 2012 he was selected for the Paralympic Inspiration Programme and competed at his first Paralympic Games in Rio 2016.

The following year he moved to Sheffield to train full time with the GB squad and won his first major championship medal at the European Championships in 2017, taking silver in the men's class 10 team event with Kim Daybell.

He reached the quarter-finals in the men's class 9 singles at the World Championships in 2018 and the Europeans in 2019; having reached the semi-finals at the World Qualification Tournament in June he was awarded a wild card to compete in Tokyo.

## JACK HUNTER-SPIVEY

EVENT: CLASS 5 SINGLES | HOMETOWN: LIVERPOOL | D.O.B: 11/05/1995 | TWITTER: @JACKHSTT  
| INSTAGRAM: @JACKHSTT | GAMES ATTENDED: RIO 2016



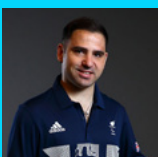
When London won the Olympic and Paralympic bid in 2005, 10-year-old Liverpool FC fan Jack Hunter-Spivey was playing Table Tennis in a youth club in Widnes and decided that he wanted to play in the Paralympic Games in London. Although he just missed out on selection for London, he experienced the atmosphere of the Games through the Paralympic Inspiration Programme and went on to achieve his dream of representing ParalympicsGB in Rio 2016. He won his first international singles gold in the US Open in 2017, beating World champion Valentin Baus in the semi-final and London 2012 Paralympic champion

Tommy Urhug in the final. Although still looking for his first major medal he has come close in the last three major championships, losing narrowly to reigning world champion Ali Ozturk in the quarter-finals at the European Championships in 2017 and 2019 and the World Championships in 2018.

Having missed out on automatic qualification for Tokyo by one point he secured his place by winning the men's class 5 singles at the World Qualification Tournament in Slovenia in June.

## PAUL KARABARDAK

EVENT: CLASS 6 SINGLES, MEN'S CLASS 6-7 TEAM | HOMETOWN: SWANSEA | D.O.B: 03/10/1985 | TWITTER: @PAULKARABARDAK | INSTAGRAM: @PAUL\_KARABARDAK GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



Paul Karabardak was a keen footballer until he suffered a massive stroke at the age of 10 and was subsequently introduced to Table Tennis at a local disabled youth club. Within two years he was playing in the local Swansea League before being selected to play for the GB Para Table Tennis Team at the age of 15 in the European Championships, winning a team bronze medal.

In a 20-year career he has won team medals with Will Bayley at World and European level as a class 7 athlete and since being reclassified as a class 6 in 2015 he has

won European singles bronze in 2015, European team gold in 2017 and 2019 and world team bronze in 2017. Tokyo will be his fourth Paralympic Games and in addition to competing in the men's class 6 singles he will be reunited with Bayley in the men's class 6-7 team event.

## TOM MATTHEWS

EVENT: CLASS 1 SINGLES | HOMETOWN: MERTHYR TYDFIL | D.O.B: 19/08/1992 | TWITTER: @TOMMATTHEWSTT | INSTAGRAM: @TOMMATTHEWSTT | GAMES ATTENDED: RIO 2016, LONDON 2012



Tom Matthews was a promising mountain biker when he had a fall while out riding with his uncle and a friend in March 2009, which left him in a wheelchair at the age of 16.

While undergoing rehab in Rookwood Hospital he was encouraged to try Table Tennis by Jim Munkley from Disability Sport Wales and after leaving hospital he played Table Tennis with the Welsh squad for several months before taking a break from the sport, returning to the Welsh squad in March 2013. Matthews made

his international debut at the Hungarian Open that month and won his first major medals at the European Championships in 2015, taking bronze in the men's class 1 singles and gold in the team event.

Having missed out on qualification for Rio due to a broken leg he returned to win the US Open in 2016 and went on to take silver in the 2017 European Championships – losing to fellow Welshman Rob Davies in the final – and bronze in the World Championships in 2018.

## AARON MCKIBBIN 2

EVENT: CLASS 8 SINGLES, MEN'S CLASS 8 TEAM | HOMETOWN: LONDON | D.O.B: 27/08/1991 | TWITTER: @KIBSTA91 | GAMES ATTENDED: RIO 2016, LONDON 2012



Aaron McKibbin played tennis from the age of four to 14 before taking up Table Tennis at school. He won a bronze medal in the men's class 6-8 team event at the London 2012 Paralympic Games and four years later in Rio won the deciding singles match against world champions China to secure bronze again for GB in the men's class 6-8 team.

He enjoyed his best season in 2019, breaking into the world's top 10 in men's class 8 for the first time with singles medals in Slovenia, Poland and Japan and

reaching his first major final, taking silver in the men's class 8 team event at the European Championships with Ross Wilson and Billy Shilton.

## MEGAN SHACKLETON

EVENT: CLASS 4 SINGLES, WOMEN'S CLASS 4-5 TEAM | HOMETOWN: TODMORDEN, WEST YORKSHIRE | D.O.B: 21/03/1999 | TWITTER: @MEGANSHACKLETON | INSTAGRAM: @MEGSHACKLETON



Megan Shackleton's sporting ambitions were originally focussed on competing in the Olympics as a swimmer until she fractured her spine in a machinery-related accident which left her in a wheelchair at the age of nine. She started playing Table Tennis at the age of 12 at a Playground to Podium event in Leeds and joined the GB Pathway Squad in 2013, moving into the Performance Squad in April 2014.

Since making her international debut at the age of 14 Shackleton has continued to improve and with

experienced team partner Sue Bailey has won team bronze medals at the European Championships in 2015 and 2019 and World team bronze in 2017.

In 2019 she broke into the top ten in her class for the first time and achieved automatic qualification for Tokyo which will be her Paralympic debut. Megan now combines her Table Tennis with studying for a degree in English Literature at the University of Sheffield.

## BILLY SHILTON

EVENT: CLASS 8 SINGLES, MEN'S CLASS 8 TEAM | HOMETOWN: STONEHOUSE, GLOUCESTERSHIRE | D.O.B: 09/10/1998 | TWITTER: @BILLYSHILTSTT | INSTAGRAM: @BILLYSHILTON\_



Billy Shilton started playing Table Tennis at the age of 12 after watching his dad Michael play in a local league tournament. He was spotted by the GB Para squad at the UK School Games in 2012 and was invited to attend a development camp from which he progressed to the Pathway Squad.

Shilton made a major impact at the European Championships in 2015 at the age of 16, taking bronze in the men's class 7 singles and silver with Will Bayley in the men's class 7 team event.

He was reclassified as a class 8 and missed out on qualification for the Paralympic Games in 2016 although he went to Rio as part of the Paralympics Inspiration Programme.

He has continued to improve, achieving wins against top 10 opponents and winning team medals at the European Championships in 2017 and 2019 with Ross Wilson and Aaron McKibbin. He lost narrowly in the semi-finals at the World Qualification Tournament in June but was awarded a wild card to compete in Tokyo.

## JOSHUA STACEY

EVENT: CLASS 9 SINGLES, MEN'S CLASS 9-10 TEAM | HOMETOWN: CARDIFF | D.O.B: 25/02/2000 | TWITTER: @JOSHUA STACEY1 | INSTAGRAM: @JOSHUA\_STACEY1



Joshua Stacey started playing Table Tennis at the age of 13 when coach Simon Oyler came to his school and ran a 'come and try' session after which he admits that he was 'hooked'.

At the age of 17 he was diagnosed with cerebral palsy after BPTT coach Mat Kenny, during a visit to Grantham College where Stacey was combining his Table Tennis with his studies, noticed that the young Welshman was walking on his toes and suggested that there may be a physical reason for his inability to place the weight

fully on his feet. Just six months after making his international debut in 2017, Joshua represented Wales at the Commonwealth Games on the Gold Coast and took bronze in the men's class 6-10 singles.

In 2019, he took bronze in the men's class 10 team event at the European Championships with Kim Daybell and Ashley Facey Thompson and having taken singles medals in Italy, Slovenia, Poland, Czech Republic, Finland and China broke into the world's top 10 in men's class 9.

## DAVID WETHERILL

EVENT: CLASS 6 SINGLES, MEN'S CLASS 6-7 TEAM | HOMETOWN: TORPOINT | D.O.B: 22/12/1989 | TWITTER: @WETHERILL89 | INSTAGRAM @WETHERILL.PARA.FIT | RIO 2016, LONDON 2012, BEIJING 2008



Although his father coached at his local club, Table Tennis was a challenge. David Wetherill originally dismissed – preferring to swim, cycle and play football. But after breaking his leg at the age of 10 he discovered a sport at which he could continue to compete with his older brother and, more importantly, beat him.

After making his international debut in 2005 Wetherill was only 18 when he competed in his first Paralympic Games in Beijing in 2008. Four years later, despite a preparation hampered by a broken arm, his spectacular diving shot against his German opponent in London 2012 became a YouTube sensation. He won his first major medal at the

European Championships in 2015, taking bronze in the men's class 6 singles and silver in the team event with Paul Karabardak. He led world number one Alvaro Valera 2-0 in their quarter-final in Rio 2016 and held match point before the Spaniard came back to win 3-2, and went on to take silver in the singles and gold in the team event at the European Championships in 2017.

In 2019 Wetherill took bronze in the men's class 6 singles at the European Championships and helping GB to retain the men's class 6 team title less than a month after undergoing heart surgery.

ROSS WILSON 2

EVENT: CLASS 8 SINGLES, MEN'S CLASS 8 TEAM | HOMETOWN: MINSTER-IN-THANET, KENT | D.O.B: 20/09/1981  
| TWITTER: @ROSSWILSONTT | INSTAGRAM: @ROSSWILSONTT | GAMES ATTENDED: RIO 2016, LONDON 2012



Ross Wilson first played Table Tennis while on holiday at Center Parcs and a watching member of staff, noting the Arsenal shirt he was wearing, christened him the Thierry Henry of Table Tennis. His natural skill brought him success in non-disabled Table Tennis and as a junior he was ranked in the top 10 in the country, winning two national doubles titles.

In 2011, he was diagnosed with multiple epiphyseal dysplasia, which affects the growing ends of the bones. Wilson won bronze in the men's class 6-8 team event in

London 2012 at the age of just 17 and overcame a series of injuries and two years out of the sport to qualify for Rio 2016 and take bronze again in the men's class 6-8 team.

In April 2018 he won gold in the men's class 6-10 singles at the Commonwealth Games in Australia and in October 2018 became world champion after beating the double Paralympic champion from China, Zhao Shuai, in the final.

# | TAEKWONDO





# TAEKWONDO SPORTS SECTION

It's only 12 years since the first Para Taekwondo World Championships and the sport is making his Paralympic debut in Tokyo. Kyorugi - one of two forms of the sport, for athletes with limb impairments and arm amputees - will be contested in Tokyo, with the K44 and K43 classes.

There will be three weight divisions for both men and women: from -61kg to +75kg for men, and from -49kg to +58kg for women. Turkey, Iran and Azerbaijan are expected to be among the countries represented by the greatest number of athletes and GB hope to play their part in an exciting inaugural competition with the likes of 2017 world champion Amy Truesdale in their ranks.

With Taekwondo making its Paralympics debut in Tokyo, the three athletes selected to represent ParalympicsGB in the sport will also make their Games debuts.

The British team is full of pedigree with Amy Truesdale heading to Tokyo as the world number one and reigning European bronze medallist. Alongside Truesdale, Beth Munro will look to win one of the first Taekwondo Paralympic

medals following a stellar rise that saw her storm to victory on her international debut just two years after taking up the sport.

The third and final team member is Joseph Lane, whose sporting career began on the football pitch before he switched to Taekwondo when it became part of the Paralympic movement.

Matt Bush, the +75kg world champion, will miss out on a place in Tokyo having suffered an injury on the eve of the Games.



## SCHEDULE

02 SEP

THU 2 SEP. 10:00 - 15:00

VENUES: MAKUHARI MESSE HALL B

- WOMEN K44 -49KG ROUND OF 16 (4 MATCHES)
- MEN K44 -61KG ROUND OF 16 (4 MATCHES)
- WOMEN K44 -49KG QUARTERFINALS (4 MATCHES)
- MEN K44 -61KG QUARTERFINALS (4 MATCHES)
- WOMEN K44 -49KG REPECHAGE QUARTERFINALS (2 MATCHES)
- MEN K44 -61KG REPECHAGE QUARTERFINALS (2 MATCHES)

THU 2 SEP. 17:00 - 22:10

VENUES: MAKUHARI MESSE HALL B

- WOMEN K44 -49KG REPECHAGE QUARTERFINALS (2 MATCHES)
- MEN K44 -61KG REPECHAGE QUARTERFINALS (2 MATCHES)
- WOMEN K44 -49KG SEMIFINALS (2 MATCHES)
- MEN K44 -61KG SEMIFINALS (2 MATCHES)
- WOMEN K44 -49KG REPECHAGE SEMIFINALS (2 MATCHES)
- MEN K44 -61KG REPECHAGE SEMIFINALS (2 MATCHES)
- WOMEN K44 -49KG BRONZE MEDAL CONTESTS (2 MATCHES)
- MEN K44 -61KG BRONZE MEDAL CONTESTS (2 MATCHES)
- WOMEN K44 -49KG GOLD MEDAL CONTEST
- MEN K44 -61KG GOLD MEDAL CONTEST

03 SEP

FRI 3 SEP. 10:00 - 15:00

VENUES: MAKUHARI MESSE HALL B

- WOMEN K44 -58KG ROUND OF 16 (4 MATCHES)
- MEN K44 -75KG ROUND OF 16 (4 MATCHES)
- WOMEN K44 -58KG QUARTERFINALS (4 MATCHES)
- MEN K44 -75KG QUARTERFINALS (4 MATCHES)
- WOMEN K44 -58KG REPECHAGE QUARTERFINALS (2 MATCHES)
- MEN K44 -75KG REPECHAGE QUARTERFINALS (2 MATCHES)

FRI 3 SEP. 17:00 - 22:10

VENUES: MAKUHARI MESSE HALL B

- WOMEN K44 -58KG REPECHAGE QUARTERFINALS (2 MATCHES)
- MEN K44 -75KG REPECHAGE QUARTERFINALS (2 MATCHES)
- WOMEN K44 -58KG SEMIFINALS (2 MATCHES)
- MEN K44 -75KG SEMIFINALS (2 MATCHES)
- WOMEN K44 -58KG REPECHAGE SEMIFINALS (2 MATCHES)
- MEN K44 -75KG REPECHAGE SEMIFINALS (2 MATCHES)
- WOMEN K44 -58KG BRONZE MEDAL CONTESTS (2 MATCHES)
- MEN K44 -75KG BRONZE MEDAL CONTESTS (2 MATCHES)
- WOMEN K44 -58KG GOLD MEDAL CONTEST
- MEN K44 -75KG GOLD MEDAL CONTEST
- WOMEN K44 -58KG VICTORY CEREMONY

