

Psalm 103.

### Structure

Starts (1-2) and ends (20-22) with a call to praise the Lord.

The Lord's 'benefits' to us while we are alive (3-5).

The Lord's COMPASSION & LOVE:

- To us sinners (6-12)
- To us weak mortals (7-13)

The Lord rules, OK? (19).

### Some questions for group discussion.

- a. What strikes you? What questions do you have?
- b. 1 – 2. We are to praise the Lord, and not forget.  
What practical things can we do to remember to give praise to the Lord?
- c. Read of the Lord's love and compassion in vv 4, 8, 11, 13, 17. 'Love' is his covenant-love and always reliable. 'Compassion' is a warm, soft word = 'motherly' perhaps.  
What do you think of God being loving and warm towards you?
- d. 9-12.  
What does the Lord think of our sins / iniquities / transgressions?  
Consider what it cost the Lord Jesus Christ to take away our sins:  
*He himself bore our sins in his body on the tree that we might die to sins and live for righteousness (1 Peter 2:24)*  
Are you convinced that all your sins are forgiven?
- e. 13-18.  
Look at the text. 14. What are you and I made of? 15-16. How long is a human life?  
[Note: 'Fear' here means – To worship and serve]
- f. What promise of God will you take and trust?
- g. What will you take away from reading and discussing Psalm 103?