

# Sanderstead Team Newsletter

February 2019



Welcome to the Sanderstead Team Newsletter! This is your newsletter, so do send us your news and anything you would like us all to know. The newsletter will continue to be published for the first Sunday of every month, and items need to be with Rosanne the Monday of that week... [admin@sanderstead-parish.org.uk](mailto:admin@sanderstead-parish.org.uk)

## Susan writes ...

The decorations are down, the weather is distinctly chillier; in fact we are in the month when people sometimes speak of experiencing the February Blues. It's the time of year when we've had enough of hibernating inside away from the cold and often dreary outdoors, short days and lack of sunshine.

This year matters are made worse for many with the uncertainties around Brexit. Jobs under threat and currently many questions with few answers.

So what can we do?

Well experts in the tourist industry would say it's an excellent time to book your summer sunshine holiday, or better still why wait until summer – find some winter sun. Fine for some of us but possibly not practical for many for all manner of reasons.

Or maybe you made a New Year resolution to join a gym. I've actually switched gyms to one with a warmer pool (much more inviting in this weather).

You could also start your spring cleaning early. Then by the time you've finished it will be spring, or maybe you could learn something new, try out a new hobby. There are all sorts of things we could do to ease the February Blues.

However, none of us are immune to the twists and turns in life. Whether it is the February Blues, a tough time for life choices, or we see signs that our winter blues may be turning into depression. There is no shame.

Depression is a serious issue and one, which people so often try to conceal. I have heard family members say that they had no idea how their loved one was feeling and I have witnessed how challenging it can be to deal with depression both for the person suffering and those close to them too.

The important thing to realise is that we are not alone. Anyone struggling with depression need not do so alone. The key is to seek help. Share your feelings with trusted friends, family, your minister, counsellor or doctor. For they can offer guidance that may assist with some of the issues and anxieties life can bring.

There is a verse in the Bible, which may be helpful for those struggling in any way. It says, *“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”* (Philippians 4:6). God knows what we are going through and longs for us to talk to him in prayer.

And remember God’s words of encouragement in Isaiah:

*“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”* (Isaiah 41:10).

This is my favourite winter poem – I hope you enjoy it too.

*Revd Susan*

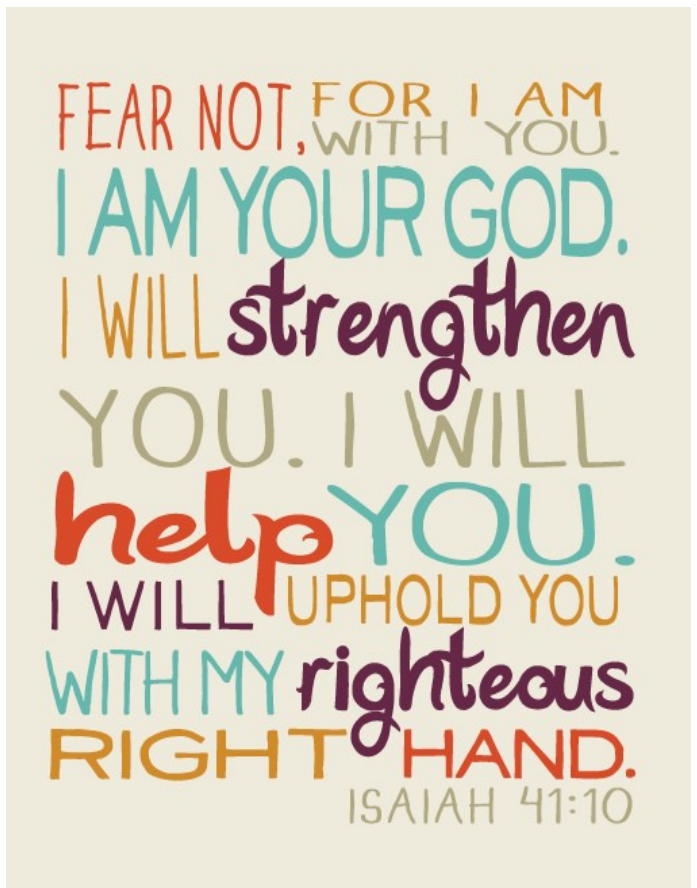
## Winter

Clouded with snow  
The cold winds blow,  
And shrill on leafless bough  
The robin with its burning breast  
Alone sings now.