• MEN K44 -75KG VICTORY CEREMONY

04 SEP

SAT 4 SEP. 10:00 - 15:00

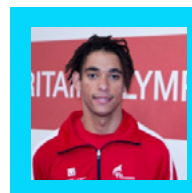
VENUES: MAKUHARI MESSE HALL B

- WOMEN K44 +58KG ROUND OF 16 (4 MATCHES)
  - MEN K44 +75KG ROUND OF 16 (4 MATCHES)
  - WOMEN K44 +58KG QUARTERFINALS (4 MATCHES)
  - MEN K44 +75KG QUARTERFINALS (4 MATCHES)
  - WOMEN K44 +58KG REPECHAGE QUARTERFINALS (2 MATCHES)
  - MEN K44 +75KG REPECHAGE QUARTERFINALS (2 MATCHES)
- SAT 4 SEP. 17:00 - 22:10
- VENUES: MAKUHARI MESSE HALL B
- WOMEN K44 +58KG REPECHAGE QUARTERFINALS (2 MATCHES)
  - MEN K44 +75KG REPECHAGE QUARTERFINALS (2 MATCHES)
  - WOMEN K44 +58KG SEMIFINALS (2 MATCHES)
  - MEN K44 +75KG SEMIFINALS (2 MATCHES)
  - WOMEN K44 +58KG REPECHAGE SEMIFINALS (2 MATCHES)
  - MEN K44 +75KG REPECHAGE SEMIFINALS (2 MATCHES)
  - WOMEN K44 +58KG BRONZE MEDAL CONTESTS (2 MATCHES)
  - MEN K44 +75KG BRONZE MEDAL CONTESTS (2 MATCHES)
  - WOMEN K44 +58KG GOLD MEDAL CONTEST
  - MEN K44 +75KG GOLD MEDAL CONTEST
  - WOMEN K44 +58KG VICTORY CEREMONY
  - MEN K44 +75KG VICTORY CEREMONY

## ATHLETE BIOGRAPHIES

### JOSEPH LANE

EVENT: K44 +75KG | HOMETOWN: LONDON | D.O.B: 07/11/1998 | TWITTER: @JOELANETKD1998



Sporting enthusiast Joseph Lane began his career on the football pitch and decided to transfer over to Taekwondo once it entered the Paralympic movement.

The London-born athlete has previously medalled at the Kimunyoung International Para Taekwondo Open and the Pan America Para Taekwondo Open, while this year's European Qualification Tournament saw Lane add a silver medal to his collection.

Lane, a fan of Dragon Ball Z, splits his time between training and studying Sports Science at the University of Salford, and describes Taekwondo as a 'game of chess with your legs'.

### BETH MUNRO

EVENT: K44 -58KG | HOMETOWN: MANCHESTER | D.O.B: 23/06/1993 | TWITTER: @BETHMUNRO19 | INSTAGRAM: @BETH\_MUNRO23



Not many people will have an international debut like Beth Munro. Only two years after taking up Taekwondo, Munro won her first international competition and secured a seat on the plane to Tokyo.

The former netball player turned javelin thrower only became a full-time Taekwondo athlete this year after being scouted by Disability Sport Wales to try out the sport. From there, she was asked to attend regular training sessions in Cardiff which eventually resulted in her taking up Para Taekwondo.

The Liverpoolian secured her place at Tokyo 2020 with victory in the women's -58kg category at the European Qualification Tournament in Bulgaria. The Manchester-based athlete will line up alongside one her inspirations in teammate and two-time world champion Amy Truesdale as ParalympicsGB look to secure one of the first ever Taekwondo medals at a Paralympic Games.

### AMY TRUESDALE

EVENT: K44 +58KG | HOMETOWN: MANCHESTER | D.O.B: 31/01/1995 | TWITTER: @AMYTRUESDALE | INSTAGRAM: @TRUESDALEAMY



Most athletes have had to wait five years for the Tokyo Paralympics, but Amy Truesdale has had to wait since she was seven years old. Truesdale will look to win one of the first Paralympic medals ever in Taekwondo.

She has already enjoyed great success on the world stage, winning World Championship titles in 2014 and 2017 and will head to Tokyo as world number one. Chester-born Truesdale is also a former European champion and will go in the women's +58kg category having guaranteed her place back in 2019 after picking up

bronze at the European Championships.

Truesdale spent lockdown with her sister Chloe and two-year-old nephew Arlo, who Truesdale is already training up to be the next Taekwondo star in the family.

# TRIATHLON |



## TRIATHLON SPORTS SECTION

Following their second-place finish in the medal table on Triathlon's Paralympic debut at Rio 2016, Great Britain will be looking to further establish themselves as a dominant global force in Japan this summer. Andrew Lewis claimed the team's solitary gold in the men's PT2 event while there were silver medals for Lauren Steadman and Alison Peasgood [née Patrick], and a bronze for Melissa Reid.

The format has changed slightly for 2020, with four events for both men and women including seated classes, standing classes and visual impairment classes. All events will be held over half the length of the Olympic distance: 750m of swimming, 20km of Cycling and 5km of running. An eight-strong team will represent ParalympicsGB in Triathlon with Rio silver medallist Lauren Steadman (PTS5) in with a chance of being part





of a British 1-2 as Claire Cashmore makes her Paralympics debut in the PTS5 Triathlon having competed in swimming at four previous Games. Steadman is not the only triathlete defending a medal, with Alison Peasgood and Melissa Reid (guided by Hazel Macleod) earning silver and bronze respectively. Peasgood will be joined by brother-in-law George Peasgood, who competes in Tokyo in both Triathlon and Cycling.

World champion Fran Brown will make her Paralympic debut as will Michael Taylor, while Dave Ellis will compete in the Paralympic Triathlon for the first time having previously represented Great Britain in swimming at Beijing 2008.

## SCHEDULE

28 AUG

**SAT 28 AUG. 6:30 - 11:00**

**VENUES: ODAIBA MARINE PARK**

- MEN'S PTS4
- WOMEN'S PTS2
- MEN'S PTVI
- WOMEN'S PTVI
- WOMEN'S PTS2 VICTORY CEREMONY
- MEN'S PTS4 VICTORY CEREMONY
- WOMEN'S PTVI VICTORY CEREMONY
- MEN'S PTVI VICTORY CEREMONY

29 AUG

**DATE AND TIME: SUN 29 AUG. 6:30 - 11:10**

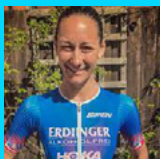
**VENUES: ODAIBA MARINE PARK**

- MEN'S PTWC
- WOMEN'S PTWC
- MEN'S PTS5
- WOMEN'S PTS5
- WOMEN'S PTWC VICTORY CEREMONY
- MEN'S PTWC VICTORY CEREMONY
- WOMEN'S PTS5 VICTORY CEREMONY
- MEN'S PTS5 VICTORY CEREMONY

## ATHLETE BIOGRAPHIES

### NIKKI BARTLETT

EVENT: GUIDE TO ALISON PEASGOOD (PTVI) | HOMETOWN: CHELTENHAM | D.O.B: 25/06/1987 | TWITTER: @NIKKIBARTLETT1 | INSTAGRAM: @NIKKIBARTLETT1



British Triathlon's 'Guides for Gold' initiative has been an outstanding source of world-class guide athletes for several years. There is no better example of that than ParalympicsGB's Nikki Bartlett, who joined the initiative in 2018 after graduating from the University of Birmingham in 2008 with First Class Honours in Sport, Physical Education, and Community Studies.

While in Birmingham, she was selected to take part in the Girls for Gold initiative and then the Rowing World Class Start system. Injuries led Bartlett to discover Triathlon, taking on the 140-mile IRONMAN UK in Bolton, before switching sports entirely in 2012.

Bartlett has achieved 16 podium performances across Pro IRONMAN and IRONMAN 70.3 racing, taking both her first 70.3 and IRONMAN gold medals in 2019 at Dun Laoghaire and Lanzarote respectively.

Her first race acting as the guide for PTVI athlete Alison Peasgood came in 2019 as the pair competed in the ITU World ParaTriathlon Series race in Milan where they won gold. They'll be looking to repeat that achievement in Tokyo.

### FRAN BROWN

EVENT: PTS2 | HOMETOWN: LONDON | D.O.B: 10/10/1984 | TWITTER: @FRANRBROWN | INSTAGRAM: @FRANRBROWN



Fran Brown is a London-based physiotherapist and percussionist, however this summer she'll be chasing her Paralympic dream. She is a two-time Para climbing world champion and has a c4 spinal cord injury, meaning she is an incomplete tetraplegic and all four limbs are affected.

Following an injury, sustained in an industrial accident, she returned to climbing and competed for the GB Para climbing team for four years as she became world champion in 2012 and 2014.

After taking part in a couple of long-distance Triathlons in a wheelchair for fun, Brown began to compete and in 2017 she had her first run of major events. She placed second at the Kitzbühel ETU Triathlon European Championships, followed by two bronze medals in the ITU at Edmonton and the ITU Grand Final at Rotterdam. Brown will now head to Tokyo with the aim of making a lasting impact.

### CLAIRE CASHMORE 1 3 4

EVENT: PTS5 | HOMETOWN: REDDITCH, WORCESTERSHIRE | D.O.B: 21/05/1988 | TWITTER: @CLAIRECASHMORE | INSTAGRAM: @CLAIRECASHMORE1 | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008, ATHENS 2004



Claire Cashmore already had the experience of four Paralympic Games prior to her transition to Triathlon. The 33-year-old from the West Midlands also boasts several amazing achievements outside of sport, having studied linguistics at the University of Leeds, while she was appointed Member of the Order of the British Empire (MBE) in the 2017 New Year's Honours for services to swimming.

She made her Paralympic debut at the age of 16 in Athens and won her first gold medal in Rio in 2016 as part of Great Britain's 4x100m medley relay team.

The ParalympicsGB legend also won silver in the SB8 100m breaststroke in Rio, but after the 2016 Games Cashmore took some time to reflect on her career and decided to try Para Triathlon.

In 2018 she emerged as one of the leading athletes in the PTS5 class, which she will be involved in at the Tokyo 2020 Paralympic Games. She finished second behind Lauren Steadman at the 2018 ITU World Championships on the Gold Coast and will be looking to go one step further and bring home gold in Tokyo this summer.

### DAVE ELLIS

EVENT: PTVI (GUIDED BY LUKE POLLARD) | HOMETOWN: DERBY | D.O.B: 12/07/1986 | TWITTER: @DAVELLISGB | INSTAGRAM: @DAVELLISGB | ATTENDED: BEIJING 2008



Dave Ellis has less than 10 per cent vision and races with a guide on all three disciplines of the Triathlon race. He comes from an impressive swimming background after joining the elite training group in Derby which led to him representing Great Britain in swimming at the Beijing 2008 Paralympic Games.

His best result in Beijing was sixth in the 200m individual medley. Ellis returned to Triathlon in 2017 and when, in 2018, it was decided that the visually impaired classification would feature in Tokyo, he began a new racing partnership with Mark Buckingham which saw the pair win both the European and world titles.

He competed at the World Triathlon Para Series racing when it made its debut on British soil in Leeds, finishing more than two minutes ahead of Héctor Catalá Laparra of Spain and Thibaut Rigau deau of France to take the tape. He was guided by Luke Pollard in Leeds and the 35-year-old will be guided by him once again in Tokyo.

### HAZEL MACLEOD 1

EVENT: GUIDE TO MELISSA REID (PTVI) | HOMETOWN: EDINBURGH | D.O.B: 21/05/1986 | TWITTER: @BABYGIRAFFE42 | INSTAGRAM: @BABYGIRAFFE42 | GAMES ATTENDED: RIO 2016



Hazel Macleod is a former Scottish national age-group swimming champion, having won the 200m breaststroke title as a 13-year-old before competing at national level in Rowing at Durham University. She settled on Triathlon after her father bought her a road bike for her birthday in 2010 and was eventually selected as a reserve for the Scottish Commonwealth Games Triathlon Team.

She decided that she would rather guide someone to a Paralympic medal than compete for selection in individual competition and so, at Rio 2016, she made her Paralympic debut as a guide for Alison Peasgood, and the pair won silver in the women's PT5 event. This summer

in Tokyo she'll be competing alongside Melissa Reid in the hope of going one step further than she did in Rio by winning Paralympic gold.

### ALISON PEASGOOD 1

EVENT: PTVI (GUIDED BY NIKKI BARTLETT) | HOMETOWN: DUNFERMLINE | 01/10/1987 | TWITTER: @ALI\_P87 | INSTAGRAM: @TRIALI87 | GAMES ATTENDED: RIO 2016



Alison Peasgood competed in the women's PT5 class at the 2016 Paralympic Games in Rio where she won a silver medal while being guided by Hazel Macleod. The 33-year-old who lives in Loughborough, was born with albinism meaning she was blind at birth and gained some sight afterwards, but has never had full vision.

Prior to moving to Loughborough, Peasgood worked as a physiotherapist at Victoria Hospital in Dunfermline, while she was recruited to Triathlon from an Athletics background.

She had previously swum as a junior and raced on the track at international level. When World Triathlon Para Series racing made its debut on British soil in Leeds, Alison claimed third and shared the podium with Susana Rodriguez of Spain and Anna Barbaro of Italy. Peasgood will travel to Tokyo with high hopes as she looks to go one step further than Rio and win gold in Tokyo.

## GEORGE PEASGOOD

EVENT: PTS5 | HOMETOWN: SAFFRON WALDEN | D.O.B: 02/10/1995 | TWITTER: @GEORGE\_PEASGOOD |  
INSTAGRAM: @GEORGE\_PEASGOOD | GAMES ATTENDED: RIO 2016



George Peasgood will be one of two ParalympicsGB stars to compete in two different sports at Tokyo 2020, earning selection in Cycling as well as Triathlon.

He comes from a great sporting family. His brother Jack is not only married to Para triathlete, Alison Peasgood, but has also represented the Great Britain Age Group team himself in both Triathlon and duathlon. Furthermore, his mum has completed 10 consecutive London Marathons and his dad got into Triathlon following a running injury.

Peasgood won his first major medal, a bronze, at the 2013 ITU World Championships in London.

He was the youngest member of the Triathlon team at the 2016 Paralympic Games in Rio where he was overtaken during the run.

Peasgood has always shown strength on the bike and will make the most of his dual ability by competing in both events in Tokyo.

## LAUREN STEADMAN 1

EVENT: PTS5 | HOMETOWN: PETERBOROUGH | D.O.B: 18/12/1992 | TWITTER: @LAURENSTEADMAN |  
INSTAGRAM: @LAURENSTEADMAN | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



Lauren Steadman returns to her day job this summer having won the heart of the nation alongside AJ Pritchard on series 16 of BBC's Strictly Come Dancing. The 28-year-old from Peterborough put in a stunning performance on Triathlon's Paralympic debut in 2016, winning silver, yet she had already competed at two Games in swimming, in 2008 and 2012.

