KEP IN TOUCH Newsletter

LENT Edition

27th February 2021



Rev Canon Martin writes...

Dear friends,

Recorded services to continue

Although the Prime Minister outlined a plan over the next months for the relaxing of COVID restrictions, we shall continue to be cautious in order to keep everyone safe. So, All Saints will remain closed for Sunday services; worship will continue to be recorded and made available online. I am grateful to all of you who have been contributing to the worship, e.g. with readings and intercessions. Our especial thanks go to Tony Robinson and Corrie Hibberd, working so wonderfully with all the technology required for editing and putting it all on the web. How we look forward to meeting together for worship and friendship again!

Lent

We are now in the Church season of 'Lent', a word that originally meant 'time of Spring' but which now refers to the six weeks' period of preparation for Holy Week and Easter. Already as we look around outside we can see signs of buds and flowers, shoots and new growth. It certainly lifts the spirits in this dark time.

In Sunday sermons and in homegroups, we're studying some of the Psalms, seeking to deepen our relationship with God. I have prepared some daily readings in Mark's Gospel ('Mark 4 Lent') – find them on the church website – and I hope some of you are finding these helpful. There are some short videos to accompany the readings.

As we cast our minds towards Holy Week, we begin to think again about Good Friday when our Lord Jesus Christ suffered and died. He carried our sins in his body, so that we can be freed and forgiven.

'As a hen gathers her chickens under her wings...'

At Matthew 23:37 (or Luke 13:34), Jesus said to the people of Jerusalem, 'How often I have longed to gather your children together as a hen gathers her chickens under her wings'.

This image of the hen and chickens pictures a farmyard fire in which the hen gathers her brood under her wings for safety. When the fire is over, she may herself have been scorched to



death, but the chickens will be alive, protected under her wings. This is just like the Old Testament which often speaks of the people sheltering under God's wings; for example:

'God will cover you with feathers, and under his wings you will find refuge'. (Psalm 91:4)

Jesus knew that he would suffer and he gladly did so, for us. As Peter wrote, 'Christ died for sins, once for all, the righteous for the unrighteous, to bring you to God.' (1 Peter 3:18).

We need to feel safe and secure, and to know that everything will be all right. The Lord Jesus promises to shelter and protect us, so long as we are willing to get close to him.

The safe place to be is 'abiding in him'.

Finally, as the Archbishops have requested, let us keep praying for our Church and nation, and for all in our community who face particular problems. The success of the vaccination programme so far is very encouraging, but we continue to need God's help and strength in these difficult times. If you need any help at all, with anything, please contact me or Jeremy in the first instance.

With my prayers and best wishes, **Martin**



Joy Hegarty RIP

Our dear friend Joy Hegarty passed away at home after a long illness. Joy has been part of the life of All Saints for many many years, and will be greatly missed. Our sympathies go to Brian and the family. Details of funeral arrangements will follow in due course.



Martin & Jeremy

Elspeth Boulton RIP

Elspeth Boulton has sadly died aged 93. I expect older members of the congregation will remember her and her husband Peter. She lived all her life in Sanderstead, grew up in Downsway and married Peter in 1948 at the URC. They were members of All Saints' until they moved to Aldwinkle in Northamptonshire about 8 years ago to be near their family. They always attended the

8am service and were members of a House Group. Elspeth was charming, very hospitable, a keen gardener who enjoyed sharing her garden and plants with other people. Peter died about 4 years ago and Elspeth continued to enjoy life with her daughters and grandchildren.

Ann Tapson

Ron Truscott RIP

We were saddened to hear that Monique Truscott's husband, Ron, died this week. Ron had been unwell for a while. Our sympathies and prayers are with Monique and her family at this sad time.

Jeremy

PLEASE PRAY - Message from Chris Hawksbee

Just a quick note to say that Alison and I came down with Covid this week. We had fevers, and Alison felt rather week. We took ourselves to the Baptist hospital to get checked out. We had a blood test done and are waiting the results. We were given medications and told to keep an eye on the oxygen level in our blood.

Could you send this info to our supporters.

Thanks, Chris

Dated 15 February

BISHOP'S LENT CALL 2021



Last year so much has changed and we have all become much more aware of the fragility our lives and our communities. The footballer Marcus Rashford has helped to raise everyone's awareness of the need to ensure that our children are adequately fed during school holidays. But it is not just schoolchildren who are at risk. Whole families are in need of help, as well as couples and individuals. That is why we are focusing the Bishop's Lent Call this year on food insecurity, both here in the Diocese and in our Link Dioceses.