The rayless sun,  
Day's journey done,  
Sheds its last ebbing light  
On fields in leagues of beauty spread  
Unearthly white.

Thick draws the dark,  
And spark by spark,  
The frost-fires kindle, and soon  
Over that sea of frozen foam  
Floats the white moon.

*Walter de la Mare*



## Vi Oxenham's 100th Birthday

*Vi has been a long standing member  
of All Saints*



On January 11th, Vi Oxenham celebrated her 100th Birthday at Beechwood House Care Home with family and friends. The Care Home decorated their conservatory with balloons and banners and all her cards were on display including her one from the Queen. You can see her in the photos enjoying a drink and her cake – made by Fiona (Lynne Davison's daughter).



This photo is of Vi with Mair Rimmer, Mair's eldest son Trevor (on the left), her Grandson Andrew, Mair's youngest son David with his wife Marion (who is Sally Monnery's sister).



## Annual Unity Service for Churches Together in Sanderstead

On Sunday 20 January, we held the annual service to mark the Week of Prayer for Christian Unity, this time at 4pm in All Saints. Sometimes, afternoon or evening special services can frankly be rather flat and uneventful. However, this time it was not like that!

It was excellent that so many people volunteered to lead different parts of the service, giving a strong sense of all being together in the grace of the Lord.

And numbers attending were good: I counted well over 40 people attending, from:

Holy Family RC, Sanderstead URC, Sanderstead Methodists, St Edmund's and All Saints.

Thank you to Lynne and Ann for arranging refreshments; thank you all for supporting the service; and let us keep on seeking as Christians to live in the love and unity for which Jesus Christ prayed.

*Martin Greenfield*

## PRAYER

*Martin writes:*

*One of the things which has encouraged me most here at All Saints is the gradual growth in PRAYER. I am so pleased that so many set aside time to come to the monthly Prayer Meetings, and actively contribute to the prayers. I strongly believe that God hears and answers prayers, and that He is at work in All Saints to enliven us and to strengthen us for all he has in store.*

*Recently, I came across this small article on Prayer, entitled, "How Much More". I think you will find it helpful. Do let me know what you think.*

*Thank you, **Martin***

**Read "HOW MUCH MORE?"**

**By John Dunnett from CPAS (Church Pastoral Aid Society)**

*(see next page...)*

# HOW MUCH MORE



**I**n Luke 18 we read Jesus' parable of a widow seeking justice from an unrighteous official – one of many insights in the gospels into how we should understand and approach prayer. In Luke's telling of this story he echoes Jesus' teaching in Matthew 7:11 regarding the 'how much more' of God's goodness, especially when it comes to prayer.

The pivotal encouragement for our purpose is the 'how much more' signposted in the contrast between the unjust judge and God. If the widow's persistence eventually moves the unjust official to grant her request for justice, then how much more – we are meant to hear – will God grant the requests of those who call on him. And this 'how much more' is of great significance as we pray.

In the first instance it tells us 'how much more able' is God to answer than any other. Scripture is full of stories that underline God's ability: the Jordan held back for his people to cross (Joshua 3), Jericho's walls fall down at his command (Joshua 6), the mouths of lions are shut in saving Daniel (Daniel 6), the apostles are freed from prison (Acts 5 and 16), Paul is safe from the poison of a viper (Acts 28). God is able.

This enables us to pray for what might appear to us to be impossible: for those who reject God to come to faith, for local

churches to be set on fire with a passion to win the lost. For revival in our time.

Secondly, it could also be understood as 'how much more willing' is God than any of us. One of my favourite New Testament verses is 2 Peter 3:9 in which we read of God's desire for men, women and children to come to living faith. This desire is so heartfelt in God's being that, quite literally, history is being 'held up' in order that the gospel might be preached and responded to.

This should fuel our desire to pray – that he is more willing than we can imagine to respond to our intercession for the witness of his Church, for our Venture and Falcon holidays and for the missional leaders mentioned in this diary. He waits – and longs – to respond to the prayers of the saints.

Can I encourage you to be moved afresh by the 'how much more' of God. Let's be bold, let's be specific and let's be confident that God will answer in keeping with the 'how much more' that he is.

