NOTICES for Sunday 30th November

1st Sunday of Advent with lighting of the 1st Advent candle [HOPE]

You can watch the 9.30am service online (live or catch up) by going to 'Talks & Sermons' on the church website https://www.sanderstead-parish.org.uk/talks

9.30am FAMILY WORSHIP with Communion. *Theme: Be watchful*

Speaker: Revd Kevin Garrett

Today's Collect: Almighty God, purify our hearts and minds, that when your Son Jesus Christ comes again as judge and Saviour, we may be ready to receive him, who is our Lord and our God. Amen.

Lectionary readings: Isaiah 2:1-5; Psalm 122; Romans 13:11-14; Matt 24:36-44.

Children's Society Christmas Cards – last Sunday!

The Children's Society Christmas Cards will be on sale after the 9.30am service today – cash or cheque only. Every Christmas card bought helps the Children's Society continue to support young people build safe, happy, hopeful futures.



Sunday 30 November - A Winter Handbell Concert, 3pm TODAY!!

Sanderstead 2 O'Clock Bells and The SAS Ringers would like to invite you to a winter concert at All Saints Church Hall; a Musical Miscellany of Classical and popular tunes, Original Handbell compositions, TV and Film music and Festive Songs. Please come and join us for an afternoon of music followed by tea and cake! There will be a charitable collection at the end of the concert.

Thursday 4 December REFLECTION ON PRAYER DURING ADVENT, 7.00pm – 8.30pm at All Saints Church – Series of 3 Thursdays

This week the reflection will be led by Bishop David Atkinson. There'll be a short talk about a prayer in the Bible followed by a time of prayer. Most home groups have decided not to meet but to come to these sessions instead. These sessions are for everyone including those who don't go to home groups.

Friday 5 December - CRAFT GROUP, 2pm - 4pm in the Small Hall Join us if you can, even if it's just for a cuppa & a chat. Any questions, call Sue Chillman 020 8657 7397.

Sat 6 December - IDMC Gospel Choir, 6.00pm for 6.30pm

International Needs Christmas Concert at South Norwood Baptist Church with GB Paralympian Amy Conroy and IDMC Gospel Choir. Adult: £10, Children: £5. Book your place on their website **ineeds.org.uk** > **Get involved** > **Events** or call Tel: 01883 331332.

Sunday 7 December - 2nd Sunday of Advent

9.30am PARISH EUCHARIST with Choir, Healing Prayer, and JIGSAW

(Theme: Advent). Lighting of 2nd candle [PEACE]

Speaker: Revd Jeremy Groombridge

Sat 13 December – Croydon Symphonic Band, 5:30pm

Christmas Concert at All Saints with a medley of Christmas music – all funds to go towards All Saints' Church 'Project 800'. Advance tickets priced at a small discount – use QR code to find more information and to purchase your ticket OR use https://sandersteadparish.churchsuite.com/events/klfjbtfz in your web browser. Mince pies & light refreshments provided at the end. NOTE: Very few tickets remain. *Tony Robinson*

Sanderstead Parish Christmas Eve Lunch -

We would be pleased to receive items (such as wine, Christmas cake/ puddings, crisps, peanuts etc.) towards the Christmas Eve Lunch for people who would not otherwise be with friends or family at Christmas. Please sign up on the list at the back of the church if you are able to donate. - Thank you.

Debbie @ sandersteadneighbourhoodcare@gmail.com / 020 8657 8289

SCRABBLE CLUB

All welcome to join us for a couple of friendly games of Scrabble with some refreshments in between. For more details including place, times etc, please contact Ann Turner on 020 8657 5224.

BRF - Bible Reading Fellowship

Many of our congregation have been using the books and resources of BRF for many years and find them spiritually encouraging. There is a wide range to choose from as you can see from the details on the lobby noticeboards or on their web site – 'BRF Resources'. Bible reading notes are published three times a year, in January, May and September so now is a good time to order if you are interested in regular Bible reading with study notes. *Contact Ann or Michael Turner. Tel: 020 8657 5224.*

Christmas Toy Appeal with the Reedham Children's Trust

Paul Meakin (estate agents, Sanderstead Parade) is running a Christmas toy appeal with the Reedham Children's Trust this year. To donate a gift, visit a Paul Meakin branch, pick a tag from a Christmas tree, & return the unwrapped gift by December 8th. Sadly, fewer tags have been collected this year, which mean that some children will be disappointed. -We have collected a batch of tags that give details of the gender & age of a child who hopes to receive a gift. Please speak to us if you can donate a gift. Katheryn and Sue

Mince Pies for after the Carol Service on December 21st

Could you make some mince pies to accompany the mulled wine (supplied) for after the Carol Service?

If so please sign up on the sheet at the back of church and bring them to the Hall Kitchen before the Carol Service on December 21st . Thank you. Fanny Smith

Green Team Tip of the Week to help you be even better stewards of God's lovely creation (and probably save you money too!).



Tip 6 - Walk don't drive

This week's tip follows on our theme of "stuff that's good for you". I'm sure you've heard it before, but this is a TRIPLE winner. It not only reduces CO2 emissions, but it saves £££s AND it'll help you live longer! What's not to like?!

If you're journey is less than a mile, then you REALLY should think about walking, even if not every time, but a bit MORE than you do now.

SHORT JOURNEYS ARE REALLY BAD FOR YOUR CAR TOO BECAUSE THE ENGINE DOESN'T WARM UP:

your oil won't get warm enough so engine wear is higher diesel particulate filters can't burn off the soot deposits catalytic converters don't work effectively until they reach 400C so the first 5 minutes of running are letting the noxious gases out for us all to breathe in

condensation will build up in your exhaust causing it to rot much more quickly 😕



BUT THE GOOD NEWS IS..

A 10 min walk will release endorphins which will make you feel better, raise your heart beat (even better if it is uphill!) and that promotes circulation and lowers blood pressure (and burns calories (a) yippee!

Finally, remember, even the combined might of All Saints and St Anthony's can't save the planet along so SPREAD THE WORD!

Use easyfundraising to donate to Project 800

We're using #easyfundraising to help raise money for Sanderstead All Saints Church. It's a fantastic way for you to help us fundraise for free. Sign up today and turn your online shopping at your favourite retailers like eBay, Tesco, H&M, Argos, and 1,000s more into much-needed free funding for us.



Sign up here: www.easyfundraising.org.uk/sanderstead-all-saints-church
Or download the easyfundraising app on your smart phone.

Donations - We would greatly appreciate your help to continue our work for God in the community in the Parish of Sanderstead. If you can, please consider making a donation. This is our QR code for the Parish of Sanderstead. To donate using this code, open up the camera on a mobile phone - point the camera at the QR code – follow the instructions. The offertory plate will go round during one of the hymns. There is also the opportunity to donate by card.



Safeguarding / 'A Safe Church': If you ever have any concerns, contact one of our Parish Safeguarding Officers:

Julie Marsh 8651 2109/ julie.safeguarding@sanderstead-parish.org.uk or Katheryn Hewitt 8651 6308/ katheryn.safeguarding@sanderstead-parish.org.uk

The Parish of Sanderstead – www.sanderstead-parish.org.uk

- -Sue Thomas, Churchwarden, churchwarden2@sanderstead-parish.org.uk
- -Katheryn Hewitt, Churchwarden, churchwarden@sanderstead-parish.org.uk
- -Paul Shipley, Parish Administrator, parish.office@sanderstead-parish.org.uk / 8657 0665.
- -Rosanne Morris, Rector's Admin Assistant, admin@sanderstead-parish.org.uk / 8657 0665 op.5