To find out more and contribute to the project please follow the link to the Southwark Diocesan website. https://southwark.anglican.org/lentcall

Lent Call 2021 projects:

Projects in Zimbabwe

Initiatives supporting food security, water supplies, and infrastructure in our Link Dioceses of Central Zimbabwe, Matabeleland, Masvingo and Manicaland.

The Diocese of Jerusalem

Helping our new Link Diocese in Jerusalem to support up to 50 vulnerable families to feed themselves.

Projects in the Diocese of Southwark

St Matthew, Redhill Food Bank Wandsworth Food Bank Norwood & Brixton Food Bank Together Southwark: Lunchbox Library LewCAS

Donations by cheque

Donations can be also sent directly to:

The Hon. Treasurer
The Bishop of Southwark's Lent
Call
c/o Trinity House
4 Chapel Court
Borough High Street
London, SE1 1HW

Cheques should be made payable to 'The Bishop of Southwark's Lent Fund'.

Charity no. 1075122)

MARK FOR LENT Programme

	Date	Mark's Gospel	Theme	
	Ash Wednesday			
1	18 th February	1:9-12	Jesus comes for baptism	
2	19 th	1:14-18	Jesus calls men to follow	
3	22 nd February	1:40-45	Jesus cleanses a leper	
4	23 rd	2:1-12	Jesus heals and arouses hostility	
5	24 th	2:13-17	Jesus calls Levi	
6	25 th	3:1-6	Sabbath healing and plots to kill Jesus	
7	26 th	3:13-19	Twelve appointed to be with him	
8	1st March	3:31-35	The new family	
9	2 nd	4:21-25	Strong sayings	
10	3 rd	4:30-34	The mustard seed parable	
11	4 th	4:35-41	Who is this whom wind and waves obey?	
12	5 th	5:25-34	A sick woman finds healing	
13	8 th March	6:1-6	Home town not impressed	
14	9 th	6:7-13	Twelve on their mission	
15	10 th	6:30-34	Trying to get a break	
16	11 th	6:35-44	Five thousand fed	
17	12 th	7:14-23	From out of the heart	
18	15 th March	7:24-30	A gentile woman's great faith	
19	16 th	8:14-21	Lessons for the disciples	
20	17 th	8:27-30	'You are the Christ'	
21	18 th	8:31-33	He must suffer and die	
22	19 th	8:34-38	Take up the cross and follow	
23	22 nd March	9:2-13	He was 'transfigured'	
24	23 rd	9:33-37	Who is the most important?	
25	24 th	9:38-41	John gets it wrong	
26	25 th	10:17-22	The rich man cannot follow	
27	26 th	10:46-52	The blind man sees	
Holy Week				
Easter				

You can ask yourself, 'What strikes me in this reading?' Or, 'Do I have questions I wish to think about?'

However we choose to spend the days of Lent, and whatever materials we decide to use, I pray that we all may grow more and more to know God and his presence in our lives.

With my prayers, **Martin Greenfield**

See the short videos on our website prepared by Jeremy and myself.

DEVOTIONS DURING LENT

To assist with devotional times during Lent, many of us find it helpful to use "Stations of the Cross" as we journey through this season. Last year, I recorded a version on Powerpoint which many of you found helpful. I am making this available again this year. It consists of a series of slides, with an audio file embedded in each one containing a message appropriate for each stage of the journey.

This year, I have also recorded 15 "Stations of the Resurrection" based in part on reflections published by Richard Greatrex in his book of the same name. For this, I have selected 15 great works of art by a wide variety of different artists ranging from the Italian Renaissance period to more contemporary artworks. This will appeal especially to lovers of art.

These files are available to anyone who would like access them. They are large files, and we are exploring whether we might be able to put them on our website. In the meantime, if you would like to use either of them in your Lenten devotions, please let me know on grmbj@aol.com and I will arrange for copies to be sent to you. If you have an iPad, I can send you a "Keynote" version. If you use a Windows PC or Laptop I will be happy to send you the Powerpoint version. As long as you allow plenty of time to download the material, all should be well!

Revd Jeremy

WORLD DAY OF PRAYER SERVICE

This is an ecumenical Service held each year in one of the Sanderstead churches, but this year we are holding it on Zoom.