**John Dunnett**  
General Director

[www.cpas.org.uk](http://www.cpas.org.uk)  
[info@cpas.org.uk](mailto:info@cpas.org.uk)  
0300 123 0780

# A Bonhoeffer Pilgrimage

8th-17th October 2018

**This Pilgrimage was led by Bishop Christopher Chessun who led our prayers throughout the trip, and our guide was Revd. Charles Bradshaw, who made all the arrangements and looked after us. There were 22 of us, and it was a great time to get to know and share with other Bonhoeffer enthusiasts.**

## Arriving in Berlin

### Monday 8<sup>th</sup>

We visited the house where Dietrich Bonhoeffer's comfortable and spacious family home, in a leafy suburb, and from there we went immediately to the station where Berlin's Jews were transported to the ghettos and concentration camps. All along the platforms of "Gleis 17", carved on the edges in metal were the dates, and the numbers transported on each date. It stretched the whole way. Shocking to be hardly a stone's throw from respectable suburbs.

### Tuesday 9<sup>th</sup>

We were taken to Wilhelmstrasse 34 where the Confessing Church ministers met from 1935 -1939 . Bonhoeffer was one of their leading spokesmen at that time, and had led the move to break from the so-called German Church which owed allegiance to Hitler. He trained these ministers until he was banned.

Next we visited the Topography of Terror, which stands on the old Gestapo headquarters. Here prisoners were held underground and tortured. We could look down on the cells through the covering of glass.

One of the most harrowing of memorials we saw after this, was the Holocaust Memorial in Cora-Berliner-Strasse, right in the centre of Berlin where the administrative buildings had been situated. It consists of a 19,000 m. field of stelae with over 2,700 concrete blocks of different size and height, all across the square. If you walk into it, the stones get higher and higher so that it gets darker. Underground is the museum, which contains the names of all known Holocaust victims, together with photographs, and their notes, if obtainable, of family groups and individuals, and details of their fate.

That afternoon we visited the German Resistance Memorial Centre which tells the story of German Resistance to Hitler and those who supported the Jews. (Count Von Stauffenburg, who laid the bomb of July 20<sup>th</sup> 1944 that failed to kill Hitler, was shot in the courtyard of this building which was Army Headquarters at that time.) After the discovery of the conspirators, 200 were executed. There were leaflets in English about the Resistance, and it was shocking to find so few listed under "Resisters of the Faith".

We stopped briefly to see the Church of St. Matthew where Bonhoeffer was ordained though it was not the original building which was bombed.

But the Berlin horrors were by no means finished, for nearby the sparkling new St. Matthew Church was the Memorial to those who the Gestapo killed under the Euthanasia programme, children and mentally handicapped, etc.

This was another day when it was difficult to eat the hearty German evening meal.

## Wednesday 10th

After this gruelling day it was good to visit the church of Zion, where Bonhoeffer began his ministry in a poor part of Berlin, working with tough youngsters to steer them through confirmation. He became a friend to them and they responded to his efforts. This church had been in East Berlin after the war so the church was still dilapidated and presented a more realistic appearance of how his work might have been. This was supplemented by the fact that a group of youngsters were rehearsing a show, with a lovely-voiced girl singer who delighted us. But we had Eucharist at the St. Matthew Church.

A quiet moment was at the Dorteestadt Cemetery where members of his family were buried and his name remembered. It was good to think that this was where he might have been laid to rest had he survived, in this peaceful flowered garden.

## And so on to Nuremberg by train

### Thursday 11th

We travelled to nearby Flossenburg, to visit the former concentration camp which is now a Holocaust Museum. Before its liberation by the U.S. Army, it held at least 85,000 inmates.

Bonhoeffer was brought here with Admiral Canaris and Col. Oster specifically to be hanged, on the express orders of Hitler. They were humiliated before the prisoners, and hanged, like the army conspirators, with piano wire to take longer to die. He died with great dignity and calmness, still only 39 years of age. And passed on a message to say "This is the end for me, but also the beginning." Surely that is so, as his reputation and influence continues to grow. At Flossenberg, there is a simple memorial to Bonhoeffer which reads, "*Dietrich Bonhoeffer - a witness of Jesus Christ among his brethren.*" And we left some flowers at it.

We celebrated Eucharist in the chapel at Flossenberg Camp.