Steadman went to her first Paralympics in Beijing aged just 15, and her background in swimming provides a significant strength in Triathlon.

She has been hugely successful since her transition from swimming into Triathlon in 2011, being crowned world champion on three occasions (2014, 2015, 2018), and European champion on seven occasions (2013, 2014, 2015, 2016, 2017, 2018, 2019).

Having first got into the sport after her uncle, who is a triathlete, suggested she should try it, Steadman entered her first Triathlon, the British Championships, in Nottingham in 2011 and finished second. She is currently based in Portsmouth having completed a degree in Psychology at Portsmouth University, before going on to do an MSc in Business and Management.

## LUKE POLLARD

EVENT: GUIDE TO DAVE ELLIS (PTVI) | HOMETOWN: TELFORD | D.O.B: 09/09/1991 | TWITTER: @LUKEPOLLARD91 |  
INSTAGRAM: @LUKEPOLLARD91



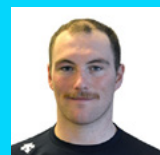
Luke Pollard's journey to Tokyo began after seeing an advert for British Triathlon's Guides to Gold programme and, in response, he moved his training to Loughborough. By this point, Pollard had already completed basic training in the Royal Air Force, after which he discovered Triathlon.

The 29-year-old from Telford progressed from novice to elite athlete in an astoundingly short timespan, entering his first Triathlon in 2012. In the RAF, Pollard worked in logistics and is currently on the elite athlete scheme that allows him to train and race Triathlon full-time away from his primary role.

He became Dave Ellis' guide and the pair won their first race in 2019 to take the British Duathlon title in April 2019. The duo ended 2019 in great form, winning the gold medal at the Funchal ITU ParaTriathlon World Cup, a feat the pair will be aiming to repeat in Tokyo this summer.

## MICHAEL TAYLOR

EVENT: PTS4 | HOMETOWN: BARNSTAPLE, DEVON | D.O.B: 09/12/1995 | INSTAGRAM: @MICHAELTAYLOR08\_



Michael Taylor is a two-time Para Triathlon national champion who first became interested in the sport through his friends and family. Taylor is a proficient runner, swimmer and cyclist meaning Triathlon seemed to be his natural pathway into the world of elite sport. He found Tri4Tokyo at Loughborough University in February 2017 and decided to give the sport a go for the first time.

Taylor's first competitive race was in May 2017 and he crossed the line in second place despite only receiving a running blade two days prior to the race, and having not truly ran for over two years. The 25-year-old from North Devon's first major event also came in 2017 at the

National Championships in which he topped the ranks. Taylor returned to defend his title in 2018 to and he'll be looking to bring even more gold home from Tokyo this summer.

## MELISSA REID 1

EVENT: PTVI (GUIDED BY HAZEL MACLEOD) | HOMETOWN: TRURO | D.O.B: 15/11/1990 | TWITTER: @REIDMELISSA |  
INSTAGRAM: MELISSAREIDGB | GAMES ATTENDED: RIO 2016



Melissa Reid is a Paralympic bronze medallist, and a former world and European champion. The 30-year-old from Nottinghamshire is visually impaired and competes in the PTVI class. She is a member of Gylingvase club and also works as a swimming teacher.

Reid got started competing in Triathlon after her dad introduced her to the event, having previously taken part in surfing and swimming. She is one of the strongest swimmers in her class as a result.

Since being selected for the British squad in 2012 Reid has gone from strength to strength, winning bronze on Paralympic debut in Rio with guide Nicole Walters. She backed up her success in 2016 with another good year in 2017 as she claimed gold at the ETU Triathlon European Championships in Austria.

Her guide in Tokyo, Hazel Macleod, won silver alongside Alison Peasgood in Rio, and both women are well placed to challenge for a medal in Tokyo.

# WHEELCHAIR BASKETBALL |



## WHEELCHAIR BASKETBALL

Among the leading lights in the Wheelchair Basketball world, both the men's and women's GB sides will be in the hunt for a podium place at this summer's Games. Wheelchair Basketball is one of the most popular sports on the Paralympic programme, and - as the reigning world and European champions - the men's squad head to Tokyo as the team to beat. Since the sport's inception at the 1960 Games, ParalympicsGB have

claimed three silver medals and five bronzes, including a third-place finish last time out in the men's competition. The women's team have enjoyed a rapid increase in prominence in recent years, having won world and European silver since finishing fourth in Rio. The ParalympicsGB Wheelchair Basketball squads travel to Tokyo with real chances of medals. The men's team are currently ranked number one in the world, with the women at





number two. The men's squad includes eight world champions from their 2018 triumph and will be captained by Ian Sagar with Terry Bywater making his sixth appearance at a Paralympic Games.

2018 World Championship gold medallists Jim Palmer and James MacSorley and 2017 Junior World Championship gold medallists Billy Bridge, Lewis Edwards and Ben Fox will all be making their Paralympic Games debut. Amy Conroy and Maddie Thompson will co-captain the women's

squad which won silvers at the World and European Championships in 2018 and 2019. Helen Freeman will compete at her fourth Paralympics with Jude Hamer and Laurie Williams attending their third. Alongside them will be Lucy Robinson who will not only be making her Games debut but her senior debut in a GB shirt.

## SCHEDULE

### 25 AUG

WED 25 AUG. 9:00 - 13:00

VENUES: MUSASHINO FOREST SPORT PLAZA

- WOMEN'S PRELIMINARY ROUND GROUP B, ALGERIA VS CHINA
- WOMEN'S PRELIMINARY ROUND GROUP B, NETHERLANDS VS UNITED STATES

WED 25 AUG. 14:45 - 18:45

VENUES: MUSASHINO FOREST SPORT PLAZA

- WOMEN'S PRELIMINARY ROUND GROUP A, GREAT BRITAIN VS CANADA
- WOMEN'S PRELIMINARY ROUND GROUP A, AUSTRALIA VS JAPAN

WED 25 AUG. 20:30 - 22:15

VENUES: MUSASHINO FOREST SPORT PLAZA

- MEN'S PRELIMINARY ROUND GROUP A, SPAIN VS REPUBLIC OF KOREA

### 26 AUG

THU 26 AUG. 9:00 - 13:00

VENUES: MUSASHINO FOREST SPORT PLAZA

- WOMEN'S PRELIMINARY ROUND GROUP A, GERMANY VS AUSTRALIA
- WOMEN'S PRELIMINARY ROUND GROUP A, JAPAN VS GREAT BRITAIN

THU 26 AUG. 9:00 - 13:00

VENUES: ARIAKE ARENA

- MEN'S PRELIMINARY ROUND GROUP B, UNITED STATES VS GERMANY
- MEN'S PRELIMINARY ROUND GROUP A,

CANADA VS SPAIN

THU 26 AUG. 14:45 - 18:45

VENUES: MUSASHINO FOREST SPORT PLAZA

- MEN'S PRELIMINARY ROUND GROUP B, AUSTRALIA VS ISLAMIC REP. OF IRAN
- MEN'S PRELIMINARY ROUND GROUP A, REPUBLIC OF KOREA VS TURKEY

THU 26 AUG. 14:45 - 18:45

VENUES: ARIAKE ARENA

- MEN'S PRELIMINARY ROUND GROUP B, GREAT BRITAIN VS ALGERIA
- WOMEN'S PRELIMINARY ROUND GROUP B, UNITED STATES VS SPAIN

THU 26 AUG. 20:30 - 22:15

VENUES: MUSASHINO FOREST SPORT PLAZA

- MEN'S PRELIMINARY ROUND GROUP A, COLOMBIA VS JAPAN

THU 26 AUG. 20:30 - 22:15

VENUES: ARIAKE ARENA

- WOMEN'S PRELIMINARY ROUND GROUP B, CHINA VS NETHERLANDS

### 27 AUG

FRI 27 AUG. 9:00 - 13:00

VENUES: MUSASHINO FOREST SPORT PLAZA

- MEN'S PRELIMINARY ROUND GROUP B, ALGERIA VS AUSTRALIA
- MEN'S PRELIMINARY ROUND GROUP A, TURKEY VS CANADA

FRI 27 AUG. 9:00 - 13:00

VENUES: ARIAKE ARENA

- WOMEN'S PRELIMINARY ROUND GROUP A, CANADA VS JAPAN
- WOMEN'S PRELIMINARY ROUND GROUP B, NETHERLANDS VS ALGERIA



[FRI 27 AUG. 14:45 - 18:45](#)

[VENUES: MUSASHINO FOREST SPORT](#)

[PLAZA](#)

- MEN'S PRELIMINARY ROUND GROUP B, GERMANY VS GREAT BRITAIN
- WOMEN'S PRELIMINARY ROUND GROUP B, SPAIN VS CHINA

[DATE AND TIME: FRI 27 AUG. 14:45 - 18:45](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S PRELIMINARY ROUND GROUP A, SPAIN VS COLOMBIA
- MEN'S PRELIMINARY ROUND GROUP B, ISLAMIC REP. OF IRAN VS UNITED STATES

[FRI 27 AUG. 20:30 - 22:15](#)

[VENUES: MUSASHINO FOREST SPORT](#)

[PLAZA](#)

- WOMEN'S PRELIMINARY ROUND GROUP A, GREAT BRITAIN VS GERMANY

[FRI 27 AUG. 20:30 - 22:15](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S PRELIMINARY ROUND GROUP A, JAPAN VS REPUBLIC OF KOREA

28 AUG

[SAT 28 AUG. 9:00 - 13:00](#)

[VENUES: MUSASHINO FOREST SPORT](#)

[PLAZA](#)

- WOMEN'S PRELIMINARY ROUND GROUP B, UNITED STATES VS CHINA
- WOMEN'S PRELIMINARY ROUND GROUP B, ALGERIA VS SPAIN

[SAT 28 AUG. 9:00 - 13:00](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S PRELIMINARY ROUND GROUP A, TURKEY VS SPAIN
- MEN'S PRELIMINARY ROUND GROUP B, AUSTRALIA VS GERMANY

[SAT 28 AUG. 14:45 - 18:45](#)

[VENUES: MUSASHINO FOREST SPORT](#)

[PLAZA](#)

- MEN'S PRELIMINARY ROUND GROUP B, ALGERIA VS ISLAMIC REP. OF IRAN
- MEN'S PRELIMINARY ROUND GROUP B, GREAT BRITAIN VS UNITED STATES

[SAT 28 AUG. 14:45 - 18:45](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S PRELIMINARY ROUND GROUP A, JAPAN VS CANADA
- WOMEN'S PRELIMINARY ROUND GROUP A, GERMANY VS CANADA

[DATE AND TIME: SAT 28 AUG. 20:30 - 22:15](#)

[VENUES: MUSASHINO FOREST SPORT](#)

[PLAZA](#)

MEN'S PRELIMINARY ROUND GROUP A,

REPUBLIC OF KOREA VS COLOMBIA

[SAT 28 AUG. 20:30 - 22:15](#)

[VENUES: ARIAKE ARENA](#)

- WOMEN'S PRELIMINARY ROUND GROUP A, AUSTRALIA VS GREAT BRITAIN

29 AUG

[SUN 29 AUG. 9:00 - 13:00](#)

[VENUES: MUSASHINO FOREST SPORT](#)

[PLAZA](#)

- MEN'S PRELIMINARY ROUND GROUP B, ISLAMIC REP. OF IRAN VS GREAT BRITAIN
- MEN'S PRELIMINARY ROUND GROUP A, COLOMBIA VS TURKEY

[SUN 29 AUG. 9:00 - 13:00](#)

[VENUES: ARIAKE ARENA](#)

- WOMEN'S PRELIMINARY ROUND GROUP B, SPAIN VS NETHERLANDS
- WOMEN'S PRELIMINARY ROUND GROUP A, JAPAN VS GERMANY

[SUN 29 AUG. 14:45 - 18:45](#)

[VENUES: MUSASHINO FOREST SPORT](#)

[PLAZA](#)

- MEN'S PRELIMINARY ROUND GROUP B,

UNITED STATES VS AUSTRALIA

- WOMEN'S PRELIMINARY ROUND GROUP B, ALGERIA VS UNITED STATES

[SUN 29 AUG. 14:45 - 18:45](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S PRELIMINARY ROUND GROUP B, GERMANY VS ALGERIA
- MEN'S PRELIMINARY ROUND GROUP A, CANADA VS REPUBLIC OF KOREA

[SUN 29 AUG. 20:30 - 22:15](#)

[VENUES: MUSASHINO FOREST SPORT](#)

[PLAZA](#)

- WOMEN'S PRELIMINARY ROUND GROUP A, CANADA VS AUSTRALIA
- [SUN 29 AUG. 20:30 - 22:15](#)
- [VENUES: ARIAKE ARENA](#)
- MEN'S PRELIMINARY ROUND GROUP A, SPAIN VS JAPAN

30 AUG

[MON 30 AUG. 9:00 - 13:00](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S PRELIMINARY ROUND GROUP A, COLOMBIA VS CANADA
- MEN'S PRELIMINARY ROUND GROUP B, GERMANY VS ISLAMIC REP. OF IRAN

[MON 30 AUG. 14:45 - 18:45](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S PRELIMINARY ROUND GROUP A, TURKEY VS JAPAN
- MEN'S PRELIMINARY ROUND GROUP B, AUSTRALIA VS GREAT BRITAIN

[MON 30 AUG. 20:30 - 22:15](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S PRELIMINARY ROUND GROUP B, ALGERIA VS UNITED STATES

[TUE 31 AUG. 9:00 - 10:45](#)

[VENUES: ARIAKE ARENA](#)

- WOMEN'S CLASSIFICATION PLAYOFF 9/10

[TUE 31 AUG. 12:30 - 16:30](#)

[VENUES: ARIAKE ARENA](#)

- WOMEN'S QUARTERFINALS (2 MATCHES)
- [TUE 31 AUG. 18:15 - 22:15](#)
- [VENUES: ARIAKE ARENA](#)
- WOMEN'S QUARTERFINALS (2 MATCHES)

01 SEP

[WED 1 SEP. 9:00 - 10:45](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S CLASSIFICATION PLAYOFF 11/12

[WED 1 SEP. 12:30 - 16:30](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S QUARTERFINALS (2 MATCHES)
- [WED 1 SEP. 18:15 - 22:15](#)
- [VENUES: ARIAKE ARENA](#)
- MEN'S QUARTERFINALS (2 MATCHES)

01 SEP

[THU 2 SEP. 12:30 - 16:30](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S CLASSIFICATION PLAYOFF 9/10
- WOMEN'S CLASSIFICATION PLAYOFF 7/8

[THU 2 SEP. 18:15 - 22:15](#)

[VENUES: ARIAKE ARENA](#)

- WOMEN'S SEMIFINALS (2 MATCHES)

[FRI 3 SEP. 12:30 - 16:30](#)

[VENUES: ARIAKE ARENA](#)

- MEN'S CLASSIFICATION PLAYOFF 7/8
- WOMEN'S CLASSIFICATION PLAYOFF 5/6

03 SEP

**FRI 3 SEP. 18:15 - 22:15**

**VENUES: ARIAKE ARENA**

- MEN'S SEMIFINALS (2 MATCHES)

**SAT 4 SEP. 14:15 - 16:00**

**VENUES: ARIAKE ARENA**

- MEN'S CLASSIFICATION PLAYOFF 5/6

04 SEP

**SAT 4 SEP. 17:45 - 22:15**

**VENUES: ARIAKE ARENA**

- WOMEN'S BRONZE MEDAL MATCH
- WOMEN'S GOLD MEDAL MATCH
- WOMEN'S VICTORY CEREMONY

**SUN 5 SEP. 10:00 - 14:30**

**VENUES: ARIAKE ARENA**

- MEN'S BRONZE MEDAL MATCH
- MEN'S GOLD MEDAL MATCH
- MEN'S VICTORY CEREMONY

KAYLA BELL

**EVENT: WOMEN'S (CLASSIFICATION 1.5) | HOMETOWN: THATCHAM, WILTSHIRE | D.O.B: 21/03/1999 | TWITTER: @KAYLAJBELL | INSTAGRAM: @KAYLABELL96**



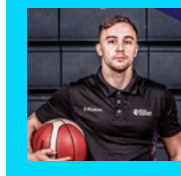
Kayla Bell first took up the sport of Wheelchair Basketball at just eight years old. Since then the Business Psychology graduate has helped the U24 Women's squad secure back-to-back golds at the 2016 and 2018 U24 European Championships.