WORLD DAY OF PRAYER will be held this year on Friday, 5th March at 10am on Zoom. If you would like to hear the Service, please contact Connie Dean at jonandcon2@gmail.com or phone 8657 8660.

Sylvia Trickey (Rep. for CTIS)

NATIONAL CALL TO PRAY

Archbishops Justin and Stephen call us to PRAY for our nation, to set aside time every evening to pray, particularly at 6pm each day.

Clearing snow from the carpark ready for P&I Fruits

Great team effort, guys & girls!





"Under His wings you will find refuge..."











Annual Parochial Church Meeting (APCM)

You may recall that in the dim and distant days before lockdown, we used to hold an All Saints' AGM in April followed three weeks later by the APCM. With the dissolution of the Team Ministry, only the APCM is now required and although the 2020 APCM was delayed until 6th October last, we shall revert to the April timing in 2021.

The 2021 APCM will therefore be held at 8.00pm on Tuesday 27th April and due to the pandemic, the meeting will be held online. The Diocese has confirmed that this is in order and the relevant notices will go on display shortly. Please put the date in your diaries.

PCC representatives

We currently have our full quota of PCC representatives with no-one reaching the end of their term of office, so unless there are any resignations there will be no need to elect any further PCC members.

Deanery Synod

We currently have two vacancies for Deanery Synod representatives and application forms will be available from the Parish Office or electronically from Rosanne (admin@sanderstead-parish.org.uk). Once completed, they should be returned to the Parish Office or to Martin or Jeremy marked for the attention of the PCC Secretary.

Churchwardens

Churchwardens are elected annually and although Mike Fixter and Sue Thomas were only elected in October 2020 a further election will be required at the APCM. We hope that they will both stand for re-election but others are also entitled to put their names forward. Again, nomination forms will be available via the Parish Office or from Rosanne and completed forms should be returned to the Parish Office or to Martin or Jeremy as above.

If you have any questions relating to the APCM, please contact me on 020 8657 4562 (dccsec@sanderstead-parish.org.uk).

Dick Hibberd

Electoral Roll

As required by the Church Representation Rules, the Parish of Sanderstead Electoral Roll is required to be updated for 2021; an official Notice to that effect will be placed on the All Saints Church and Church Halls external noticeboards as from 28 February 2021.

If you are not already on the Electoral Roll or Parish Directory and wish to be included, please request the application forms from the Electoral Roll Officer. Inclusion in the Parish Directory is optional for those on the Electoral Roll. The application forms should be returned to the Parish Office no later than 29 March 2021.

Please contact the Electoral Roll Officer if:

- 1. You would like a copy of the application forms, or
- 2. You wish your name to be removed from the current Electoral Roll or Parish Directory, or
- 3. You wish to make any amendments to your contact details currently held e.g. change of name, address, telephone, email, or
- 4. You know of any parishioner or member of the congregation who has passed away or moved since September 2020, or
- 5. You have any queries.

The revised Parish Electoral Roll for Spring 2021 will be published on 2 April 2021 and can be viewed on the external notice boards of All Saints Church and Church Halls.

If you require a draft copy because you are unable to view the roll on the notice boards and/or if you detect any omissions or other errors on the roll, please would you contact myself, the Electoral Roll Officer on 020 8657 7397 (david.chillman@btinternet.com) as soon as possible.

David Chillman

Helpful tips for the technophobes

Hello Everyone,

I know that there are quite a few people in the church who don't really understand all the tech that we've been getting our heads around for the past year. People like me! However, for those who are willing to try and get to grips with things I have found a great company that publishes some very user-friendly guides - even written in British English - and using simple language that cuts through the volumes of guff to give you the basics that can really help. They also will send you regular emails if you ask to subscribe. Now, I generally think most of this is rubbish, but gave it a chance and am happy I did. I've just read the iPhone guide book (there are many more), so feel that I can recommend it to everyone. They are also moving into online courses - I haven't tried this, but would go ahead on the strength of being impressed by their simple guides I've already come across. So if anyone asks for help, this may be of use:

THE HELPFUL BOOK COMPANY 13B Devonshire Road Estate Millom, Cumbria LA8 4JS Tel. 01229 777606 www.helpfulbooks.co.uk

Bonne journée!

Anne Fixter



Winter can be a tough time of year

That's why we at the Parish of Sanderstead and Hamsey Green would like to bless our community with practical help, but also with prayer.