### Friday 12th

In Nuremberg, we visited the rebuilt Cathedral – a real anti-climax with its ornate decoration and history. Lutheran Churches, being almost as established as the C.E. sports just as elaborate buildings, and bearing in mind what we'd just been seeing, it seemed a bit OTT.

Some folk found time to see the great Nuremberg Square where Hitler's great speeches were shouted! But that again seemed out of keeping.

**This was a pilgrimage that took a while to get over. The one heartening thing was to see how the Germans had made every effort to display the worst – to set things in the centre of the city and as public as possible. It was good to see at every stop, groups of school-children being taken round, and to have guides explaining in detail so that visitors did not miss anything.**

**For me, to whom Bonhoeffer has meant so much and shaped my belief for so long, it was a once in a lifetime experience, which will stay with me for ever.**

**Wendy Holt**



## FOOD LIST – FEBRUARY 2019



At Purley Food Hub we provide food & other items for people in crisis.  
Please consider donating one or more of February's 9 priority items:

- Tinned plain meat: chicken, ham, corned beef
- Tinned carrots
- Tinned peas
- Tins of ready meat meals
- Tins of dessert fruit
- Packets of savoury biscuits
- Cartons of long life whole milk
- Adult toothbrushes
- Size 5 nappies

*Thank you so much for your support - you have helped us to provide more than **135,000 meals** since January 2013.*

PURLEY FOOD HUB | Tel: 07546 635295 | Email: [purleyfoodhub@gmail.com](mailto:purleyfoodhub@gmail.com)

Website: [www.purleyfoodhub.net](http://www.purleyfoodhub.net)

Charity no: 1152807 | Company no: 08557885



# Donate your stamps & postcards to the Bible Society

There is a box in the Church Hall lobby ready to receive your stamps & postcards.

I would like to remind people to leave a quarter inch border round the stamps to protect the perforations and that if the stamp is on a postcard then the whole postcard would be acceptable.

I would like to thank the stamp and postcard collectors as I have just sent off a box of each to the Bible Society, and have received a letter of thanks from the Society.

*Piers Hubbard*



## Treasurer needed!

**All Saints Church Treasurer**, Michael Turner, has served us wonderfully as Treasurer for many years. He now wishes to resign by Easter this year.

*Thank you, Michael; and we are glad you will continue as an active member at All Saints!*

We need someone to take over. Might this be you? Please speak with Martin, Jeremy or any member of the Church Council. *Martin*

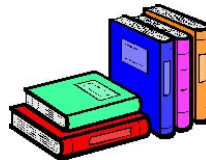
## The Coffee Pot

**Friday 15th February and  
Friday 1st March**

10am-12pm,

All Saints' Small Hall

**Coffee, Tea, Homemade Cake  
All Welcome!**



## Book sale

**Refreshments will also be  
available for purchase.**

**Sat 23 Feb 2019**

**11am - 1pm**

**Help raise funds for  
Sanderstead Neighbourhood  
Care**

**All Saints Church Hall, Onslow  
Gardens, Sanderstead CR2 9AB**



*Around and About Sanderstead,  
and beyond ...*



# Exhibition and Sale of Pictures by Local Artists Saturday 16 March

United Reformed Church Hall  
Sanderstead Hill CR2 0HB  
on the 403 bus route

10 am – 4.30 pm

20% of picture sales and all other proceeds  
will be

In support of



Admission 50p

Charity Reg No 221124



warmly invite you to a free health care  
presentation: **HOW TO KEEP YOUR HEART  
HEALTHY; WHAT HAPPENS IF YOU GET  
PROBLEMS; FIRST-AID DEMONSTRATION** and  
more. **Your chance to hear and question  
Croydon's experts.**

**Tuesday 26th February at  
6.30pm**

**At Christ Church Purley, Brighton Road,  
Purley, Surrey, CR8 2BN**

on bus routes 60, 166, 407 & 466,  
plus Purley Station is around 500m away.

Order your free ticket/s from Eventbrite.  
Go to <https://tinyurl.com/ybow7968> then  
click on Don't break your Heart—Healthy  
Heart Presentation to register.