A year later, Bell was part of the team who made history again, reaching the final of the European Championships for the first time, claiming silver.

Bell made her senior major championships debut as part of the 2018 World Championship squad in Hamburg, where the team secured a place at the final and claimed the silver medal – both firsts for a GB Women's Team.

BILLY BRIDGE

**EVENT: MEN'S (CLASSIFICATION 3.0) | HOMETOWN: ELLESMERE PORT, MERSEYSIDE | D.O.B: 08/08/1995 | TWITTER: @BILLY\_BRIDGE8 | INSTAGRAM: @BILLYBRIDGE**



A flagbearer at the London 2012 Paralympics Opening Ceremony, Billy Bridge will make his Games debut nine years later as part of the GB Wheelchair Basketball team. Introduced to the sport by Paralympian Anna Jackson at 12 years old, his mum took him to his first session at Celtic Warriors and he hasn't looked back since.

Spain. The 2017 U23 world champion made a medal-winning start to his international career, claiming silver at the 2009 U23 European Championships when he was just 14 years old. A regular for GB's junior teams for the next four years, including two European U22 gold medals in 2012 and 2014, Bridge was also part of the European U22 silver medal-winning team.

He enjoyed plenty of success during his GB junior career while he has also done a lot of globe-trotting, playing for clubs in England, Italy, Germany and, most recently,

HARRY BROWN 1

**EVENT: MEN'S (CLASSIFICATION 2.5) | HOMETOWN: HALIFAX | D.O.B: 21/06/1994 | TWITTER: @DOGBOY1994 | INSTAGRAM: @DOGBOY1994 | GAMES ATTENDED: RIO 2016**



A decade on from his debut as a 16-year-old, Harry Brown remains an integral part of ParalympicsGB's Wheelchair Basketball squad. Brown, who lost both his legs to meningitis as a baby, became the youngest player to represent Great Britain's senior men's team when he made his bow in 2011 and had a European gold to his name later that year.

bronze medal. Brown started all five games in the World Championship triumph two years later and the versatile sportsman has also represented his country at Wheelchair Rugby league, with Harry and brother Jack teammate with Halifax.

Having been one of eight U22 players to carry the flag at the Opening Ceremony during London 2012, Brown's Paralympic bow on court came in Rio, resulting in a

TERRY BYWATER 3

**EVENT: MEN'S (CLASSIFICATION 4.5) | HOMETOWN: REDCAR, TEESIDE | D.O.B: 28/02/1983 | TWITTER: @TERRYBYWATER07 | INSTAGRAM: @TERRYBYWATER07 | RIO 2016, LONDON 2012, BEIJING 2008, ATHENS 2004, SYDNEY 2000**



An ever-present in the ParalympicsGB squad since Sydney, Terry Bywater is all set for a remarkable sixth Games and will be eager to add to – or better – the three bronze medals already in his collection.

He is also the only member of the squad to have won both silver and gold at the World Championships, medals which were separated by 16 years. The 38-year-old enjoyed plenty of success in Europe at club level and currently captains CD Ilunion in Spain, where he has spent two spells.

Bywater, a passionate supporter of Middlesbrough FC, claimed the first two of those medals in consecutive Games in Athens and Beijing and was his side's top scorer at London 2012, when he and his teammates came agonisingly close to making the podium once more.

## SOPHIE CARRIGILL

**EVENT: WOMEN'S (CLASSIFICATION 1.0) | HOMETOWN: WAKEFIELD | D.O.B: 21/03/1999 | TWITTER: @SOPHCAZ | INSTAGRAM: @SOPHCAZ | GAMES ATTENDED: RIO 2016**



After first discovering the sport at her local club in Leeds during her rehabilitation from a near fatal car accident in 2010, Sophie Carrigill has become one of the mainstays of the ParalympicsGB basketball team.

She co-captained the side that performed so well in Rio 2016, finishing fourth, and will be hoping to go one better and win a medal in Tokyo.

Carrigill has also enjoyed successes away from the court, completing Sports Psychology degrees at both the University of Worcester and Sheffield Hallam University alongside her sporting triumphs.

## SIOBHAN FITZPATRICK

**EVENT: WOMEN'S (CLASSIFICATION 3.0) | HOMETOWN: COVENTRY | D.O.B: 28/01/1998 | TWITTER: @SHIVVY\_98 | INSTAGRAM: @SIOBHAN\_FITZPATRICK**



Siobhan Fitzpatrick 'fell out of love' with Wheelchair Basketball after narrowly missing out on selection for Rio but her passion for the sport was quickly restored and she will now make her Paralympic debut.

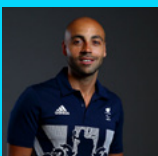
Fitzpatrick was just 17 at the time of the last Games but had already enjoyed a stellar junior career, co-captaining the women's team to back-to-back wins at the 2015 U25 World Championships and 2016 U24 European Championships. She took a brief break after being overlooked but returned with a fresh determination

and made her senior debut at the 2017 European Championships before returning with silver from the following year's Worlds.

Fitzpatrick's adventure in the sport started with the Coventry Wheelchair Basketball Association and in addition to this summer's Paralympics, next summer's Commonwealth Games in nearby Birmingham is firmly on the 23-year-old's agenda.

## GAZ CHOUDHRY

**EVENT: MEN'S (CLASSIFICATION 4.0) | HOMETOWN: LONDON | D.O.B: 23/06/1985 | TWITTER: @GAZGB4 | INSTAGRAM: @GAZGB4 | GAMES ATTENDED: RIO 2016, LONDON 2012**



One of Great Britain's most experienced Wheelchair Basketball players, Gaz Choudhry is preparing for his third Paralympics having enjoyed plenty of success for club and country over the past 12 years. Choudhry will arrive in Tokyo fresh from an impressive club season in Spain with BSR Amiab Albacete, who he inspired to a first ever Copa del Rey triumph.

The 36-year-old scored a game-high 34 points in the final as he added another continental triumph to a career which has also included winning an Italian double with

Briantea84. Choudhry came through the ranks at London Force, now London Titans, alongside Paralympians Sinclair Thomas and Ade Adepitan and having impressed in his home city in 2012, he was part of the squad to take bronze home from Rio four years later. The Londoner was also part of the World Championship-winning squad in 2018 and will hope for similar success this summer.

## BEN FOX

**EVENT: MEN'S (CLASSIFICATION 3.5) | HOMETOWN: SWINDON | D.O.B: 16/08/1995 | INSTAGRAM: @FOX\_BEN11 | GAMES ATTENDED: RIO 2016**



A chance meeting with former GB international Sinclair Thomas at a service station while en route to watch his beloved Arsenal introduced Ben Fox to Wheelchair Basketball. Already a keen amputee footballer, Fox was encouraged to give the sport a go and began his career at Wolverhampton Rhinos before gaining his first junior GB international cap at the U23 World Championships in 2013.

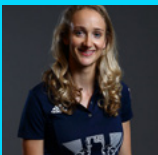
Fox returned to the GB Performance Programme in 2015 and made history on the courts of Toronto in 2017, becoming the first British team to win the U23 World

Championship title.

Heart surgery threatened his Paralympic ambition but he fought back to make his debut for GB's senior team at the 2019 European Championships in Poland, winning European gold. And having been told he might never play basketball again at the highest level, Fox will don the ParalympicsGB vest for the first time at the Tokyo 2020 Games.

## AMY CONROY

**EVENT: WOMEN'S (CLASSIFICATION 4.0) | HOMETOWN: NORWICH | D.O.B: 22/10/1992 | TWITTER: @AMYCONROY10 | INSTAGRAM: @AMYCONROY10 | GAMES ATTENDED: RIO 2016, LONDON 2012**



Norwich's Amy Conroy first became hooked on the sport after watching a professional match where she fell in love with the speed, competitiveness and aggression of the game. She made her international debut at the 2010 BT Paralympic World Cup and has since become a key member of her national side.

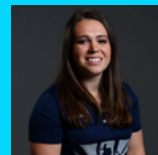
She also co-captained the British team with Laurie Williams to the title of U25 world champions in Beijing, back in 2015.

In August 2018, Conroy and the GB Women's team made history for British Wheelchair Basketball as the first female GB squad to secure a place in a World Championships final, bringing home the silver medal.

Conroy first became a Paralympian at London 2012, immediately making her mark by top-scoring against the Netherlands in her opening game, before competing at a Games for the second time in 2016.

## HELEN FREEMAN

**EVENT: WOMEN'S (CLASSIFICATION 4.0) | HOMETOWN: WATFORD | D.O.B: 23/11/1989 | TWITTER: @HELEN\_FREEMAN | INSTAGRAM: @HELENFREEMAN7 | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008**



Tokyo will be Helen Freeman's fourth Games as part of ParalympicsGB, after Beijing, London and Rio. At her home Games, she was the GB Women's leading points' scorer, after a magnificent tournament.

When she made her debut at Beijing 2008, Freeman was the youngest athlete to be selected for the Wheelchair Basketball team, at just 18.

As well as winning a silver medal at the 2019 European Championships, she is a six-time bronze medallist from the same championships. She is a University of Illinois graduate with a major in Kinesiology.

## LEWIS EDWARDS

**EVENT: MEN'S (CLASSIFICATION 3.0) | HOMETOWN: LITTLEHAMPTON, SUSSEX | D.O.B: 06/07/1998 | TWITTER: @LEWISEDWARDS\_10 | INSTAGRAM: @LEWISEDWARDS\_10**



A promising discus athlete in his teenage years, Lewis Edwards rose through the Wheelchair Basketball ranks rapidly after first being introduced to the sport in 2014. Edwards had even won gold in the discus at the International Wheelchair and Amputee Sports World Junior Games that same year before deciding to pursue team sport.

First beginning his playing career with Tornados in BWB's Development League, within 12 months he was playing in the Premier Division and was recruited to the GB Junior Programme in 2015.

A regular member of the GB Junior squad in his younger years, Edwards was part of the U23 World Championship-winning side in 2017 in Toronto, Canada. After a year within the BWB centralised programme, working with GB coaches Haj Bhanian and Steve Caine, alongside playing for CWBA, he moved to play in the Division de Honor in Spain.

## JOY HAZELDEN

**EVENT: WOMEN'S (CLASSIFICATION 2.5) | HOMETOWN: SOUTHAMPTON | D.O.B: 01/12/1998 | TWITTER: @JOYHAZELDEN | INSTAGRAM: @HAIZSEE | GAMES ATTENDED: RIO 2016**



A Paralympic debutant aged just 17 five years ago, Joy Hazelden has enjoyed a successful time on and off the court since making her mark in Rio. Consecutive European U24 titles in 2016 and 2018 were joined by senior silvers at world and European level, all while Hazelden was completing a degree in Health and Human Sciences at the University of Sheffield.

The 22-year-old is set to head across the Atlantic to continue her studies after the Paralympics, having accepted an offer to do a Masters of Public Health at the University of Alabama, where she will also play in the

intercollegiate league. Hazelden was born with Spina Bifida and arrived in the UK aged six having been adopted from China, beginning her Wheelchair Basketball journey after being sidelined in secondary school PE.

## JUDE HAMER

**EVENT: WOMEN'S (CLASSIFICATION 4.0) | HOMETOWN: EXETER | D.O.B: 03/12/1990 | TWITTER: @HAMER\_JUDE | INSTAGRAM: @JUDE\_HAMER | GAMES ATTENDED: RIO 2016**



A long-standing member of the team, Jude Hamer will be out to help the ParalympicsGB Wheelchair Basketball team reach new heights in Tokyo. Jude was first introduced to Wheelchair Basketball at her local British Paralympic Association's Paralympic Potential Day.

She made her international debut in 2009, just two years after joining the Exeter Otters. At her first World Championship in 2010, Hamer helped her team finish sixth - their best placing in the global showpiece.

They then went on to break this record four years later with an historic fifth place finish at the 2014 World Championships in Toronto, Canada, with Hamer again front and centre of the success. Before Hamer and the GB Women's squad made history in 2018, when they won the silver medal at the World Championships in Hamburg, Germany.

## ABDI JAMA

**EVENT: MEN'S (CLASSIFICATION 1.0) | HOMETOWN: LIVERPOOL | D.O.B: 01/11/1982 | TWITTER: @ABDIJAMA10 | INSTAGRAM: @ABDIJAMA10 | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008**



Introduced to Wheelchair Basketball at a school taster session by GB Paralympian Ade Orogbemi, Abdi Jama has gone on to become one of the best 1.0 players in the world. After starting out at his local club Vikings, Jama became a double U22 European champion with the GB Junior team before winning bronze on his Paralympic debut at Beijing 2008.

He went on to co-captain ParalympicsGB with Matt Byrne at London 2012, leading them to the bronze medal game where they narrowly lost to the USA. Abdi

continued to build upon his international success, claiming four European titles, including being named in the Championship All-Star Team in 2013 and 2015.

In 2016, Abdi represented Great Britain at his third Paralympic Games, adding another bronze medal to the bronze he won on his debut in 2008. After claiming European silver in 2017, Abdi was part of the GB Men's team that won the nation's first World Championship title in 2018, adding a fourth European title a year later.