We believe in the power of prayer and in the hope that is found in Jesus Christ.

So, if you would like us to pray for you (regardless of what you believe) we will gladly bring it to God.

Your prayer request will be treated with the utmost confidence

NEW!!!!

Prayer Number: **07486 033877**

(Call or Text)

Check the
Sanderstead
Parish website
for details or
can the QR code



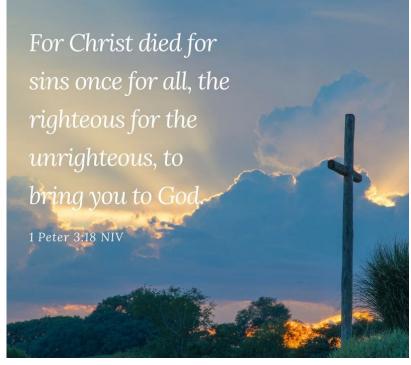
"Under His wings you will find refuge..."





"How often <u>I have longed</u> to gather your children together, as a hen gathers her chicks under her wings, but you were not willing."

~ Matthew 23:37, NIV







Cathedrals of Light and Life

Images of inspiration and heritage from the 42 Cathedrals of the Church of England

Author & Photographer Revd Len Abrams

- 176 full colour pages
- Over 370 photographs
- Also available as an eBook
- In aid of Central Zimbabwe Diocese



This beautiful book has been produced by a colleague vicar in the Croydon Episcopal area, and all proceeds will go to the Croydon link with the diocese of Central Zimbabwe, which we support. It is available in hardback at £24.99 and also there is an e-version. **Shared by Rosemary Kempsell**

£24.90 mp

For more information and to purchase go to:seasonimages.com/cathedralbook/

ISBN 9781916385108

'England's cathedrals are not just some of the most magnificent buildings in the world, they are refuges where everyone is welcome to come and meet God in awe, reflection and joy.

This beautifully shot book is a testament to the history and heritage of our buildings, those who have been inspired by them, and the glory of God. I hope all who read it are encouraged to visit and be, in their own way, a part of the cathedral community.'

Archbishop Justin Welby April 2020

Foreword: Bishop John Inge, Worcester Introduction: Bishop Christopher Chessun, Southwark

This book is the product of a 9 year project to capture in light and colour the hint of Transcendence reflected in the dedicated work of countless people over many centuries. Do enjoy this book, but better still, take time out and visit the cathedrals yourself to experience the faith and devotion of generations.



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Children & Families Corner

Hi everyone,

Easter in a Bag

My main purpose for writing today is to let you know that we are doing something special for Easter this year called 'Easter in a Bag' and we will be giving away 200 amazing goody / craft bags. We are prioritising everyone on our mailing list to receive one per child and after that we will be offering them to the uniformed (scouting groups). At time of writing 43 bags are spoken for so, if you would like one please don't delay as they will be given out on a first come first served basis.

Can you help?

We are appealing for anyone who has an accurate set of scales and would be willing to separate two large bags of cress seed into 200 2 gram envelopes to be included in the craft bags, please email me if you are interested, thank you. Chris

From Palm Sunday till Good Friday, we will be releasing a video a day explaining how to do the crafts and telling the story of Holy Week in a family friendly manner. There will be a special service for all (online) for Good Friday reflecting on the cross in an engaging way and we hope to gather online to celebrate Easter day together.

To reserve a bag send me an email to chris.r.newman85@gmail.com telling me how many children would like a bag and where you would like them delivered to. We will start delivering them the fortnight before Palm Sunday.

Family Fun Messy Church

Some other news - the new Family Fun Messy Church video for Lent is now available.

To take part in the craft you will need a glass jar, a tealight candle (battery operated for safety), tissue paper or coloured cellophane, PVA glue, 2 short sticks, a piece of paper, brown paint or used tea bag, a pen and some ribbon or string.

Here is the You tube link. https://www.youtube.com/watch?v=L2LsysrNERI

That's all for now except for keep your eyes peeled in the churchyard for the giant Easter Garden coming soon!

God bless, Chris Newman, Children and Families Pastor

Facebook Please invite your friends!

We have recently been updating our Facebook page as it is a fantastic tool for mission, discipleship and keeping in touch with our community. For those of you who already use Facebook could you please like our page and invite your friends to like it too, so that our regular posts get seen by as many people as possible especially over Easter.

