

## Reducing energy and water consumption at home

### *Use less hot water by:-*



- taking a shower rather than a bath
- fitting an eco-shower head (your water company can supply these free of charge)
- only boiling as much water in the kettle as you need
- running washing machines and dishwashers on lower temperature settings



### *Turn it down!*

You must keep warm. But you may be able to adjust individual radiator controls to reduce heat in rooms you do not use so often. If you have a house programmer, set your heating to come on when required rather than all the time.

### *Turn them off!*

Do turn off the lights when you leave a room  
Try not to leave appliances on standby and remember not to leave laptops, tablets and mobiles on charge unnecessarily



## Reducing water use in the garden



During dry periods, using water in the garden can account for as much as 70% of total mains water use at peak periods.

Here are some suggestions for saving water outside

- Use a water butt to collect rainfall for watering the garden and/or recycle used water e.g. water used for washing vegetables, or cold tap water collected in the kitchen while waiting for hot water to run through
- When buying plants try to choose those which need less water
- Minimise evaporation, water your plants in the early morning or evening, and water around plants, not over them.
- Water less often but give the plants a good soak when you do to encourage deeper rooting and sturdier plants
- Avoid watering the lawn during dry weather, cut the grass less often and raise the cutting height.

- Householders have the right to have a water meter fitted free of charge. Your water company can provide information on how your water consumption

## Reuse first then recycle



Please make full use of the recycling services provided by Croydon Council and other local authorities. And use the recycling bin outside the church halls if you are clearing up after a function there.

And remember – it is better to reuse than to recycle as this uses less energy and there is no waste. The Reuse and Recycling leaflet produced by the All Saints Green Team contains many suggestions about where you can take unwanted household items and help others at the same time.

## Helping the local environment

We are blessed with a beautiful churchyard and some lovely green spaces within walking distance of All Saints. Please support conservation groups such as those looking after King's Wood, Croham Hurst, Wettern Tree Gardens and the Village Pond/Gruffy. And any help with picking up litter is always much appreciated.



## Look carefully before you buy

We need to think about the environmental and social cost of the items we buy and where possible purchase food and clothing that is ethically produced. Look out for the Fairtrade mark.

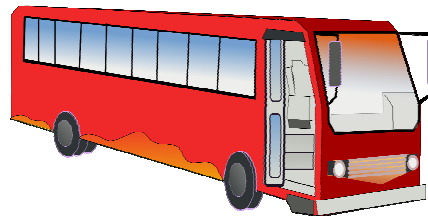




### Responsible car use

Some tips on how to cut fuel consumption and help the environment by reducing damaging exhaust emissions

- **Pump up your tyres.** Under-inflated tyres create more resistance and can increase fuel consumption by up to 3%.
- **Have your vehicle regularly serviced** Well maintained cars tend to run more efficiently.
- **Drive at an appropriate speed** Sticking to speed limits helps to conserve fuel. Driving at 70 mph rather than 50 mph can increase fuel consumption by 25%.
- **Avoid leaving your engine running** If you are likely to be at a standstill for more than a minute or two switch off the engine.
- **Don't use air conditioning unless you really need to** Using air conditioning and electrical devices like mobile phone chargers increases your fuel consumption
- **And finally is your car journey necessary?** Public transport may well be cheaper and save you car parking charges. And walking will help your fitness!



10/17



# How can we reduce our footprint?