## ROBYN LOVE

**EVENT: WOMEN'S (CLASSIFICATION 3.5) | HOMETOWN: MANCHESTER | D.O.B: 28/08/1990 | TWITTER: @ROBYN\_LOVE13 | INSTAGRAM: @ROBYN\_LOVE13 | GAMES ATTENDED: RIO 2016**



Since making her debut in 2015, Robyn Love has been an integral part of Great Britain's Wheelchair Basketball squad and she continues to have an impact on and off the court.

Earlier this year, the Scot was named as part of the latest cohort of influential female athletes to be part of UK Sport's 'Unlocked' programme and she is passionate about increasing opportunities for women and girls to take up the sport, with an ultimate goal of setting up her own academy. Love was a sport-mad youngster who enjoyed

football, tennis and Badminton growing up and she discovered Wheelchair Basketball in 2013 while studying at Edinburgh Napier University. A Paralympic debut in Rio followed, as Love helped ParalympicsGB finish fourth before being part of the squad to earn world and European silver medals.

She is joined in the squad by her fiancée, Laurie Williams, with the pair set to tie the knot after the Games - how they would love to do so having won Paralympic medals.

## JAMES MACSORLEY

**EVENT: MEN'S (CLASSIFICATION 2.0) | HOMETOWN: BELFAST | D.O.B: 13/02/1995 | TWITTER: @JAMESMAC23 | INSTAGRAM @JAMESMAC\_14 |**



It was not love at first sight for James MacSorley and Wheelchair Basketball. The Belfast native did not initially see the appeal before the sport quickly won him over, joining his hometown club NI Knights and going on to win junior and senior world titles. MacSorley made history on his senior GB debut at the 2018 World Championships, where the GB Men won the senior world title for the first time, having also won U23 world gold a year earlier.

As well as his success on the court, MacSorley was one of eight players to carry the Paralympic Flag into the stadium at the Opening Ceremony of the London

Paralympic Games. After graduating from Queen's University in Belfast in 2017 with a degree in Spanish with Law, James made the move to Yorkshire, spending two seasons playing at the Sheffield Steelers.

His Spanish came in useful during his spells playing in the Spanish Wheelchair Basketball League, most recently with BSR ACE Gran Canaria where he spent the 2019/20 and 2020/21 seasons.

## LEE MANNING

**EVENT: MEN'S (CLASSIFICATION 4.5) | HOMETOWN: WOLVERHAMPTON | D.O.B: 11/01/1990 | TWITTER: @LEE\_MANNING | INSTAGRAM: @LEE.MANNING14 | GAMES ATTENDED: RIO 2016**



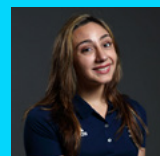
Just three months after joining his local club the Peterborough Phoenix, Lee Manning was invited to his first GB Junior Camp and earned a call-up for his first international tournament. After representing Great Britain at the 2006 U22 European Championships, Manning was promoted into the GB senior team and soon made his debut for the GB Men.

Manning made his bow at the BT Paralympic World Cup before going on tours across Europe and Australia, narrowly missing out on London 2012 after being named

as first reserve. He put that disappointment behind him to make his major championship debut at the 2014 World Championship before helping GB to European gold and a place at Rio 2016 a year later. Four years after missing out on the London 2012 Games, Manning was selected for the ParalympicsGB team as they brought home a bronze medal. During GB's historic title-winning 2018 World Championships, he was a key point scorer before being part of the team that clinched another European title in 2019.

## CHARLOTTE MOORE

**EVENT: WOMEN'S (CLASSIFICATION 1.0) | HOMETOWN: COVENTRY | D.O.B: 13/09/1998 | TWITTER: @CHARLIE\_MOORE98 | INSTAGRAM: @CHARLIE\_MOORE98 | GAMES ATTENDED: RIO 2016**



Few players on the ParalympicsGB team will have more experience than Charlotte Moore, and yet she is still only 22. Moore made her international debut back in 2013, aged just 14.

She has gone onto represent GB at every major championship event since, and was part of the side that brought home a silver medal at the Worlds in 2019.

Tokyo will be her second Paralympics, after featuring at Rio 2016, where GB finished fourth after being edged out

by Netherlands in the bronze medal match. Not confined to basketball, the London 2012 Olympic Torchbearer has also excelled at both Wheelchair Tennis and wheelchair racing in the past.

## JIM PALMER

**EVENT: MEN'S (CLASSIFICATION 1.0) | HOMETOWN: CHELMSFORD, ESSEX | D.O.B: 23/04/1997 | INSTAGRAM: @JIM4PALMER**



Having discovered Wheelchair Basketball at a Whizz-Kidz skills event, Jim Palmer quickly fell in love with the all-action sport when he joined the Essex Outlaws at aged 10. Only two years after taking up the sport, Palmer was invited to a GB development camp and he went on to make his GB junior debut at the U23 World Championships in Turkey.

Palmer, who spent seven years at London Titans after joining from the Outlaws, claimed his first international title with GB in 2014 with victory at the U22 European

Championships. Making the move to Germany to play for Rhine River Rhinos Wiesbaden in 2016, Palmer was also part of the GB team that made history by winning gold at the 2017 U23 World Championships. It was a tournament that saw the Essex native named in the All-Star Team before he made his senior GB debut during their historic World Championship triumph in 2018.

## LUCY ROBINSON

**EVENT: WOMEN'S (CLASSIFICATION 4.5) | HOMETOWN: LEICESTER | D.O.B: 22/12/1989 | TWITTER: @LUCY12ROBINSON | INSTAGRAM @LUCYYISOBEL**



The Paralympics is not a bad stage on which to make your senior Great Britain debut and that's exactly the scenario which awaits Lucy Robinson this summer.

Robinson played football growing up but a fall on roller skates resulted in a long-term hip condition, Avascular necrosis, which saw the aspiring goalkeeper forced to hang up the gloves and seek something new.

A trial session at Leicester Cobras began her love of Wheelchair Basketball and Robinson later shone as part of the GB youth set-up, finishing as top scorer in the 2018

U24 European Championships and earning bronze in the U25 World Championships in Thailand the following year.

Robinson has combined her sporting exploits with studying, achieving First Class Honours in Primary Education at Sheffield Hallam University, where she was named Sportswoman of the Year in 2020.

## IAN SAGAR 1

**EVENT: MEN'S (CLASSIFICATION 3.0) | HOMETOWN: BARNLEY | D.O.B: 29/03/1982 | TWITTER: @IANSAGAR | INSTAGRAM: @IAN\_SAGAR | GAMES ATTENDED: RIO 2016, LONDON 2012**



Ian Sagar first discovered Wheelchair Basketball when he saw Sheffield Steelers training through a window from hospital after breaking his back in a motorbike accident. Aged just 17 he underwent rehabilitation, with Sagar later re-introduced to the sport while working as a sports wheelchair salesman and joined one of the club's sessions. He made his debut for Great Britain in 2008 and while he narrowly missed out on Beijing, went on to be part of bronze and gold-winning European Championship teams.

His Paralympic debut eventually came at London 2012 before he co-captained the team to gold and a qualification place for the Rio 2016 Paralympics at the 2015 European Championships. Sagar was a key member of the squad at his second Paralympic Games, helping GB claim a bronze medal in the hotly-contested showdown with Turkey.

He took a short break from international competition after the Games before making a successful return in 2019 as part of the European Championship gold-medal winning side.

## MADDIE THOMPSON

**EVENT: WOMEN'S (CLASSIFICATION 4.0) | HOMETOWN: HOPE VALLEY, DERBYSHIRE | D.O.B: 29/03/1995 | INSTAGRAM: @DIARYOFMADDIEGB | GAMES ATTENDED: LONDON 2012**



Back at the Paralympics nine years after her big-stage bow, Maddie Thompson was part of the team which won silver at the 2018 World Championships and will hope to go one better in Tokyo. Thompson became the youngest ever player to represent Great Britain at Wheelchair Basketball when she made her debut as a 13-year-old in 2008 and helped the squad finish seventh in London four years later.

The Derbyshire ace missed the Rio Games to start a family, giving birth to son Zachary just as her teammates were due to begin their quarter-final against China. Having returned to the fold in 2017, she now cites the prospect of bringing back a medal to hang around Zachary's neck as an extra inspiration to succeed in the Japanese capital and Thompson will co-captain the squad alongside Amy Conroy.

## GREGG WARBURTON 1

**EVENT: MEN'S (CLASSIFICATION 2.0) | HOMETOWN: LEIGH, LANCASHIRE | D.O.B: 25/02/2000 | TWITTER: @GREGGWARBURTON | INSTAGRAM: @GREGGWARBURTON | GAMES ATTENDED: RIO 2016**



Since first trying his hand at Wheelchair Basketball aged ten, Gregg Warburton has been on an incredible journey that has taken him to the very summit of his sport.

A regular in the GB junior team during his junior years, Warburton followed up bronze at the 2012 U22 European Championships with gold at the same Championships two years later.

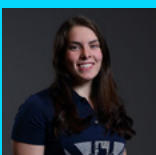
He went on to make his senior major championship debut for GB at Rio 2016, winning a bronze medal with the

squad before leading GB to U23 World Championships title in 2017. Not content with world domination at U23 level, Warburton was named MVP (Most Valuable Player) as the senior GB squad secured gold at the 2018 World Championships. He featured in the starting five for each GB game and finished as top scorer for the team with 110 points.

Following junior and senior global success in 2017 and 2018, Warburton added his first senior European title in 2019 before earning selection for his second Paralympic Games.

## LAURIE WILLIAMS

**EVENT: WOMEN'S (CLASSIFICATION 2.5) | HOMETOWN: MANCHESTER | D.O.B: 04/02/1992 | TWITTER: @LAURIEWILLIAMS8 | INSTAGRA: @LAURIE\_WILLIAMS8 | RIO 2016, LONDON 2012**



Originally a wheelchair racer, Laurie Williams fell in love with basketball after being spotted at a racing event back in 2005.

She started playing competitively three years later and has not looked back since. Renowned for her speed on the basketball court, Williams made her Paralympic debut in front of a home crowd at the London 2012 Games.

She then went on to become a key part of the ParalympicsGB team which secured a historic fourth-place finish at the 2016 Rio Paralympics.

After four bronze medals from the European Championships, Williams and her teammates went one better in 2019 and brought home silver.

# | WHEELCHAIR FENCING

IMPOSSIBLE TO  
IGNORE

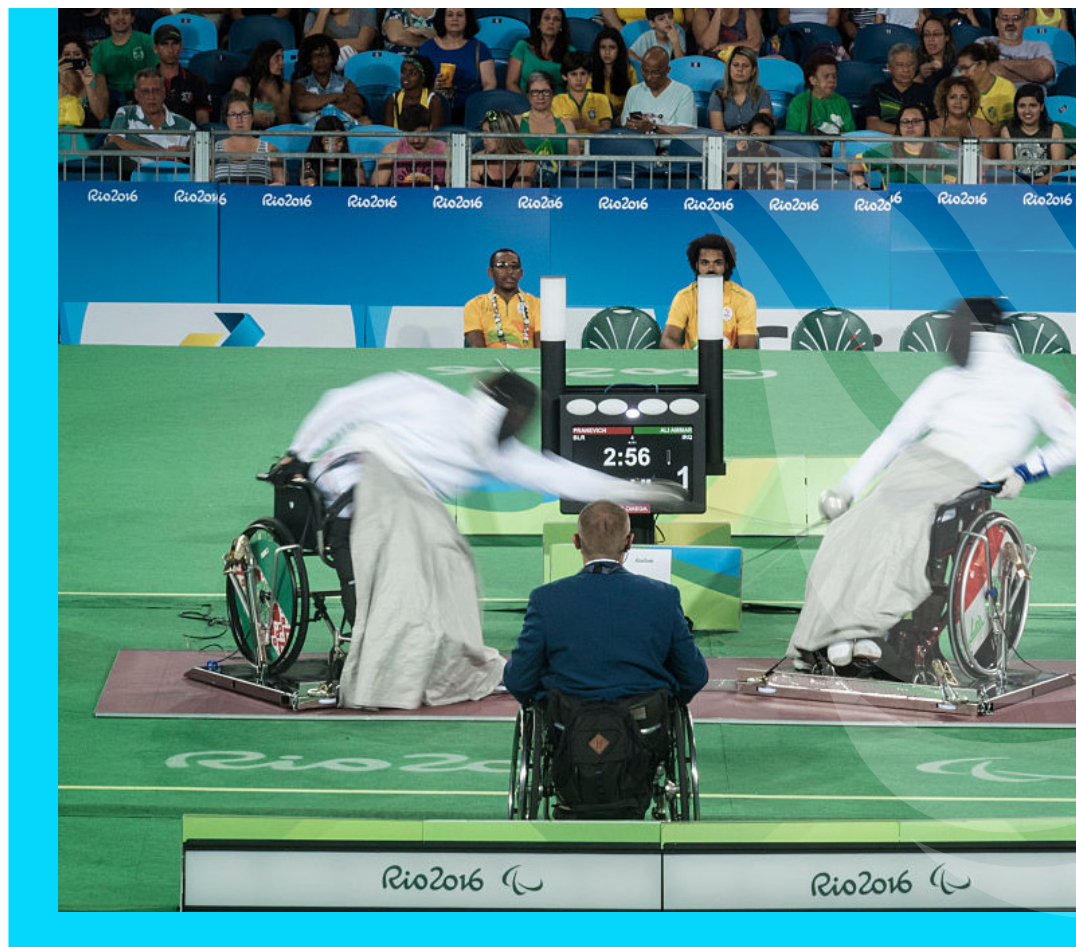


# WHEELCHAIR FENCING SPORTS SECTION

British fencers have not topped the podium at a Paralympic Games since Caz Walton won gold in the épée at Seoul 1988, but if Rio 2016 is anything to go by, that record has never been closer to changing.

On his Paralympic debut, Piers Gilliver won ParalympicsGB's first Wheelchair Fencing medal for 24 years in Rio with silver in the Category A individual épée. He narrowly lost out to China's Sun Gang in the Paralympic final, but Gilliver's journey serves as a testament to how far British Wheelchair Fencing has come.

At the 2008 Games in Beijing, ParalympicsGB sent just one athlete, before the squad swelled to seven for London 2012.



And with Brits Gilliver and Dimitri Coutya the respective reigning world Epee A and B champions ahead of the Tokyo 2020, Great Britain aren't short of strong contenders to bring about the next wave of success.

16 Wheelchair Fencing events will take place, including two team events, with all to be held at Makuhari Messe. Silver medallist from Rio 2016, Piers Gilliver will be chasing more podium success in Japan, and is joined by Dimitri Coutya, and Gemma Collis-McCann, who has experience of two Paralympic Games. Oliver Lam-Watson completes the squad for his Paralympic debut.