The link is public for=109854244143990 or you could just search for All Saints and St. Anthony's Church; Parish of Sanderstead and Hamsey Green.



Many thanks, Chris



A Little Holy Land Geography – a Response

David Chillman concludes his article in the New Year Newsletter hoping "there is something to delight and cheer you" Yes! absolutely.

Having lived near Watford before we moved here to Sanderstead, I think Mount Nebo sounds much more interesting.

I've been very fortunate – blessed indeed – to go on two pilgrimages to the Holy Land. The first was with the then Bishop of Southwark – Roy Williamson with his Chaplain Rev Andrew Nunn – in 1997, and the second with my Lincolnshire friend in 2000, led by the then Archbishop of York, David Hope.

I wrote a piece for the Parish Magazine "Signpost" on my return visit and noted the individual stamp which the leader puts on this very special journey in faith. It could not of course be the first time all over again, but memories of both pilgrimages were kindled by David's article.

The contrast between our time staying in Jerusalem and the several days in Tiberius was quite dramatic. The modern city with crowds, bustling markets and a wonderful variety of Churches was at times quite bewildering but with oases of calm such as the Garden of Gethsemane. We walked up the Via Dolorosa, stopping to mark the Stations of the Cross; the whole street lined with small stalls and shops as in a bazaar, and people going about their daily lives as usual.

As a complete contrast, we stood on the shores of the Sea of Galilee – such a peaceful setting – and celebrated a short service on a boat aboard the Lake, led by

David Hope. (The Sea was quite rough, as I remember!).

At the end of it all, we were reminded that our Pilgrimage is just an eightday wonder! It is but a part of our continuing journey with Jesus. We are pilgrims still.

Mrs Pat Seely

(Typed up by David Chillman)



Church of St Peter Primacy on the shore of the Sea of Galilee

PRAISE TO THE LORD FOR THE JOYS OF THE EARTH

Praise to the Lord for the joys of the earth: Cycles of season and reason and birth, Contrasts in outlook and landscape and need, Challenge of climate, of famine and greed.

Praise to the Lord for the progress of life: Cradle and grave, bond of husband and wife, Pain of youth growing and wrinkling of age, Questions in step with experience and stage.

Praise to the Lord for his care of our kind: Faith for the faithless and sight for the blind; Healing, acceptance, disturbance and change, All the emotions through which our lives range.

Praise to the Lord for the people we meet, Safe in the homes or at risk on the street. Kiss of a lover and friendship's embrace, Smile of a stranger and words full of grace.

Praise to the Lord for the carpenter's son,
Dovetailing worship and work into one:
Tradesman and teacher and vagrant and friend,
Source of all life in this world without end.

Hymn by John L. Bell (b. 1949) and Graham Maule (b. 1958) which sets out the breadth of human experience, acknowledging its difficulties as well as its blessings. From Iona

Shared by Sally Nicholas — "an aged piece taken from Cornerstone or Signpost (old church News), folded up in a corner of my wallet."

A NEED, AT TIMES, TO BE TOGETHER AND TALK

...A need, at times, to be together and talk,
And then the finding we can walk
More firmly through dark narrow places,
And meet more easily nightmare faces;
A need to reach out, sometimes, hand to hand,
And then find Earth less like an alien land...

Extract of a poem by Arthur Seymour John Tessimond Shared by Sally Nicholas

ANSWERS to the SANDERSTEAD STREET QUIZ

Here are the answers to the Quiz on Sanderstead Streets...

- 1. Boy's name Brian Avenue
- 2. Clergyman's benefice and a wooded mound Glebe Hyrst
- 3. Two Mathematical terms Addington Road
- 4. Route to a divine place *Church Way*
- 5. We're glad there is no Battle here Blenheim Gardens
- 6. Surrey Village Cranleigh Close
- 7. Another Surrey Village Ewhurst Avenue
- 8. Sounds like 'time' in a field Lime Meadow Avenue
- 9. Hill top geographical term The Ridgeway
- 10. River mentioned in the Bible *Jordan Close*
- 11. A Lawyer's enclosure. Courtlands Close
- 12. Not the route into Town Village Way
- 13. Associated with the cotton mills Arkwright Road
- 14. Open space but not a Manse, nor a Vicarage Rectory Park
- 15. He might have made a horseshoe here Blacksmith's Hill
- 16. Not a Golf Course nor a Council Tandridge Gardens
- 17. Difficult to walk here if your gait was affected. Limpsfield Road
- 18. A sharp Policeman Copthorne Rise
- 19. The Archers would be at home here. *Homefield Road*
- 20. A Peer might grow things here. Onslow Gardens

I would be interested to hear how you got on. Do give me a call to let me know - Tel: 020 8657 4087.