## CAMEO

### Come And Meet Each Other

Are you alone? If so...  
Come and be with others  
For Tea, Cakes, Company and Chats

**Thursday 21st February**  
**2.30pm – 4.00pm**

**Jubilee Room @ St. Mary's**



**Third Thursday of the month**  
**All are welcome**

## Sanderstead

### United Reformed Church

**Sunday Afternoon Concert**  
**Piano recital**  
**by Philip Lange**

Followed by tea and cakes.  
Admission by programme at the door  
(£7 Adults, £3 18y or under)  
**Sunday, 17 February** from 3pm – in  
the Sanctuary

**Women's Guild Jumble Sale**

Refreshments available,  
Admission 50p  
**Saturday, 23 February** from 11am to  
1pm – in the Main Hall

## PURLEY CLASSICS FEBRUARY RECITAL

**ASIA JIMÉNEZ - Violin**

**With piano accompaniment**

**Programme to be confirmed**

Asia, from Barcelona, is currently pursuing a Master's degree in Performance at the Royal College of Music. She started her musical studies at the age of four at the Liceu Conservatory in Barcelona, Spain. She received an honours degree from the institution when she graduated in 2015. Asia has given recitals in Europe and Asia, in countries including Italy, Germany, France, the Netherlands, Switzerland and China, and has won prizes in several competitions.

**Wednesday 13<sup>th</sup> February 2019, 1.15pm to 2.00pm**

The Lounge, Purley United Reformed Church, Brighton Road Purley  
Open to all with a retiring collection to cover costs. Light refreshments  
served before the start.



The churches in The Horley Team Parish would like to invite you to  
Meet and greet tea with

**Bishop Ignatius Makumbe of Central Zimbabwe**

*at St Francis church, Balcombe Road, RH6 9AY*

**On Saturday 16th February 2019 Time 10.00- 11.30am**

The morning will be an opportunity to meet and pray for Central Zimbabwe Link with Croydon Episcopal Area, and for Bishop Ignatius

**RSVP to parish office email:**

**[parishoffice@horleyteamministry.org.uk](mailto:parishoffice@horleyteamministry.org.uk)**

**Telephone: 01293 782218    RSVP by: February 6<sup>th</sup> 2019**

**Serving Horley with the Love of Christ**

## **REFRESHING CHURCH CROYDON EPISCOPAL AREA LAY CONFERENCE**

**Date for the diary:**

**14 SEPTEMBER 2019, 9.30AM – 4.00PM**

**ST BEDE'S SCHOOL, CARLTON ROAD, REDHILL**

This Lay Conference, the second in the Croydon Episcopal Area, is being held for all PCC Members, Readers, SPAs and others involved in the spiritual life of their church (intercessors and lesson readers also). Although the full programme is yet to be decided, Paula Gooder will be our Keynote Speaker during the morning session and Bishop Christopher will also be speaking. The aim of the conference is to continue to encourage and enable lay leaders in refreshing the local church and, of course, in refreshing their own spiritual life.

There is a host of workshops being organised throughout the day and lunch will be provided in the middle of the day.

# Workshops - February & March 2019

## Trinity House 6:30pm - 9:00pm



Monday 25 February and Monday 4 March -  
**£30 for 2 sessions**  
**Kick-start Preaching**  
**Revd Ellen Eames**

Have you been preaching for a while and would like a refresher? Is your training in preaching a distant memory - or perhaps you were never really taught preaching in the first place? Kick-start Preaching is a two-session course for preachers who want to revisit some basics and re-commit themselves to the ministry of preaching. We will cover key areas of homiletics including biblical exegesis, sermon structures, and delivery, and explore some new resources to support your sermon inspiration.

Monday 11 March and Monday 18 March -  
**£30 for 2 sessions**  
**Praying into Scripture: a Practical Guide to Ignatian Prayer and Imagination**  
**Revd Susanne Carlsson**

During this short course you will be introduced to the practise of one of the richest traditions of Christian prayer meditation. The Ignatian approach is especially compelling because of the way we are invited to bring our imaginations into the life of prayer. Susanne will help you discover new ways to listen to God's leading in your prayer, for the good of your Christian practice in the business of life.

Monday 25 March - **£15**  
**The Gloomy Prophet? Jeremiah for Today**  
**Dr Robin Plant**

Jeremiah is a chaotic book for chaotic times, climaxing in the destruction of Jerusalem and deportation of its people. But out of this trauma came some of the Bible's most profound insights, including the suffering of God and the gift of a new covenant. Join us to discover more, and how Jeremiah even foreshadows Jesus himself.