# SCHEDULE

## 25 AUG

WED 25 AUG. 9:00 - 14:00

VENUES: MAKUHARI MESSE HALL B

- MEN'S INDIVIDUAL SABRE - CATEGORY A ROUNDS OF POOLS
- MEN'S INDIVIDUAL SABRE - CATEGORY B ROUNDS OF POOLS
- WOMEN'S INDIVIDUAL SABRE - CATEGORY A ROUNDS OF POOLS
- WOMEN'S INDIVIDUAL SABRE - CATEGORY B ROUNDS OF POOLS
- MEN'S INDIVIDUAL SABRE - CATEGORY A DIRECT ELIMINATION 16
- MEN'S INDIVIDUAL SABRE - CATEGORY B DIRECT ELIMINATION 16
- WOMEN'S INDIVIDUAL SABRE - CATEGORY A DIRECT ELIMINATION 16
- WOMEN'S INDIVIDUAL SABRE - CATEGORY B DIRECT ELIMINATION 16
- MEN'S INDIVIDUAL SABRE - CATEGORY A QUARTERFINALS
- MEN'S INDIVIDUAL SABRE - CATEGORY B QUARTERFINALS
- WOMEN'S INDIVIDUAL SABRE - CATEGORY A QUARTERFINALS
- WOMEN'S INDIVIDUAL SABRE - CATEGORY B QUARTERFINALS
- WED 25 AUG. 15:30 - 20:15
- VENUES: MAKUHARI MESSE HALL B
- MEN'S INDIVIDUAL SABRE - CATEGORY A SEMIFINALS
- MEN'S INDIVIDUAL SABRE - CATEGORY B SEMIFINALS
- WOMEN'S INDIVIDUAL SABRE - CATEGORY A SEMIFINALS

- WOMEN'S INDIVIDUAL SABRE - CATEGORY B SEMIFINALS
- MEN'S INDIVIDUAL SABRE - CATEGORY A BRONZE MEDAL BOUT
- MEN'S INDIVIDUAL SABRE - CATEGORY B BRONZE MEDAL BOUT
- WOMEN'S INDIVIDUAL SABRE - CATEGORY A BRONZE MEDAL BOUT
- WOMEN'S INDIVIDUAL SABRE - CATEGORY B BRONZE MEDAL BOUT
- MEN'S INDIVIDUAL SABRE - CATEGORY A GOLD MEDAL BOUT
- MEN'S INDIVIDUAL SABRE - CATEGORY B GOLD MEDAL BOUT
- WOMEN'S INDIVIDUAL SABRE - CATEGORY A GOLD MEDAL BOUT
- WOMEN'S INDIVIDUAL SABRE - CATEGORY B GOLD MEDAL BOUT
- MEN'S INDIVIDUAL SABRE - CATEGORY A VICTORY CEREMONY
- MEN'S INDIVIDUAL SABRE - CATEGORY B VICTORY CEREMONY
- WOMEN'S INDIVIDUAL SABRE - CATEGORY A VICTORY CEREMONY
- WOMEN'S INDIVIDUAL SABRE - CATEGORY B VICTORY CEREMONY

## 26 AUG

THU 26 AUG. 9:00 - 15:40

VENUES: MAKUHARI MESSE HALL B

- MEN'S INDIVIDUAL EPEE - CATEGORY A ROUNDS OF POOLS
- MEN'S INDIVIDUAL EPEE - CATEGORY B ROUNDS OF POOLS
- WOMEN'S INDIVIDUAL EPEE - CATEGORY A ROUNDS OF POOLS
- WOMEN'S INDIVIDUAL EPEE - CATEGORY B ROUNDS OF POOLS
- MEN'S INDIVIDUAL EPEE - CATEGORY A

DIRECT ELIMINATION 16

- MEN'S INDIVIDUAL EPEE - CATEGORY B DIRECT ELIMINATION 16
- WOMEN'S INDIVIDUAL EPEE - CATEGORY A DIRECT ELIMINATION 16
- WOMEN'S INDIVIDUAL EPEE - CATEGORY B DIRECT ELIMINATION 16
- MEN'S INDIVIDUAL EPEE - CATEGORY A QUARTERFINALS
- MEN'S INDIVIDUAL EPEE - CATEGORY B QUARTERFINALS
- WOMEN'S INDIVIDUAL EPEE - CATEGORY A QUARTERFINALS
- WOMEN'S INDIVIDUAL EPEE - CATEGORY B QUARTERFINALS

DATE AND TIME: THU 26 AUG. 17:00 - 21:45

VENUES: MAKUHARI MESSE HALL B

- MEN'S INDIVIDUAL EPEE - CATEGORY A SEMIFINALS
- MEN'S INDIVIDUAL EPEE - CATEGORY B SEMIFINALS
- WOMEN'S INDIVIDUAL EPEE - CATEGORY A SEMIFINALS
- WOMEN'S INDIVIDUAL EPEE - CATEGORY B SEMIFINALS
- MEN'S INDIVIDUAL EPEE - CATEGORY A BRONZE MEDAL BOUT
- MEN'S INDIVIDUAL EPEE - CATEGORY B BRONZE MEDAL BOUT
- WOMEN'S INDIVIDUAL EPEE - CATEGORY A BRONZE MEDAL BOUT
- WOMEN'S INDIVIDUAL EPEE - CATEGORY B BRONZE MEDAL BOUT
- MEN'S INDIVIDUAL EPEE - CATEGORY A GOLD MEDAL BOUT
- MEN'S INDIVIDUAL EPEE - CATEGORY B GOLD MEDAL BOUT
- WOMEN'S INDIVIDUAL EPEE - CATEGORY A GOLD MEDAL BOUT
- WOMEN'S INDIVIDUAL EPEE - CATEGORY B GOLD MEDAL BOUT

B GOLD MEDAL BOUT

- MEN'S INDIVIDUAL EPEE - CATEGORY A VICTORY CEREMONY
- MEN'S INDIVIDUAL EPEE - CATEGORY B VICTORY CEREMONY
- WOMEN'S INDIVIDUAL EPEE - CATEGORY A VICTORY CEREMONY
- WOMEN'S INDIVIDUAL EPEE - CATEGORY B VICTORY CEREMONY
- DATE AND TIME: FRI 27 AUG. 8:30 - 16:00
- VENUES: MAKUHARI MESSE HALL B
- MEN'S EPEE TEAM PRELIMINARIES
- WOMEN'S EPEE TEAM PRELIMINARIES
- MEN'S EPEE TEAM SEMIFINALS
- WOMEN'S EPEE TEAM SEMIFINALS

## 27 AUG

FRI 27 AUG. 17:30 - 21:15

VENUES: MAKUHARI MESSE HALL B

- MEN'S EPEE TEAM BRONZE MEDAL MATCHES
- WOMEN'S EPEE TEAM BRONZE MEDAL MATCHES
- MEN'S EPEE TEAM GOLD MEDAL MATCHES
- WOMEN'S EPEE TEAM GOLD MEDAL MATCHES
- MEN'S EPEE TEAM VICTORY CEREMONY
- WOMEN'S EPEE TEAM VICTORY CEREMONY

## 28 AUG

SAT 28 AUG. 9:00 - 15:00

VENUES: MAKUHARI MESSE HALL B

- MEN'S INDIVIDUAL FOIL - CATEGORY A ROUNDS OF POOLS
- MEN'S INDIVIDUAL FOIL - CATEGORY B ROUNDS OF POOLS

- WOMEN'S INDIVIDUAL FOIL - CATEGORY A ROUNDS OF POOLS
- WOMEN'S INDIVIDUAL FOIL - CATEGORY B ROUNDS OF POOLS
- MEN'S INDIVIDUAL FOIL - CATEGORY A DIRECT ELIMINATION 16
- MEN'S INDIVIDUAL FOIL - CATEGORY B DIRECT ELIMINATION 16
- WOMEN'S INDIVIDUAL FOIL - CATEGORY A DIRECT ELIMINATION 16
- WOMEN'S INDIVIDUAL FOIL - CATEGORY B DIRECT ELIMINATION 16
- MEN'S INDIVIDUAL FOIL - CATEGORY A QUARTERFINALS
- MEN'S INDIVIDUAL FOIL - CATEGORY B QUARTERFINALS
- WOMEN'S INDIVIDUAL FOIL - CATEGORY A QUARTERFINALS
- WOMEN'S INDIVIDUAL FOIL - CATEGORY B QUARTERFINALS
- SAT 28 AUG. 16:30 - 21:15
- VENUES: MAKUHARI MESSE HALL B
- MEN'S INDIVIDUAL FOIL - CATEGORY A SEMIFINALS
- MEN'S INDIVIDUAL FOIL - CATEGORY B SEMIFINALS
- WOMEN'S INDIVIDUAL FOIL - CATEGORY A SEMIFINALS
- WOMEN'S INDIVIDUAL FOIL - CATEGORY B SEMIFINALS
- MEN'S INDIVIDUAL FOIL - CATEGORY A BRONZE MEDAL BOUT
- MEN'S INDIVIDUAL FOIL - CATEGORY B BRONZE MEDAL BOUT
- WOMEN'S INDIVIDUAL FOIL - CATEGORY A BRONZE MEDAL BOUT
- WOMEN'S INDIVIDUAL FOIL - CATEGORY B BRONZE MEDAL BOUT
- MEN'S INDIVIDUAL FOIL - CATEGORY A

- GOLD MEDAL BOUT
- MEN'S INDIVIDUAL FOIL - CATEGORY B GOLD MEDAL BOUT
- WOMEN'S INDIVIDUAL FOIL - CATEGORY A GOLD MEDAL BOUT
- WOMEN'S INDIVIDUAL FOIL - CATEGORY B GOLD MEDAL BOUT
- MEN'S INDIVIDUAL FOIL - CATEGORY A VICTORY CEREMONY
- MEN'S INDIVIDUAL FOIL - CATEGORY B VICTORY CEREMONY
- WOMEN'S INDIVIDUAL FOIL - CATEGORY A VICTORY CEREMONY
- WOMEN'S INDIVIDUAL FOIL - CATEGORY B VICTORY CEREMONY

29 AUG

- SUN 29 AUG. 8:30 - 16:00
- VENUES: MAKUHARI MESSE HALL B
- MEN'S FOIL TEAM PRELIMINARIES
- WOMEN'S FOIL TEAM PRELIMINARIES
- MEN'S FOIL TEAM SEMIFINALS
- WOMEN'S FOIL TEAM SEMIFINALS
- SUN 29 AUG. 17:30 - 21:15
- VENUES: MAKUHARI MESSE HALL B
- MEN'S FOIL TEAM BRONZE MEDAL MATCHES
- WOMEN'S FOIL TEAM BRONZE MEDAL MATCHES
- MEN'S FOIL TEAM GOLD MEDAL MATCHES
- WOMEN'S FOIL TEAM GOLD MEDAL MATCHES
- MEN'S FOIL TEAM VICTORY CEREMONY
- WOMEN'S FOIL TEAM VICTORY CEREMONY

## GEMMA COLLIS-MCCANN

**EVENT: CATEGORY A - SABRE, EPEE | HOMETOWN: MANCHESTER | D.O.B: 10/10/1992 | TWITTER: @GEMMACOLLIS | INSTAGRAM: @GEMMA.COLLISMCCANN | GAMES ATTENDED: RIO 2016, LONDON 2012**



Gemma Collis-McCann will be swapping asking the questions for answering them when she heads to Tokyo for her third Paralympic Games. The 28-year-old's day job is as a BBC Sport journalist but she will travel to the Japanese capital with just one story in mind – becoming Paralympic champion.

Buckinghamshire-born Collis-McCann made her Games debut at London 2012, just 11 months after taking up the sport, finishing eighth in the women's team epee. She finished in the same spot in Rio, this time in the Women's Category A Epee, and in Tokyo Collis-McCann will double

up, competing in two weapons for the first time.

The 2018 Montreal World Cup was a history-making affair for Collis-McCann, as she became the first British woman to win a World Cup event by claiming the first global gold for a British female since 1988 in the process.

The achievements don't stop there, with Collis-McCann also the first British woman to win two medals at one World Cup as well as being named the IPC's Athlete of the Month for April 2018.

## DIMITRI COUTYA

**EVENT: CATEGORY B - EPEE, FOIL | HOMETOWN: BATH | D.O.B: 07/10/1997 | TWITTER: @DCOUTYA | INSTAGRAM: @DIMITRICOUTYA | GAMES ATTENDED: RIO 2016**



Now a world champion fencer, Dimitri Coutya could have represented ParalympicsGB in a myriad of sports. His Paralympic dream started when introduced to Wheelchair Basketball aged eight and Coutya also took part in swimming and tennis – but when he first tried fencing at school, everything changed. A natural talent from the start, Coutya won two bronze medals in his first two competitions and four years later became the Under-23 world champion in epee.

At 18 years old, Coutya achieved his dream when he competed for ParalympicsGB at Rio 2016, finishing fifth in the epee and seventh in the foil. A year later, Coutya won double gold at the 2017 World Championships, going on to retain his epee title in 2019 as well as winning silver in the foil. The 23-year-old has also enjoyed gold medal success at national and European level, winning the Cat B men's epee in Italy in 2018.

## PIERS GILLIVER 1

**EVENT: CATEGORY A - SABRE, EPEE, FOIL | HOMETOWN: BATH | D.O.B: 17/09/1994 | TWITTER: @PIERS\_G | INSTAGRAM: @PIERSGILLIVER | GAMES ATTENDED: RIO 2016**



Piers Gilliver has achieved a lot of firsts. He became ParalympicsGB's first Wheelchair Fencing medalist for 24 years in Rio, while he is also the first British person to top the world rankings in the sport. His first experience of a Paralympic Games, meanwhile, was back in 2012 as he was selected as part of the BPA's Paralympic Inspiration Programme for the London.

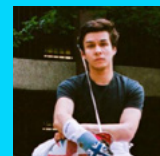
Fast forward four years and the Gloucestershire-born athlete was in the gold medal epee final and although he was initially disappointed to come away with the silver, he

later hailed his achievement as a 'dream come true'. The 26-year-old was world number one at the time, a ranking he still holds having first achieved the feat in 2015.

Gilliver was crowned the Under-23 Junior world champion in Cat A Epee in 2013 and backed it up with his first senior world title in 2019. At Tokyo, the Bath-based fencer will compete in four medal events as he takes part in both the epee and the sabre, in which he is ranked third in the world.

## OLIVER LAM-WATSON

**EVENT: CATEGORY A - EPEE, FOIL | HOMETOWN: BATH | D.O.B: 07/11/1992 | TWITTER: @OLIVERLAMWATSON | INSTAGRAM @OLIVERLAMWATSON**



Oliver Lam-Watson's motto must be 'why be good at one thing, when you can be great at lots of things?' The wheelchair fencer will make his debut at the Tokyo Paralympics but has already achieved so much in his 27 years.