Margaret Quiney



ABBEYFIELD HOUSE, SANDERSTEAD WE CURRENTLY HAVE A VACANCY

Abbeyfield Houses are designed for active older people who no longer wish to live alone

Abbey field

Making time for folder people

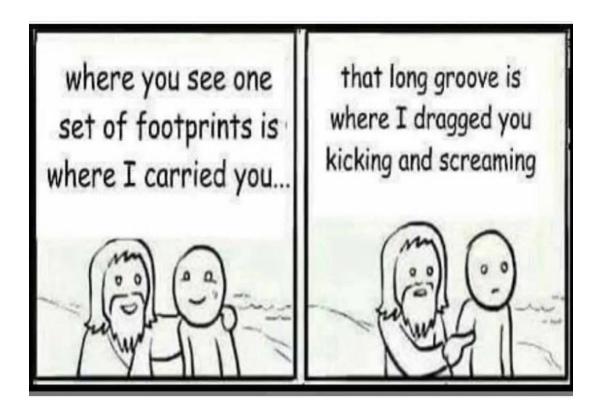
- Individual en-suite rooms.
- Delicious homecooked lunch and high tea every day.
- Beautiful garden to relax in exclusive to residents. You can help with gardening if you wish!
- A friendly and welcoming family atmosphere where you can make new friends — maximum 9 residents.
- Visitors welcome (currently Covid restrictions apply).
- A programme of social events to please all tastes.
- Within easy reach of all local amenities.
- Rooms available at realistic rents.

We cannot offer nursing care, but residents may arrange carers if they become necessary.

Interested? For a friend or relative or yourself?

Contact the House Manager on 020 8657 6668 or e-mail afldsan@tiscali.co.uk

Abbeyfield House, 2 Beechwood Road, Sanderstead, CR2 0AA



Shared by Paddy Groombridge

PARISH of SANDERSTEAD and HAMSEY GREEN

Our buildings may be closed but our Services of Worship continue online (pre-recorded). Join us if you can...

www.sanderstead-parish.org.uk

FEBRUARY

2nd Sunday of Lent SANDERSTEAD LIGHT

4pm Tea for Congregation (on Zoom*)



28th

21st

7th 3rd Sunday of Lent PARISH EUCHARIST

Psalm 121—Journey of Faith

14th 4th Sunday of Lent PARISH PRAISE

Mothering Sunday

5th Sunday of Lent PARISH EUCHARIST

Psalm 98—Praise to God—Cantate Domino!

Saturday 27th, 9am PRAYER MEETING (on Zoom*)

28th Palm Sunday SANDERSTEAD LIGHT

APRIL - HOLY WEEK

Maundy Thursday (1st) Holy Communion

Good Friday (2nd)

- Worship suitable for all

- Three-hour Devotional Service

Easter Sunday (4th) Holy Communion
He is risen!

For *Zoom details, contact admin@sanderstead-parish.org.uk



Experts recommend keeping your daily rituals even while working from home







Woman pretends to be going on holiday!



https://fb.watch/3mcW4Zgmiq/ Shared by Sheila Wilkie



Church services & updates are on the website...

www.sanderstead-parish.org.uk

Contact Us:

Rector: Revd Canon Martin Greenfield, rector@sanderstead-parish.org.uk, 020 8657 1366, day off—Fri

Asst Priest: Revd Jeremy Groombridge CB,

jeremy@sanderstead-parish.org.uk, 020 8668 7795, day off—Mon

Parish Office: Paul Shipley parish.office@sanderstead-parish.org.uk, 020 8657 0665

Rector's Admin Assistant: Rosanne Morris admin@sanderstead-parish.org.uk, 020 8657 0665 - Mon, Tues & Thu 10am - 2pm.

Can we pray 4 u?

Prayer Phone: 07486 033877 (call or text) or email: prayer@sanderstead-parish.org.uk

More info on our website.





I hope this finds you well...

Please continue to send me your thoughts, articles & ideas.

With love & thanks, **Rosanne**

admin@sanderstead-parish.org.uk