## Malling Abbey 6:30pm - 9:00pm

Wednesday 13 March and Wednesday 20 March -  
**£30 for 2 sessions**

**How do I make decisions with God?**  
**Decision-making in the Ignatian tradition.**  
**Revd Susanne Carlsson**

This workshop will look at how to make decisions through prayer drawing on the insights from Ignatius of Loyola and his Spiritual Exercises. The day will involve both theoretical input and practical reflection on our own decision-making.

To book your place on a workshop, please contact [office@staugustinescollege.ac.uk](mailto:office@staugustinescollege.ac.uk) or ring 01732 252 656



**ST AUGUSTINE'S  
COLLEGE OF THEOLOGY**

*Transforming formation*

Malling Abbey 52 Swan Street West Malling Kent ME19 6JX  
Trinity House 4 Chapel Court Borough High Street SE1 1HW

[www.staugustinescollege.ac.uk](http://www.staugustinescollege.ac.uk)

# FAMILY FUN HOUR



**Sun 10th February**

**3pm—4pm**

**In All Saints Church Hall**

Stories

Games

fun

craft

## Mothers Union AGM

Monday 11th February  
at 7.30pm in the Small  
Hall

Please join us also for  
coffee and a chat

*Jean Harris*

**SANDERSTEAD**

**TOWNSWOMEN'S GUILD**

**Wed 13th February**

**2pm-4.30pm**

**Mr Colin Jones—"Around  
the World in 80 Gardens"**

**In the All Saints' Small Hall**

Refreshments available.

Visitors welcome.

£2.00

Any enquiries please contact our  
Secretary, Mrs Doreen Nicholls,  
on 0208 657 2072.

## FRESH ENCOUNTERS



6pm 17 February

Poetry

6pm 17 March

Music

All Saints Church Sanderstead CR2 9AB

**Come and explore with us how poetry  
and music can enrich our experience  
of God and lead us in to prayer.**

# Sanderstead Neighbourhood Care

All Saints' Church Hall, Onslow Gardens, CR2 9AB

Tel: 020 8657 8289 Email: [sanderstead.neighbourhood.care@gmail.com](mailto:sanderstead.neighbourhood.care@gmail.com)

Registered Charity number 1039939

## Book sale

**We will be holding another one at All Saints  
on Sat 23 Feb, 10.30am – 12.30pm.**

## Need to get out more?

Sunday lunch on the first Sunday of the month  
and a coffee morning—Young at Heart...

## YOUNG AT HEART Social Club

Sanderstead Neighbourhood Care, All Saints' Church Hall

Registered Charity Number: 1039939

10am—12.30pm, **£3 or £5 with lunch**

### **Fri 8th February**

Handling History Part 2 by Renia Jenkins

**Followed by a ploughman's lunch**

### **Fri 22nd February**

Becky and Co with chair-based exercises

**Followed by a soup lunch**

For information or transport call: **020 8657 8289**

**Save the date...**

**Gruffy Fayre 2019**

**Saturday 8 June**

Please look at the website for regular Sunday services:

[www.sanderstead-parish.org.uk](http://www.sanderstead-parish.org.uk)



WHAT?	WHEN?	WHERE?
<b>February Midweek Communion</b> All welcome for a short communion service. Take time out midweek, and be blessed!	Thurs 7 February, 12.30pm	All Saints' Church, St. Catherine's Aisle
<b>FAMILY FUN</b> All welcome for stories, crafts, singing and more.	Sun 10 February, 3-4pm	All Saints' Church Hall
<b>Coffee Pot</b> All welcome for coffee, tea, cakes and company.	Fri 15 February, 10am—12pm	All Saints' Church Hall
<b>FRESH ENCOUNTERS</b> Come and explore how poetry can enrich our experience of God.	Sun 17 February, 6pm	All Saints' Church
<b>Coffee Pot</b> All welcome for coffee, tea, cakes and company.	Fri 1 March, 10am—12pm	All Saints' Church Hall



This newsletter is produced by Rosanne, Rector's Admin Assistant.  
Send your news and diary dates to: [admin@sanderstead-parish.org.uk](mailto:admin@sanderstead-parish.org.uk)