London-born Lam-Watson is an avid filmmaker and YouTuber, using his channel to raise awareness of issues and debates surrounding disability and mental health. He is also a TEDx speaker and was a Nike guest designer, following in the footsteps of the likes of Michael Jordan in designing his very own shoe.

The design was inspired by being told by his doctor that he would never be an athlete, a comment which setting him on the path that has led him to his first Paralympics. Lam-Watson only started competing internationally in 2018, winning a bronze medal in the epee at the Montreal World Cup that year before securing another bronze in the team epee at the World Championships in South Korea.



# WHEELCHAIR RUGBY |



## WHEELCHAIR RUGBY

The intense physicality of Wheelchair Rugby has been seen at every Paralympic Games since 1996 but it is a sport where Great Britain has yet to come home with a medal. Three times Britain has been on the losing side in the bronze medal match, beaten by New Zealand in 1996, United States in 2004 and Canada in 2008.

ParalympicsGB will be hoping to get back into medal contention after

fifth-place finishes in London and Rio, having booked their spot in Tokyo by winning the European Championships in 2019.

A talented squad of 12 will lead ParalympicsGB's charge for Wheelchair Rugby glory in Tokyo. The team is captained by Gavin Walker and Chris Ryan, with Ayaz Bhuta, Jonathan Coggan, Ryan Cowling, and Nicholas Cummins also selected.





Kylie Grimes, Aaron Phipps, Jim Roberts, Stuart Robinson, Jack Smith and Jamie Stead complete the British line-up.

The majority of the team also have experience from representing ParalympicsGB at previous Games. A large bulk of the squad were also present at the 2017 IWRF European Championship in Germany, when GB won the gold medal, their sixth European title overall.

## SCHEDULE

### 25 AUG

WED 25 AUG. 11:30 - 15:45

VENUES: YOYOGI NATIONAL STADIUM

- MIXED - POOL PHASE GROUP B, UNITED STATES VS NEW ZEALAND
- MIXED - POOL PHASE GROUP A, AUSTRALIA VS DENMARK

WED 25 AUG. 17:30 - 21:45

VENUES: YOYOGI NATIONAL STADIUM

- MIXED - POOL PHASE GROUP B, GREAT BRITAIN VS CANADA
- MIXED - POOL PHASE GROUP A, JAPAN VS FRANCE

### 26 AUG

THU 26 AUG. 11:30 - 15:45

VENUES: YOYOGI NATIONAL STADIUM

- MIXED - POOL PHASE GROUP B, CANADA VS UNITED STATES
- MIXED - POOL PHASE GROUP A, JAPAN VS DENMARK

THU 26 AUG. 17:30 - 21:45

VENUES: YOYOGI NATIONAL STADIUM

- MIXED - POOL PHASE GROUP A, FRANCE VS AUSTRALIA
- MIXED - POOL PHASE GROUP B, GREAT BRITAIN VS NEW ZEALAND

### 27 AUG

FRI 27 AUG. 11:30 - 15:45

VENUES: YOYOGI NATIONAL STADIUM

- MIXED - POOL PHASE GROUP A, DENMARK VS FRANCE

- MIXED - POOL PHASE GROUP A, AUSTRALIA VS JAPAN

FRI 27 AUG. 17:30 - 21:45

VENUES: YOYOGI NATIONAL STADIUM

- MIXED - POOL PHASE GROUP B, UNITED STATES VS GREAT BRITAIN
- MIXED - POOL PHASE GROUP B, NEW ZEALAND VS CANADA

### 28 AUG

SAT 28 AUG. 11:30 - 16:00

VENUES: YOYOGI NATIONAL STADIUM

- MIXED - 7TH-8TH CLASSIFICATION
- MIXED - SEMIFINAL

SAT 28 AUG. 17:30 - 21:45

VENUES: YOYOGI NATIONAL STADIUM

- MIXED - SEMIFINAL
- MIXED - 5TH-6TH CLASSIFICATION

### 29 AUG

SUN 29 AUG. 14:00 - 16:00

VENUES: YOYOGI NATIONAL STADIUM

- MIXED - BRONZE MEDAL

SUN 29 AUG. 18:00 - 20:15

VENUES: YOYOGI NATIONAL STADIUM

- MIXED - GOLD MEDAL
- MIXED - VICTORY CEREMONY

## ATHLETE BIOGRAPHIES

### AYAZ BHUTA

HOMETOWN: BOLTON | D.O.B: 17/04/1989 | TWITTER: @AYAZ\_BHUTA | INSTAGRAM: @BHUTAFUL | GAMES ATTENDED: RIO 2016



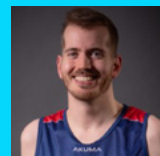
Bolton-born Ayaz Bhuta was originally a Wheelchair Basketball player before he started playing club rugby in 2009. Favouring the more physical elements of the game, Bhuta was first selected to play in a tri-nations tournament in Australia in 2010 but because of his 3ft 7in size, he was warned it would be difficult to succeed at international level.

But Bhuta was made of sterner stuff and worked hard to be the best, with his dedication paying off when he was selected for the Great Britain Wheelchair Rugby development squad in 2011.

And he was rewarded further with a senior GB call-up at the Denmark Challenge Cup in 2013, where he was voted 'Best in Class'. Bhuta was key member of ParalympicsGB's squad at Rio 2016 before also starring in GB's 2017 European Championships success.

### NICHOLAS CUMMINS

HOMETOWN: LEICESTER | D.O.B: 04/08/1985



Nicholas Cummins' path to Tokyo 2020 all began after watching the action of Beijing 2008. While he was recovering from Meningococcal septicaemia, he then became hooked on watching Wheelchair Rugby. So inspired by the game was Cummins, he contacted his local team and was invited to join the Great Britain squad in 2014.

Hailing from Leicester, he narrowly missed out on making the final 12 for Rio 2016, but was part of the side that claimed European glory in 2017 and 2019.

And alongside his Paralympic exploits, the 36-year-old is currently studying for a PHD in history at the University of Leicester.

### JONATHAN COGGAN

HOMETOWN: CHELMSFORD | D.O.B: 25/04/1983 | TWITTER: @JONATHANCOGGAN | GAMES ATTENDED: GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008, ATHENS 2004



Having featured in Athens 2004, Beijing 2008, London 2012, and Rio 2016, Jonathan Coggan is one of ParalympicsGB's most experienced heads.

Injured in a car crash in 2000, Coggan was introduced to a wide range of Paralympic sports during his rehab at Stoke Mandeville hospital.

But it was Wheelchair Rugby that really spoke to Chelmsford-born Coggan, who picked up the sport in 2001.

Fast forward 20 years later, and the four-time Paralympian has been part of multiple European Championship winning teams. And there can be no doubt that Coggan's experience will prove invaluable at Tokyo 2020.

### KYLIE GRIMES

HOMETOWN: FARNHAM | D.O.B: 07/12/1987 | TWITTER: @KYLIEGRIMES | INSTAGRAM: @KYLIEGRIMES7 | GAMES ATTENDED: RIO 2016, LONDON 2012



After suffering a devastating neck break in 2006 from a swimming pool accident, Kylie Grimes was determined to make sure her injury wouldn't prevent her from playing sport. During her rehab, she was introduced to a number of sports but none stood out to her quite like Wheelchair Rugby did. Invited to GB trials in 2011, Grimes first represented ParalympicsGB at London 2012 as one of only two women in Wheelchair Rugby.

A sporting career change occurred in 2014 when she pivoted to take up the club throw for Rio 2016. But she never lost her passion for Wheelchair Rugby, making her return in 2018.

Grimes, who hails from Farnham, was also part of the successful European Championship side of 2019. And Tokyo 2020 will mark the third time the 33-year-old will step out onto the world stage for ParalympicsGB.

### RYAN COWLING

HOMETOWN: MATLOCK, DERBYSHIRE | D.O.B: 05/02/1976 | TWITTER: @DRCOWLING | INSTAGRAM: @DRCOWLING76 | GAMES ATTENDED: RIO 2016



While Ryan Cowling may have taken up Wheelchair Rugby a little late, it certainly hasn't stopped the former army service man from reaching the top. In 2010, one of his friends who was involved with Wheelchair Rugby asked him if he'd like to come along. And the rest is history. Hailing from Derbyshire, Cowling boasts an impressive Wheelchair Rugby CV.

A double European champion with Great Britain in 2017 and 2019, he was also part of the ParalympicsGB side that competed at Rio 2016. Alongside his love of the

game, Cowling also has a passion for scuba diving. And when he's not out there in the heat of action, Cowling enjoys spending time with his wife Jo, and daughters Eleanor and Amelia.

### AARON PHIPPS

HOMETOWN: SOUTHAMPTON | D.O.B: 07/04/1983 | TWITTER: @AARONPHIPPSGBWR | INSTAGRAM: @AARONPHIPPSGBWR | GAMES ATTENDED: RIO 2016, LONDON 2012



There can be no doubt Aaron Phipps' life story is an inspiration to anyone who hears it. Contracting Meningitis C at just 15, Phipps was placed in an induced coma for two weeks. As a result, he had to have both his legs amputated from the knee down as well as parts of most of his fingers.

Many would have folded and not been able to see the light at the end of tunnel. But Phipps turned all of that around, channelling it into a positive.

In 2008, he found Wheelchair Rugby and made his Paralympic debut at London 2012. After a five-year break from the sport, Phipps will bring his dogged determination to ParalympicsGB once again at Tokyo 2020.

## JIM ROBERTS

HOMETOWN: WELSHPOOL | D.O.B: 03/09/1987 | TWITTER: @JIM\_\_ROBERTS | INSTAGRAM: @JIM\_\_ROBERTS | GAMES ATTENDED: RIO 2016



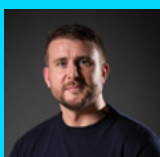
Before he made his way onto the rugby court, Welshman Jim Roberts was a successful cross country runner until he caught bacterial meningitis. As a result, Roberts had to have both his legs amputated.

After leaving hospital, Roberts, who plays for London Wheelchair Rugby Club, returned to finish his degree in Architectural Design – leaving with a first class degree from Coventry University. And alongside his academic success, Roberts found that Wheelchair Rugby was the game for him.

Picked for the Great Britain development squad in 2012, he made his GB debut at the 2013 European Championships. Roberts has been part of three European Championship-winning GB sides, as well as the ParalympicsGB squad at Rio 2016.

## STUART ROBINSON

HOMETOWN: MORECOMBE | D.O.B: 15/04/1982 | TWITTER: @LEGLESSROBBO | INSTAGRAM: @LEGLESSROBBO | GAMES ATTENDED: RIO 2016



While serving with the RAF on his fourth tour of Afghanistan, 39-year-old Stuart Robinson had his life changed for ever. The former RAF corporal lost both his legs in a bomb explosion and was left in a coma.

But Robinson wasn't going to give in that easily. After pulling through, he found his way onto the rugby court, tasting success at the 2016 Invictus Games with a bronze medal.

Morecambe-born Robinson was also part of the European Championship-winning Great Britain sides of 2017 and 2019. And he will be making his second Games appearance for ParalympicsGB when he takes to the court at Tokyo 2020.

## CHRIS RYAN

HOMETOWN: WELWYN, HERTFORDSHIRE | D.O.B: 11/07/1991 | TWITTER: @CHRISRYANCJR | INSTAGRAM: @CHRISRYANCJR GAMES ATTENDED: RIO 2016



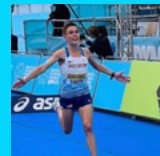
With a handicap down to just two and a host of Junior Open and scratch golf medals in his collection, Chris Ryan believed he was headed for life on the fairway. But a car crash in which he was a passenger in 2008 changed the course of his life.

Assessing his options, Ryan was introduced to Wheelchair Rugby by the spinal unit at Stoke Mandeville hospital and in 2010, he joined the London Wheelchair Rugby Club. Working hard to be the best he could be, Ryan was named on the reserve list for London 2012.

Three years later he was appointed national team captain in 2015, leading Britain to reclaim the European Wheelchair Rugby crown for the first time in eight years. Ryan made his Paralympic debut in 2016 before leading GB to another European title in 2019. And his games experience will be crucial if ParalympicsGB are to have a chance at bringing home a medal from Tokyo 2020.

## JACK SMITH

HOMETOWN: SEDGFIELD | D.O.B: 19/06/1991



Jack Smith's story is nothing but pure inspiration. Just weeks before breaking his neck playing rugby for Billingham, he was diagnosed with Hodgkins Lymphoma. Following his injury, all the now 30-year-old wanted to do was get back into sport.

And after being introduced to Wheelchair Rugby, he knew the sport was the right one for him, with Smith stating it helped him make new friends, travel to new countries and improve his fitness levels.

Nowadays, Smith plays for Leicester Tigers Wheelchair Rugby and will be making his Paralympic debut at Tokyo 2020.

## GAVIN WALKER

HOMETOWN: ROTHERHAM | D.O.B: 13/10/1983 | TWITTER: @GM17WALKER | INSTAGRAM: @GAVINWALKERGBWR | GAMES ATTENDED: RIO 2016



Gavin Walker's life was changed immeasurably when he broke his neck after slipping on some wet decking in 2010. It was during his rehab at the Sheffield Spinal Unit where he was first introduced to the world of Wheelchair Rugby, with Walker attending his first training session in 2011.

Fast forward 10 years and Rotherham-born Walker is now a mainstay in the GB Wheelchair Rugby side. In 2015, he helped Britain win their first European title in eight years.

And Walker was also part of both the Rio 2016 Paralympic squad, and the European Championship winning sides of 2017 and 2019. Alongside captain Chris Ryan, Walker brings a level of invaluable experience to ParalympicsGB, which will no doubt stand them in good stead for their medal hunt at the Tokyo Games.

# WHEELCHAIR TENNIS |



## WHEELCHAIR TENNIS

Great Britain has established itself as one of the major powers in Paralympic Wheelchair Tennis since its inception as a medal event at Barcelona 1992, having been contested as a demonstration sport four years earlier. However, it wasn't until 2004 - the same year the quad events were added to the Paralympic programme - that the team made it on to the podium for the first time, with Peter Norfolk claiming gold in the quad singles, and

silver in the doubles alongside Mark Eccleston. Since then, ParalympicsGB have picked up 10 further medals, including another gold, silver and two bronzes for Norfolk, who carried the British flag in the Opening Ceremony of the London 2012 Games.

Last time out in Rio the team enjoyed their most successful Paralympic haul to date, with Gordon Reid securing gold in the men's singles by beating





compatriot Alfie Hewett in the final - two of six British medals. Having brought home medals from the Rio Paralympics, Alfie Hewett and Gordon Reid are both among the six-person strong GB squad for Wheelchair Tennis.

Both also won the French Open doubles earlier this year, with Hewitt also claiming the singles title after a straight sets victory over Japan's Shingo Kunieda.

The pair will be joined in Tokyo by Rio 2016 Quad silver medallist Andy Lapthorne as well as Jordanne Whiley and Lucy Shuker, both doubles bronze medallists at both London 2012 and Rio 2016. Paralympic debutant Dermot Bailey completes the squad. Bailey is a former semi-finalist at Queens Club in the wheelchair singles.

## SCHEDULE

### 27 AUG

FRI 27 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - CENTER COURT

- MEN'S SINGLES FIRST ROUND
- WOMEN'S SINGLES FIRST ROUND
- QUAD DOUBLES QUARTERFINALS

FRI 27 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 1

- MEN'S SINGLES FIRST ROUND
- WOMEN'S SINGLES FIRST ROUND
- QUAD DOUBLES QUARTERFINALS

FRI 27 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 2

- MEN'S SINGLES FIRST ROUND
- WOMEN'S SINGLES FIRST ROUND
- QUAD DOUBLES QUARTERFINALS

FRI 27 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT

3-9

- MEN'S SINGLES FIRST ROUND
- WOMEN'S SINGLES FIRST ROUND
- QUAD DOUBLES QUARTERFINALS

### 28 AUG

SAT 28 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - CENTER COURT

- MEN'S DOUBLES FIRST ROUND
- WOMEN'S SINGLES SECOND ROUND
- WOMEN'S DOUBLES FIRST ROUND
- QUAD SINGLES FIRST ROUND

SAT 28 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 1

- MEN'S DOUBLES FIRST ROUND
- WOMEN'S SINGLES SECOND ROUND
- WOMEN'S DOUBLES FIRST ROUND
- QUAD SINGLES FIRST ROUND

SAT 28 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 2

- MEN'S DOUBLES FIRST ROUND
- WOMEN'S SINGLES SECOND ROUND
- WOMEN'S DOUBLES FIRST ROUND
- QUAD SINGLES FIRST ROUND

SAT 28 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT

3-9

- MEN'S DOUBLES FIRST ROUND
- WOMEN'S SINGLES SECOND ROUND
- WOMEN'S DOUBLES FIRST ROUND
- QUAD SINGLES FIRST ROUND

### 29 AUG

SUN 29 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - CENTER COURT

- MEN'S SINGLES SECOND ROUND
- MEN'S DOUBLES SECOND ROUND
- WOMEN'S DOUBLES QUARTERFINALS
- QUAD SINGLES QUARTERFINALS

SUN 29 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 1

- MEN'S SINGLES SECOND ROUND
- MEN'S DOUBLES SECOND ROUND
- WOMEN'S DOUBLES QUARTERFINALS
- QUAD SINGLES QUARTERFINALS

SUN 29 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 2

- MEN'S SINGLES SECOND ROUND
- MEN'S DOUBLES SECOND ROUND
- WOMEN'S DOUBLES QUARTERFINALS
- QUAD SINGLES QUARTERFINALS

SUN 29 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT

3-9

- MEN'S SINGLES SECOND ROUND
- MEN'S DOUBLES SECOND ROUND
- WOMEN'S DOUBLES QUARTERFINALS
- QUAD SINGLES QUARTERFINALS

30 AUG

MON 30 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - CENTER COURT

- MEN'S SINGLES THIRD ROUND
- MEN'S DOUBLES QUARTERFINALS
- WOMEN'S SINGLES QUARTERFINALS
- QUAD DOUBLES SEMIFINALS

MON 30 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 1

- MEN'S SINGLES THIRD ROUND
- MEN'S DOUBLES QUARTERFINALS
- WOMEN'S SINGLES QUARTERFINALS
- QUAD DOUBLES SEMIFINALS

MON 30 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 2

- MEN'S SINGLES THIRD ROUND
- MEN'S DOUBLES QUARTERFINALS
- WOMEN'S SINGLES QUARTERFINALS

MON 30 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT

3-9

- MEN'S SINGLES THIRD ROUND
- MEN'S DOUBLES QUARTERFINALS
- WOMEN'S SINGLES QUARTERFINALS

31 AUG

TUE 31 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - CENTER COURT

- MEN'S SINGLES QUARTERFINALS

- MEN'S DOUBLES SEMIFINALS
- WOMEN'S DOUBLES SEMIFINALS
- QUAD SINGLES SEMIFINALS

TUE 31 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 1

- MEN'S SINGLES QUARTERFINALS
- MEN'S DOUBLES SEMIFINALS
- WOMEN'S DOUBLES SEMIFINALS
- QUAD SINGLES SEMIFINALS

TUE 31 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 2

- MEN'S SINGLES QUARTERFINALS

TUE 31 AUG. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 3

- MEN'S SINGLES QUARTERFINALS

01 SEP

WED 1 SEP. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - CENTER COURT

- MEN'S SINGLES SEMIFINALS
- WOMEN'S SINGLES SEMIFINALS
- QUAD DOUBLES GOLD MEDAL MATCH
- QUAD DOUBLES MEDAL CEREMONY

WED 1 SEP. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 1

- MEN'S SINGLES SEMIFINALS
- WOMEN'S SINGLES SEMIFINALS
- WOMEN'S DOUBLES BRONZE MEDAL MATCH

- QUAD DOUBLES BRONZE MEDAL MATCH

WED 1 SEP. 11:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 2

- WOMEN'S SINGLES SEMIFINALS

02 SEP

THU 2 SEP. 12:00 - 20:00

VENUES: ARIAKE TENNIS PARK - CENTER

COURT

- MEN'S SINGLES BRONZE MEDAL MATCH
- MEN'S DOUBLES BRONZE MEDAL MATCH
- QUAD SINGLES GOLD MEDAL MATCH
- QUAD SINGLES MEDAL CEREMONY

THU 2 SEP. 12:00 - 20:00

VENUES: ARIAKE TENNIS PARK - COURT 1

- WOMEN'S SINGLES BRONZE MEDAL MATCH

- QUAD SINGLES BRONZE MEDAL MATCH

03 SEP

FRI 3 SEP. 12:00 - 18:00

VENUES: ARIAKE TENNIS PARK - CENTER COURT

- MEN'S DOUBLES GOLD MEDAL MATCH
- MEN'S DOUBLES MEDAL CEREMONY
- WOMEN'S SINGLES GOLD MEDAL MATCH
- WOMEN'S SINGLES MEDAL CEREMONY

04 SEP

SAT 4 SEP. 12:00 - 18:00

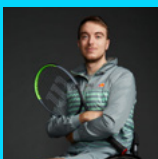
VENUES: ARIAKE TENNIS PARK - CENTER COURT

- WOMEN'S DOUBLES GOLD MEDAL MATCH
- WOMEN'S DOUBLES MEDAL CEREMONY
- MEN'S SINGLES GOLD MEDAL MATCH
- MEN'S SINGLES MEDAL CEREMONY

## ATHLETE BIOGRAPHIES

### DERMOT BAILEY

EVENT: MEN'S SINGLES | HOMETOWN: KETTERING | D.O.B: 18/02/1994 | TWITTER: @DERMOTBAILEY |  
INSTAGRAM: @DERMOTBAILEY



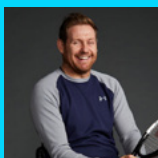
Dermot Bailey made up for lost time in his first international competition since the start of the pandemic. In April of this year, 27-year-old Bailey finished as runner-up in the men's singles at the Plock Cup in Poland having reached the semi-finals in the men's doubles alongside fellow Brit Ben Bartram.

Upon being called up for his Paralympic debut in Tokyo, Bailey dedicated the achievement to his former coach Kevin Hoey, who passed away when Bailey was 18.

The Kettering native first took up the sport aged 11 representing Great Britain as a junior before making the step up to senior levels at the World Team Cup. Bailey was later part of the Great Britain team that secured the 2019 World Team Cup men's title having already picked up a bronze and two silvers in the event.

### ANTONY COTTERILL

EVENT: QUAD DOUBLES | HOMETOWN: HOLMFIRTH, WEST YORKSHIRE | D.O.B: 13/02/1980 | TWITTER: @ANTCOTTERILL | INSTAGRAM: @ANTCOTTERILL | GAMES ATTENDED: RIO 2016



Less than two years after breaking his neck falling into a shallow swimming pool, Anthony Cotterill made his quad singles debut on the international Wheelchair Tennis Tour when he played at the 2005 Belgian Open. Cotterill took up Wheelchair Tennis in 2004 when in rehabilitation from his accident and has gone on to achieve success on the world stage.

As part of the Great Britain team, the 41-year-old is a two-time World Team Cup champion as well as winning one silver and a bronze medal in the competition.

Alongside fellow Brit Andy Laphorne, Macclesfield-born Cotterill has two Super Series doubles titles and most recently won the 2017 South African Super Series with Lucas Sithole. Holmfirth-based Cotterill teamed up with Laphorne again to secure the 2016 Doubles Masters title in the same year he made his Paralympic debut in Rio.

### ALFIE HEWETT 2

EVENT: MEN'S SINGLES, MEN'S DOUBLES | HOMETOWN: CANTLEY, NORFOLK | D.O.B: 06/12/1997 | TWITTER: @ALFIEHEWETT6 | INSTAGRAM: @ALFIEHEWETT6 | GAMES ATTENDED: RIO 2016



Alfie Hewett's Twitter bio reads, "The difference between the impossible and the possible lies in a person's determination" and it is clear the 23-year-old lives by it. Born with a congenital heart defect, he had open heart surgery at just six months old before being diagnosed with Perthes Disease aged six.

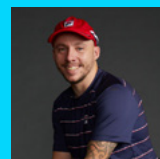
Two years later, Hewett had taken up Wheelchair Tennis and the Norfolk native won his first Junior Masters title by the time he was 14, winning in both the singles and the doubles.

His first major success on the senior stage was in 2015 when he helped Great Britain secure gold at the World Team Cup. A year later Hewett made his debut at the Paralympic Games, winning two silvers after losing out to compatriot Gordon Reid in the singles before the pair combined in the doubles.

Their partnership blossomed from there with the duo going on to win 12 Grand Slam doubles titles together, while Hewett has also picked up five Grand Slam singles titles.

### ANDY LAPHORNE 2 1

EVENT: QUAD SINGLES, QUAD DOUBLES | HOMETOWN: EASTCOTE, MIDDLESEX | D.O.B: 11/10/1990 | TWITTER: @LAPSTAR11 | INSTAGRAM: @ANDYLAPHORNE\_ | GAMES ATTENDED: RIO 2016, LONDON 2012



After attending a Wheelchair Tennis camp, Andy Laphorne took up the sport in 2005 and has been on quite a ride since.

Four years later he made his debut in the quad doubles, beating reigning Paralympic champions Nick Taylor and David Wagner as he and Peter Norfolk claimed the Florida Open title. As a duo, Laphorne and Norfolk won the 2011 and 2012 Australian quad doubles title before Laphorne claimed silver at his debut Paralympic Games in London.

Four years later in Rio, Laphorne earned a bronze in the quad doubles with new partner Jamie Burkedin and won his first medal in the singles, a silver behind Australia's Dylan Alcott.

Laphorne got his revenge over Alcott in 2019, winning the US Open quad singles just a few months after the pair teamed up at Wimbledon to win the inaugural quad doubles competition. Laphorne is now a 12-time Grand Slam doubles champion.

### GORDON REID 1 1

EVENT: MEN'S SINGLES, MEN'S DOUBLES | HOMETOWN: GLASGOW | D.O.B: 02/10/1991 | TWITTER: @GORDONREID91 | INSTAGRAM: @GORDONREID | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



You could say Gordon Reid was destined to play doubles with Alfie Hewett. Both players took up Wheelchair Tennis in 2005, despite Reid being six years older than Hewett. Reid started playing Wheelchair Tennis after contracting transverse myelitis and just a year later he was named on the shortlist of the BBC Young Sports Personality of the Year following victories in the junior and men's second draw singles at the British Open.

In 2008, Glasgow-based Reid made his Paralympic debut aged 16 before reaching the singles and doubles quarter-finals in front of a home crowd at London 2012. Best friends off the court, the 29-year-old squared up

against Hewett in the men's singles final at the Rio Paralympics, with Reid coming out on top, before the pair secured silver in the men's doubles. Reid's victory in the men's singles marked the first time ParalympicsGB had won the event.

A memorable 2016 also saw Reid claim his first Grand Slam singles titles at the Australian Open and Wimbledon and the Alexandria-born athlete has gone on to win 12 doubles titles with Hewett.

### LUCY SHUKER 2

EVENTS: WOMEN'S SINGLES, WOMEN'S DOUBLES | HOMETOWN: FLEET, HAMPSHIRE | D.O.B: 28/05/1980 | TWITTER: @LUCY\_SHUKER | INSTAGRAM: @LUCY\_SHUKER | GAMES ATTENDED: RIO 2016, LONDON 2012, BEIJING 2008



Following a motorbike accident aged 21, Lucy Shuker changed her Badminton racket for a tennis one having been introduced to Wheelchair Tennis at Salisbury Spinal Unit. She had an auspicious start, borrowing her first tennis wheelchair from two-time Paralympic quad singles champion, Peter Norfolk. Seven years after her accident, the now 41-year-old made her debut at the Paralympic Games, appearing at Beijing 2008.

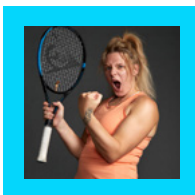
Four years later, Qatar-born Shuker partnered Jordanne Whiley to a historic bronze medal in the women's doubles, the first medal ParalympicsGB had won in women's Wheelchair Tennis.

Shuker and Whiley repeated the feat at Rio in 2016, the same year the Dorset native became Doubles Masters champion, defeating Louise Hunt and her partner Dana Mathewson to win the title alongside Diede de Groot.



**JORDANNE WHILEY** 2

**EVENTS:** WOMEN'S SINGLES, WOMEN'S DOUBLES | **HOMETOWN:** ICKENHAM, LONDON | **D.O.B:** 11/06/1992 | **TWITTER:** @JORDANNE\_WHILEY | **INSTAGRAM:** @JORDANNEWHILEY | **GAMES ATTENDED:** RIO 2016, LONDON 2012, BEIJING 2008



28 years after her father won bronze at the 1984 New York Paralympics, Jordanne Whiley followed in his footsteps when the Games came to London. While Whiley's father Keith came third in the men's 100m L3, her own success came in the women's doubles in Wheelchair Tennis as she occupied the podium alongside Lucy Shuker, with the pair making it back-to-back bronze medals at Rio 2016.

The 29-year-old was born eight years after her dad's Paralympic appearance and very quickly made her mark having first picked up a racket aged three. At 14, she became Britain's youngest national women's single champion in Wheelchair Tennis and two years later she would make her Paralympic debut in Beijing. Following

her bronze medal in London, Whiley became the first British tennis player in history to complete a calendar Grand Slam having won all four Grand Slams in the women's doubles with Yui Kamiji in 2014.

In 2020, Whiley won her 11th Grand Slam title in the Australian Open women's doubles – her first as a mother.



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